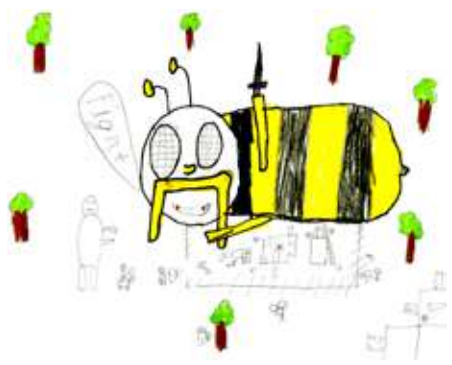




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Major search successful



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Vicky spreads her Fairydust



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Graham's 50 year membership



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Thank You SOSCS



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Remembering Rabbie



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Ask Peter for funding



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Seagulls are soaring



Commonwealth Flag Day

Fifty-two countries came together on 13th March to celebrate Commonwealth Day under the theme 'A Peace-building Commonwealth'.

Silloth-on-Solway celebrated Commonwealth Day by raising the Commonwealth Flag at the Community Garden on Silloth Green, on what was a pleasant Spring morning. The event was attended by pupils and staff from Silloth Primary School and Solway Community School, the Town Council and representatives from organisations within the town.

Cllr. Tony Markley, Mayor of Silloth welcomed everyone to the ceremony. For the first time in the history of the Commonwealth, young members of the United Kingdom Army Cadet Force (ACF) will take the Commonwealth flag to the



top of the highest peaks in England, Scotland, Wales and Northern Ireland on Commonwealth Day. As well as the mountaintop ceremonies, Army Cadets will observe Commonwealth

Day by raising the flag at 53 other locations throughout the United Kingdom as part of this international initiative.

Cllr. Markley read out Her Majesty The Queen's Commonwealth Day message. "The cornerstones on which peace is founded are, quite simply, respect and understanding for one another."

Max Brough and Ben Mattinson, year 9 students from Solway Community School, dressed in their cadet uniforms, proudly read out the Commonwealth Affirmation.

Cllr. Markley then raised the Commonwealth flag and thanked everyone for attending and taking part in the celebration.



2017 Events
28th May
Silloth Green Day
10th + 11th June
Silloth Vintage Rally
5th August
Abbeytown Carnival
25th to 27th August
Solfest
28th August
Silloth Carnival
7th to 10th September
Music & Beer Festival
21st October
Silloth Bonfire & Fireworks

Council Tax Cheats Owe Allerdale £134,000

Allerdale Borough Council is getting tough on those who persistently fail to pay their council tax.

The Council recently identified some 35 residents who consistently fail to pay what is due, with some people owing in excess of £9,000. Every effort is being made to help those who are finding it difficult to pay, such as those on benefits. However, where this is not the case, the Council is stepping up plans to take the person to court and get the debt repaid.

There are a number of options available to the Council to recover the debt including use of bailiffs, charging order, attachment to earnings or bankruptcy application. The maximum penalty for non-payment is 90-days imprisonment.

Cllr Alan Smith, Leader of the Council, said: "Many people think this is a victimless crime, but it isn't. For every penny not paid is less money to be spent on essential services which we all receive. It also means that those who do pay end up paying a little bit more than they have to, to make up the shortfall. We'll obviously help those who for whatever reason struggle to

pay. However, we won't allow people to refuse to pay what is owed."

The Council collects the tax to help pay for the services it provides as well as on behalf of Cumbria County Council, the Police, and local town and parish councils. Some 10% of the tax goes to Allerdale Borough Council and it accounts for 40% of its revenue income.

In 2015/16 the Council collected some 97.8% of the



council tax that was due.

Those identified as not having paid their council tax come from locations all over the borough.

Anyone facing trouble with paying their council tax should contact the Council as soon as possible. It can arrange a payment scheme or give advice on cutting their bill with the Council Tax Reduction Scheme.



Christina
by
Evie McGuire
from
Holme St Cuthbert School

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right away!

Councillor Ian Stewart, Cabinet Member for Community Services, said: "This is another great addition to what is available through the county council library service, and will enable many more people to enjoy reading and learning from the comfort of their own home, or wherever they are on the move. Cumbria is committed to its libraries, and BorrowBox means both existing and new library users can access thousands of titles at the touch of a button. This is typical of Cumbria Libraries proactive approach to making library services

DEATHS

Neil - John

Peacefully at home on Friday 3rd March 2017
John aged 93 years.
Beloved husband of Alice and a dearly loved father.
A funeral Service held at Carlisle Crematorium on Monday 13th March at 2:20pm.
Friends please accept this intimation no flowers by request, donations if so desired to the RNLI.
c/o D C Studholme
Funeral Director
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Report by:
Sue Kent, Silloth RNLI
Photos by: Andrew Stanley
and Brian Ashworth

A 37 year old women who was reported missing has been found after an extensive multi agency search in the Silloth area on 12th March, 2017.

Silloth RNLI lifeboat launched their Atlantic 85 lifeboat and the backup boat into the darkness in the early hours of Sunday morning. They used search lights, para flares and night

vision equipment to assist them with the search. The rest of the RNLI volunteer crew from Silloth were joined by HM Coastguard teams from Maryport and Whitehaven together with teams from Cumbria Police Force (with dog handlers) and Cockermouth Mountain Rescue Team who also had search dogs.

After a short break and the return of daylight the search resumed and the original teams were joined by Workington ALB and

ILB lifeboats, a Coastguard helicopter, Air Ambulance helicopter, Maryport Inshore Rescue Boat and members of the general public. Eventually the women was found hypothermic in the grass by the side of the road by a police

officer in a patrol vehicle just before 10am on Sunday morning on Skinburness Marsh.

She was given medical assistance by paramedics from both helicopters and the North West Ambulance service and then airlifted to Cumberland Infirmary at Carlisle by the Coastguard helicopter.

Eddie Studholme, Lifeboat Operations Manager said "A great multi agency response showing great team work with a life saved"

Commissioner Praises Community at Silloth



Police and Crime Commissioner and Cumbria Constabulary held a joint public meeting in conjunction with Silloth Town Council. The meeting was an opportunity for members of the community to speak to the Commissioner and the Constabulary about their concerns and future policing requirements.

Police and Crime Commissioner, Peter McCall said: "It was a really constructive meeting. It was helpful for the Constabulary to talk through recent



operations and explain some of the outcomes and how these were reached. I admire the public spirit in Silloth and indeed across Cumbria. The people attending the meeting were rightly proud of how safe Silloth is and are passionate about keeping it that way. I often talk about 'we not they' and it was a good example in Silloth where this is working well."

Inspector Richard Smillie said: "It was a good opportunity to talk

to residents and explain the rationale behind some police and partner decisions. Silloth has the benefit of a PCSO called Pete Nichol who spends time in the local community working with people and dealing with any issues that arise. I am pleased that PCSO Nichol will be working alongside PCSO Hannah Donaghe and this will allow for extra cover in the Silloth area. I would urge the community to continue letting us know when issues are arising and that way we can all work together to keep Silloth and surrounding areas safe."



The Big Pedal at SCC

Record numbers of schoolchildren in Cumbria will be riding their bikes and scooters for a national active travel to school challenge later this month.

Nearly 60 schools in the county including Solway Community College have so far signed up to take part in the Big Pedal challenge, which runs until 31st March and encourages children, parents and staff to leave their cars at home and take to two wheels for journeys to school.

Cumbrian-born cyclist Henrietta Colborne, a rising star of British road racing, has praised the county's schools for backing the challenge and especially the number of schools joining for the first time this year.

The Big Pedal is an annual event organised by Sustrans, with support in Cumbria



from the county council. Last year around 34 schools in Cumbria took part, clocking up 19,054 journeys by bike and scooter during the two-week challenge.

Councillor Keith Little, Cumbria County Council Cabinet member for transport, said: "The Big Pedal goes from strength to strength with more schools in Cumbria taking part this year than ever before. From past experience we know many families choose to carry on cycling and scooting to school long after the Big Pedal challenge finishes. It's a fun and healthy alternative

to using the car and helps reduce congestion on our roads. The county council is keen to encourage people of all ages to take up cycling and we recently secured government funding for the next three years to ensure thousands of schoolchildren in Cumbria will continue to receive Bikeability training to improve their cycling and road awareness skills."

Schools in Cumbria will again be competing for prizes in this year's Big Pedal, for the top large primary school notching up the most two-wheeled journeys during the challenge.

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Fairy Dust are now Open on Friday Evenings



Fairy Dust are now open every Friday night at 6pm to 9pm for food welcoming families to our candle lit suppers which will include sharing platters, tapas dishes and specials.

We urge customers to book their tables and "Bring Your Own" drink as we don't have our license yet but it is in the pipeline. Our fairy garden is again under construction as we have found our properties old Victorian well and we are planning to rebuild it for the season.

We would love to hear from any local musicians who would like to join us for music.



Waver Wine Circle

Report by: Stuart Jones

At our March meeting we spent a very enjoyable evening exercising our 'little grey cells' at our annual Cheese, Wine and Games Evening. Many thanks to Janet and Graham for again providing the quizzes, etc. Perhaps next year they could make them a bit easier for me!

There was a wide range of cheeses, enjoyed by the thirteen guests and members present, along with their

wine. It was good to see Vera back with us. She, along with Janet and Greta, thanked everyone for the gifts they received when they arrived home from hospital. Many thanks to Stella and Jan for arranging the evening.

Our next meeting is at 7:30pm on Wednesday April 12th at Blencogo Village Hall. This will be our AGM and the Red Wine Tasting, postponed from the February meeting.

25 Years of Caring



2017 will mark the start of a year of events to celebrate 25 years of West Cumbria Carers.

For the last quarter of a century we have been striving to improve the lives of carers from as far north as Port Carlisle all the way down to Millom in the South and out to Keswick in the East.

Geography and rurality have, at times, made this a challenging task but with the help and support of the Local Community and with typical #SpiritofCumbria style we are now supporting over 1500 adult carers and 250 young carers!

During 2017 we want to thank everybody who has supported us, from volunteering and fundraising to cupcake baking and

envelope stuffing, your help has been invaluable in enabling us to achieve the growth we have.

As part of the celebration we are planning on holding 25 different activities and events throughout the year. We are aware that there are many more unpaid carers out there and hope that these events will help us to continue our work to reach them.

Activities so far include, coffee mornings, supermarket money collections, puddings and prosecco evening, band night and our first ever fashion show.

For more information about any of these events, or to book tickets, please call us on 01900 821976.

Play Golf if You want to Live Longer

Report by: Alan Oliver

Golf can be a good investment for health, according to a new study from the Swedish medical university Karolinska Institutet. The death rate for golfers is 40% lower than for other people of the same sex, age and socioeconomic status, which corresponds to a five year increase in life expectancy. Golfers with a low handicap are the safest.

It is a well-known fact that exercise is good for the health, but the expected health gains of particular activities are still largely unknown. A team of researchers from Karolinska Institutet has now presented a study of the health effects of golf -- a low-intensity form of exercise in which over 600,000 Swedes engage.

The study, which is published in Scandinavian Journal of Medicine & Science in Sports, is based on data from 300,000 Swedish golfers and shows that golf has beneficial health effects.

A round of golf means being outside for four or five hours, walking at a fast pace for six to seven kilometres, something which is known to be good for the health. People play golf into old age, and there are also positive social and psychological aspects to the game that can be of help.

The study does not rule out that other factors than the actual playing, such as a generally healthy lifestyle, are also behind the lower death rate observed amongst golfers. However, the researchers believe it is likely that the playing of the game in itself has a significant impact on health.

Golf players have a lower death rate regardless of sex, age and social group. The effect is greater for golfers from blue-collar professions than for those from white-collar professions. The lowest rates are found in the group of players with the lowest handicap (ie the best golfers).

So there it is it's official. Play golf -- Live longer!

Enter now for Carlisle Colour Run

Photo supplied by: Paul Mitchell, Wildman Media



Vivid colours will again brighten up Carlisle later this year as fundraising transform themselves from a blank canvas into a rainbow of colour in aid of a local charity.

On Sunday 14th May Eden Valley Hospice and Jigsaw, Cumbria's Children's Hospice will host their third 5km Colour Run event at Carlisle Racecourse and registration for the fundraising event is now open. Since 2015 more than 3,000 people have taken part in colourful fundraising event which has helped to raise over £150,000 in aid of Eden Valley Hospice and Jigsaw.

Katrina Sander, Community and Events Fundraising Manager, said "We cannot thank our supporters enough for all their efforts raising so much money in sponsorship at the Colour Run. We are hoping 2017 will be even more popular. We can guarantee that everyone taking part will have a bright and colourful day -- whatever the weather. Here are just a few comments we received following last year's run 'Had a fabulous day! Can't wait until next year,' 'My first time doing the Colour Run, definitely doing it again next year!'"

The vibrant event will see fundraisers transformed from a blank canvas into a rainbow of colour as they pass through the different paint stations where they will be showered in coloured powder paint. This year's 5km run, which is twice around the racecourse, will include a

special surprise to add to the days entertainment.

The money raised from the Colour Run will help the local charity to provide the highest standards of care, support and activities to local adults and children with life limiting illnesses. This care and support is extended to all of the patients' families, friends and carers.



Year on year it costs Eden Valley Hospice and Jigsaw over £3.7million to provide the care, support and activities to local people. Approximately 28% of the funding is received from the NHS with the remaining £2million raised by the kindness, support and generosity of the local community.

Registration for the Eden Valley Hospice and Jigsaw Colour Run at Carlisle Racecourse is now open. Prices are £20 Adults (16+), £10 Children (5 to 15) FREE Under 5s, £45 Family (two adults and two children) and £60 group (four adults). Entry to the event includes a white t-shirt and a pair of funky fun glasses.

To register today or for more information please call the Fundraising Team on 01228 817613 or visit www.edenvalleyhospice.org

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Arthritis Support

Report by: Gladys Temple & Eleanor Hodgson

The first meeting of 2017 for the Arthritis Support Group was held in the new venue: 'Fairfield Court, South End, Wigton'. There was a great turnout and extra chairs had to be found.

Margaret Armstrong welcomed everyone and gave apologies for Mary Heslam and Heather Hadley who were unable to attend. The speaker was Arthritis Nurse Paul Gibson who was a very welcome guest who finds lots of different things to tell us about Arthritis even though he comes every year. This year he told us of an interview by Professor Janet Lord, Director of the MRC-Arthritis Research UK Centre for Musculoskeletal Ageing Research in Birmingham.

Although there are over 200 types of arthritis affecting millions of people in the UK there isn't one size fits all fix. Living free of pain and symptoms and being able to keep on doing the things they enjoy in life would be top of most people's wish list. Current research suggests there are three key things that people with arthritis can do themselves to take control. 1: Move more, sit less. Any exercise is good. Simple walking up and down stairs keeps your joints moving and builds vital muscle strength. Set yourself realistic targets and build up slowly. We have clear scientific evidence showing exercise is as good for the mind as it is for the body. 2: Maintain a healthy body weight. Research shows just losing 10% of your body weight will significantly reduce your pain and symptoms. 3: Make sure you are getting plenty of Vitamin D by going outside for 15 minutes

a day and with a good diet that includes oily fish, soya products, mushrooms and cereals or take a supplement like cod liver oil.

Together these three small changes will make a huge difference - reducing pain, keeping your muscles, joints and bones healthy and boosting your mood - helping you get the most out of life. Paul was then asked several questions and Margaret and Joan Gilbertson both thanked Paul for a very informative talk.

Tea was served with homemade biscuits provided by Eleanor Hodgson while Paul answered more questions. Treasurer Glynis Mackie collected subs from members and invited anyone else to pay next month if they had enjoyed the afternoon and would like to join. Several Ladies did and others will think about it. The raffle was won by Cath Sheppard.

The March Meeting of the Arthritis Support Group was held at Fairview Court with apologies from Catherine Cheetham, Denise Frizell, Jean Frizell, Joan Armstrong and Pauline Mole. Norman Godfrey showed slides of Ullswater in all the different seasons. Everyone enjoyed a lovely relaxing afternoon with beautiful pictures of the gorgeous scenery of Lakeland.

Margaret Armstrong thanked Norman for a lovely show. We then enjoyed home baked biscuits made by Eleanor Hodgson and Barbara Smith won the raffle.

Ideas were invited for our July outing on 8th July and a cruise on Ullswater was suggested. The next meeting will be held on Friday 7th April when everyone will be welcome to hear Fiona Hodgson speak about Colour Analysis.

The Longcake Charity and Longcake Educational Foundation

The Longcake Charity began in 1873 with a legacy from John Longcake.

John Longcake and his wife (Mary Wise) farmed at Pelutho House on the outskirts of Silloth. They had one son John Wise Longcake who tragically died of whooping cough on 22nd May 1850 aged only 17 years.

In memory of his beloved son, John Longcake Senior left instructions in his will to set up the Longcake Charity. This charity is still going strong today. He requested that his estate should be invested and the interest each year be used for the promotion of education, religion, and to benefit institutions for the poor and sick in the parishes of Holme St Cuthbert, Holm Abbey, Holme Low and Silloth.

For over 140 years children in these parishes have benefited from the

Longcake Educational Foundation as regular grants are awarded to each of the primary and secondary schools.

It was John Longcake's wish that young people should be supported in their pursuit for knowledge and in order that they may obtain a higher education, some individuals, who satisfied the schemes criteria, have benefited from small awards granted by the charity.

Regular donations are also given to the Silloth Nursing Home and to the churches of each parish.

The charity is governed by a board of trustees and meetings are held three times a year.

Applications for funding will be considered and should be directed to the Clerk of Trustees, Mrs Elizabeth Gilroy, Highlaws House, Highlaws, Silloth, CA7 4LY.

Meet Our PCSO's



PCSO Peter Nichol & PCSO Hannah Donaghee

PCSO Hannah Donaghee has joined PCSO Peter Nichol in Silloth to provide an extra Police presence in the area.

Between them they will also patrol some of the surrounding villages between Silloth and Kirkbampton providing extra high visibility and reassurance. Hannah has been a Police Community Support Officer for nine years and has covered several areas in West Cumbria. She hopes to make use of her experience in order to reduce crime and

Anti-Social Behaviour and provide reassurance to the local community. Hannah is looking forward to meeting new faces and working with local Schools and other agencies to get involved in events and tackle any issues.

You can contact Hannah on Tel:101 (Option 2, Ext 45238) or email her: hannah.donaghee@cumbria.police.uk

You can contact Peter on Tel:101 (Option 2, Ext 45299) or email peter.nichol@cumbria.police.uk

RNLI Quiz Night

Report by: Margaret English

On Friday 21st January 2017 13 quiz teams gathered to compete in the annual RNLI Quiz at Mrs Wilson's in Silloth. It is organised by the Silloth and District RNLI Fundraising group. David and Carol at Mrs Wilson's gave everyone a



very warm welcome. They provided an excellent supper of sandwiches and chips at half time and everyone was well supplied with drinks throughout the evening. Thanks to everyone at Mrs Wilson's for making the evening a great success. As usual Geoff and Sarah Betsworth were setting the interesting quiz questions and running the evening. A very grateful thanks to them both. It was a very relaxed

and enjoyable evening for everyone. The winning team was Few Expectations followed by the Haytonites and then All at Sea. There was a tie for last place so a tie break question was asked and Support Team came into the final place. £310 was raised after costs which is the same amount as last year. Finally, a very special thank you to everyone who came along and joined in the fun answering the questions.

Recycling Trial in Allerdale

A select group of residents in Allerdale will participate in a new recycling trial to help Allerdale Borough Council identify better ways for residents to recycle.

The current purple bag system, which are used to collect plastic, metal and glass, costs approximately £50,000 annually and those bags cannot be recycled, therefore they end up in landfill. The Council has identified alternative ways to recycle more efficiently, using reusable sacks and boxes, as well as residents' current recycling bins.

In order to determine which method will be most convenient for users, the Council is running the trial over a 12 week period, which is due to begin in March. Householders in the pilot scheme areas have already been contacted to make them aware of the upcoming plans.

They will then be asked for feedback before any decisions are made regarding the collection process.

Councillor Michael Heaslip, Executive Member with responsibility for waste and recycling, said: "This trial has been designed to not just help improve the efficiency of the Council, but to give householders the chance to have their say about which method works best for them. It is also hoped that the trial will make residents think about recycling. Ideally we all need to reduce waste, reuse if possible and finally recycle as much as we can."

The service will not be reduced in any way, and the day of the week on which recycling collections take place will not change. For more information on when collections take place, please visit www.allerdale.gov.uk/bincollections.



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Make a Will in April for a Donation & Support Eden Valley Hospice & Jigsaw Children's Hospice



During the month of April, Beaty & Co. Solicitors of Wigton will be taking part in a Will Writing scheme to raise funds for Eden Valley Hospice and Jigsaw Children's Hospice.

Their experienced solicitors will write your Will in return for a donation to this local charity. Beaty & Co. will not charge you but ask you to make a donation to the charity. The amount you donate is entirely up to you.

There is no obligation to include a charitable legacy in your Will, although the Hospice would be delighted if you chose to. 20% of the Hospice's income last year came from gifts in Wills.

It is vital to make a Will if you care about what happens to your assets after your death. Without one, your estate would be distributed according to the statutory rules of intestacy, which may mean that some relatives, your friends or favourite charities would not benefit as you had intended. If you have no direct relatives, your estate could go to the Government and

your friends and favourite charities would receive nothing.

Eden Valley Hospice and Jigsaw Children's Hospice in Carlisle provide care for local people with life-limiting illnesses and also provide respite care and Day Hospice services. Jigsaw is the only children's hospice in Cumbria and provides support to children and young adults with life-limiting conditions throughout the county, as well as offering support to their families.

Beaty & Co. solicitors are a well-established local firm, having practiced in Wigton for over 250 years. For many years they have supported local charities including the valuable work of Eden Valley Hospice and Jigsaw. Further details of the firm and their services can be found on their website: www.beaty.co.uk.

For more information about the charity Will scheme or to make an appointment please contact Beaty & Co. on 016973 42121.

Causewayhead WI

Report by: Jenny Stride

At the February meeting of Causewayhead Womens Institute we had a talk by Pat Martin on The History of Knickers.

It was surprising to learn that this type of underwear only had its origins in the late 19th century and that we have Queen Victoria and the bicycle to thank for the evolution of these garments.

Maureen Irving thanked Pat Martin for her very interesting and amusing talk.

The raffle was won by Frances Jackson and Pat Martin.

Flower Competition

1. Frances Jackson,
2. Mona Kent.

Wild Flower Competition

1. Jean Graham,
2. Pat Froggatt.

Monthly Competition –

A pair of Knickers

1. Jane Allen,
2. Jean Graham

At our March meeting Duncan Hammett gave a very interesting and thought provoking talk on Mercy Ships.

Mercy Ships provide much needed medical care to 17 West Coast African Nations from Senegal to Angola. Since its inception in 1978 the charity has helped over 2 million people.

Currently there is one ship the Mercy Africa which is staffed by volunteers, there are usually between 5-6 surgeons, 12-14 doctors

and 90-100 nurses. Some stay for just a few weeks some stay much longer. Each volunteer pays £15 a day for their food and lodging. The ship has six operating theatres, an ICU unit, 78 beds and a CT scanner. The majority of their work is cataracts, lens replacement, palate and cleft lip repairs. Although as we saw from the short video they also do other much needed surgery for example:

In one year they have done
3,300 surgical ops
20,400 eye ops
34,700 dental ops
10,000 general ops
and trained 450 local health workers.

Early next year a second ship will be launched and will be funded by the USA.

It was very emotional to see how these people made such amazing changes to people's lives, and certainly made us realise how fortunate we are to have our often maligned NHS.

There is lots more information on the internet at www.mercyships.org.

The raffle winners

1. Jenny Stride,
 2. Mary Johnson.
- Flower Competition
1. Carole Knowles
 2. Mona Kent.
- Wild Flower Competition
1. Jean Graham
 2. Margaret Durham.
- Postcard Competition
1. Frances Jackson
 2. Pat Bell.



Meridith

by Faith Mearton from Holme St Cuthbert School

Silloth on Solway Community Shop

- * Local people working for local causes *
- * All proceeds go back into the community *
- * **Please continue donating** *
- * Collection can be arranged *

S.O.S.C.S.

Open every day
10am to 3:30pm
Tel: 32452



S.O.S.C.S.
12 Criffel Street
Silloth

THE CHARITY SHOP

(Good Causes, Silloth) *Eden Valley Hospice*
Marie Curie Cancer Care
1 Queen's Court
Criffel Street
Silloth
Tel: 016973 31696
Contact: Denise Poland on 07736 386093
Closed Mondays
Please help us to help them

Changes at Solway Community School

Solway Community School has issued the following statement:

We have an exciting new strategic partnership on the Solway Plain. The community secondary schools of Beacon Hill and Solway have always worked closely together to deliver the best opportunities and experiences for our students. Now we are embarking on an initiative to develop this partnership which will ensure improved student experiences and broadened curriculum, and also secure the future for both schools.

The next stage in this developing partnership is to offer students from both schools the chance to choose option subjects at Key Stage 4 taught on either site, which will allow both schools to offer a wider curriculum choice. We are currently working on timetables and transport arrangements that will make this possible.

We have already begun to work more closely together; Key Stage 3 students have begun a five week joint robotic programming project in collaboration with the University of Manchester, students have the opportunity to compete in a weekly 5-a-side football league together, and staff are working closely in terms of resource sharing, assessment moderation and specialist teaching.

Both schools have a strong, committed teaching and support staff who already go the extra mile for our students and they are positive about working together to the benefit of everyone in the school community. Both schools share a common ethos, and it is a shared strength that we provide excellent pastoral support, personalised learning programmes and individualised curriculum opportunities. This partnership will play to these strengths. In the future the range of curriculum



opportunities – both academic and vocational – offered to students of both schools across both sites will not only lead to improved experiences but improved academic outcomes.

This is not a merger. Both schools will retain their own Department for Education number and separate budgets. Both schools will retain their autonomy and identity; we will be sharing and embedding best practice from both schools in teaching and learning, pastoral provision and extra-curricular opportunities.

Both Governing bodies have fully embraced the concept of an increasingly closer partnership and the project is fully supported by the Local Authority. It fits perfectly within the current framework being used to drive self-improving, system led education in Cumbria.

With the current national political agenda of structural change within the educational system, and increasing pressure on school finances, we are confident that this partnership will secure secondary education in both towns and strengthen the position of both schools into the future.

We are intending to play to our strengths in a changing educational landscape. We look forward to interesting times ahead whilst ensuring that our students get the high quality education they need. Parents can be confident each school will continue to serve their child's needs, and that staff and Governors will take both schools forward to a successful and sustainable future.



WINTERS

POST OFFICE

Personal Banking
Cash Withdrawals
Yankee Candles
Greetings Cards

Eden Street,
Silloth-on-Solway
Shop: 016973 31323
PO: 016973 32957

BEACON

VETERINARY CENTRE

Open Surgeries
Silloth Open 12am-3pm
Consults 1:30pm-2:30pm
Wednesday 6pm-7pm
Aspatia consults
6pm-7pm
Appointments at other times by arrangement
016973 20242

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by Olivia
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from
Holm Cultram
Abbey School

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Table Top Sale in Mawbray

On Sunday 10th September, Holme St. Cuthbert Community Group are hosting a Fund-raising Table Top Sale at Culterham Hall, Mawbray, from 12 mid-day until 4pm.

Refreshments available. Funds are for bulb and flower planting around the parish. £10 per table.

To book a table please contact Barbara Hepburn on 01900 881343 or Moira Knoery on 016973 21811.

SOSCS Donated £7,500

After a successful year in 2016, SOSCS would like to thank all their customers for their help in contributing to this and also to all those of you who donated to the shop. We are pleased to announce that we were able to make donations to the following worthy causes.

Silloth Festivals
Silloth Lifeboat
Silloth Vintage Rally
Silloth Football Club
Silloth Rainbows
Silloth Sports Hall
Silloth Golf Club Juniors
Silloth Luncheon Club
St. Andrews Hall
Silloth Christmas Lights
First Responders
Eden Valley Hospice Jigsaw one off payment

A total of £7,500. We hope that you will all continue to support us in 2017.

Thank you all once again.



Coffee Morning

Report by: Pat Froggatt

The first coffee morning of 2017 took place on the 4th February. We were pleased to welcome so many of you who attended. Although numbers were slightly down those who attended really enjoyed the event. The usual stalls were available and purchases were good as was the sale of raffle tickets. As usual scones, biscuits, coffee and tea were in plentiful supply. Everyone enjoyed meeting up with old friends and catching up on all the local gossip.

The drawing was made and the following were the lucky winners:

Pat Carruthers; Pauline Mole; Marjorie Roberts; Will Pollick; Graham Wilkinson; Margaret McCartney; Hazel Robinson.

Thank you all for attending and making it such a pleasant morning.

On the 4th March the Committee of Silloth and District Pensioners held their

second coffee morning of the year. We were pleased to welcome all of those that attended.

The usual fare was on offer, together with the cake stall, and tickets for the drawing. Everyone was made welcome and were served by members of the committee with coffee or tea as required. Scones, jam and biscuits were set out on the tables for the visitors to help themselves. There was an excited buzz of conversation taking place and a general feeling of well being in the hall.

We would like to thank everyone who attended and gave us their support. As usual the raffle was well supported and the following were the lucky winners. Betty Johnstone, Graham Wilkinson, Pat Froggatt, Marjorie Roberts, Margaret Gates, and Margaret Cavaghan.

Our next coffee morning will be on Saturday 1st April.



Easter Bee
by Hannah Staker from Silloth Primary School



Superfan Bee
by Leximea Hagan from Silloth Primary School

Graham Walton Celebrates 50 years at Miramar Lodge with Donation



Graham Walton centre with his brother in law Ivan Lomas and Master of the Lodge for 2016-17 Simon Boniface

Report by: Kevin Anderton

Celebrating fifty years of membership of the Silloth branch of the Freemasons, well known local Silloth man, Graham Walton having been presented with a commemorative certificate from the Grand Master of the Province of Cumberland and Westmorland, Norman J Thompson DL, chose to donate a total allocated sum of £500 to local Silloth organisations.

The Silloth Convalescent

Home, Silloth Lifeboat and Silloth First Responders all expressed delight at the kindness of the gift and sent their thanks to Graham and the Miramar Lodge.

Graham Walton is one of only a handful of Freemasons to achieve the accolade of fifty years of membership in the Lodge which was inaugurated on 23rd December 1923 and now looks forward to its centenary celebrations in 2023.

The Freemasons are a large charitable organisation which raises money for worthy causes large and small. In 2016 for example they gave money to the Cumbrian Flood Relief Charities and a 'start up' grant to the local brownie pack along with national and international aid schemes.

Membership is purely voluntary and meetings take place monthly in the Masonic Hall, Station Road, Silloth.

SIS - Can You Help?

One of the problems with a museum dedicated to toy soldiers is that most of the models are of men - in uniform, in armour, in war paint.

Certainly, since World War 1 women have been involved in war on many levels and the Soldiers in Silloth exhibition plans to look at that involvement through pictures and records other than just toy figures.

"Women at War" could include women in the actual armed services - serving with the WRNS at Anthorn or ferrying aircraft with the Air Transport Auxiliary. With the nursing services or the Royal Observer Corps, making munitions at Easttriggs, driving NAAFI wagons and feeding airmen at Silloth with the WVS or farming with the Land Army.

If you have any memories, or memorabilia of women in these roles we'd be interested to see it and incorporate it into a small exhibition.

Please contact Tim Barker (016973 31246) or Susan Child (016973 32946)

Photo: Heather Wood of Silloth in the Air Transport Auxiliary, World War II



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43 Eden St, Silloth

Cumbria Community Flood Team



Mark Ware is demonstrating 'Shallow Water Entry', a skill required to safely dive across the fastest flow of the river in order to reach a casualty

Report by:
Sue Kent, Silloth RNLI
Photos by:
Dave Barker St Bees RNLI

Mark Ware, Helmsman and Andrew Stanley, Crewman of Silloth RNLI lifeboat, along with members of St. Bees RNLI lifeboat crew took part in a five day intensive course on Thursday 2nd February, to become part of the "Cumbria Community Flood Team", the first RNLI community based flood team in the UK.

The course took place on the River Awe, near Oban, Scotland, where they were taught all the necessary skills to enable them to assist the local Cumbrian Communities when the next local flood occurs.

Congratulations to all



The newly formed "Cumbria Community Flood Team"

on the course for passing and becoming Flood Water Rescue Technicians.

45 Children Waiting for a Family

You could be their someone

Right now in Cumbria, the county council are searching for adopters as 45 children await a family.

Sarah, Jane, James, Rebecca, Harry and Beth are just some of the children, aged between 2 and 7, the council are currently family finding for. They will feature as part of a new county wide campaign.

Prospective adopters can expect a high quality and professional service from Cumbria County Council's Adoption Team. The council have successfully matched hundreds of children with families in Cumbria over the years and have the skills, expertise and experience to support adopters through the process and match them with a child who will thrive in their family. The adoption assessment process takes around six months to complete in most cases. For approved foster carers there are circumstances where this can happen more quickly.

Cllr Anne Burns, Cumbria County Council Cabinet Member for Children's Services said: "Children need families from all sorts of different backgrounds. Whether you are married or single, divorced or living with a partner, gay or straight, unemployed or disabled,

and whatever your cultural background adoption may be for you. We understand that for most people it is a big decision. Whatever people's reasons for wanting to adopt, our supportive team will be there for you throughout. Please look out on Facebook and Twitter for our messages and details of the events we'll be holding locally; and tell your friends and family."

More information about the children waiting, the process and the support available can be found at www.cumbria.gov.uk/adoption. Those thinking about adoption are also encouraged to speak with the county council Adoption Team by calling 0303 333 1216 or by attending a local information event in Carlisle on Saturday 8th April from 10:30am in The Crown and Mitre Hotel (Drawing Room).

Adoption staff including Family Finders will be present at the events to explain more about any aspect of the process. The county council established a dedicated Family Finding Team in September 2015 to ensure all children with a plan of adoption moved to their permanent family as early as possible. As soon as a prospective adopter becomes approved by the Adoption Panel, Family Finders begin

the process of matching the adopter with a child.

Yvonne Eardley, Family Finder Team Manager, said: "Finding families for children is a great job, we play a crucial role in the adoption process and love working with adopters and children alike. Right now we're leading the search for families for 45 children and more prospective adopters means more successful matching. We co-ordinate the matching process which helps children's social workers, foster carers and adopters to all work together to identify and successfully match adopters with a child or children and plan for their placement with their new families. Sometimes there may not be an appropriate match within Cumbria so we may need to look further afield. To do this we attend adoption events like Exchange and Activity Days and use other national Adoption Matching Services. Anyone thinking about adopting can be assured that once they are approved we will do our best in leading the search for their new family and supporting them at every stage of the process. If you'd like to know more about the children waiting and how we help match adopters and children then come and meet us at a local information event."

Bereavement Support

Opening shortly in Silloth is a support group for bereaved people who are struggling to come to terms with the enormous loss of losing their husband or wife.

This is not a sad group, but it will help both ladies and gentlemen to cope with the sadness of losing their partner. The organiser, Peter Richardson, has been

involved with several groups in north Cumbria in Carlisle, Penrith, Wigton and now Silloth.

The group is for bereaved people who are finding it difficult to move forward and overcome their loneliness and heartache. Men often say it is not for them, but if they pick up the courage to come to a meeting

usually 90% of them stay and enjoy the meetings and days out.

There will be a meeting once per week at a central location, initially telephone Peter Richardson on 016973 32146 for further details. If you have a friend or relative who you know is having difficulties with their loss, please show them this article.

Jelly Tot Funding Opportunities

Jelly Tots Day Nursery offers two year old funding which parents are eligible for with two year old children. The sessions run from 9am to 12pm Monday to Friday in term times. To see if you are eligible for this funding you need to visit the Cumbria County Council website and look under Education and two year old funding. You will be told after you have entered your details whether you can receive this or not.

From September

this year we will also be providing the extra 15 hours for the three year olds. This is a new funded programme and we will run alongside the Primary School which will have the three year olds in the morning and we will pick them up from Primary and then take them to our nursery for the afternoon. We will pick them up from school at 12:30pm and they will finish at ours at 3:30 pm. Again if you want to see if you are eligible for the extra three year old hours

you need to check on the Cumbria County Council website under education and funded 3s.

If your child is eligible for any of these and would like to use our nursery could you please get in touch as we only have a certain amount of places to fill. If you would like to come for a visit then please come and see us at the old library, part of the Secondary School.

Contact Jelly Tot on 01697 925035 if you would like any other information.

First Responders Thank SOSCS



Over the last 15 years the SOS Charity Shop has supported Silloth First Responders donating on a regular basis. Helping to fund such things as Defibrillators, kits bags, clothing and most recently has helped us buy some new soft-shell high-vis

jackets for all the team.

The girls in the shop do such an amazing job raising thousands of pounds for the town each year, supporting not only us but various groups and activities in the town. An amazing achievement for a group of hardworking

volunteers, whose work a lot of the time will go unnoticed.

We would like to say on behalf of the team and the whole Town thank-you to you all for all your dedication to Silloth. Without you, it certainly wouldn't be the same.

Silloth Vintage Rally



- Steam engines
- Stationary engines
- Vintage cars & tractors
- Commercial vehicles
- Motor bikes
- Fun Fair
- Trade stands
- Auto Jumble and lots more



Sat 10th & Sun 11th June 2017

This fantastic annual two day event is held on Silloth Green, in the Victorian seaside resort of Silloth-on-Solway. There is something for all the family and the event is free of charge to visitors, making this a really popular rally.

Free Camping for Exhibitors

www.vintagerally.co.uk

Tel: 016973 32505 or Tel: 0777 5686857
Email: entries@vintagerally.co.uk

Charity Ball

David Allen, the local accountancy and business services firm, have announced a charity Platinum Ball to celebrate 20 years in business while raising funds for the Great North Air Ambulance Service (GNAAS).

A long time has passed since the days of David working out of his garage, with the business now having four offices and more than 90 staff, and to celebrate the occasion they are holding a 'Platinum Ball' at The Garden at Eden on Friday 23 June, with all proceeds from the event going to their charity of the year partner GNAAS.

The team at David Allen hope to raise more than £15,000 this year for the charity with the Platinum Ball their finale event. GNAAS operates three helicopters, 365 days a year, across Cumbria, the North-East and North Yorkshire with the crew responding to around 1,000 call outs each year. On board each aircraft are specialist trauma doctors and paramedics, who bring

accident and emergency expertise to the scene.

David Allen, Managing Partner at the firm said: "As a well-known, reputable employer across Cumbria, David Allen recognises the importance of giving something back to the communities in which we live and work. GNAAS are saving lives across our County and as such I am proud to be hosting our Platinum Ball where we will hopefully raise lots of money for a fantastic cause, while celebrating 20 years in business. I would like to thank local businesses and professionals for their support so far in organising what is set to be an amazing event".

For more information on the charity Platinum Ball, to donate a raffle or auction prize or to simply make a contribution to the David Allen Charity of the Year pot please call Kerrie Allison, Business Development Manager on 01228 711888 or email kerrie.allison@david-allen.co.uk.

Burns Night at St Andrews

Report by: Jennifer Bailey

The night was cold with the promise of frost to nip fingers and noses, as I made my way to St. Andrew's Church Hall on the evening of 21st January to celebrate Burns Night with around 40 other stalwart souls who had braved the icy blast.

The hall was draped with flags of Scotland and tables arranged in readiness for the celebrations to come. There was a hum of chatter as folk caught up with each other's news, until silence reigned as the Rev. Alistair Smeaton prepared his bagpipes and began the slow procession of piping the Haggis around the room until eventually arriving before the Rev. David Harkinson, who proceeded to address the Haggis in a suitably rich and rolling Scottish accent, Mrs. Harkinson also recited a poem she had written in honour of the occasion. Toasts were made and wee tots of whiskey consumed, then steaming plates of Haggis with tatties, neeps, peas and gravy were placed before the gathered company.

The volume of conversation quietened as food was enjoyed, then, after plates were removed, the pudding arrived, large glasses of Cranachan were brought out for us all. The creamy concoction of raspberries, oat cream and whiskey was eaten with relish and the meal ended with pots of tea and coffee being placed on the tables with minty



chocolates if anyone had any room left for them!

Toast were made by the Rev. Harkinson to all the ladies present and a reply was made by Mrs. Penny Stimson to all the gentlemen. Mrs. Nancy Smeaton played some traditional music on her piano accordion to round off the evening and a raffle was called with many prizes being available to choose. (My prize - a rare event for me, was a large beautifully knitted doll in the guise of a painter and decorator.)

Once again thanks must go to the "usual suspects" the band of stalwart helpers at St. Andrew's who tirelessly assist at the many and varied functions which are organised to raise funds for the maintenance of the church - namely Sue, Edith, Kirstine, Penny and Pete.



Can You Find Our Easter Eggs

On this, our April edition of the Solway Buzz we have placed 44 Easter Eggs on these pages.

Can you find them all? Some are large but some are quite small.

Good luck!



Arson: Don't Accept It, Report It!

This year, Arson Awareness Week begins Monday 20 March and Cumbria Fire and Rescue Service, together with the Arson Prevention Forum, are calling on everyone to play their part in tackling fire crime.

Lee Howell, Chair of the Arson Prevention Forum, said: "Deliberate fires account for up to a third of all fires attended by fire and rescue services nationally and can have devastating effects in terms of cost and consequences. The Forum brings together those with a responsibility or interest in reducing arson and challenges them to do more. We have seen progress, but there is still work to be done. This is where members of the public can help."

Insurers report that arson costs over £1bn in fire-related claims each year. Damage to property, business interruption and other inconvenience caused by arson is significant.

Deliberate fires cost a huge amount of money, but also endanger life, with a significant number of lives lost as a result of arson. In 2015-16, 57 people died in fires that were thought to be started deliberately.

Mark Ducie, Community Safety Manager from Cumbria Fire and Rescue Service, said: "Arson is a significant drain on Fire & Rescue resources and can put lives in danger, destroy buildings and be devastating. Arson must be reported - it destroys lives and costs a lot of time, money and effort. If you see anyone setting a fire deliberately, don't accept it, report it! If you see fire-setting or suspicious activity, you should report it to the Police. Videos or photos from members of the public of any suspicious activity around fires are particularly useful to Police and Fire Arson Investigators."



DERWENT PATCHWORKERS



Present



A Maytime Quilting Exhibition

Sunday April 30th & Monday 1st May 2017

10am - 4pm

At Allhallows Community Centre

Fletcherstown - The Old Village School

Just off the A595, Carlisle Road at Mealgate, SatNav Post Code: CA7 1BS

Admission £2.00 (Includes a cup of tea/coffee)
Children Free

Items for sale - Raffle - Tombola - Traders Table

Light Lunches-Snacks-Home Bakes-Available all day

Disabled Access and Ample Free Parking

David Allen
Accountancy • Tax • Business Services



Fairy Woodland Bee
by Tirrell Reynolds from Holm Cultram Abbey School

David Allen
Accountancy • Tax • Business Services

Platinum Ball to celebrate 20 years in business

In aid of the Great North Air Ambulance Service

A glamorous black tie event
at The Garden at Eden
on Friday 23 June 2017

To book tickets or for further information contact Kerrie Allison on 01228 711888 or email kerrie.allison@david-allen.co.uk

Copy Date

➡

Copy date for the May issue is:
1st April 2017

If your organisation has an event to promote or you have something to say, please note the next copy date.

Please let us know of any changes within this section

Doors Open Lunch

'Our Doors Open' meets in St Andrews Church every Tuesday from noon to 1pm for a light lunch with good fellowship for a donation only.

First Responders

Silloth Community First Responders train on the first and third Tuesday of every month in Silloth Community Centre at 7pm.

NatWest Mobile

The NatWest mobile van will be outside Silloth Community Centre on Mondays from 1pm to 2:15pm and Fridays from 9:45am to 11:30am.

Blencogo Art Group

Every Monday from 1:30-4:30pm in Blencogo Village Hall where members help each other. Refreshments provided, regular outings, tel 016973 61158 or 61327

Bridge Group

Meet on Wednesday evenings from 7 till 9pm, at the Golf Club to play Duplicate. Information from mike.md@btinternet.com.

Slimming World

Saturday Slimming World group in Silloth Primary School at 9am then the second group at 11am Tuesday Slimming World group at Silloth Primary School at 7pm Tel Denise on 07799 708465.

Christ Church

For Christ Church baptisms and other church related business please contact:
Rev Bryan Rothwell
The Vicarage, Wigton Road
Tel: 016973 31413

Civic Amenity Sites

Operated by Cumbria County Council. Tel: 01228 606060
Maryport Tip, tel 01900 66922 open daily 8am to 6pm
Wigton Tip, tel 016973 45617 open Tuesday, Thursday, Saturday & Sunday, 8am to 6pm

Abbeystown Library

Abbeystown mobile library will stop outside the Wheatsheaf Inn at 1pm for an hour every Monday

Production Team

Proprietor:
Peter McRobert
Barn Cottage
Skinburness, CA7 4RA
Tel: 016973 32180
Email:
office@solwaybuzz.co.uk

Editorial Content
This is down to you, we can only publish items if you send them to us.
When sending articles in, please supply a contact name and number in case something requires clarification.
Published by: Peter McRobert with the support of the whole community and an army of volunteers.

Football Training

Silloth Football Club

Juniors in Silloth Sports Hall
(Mini Gulls under 7 years)
Sundays at 10:30 to 11:30am
Contact
Geoff Grainger 016973 43370
Under 10's Training
Wednesdays 5pm to 6pm
Contacts Martin Slack & Paul Mulgrew 07526 665759
Open to boys and girls. Cost £2
Membership forms available from all coaches.

Men's Team
Tuesdays 7pm to 8pm
Silloth RUFC pitch (free)
Thursdays 7pm to 8pm
Silloth School Sportshall Cost £1
October to end of March
Colin Baty: 016973 34223

Abbeystown Girls
Abbeystown Sports Field
Wednesdays 4-5pm

Kickboxing Club

The Kickboxing Club is held in Christ Church Hall every Thursday night from 6:30pm to 7:30pm. All welcome.
www.solwaykickboxing.
webeden.co.uk

Clubbercise Dance

Stanwix Park Holiday Centre
The Sunset Inn,
Every TUESDAY
5:45pm to 6:45pm.
Glow sticks, 90's to present day dance hits.
Just Show up!
Call Gayle 07725 990062 for more information.

Silloth Tennis Club

For coaching information call David Wise on 07742 547767

Ladies Fellowship

Silloth Evangelical Free Church, Eden Street Ladies Fellowship is on alternate Thursdays at 1:45pm. Warm fellowship, refreshments, and good speakers. All welcome

Breast-feeding Group

Mondays 10am to 11:30am
Wigton Bowling Club, West Road, Wigton
Have a cup of tea and meet other breast-feeding mums. Support and advice is available from trained Breast-feeding Peer Supporters and from Health Visitors or Midwives. For more information call Wigton Health Visitors: 016973 66608

Arthritis Support

Wigton Area Arthritis Support Group meet on
1st Friday each month at West Street Bowling Club, Wigton @ 1:30pm, details from Gladys 016973 43964

Martial Arts

Silloth Dragons
Mixed Martial Arts Club
train in Christ Church Hall on Thursdays
under 12's 6:45pm to 7:30pm
12's & over 7:30pm to 8:30pm
NEW MEMBERS WELCOME
For further details contact Stephen on 07811 761033

Dates for the Diary

March

24th Silloth Master Quiz in Christ Church Hall at 7pm
Tel Tim on 016973 31246

28th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

April

1st Coffee Morning in the Recreation Hall at 10am to noon with Silloth & District Pensioners

1st St Andrews Church Bingo 2pm to 4pm

3rd Silloth Town Council meeting in Community Hall, Petteril Street at 7pm

5th Parkinsons UK Group meeting, speaker and lunch in Wheyrigg Hotel at 11:15am
Tel 016973 52527

7th Holme St Cuthbert Community Group AGM in Culterham Hall at 7:30pm

????th Crunch Service at Skinburness Road Car Park from 8am to 9:45am

11th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

12th Causewayhead WI meet in the Community Hall at 7:15pm, all welcome

15th St Andrews Church Cream Teas 2pm-4pm

18th U3A meeting at All Hallows Community Centre in Fletchertown. Tel 016973 49943

23rd Blencogo Gardening Club in Blencogo Village Hall at 7:30pm, open to all £3, talk on Tinnisburn Plants

25th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

26th Police Desk Drop-In at Silloth Library, 2pm to 4pm



Wigton Cancer Support

Open to anyone who has/is living with cancer or anyone caring for someone with cancer. Feel free to drop in for a chat and refreshments any time between 2pm and 5pm on the second Wednesday of each month, at Wigton Bowling Club.
For further information please contact: Gill Edmondson
Tel: 016973 71696

Wednesday Bunch

Silloth Evangelical Free Church, Eden Street Wednesday Bunch. at 5pm every Wednesday, (except in school holidays)
Fun, bible stories, quizzes, craft, games for 5-11s

Crafting Group

Interested in crafting? come along to Silloth Crafting Group on Wednesdays from 1:30 to 3:30pm at St Andrews Church Hall.
We are a well established group, friendly people with a variety of crafting talents-willing to share their knowledge. Enjoy the chat and learn from the other crafters , or just sit and chat.

May

3rd Parkinsons UK Group meeting, speaker and lunch in Wheyrigg Hotel at 11:15am
Tel 016973 52527

6th Coffee Morning in the Recreation Hall at 10am to noon with Silloth & District Pensioners

6th Ukulele Concert & Sing-along with the Ukes of Allonby in Mawbray Village Hall at 7:30pm. Tel Linda on 01900 881737 to book

8th Silloth Town Council meeting in Community Hall, Petteril Street at 7pm

9th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

9th Holme Low Parish Council meeting in Silloth Community Hall at 7:30pm

10th Causewayhead WI meet in the Community Hall at 7:15pm, all welcome

13th St Andrews Church Cockermouth Ukulele Band 60's music + food, 7pm-9:30pm

23rd Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

23rd Blencogo Gardening Club in Blencogo Village Hall at 7:30pm, open to all £3, talk on ponds & water features

28th Silloth Green Day

31st Police Desk Drop-In at Silloth Library, 2pm to 4pm

June

3rd Coffee Morning in the Recreation Hall at 10am to noon with Silloth & District Pensioners

3rd St Andrews Church Bingo 2pm-4pm

5th Silloth Town Council meeting in Community Hall, Petteril Street at 7pm

6th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

7th Parkinsons UK Group meeting, speaker and lunch in Wheyrigg Hotel at 11:15am
Tel 016973 52527

9th SSW7 at Stanwix Park

10th Silloth Vintage Rally

10th SSW7 at Stanwix Park

11th Silloth Vintage Rally

11th SSW7 at Stanwix Park

14th Causewayhead WI meet in the Community Hall at 7:15pm, all welcome

Do you have an event in the area bounded by Abbeystown, Mawbray, Silloth, Skinburness, if so please let us know.

Children's Centre

Opening hours are 9am to 3pm on a Tuesday and Thursday, when a member of staff would hope to be present.
Other Room usage is subject to fulfilling certain criteria and must be arranged and pre booked.
Contact numbers:
Silloth 016973 31509
Wigton 016973 43870
Aspatria 016973 23401

June cont'd

20th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

23rd Ragnarock Rally 4 at Silloth Rugby Club

24th Ragnarock Rally 4 at Silloth Rugby Club

25th Ragnarock Rally 4 at Silloth Rugby Club

25th Silloth on Solway Sportive on Silloth Green

July

1st Coffee Morning in the Recreation Hall at 10am to noon with Silloth & District Pensioners

1st St Andrews Church American Night with food and Country Music by Cockermouth Ukulele Band 7pm-9:30pm

3rd Silloth Town Council meeting in Community Hall, Petteril Street at 7pm

4th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

5th Police Desk Drop-In at Silloth Library, 2pm to 4pm

5th Parkinsons UK Group meeting, speaker and lunch in Wheyrigg Hotel at 11:15am
Tel 016973 52527

12th Causewayhead WI meet in the Community Hall at 7:15pm, all welcome

14th Summer Concert by Christ Church Men's Choir

18th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

25th Blencogo Gardening Club in Blencogo Village Hall at 7:30pm, open to all £3, talk on Gardening for health

29th St Andrews Church Bingo 2pm-4pm

August

1st Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

2nd Parkinsons UK Group natter and lunch in Wheyrigg Hotel at 11:15am
Tel 016973 52527

5th Abbeystown Carnival

Sewing Circle

Have you cloths you don't wear - don't like or don't fit properly? Come along to Silloth Sewing Circle on a Thursday afternoon from 12pm to 4pm at St Andrews Church Hall opposite the Co-op. We will teach you to alter and make cloths and furnishings for the family. Just £2 and you get tea/coffee and biscuits. 016973 31915

Silloth Tots/Toddlers

Silloth Tots & Toddlers meet in the Children's Centre, Silloth and is open to all children aged from 0 to 4 accompanied by a parent/carer.
Sessions are on Wednesdays: 10pm to 11:30am term time only. Entry is £1 per family and this includes refreshments
All Welcome
Call in for a friendly chat

August cont'd

8th Holme Low Parish Council meeting in Silloth Community Hall at 7:30pm

9th Police Desk Drop-In at Silloth Library, 2pm to 4pm

15th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

25th Solfest

26th Solfest

26th St Andrews Church Strawberry Cream Teas 2-4pm

27th Solfest

28th Silloth Carnival

29th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

September

2nd St Andrews Church Bingo 2pm-4pm

4th Silloth Town Council meeting in Community Hall, Petteril Street at 7pm

6th Parkinsons UK Group meeting, speaker and lunch in Wheyrigg Hotel at 11:15am
Tel 016973 52527

7th Silloth Music & Beer Festival on Silloth Green

8th Silloth Music & Beer Festival on Silloth Green

9th Silloth Music & Beer Festival on Silloth Green

10th Holme St Cuthbert Community Group Table Top Sale in Culterham Hall noon to 4pm, T: 01900 881343

Errors do occur in Dates for the Diary. Please check before attending an event.

Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.

RNLI Shop

SILLOTH LIFEBOAT STATION SHOP OPENING HOURS

Sat 1 April 11am - 4pm
Sun 2 April 11am - 4pm
Sat 8 April 11am - 4pm
Sun 9 April 11am - 4pm
Mon 10th April 1pm - 4pm
Tues 11th April 11am - 4pm
Wed 12th April 11am - 4pm
Thurs 13th April 1pm - 4pm
GoodFriday 14th April 1pm -4pm
Sat 15th April 11am - 4pm
Sun 16th April 11am - 4pm
EasterMon 17th April 1pm - 4pm
Tues 18th April 11am - 4pm
Wed 19th April 11am - 4pm
Thurs 20th April 1pm - 4pm
Friday 21st April CLOSED
Sat 22nd April 11am - 4pm
Sun 23 April 11am - 4pm
Mon 24 April 1pm - 4pm
Tues 25th April 11am - 4pm
Wed 26th April 11am - 4pm
Thurs 27th April 1pm - 4pm
Friday 28th April CLOSED
Sat 29th April 11am - 4pm
Sun 30th April 11am - 4pm
Monday 1st May 1pm - 4pm

Our shop is entirely staffed by volunteers and may not be open at the advertised times - we do apologise for any inconvenience this may cause.

Your Letters

Dear Buzz,

It was sister's 50th birthday and my family found a holiday let through Bev New at Silloth Golf Club. I would like to publicly thank her for the warm welcome we received and the little extras that she provided on our arrival. The house was just lovely, immaculately clean and very comfortable. The bedrooms were much more spacious than they looked on the photos. Thank you Bev and the local people of Silloth for making our stay so enjoyable.

Mrs C J England
France



Dear Buzz,

This is a little note of thanks. We had been shopping at the Co-op on Thursday 26th January at around 5:45pm. When we came out of the Co-op to our car I took a dizzy turn and fell down. I had been feeling ill most of the afternoon. My husband tried to lift me into the car but we were struggling, (neither of us is to speak 21 and a bit). A young couple saw what was happening and ran over to help me into the car. They were very concerned, the lady said she was a nurse and suggested I should go to the doctors and get my blood pressure checked, which we immediately did. I was seen by Dr. Hymers and my blood pressure was OK, his diagnosis was vertigo so that was reassuring. We returned home and I was OK after that. Once again we would like to thank the lovely kind young couple who came to our aid so quickly.

Rose & Joe Blaylock

Dear Buzz,

I hobbled (due to broken toe!) into 'Mrs Wilson's' for the RNLI Quiz Night with Geoff Betsworth as question master and Sarah Betsworth as score keeper "Score Keeper's decision is FINAL! The place was full with lots of expectant contending teams and lots of convivial chatter until the room was called to order for the commencement of the quiz. There were four rounds before the interval and four rounds after, covering the arts, music, film and general knowledge. After the first round of questions, there were raffle tickets to buy, delicious sandwiches and French Fries hungrily consumed and a steady flow of business at the bar. The second half began, the tension mounted and the questions became more intense and, at last, our suspense was over and we awaited the announcement of the winning team - Few Expectations - and also the ..er..non-winning team! - Support Team. The raffle was called with many prizes being distributed around the room. A very healthy £310 was raised over the evening and a lot of fun was had by all.

Jennifer Bailey



Becky the Beauty Bee
by
Megan Pigg
from
Holm Cultram Abbey School

SILLOTH MASTER QUIZ

with Tim Barker's quirky questions
Plus light refreshments and a raffle
Friday March 24th at 7pm
Christ Church Hall, Solway St, Silloth.
Teams of up to four - £15 per team.
Non-competing guests - £2 each
Enter on the night or contact
Tim 016973 31246

Masthead Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered Polo Shirt to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher. So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Send them in to the address on page 10 and a quality Solway Buzz embroidered Polo Shirt from Carlisle Embroidery could be yours.

You don't have to be at school here to send a bee to us. If you are here on holiday we would love to receive your bee drawing. Pick up a form from Silloth Tourist Information and return it there or send it to the Buzz, our address on page 10.

This month the winner is **Buddy Hornby** from **Silloth Primary School** with a bee drawing called **"Barbarian Bee"**.

Well done!



Poems

Silloth's West Beach
by Joan Bennett

I wander down to Silloth's West Beach
The tide line has gone well out of reach
The day is so cold, but the scenery nice
Pools that are left are just sheets of ice
Where are the crabs and the creatures now
Perhaps under the stones that were frozen somehow
The children join me they want to play
To skate on the ice would make their day
But what of the creatures that lie down below
Did they suffer the cold when it started to snow
What will happen when the water comes back
Will it melt the ice and make it crack
The children are adamant they want to skate
Best do it now before it's too late
I test the ice to make sure it is strong
I'm responsible for the children it mustn't go wrong
Scarves woollen hats and gloves are worn
The children are lucky they will stay warm
But what of the creatures that lie below
Will they be warm when the tide starts to flow
We must leave now the water comes back
We must make for the road follow the track
Come smile all you children don't look so forlorn
We'll come again soon when the weather is warm.

Now You Can Walk
by Mrs Jennifer Bailey

Now you can walk you are well on the way
To seeing and doing more things every day.
You'll soon run and jump as you play with your toys
You're beginning to share things with more girls and boys.

Now you can walk there's the garden to see
With flowers, trees and grass and a big woolly bee.
In April the pond will be wobbly with frogs
You can go out with Grandpa for a walk with the dogs.

Now you can walk Mummy holds your hand tight
As you climb up the stairs to be tucked in for the night.
She kisses you gently with more love than you know,
For now you can walk, soon, she must let you go.

The Man and the Squirrel
by Tom Betsworth (aged 6), Silloth

A man met a squirrel, climbing up a tree.
Said the man to the squirrel,
"Will you marry me?"
Said the squirrel to the man,
"I'll see if I can."
And the squirrel went off to see.

The Courageous Few
by Penny Stimson

I'd like to say thank you
To a courageous few
Who go out on horrendous sea's
To save a stricken crew.

No matter what the weather
If sea's are a monstrous swell
And wind is blowing ferociously
They do their job, and well.

They do it with out payment
They give their time for free
Put their lives in danger
To save souls upon the sea.

Sometimes the danger is too much
And crew's they don't return
But others are ready to step in
Saving lives is their concern.

So thank you to the lifeboat men
Around our turbulent sea
We pray that you'll return each day
Safely to your quay.



Busy Bee Busy Bee
by
Jack Tiffin
from
Holm Cultram
Abbey School



Byron Bee
by
Byron Wilson
from
Silloth Primary School



Ninja Bee
by
Joshua Tubman
from
Holme
St Cuthbert School



DO YOU HAVE A POEM OR LETTER FOR THE BUZZ?
WE WELCOME ALL SUBMISSIONS.
PLEASE REMEMBER TO INCLUDE YOUR CONTACT INFO.

Silloth Local Link Library & Tourist Information

Opening Times

Monday 10-1pm 2-4pm
(Library Open Until 5pm)

Tuesday CLOSED

Wed 10-1pm 2-4pm
(Library Open Until 5pm)

Thursday CLOSED

Friday 10-1pm 2-4pm
(Library Open Until 5pm)

Saturday 10-1pm

Tel: 016973 31944

Non-Commercial Tourism Websites

solwaybuzz.co.uk
sillothgreen.co.uk
sillothonsolway.co.uk
sillothgolfclub.co.uk
vintagerally.co.uk
sillothbeerfestival.co.uk
silloth-on-solway-tc.gov.uk
visitcumbria.com/wc/silloth
soldiersinsilloth.co.uk
solwayplain.co.uk/silloth1.htm
facebook.com/sillothgreen
facebook.com/silloth-carnival

Any other suggestions of sites useful for our visitors, please send them to the Buzz at: office@solwaybuzz.co.uk



Local Tradesmen and Services



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angela.ellwood@yahoo.co.uk

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Manx Visitor to Silloth Dock

Report & Photos by:
John Forrester
More coverage of shipping at Silloth can be found at www.cumbriashippotos.weebly.com

February witnessed the unusual sight of a ship arriving at Silloth to collect cargo for export; the import of agricultural products forms the bulk of the port's trade.

The Ramsey registered 'SILVER RIVER' docked in the early hours of Valentine's Day on arrival from the island. It was a six hour crossing of the Irish Sea. The small vessel hugged the Cumbrian coastline south of Whitehaven to benefit from sheltered waters before heading up the Solway

to arrive off Silloth a few minutes before high water. Later that morning she was loaded with fertiliser and made ready to depart for Ramsey on the next tide.

It was a fine winter's afternoon to watch a graceful exit from the dock & passage into the Solway. Photos show 'SILVER RIVER' fully loaded at the quayside, passing through the dock entrance & then onward into the open sea.

The general cargo vessel was built in Germany 49 years ago & is still kept busy serving the IOM on routes from Lancashire & Northern Ireland by her Manx owners. She has been seen at Silloth before but this was her first visit for several years.



January and February Shipping at the Port of Silloth

Report by:
Ian Macpherson, Deputy Harbour Master & Short Sea Pilot

Panta Rhei arrived 31st Dec from Klaipeda with Fertiliser, departed 4th January to Sea for orders.

Baltica Hav arrived 4th January from Vierow with Wheat, departed 5th January to Sea for orders.

Lady Clara arrived 8th January from Antwerp with Fertiliser, departed 10th January to Newport.

Zapadnyy arrived 26th January from Bremen with Molasses, departed 27th January to Klaipeda.

Fri Brevik arrived 27th January from Riga with Fertiliser, departed 30th January to Glensander.

Marten arrived 29th January from La Pallice with Wheat, departed 31st January to Swansea.

Silver River arrived 14th February from Ramsey Isle of Man loading Fertiliser, departed 14th February to Ramsey.

Hekla arrived 28th February from Hamburg with Fertiliser, departed 28th February to Drogada.

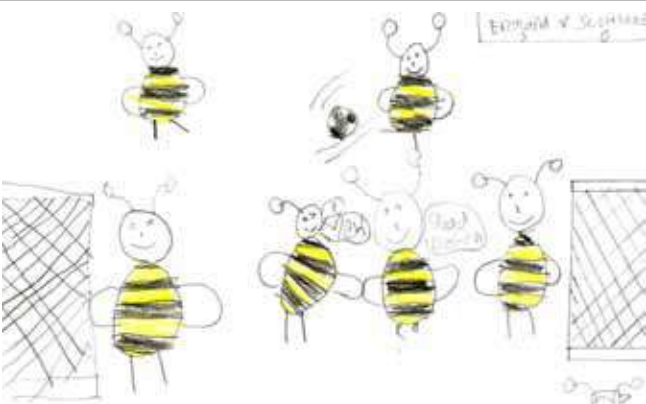
Santa Helena 1 arrived 28th February from La Pallice with wheat, departed 2nd March for Ellesmere Port.

This was a slow month after January.

Tide Tables

APRIL 2017										SILLOTH
Date		DEPTH ON NEW DOCK GAUGE								
		High Water				Low Water				
		Morning		Afternoon		Morning		Afternoon		
		Time	m	Time	m	Time	m	Time	m	
1	SA	02 16	7.4	14 40	7.4	09 20	-1.1	21 38	-0.9	
2	SU	03 03	7.0	15 32	6.9	10 02	-0.8	22 21	-0.5	
3	M	03 58	6.4	16 34	6.2	10 54	-0.4	23 17	-0.0	
4	TU	05 07	5.9	17 52	5.6			12 02	-0.1	
5	W	06 32	5.5	19 18	5.5	00 32	0.3	13 29	-0.0	
6	TH	07 53	5.6	20 36	5.8	02 01	0.3	14 50	-0.2	
7	F	09 02	6.1	21 37	6.2	03 21	-0.0	16 02	-0.5	
8	SA	09 56	6.5	22 24	6.6	04 26	-0.3	16 59	-0.8	
9	SU	10 40	6.9	23 04	7.0	05 17	-0.6	17 46	-1.0	
10	M	11 18	7.1	23 39	7.1	05 59	-0.8	18 25	-1.0	
11	TU	11 52	7.2			06 36	-0.9	19 00	-1.1	
12	W	00 10	7.2	12 24	7.2	07 08	-1.0	19 31	-1.0	
13	TH	00 40	7.2	12 58	7.1	07 39	-0.9	19 59	-0.9	
14	F	01 12	7.1	13 30	6.9	08 09	-0.8	20 27	-0.7	
15	SA	01 45	6.9	14 01	6.5	08 39	-0.7	20 55	-0.5	
16	SU	02 18	6.5	14 35	6.2	09 08	-0.4	21 25	-0.2	
17	M	02 54	6.1	15 13	5.8	09 42	-0.2	22 00	0.1	
18	TU	03 35	5.6	16 00	5.2	10 23	0.1	22 45	0.5	
19	W	04 30	5.2	17 04	4.9	11 17	0.4	23 48	0.7	
20	TH	05 45	5.0	18 31	4.8			12 31	0.5	
21	F	07 07	5.1	19 50	5.1	01 12	0.7	13 56	0.3	
22	SA	08 15	5.5	20 53	5.6	02 31	0.4	15 05	-0.0	
23	SU	09 10	6.2	21 41	6.3	03 36	-0.0	16 05	-0.5	
24	M	09 56	6.9	22 23	7.0	04 31	-0.5	17 00	-0.9	
25	TU	10 39	7.3	23 06	7.4	05 22	-0.9	17 49	-1.2	
26	W	11 22	7.7	23 47	7.7	06 11	-1.2	18 36	-1.5	
27	TH			12 05	8.0	06 57	-1.4	19 20	-1.5	
28	F	00 27	7.9	12 49	8.0	07 42	-1.5	20 02	-1.5	
29	SA	01 12	7.7	13 37	7.9	08 25	-1.5	20 44	-1.2	
30	SU	01 59	7.5	14 27	7.4	09 09	-1.2	21 26	-1.0	

Times shown in UTC. Add 1 hour for British Summer Time.



Footballer Bees
by Willow Armstrong
from Holm Cultram Abbey School



Flower Bee
by Sophie-Jayne Stalker
from Silloth Primary School

Phone Book

This section recognises those whose financial help keeps us going. If you wish to contribute in this way without taking an advert, please contact the Buzz, it costs only £50 a year.

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016973 32452
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South End Garden Serv's
07704 038214
Spar
016973 31293
Spot On
07736 774788
Stanwix Park
016973 32666
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07809 870604
Steven Henderson Electrical
016973 31163
Stuart James Plumbing
07763 677752

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PCC Lost Property Fund



Cumbria's Police and Crime Commissioner Peter McCall is urging local communities to apply for funds from his Property Fund, for up to £2,500 to support local initiatives that link to the Police and Crime Plan.

The Police and Crime Commissioner has power to distribute funds accumulated in the above fund as a result of the disposal of property coming into the possession of the police by the Police (Property) Act 1897 and The Powers of Criminal Courts Act 1973.

Police and Crime Commissioner Peter McCall said: "I'm a great believer in 'we, not they', so I would urge communities to get in touch

with their local PCSO if they have a scheme or project they need some funding for. In the past we have funded a wide range of initiatives, from swimming clubs, air cadets, Scouts and Guides, community halls, residents clubs. If you have any ideas that will help tackle crime or antisocial behaviour in your area, please do consider applying, especially now that I have increased the limit to £2,500."

Any application for funding must be completed by a Police Officer, PCSO or a member of Police Staff and a recommendation or comment made by a TPA Inspector or Department Inspector. The application is then submitted to the

Office of the Police & Crime Commissioner.

Applications to the Property Fund will be considered quarterly.

For further information, the guidance notes can be accessed here, or if you wish to receive a paper copy please email: commissioner@cumbria-pcc.gov.uk or call: 01768 217734



How Many Smoke Alarms Do You Have?

Latest fire statistics reveal that one smoke alarm may not be enough to provide you with the best chance of escaping a fire in the home.

It's clear that most people know a working smoke alarm can save lives by providing those vital few seconds needed to escape a fire in the home. But, despite the majority of homes (88%) having at least one working smoke alarm in their home, smoke alarms alerted householders to a fire in England in only a third of cases. The most common reason a smoke alarm failed to activate was because the fire was outside its range.

For this reason, the Fire Kills campaign and Cumbria Fire and Rescue are encouraging people in

Cumbria to have a think about the smoke alarms in their home.

Cumbria Fire and Rescue Service offer these five smoke alarm top tips:

Install at least one smoke alarm on every level of your home.

The ideal position is on the ceiling, in the middle of a room or on a hallway or landing.

Consider fitting additional alarms in other rooms where there are electrical appliances and near sleeping areas

Don't put alarms in or near kitchens and bathrooms where smoke or steam can set them off by accident.

Replace your smoke alarms every ten years.

Cumbria Fire and Rescue Service are also urging carers



and people who keep a close eye on less able relatives and neighbours to check that these homes have enough smoke alarms in the right places too.

Don't forget to test your smoke alarms every month – press to test, monthly is best.

If you would like further advice or would like additional smoke alarms fitted in your property please call Cumbria Fire and Rescue Service on 0800 358 4777.

No More Dog Poo Bags!

As part of their ongoing funding cut-backs Allerdale Borough Council are no longer able to supply free dog poo bags from the Library. There is still no excuse if you are caught not picking up after your dog as the bags can be purchased from several shops. JayBees on Criffel Street sell a pack of 200 for just £1, so they will last a long, long time.

Refusing to collect your dog poo can result in a fine of up to £1,000.



There are many litter bins where you can dispose of a filled bag, otherwise take it home and bin it.

Once it is bagged do not throw the bag into bushes or onto the sea defenses, this is the worst kind of littering!

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RNAS Anthorn Memorial

The Anthorn Community Association proposes to set up a memorial to personnel and families who served at the Royal Naval Air Station Anthorn, HMS Nuthatch, on the grassed triangle in front of the original main airfield gate, using a local "Erratic" stone (murrain boulder) with an illustrated plaque.

December this year, sixty years since the last official flight from the airfield, is our first target date for an unveiling, with a secondary of March 2018, 60 years since closure and decommissioning of HMS Nuthatch.

With support from the Royal Naval Association and local authorities, memorial unveiling is planned with a parade including Veterans, Sea Cadet Corps and Air Training Corps.

Solway House Airfield betwixt Anthorn and Cardurnock was initiated by the Royal Naval Air Service in early 1918 but lapsed after WW1 and the amalgamation of the RNAS and RFC to



become the RAF. At the start of WW2 the RAF restarted the grass airfield site as a satellite to RAF Sillioth. Back under Admiralty control in 1939, the Fleet Air Arm commenced lodging here in 1940 and fully took over the site in 1942. Subsequent to completion of the 3 hardened runways, RNAS Anthorn was commissioned as HMS Nuthatch in 1944. It was primarily the base for No.1 Aircraft Receipt and Despatch Unit, taking aircraft from manufacturers and preparing them for service by fitting role equipment, radios, guns etc. Various Naval Air Squadrons operated from here as well

as one of the first helicopter Search and Rescue units.

Most of the houses which make up main residential part of the village of (new) Anthorn were constructed in 1952 as Married Quarters for personnel of the Air Station.

The Air Station shut down in late 1957, decommissioned and put to "Care and Maintenance" in early 1958, subsequently the MOD/NATO VLF Radio installation commenced in 1961 becoming operational in 1964.

Since 2007 the National Physical Laboratory (MSF) Radio time pips have been transmitted from here.

Contributions of stories, photo's and/or memorabilia would be appreciated, especially from those who were based or worked at the Air Station (or their descendants). Fundraising events will start soon.

Project leader on behalf of the Anthorn Community Association is:

LtCdr H Parker MSc RN Rtd., Tel: 016973 51459, E: RNAS_Anthorn@sky.com

Watch Out for Scammers

Trading Standards have been alerted by a local company regarding the latest publishing scam aimed at businesses. The scam involves unsolicited telephone calls from a company claiming to represent a forthcoming Child Safety Campaign trying to create awareness among children about different aspects of danger for example Road Safety, Internet Safety, Stranger Danger, Bullying and many more. In return for support in the form of a cash donation to provide unique and valuable games to schools, hospitals and child activity projects, the company will put your business details onto the equipment and inform the schools and parents of who has helped the children.

The company offer different levels of support

that a business can choose from ranging from approximately £199 to £699.

The equipment may still be produced but will only be distributed to a very small number of people. If you receive such a call please follow this advice:-

Never agree to a contract over the telephone unless you are sure about legitimacy of the publisher you are dealing with?

Ask questions: How did they get your number, can you view examples of the equipment they are supplying?

Report any concerns to Trading Standards or the Police.

If you receive an invoice for equipment you have not funded, write back stating this to be the case. Seek advice before making any payment.

Please help stop the scammers by sharing this information and warning others. Report the scam to Trading Standards via the Citizens Advice Helpline on 03454 04 05 06 or Action Fraud www.actionfraud.police.uk, telephone 0300 123 2040.

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More Funding for Sports Availability in Allerdale

Allerdale Borough Council has pledged to get more adults to discover new sports as part of a Sport England-funded programme of activities.

Now in its third and final year, a series of new activities are being added to the programme taking place across the borough for those aged 14 and above who do not take part in regular exercise. Some lower impact sessions such as 'back to' football and rugby, walking football, family circuits, boccia and a multi sports social club are being held at different venues in Cockermouth, Wigton and Workington, to add to those already taking place in Silloth, Aspatria and Maryport, with more being planned throughout the year.

The funding helps to increase participation through reducing costs, with most sessions costing just £1, putting activities in areas where there was previously little provision and offering them at different times of the day.

Councillor Mark Fryer, Executive Member with responsibility for sports development, said: "I am passionate about sport myself, so I'm delighted that the funding from Sport England has had such a positive influence on the local community so far, and we will continue to encourage local people to participate in more physical activities. It is one of the Council's priorities to create healthier communities and provide access to quality leisure activities. We want to break down barriers to help people

in the borough to engage in more sports, and this project is a fantastic contribution towards achieving this."

Ian Thurlbeck, Relationship Manager at Sport England, added: "Sport England are pleased to have invested in the 'Make a Move' project which gives local people the chance to try a range of sport and physical activity opportunities. We know that being active makes a significant contribution to the health and well-being of residents and in their local communities. It's great to see the project continue its positive impact into a third year."

More activities will be made available throughout the year. For details of what is happening in your area, visit www.allerdale.gov.uk/sportsdevelopment. Alternatively, if you would like to develop some sport or exercise activity within your community then please contact the Council's Sports Development Officer on 0303 123 1702.

Since the funding was awarded to the Council, over 3,500 people have been introduced to new activities. The first Festival of Running in Workington was organised as part of the project with the aim of getting local people interested in running, with approximately 300 individuals taking part. The second one is due to take place on 2 July 2017.

It has also previously targeted women and girls to encourage them to get more physically active, and over 2,000 have been involved in projects including back to netball, PiYo and circuits.

Silloth Music & Beer Festival



What a fantastic start to the weekend on Thursday night with two great local bands.

First on are local pop youngsters BUYERS CLUB followed by our very own house band and top Maryport rockers AWOL.

The headliners are a highly rated seven piece tribute to the boss himself:



Bruce Springsteen. This is a band so good you will feel like you have had an audience with the man himself. This is surely a band not to be missed.

Beware Cold Callers



Cumbria Trading Standards have received reports of cold callers selling potentially unsafe mattresses door to door.

Consumers should be extremely cautious when approached by cold callers offering to sell goods or services. They can often

use persuasive or aggressive tactics to get you to purchase goods that you might not necessarily want or need.

Trading Standards advice is to always say 'NO' to any cold callers and to look out for elderly or vulnerable friends, family and neighbours.

Cumbria Trading Standards are warning residents to be on their guard, after local residents have reported that a company is cold calling offering to carry out paving or tarmac work.

Consumers should be extremely cautious when approached by any cold callers offering to conduct work on their property. These types of callers often use persuasive or aggressive tactics to get people to agree to have work carried out. The trader often charges high prices for poor quality work and substandard goods, which may not be discovered until some time after the

work has been completed.

In most cases there is a legal requirement for traders, who call at your home, to give a cooling off period of 14 days in which you have the right to cancel (there are some exceptions). Trading Standards advice is to always say 'NO' to any cold callers, shop around for quotes and consider using a local trader who has been recommended by others.

For advice on such issues or to report an incident call the Citizens Advice Consumer Helpline on 03454 04 05 06 or visit www.adviceguide.org.uk or you can contact the Police on 101.



Unibee

by Amber Hagan from Silloth Primary School

Silloth Tigers



Report by: Pete Irwin

Saturday saw the visit of mid-table Bolton to the Jim Brough Rugby Park.

After a good start to the season Bolton have dropped away in the last few games. Bolton kicked off on a dull but dry afternoon and after only six minutes their winger ran in a try. The conversion was missed (0-5). After 25 minutes of not too good rugby, Silloth started to dominate and Steven Stoddart went over for Silloth's first try. He then converted his own try (7-5). After 30 minutes, Silloth extended their lead when three Bolton players to score near the posts. Stoddart converted to make it 14-5. After 35 minutes, Silloth got a penalty which Stoddart duly put over to make the half time score 17-5.

Bolton's coach must have had some harsh words at half time because Bolton came out firing in the second

half and after five minutes reduced the arrears with a converted try to make the score 17-12. After 20 minutes Bolton were awarded a penalty which was dispatched to make the score 17-15. This seemed to stir Silloth into life because they then took over the game. On 30 minutes, Silloth scored a try from a maul which, I am reliably informed, had Joe Kirkup at the bottom. Stoddart again converted (24-15). On 32 minutes Kirkup was at it again when he burst through the centre to score near the posts. Stoddart again obliged to make it 31-15. After 35 minutes, Ritchie wrapped up a great afternoon of rugby for Silloth when he scored the final try. Stoddart again converted to make the final score Silloth 38, Bolton 15.

All of the Silloth 15 deserves a pat on the back but a special mention for Joe Smith for his encouragement and Joel Baker who improves with every game.

Abbeytown Bowls

Report by: Gladys Temple

Plumbland were the visitors at Abbeytown Indoor Bowling and were welcomed by Michael Faulkner, at half time the teams were equal.

A buffet supper was served and the Horse Game was played with the winners being Carol Jones, Helen Williamson, Joyce Wilson, Pam Taylor, Jean Glendinning, Malcolm Temple, and Jean Ward. The final was Plumbland 36 and Abbeytown 29.

Tony Dixon thanked Abbeytown for a friendly evening and lovely supper. Unfortunately the return match had to be postponed because of road works but has been rearranged for Tuesday 4th April at Plumbland Village Hall

The next match with Bolton Low Houses was also postponed but then Wigton were the visitors welcomed by Mike. A friendly was played and was enjoyed by all. The usual game of The Grand National followed a good supper with the winners being Tracey Bevan, Gladys Temple, Mike Ford, Mike Faulkner, Alan Litt, Pam Taylor and Mike Turner. Abbeytown got their revenge against Wigton and were the winners 38 to Wigton 27.

Anne Dalziel thanked everyone for a lovely supper and very friendly evening



Situations Vacant

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The Governing Body of Silloth Primary School & the Governing Body of Holm Cultram Abbey C of E Primary School wish to appoint an organised, enthusiastic and committed Clerk to provide administrative support and guidance on relevant procedural & statutory matters to both Governing Bodies, commencing 24th April 2017.

The successful candidate will:

- Have excellent communication skills, a good standard of literacy & excellent IT skills
- Assist with agenda planning
- Attend and minute committee meetings and full governor meetings, circulating accurate minutes in a timely manner
- Liaise regularly with the Chairs of Governors & the Head Teachers of both schools.
- Be available to work during the school day and evenings.
- Be flexible, reliable & discreet.
- Be available to attend training as and when required.

Both schools are committed to safeguarding the welfare of children and young people and expect all staff and volunteers to share this commitment. The successful candidate will be required to undertake an enhanced disclosure via the Disclosure & Barring Service (DBS) and provide two professional references.

Application forms and further details are available from Mrs J Hagan, Administration Manager via email: admin@silloth.cumbria.sch.uk

Closing date: Noon Friday 24th March.

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Silloth Seagulls are Storming On



Report by Colin Baty
Photos are from Silloth v Penrith

Here is the latest round up of matches played by Silloth A.F.C.

On 28th January Silloth played League champions and current leaders Workington Athletic at home in the League, this would be a severe test to see how far Silloth have come this season and they didn't disappoint! In a pulsating game the Seagulls produced a stunning performance winning 4-1 with goals from Andrew Trestianu, Stuart Johnson, Kieran Little and Andy Hardman with the man of the match being Shaun Clark.

Then on 11th February we went to Gillford Park, Carlisle to play Carlisle City Reserves in the league, hoping to avenge defeat at home earlier in the season

and the guys put in another superb performance on a badly churned up pitch. Silloth winning 4-1 again - goals coming from Adam Carr, Ellis Gardhouse, Shaun Clark and Calum Casson. Man of the Match was Andrew Trestianu. The squad showing how versatile it is with numerous different goal scorers! Silloth by now go into second in the League, the highest they've been all season.

Next game was an away fixture in the League at Netherhall, the weather conditions were extremely windy and the pitch was badly cut up and Silloth weren't able to cope against the wind in the first half but went onto 3-1 with Andy Hardman scoring and Lewis Little being Man of the

Match.

Next up on 25th February was the County cup Q/F at home versus Penrith. Which was played when Storm Doris was on. Silloth produced a superb performance and Andy Hardman opened the scoring in the first half and played absolutely brilliantly, unfortunately Penrith scored in the last minute with the help of poor officiating - a regular theme throughout the game. And so it remained 1-1 after extra time. Silloth eventually losing 6-5 on penalties in a never to be forgotten day, spurred on by a big crowd. The photos are all from this game and Stuart Johnson was Man of the

Match - but I could've given it to ten other players too.

And so we dusted ourselves off and played Workington Athletic in the Q/F of the Benevolent Cup at home on 4th March. In another superb game Silloth won 4-3 with goals coming from Andrew Trestianu 2, own goal and one from Andy "Lazarus" Hinde to book a third semi final for Silloth this season. Man of the Match was Carl Lightfoot.

The last one at the time of press was on 11th March away to Workington Athletic in the semi final of the Conway Cup. Silloth's preparations were thrown into turmoil with a missing player and on the day weren't



Silloth U10's were excellent Ball Boys on the day

Girls Golf Rocks

Silloth Golf Club are delighted to announce that Silloth has been selected to be a host club for the Girls Golf Rocks scheme.

The scheme is being led by the Golf Foundation and supported by England Golf and Active Cumbria.



The aim of this is to encourage more girls to learn how to play golf. The message is that golf is a fun and sociable game, with health

benefits and a competitive edge. Silloth has been selected as one of only four clubs in Cumbria to host this scheme.

On Sunday 30th April from 1pm - 4pm the club will stage taster sessions for any girls aged between 5 and 18. For these taster sessions all equipment will be provided and all you need to do is come down to the golf club and have a go. Following this taster day there will be an opportunity to sign up to have girls only group coaching with our teaching professional Bev New.

The Cumbria county girls squad will also act as mentors for the scheme and will be involved in the sessions too.

This is an excellent opportunity to learn to play a wonderful sport. A sport that teaches you vital life skills like dedication, honesty and respect. A sport that you can play for life and meet new people and friends.

For more details please contact Bev New: bev.new@aol.co.uk 07549 701243, or Silloth on Solway Golf Club: office@sillothgolfclub.co.uk, Tel: 016973 31304

able to produce a good performance against a team that is used to playing on an artificial surface. Silloth lost 1-0. Man of the Match was Nico Watt with an incredible performance between the sticks!

At the time of press, Silloth are third in the League with two games in hand on first and second and are in two Semi Finals. So there is everything to play for. Home fixtures scheduled at the moment (but subject to change) are: 8th April to Mirehouse, 15th April Netherhall and 19th April to Aspatria.

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