



Football Bee
by Reece Hadley Blake
aged 5 from Silloth Primary School

Solway Buzz

July 2003

local news - for you - by you - about you - free to you - local news

FREE PAPER

Issue 19

Pennine View Sheltered Housing

The grand opening day of the new Communal Facility at Pennine View, Silloth took place on the 29th of April.

Over 50 Residents and Guests celebrated the opening with a buffet lunch. The project has taken over a year to complete, but has been well worth the wait, Pennine View now has a facility that will not only benefit the residents but also other older people in Silloth and surrounding districts that use the centre too. Plans are being formulated to extend its use further.

Thanks were given to the many people, who have helped with the venture.

The residents of Pennine View are delighted with the new Communal Facility, as can be seen from the photo of Miss Isabella Varty and Mrs Mary Dawson, on their way home with goodies for tea. The following day Miss Varty was to celebrate her 92nd birthday, so for her this was a double celebration.

Thank you from Sue Parslow Scheme Manager, and Residents to everyone who helped to make the day a huge success.

The centre has now been in full use and every Tuesday morning at 10am we hold a Coffee Morning. Everyone is welcome.

Also, on the 28th of May we held a tabletop sale and raised nearly two hundred pounds for the scheme social funds, thank you to everyone for their support.



Gardens to Visit

Four beautiful gardens will open on Skinburness Road, Silloth, in aid of **Macmillan Cancer Relief** and **North Lakeland Hospice at Home** on Sunday July 13th. The gardens will be open from 2pm to 4:30pm and are all on Skinburness Road near the lighthouse at the following houses:

Number 90 Malcolm and Barbara Donald

Number 92 Tom and Frances Jackson

Number 96 Ron and Margaret Markley

Number 98 Ian and Pat Bell

Admission to all four gardens will be £2 for adults (accompanied children free, no unaccompanied children for safety reasons).

Refreshments will be sold and there will be plant stalls. People coming by car are asked to park in the car park on the sea front opposite the end of Skinburness Drive and walk to the gardens rather than parking on Skinburness Road.

Through The Garden Gate Appeal in aid of Diabetes UK

Jane & Roger Cutts are opening their garden "White Rose" 14, Grune Point Close, Skinburness.

On Sunday 27th July from 1pm to 5pm. Admission £1:50 adults. 50p children, sorry no dogs.

So many people stop to look at our garden when they walk past on the coast pathway, come "Through The Garden Gate" and have a closer look.

A Summer Full of Interest

Silloth Windows Week
20th June to 4th July
a Festival of Art by
Local Artists

Abbeytown Carnival
26th July

Silloth Trawler Race
2nd August

Silloth Carnival Day
25th August

Helpers are required for Carnival Day. We are in desperate need of people to drive cars that will tow the floats, and that means cars with a tow bar! Anyone willing to help telephone Elaine on 31984 or Lawrence on 31257

Silloth Beer Festival
4th to 7th September

The biggest event of the year with the biggest band to visit Silloth.

Don't miss seeing

The Hamsters

on Friday 5th
They are Britain's top
Rock & Blues Band

Dates for your Diary

July	July continued	September	October continued
1st Silloth Windows Week	30th Guided Bird Watching Walk @ 11am from Silloth TIC	1st Silloth & District Pensioners Association Anniversary Coffee Morning 10am The Recreation Hall, Eden Street	20th Silloth & District Business Association The Golf Hotel @ 7:30pm
1st Old Time & Sequence Dancing 1:45pm to 3:45pm in Silloth Community School T: 31528	August	3rd Guided Bird Watching Walk @ 11am from Silloth TIC	November
2nd Guided Bird Watching Walk @ 11am from Silloth TIC	2nd Silloth Trawler Race	4th Trinity Methodist Church Coffee Morning	1st Silloth & District Pensioners Association Pre-Christmas Afternoon Tea St. Andrews Hall @ 2pm
2nd Silloth Windows Week	5th Seashell Safari 10:15am Silloth TIC - 016973 31944	4th Silloth Beer Festival in the Tent on the Green	17th Silloth & District Business Association The Golf Hotel @ 7:30pm
3rd Silloth Windows Week	6th Guided Bird Watching Walk @ 11am from Silloth TIC	4th Silloth Beer Festival in the Tent on the Green	20th Christmas Fayre Christ Church Hall
4th Silloth Windows Week	7th Trinity Methodist Church Coffee Morning	5th Silloth Beer Festival in the Tent on the Green	December
5th Silloth Windows Week	7th Our Lovely Living Churchyards - Holme St. Cuthbert book with 016973 33055	6th Silloth Beer Festival in the Tent on the Green	4th Trinity Methodist Church Christmas Coffee Morning
5th Silloth & District Pensioners Association Strawberry & Cream Tea St. Andrews Hall @ 2pm	11th Seashell Safari @ 2pm from Silloth TIC	6th Silloth Pensioners Association Anniversary Coffee Morning @ 10am	5th Flower Demonstration & Carols in Christ Church
6th Silloth Lifeboat Station Open Day from 11am to 4pm	12th St.. Pauls tea Christ Church Hall	7th Silloth Beer Festival in the Tent on the Green	11th Town Carol Service
9th Guided Bird Watching Walk @ 11am from Silloth TIC	12th Old Time & Sequence Dancing 1:45pm to 3:45pm in Westnewton Village Hall Tel: 31528	7th Solway Autograss Club Silloth Airfield @ 11:30am	12th Mens Choir Christmas Concert in Christ Church
10th Trinity Methodist Church Coffee Morning	13th Guided Bird Watching Walk @ 11am from Silloth TIC	7th Community Craft Show Silloth Social Club 11am to 4pm	14th Trinity Methodist Church Carol Service @ 6pm
10th Our Lovely Living Churchyards - Tel 016973 33055	14th Trinity Methodist Church Coffee Morning	10th Guided Bird Watching Walk @ 11am from Silloth TIC	15th Silloth & District Business Association The Golf Hotel @ 7:30pm
11th Seashell Safari @ 2pm meet at Silloth TIC	16th Carnival Dance Silloth Social Club @ 7:30pm	19th Caldew Accordion Band Christ Church Hall	?? Silloth & District Pensioners Association Christmas Party
15th Old Time & Sequence Dancing 1:45pm to 3:45pm in Westnewton Village Hall Tel: 31528	18th Silloth & District Business Association The Golf Hotel @ 7:30pm	14th Trinity Methodist Church Harvest Festival Morning Service @ 10:30am Songs of Praise Evening Service @ 6pm	
16th Guided Bird Watching Walk @ 11am from Silloth TIC	19th Marine Week Seashell Safari from Silloth TIC @ 10:15am	15th Silloth & District Business Association The Golf Hotel @ 7:30pm	
17th Trinity Methodist Church Coffee Morning	20th Guided Bird Watching Walk - 11am @ Silloth TIC	17th Guided Bird Watching Walk @ 11am from Silloth TIC	
18th Christ Church Festival Weekend - Mens Choir Summer Concert @ 7pm	21st Trinity Methodist Church Coffee Morning	21st Annual trip to Blackpool Tel: Olga Wood 016973 31013	
19th Christ Church Festival Weekend - Indoor Sports & Strawberry Tea in Christ Church Hall during the afternoon	25th Seashell Safari from Silloth TIC @ 2pm	24th Guided Bird Watching Walk @ 11am from Silloth TIC	
20th Christ Church Festival Weekend - Holy Communion 10am Mens Choir @ 3pm Songs of Praise @ 6:30pm	25th Silloth Carnival Day	28th Solway Autograss Club Silloth Airfield @ 11:30am	
21st Silloth & District Business Association The Golf Hotel @ 7:30pm	25th Shared Supper Dance Culterham Hall, Mawbray, 7:30pm £4, tel Margaret 01900 881258	October	
23rd Guided Bird Watching Walk @ 11am from Silloth TIC	26th Old Time & Sequence Dancing 1:45pm to 3:45pm in Westnewton Village Hall Tel: 31528	3rd Christ Church - St. Pauls Evening Service / Harvest Supper	
24th Trinity Methodist Church Coffee Morning	27th Guided Bird Watching Walk - 11am @ Silloth TIC	4th Silloth & District Pensioners Association Coffee Morning @ 10am The Recreation Hall, Eden Street	
11th Seashell Safari @ 2pm meet at Silloth TIC	27th Garden Open 1pm - 5pm 14 Grune Point Close, Skinburness	5th Christ Church - St. Pauls Harvest Service - all welcome	
26th Abbeytown Carnival	28th Trinity Methodist Church Coffee Morning	12th Solway Autograss Club Silloth Airfield @ 11:30am	
27th Sea Sunday Service Silloth Lifeboat Station @ 3pm			
29th Old Time & Sequence Dancing 1:45pm to 3:45pm in Westnewton Village Hall Tel: 31528			

Let us have details of your event, this free service also covers Abbeytown & Mawbray

Please let us have any dates of events through 2003 as soon as possible.

Production Team

Production & Treasurer:
Peter McRobert
Barn Cottage
Skinburness, CA7 4RA
Tel: 0870 741 5762
Fax: 0870 741 5763
Email: peter@solwaybuzz.co.uk

Editorial Content
This is down to you, we can only publish items if you send them to us. When sending articles in, please supply a contact name and number in case something requires clarification. We will accept letters, faxes or emails, but we do prefer emails as we do not have a typist to type your articles out.

Published by:
Silloth Regeneration Partnership in association with Horizon Image Technology (016973 45500)

Regular Weekly Events**Mondays**

Bingo – Silloth Social Club,
Waver Street @ 7:15pm
Domino Drive –
Recreation Hall, Eden Street
Playing Field @ 7:30pm

Tuesdays

Bingo – Bowling Club,
Eden Street @ 7pm
Whist Drive –
Recreation Hall, Eden Street
Playing Field @ 2pm

Wednesdays

Coffee Morning –
Silloth Nursing Home @ 10am
Bingo – Silloth Social Club,
Waver Street @ 7:30pm

Thursdays

Market –
Criffel Street 10am to 4pm
Whist Drive –
Recreation Hall, Eden Street
Playing Field @ 7:30pm

Fridays

Bingo –
R.A.F.A. Club @ 7:30pm

Saturdays

Bingo – Silloth Social Club,
Waver Street @ 7:30pm
Music & Dancing –
R.A.F.A. Club, evening

Sundays

Market –
Criffel Street 10am to 4pm
Market & Car Boot –
Silloth Airfield 10am to 4pm
RNLI – Exercise @ 10am
Bingo – Bowling Club,
Eden Street @ 7pm

Beaver Scouts

Every Monday during term time
in Silloth Community Centre from
5pm to 6pm.

Football Training**Eden Street Playing Fields
“the home of great football”**

Under 8's / Under 9's
Thursdays 5:30pm–6:30pm
Under 11's
Tuesdays 5:30pm–6:30pm
Under 14's
Wednesdays 6:30pm–7:30pm
Mens
Tuesdays 6:45pm–8:15pm

Abbeytown Men's Training

Wigton Sports Hall
Tuesdays 8pm to 9pm
Transport: 016973 61344 / 61338

Copy date for the next issue

If your organisation has an
event to promote or you have
something to say, please note
that the next copy date is:

7th July 2003

Silloth Medical Practice

Open 8:30am to 6:30pm
Tel. 016973 31309

Do not 'phone before 8:30am
unless it is an emergency requiring
a Doctor.

Prescriptions:

Please do not 'phone before
10:30am for prescriptions. Allow
48 hours for collection from the
Chemist or 24 hours if collecting
from the Surgery

The following can be dealt with by
our nursing team:

Blood pressure checks
Holiday vaccinations
Blood tests
Sutures (stitches) removed
Dressings

There are also:

Diabetic Clinics
Asthma Clinics
Cytology Clinics
Hypertension Clinics
Well Man / Well Woman checks

Want to stop smoking?

Make an appointment to see Pat
Williams to give you advice and
support in stopping smoking.
Tel. 016973 31309 / 31325.

Young persons clinic

Every Wednesday starting 2nd
October 3.30pm - 4:30pm.
General health and contraception
service for under 20's.
Confidential & Informal

Useful Tel Numbers

Chemist, Silloth: 016973 31394
Crime Stoppers: 0800 555 111
Dental Emergency: 01228 603620
Dentist, Buchanan: 016973 31270
Dentist, Steel: 016973 32042
Doctor: 016973 31309
Gas: 0800 111 999
Hospital: 01228 523444
Holme St.. Cuthbert School
Mawbray: 01900 881242
Holm Cultram Abbey CofE School
Abbeytown: 016973 61261
MP, Tony Cunningham:
01900 65815
Abbeytown Library 016973 61425
Silloth Library: 016973 32195
Police: 01900 602422
Quakers, Wigton: 01228 523174
Samaritans: 01228 544444
Silloth Community School:
016973 31234
Silloth Nursery & Junior School:
016973 31243
Silloth Town Clerk: 016973 31128
Silloth Tourist Information Centre:
016973 31944
Solway Buzz: 016973 32180
Taxi: 016973 31508
Vet: 016973 20242
Water LeakLine: 0800 33 00 33

This section is for your
convenience, so please, let us
know what you want included, also
any changes to numbers.

Silloth Library**Opening Hours:**

Monday 2pm–7pm
Tuesday closed
Wednesday 10am–1:30pm
2:30pm–5pm
Thursday 10am–1:30pm
2:30pm–5pm
Friday 10am–1:30pm
2:30pm–5pm
Saturday 10am–12 noon

Books

Large print request service
Reference & Information
Videos
Talking Books
Audio CD's

Storytime for under 5's
Every Wednesday 2.30–3:00pm
during term times.

Stories, rhymes and games for
under 5's and storybooks to
borrow, as well as books, videos
and story tapes.

Storybooks

- Storybooks are lent on an adult
borrowers ticket.
- Storybooks are lent for a week.
- There is no charge for borrowing
Storybooks, but if returned late an
overdue charge of 20p per day will
be charged.
- Each Storybook has a list of
everything in it. Please ensure
that everything is put back in the
Storybook when you return it.
- If anything is missing or broken,
please tell a member of staff. A
small replacement charge may be
made.
- Enjoy sharing Storybooks with
your children.

Abbeytown Library

Abbeytown Library
Holm Cultram Primary School
Abbeytown
Wigton
CA7 4RU

Tel: 016873 61425

Assistant in Charge:

Noelene Foster
Monday: 3 – 5 pm
Tuesday: Closed
Wednesday: 3 – 5 pm
Thursday: Closed
Friday: 3 – 5 pm
• Fiction
• Non-fiction
• Reference and Information
Services
• Children's Books
• Homework help
• Talking Books
• Local Studies Collection

And for a small charge:

- Requests
- Fax Facility
- Internet and PC use
(some concessions apply)

We are open throughout the School
Holidays

**Refuse Collection
Bank Holiday
Arrangements**

AUGUST BANK HOLIDAY
W/c 25-08-03 Collections one day
later than normal.

CHRISTMAS 2003
22nd, 23rd & 24th Collections as
normal
25th & 26th Collections two days
later than normal.
NEW YEAR 2004

For Crunch service locations or to
arrange collection of bulky items
Tel: 01900 326453

**SILLOTH
RUGBY CLUB****Available for
Private Functions**

- Birthday Parties •
- Engagements • Weddings
- • Christenings •
- Fund-raising Dances •

Comfortable, modern Lounge Bar
Suitable for small or large parties

Telephone Christine on:

016973 32299

For further details or to book

Silloth & District OAP's

**Weekly Whist &
Domino Drives****Whist Drives:**

Tuesday @ 2.00pm
Thursday @ 7.30pm

Domino Drive:

Monday @ 7.30pm

in the Recreation Hall
Eden Street Playing Field
Silloth - 50p entry

Everyone Welcome**Masthead Bee Winner**

This month the winner
is **Reece Hadley Blake** from
Silloth Primary School with a
bee called "Football Bee".

His prize will be awarded
at the school.

Well done Reece!

Balmoral Hotel

Best Bar in Town
Live Music & Karaoke

Open All Day
come and enjoy the
atmosphere

Criffel Street, Silloth
016973 32357

STANWIX PARK HOLIDAY CENTRE
016973 32666 www.stanwix.com

Introducing the NEW
SunVision 180 XXL

*The Very Latest in
Tanning Technology is Here*

Cool Breeze System

Exceptional Tanning Results

Phone now for details or to book your session



Mighty Bee
by
Jordan Pearson
aged 9
from
Holme St. Cuthbert School

P. Scott

The Complete Furnishers

Single Beds from £49
Double Beds from £79
Sofas from £199
Three Piece Suites
from £299

Interest Free Credit
Immediate Delivery

Phone: **016973 31224**

Clive's

Shape 'n' Style

Matrix Appointed
Salon

Unisex hairdressing salon
& sunbed parlour

30 Eden Street
Silloth
CA7 4AD

Tel: **016973 31378**

David Allen & Co provide a complete
package of accountancy and taxation
services.

We have 24 accountants and tax advisers
and our services include Accountancy,
Bookkeeping, Tax Compliance and Tax
Planning, PAYE, VAT, Software Training
and Limited Company services.

Please do not hesitate to contact one of our
team for a free no obligation consultation.

Registered to carry on audit work and regulated for a range of investment
business activities by the Institute of Chartered Accountants in England & Wales.

**DAVID
ALLEN
& Co**

**CHARTERED
ACCOUNTANTS**

Dalmar House
Barras Lane Estate, Dalston
Carlisle, CA5 7NY
Tel: 01228 711888
Fax: 01228 711826
email: mail@david-allen.co.uk
website: www.david-allen.co.uk

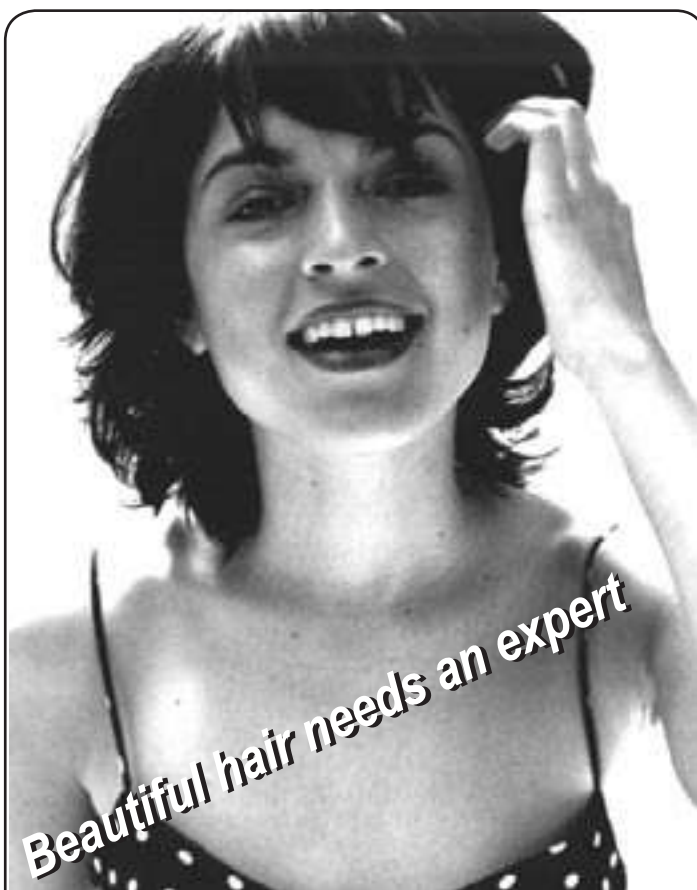
Fletcher's Fun Fair



Variety of Rides for all ages

Open every weekend Easter to September
also Bank Holidays & School Holidays
and every day from mid July to end of August
from 1pm 'till late

On Silloth sea-front next to the Lifeboat Station
077 7421 7605



Beautiful hair needs an expert

Peter Josef

Est. 1970

27 Eden Street
Silloth
016973 31333
www.nhfuk.com

Local Tradesmen

Ceramic Tilers

Alaric Weightman
Tel: 016973 32779
Mobile: 079 4160 7641
Over 20 years experience
Free advice & estimates
Discounts for locals
All work guaranteed

Decorators

Frank Daly
Cymru
Blitterlees, CA7 4JR
Tel: 016973 32575
For traditional service and value.

Peter Farrier
The Garth
Blitterlees, CA7 4JN
Tel: & Fax: 016973 33039
Papering, paint effects,
coving, tiling & D.I.Y.
25 years reliable service.

Frank Day Decorator

C&G Advanced 1st Class
F.T.C. 1st Class
Time Served
40 Years Experience
Tel: 016973 31649

Domestic Appliance Repairs

Bill Lewis
43 Wampool Street
Silloth, CA7 4BN
Tel: 016973 31786
Cooker & Washing machine
repairs, etc.

Electricians

Steven Henderson Electrical
2 Petteril Street
Silloth, CA7 4DH
Tel: 016973 31163
No job too small

S. Bell Electrical
Higher National Diploma
NVQ Level 3 Qualified
Domestic, Commercial or
Industrial
Tel: 016973 31048

Gardeners

Duncan Kellett
Tel: 016973 33143
Grass cutting,
good value,
established business.

Joiners

Joiners Contractors Funeral Furnishers

William Scott & Sons

Harbour Workshops
Silloth
Tel: 31173 or 31398

Motor Engineers

Scott Wilson Motor Repairs & Car Sales

Workshop: 016973 31550
House: 016973 33081
Mobile: 077 1253 7455

Servicing ~ Brakes ~ Tyres
Exhausts ~ Suspension
Clutches ~ Pre MOT Checks

**40 point checks carried out
free of charge**

**Over 12 years
Professional Experience**

Member of the
Institute of the Motor Industry

Printers

S & A PRINTING

of Skinburness

*** YOUR LOCAL PRINTERS ***

Business & Wedding
Stationery
Distinctive Business Cards
(incl. plastic)
Personalised
Christmas Cards
Promotional Items &
General Printing

Call Stewart or Anne on
016973 31039

Window Cleaners

S.G. Hart
6 Burnswark Terrace
Silloth, CA7 4EF
Tel: 016973 31517
Silloth's regular window
cleaner since 1974.

Advertise
in the
Tradesmens Section
only

£60

for twelve issues

Special Offer

Place your order with
payment before
7th July
and pay only

£55

Silloth & District Community Transport

Don't forget this is a
voluntary service provided
for the use of registered
groups, with trained drivers
and there are facilities for
able and disabled people
alike. The minibus also
features a tail lift, making
it easier for wheelchair
access. To book the vehicle
please contact Rachael
Blackburn on 016973 32679.

Get Out!

GO ON SAFARI

Did you know that this
summer you can go on
safari in Silloth.

Join Norman and
Florence Hammond on a
Seashell Safari on Silloths
West Beach. Learn about
the life of a seashell and
discover how long it can
take a shellfish to eat a
meal.

Walks start from Silloth
Tourist Information Centre
on Criffel Street and cost
60p per person. Wear
suitable clothing and
footwear.

Children bring a bag
or bucket to collect your '
treasures' in.

Dates & times of walks.

Fri 11th July 2pm

Fri 25th July 2pm

Tues 5th Aug 10:15am

Mon 11th Aug 2:00pm

Tues 19th Aug 10:15am

Mon 25th Aug 2.00pm

BIRD WATCHING WALKS

Can you tell one breed
of seagull from another?

Join a bird watching
walk with Tom Brown at 11:
00am every Wednesday
during July, August and
September.

Walks cost 60p per
person and start from
Silloth Tourist Information
Centre, 10 Criffel Street,
Silloth.

Wear suitable clothing
and footwear and bring
binoculars if you have
them.

West Silloth Motors

Motor Vehicle & Body Repairs

Insurance Approved Body Repair Specialist

Car Sales
Tel: 016973 31858

Free MOT Checks
Specialists in all motor trades
Recovery Service
Members of Accident Advice Helpline

Cumberland Cottages ~ West Silloth ~ CA7 4HF
Tel & Fax: 016973 32833

Poems

Poem by: E.C.

The Surgery Waiting Room

*The outer door strongly resisted my push.
It had one of those spring things, like pumps.
You can't close the damn things behind you,
They do it themselves, in small jumps.*

*The glass-panelled inner door hinges were worn,
At my push it swung suddenly wide
And a row of unsmiling faces
Stared coldly at me from inside.*

*A Little girl cuddling close up to her mum,
A granite-faced Gran sitting there.
Two old men leaning on sticks
And a boy with a truculent glare.*

*Four or five other, assorted adults,
One sprays a sneeze, one tries a shy grin
And I felt all their eyes on my back
As I walked to the desk to clock in.*

*The receptionist had a message for me.
When she gave me a bottle I knew
That a 'specimen' should have been sent,
So I hurriedly made for the loo.*

*That done, I sat down and awaited my turn.
I knew there'd be some time to wait
So I picked up a small magazine;
Readers' Digest ----- of June,
Sixty-Eight!*

*Just then, another poor patient arrived.
She came over; a woman I knew.
We sat close and lowered our voices
And she whispered "I think I've got flu".*

*When at last I was called I was nervous.
Apprehensive, my mind in a bother.
In one hand a list of my pills, and
A bottle of warm pee in the other.*

*The Doc thinks I'll last a bit longer yet
Though my functions are now all antiques
I'll get the Waiting Room joys once again;
I've got to come back in two weeks!*

Poem by: May Tate

Friends

*What would life be like for us without our friends.
I am sure we have all found some friends to help us on our way.*

*Friends are always there to cheer us
to help us
to play games with us
to weep with us when things go wrong
to grieve with us when we lose one of us*

But above all else our very good friends are around us always.

What a blessing for us all to have such good friends to help us along life's way.

JOAN'S Catering

We have a wide variety of freshly made hot & cold sandwiches and baguettes

All day breakfasts
home made pies
fresh cream cakes
salads & pastas
ice creams &
buffets for any occasion

telephone orders welcome

Station Road, Silloth, CA7 4AE
Tel: 016973 31672

Blue Dolphin Cafe

All Day Breakfast

Kids Menu

Hot & Cold Snacks

Sunday Lunches

Eat In or Takeaway

Cath & Gerry
Wampool Street, Silloth
Tel: 016973 32157

FOR ALL TYPES OF SOLID FUEL

Contact your LOCAL APPROVED MERCHANT

Messrs Ferguson

(C.U.C. Diploma Merchants)

Hawthorns • Abbeytown • Tel: 016973 61637

Oak Leaf Hardware



Everything for DIY
and Gardening in stock now

We stock tools, materials, paint & decorating equipment, compost & gardening products, Shell gas, caravan products.

Try us. . . if you need it - we can get it!

8-10 Eden Street ~ Silloth ~ Tel: 016973 31355

Just look for the Red Indian Brave!



Longwood Garden Centre

NEW Fish & Aquatics



Pond, Coldwater and Tropical Aquarium Fish
also Water Plants and Accessories

Now Making Sheds

Any size and style
Strong construction at good prices
Delivery and erection available



Wigton Road ~ Silloth ~ CA7 4PQ

Tel: 016973 32465

www.longwoodgardencentre.co.uk

Golf Hotel

Open all day for:

Morning Coffees
Bar Meals
12.00 - 2.00 & 6.00 - 9.00

Extensive menu plus
daily specials
&
Traditional
Sunday Roast Lunches
Afternoon Teas

Why not treat yourself
in our
Restaurant
table d'hôte dinner £17.50
also a la carte

**We use
fresh local produce
and
do all our own baking**

Tel: 016973 31438

Nith View GUEST HOUSE

AA ♦♦♦

Overlooking the sea.
B&B from £16.00 p.p.n.
En-suite rooms.
Families catered for.
Private parking at rear.

Tel: Debbie Armstrong
on: (016973) 31542
email: nithview@aol.com



Buster Bee
by Georgina Enderby
aged 10
from Holm Cultram Abbey School

Solway Super Stars

Story by:
Norman & Florence Hammond

Now with the month of June, the keen and withering blasts of spring, which usually blow with such direful persistence in April and May, are at last being superseded by soft west winds, equipped with health and oxygen from the luxuriant vegetation of the tropical lands where they have given birth.

In no other month does Nature exhibit so many and such varied evidences throughout the Solway Firth & Plain by giving so full and glowing a picture. Woods, meadows, rivers, hills and valleys, all vie with each other in presenting their various charms to the delighted observer; but no scene can advance stronger claims on the observers' attention at this season than that of the Solway Firth sea-shore, our very own Area of Outstanding Natural Beauty.

Let us wander along our extensive promenade. On one hand is the sea: its surface is rippled by the fresh breeze; the tide is gently encroaching on the sands; the wavelets falling in quick succession, utter their murmurs in a monotone not unmusical to a poet's ear. On the other hand, there are rocks and boulders whose bases have for a thousand years resisted the storms of winter. High overhead, the sky is of that same deep blue, which we see, reflected in the Solway Firth waters beneath; and here and there far aloft are clouds of the kind which meteorologists tell us never indicate rain. Far out at sea, are a few local shrimpers, while only a few hundred yards off, a flock of gulls are floating

on the waves, screaming to each other as if discussing the probabilities of a contemplated attack on the next shoal of small fry that make their appearance near the surface.

None but very ordinary observers can resist the attraction which heaven, and earth, and sea thus unite in presenting to the visitor of the sea shore; and so, without any disparagement to the special charms of purely inland rural scenes, we reiterate our conviction that in this lovely month of June no charms of natural scenery exceed those of our Solway Firth sea-shores.

Let us seat ourselves in the shade of the Pine trees, to take in the full panoramic picturesque setting, and no longer resist the spirit of contemplation, which speaks to us in these whispering waves.

What an inexhaustible fund of strange and marvellous knowledge does our Solway Firth contain! What mysteries amid its depths! What wonders in the structure and form of its inhabitants! In its tides and currents how much that is marvellous and interesting! In its storms and calms how much that is grand and sublime!

Thankfully no supernatural aid or direction is required to enable us to perceive the objects with which our Solway Firth seashores furnish us. They are many and various. They all belong more or less to Natural History in its more comprehensive acceptance; and Natural History is itself a fascinating study.

We must then consider the aspect, the character, and the structure of our Solway Firth sea-shores; the Firth water itself with its special laws and history; marine vegetation and

littoral plants; and a great variety of living beings which either make their abode continually on our shores, or only visit them from time to time.

Such objects, so many and so various, invest our local sea shores with the greatest interest, for the most diligent and industrious observer cannot, with all the labour involved, exhaust the store, even of the microscopic objects alone, which our Silloth-on-Solway West sea-beach yields.

But be warned, however, that to reap the full advantage with which such studies are capable of providing, some basic knowledge is required as well as diligence and attention.

The following very simple illustration will be sufficient to explain this.

Let us suppose, for example, a person entirely ignorant of the botany of field flowers, having no more acquaintance with one flower or another, as regards its structure, its functions, its habits, or its qualities and having a ramble through fields or woods in June would present little more than the fact that the hedgerows, the meadows, and the trees are again assuming their cheerful aspect after the long winter sleep. The lack of the basic knowledge of botany deprives that person of numberless pleasing impressions, which would otherwise be made upon the mind by the appearance of those objects in the vegetable kingdom.

Hopefully this series of SOLWAY SUPERSTARS will assist our readers with the essential basic information to help improve and strengthen our knowledge, as our rambles by the seashore are no less applicable to a walk among the rustic places of the inland country.

Blackpool Trip

The annual trip to Blackpool will be on Sunday September 21st, please book your seats as soon as possible, by contacting Olga Wood, 1 Petteril Terrace, phone: 31013 (24 seats available)

Newton Arlosh Parish Hall

Report by: Ruth Pinguey

Newton Arlosh Parish Hall committee held a free open evening to celebrate the re-opening of the hall.

This was to thank all who so generously donated funds, a total of £19,000 was raised to finance the improvements.

Representatives of all organisations who donated were invited to join us. The ladies of the committee served wine and refreshments. Chairman Mr George Hill welcomed everyone to the event and thanked them, we now have a hall fully equipped with disabled facilities, modern flooring, a new kitchen, and fitted with new curtains, tables and chairs.

The evening concluded with entertainment by Sylvia Marrs.

Silloth Inner Wheel

Report by: Ann Bisset, President

The members of the Inner Wheel Club would like to say a very big thank you to all who supported our successful art exhibition and cheese and wine evening. This helped us to raise the magnificent sum of £477 for Cancer Research UK, particular thanks to Heather and Olive Wood for their expertise in organizing the art exhibition and to Christine and Fausto Previtali for providing their spacious ballroom and very helpful staff. We look forward to repeating this event next year.

*Shared
Supper Dance
with the
Roe Valley
Band
Bar & Raffle
Admission £4
contact Margaret:
01900 881258
ps: don't forget to bring your
share of the supper to
Culterham Hall, Mawbray
Friday 25th July @ 7.30pm*

Heritage Centre Garden

The ladies of Causewayhead W.I. are continuing to maintain the garden outside Silloth Heritage Centre as one of their contributions to the community. The shrubs planted last year by SRI are bursting into bloom and adding colour to the garden. Daffodil bulbs planted this April will bring colour next spring. Pink Cranesbill geraniums planted at the same time are starting to flower and spread. W.I. members have donated ice plants (very attractive to butterflies and bees), Polemonium (Jacob's Ladder), Hebes, Euphorbia, etc. We have received gifts of Hydrangeas and Heuchera.

What the garden needs now after the heavy rain of the last few weeks, is a good covering of mulch to retain the moisture and discourage weeds. Any offers?

Tracys Pet Supplies



68b The Crofts
Silloth
CA7 4EZ



Covering markets: Thursday & Sunday – Silloth
Friday – Wigton & Saturday – Penrith

Tel: 016973 32025 Mob: 077 5376 8628
Email: tracy@petsupp1312.fsbusiness.co.uk

Local Deliveries

FARMHOUSE BAKERY

Traditional Farmhouse Fare

Biscuits, Tray Bakes. Cakes for teatime
Large & small fruit loaves, Christmas Cakes

Seaville Farm, Silloth, CA7 4PT, tel Kath: 61256

FARMHOUSE JOINERY

Outdoor Joinerywork * Gates * Garden Fencing
Sheds * Pet & Poultry Housing

Tel Norman: 016973 61256, or: 077 6228 9357

JayBee Blake Ltd

open 7 days a week

Off-Licence

Hardware • Key Cutting

Carpet Cleaner Hire • Gifts

Wallpaper Stripper Hire • & much, more

Tel: 016973 31245

Sachas Nitespot

Open Friday & Saturday Nites

have your Party at Sachas free of charge!

Live Acts & Disco

Tel: 016973 31245

PARAMOUNT AMUSEMENTS

food served all day

Childs Soft Play • Bingo

Refreshments • Gifts

Fun for all the Family

The Green • Silloth • Tel: 016973 31131

Silloth Beer Festival

Thursday 4th to Sunday 7th September

Over 75 Real Ales & Ciders

Thursday 4th ~ 7pm to 11pm ~ **Nightriders** ~ **Sounds of the Sixties** ~ tickets £3

Friday 5th ~ 7pm to late

The Hamsters

Britains Top Rock & Blues Band
tickets £8



Saturday 6th ~ 12pm to 3pm
Dearham Brass Band
tickets £2 ~ Pensioners Free

Saturday 6th ~ 7pm to late ~ **Sour Mash** ~ the west coasts Top Rock & Pop Band ~ tickets £6

Sunday 7th ~ 1pm to 5pm ~ **Prize Karaoke** ~ **£250 Prize** ~ tickets £2



Beer Festival Ticket covering all four days ~ only £12



Tickets available over the counter at: Winters Newsagents, Silloth

Ticket & Credit Card Hotline: Carnegie Theatre, Workington, tel: 01900 602122

Accommodation Information: Silloth Tourist Information Centre, tel: 016973 31944

In the Marquee on The Green, Silloth-on-Solway



Johns Plaiice

Take Away & Restaurant



We hold the Sea Fish Friers Quality Award

for our excellent standards

- Quality Fish & Chips
- Quality Premises
- Quality Service

**Now Open
Mondays!**

M E N U

Chips Large	£1.55	Pattie Cheese/Meat	80p	Scampi wholetail	£2.75
Medium	£1.00	Pie	£1.00	Chicken Nuggets with dip	£1.60
Small	80p	Pizzas	from £3.70	Chicken Burger with salad roll	£1.65
Cod	£2.40	Kebabs	from £2.80	Cheeseburger with salad roll	£1.65
Haddock	£2.40	Cheesy Garlic Bread	£1.50	Beefburger with salad roll	£1.50
Fish Cake	70p	Peas	70p	Solway Double Cheese Burger	£2.50
Sausage Small	55p	Beans	70p	Steak Burger	£1.00
Large	85p	Curry	70p	BBQ Rib	£1.00
Cumberland Sausage	£1.25	Gravy	70p	Onion Rings	60p
Smoked Sausage	£1.00	Baked Potato	£1.20	Garlic Mushrooms	£1.10
Chicken Breast	£2.10	with various fillings	70p	Chilli con carne (home-made)	£1.40
Black Pudding	£1.00		per filling	Tea	50p
Haggis	£1.00	Kiddies Mealbox	£1.85	Coffee	50p
Beefburger	90p	with Toy & various choices		Cans	65p
Pancake Roll	90p	Scampi	£1.80	Thick Shakes	£1.20

Restaurant

Traditional 20 seater Fish Restaurant

Relax and enjoy the finest fish dishes in comfort

Opening Hours

Monday to Friday – 11:30am to 2pm & 4:30pm to 9pm
Saturday – 11:30am to 9pm
Sunday – 11:30am to 8pm
Always open on Bank Holidays

Counter Staff Wanted

Suit over 21 year old

Tel: 016973 31597

Johns Plaiice ~ 12 Solway Street ~ Silloth-on-Solway ~ CA7 4AR ~ Tel: 016973 31597

www.johnsplaiice.co.uk

Solway Pages Local Web Site Directory

Solway Rural Initiative's highly successful local directory helping the regeneration of rural North Allerdale is now going live on the Internet.

www.solwaypages.org

Over 650 local businesses and organisations registered free with SRI's Solway treasury regeneration project have already appeared in the user friendly SolwayPages Directory. Over 17,000 homes in the area have now received the larger second edition and support and praise for the free publication has been received from all over the area.

Norman Hammond of Aspatria was so impressed that he wrote saying "your local directory is an excellent little publication compared with Yellow Pages where it is almost

impossible to find out what you want. You have a real gem! Well done."

Small businesses, from one-man bands to larger employers, have all benefited from additional local customers and extra business in the six months life of the first directory. A survey of only half the registered businesses shows 274 new customers have already bought from local businesses directly from finding out about them from the SolwayPages directory.

The new SolwayPages website helps local

rural North Allerdale.

The home page of the website contains a fast and easily understood guide to all the local goods and services with a fast link to either the telephone number and address or a separate web page. Other useful information about computer, other lifestyle courses and Solway Rural Broadband availability can be accessed on the site.

A wide range of courses for absolute beginners through to anyone wishing to obtain a formal qualification certificate can be found. Training is made

training may take longer. Details of what is on offer are listed together with contact names, numbers and addresses.

Lifestyle workshops include Reiki & Baby Massage and more.

If customers have queries about where to find goods or services they can either telephone the SolwayPages hotline number, 016973 21111 or email requests to solway-pages@srcumbria.org.

Anyone wishing to register a business can do so straight from the website or contact SRI's other partners to find out more about how any of the services can help their organisation.

Partners giving help to small businesses across the area include Business Link providing expert help and advice to anyone seeking to set up a new business or expand an existing one.

Rural Women's Network who offer free business and training support for women in Cumbria.

Finally North Allerdale Partnerships has details of



The Geographical Area Covered page from the web site

businesses to move one step further into the 21st century. All businesses registered with SRI are now being included "online" under their own business type headings. The first lucky 380 applying to join before last Christmas received a free web page with picture or links to their own site. Anyone wanting to upgrade their listing to a web page or link to their own site can now still do so at a cost of £55 up to the end of March 2004. Companies wishing to advertise can do so on a monthly basis knowing that all proceeds are fed back into helping SRI's other regeneration projects in the area, including their efforts to get broadband made available to all parts of

available with SRI's project partner, Cumbria Credits operating from SRI's Aspatria Resource Centre and Kirkbride, Silloth and Wigton Community Development Centres. Thanks to funding from the government's Small Business Service, SRI registered businesses receive the initial training assessment or Gateway course free of charge with extra courses only costing £10 or £15. Extra courses usually run for two hours over a five week period but some qualification level

how you may contact and get involved in the local Market Towns Initiative aiming to promote regeneration in and around Aspatria, Silloth and Wigton.

www.solwaypages.org



Bill Knowles

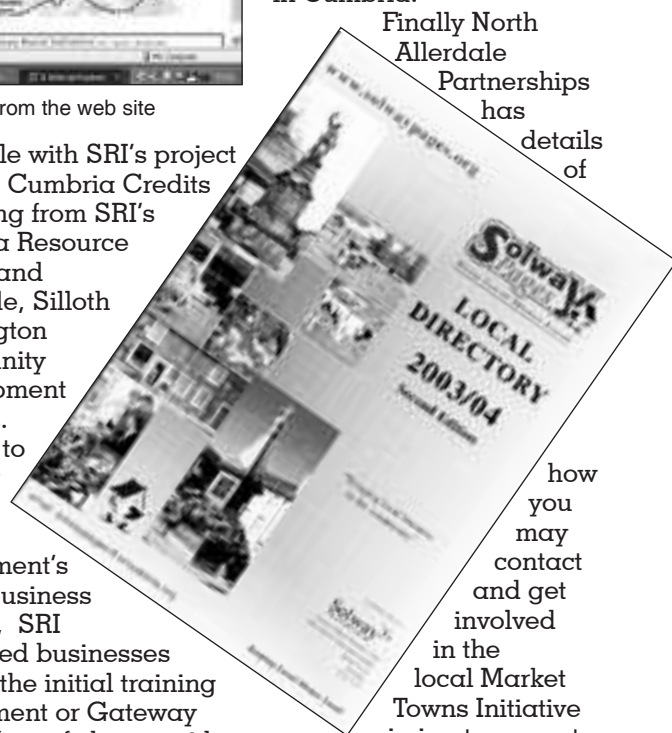
WEB SITES

designed by

SolWeb.Biz

for a professional job at a competitive price, get a quote from Peter McRobert

peter@solweb.biz
016973 32180



Buzzin' Letters

Dear Buzz,

I am so pleased to see the fully updated website for the Solway Buzz.

I have just spent five days staying at Stanwix's with my daughter and her two children. It was my last opportunity for a while to visit my home town as I will shortly be moving to Spain.

The weather was kind to us and we had a wonderful break. The apartment at Stanwix's was very good and had everything we could possibly need. We had a day in the lake district but the best had to be when we hired bikes and went up the Grune. It is so peaceful after the bustle of living in the South East. Away from the traffic. The dog roses and wild flowers in full bloom with butterflies and birds everywhere.

We bought nets at JB's and caught baby jellyfish, shrimps crabs and even a tiny fish much to the delight of my two "townie" grandchildren. It was certainly a break we will all remember fondly.

Anita Wilkinson
(Trespaderne-Slack)

Dear Buzz,

Please can you express our gratitude to the people of Silloth who have showed us so much support since we were attacked while walking our dog down by the lifeboat station in December 2002.

Special thanks to the police who have been very supportive and understanding throughout the whole experience. They are all to be thanked individually and I have written to the Cumbria Chief of Police thanking them all for their support.

It is now finally over with a verdict of guilty given to the persons involved who for legal reasons due to their age cannot be named but I think everyone knows who they are.

The situation has been very stressful for our families, and our friends. We would like to send them our love and thank them for their support and their encouragement to go through with the court case. One of the good things to come out of this situation is that Michael and I got engaged on Christmas Day and this was a very special time for us both and of course Megan, who has also been a very special support to us both.

Trixie, the dog that was involved in this incident, strangled and thrown over the bushes on the night, is doing very well and has since given birth to four lovely puppies that have all found new homes in the area.

Michael and I are continuing to walk down the promenade and getting on with our lives. He has recovered from his injuries and is hoping to get stuck in to his own business "Hart Home and Garden" very soon. This has brought Michael, Megan and I closer together and has made us realise that there are good people in this town who want to lead peaceful and happy lives without threats or insecurities to their daily routine. There are however people who gossip about things they know nothing about and make things up if they do not have the facts. This never ceases to amaze me. While I am on the subject of lies, I will confirm that Stacey is my adopted sister, not my daughter, just for the record!

I hope we all look at the way that young people act and behave in society and pity them for not having the upbringing and love that we have had. I hope we give our children enough respect to look at others and decide for themselves. If I hurt this person, how will it affect them? If I am not nice to this person, what will they think of me?

And for the parents of these youths who have interrupted so many people's lives in this town, you should hang your heads in shame.

Vicky Hope and Michael Hart

ps Just had news in on the sentencing...

Further to this letter I would like to add that one of the offenders has been given an 8 month prison sentence in a juvenile institution where he is currently serving another 8 months for breaking someone's skull, and is also up for rape charges. The others have been given ASBO Anti Social Behavioural Orders and are not allowed out after 1900 hours in the evening and before 0700 hours in the morning.

Dear Buzz,

Further to the comments in the tennis club bulletin I would like to add my sincerest thanks and gratitude to the Hodnett family, Stephen, Sandra, Joby, Bethany, Jimmy, Roane and Rosie for their continued and unbroken support and enthusiasm towards the tennis club and our efforts to get the club up and running.

Their passion for the game was a major source of inspiration for me during my coaching course and played a massive part in my success. I wish them the very best of luck for the future and am looking forward to hearing about their tennis exploits from their new coach at Bitts Park. Silloth's loss will be Carlisle's gain.

David Wise

Dear Buzz,

Hello just a quick e-mail to say how good the new web site is, being able to get back copies and download them is excellent, keep up the good work. many thanks.

Gavin Hogarth

Dear Buzz,

May I extend a huge thank you to all those kind people who helped with my questionnaire, for taking the time to complete the questions and returning it to my cousin Margaret Peach.

I was absolutely delighted that such a great number of people responded, and I am most grateful.

Ros White



Lomas Fishmongers

Full selection of Fresh Fish

Solway Shrimps
a speciality

Poultry
Cumberland Sausage
Made in Cumbria Products
Local Vegetables
Eggs

2 Wampool Street, Silloth
016973 31334

Sting
by
Naomi Foster
aged 11
from
Holm Cultram Abbey
School

Something Fishy

By Alison Whittell of Lomas Fishmongers

How do you cook fish? Well it's so easy - if you know how people cook meat, fish is done in exactly the same ways, only there's no fat, it's never tough and it takes much less time.

All the fish can be bought in the fishmongers in Silloth and is a cheap and easy meal.

This month I'll give the basic methods of cooking fish.

1. **POACHED** in milk and seasoning alternatively, to add interest use white wine or cider and add garlic, bay leaves lemon parsley or any herb and spices. Poach for 1 minute per ounce.
2. **STEAMED** Good for dieters (Bamboo Steamers are good) done the same as poached only placed above the liquid for same length of time.
3. **SHALLOW/DEEP FRIED** Dip fish in egg wash and then into either seasoned flour or breadcrumbs. Put into about 1/4" of very hot fat in frying pan, cook both sides, drain off excess fat. Dip fish in batter and drop into the hot fat of the chip pan.
4. **OVEN BAKED** Best done with plenty butter or low fat spread to stop it drying out and seasoning with a piece of greased foil lightly placed on top. Allow 15-20 minutes per 6-7 oz fish at gas mark 6, 400f.
5. **FOIL WRAPPED** This is a great way to cook fish and so easy. Put any fish you like in foil and basically add anything you like - herbs, lemon, garlic, chilli, Chinese sauces even all your vegetables. Wrap it all up put it on a baking tray and into a pre-heated oven. Fillets and steaks take 1/2 hour at Gas 6, 400f. Whole fish, ie salmon or trout will obviously take longer.
6. **BBQ & GRILLING** Swordfish, tuna steaks, King prawns or monkfish tails make wonderful kebabs. Marinade in Hoi sin, lemon & coriander, Chilli & Garlic (anything you like). Put on a skewer with vegetables, BBQ or grill until cooked (a matter of minutes).

Nothing could be simpler. Enjoy.

Silloth F.C.

Congratulations to John Slack for leading the mens team to the final of the Stan Pape Trophy.

The mens Over 40's team lost their Semi Final to Nottingham going down 2-3 after extra time. A new ten man committee was formed at the AGM, the new Secretary is Malc Wise, Chairman Steve Hart and Treasurer David Halpin.

The U-12 team held a trial for next years team on Saturday 24th May, the U-9's six-a sides are being held on Sat. 21st June at 1pm on the green.

A three day Sport & Music Festival will be held August Bank Holiday weekend at Eden Street laying Fields, featuring Ladies & Girls soccer, Junior six-a-sides and training sessions, mini tennis, cricket and Live Bands.

Stars in their Eyes

Abbeytown Carnival Committee held a 'Stars in Their Eyes' competition at The Whiteheather on Saturday 3 May 2003.

Eight entrants were entered into the childrens section & eight into the adults section. A total of approx. £1400.00 was raised on the night and the Committee would like to thank everybody who supported the evening. The winners were:

Childrens Section: Ashley Little, Jake Vailionis & Luke Stockdale as Busted.

Adults Section: Terence Marshall as Freddy Mercury.

Dood Buzz
by Megan K
aged 10
from

Silloth Primary School



Silloth Flying Club

Report by: Old Grizzle

There are six Old Bird races left. Two from Fareham on the south coast a distance of almost 300 miles to Silloth, and four from France, two from Falaise 435 mls, one from Fourgeres 470 mls and the other from Nantes 535 mls. The channel birds are taken to Flimby on Wednesday, when they are raced marked. They then travel down to Blackpool and are transferred to a specialist Transporter and are taken to France ready for an early Saturday Liberation (weather permitting). Our pigeons have approximately 100 miles of water to cross before they reach the British coast. They then have to fly the full length of England, before they reach their lofts in Silloth. Depending on the wind an average channel race from Falaise takes 10-11 hours of none stop flying. They can encounter various

hazards on their journey home, electricity pylons, wires of all descriptions, traffic, predators if they stop for water. They finally reach the Cumbrian coast tired and desperate to get home. They then encounter the worst predator of all the 'Peregrine Falcon'. These birds of prey do untold damage to old birds and pigeon is their favourite meal. The Cumbrian coast has the highest density of Falcons in N.W. Europe and yes there are Peregrines in Silloth, and they regularly attack our pigeons when they are out on exercise. A few years ago many thousands of Scottish pigeons would fly over Silloth each Saturday, not now that they have switched to the east coast routes, as repeated Peregrine attacks decimated the flocks.

Good luck to our birds racing from Falaise this Saturday, I hope they all return home safely and undamaged.

On a lighter note the photograph shows Silloth Flying Club members some thirty years ago at our annual prize giving at the Solway Lido. It was one of the highlights of the year, when 200 guests and friends used to attend our dinner dance. The old hens will remember getting their hair done and wearing long dresses, what a good night.



Left to Right: R. Pattinson, B. Reeves, P. Reeves, S. Crelin, J. Morton, Jim Kerr, B. Wise, Ted Kerr, W. Minnican, C. McKay, R. Donald, G. Lawson, D. Crighton, G. Lawson, Joe Robertshaw Jun, Joe Robertshaw Sen, Dennis Winter, Norman Marr, Ted Robinson

Race results to date.

Stafford (1) 135 birds competing 150 miles.

1st 2nd & 3rd Reeves Bros. & grandson

4th & 6th W. Minnican & son

5th Reeves Bros. & grandson

The winning pigeon flew 2hrs 45mins 20secs

Stafford (2) 137 birds

1st J. Morton

2nd 3rd 4th & 5th Reeves Bros. & grandson

6th W. Minnican

The winning pigeon flew 2hrs 40mins 50secs.

Woolaston 139 birds 174 miles.

Due to inclement weather conditions the birds were liberated from Garstang on Sunday, for a 70 mile sprint.

1st & 2nd Reeves Bros. & grandson

3rd & 5th W. Minnican

4th & 6th J. Morton

The winning pigeon flew 1hr 19mins 03secs.

Cheltenham 119 birds 212 miles.

1st 2nd 3rd & 5th Reeves Bros. & grandson

4th & 6th J. Morton

The winning pigeon flew 4hrs 46mins 53secs this was the first race when the pigeons had to really work to get home as there was no helping wind.

Newbury 104 birds 255 miles.

1st J. Morton

2nd & 5th Reeves Bros. & Grandson

3rd D. Creighton

4th & 6th W. Minnican

The winning pigeon flew 4hrs 39mins 45secs. This was the first Cumbrian Combine race of the season. Another fast race, the leading birds rating excellent times, unfortunately approximately 50% of the pigeons had not returned to their lofts by Saturday night. Some arrived Sunday morning, many are still missing. Why! no one knows, this Saturday was particularly hot, there was also a lunar eclipse on the Friday night, was this the cause?

Until next month keep them flying.



Smiley by Abbie Williamson aged 5 from Holm Cultram Abbey School

Pensioners Trip



On Saturday June 7th the Silloth & District Pensioners annual trip went to Windermere & The Lakes calling at Lakeland Plastics for coffee and a look around.

The morning was beautiful and sunny although forecasting showers. Raffles were organised on the buses by Isabel Tomlinson and Margaret Gate looking after the Blitterlees & West Silloth bus, Jean Carey, Jennifer Ostel & Maureen Irving looking after Skinburness bus.

The buses left Silloth Co-op at 9:30am, returning to Silloth at 6:45pm. Everyone had a lovely day out calling at Keswick on the way home. Many thanks to Tony Markley (coach firm).

The next event for the pensioners will be The Annual Strawberry Tea Saturday on July 5th, please note this event will be held in St. Andrews Hall at 2pm.

Silloth Ramblers

Five ramblers set off from Bowness on Solway to Burgh by Sands on the first stage aimed at walking Hadrian's Wall. There is no sign of the wall on this walk, but it is a very pleasant countryside stroll.

Another day saw four persons and a dog ambling around delightful Buttermere – said to be 4 miles, though one walker was sure it was nearer 10 and later had enough stiff muscles to prove her point!

Tip from a more experienced Rambler – take a stick, it's a great walking aid, especially for those of us who are past the first flush of youth!

More rambles soon. Anyone interested phone Silloth 31687.

Richard J Felix

*Furniture Maker
& Woodturner*

*Traditional hand-crafted
furniture individually designed
from English hardwoods*

Woodturnings to order

*Tuition in woodturning
1 or 2 day courses for
individuals and small groups*

Phone: 01900 881215



Plough Sunday



The Congregation of Holme St. Cuthbert led by the Rev. David Tembey giving thanks for Gods goodness with outdoor singing and Prayers for Crops, the Land, the Animals and those who earn their living from the Land on Rogation (Plough) Sunday 25/05/2003.

On the Waterfront by Tommy Legs

May proved to be a wet and quite windy month. The first visitor was the molasses tanker **ORATANK** from Bremen. Next was the **MARC TRADER** with wheat and the **LASS MOON** with fertilizer.

They were followed by the large Russian ship **BALTIYSKIY-110** and the **ARKLOW MOOR** both with fertilizer. The quite old Norwegian ship **VISTAFJORD** was next with a cargo of wheat. The **BEN ELLAN** made two trips this month with its usual cargo of wheat from Seaforth Grain Terminal, Liverpool.

Princess Fiona
by
Emma Wise
aged 6
from
Holme St. Cuthbert
School

Silloth Tide Table

July 2003 TIMES OF HIGH WATER AT SILLOTH

(Courtesy of A.B.P. Silloth)
Times in G.M.T. (add 1 hour)

Heights in metres					
Time	Ht	Time	Ht		
1st. Tue. 0018	6.7	1244	6.5		
2nd. Wed. 0057	6.9	1327	6.6		
3rd. Thu. 0139	6.9	1409	6.6		
4th. Fri. 0223	6.9	1453	6.5		
5th. Sat. 0309	6.7	1540	6.4		
6th. Sun. 0400	6.6	1633	6.2		
7th. Mon. 0455	6.4	1731	6.0		
8th. Tue. 0558	6.3	1838	6.0		
9th. Wed. 0703	6.2	1945	6.0		
10th. Thu. 0811	6.3	2051	6.3		
11th. Fri. 0918	6.5	2149	6.7		
12th. Sat. 1017	6.9	2242	7.1		
13th. Sun. 1110	7.1	2331	7.4		
14th. Mon. ****	**	1200	7.2		
15th. Tue. 0016	7.5	1248	7.2		
16th. Wed. 0103	7.5	1335	7.1		
17th. Thu. 0149	7.4	1419	6.9		
18th. Fri. 0232	7.2	1500	6.5		
19th. Sat. 0314	6.9	1540	6.2		
20th. Sun. 0357	6.4	1623	5.7		
21st. Mon. 0443	6.0	1710	5.4		
22nd. Tue. 0533	5.5	1807	5.1		
23rd. Wed. 0638	5.2	1915	5.0		
24th. Thu. 0745	5.2	2022	5.2		
25th. Fri. 0850	5.3	2119	5.6		
26th. Sat. 0944	5.6	2206	6.1		
27th. Sun. 1030	6.0	2247	6.4		
28th. Mon. 1112	6.3	2326	6.7		
29th. Tue. 1151	6.6	****	**		
30th. Wed. 0004	7.0	1230	6.7		
31st. Thu. 0042	7.2	1312	7.0		

My apologies to those who were confused by the failure to change the month, while correctly showing the tides, for the past two months.

LITTLE ACRE CARE HOME



82 Skinburness Road

**EXCELLENT CARE
FOR THE ELDERLY**

**SINGLE EN-SUITE
ROOMS**

For further details
contact:
Sarah Betsworth
016973 32105

Addison Orthodontics

Denture Repair
Service

54 Esk Street
Silloth

016973 32208

Winters Post Office

Newspapers ~ Magazines
Sweets ~ Rock Novelties
Gifts ~ Toys
Greetings Cards ~ Postcards
Fax & Photocopying service

Eden Street ~ Silloth (opposite the Golf Hotel)
Shop: 016973 31323 ~ PO: 016973 32957

Cliffedale School of Motoring

Your local
driving school

£13 per hour to
Carlisle or Workington
Mock theory tests
on CD rom



Ring Jim on **016973 32423**
or **078 5059 3749**
or call after 6pm at: 30 Esk Street, Silloth



**Allison
Design
Partnership**

Plans & Applications for:

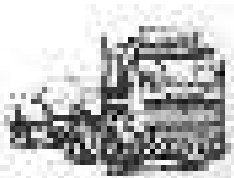
- New Builds
- Conversions
- Fire Plans
- Grant Work
- Change of Use

Contact Bill or Mark
The Albion

Eden Street, Silloth
Tel: 016973 31321

mark@allisondesign.fsnet.uk

MARKLEY TRANSPORT LTD



Bulk
Flat
&
Express
Haulage



Control Tower • The Airfield
Silloth • CA7 4NS
Tel: 016973 31276

BANK MILL NURSERIES

FOR QUALITY AT THE RIGHT PRICE!

Midway between Mawbray & Beckfoot on the Main
Road from Maryport to Silloth

Specialist Growers of bedding and basket plugs, hanging
baskets/containers made to order

Orders now being taken for bedding plugs -
unbeatable selection of Alpines, Heathers, Perennials,
Roses, Shrubs and Trees, etc, for all situations

Available Now
Telephone: 01900 881340

CARRS COACHES



Coach &
Minibus Hire,
Tours &
Excursions



Tyres, Servicing & Repairs

Control Tower • The Airfield
Silloth • CA7 4NS
Tel: 016973 31276

Horizon Image Technology

**For all your stationery and printing
requirements:**

• Business Cards • Letterheads
Lea ets • Brochures • Flyers • Newsletters

Call now for a quotation

**We also have a high quality digital photocopier and
can reproduce your treasured family photographs
- any size up to A3**

Full photocopying service

The Wigton Business Centre • 3 High Street • Wigton • Cumbria
Tel: 016973 45500 • Fax: 016973 44815

Causewayhead W.I. Darts



Winners of the Cumbria-Cumberland Federation Darts Competition. Pat Bell, Mary Johnson, Maureen Irvine, Iris Carr, Yvonne Annell and Carol Hayes posed with the cup they won.

The President, Pat Bell welcomed members and two visitors, Mrs Jean Glendenning and a friend to the meeting.

Mrs Glendenning is to attend the national W.I. AGM in June at the Albert Hall and will visit us again to give a report on that meeting.

We have been on the outing to Hayes Garden Centre and enjoyed a talk on hanging baskets followed by a delicious buffet supper. Members arrived back on the coach with an array of plants to beautify their gardens

Frances Jackson reported on the progress being made on the gardens outside the Silloth Heritage Centre which small groups of members are regularly weeding, tidying and planting.

Eileen Chambers gave her report on the Spring Council Meeting of the Cumbria-Cumberland Federation held at the Shepherds Inn in Carlisle.

An interesting and informative talk was given on salt in the diet. The body only requires about 6 grams per day and many people are consuming twice as much. Excess salt is especially harmful to infants and young children.

High salt consumption can contribute to raised blood pressure, strokes and heart disease.

The Spring Council meeting was visited by a representative of Taylors Teas who gave an account of their 'Trees for Life' Fund. The two millionth tree has recently been planted by Prince Charles.

A humorous talk about his Father's books was given to those attending the Council Meeting by James Wight, the son of Alf Wight better known as James Herriot.

The 76th birthday party of Causewayhead W.I commenced with a delicious supper prepared by members with the Committee acted as hostesses for the evening. The supper was followed by a Beatle Drive organised by Jean Wilson and Frances Jackson.

The raffle was won by Jean Graham, Yvonne Annall, and Carol Haines. Yvonne Arnall and Margaret Peach took home the grocery parcels. The competition for a single flower was won by Ann Harrison with Margaret Peach second.

Pat thanked everyone for contributing to a very enjoyable evening.

*Visit a Real
Old Fashioned
English Pub*

The Albion

*For Traditional Ales
in a Traditional Pub*

Eden Street, Silloth
Tel: 016973 31321

**West Silloth
Gas**

macgas
free local delivery

Propane & Butane

Tel: 016973 32833
Mob: 077 5273 3737

Rear of West Silloth Motors
Cumberland Cottages
West Silloth CA7 4HF

CHIROPODIST

Lynn Devine

MSSCh. MBChA.

Home visits by appointment

Lynnwood
5 Pine Terrace
Silloth, CA7 4DT

Tel: 016973 31632

SPAR

For all your Grocery needs

Fresh Meat, Wines & Spirits, Home Bake
Lottery & Video Rental

Open 7 days a week



Spar Supermarket, Solway Street, Silloth



*Is your
computer slow?*

*Two computers on the
internet at the same time?*

*Do you want your
computer to do more?*

*Is your software
working properly?*

We have the solutions!

**Computer
Services**

call
Mark or Jonathan
016973 32089

Solway Autograss

Report by: Malcolm Brown

A move to the wild side

Sunday 1st June saw the fourth meeting of the season and after a lot of hard work, we were now able to move the pits area to the far side of the track. This made things better for not just the drivers but also gave the spectators more room.

The day commenced with the Class 1 drivers, with Mark Johnston keeping a good early lead until passed by Arthur Cunningham. The bottom corner proved to be quite hair raising with the leading cars having all four wheels off the ground as they took the corner. Sadly, Mark had to pull off the track with a problem.

With an excellent turn out of Stock Hatch, two grids of cars had to be used. The first grid of cars saw John Hooper having an excellent race, keeping in front the whole time despite taking the corners wide, he still managed to drive home to first place.

The second grid saw Kevin Brough and a Dales driver fighting against each other the whole way, until Keith Bowrey moved up to first position. After a few hiccups things seemed to be looking sweet for Keith until sadly into the fourth lap and he had to pull off the track with a broken drive shaft. Better luck next time Keith. This left the field open for Kevin to catch up again and earn a first place and George Coombe from Dalston in third place.

Classes 3 & 7 left the grid together. This race saw Brian Abbott get an early lead and keep a good gap away from the rest of the pack. This early lead saw him finish first followed by brother Kevin and in third place Mark Little. We even got a glimpse of Gary Graham in the second

heat; he has been so unlucky at Silloth.

The Specials had a mixed race of Classes 8 & 9, Wullie Stewart showed the boys how to race his space framed machine around the track he does it with great ease. He certainly seems to be going from strength to strength. A good first place followed by Phill Talbot and Steve Hartley.

Now was the turn of the fiery youngsters, so eager to get out on the track. With such a good

a good race with Richard Lewthwaite in his recently purchased Micra, which had won its class in the BAS championship last year. Dales driver John Davies had an early lead until Richard seemed to fly past and up into first place. On the bottom corner, Dales Lee Lindsay rolled his Nationals qualifying Peugeot 205. However the results were as standing with Richard having a good second place.

Class 4 & 5 left the line together and saw the final



Paul Hodgson being closely followed by Mark Johnston

turn out, we had to run two heats; we seem to be pulling Juniors out of the woodwork. Every meeting we seem to have more to add to our list of members, long may this continue. The first heat showed how excited the youngsters were, on entering the top corner Steven Armstrong and David Hooper came together. Steven Armstrong rolled his car and hit the fence and David Hooper headed straight into one of the track posts. After a good check over both lads were okay and eager to have a second attempt, which gave the results of first place to Scott Rigg, Ashley Dublin and Steven Armstrong. The second grid of Juniors saw Dales driver Rachel Davies have an excellent race with second place going to Gavin Marks and Rebecca Hadden in third.

Class 2 looked to be

outcome of Eric Agnew winning his race.

Class 6 with Trevor Brough in his Honda powered V8 rover got a first and second in his heats, also with the same results in his heats was John Fyrth.

The Ladies racing turned out to be good for the spectators with all classes put out on the track together. This proved to be quite hairy at times when the cars came round a corner to be met by a special next to them on the track. Class 11 resulted with Lin Cunningham winning a first and second place in her heats. Lynn Curnow also got a first a second in her heats. Cath Hadden with two second places. Class 12 Helen Gray won both her heats, with Sue Burgess second in her heat, in Class 14 Mary Telford was first. Cath Hartley had a first and second also in her heats.

Regalo

**Bringing a piece
of Italy to
the Solway Coast**

**Stocking a large selection
of Italian & Local Gifts
including
Capo di Monte porcelain
Fine Italian Glassware
Silverware &
Stainless Steel
Border Fine Arts
Classic &
Studio Collections
& Heron Glass**

**Open:
Wed - Sat 10:30 to 5:00
Sunday 11:00 to 5:00
Out of Hours contact:
OakLeaf Hardware or
The Golf Hotel**

**4 Criffel Street
Silloth-on-Solway
Tel: 016973 32770**

Occasions Florists

*Fresh & Silk
Flowers*

*for all occasions plus
a selection of Gifts*

**Free deliveries in the
Silloth area**

**13 STATION ROAD, SILLOTH
Tel: 016973 31449**

The result of the Solway Mens Open

1. Richard Lewthwaite
2. Arthur Cunningham
3. Trevor Brough

Final results:

Class 1 Paul Hodgson
Class 2 John Davies,
Class 3 Mark Little,
Class 4 Andrew Nesbitt,
Class 5 Nick Barnard,
Class 6 Trevor Brough,
Stock Hatch John Hooper,
Junior A Gavin Marks,
Junior B York driver,
Class 8 Wullie Stewart,
Class 9 Richard Telford,
Class 11 Lin Cunningham,
Class 12 Helen Grey,
Class 14 Mary Telford.

Our next race meeting will be a 2-day event to be held on 28th & 29th June The Cumberland Open.

Silloth Tennis Club

ANNA & RICKI ARE ON THE WIMBLEDON TRAIL

Report by Ricky T. Racket

Anna Jones and Ricki Sutcliffe are looking forward to Wimbledon with increased anticipation this year. That is Wimbledon in September!

They are the respective winners of our brand new competition "The Road To Wimbledon", where victors in the respective closed club competitions go to the county championships at Ulverston to compete for the right to play upon the hallowed lawns of Wimbledon at the national championships in September.



The girl's tournament showed a rising star in the making in the shape of 10 year old Dawn Graham, who, having shocked the older Katie Pearson, proceeded to give Anna a real fright in a tight and exciting final that Anna eventually won 6-3.

Equally, in the boy's competition encouraging signs were shown by Ryan Bervoets, who, after only six weeks of coaching, beat John Fearon and managed some good exchanges with the eventual finalists Isaac Cork and Ricki Sutcliffe.

The final itself ended in controversy as an evenly contested match was won by default after Isaac was left without a racket after it snapped. Therefore it will be Ricki Sutcliffe who

will go into the county championships on the 20th July, and we take this chance to wish both Ricki and Anna the best of luck in their quest to reach Wimbledon.



Anna has been very busy in the last few weeks and on Tuesday 25th May she teamed up with Katie Pearson at the National Junior Club League tournament at Windermere.

Over the next few weeks we will have many competitions and events, not forgetting club night every Monday at 6pm. All events, reports, photos and articles can also be viewed at our website: <http://silloth.totaltennis.net> where you can also become a member of the site and make your own contributions.



Finally, on a rather sad note from our point of view, we would like to offer our thanks and good luck for the future to our members, the Hodnett family and Leanne Story who are leaving the town for pastures new. Your support has been very much appreciated and we look forward to following your tennis fortunes with Lyall at Bitts Park.

Abbeytown Road Race



The two mile start

Results of Abbeytown Road Race run on 1st June 2003

10 mile race:

- 1st Mike Scott (Border Harriers) 53.15
- 2nd Simon Booth (Borrowdale) 53.43
- 3rd Duncan Frampton (Keswick) 58.50
- 1st Male Veteran Duncan Frampton (Keswick) 58.50
- 1st Female Veteran Patricia Parker (Cumberland A C)

5 mile run:

- 1st boy Robert McKintyre (Abbeytown) 42.00
- 1st girl Samantha Wilson (Wigton) 45.53

2 mile run:

- 1st boy Alistair Leadingham (Abbeytown) 17.16
- 2nd boy Ryan Clark 17.48
- 3rd boy Dean Robinson 18.47
- 1st girl Leah Robinson 19.36
- 2nd girl Naomi Foster (Abbeytown) 20.36
- 3rd girl Dawn Graham (Silloth) 23.30



Local Medal Winners
Left to Right: Ali Leddingham, Robert McIntyre, Naomi Foster, Dawn Graham



Some of the W.I. helpers