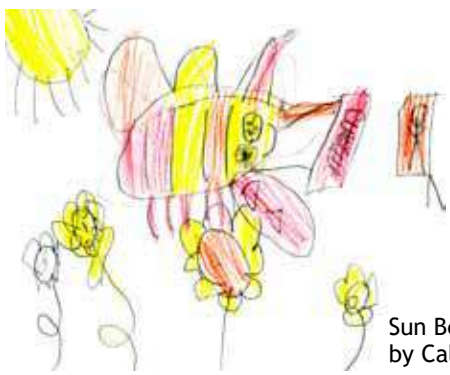




Sun Bee
by Callum Timperon from Holm Cultram Abbey School

Solway Buzz

www.solwaybuzz.co.uk

September 2016

local news - for you - by you - about you - free to you - local news

FREE PAPER

Issue 148

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Congratulate Bob



Abbeytown Carnival is Small but Mighty



See the full story on pages 8 and 9

2016 Events

26th to 28th August
Solfest

29th August
Silloth Carnival

4th September
Food & Craft Fair

6th September
Free Entry Live Music

7th September
Childrens Free Film Show

8th to 11th September
Music & Beer Festival

22nd October
Silloth Bonfire

Green Flag awarded to Silloth Green



For the fourth year running Silloth Green has gained the coveted Green Flag Award.

Silloth Green in Silloth-on-Solway, Cumbria is one of the very best in the UK – and that's official!

Councillor Bill Jefferson, Chair of Silloth-on-Solway Town Council's Parks Committee said "We are absolutely delighted to receive a Green Flag Award for the fourth time running and this is already paving the way for the two high

profile RHS visits to us. The Cumbria in Bloom judges have already visited us on 14 July and whilst we still await their final report, it is clear that they have been delighted to find further progress. It is widely known that this year, Silloth has been nominated by the RHS to the national short list of finalists in the small coastal town category. The national judges visited us on 4th August and final preparations are underway by the Silloth in Bloom community group, to ensure

the best possible outcome."

Regular events, organised by volunteers, are held on the Green annually, including Silloth Green Day, Silloth Vintage Rally, Silloth Carnival and the Silloth Music and Beer Festival. A weekly Thursday market is also held along the edge of the Green, along Criffell Street.

General information and more details about events can be found on the Silloth Green website at www.sillothgreen.co.uk.

Soldiers in Silloth

Toy Soldiers
Fantastic for
Families!

Open: Tues-Sun

Admission: Under 16 - £1. Adults - £2

Family ticket (2 adults 2 children) - £5

Criffell St, Silloth, CA7 4BZ

www.soldiersinsilloth.co.uk

Happy Birthday Billy



Billy Fearon was 80 on 10th August and all his family want to send him their love and there are lots of them. So Billy, here are lots of love from Moira and Thomas, your six children and their wives and husbands, your nineteen grandchildren and thirteen great grandchildren. Phew!



Jackens Bee
by
Reece Carr
from Holm Cultram Abbey School

Protect Yourself from Doorstep Scams

Cumbria Trading Standards are focussing on doorstep scams. Doorstep scams are still a big problem, they account for 13% of all scams and often target vulnerable members of public. Doorstep scams can take many forms, including:

- pressure selling
- unfair contracts
- overpriced or substandard home maintenance or improvements
- phoney consumer surveys

bogus charity collections.

Protect yourself from doorstep crime, if you're not sure don't open the door.

Help the vulnerable to stay safe and follow our top tips to take a stand against doorstep crime.

Use a door chain to check who's calling

Don't trade on the doorstep

Ask a trusted friend or family member for advice on reputable traders

Always report any suspicious activity

Remember if you're not sure, get advice from the Citizens Advice Consumer Service on 03454 04 05 06 or visit www.adviceguide.org.uk

Follow us on Twitter at [www.twitter.com/cumbriats](https://twitter.com/cumbriats) or join us on Facebook for up to date information on reports and all the latest scams at www.facebook.com/cumbriats.

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Get Online for FREE in Silloth Library

Go online for free at your local library

You can now go online for free at your local library in Cumbria, where free access to both computers and the internet is now available.

Cumbria County Council has introduced free Wi-Fi at libraries in Cumbria and is now rolling out free access to computers across the county's library network.

Visitors to libraries in Cumbria can now use public computers free of charge for up to two hours each day and library staff will also help people brush up their IT skills.

Public computers in libraries can be used for a variety of purposes, from searching for jobs, online banking and tracing family trees, to developing IT skills such as word processing, creating spreadsheets, presentations and database applications.

A number of county council services can also be accessed online, including applying for a school place, reporting a highway fault, booking an appointment with a registrar and applying for a blue badge.

Councillor Ian Stewart, Cumbria County Council Cabinet member responsible for Community Services, said: "Libraries in Cumbria are not just about books, they are community hubs offering all sorts of services and activities. I'm delighted our

libraries are now providing free access to computers and the internet, which will especially help people who don't have a laptop or PC at home.

"So much is done online in this digital age, whether it's searching and applying for jobs, research for school homework or just keeping in touch with family and friends through social media. This valuable free service in our libraries will give more people in Cumbria the opportunity to make the most of the internet. You don't need to be a computer whizz either - staff in our libraries offer training and support, like at Barrow library which has won an award for digital excellence."

Free access to PC's and the internet is already benefiting library users across the county.

In Allerdale, there has been a 25% increase in the usage of library PC's since the introduction of two hours free use. At peak times, all sixteen PC's are now used by library customers.

Community Education uses the PC's in Workington Library to run courses to upskill people referred from the Job Centre. On completing the course many of the attendees continue to use the library PC's for job

Causewayhead WI

Report by: Pat Froggatt

President Margaret Durham, welcomed members and guests to their monthly meeting on Wednesday 13th July which was held at St. Andrews Hall, Silloth. She then introduced our speaker for the evening, Gillian Harris who gave a talk and demonstration on 'Bread Making around the World.'

She began by going through basic recipes for bread making. Her first loaf was English and she explained the process as she was making it. She also made bread containing olives and a range of other breads including Jewish bread and Soda bread. She also had a number of other breads from various parts



of Europe which she had made earlier. As you can imagine the smell in the hall was delicious and certainly tempted everyone's appetites. Following the process and listening to the explanation of all these recipes was a fascinating experience, and her expertise at making the bread was breathtaking. There were many questions for her to answer - too numerous to mention. We were lucky that we were able to partake of samples after the demonstration. Thank you Gillian, it was a superb evening.

A vote of thanks was given by Pat Bell.

A supper had been prepared by members of the Committee which was enjoyed by all. General business followed after the supper.

Competitions:

A Jam Pot: 1st Pat Froggatt; 2nd Frances Jackson

Flower: 1st and 2nd Mona Kent

Wild Flower: 1st Jean Graham, 2nd Pat Froggatt

Visitors: A Jam Pot: 1st Doreen Hooking, 2nd Brenda Powell

Flower: 1st Shirley Wilson, 2nd Hazel Jepison.

Silloth Group Medical Practice

OPENING TIMES: 8am – 6:30pm
Tel No: 016973 31309 Fax No: 016973 32834

DON'T BE LEFT OUT OF THE 2016 FLU CAMPAIGN!!

If you are over 65 years of age or suffer from one of the following:

- Chronic respiratory disease, including asthma (requiring continuous or repeated use of inhaled or systemic steroids)
- ie prescription of certain steroids within 6 months.
- Asthma with previous exacerbations requiring hospital admissions in the last 12 months,
- Chronic heart disease,
- Chronic kidney disease,
- Chronic liver disease,
- Diabetes,
- Pregnant,
- Have had a stroke or a TIA,
- Suffer from MS or other diseases of the central nervous system.

A carer for the elderly or disabled, or a patient in a long stay residential home.

Immunosuppression.

You are invited to attend either the surgery or one of the following clinics being held at:

- Silloth Church Hall—Monday 3rd October 9am to 12pm
- Silloth Surgery—Friday 7th October 9am to 12pm
- Abbaytown Village Hall—Monday 10th October 10am to 12pm
- Silloth Surgery—Friday 21st October 9am to 12pm

NO APPOINTMENTS REQUIRED

Please let us know if you require a home visit for your vaccination (even if we visited you last year)

If you are over 65 also ask about having a pneumococcal vaccination at the same time

Please note that we are unable to give the flu vaccination to anyone who does not meet the above criteria.

SURGERY CLOSED ON:

Please note that the surgery will close from 1pm on the following dates for staff educational training.

- Thursday 22nd September
- Wednesday 19th October
- Thursday 24th November

111 will take all Emergency calls

PATIENT ACCESS TO MEDICAL RECORDS

We are able to offer on line booking/cancellation of appointments with a GP, requesting a repeat prescription for any medication you take regularly and accessing summary information such as allergies and adverse reactions.

If you wish to use our on line service please ask at reception who will give you the necessary paperwork to register

MINOR AILMENT SERVICE

Our local pharmacy runs a "Minor Ailment Scheme". They will give advice on a range of minor health problems such as digestive disorders, mouth and eye problems, skin allergies, nasal/cough/congestion, infections and much more....

If you do NOT normally pay a prescription charge the pharmacy is able to provide you with advice and/or medicines for minor conditions **FREE** of charge

AN IMPORTANT NOTICE REGARDING PARACETAMOL

This year 22 million prescriptions for Paracetamol were written at a cost to the tax payer of over 80 million pounds at an average cost of £3.67 per prescription. Paracetamols can be bought at nearly any supermarket for as little as 16p a packet. This practice will no longer routinely prescribe Paracetamol tablets.

Other items such as antihistamine, heartburn and indigestion medication and cold and cough remedies can be bought over the counter at your local pharmacy for a fraction of what it would cost to write a prescription.

Nominate Your Sporting Heroes

The Allerdale Sports Awards are back for the fifth year running – and it's time for the public to nominate their own local sporting heroes.

Allerdale Borough Council is coordinating the awards and all nominations must be in by midnight on 19th September 2016.

Olympic distance runner and world medal winner, Jenny Meadows, will be the special guest at the event, which will be held on 21st October 2016 at the Wave Centre in Maryport. The awards are also bigger than ever with a new junior and senior category for the Team of the Year.

To nominate your sporting hero go to the Active Cumbria website at www.activecumbria.org/developing-sport/events/allerdale-sports-awards/. Forms can also be obtained by calling the sport, arts and

leisure team at Allerdale Borough Council on 01900 702 711.

Mark Fryer, Deputy Leader who has responsibility for sports development, said: "This is a really big year for sport in Allerdale and the Sports Awards are bigger and better than ever. They are a great way to honour all those who day in, day out, put in the time and effort to succeed. I would encourage everyone to get their nominations now."

The Allerdale Sports Awards celebrate local sporting heroes and recognise their achievements. The awards have proved a tremendous success, and have a place in the Allerdale sporting calendar among the area's clubs and athletes.

The awards have grown over the years to become a great way to recognise and pay tribute to local athletes,

as well as acknowledging the support of parents, local clubs and the community in general. They wouldn't be possible without the help of the many sponsors which include Active Cumbria, Wright Sports Services, Proactive Physical Health, Lakes College, Greenwich Leisure Limited, DA Harrison and John Hoban Transport.

The awards were inspired by the London 2012 Olympics and this year Allerdale has very much become the centre of local and national sporting initiatives. The Council will soon be opening the new sports centre and swimming pool in Workington. Meanwhile the Tour of Britain returns to the area, the New Zealand rugby team arrives in Workington for the Four Nations and Keswick saw the first Ironman distance triathlon.

Reflections of a New RNLI Volunteer



Report by: Jennifer Bailey

Another day in the life of a newbie RNLI Volunteer.

How many places could you work with such a stunning view as this all around you. The sea, restless with white horses rolling in, started flat and calm, but as the sun decided to hide and the sky clouded over, the wind became chilly and quite

strong.

The Lifeboat was out on a training exercise when I arrived for my shift and I scanned the rolling sea to spot them, but they were out of sight for the time being. Customers took our attention as Maggie and I served them and by the time I had chance to look again, the Lifeboat was out of the water and the crew

were busily washing it down prior to guiding it back into the boathouse, ready for whatever may be the next reason to launch, under the ever watchful eye of the parrot!

These training exercises happen frequently, as the crew keep up their life saving skills and train new recruits in the ways of the sea and the necessary procedures.

John Peel Theatre Review

Review by: Jennifer Bailey

This small theatre was well attended for the presentations performed by members of the company.

The first play "Corporal Joe", written by Dennis Graham was mainly set in a trench in WWI with very realistic sound effects and, at times extremely emotional scenes. Particularly a scene depicting Corporal Joe writing home and reading a letter from his loved one, his tears seemed real and mine definitely were. During these scenes, songs were sung by Catherine and Hayden Dunstan, very powerful voices and tender, heart



wrenching songs.

The interval was filled with songs of the time played on the piano by Rosalie Paver who continued the atmospheric feel of the whole evening. The writer of "Corporal Joe" - Dennis Graham is a member of The Wigton Creative Writing

Group.

The second offering of the evening was "The Last Post" by Stephen Wood and again, was an emotional depiction of two people, a soldier from WWI and a young woman soldier from the present day. As they talked, it became clear that the last post was not what everyone thought it to be and indeed a completely different meaning was brought to the conclusion of this play.

The only two characters in the play brought to their performance, humour, pathos and, in the end, an emotional realisation of how their lives had been irrevocably intertwined. They owned the stage.

Fraudsters Selling Drones

Online shopping websites are being utilised by fraudsters to advertise nonexistent drones of various specifications for competitive prices.

Drones are personal flying devices that often carry cameras and can be navigated remotely by smartphones or hand-held controllers. Fraudsters are capitalising on their recent popularity and advertising non-existent drones at a lower value than their recommended retail price to tempt buyers.

After victims agree to purchase the drone, the

fraudsters request payment to be paid via bank transfer saying that it will quicken the delivery process. After transferring the money the buyers never receive the drone and the fraudster blocks the victim to prevent further conversation.

How to protect yourself:

Check the validity of the post.

Avoid paying by bank transfer and instead use an online payment option such as PayPal, which helps to

protect you.

Check feedback online by searching the associated phone numbers or email addresses of the seller. Feedback will give you useful information about recent transactions other buyers may have made.

If the item is below market value consider whether this is an opportunity too good to be true.

If you have been affected by this, or any other scam, report it to Action Fraud by calling 0300 123 2040, or visiting www.actionfraud.police.uk



Stalls Available at Food & Craft Fair

Silloth Festivals are holding their first Food and Craft Fair in a giant marquee on Silloth Green on Sunday 4th September from 9am to 5pm.

This new venture will be showcasing local goods and food. There will be butchers, bakers, candlestickmakers, prosecco, real ales, flour, fruit and vegetables, jams, cheeses, woodcarving, kids games, a fun fair, donkey rides and much more.

If you are interested in booking a stall get in touch with Steve by email on: sidhart1@hotmail.co.uk.

Free Entry to Music by Local Bands in the Beerfest Marquee

Band Night organised by Silloth Festivals promoting local talent from 6:30pm to 9:30pm, with free entry to all, especially under 18's in the Marquee on Silloth Green on 6th September, soft drinks and food available.

The bands line-up will be announced later.

Local bands wanting to participate should get in touch with Steve by email on: sidhart1@hotmail.co.uk.

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School Visit



Report by: Jennifer Bailey

On the 8th July reception years 1 - 10 of the Skelton School in Penrith arrived in Silloth under the care of Mrs Rudd, Mrs Holme, Miss Dobinson, Miss Holme, Miss Coward and Miss Peile. There were 38 children seated in Silloth Cafe all enjoying their lunch of fish and chips prior to a trip around the town to investigate the delights of a Victorian Seaside Town,

which was the topic they were studying and the reason for their choice of a trip to Silloth. All the children were extremely well behaved as they ate their delicious food, talking quietly to each other and filing out of the cafe in a very orderly way when asked by their teachers. It was a pleasure to be in their company and to see how they were enjoying our town.

Silloth Station Sign



Following on from last months story about the Silloth Station Sign being in a railway museum in Phoenix, Arizona, here is an old photograph showing the sign at the entrance to Silloth Station. There were some comments on facebook implying that anyone could have made the sign for themselves, but this shows it looks exactly like the original, so probably is!

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Silloth, CA7 5BZ **Tel: 016973 32529**

A Buzz Eye View of Newton Arlosh



Newton Arlosh and Grune Point
Photo by: James Smith Photography
www.jamesmithphotography.com

Beware Courier Fraud

People selling their items on online platforms are falling victim to a new type of advance fee fraud. This involves a fraudster, posing as a buyer, sending an email to the seller (victim), agreeing to the full asking price of the item. They state that they are unable to collect the item themselves and will arrange for a courier to pick it up instead. The fraudster then sends a fake payment confirmation email from a different email address, one which falsely purports to be from a payment platform. In the course of the email exchange, the seller/victim is requested to pay the courier fee. Once the payment is made the contact is broken, the item is not picked up and the money paid for the ‘courier’ is gone. An example of recent emails received by the victim/seller, from the ‘Buyer,’ read: “I want you to consider this a deal as i am willing to pay your full asking price! i actually want to buy it for a family member who is urgently in need of it, i have checked through your posting and i’m fully satisfied with it. Unfortunately, i would not be able to come personally to view/collect, i work offshore as an instructor on a oil rig so i dont have time at all, but like i said i am 100% OK with the advert”

Protect Yourself:
Be wary when buyers wish to purchase items at the full asking price without viewing them. Check the validity of the payment receipt confirmation Avoid paying an advanced fee if you are a seller; should you choose to use a courier, arrange your own. Check feedback online by searching the associated phone numbers or email addresses of the seller/buyer. Feedback will give you useful information about recent transactions other buyers/sellers have made. If you, or anyone you know, have been affected by this fraud or any other scam, report it to Action Fraud by calling 0300 123 2040 or visiting www.actionfraud.police.uk.



Flower Bee
by Charlotte Mitchell from Holm Cultram Abbey School

D.A. Harrison

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Report by: Geoff Betsworth

Despite some particularly nasty weather, those who took part in the annual "Silloth Rotary Open Golf Tournament" thoroughly enjoyed the day. As on previous occasions, participants travelled from far and wide to take advantage of the notoriously challenging course here in Silloth.

Putting in a consistently good performance, the winners of the 2016 event were also last year's winners, J Henderson and S Robertson from Lochmaben. There was a hole in one by Peter English at the 12th hole and a 2 at the 11th, which is a par 4. Our sincere thanks go to the Golf Club for holding this event for us and it is always sold out as soon as the date is published. The (Rotary) Club is particularly indebted to Margaret English and the golf club helpers yet again, for all the hard work in sorting out the prizes prior to the event and then preparing the prize table and checking the score cards on the day. Thanks to the hard work of the green keepers and as is usually the case, several of the competitors commented on the outstanding quality of the greens. Importantly we would like to thank the starter for the day, Ray Lowry, whose job was made

more difficult by the fact that some of the teams pulled out at the last minute (presumably spooked by a bit of adverse weather). Ray did a sterling job of keeping the teams in order and setting them off in a punctual and orderly manner.

Club President John Cook has lost a considerable amount of weight over the past few months and with his newly found shape, sudden surge in fitness levels, and a moment of madness, he put his name down to take part in the sponsored Rotary "Ride For Prostate Cancer 2016". He also suggested to Denise Broughton Fell at Slimming World, that she might like to involve some of her other members in the event. So on 17th July, President John and Rotarians Geoff Betsworth and Chris Puxley, were joined by Denise, Pam Sewell, Karen Graham and

Karen and Peter Groucott for their fundraising "Tour of Anthon Island". David Beattie was unable to make that particular date however, witnessed by President John, he completed the 16 mile ride the day before. The riders were supported by Owen Martin, Tom Osowski, Sharon Weightman, Alistair Cook and Whinston Broughton. Silloth's drone photographer Jim Smith managed to capture some footage which may be viewed on a YouTube link from www.sillothrotary.org.uk. The event raised over £1,000 for Prostate Cancer UK and President John and the members of Silloth Rotary would like to thank all those who contributed towards this fantastic achievement, whether by treading the pedals, sponsoring the riders or being a part of the support team.



Silloth-on-Solway Rotary Club News



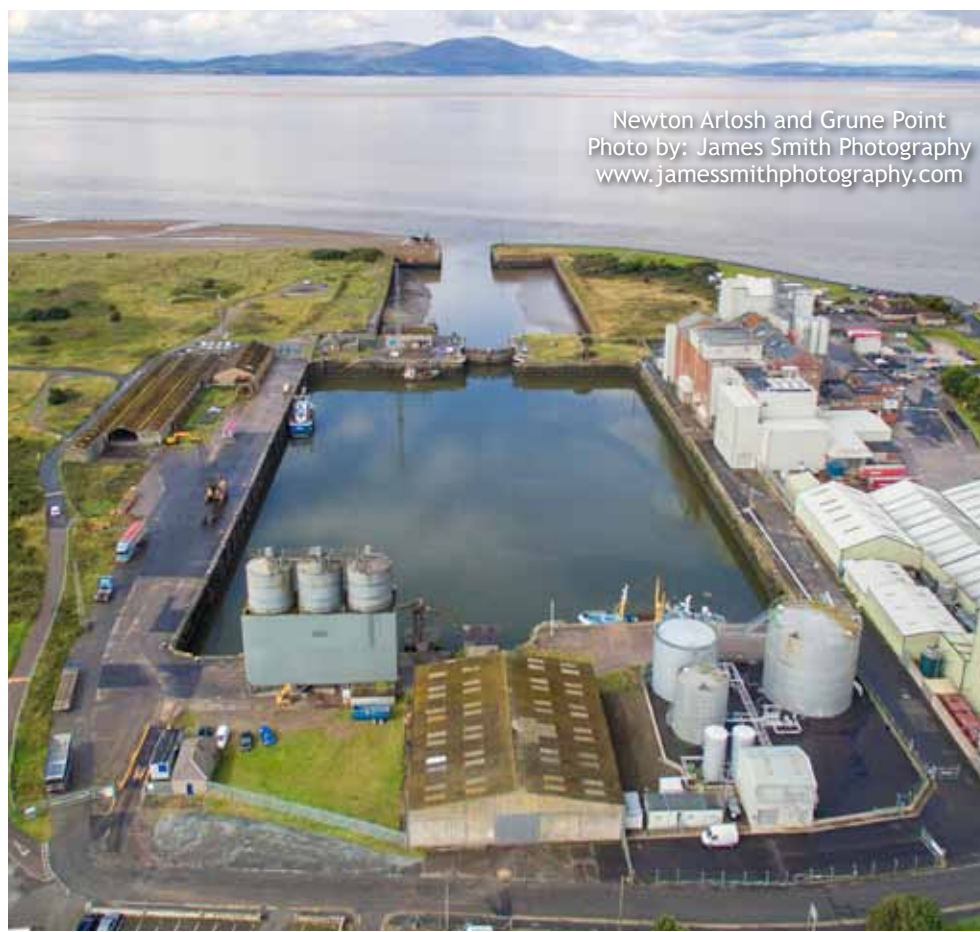
Above: the total raised on the ride was a fantastic £1,092

Below: the start of the Ride for Prostate Cancer

Left: some of the prizes at the Open Golf Tournament



Buzz Eye View of Silloth Dock



Newton Arlosh and Grune Point
Photo by: James Smith Photography
www.jamesmithphotography.com

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Garden Raises £393 for Silloth Lifeboat Crew



Report by: Margaret English

On Sunday 31st July Lynn and Jeff Downham opened up their garden at Blitterlees to support the RNLI.

The day was cloudy and warmed up in the afternoon. 53 people enjoyed the beautiful gardens which look stunning this year. The colours blend so well together, as one wanders from one area to the next with vegetables appearing among the flower beds. Geoff looks after the garden without help and does a wonderful job to keep it all looking so tidy and well loved.

Tea was a treat with delicious cakes served and made by Lynn and her family. The RNLI stall, Treasure Hunt and Tombola were very popular. Joan Wilson won a water colour print of Silloth which had been given by a Kay Ritchie. Maggie Bell won the voucher that was kindly donated by the Gincase. The total amount raised was £393.

Our grateful thanks go to the Downhams and their family who worked so hard on the day and beforehand. Many thanks to John Cook and his crew for supplying and erecting the marquee to provide shelter from our unpredictable weather! Thanks to Eddie our Life Boat Station Operations Manager who is always ready to help with transporting vital equipment to the venue. It was a great day and thoroughly enjoyed by all who joined us. Thank you everyone.



Lynn Downham presenting the picture donated by Kay Ritchie to John Wilson

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£23,232 Raised for Charity!



David Allen announces 'Charity of the Year' grand total for two local hospices

David Allen, a local accountancy and business services firm, launched their charity partnership with Eden Valley Hospice and Hospice at Home Carlisle and North Lakeland in August 2015 to help generate funds to provide care to people who suffer from life limiting illnesses.

The partnership, was launched with the aim to raise £10,000 over the 12 months - the biggest donation ever to be made by the firm. Following a Charity Diamond Ball to end the year of fundraising activities last month the team at David Allen are delighted to announce the grand total raised of £23,232.

David Allen, Managing Partner at the firm said: "As a well-known, reputable employer across Cumbria, I recognise the importance of giving something back to the communities in which we live and work and as such I am proud that our Charity of the Year initiative has generated such a fantastic amount of money for both charities to benefit from.

Money raised by the partnership will help fund the following initiatives:

Provide 24/7 care to those with life-limiting and terminal illnesses in Cumbria, 365 days a year.

Support patients and their families and carers at what can be a very difficult

time in their lives, ensuring they don't have to do it alone.

Provide activities for adults and children across Cumbria with life limiting illnesses.

Ensure the provision of registered nurses, health care assistants, assistant practitioners and other health care professionals.

Go some way to raising the combined £4 million+ that the two hospices need to raise each year in order to provide the care their patients need.

Julie Blundell, Fundraising and Marketing Manager at Hospice at Home said: "It has been an absolute pleasure working with the David Allen team. The great funds raised are extremely important for Hospice at Home, especially as patient referrals during 2015-2016 increased by 14%. This added to the 28% increase seen in the previous year equates to a massive rise in referrals over the last 2 years. Such an increase puts great strain on our resources so funds such as this are especially important. We hope the wonderful relationship we have built will be lasting and we truly thank all at David Allen for their generosity, effort and enthusiasm. We feel very privileged to have such a wonderful supporter's onboard.

Natalie Bingham, Corporate Fundraiser at Eden Valley Hospice and Jigsaw, Cumbria's Children's Hospice said: "We are

absolutely delighted with the amount of money raised by the team at David Allen. Their fundraising activities have been varied and fun and it's been wonderful to see the whole team get so involved. The passion and enthusiasm shown by everybody is admirable and they have been an absolute pleasure to work alongside. The money raised will make a real difference to the patients that we care for, here at Eden Valley Hospice."

Each year David Allen will work with a nominated local charity in order to give something back to the local area, and help boost funding for these much valued services. To learn more about the Charity of the Year initiative, to make a donation, or to apply to be next year's chosen charity visit www.david-allen.co.uk/about-us/community or call 01228 711888.

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Silloth in Bloom Judges Visit

Report by: Anna Malina

Britain in Bloom judges, Mark Wasilewski and Keith Jackson visited Silloth on 4th August, 2016 to judge 'Silloth in Bloom'. The town has been nominated as a finalist in Britain in Bloom's 'Small Coastal Town' category and has been preparing for the visit for some months.

The Judges were taken first to the Silloth Green Community Garden, where they met volunteer, Anne Winter, who routinely cares for the Garden.

Next came a visit to the Rotary Club Tree, where Fausto Previtali explained the background to the tree and talked about the blooms planted around it.

After viewing the Story Telling Chair, main interpretation signage and the Wishing Well, the judges met Vivian Russell, who described the ideas behind the new bedding plants on Criffel Street.

The judges moved on to view the Mosaic planting. The mosaic was made by youngsters from the local school to celebrate the Millennium.

Next came a visit to the War Memorial and the Children's planting at Christ Church.

Then, Mark and Keith had a quick look at Mrs Wilson's and the hanging baskets, also a few residential gardens close to Christ Church.

The judges then passed the rare Monkey Puzzle trees at St Andrew's Church, Silloth, and made their way to the Discovery Centre Garden, outside the Area of Outstanding Natural Beauty (AONB) base, where



L-R: Cllr. Bill Jefferson, Chair of Silloth in Bloom; Mayor Tony Markley and Britain in Bloom judges, Keith Jackson and Mark Wasilewski.

they chatted to the Women's Institute Ladies who routinely care for the garden.

After passing the gardens at the Good Companions Care Home, the BMX Track, the Recycling Area and the Town Council Maintenance Yard, the judges made their way to the Heritage Rose and Bee Garden, where they spoke at length to volunteer, Vivian Russell.

The judges spent some time reading the information on the Lecterns, one of which is placed at each end of the entrance to the Heritage Rose and Bee Garden. The

layout, the plants used and the insects attracted to the garden are all described in detail, so providing visitors with the information needed to plant their own gardens for pollinators.

After spending a considerable amount of time in the Bee Garden, the judges made their way to the Victorian Pagoda on Silloth Green, noting the directional heritage panels above the viewing windows and the panoramic view over the Solway Firth to Dumfries in Scotland.

After walking past

the Splash pad, the judges admired the Adventure Play area enjoyed by local children and visitors. The natural areas and pine plantations around the play areas were highlighted.

After a little more than the planned 2½ hour tour, the judges returned to meet volunteers and have a well deserved lunch at the Golf Hotel.

The Britain in Bloom Awards Ceremony will take place in Birmingham on 14th October, 2016, at which time the competition winners will be announced.

60th Wedding Anniversary



Congratulations to Sheila & Gus Nichol, who celebrated their 60th wedding anniversary at Pennine View. They were married on June 23rd 1956 at Greenlaw, Berwickshire.

Sheila & Gus laid on a grand party for their friends and family. A big thank you to them both for inviting us to celebrate with them on their special day, everyone had a great time.

Music & Beer Festival Events in the Marquee

Sunday 4th September

Food & Craft Fair from 9am to 5pm with Free Entry
Sponsored by Silloth Town Council & SOS Charity Shop
see advert

Tuesday 6th September

Four Live Bands to enjoy from 6:30pm Free Entry
Sponsored by Silloth Town Council & SOS Charity Shop
see advert

Wednesday 7th September

Children's Film Show with seating for 300 people
Charlie & the Chocolate Factory
from 6pm to 8pm Free Entry
Sponsored by Silloth Town Council & SOS Charity Shop
see advert

Thursday to Sunday 8th to 11th September

Silloth Music & Beer Festival
see advert

Silloth Music & Beer Festival tickets are selling well, get yours now before they are sold out. Accommodation and ticket packages are still available at Stanwix Holiday Park (016973 32666) and at Solway Holiday Village (016973 31236)

Tom is Ninety Years Young



Congratulations to Tom Wood, who celebrated his 90th birthday.

Tom was born on the 8th July 1926, a party was held with all his friends at Pennine View, Tom will be continuing to party as he has several other parties planned.

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ericstanwixjr1@btinternet.com

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Abbeytown Carnival 30th July 2016

Special thanks to Emma Bennett for organising the report and photographs

Despite the parade being quieter than usual because of various other events happening in Cumbria, the crowds still came out to see the carnival and join the free family fun day.

As usual we had entertainment from Eric Stanwix Jr, free face painting by Helen Sharp and Stephanie Baxter (which is always popular), bouncy castles, sports day, egg throw, tug of war, and the addition of the army assault course and archery this year. Refreshments were provided for a small charge by the village Parish church committee, who worked extremely hard all day. Winners of the parade are as follows:

- Best overall float -
1st Euro 2016
2nd The maleficant carnival queen
3rd SMASH.
- Best village float -
1st Euro 2016
2nd Carnival Queen
3rd Retiring Queen.
- Best visiting float - SMASH
Best overall pedestrian -
1st Yogi Bear and Boo Boo
2nd Pinnocchio
Best pedestrian over 16 years -
1st grandpa Ken & grandma Barbie
2nd Sponge Bob, Patrick and crab
3rd Septic leg
Best pedestrian 5-11 years -
1st fairies and unicorn
2nd Cruella Deville
3rd Queen of hearts.
- Best pedestrian junior -
1st Pinnocchio
2nd Green Alien
3rd Bat Girl
- Best pedestrian under 5 years -
1st Yogi Bear
2nd Sleeping beauty
3rd The hatching egg
Highly commended -
Minnie Mouse, footballer Finn, Superman, Princess Sophia.
- Spirit of the carnival - SMASH
Junior spirit of the carnival -
Yogi Bear and Boo Boo
Most humorous -
grandpa Ken and grandma Barbie
Best dressed house -
Laura Sim and the Emoji house.
- The sports day had lots of participants as usual all fighting for prize money, and the tug of war saw



the girls beat the boys several times!

The annual egg throw was won by Alfie Bennett and Andrew Simpson, after some eggstradiary bouncing, non breakable eggs being thrown.

Once again a really good year.

The carnival committee would like to thank the residents of Abbeytown and the surrounding

areas for supporting the event, because without them this event would not go ahead. We hope to see everyone next year on the 29th July 2017 to do it all again.

Special thanks to those who help on the day and through out the year fundraising, because without them, again this wouldn't happen. Thank you to all the judges that return every year, thank you to Graham and Caroline Little for looking after the carnival queen helpers, and to Tony Markley for the use of his car for our retiring queen.




Sue Hayman MP for Workington constituency
is holding a coffee morning
Silloth Community Hall
Saturday 3rd September 2016,
10am-12pm
If you have any issues you would like to talk to Sue about or would just like to meet her.

Four Live Bands and Free Entry
in the Giant Marquee
on Silloth Green
Tuesday 6th September
from 6:30pm



One of these Bands will be at the Beer Festival

Enjoy a Great Free Night Out

Silloth Festivals Ltd Presents Two Fantastic Free Events

Silloth Food & Craft Fair
Sunday 4th September
from 9am to 5pm
in a Giant Marquee
on Silloth Green

Fun Fair Donkeys & More

To book a stall
contact S Hart on 016973 32706
or email: sidhart1@hotmail.co.uk
or june@hayton74.freemove.co.uk

FREE ENTRY
Childrens Giant Screen Film Show
Wednesday 7th September
from 6pm to 8pm
in a Giant Marquee
on Silloth Green

CHARLIE AND THE CHOCOLATE FACTORY
A TIM BURTON FILM



Holme Cultram Mothers Union

Day Trip to
Garrion Bridges Garden &
Antique Centre &
Silver Birch Garden Centre

On Saturday 15th October 2016

Leaving - Silloth, Community Centre at 8.00am
Abbeytown, Harrison's Store at 8.15am,
Wigton, St Mary's Church at 8.30am
(Times are approximate)

Names and £10 deposit please to
Brenda Sim 016973 61224 or
Anita Norman 016973 61113

Copy Date ➡

Copy date for the
Oct/Nov issue is:
1st Sept 2016

If your organisation has an event to promote or you have something to say, please note the next copy date.

Please let us know of any changes within this section

Doors Open Lunch

'Our Doors Open' meets in St Andrews Church every Tuesday from noon to 1pm for a light lunch with good fellowship for a donation only.

First Responders

Silloth Community First Responders train on the first and third Tuesday of every month in Silloth Community Centre at 7pm.

NatWest Mobile

The NatWest mobile van will be outside Silloth Community Centre on Mondays from 1pm to 2:15pm and Fridays from 9:45am to 11:30am.

Blencogo Art Group

Every Monday from 1:30-4:30pm in Blencogo Village Hall where members help each other. Refreshments provided, regular outings, tel 016973 61158 or 61327

Bridge Group

Meet on Wednesday evenings from 7 till 9pm, at the Golf Club to play Duplicate. Information from mike.md@btinternet.com.

Slimming World

Saturday Slimming World group in Silloth Primary School at 9am then the second group at 11am Tuesday Slimming World group at Silloth Primary School at 7pm Tel Denise on 07799 708465.

Christ Church

For Christ Church baptisms and other church related business please contact:
Rev Bryan Rothwell
The Vicarage, Wigton Road
Tel: 016973 31413

Civic Amenity Sites

Operated by Cumbria County Council. Tel: 01228 606060
Maryport Tip, tel 01900 66922 open daily 8am to 6pm
Wigton Tip, tel 016973 45617 open Tuesday, Thursday, Saturday & Sunday, 8am to 6pm

Abbeytown Library

Abbeytown mobile library will stop outside the Wheatsheaf Inn at 1pm for an hour every Monday

Production Team

Proprietor:
Peter McRobert
Barn Cottage
Skinburness, CA7 4RA
Tel: 016973 32180
Email:
office@solwaybuzz.co.uk

Editorial Content
This is down to you, we can only publish items if you send them to us.
When sending articles in, please supply a contact name and number in case something requires clarification.
Published by: Peter McRobert with the support of the whole community and an army of volunteers.

Dates for the Diary

August

24th Police Desk in the Local Links at the Library from 2pm to 4pm, drop-In for a chat

26th Solfest
www.solfest.org.uk

26th Free Legal Advice in St Andrews Hall, Solway Street, 10am to 4pm from Butterworths, see advert

27th Solfest
www.solfest.org.uk

27th Strawberry Cream Tea in St Andrews Church Hall from 2pm to 4pm

28th Solfest
www.solfest.org.uk

28th Care Home Olympics on Silloth Green

29th Litter Picking Event meet at Mawbray Banks car park at 10:30am for a 2 hour beach clean, 016973 33055

29th Silloth Carnival

September

3rd RAFA Leek Show

3rd Coffee Morning in the Recreation Hall at 10am to noon with Silloth & District Pensioners

3rd Blencogo & District Village Hall Produce Show, Tel: 07538 027936 or 016973 61051

3rd Sue Hayman MP coffee morning in Silloth Community Hall 10am to 12pm, pop in for a chat

4th Silloth Food & Craft Fair in the Marquee from 9am to 5pm

4th Silloth Community Craft Show in Christ Church Hall from noon to 4pm

5th Silloth Town Council meeting in Silloth Community Hall at 7pm

6th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

6th Band Night promoting local talent from 6:30pm to 9:30pm, free entry to all in the Marquee on Silloth Green, soft drinks and food available

Errors do occur in Dates for the Diary Please check before attending an event

Wigton Cancer Support

Open to anyone who has/is living with cancer or anyone caring for someone with cancer. Feel free to drop in for a chat and refreshments any time between 2pm and 5pm on the second Wednesday of each month, at Wigton Bowling Club. For further information please contact: Gill Edmondson Tel: 016973 71696
Carole Storey T: 016973 44410

Tourist Information & Library

Opening Times

Monday 10-1pm 2-5pm
Tuesday CLOSED
Wed 10-1pm 2-5pm
Thursday CLOSED
Friday 10-1pm 2-5pm
Saturday 10-1pm
Easter Sunday 27th March 10am to 1pm
Tel: 016973 31944

Local Links desk closes at 4pm

September cont'd

7th Parkinson's Solway Group meeting in Wheyrigg Hall Hotel at 11:15am, speaker Jimmy on Wood Turning, Lunch at 12:15pm, Tel 016973 52527

7th Kids Free Film Show in the Marquee from 6pm showing Charlie & the Chocolate Factory, children must be accompanied by an adult

8th Silloth Music & Beer Festival on the Green

9th Silloth Music & Beer Festival on the Green

10th WSS Scarecrow Trail closing date for entries Tel: 07899 102911

10th Crunch Service at Skinburness Road Car Park from 8am to 9:45am

10th Silloth Music & Beer Festival on the Green

11th Silloth Music & Beer Festival on the Green

14th Causewayhead WI meeting in Community Hall at 7:15pm

17th Marilyn Amyes Memorial Charity Walk leaving from the Albion Inn at 8am with transport back. Proceeds to Silloth First Responders, Cumbria Air Ambulance & Eden Valley Hospice, all welcome

17th WSS Scarecrow Trail judging, Tel: 07899 102911

20th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

20th U3A meeting at All Hallows Community Centre in Fletchertown. Tel 016973 49943

24th Laurel & Hardy Film Night in St Andrews Church Hall from 7pm to 9:30pm

30th Free Legal Advice in St Andrews Hall, Solway Street, 10am to 4pm from Butterworths, see advert

30th Macmillan Coffee Morning in St Andrews Church Hall from 10:30am to 12:30pm, all welcome to come and enjoy coffee and cakes

Do you have an event in the area bounded by Abbeytown, Mawbray, Silloth, Skinburness, if so please let us know.

Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.

RNLI Shop

SILLOTH LIFEBOAT STATION SHOP OPENING HOURS

Monday 1pm - 4pm
Tuesday 11am - 4pm
Wednesday 11am - 4pm
Thursday 1pm - 4pm
Friday Closed
Saturday 11am - 4pm
Sunday 11am - 4pm

Our shop is entirely staffed by volunteers and may not be open at the advertised times - we do apologise for any inconvenience this may cause.

October

1st Coffee Morning in the Recreation Hall at 10am to noon with Silloth & District Pensioners

3rd Silloth Town Council meeting in Silloth Community Hall at 7pm

4th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

4th Wigton Theatre presents It All Started in Vegas by Owen Lightburn

5th Parkinson's Solway Group meeting in Wheyrigg Hall Hotel at 11:15am, speaker Susan Allison on Golden Oldies, Lunch at 12:15pm, Tel 016973 52527

5th Wigton Theatre presents It All Started in Vegas by Owen Lightburn

6th Wigton Theatre presents It All Started in Vegas by Owen Lightburn

7th Wigton Theatre presents It All Started in Vegas by Owen Lightburn

8th Crunch Service at Skinburness Road Car Park from 8am to 9:45am

12th Causewayhead WI meeting in Community Hall at 7:15pm

15th Mothers Union Day Trip - see advert

18th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

16th U3A meeting at All Hallows Community Centre in Fletchertown. Tel 016973 49943

22nd Silloth Bonfire

27th Strawberry Cream Tea in St Andrews Church Hall from 2pm to 4pm

28th Free Legal Advice in St Andrews Hall, Solway Street, 10am to 4pm from Butterworths, see advert

Back to School (Goofy Teacher) Bee by jemma Wilson from Holm Cultram Abbey School



November

1st Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

2nd Parkinson's Solway Group meeting in Wheyrigg Hall Hotel at 11:15am, speaker Anne Manger on Nepal Project, Lunch at 12:15pm, Tel 016973 52527

5th Bonfire Coffee Morning in St Andrews Church Hall from 10pm to 12 noon

5th Coffee Morning in the Recreation Hall at 10am to noon with Silloth & District Pensioners

7th Silloth Town Council meeting in Silloth Community Hall at 7pm

8th Holme Low Parish Council meeting in Silloth Community Hall at 7:30pm

10th Causewayhead WI meeting in Community Hall at 2pm

12th Crunch Service at Skinburness Road Car Park from 8am to 9:45am

13th Christmas Craft Fair in Culterham Hall, Mawbray from 10am to 4pm, tearoom open

15th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

15th U3A meeting at All Hallows Community Centre in Fletchertown. Tel 016973 49943

18th Time Travelling Magicians Morgan & West at Mawbray Village Hall Tel: 016973 31925

19th Bazaar/Santas Grotto in St Andrews Church Hall from 10pm to 12 noon

19th Charity Night Finale in Stanwix Park from 8pm with Ruby's Runaways/The Wanderers, see advert

25th Free Legal Advice in St Andrews Hall, Solway Street, 10am to 4pm from Butterworths, see advert

26th Bazaar/Santas Grotto in St Andrews Church Hall from 10pm to 12 noon

Children's Centre

Opening hours are 9am to 3pm on a Tuesday and Thursday, when a member of staff would hope to be present.
Other Room usage is subject to fulfilling certain criteria and must be arranged and pre booked.
Contact numbers:
Silloth 016973 31509
Wigton 016973 43870
Aspatria 016973 23401

Silloth Tots/Toddlers

Silloth Tots & Toddlers meet in the Children's Centre, Silloth and is open to all children aged from 0 to 4 accompanied by a parent/carer.
Sessions are on Wednesdays: 10pm to 11:30am term time only. Entry is £1 per family and this includes refreshments
All Welcome
Call in for a friendly chat

Your Letters

Dear Buzz,

Readers of the Buzz will be aware that our town/community has been short-listed as finalists for the Britain in Bloom (BiB) national awards in the Small Coastal Town (less than 12,000 population) category alongside contenders from St Brelade, Newcastle (NI), Bute, Mablethorpe, Filey and Tenby. This, in itself, represents a considerable achievement for a town our size (the smallest in the competition). This follows our success in winning the Cumbria-in-Bloom (CiB) award in this category for 2014 and 2015. We have now presented our community's achievements to judges from both CiB and BiB in the last few weeks and I should like to thank all members of our community for their enormous efforts in support of our bid for national recognition. It has been a privilege and pleasure for me to lead Silloth on this journey, over the last four years and this year's judging visits went very well indeed. We now await the outcome of our collective efforts. My sincerest thanks to all for the tremendous efforts which have been made. Fingers crossed.

Bill Jefferson
Chairman
Silloth Parks Committee and
Silloth in Bloom Community Group

Dear Buzz,

As I do not know any local council officials to ask, I hope the Buzz can satisfy my curiosity about the shelter opposite the public conveniences in the car park near the Skinburness lighthouse. The shelter seems to be in good structural and decorative order, but it is enclosed by metal fencing and warning tape, why? What is the danger there? We would like to use it. We regularly read your excellent free newspaper and are confident that the Buzz will have the local knowledge to answer our query or refer us to someone who can.

JM George

In response to a letter you received from JM George regarding the shelter on Skinburness Road.

The shelter was previously in a very poor condition and as a result of public requests for it to be restored, considerable work was undertaken to bring it back to a good state of repair. The shelter was completely stripped back to its original framework, re-roofed and new seats installed. Windows were uncovered during the restoration process and the decision was made to have them reinstated, as they are an original feature and add character to the building. A local joiner undertook the extensive restoration work and the Council's grounds maintenance team have undertaken the painting, with paint kindly donated by a local firm. Whilst the work has taken quite some time to complete, we hope to have it finished in the next couple of weeks and available for the public to use again, in the very near future.

Regards,
Wendy Jameson, Town Clerk

Dear Buzz,

I wish to thank all my family, friends and neighbours for their kindness and caring over the last three weeks, during the time before and

after my operation and since my return home. Those of you who visited me in hospital and since my return home, for all the beautiful flowers, cards, phone messages and good wishes. You have

been amazing and really helped me through a very anxious time. I have been overwhelmed by all the kindnesses shown to me.

Wishing you all well.
Valerie Irwin

Queen Bee
by
Gabriel Gibson
from
Holm Cultram Abbey School

Non-Commercial Tourism Websites

solwaybuzz.co.uk
sillothgreen.co.uk
sillothonsolway.co.uk
sillothgolfclub.co.uk
vintagerally.co.uk
sillothbeerfestival.co.uk
silloth-on-solway-tc.gov.uk
visitcumbria.com/wc/silloth
soldiersinsilloth.co.uk
solwayplain.co.uk/silloth1.htm
facebook.com/sillothgreen
facebook.com/silloth-carnival

Any other suggestions of sites useful for our visitors, please send them to the Buzz at: office@solwaybuzz.co.uk

Masthead Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered Polo Shirt to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher. So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Send them in to the address on page 10 and a quality Solway Buzz embroidered Polo Shirt from Carlisle Embroidery could be yours.

You don't have to be at school here to send a bee to us. If you are here on holiday we would love to receive your bee drawing. Pick up a form from Silloth Tourist Information and return it there or send it to the Buzz, our address on page 10.

This month the winner is Callum Timperon from Holm Cultram Abbey Primary School with a bee drawing called "Sun Bee".

Well done!



Poems

Confused Deer
by Tom Betsworth (aged 6)
from Silloth

Once upon a summery Spring,
three deer sat in a ring.
"This is beyond what we know,
we usually live in the snow!"

The Ballad of Brogan Clamp
by Mrs Jennifer Bailey

I tell the tale of Brogan Clamp
Upon whose life was put the stamp
Of dirty deeds done cheap and low
As to such depths did Brogan go.

Brogan never knew his Dad,
So what chance had he ever had,
His Mom was tired and full of woe,
In fact no match for our young Bro.

So Brogan went his sinful way,
From right and good he'd often stray.
The Judge told Brogan one last time
To turn away from his life of crime.

But Brogan knew a better way
And changed his life one fateful day,
From petty thief to hangman's treat
Whilst robbing in a fury's heat.

He dealt a blow so fast and strong
Thinking now't of right or wrong,
To get the loot was in his head
And when he left a chap lay dead.

Brogan's whereabouts was known
And in a cell was duly thrown,
The Judge had worn his blackest cap
To tell our Brogan his neck would snap.

£50 WEEKEND TICKET
ON SALE NOW

**BIG
COUNTRY**

The Silloth
**Music
Beer Festival
2016**
THURS 8TH - SUN 11TH SEPTEMBER

GREAT BANDS, ALES & CIDERS

SEE REVERSE FOR FULL WEEKEND LINE UP



Headlining:
ROY G HEMMINGS
MOWTOWN & PHILADELPHIA TOUR,
WHO'S NEXT, Friday
BIG COUNTRY, Saturday
BRYAN ADAMS EXPERIENCE, Sunday

GREAT DEALS ON
TICKETS & ACCOMMODATION
PACKAGES
CHECK WEBSITE FOR DETAILS

SILLOTHBEERFESTIVAL.CO.UK



The Silloth
**Music
Beer Festival
2016**

WEEKEND EVENT LISTINGS

Thursday 8th September 7pm - Midnight
**AWOL | SOUTH QUAY
FIVE AND DANGEROUS**

Advance tickets £10 or £13 on the door*

Friday 9th September 7pm - Midnight
**THE FINE TIMES
WHO'S NEXT | ROY G HEMMINGS**

Advance tickets £22 or £25 on the door*

Saturday 10th September 12pm - 5pm
**JOHN & WAYNE
D' BLEEDING BLAGGARDS**

Tickets £10 for Adults or £13 on the door*

7pm - Midnight
**BIGFOOT | CINDY & THE BULLETS
BIG COUNTRY**

Advance tickets £22 or £25 on the door*

Sunday 12th September 1pm - 6pm
**LUNA 5 | SUPERFLY
BRYAN ADAMS EXPERIENCE**

Advance tickets £10 for Adults or £13 on the door*

*subject to availability
Children are welcome to attend for free on Saturday and Sunday
afternoon with responsible, valid ticket holding adults

Tickets Available From
ticketweb
www.ticketweb.com

or
Carnegie Theatre, Workington 01900 602122
Winters Newsagents, Silloth (Cash or cheque)

Please note that as this is a Beer Festival
admittance after 7pm is strictly limited to over 18's.
Proof of age may be requested.

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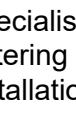
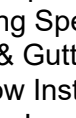
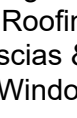
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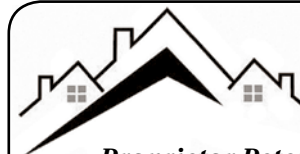
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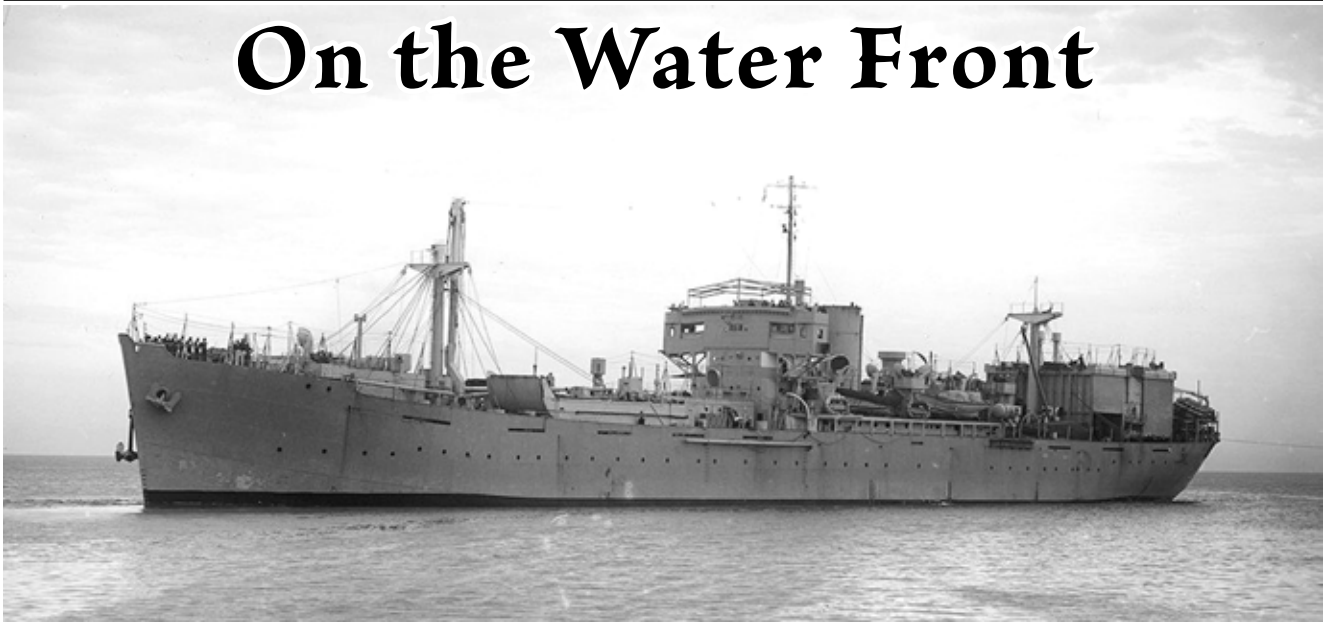
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On the Water Front



Report by: Captain Slog

Shipping July 2016
1st Elbetor from La Pallice with a cargo of Wheat then to sea waiting for orders
7th Ohlau from Kilroot with a cargo of Furness Bottom Ash then to sea waiting for orders
12th Catania from Ghent with a cargo of Fertiliser then to Coleraine

H.M.S. 'Solway Firth'

I was looking at a 'shipping' website recently and discovered that there had been at one time - and just for a brief period, a British warship named after our local sea area. Although not a front-line fighting ship, she was very specialised and a bit different to the usual ships in the Royal Navy. There are no known images of her today, but she was built as one of five almost identical 'Moray Firth' class, aviation repair ships. The others were named 'Beaully Firth', 'Cullin Sound', 'Holm Sound' and 'Moray Firth'.

Ordered during WWII by the Ministry of War Transport as a cargo ship, to be called 'Empire Lagos', she was built by Short Brothers Ltd, at Sunderland. Her keel was laid on 22nd January 1944 and the ship launched on 31st October that year. She was then requisitioned by the Admiralty, to be completed as an Aviation Engine Repair Ship, for deployment to the Far East, where she would join the 'Fleet Train' of support vessels for the British Pacific Fleet, operating alongside the American Navy and against the Japanese Forces in South East Asia. The ship was fitted out with general and specialist aircraft workshops and two large

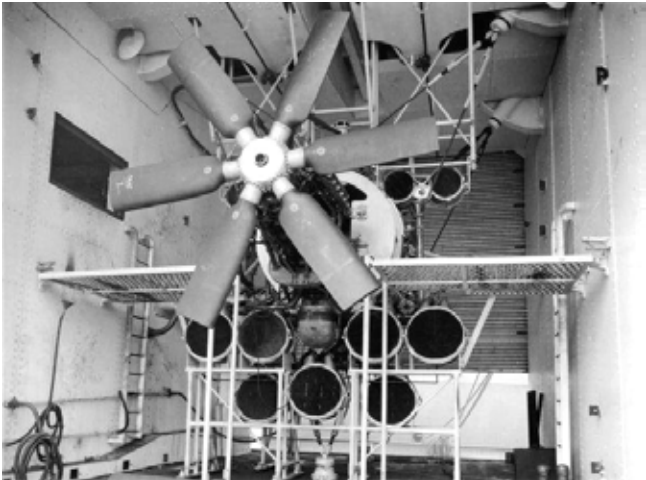
aero-engine test bays, seen mounted over the main deck towards the stern of the ship. She was commissioned as HMS 'Solway Firth' on 18th July 1945, just a month or so before the end of the war in the Far East. On her upper deck, just forward of the bridge, she carried two self-propelled lighters. These were to be lifted outboard and used for ferrying heavy aircraft engines and stores between herself and Allied aircraft carriers, or to and from shore based airfields.

Defective aircraft



General Workshop aboard HMS 'Solway Firth'

engines would be repaired and serviced in various workshops aboard, before being tested in one of the two large test bays, both fitted with huge shutter-doors on either side of the deck to allow a free flow of air through the test bay. The testing of aero-engines was an extremely noisy process, meaning that the ship would usually be moved to a remote anchorage before running the aircraft engines at full power. The force and thrust generated by the engines and their propellers, coming out of the side-opening test



Aero Engine Test Bay aboard HMS 'Solway Firth'

bay doors, would have been sufficient to drive the ship in circles around her anchor, or cause her to veer off course if she was actually under way! With the war against the Japanese coming to a close, following the dropping of atom bombs on Nagasaki and Hiroshima, it appears that unlike her sister-ships, HMS 'Solway Firth' never actually sailed to the Far East to join the British Pacific Fleet. She was placed in the Reserve Fleet and later put up for disposal. In March 1947, work began in Amsterdam to convert her back to a cargo ship. On completion, she was sold to Norwegian owners and re-named 'Kongsberg'. The ship was sold again in 1955, to Finnish owners and re-named 'Olofsburg'. Then in 1959, she was taken over by Polish owners and re-named for the final time as 'Huta Florian'. This hard-worked ship was finally scrapped at Bilbao, Spain in 1971.



The ex-HMS 'Solway Firth', seen as the 'Kongsberg' in 1947



HMS 'Beaully Firth', sister-ship to HMS 'Solway Firth' (Note the two aircraft engine test bays, one with shutter door partially open, located just forward of the poop)

Phone Book

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Monday Lunch Club



The Monday Lunch Club had a very enjoyable afternoon visiting Cups & Saucers at Seaville for tea. Solway Private Hire and members cars transported sixteen members, which included serving ladies and diners. The excellent quality of the home baked food was enjoyed by all. Betty Walton and Lawrence Marshall were thanked for organising the outing.

Sandra is a Diamond Slimmer

Sandra Gray joined Silloth Slimming World in February 2015 and reached her target weight in June 2015. Even more impressive, Sandra has kept the weight off ever since.

Sandra has been named the group's Diamond Member 2016. This award is for the most inspirational member who has lost weight and maintained their new shape for over a year.

Sandra joined Slimming World because she wanted to feel fitter and healthier, she said "when I first came to the group I found it hard to believe I'd ever reach my target weight because I'd tried so many diets before and they'd never worked for me. They were always too restrictive or I didn't get any support to understand the plans and stick to them. Losing weight on my own was tough and very lonely, because there wasn't anyone there to keep me going when I felt like giving up. With Slimming World the support I needed was there right from day one, both from my consultant Denise Broughton and from the other members in the group. I picked up new ideas and recipes every week - I still do now in fact - and I started to really believe that I could do it. And I did, because over a year later I'm still at my target weight".

Denise said "I'm so proud of Sandra and the inspirational way she maintained her weight loss. It's great for new members to



Diamond Member Sandra Gray

meet Sandra and see just what is possible at Slimming World - after we've explained why someone so slim is there in the first place, that is".

Silloth Slimming World is held in the Primary School every Saturday at 9am and 11am, or Tuesday at 7pm.



80's Bee
by Naomi Bell from Holm Cultram Abbey School

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Tide Tables

SEPTEMBER 2016 SILLOTH

Date	DEPTH ON NEW DOCK GAUGE							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 TH	11 41	7.1	23 55	7.4	06 29	-1.0	18 39	-0.8
2 F			12 16	7.2	07 08	-1.0	19 14	-0.8
3 SA	00 28	7.4	12 47	7.2	07 43	-1.0	19 47	-0.8
4 SU	01 02	7.3	13 20	7.1	08 13	-0.9	20 16	-0.6
5 M	01 34	7.1	13 52	6.9	08 42	-0.7	20 45	-0.5
6 TU	02 05	6.9	14 25	6.5	09 08	-0.5	21 13	-0.3
7 W	02 39	6.4	15 01	6.2	09 34	-0.2	21 45	0.0
8 TH	03 15	6.0	15 41	5.7	10 07	0.1	22 23	0.3
9 F	03 59	5.4	16 32	5.3	10 49	0.4	23 14	0.6
10 SA	04 58	5.0	17 44	5.0	11 48	0.7		
11 SU	06 24	4.6	19 09	5.0	00 27	0.7	13 12	0.8
12 M	07 51	4.9	20 21	5.4	01 53	0.6	14 31	0.5
13 TU	08 58	5.5	21 18	6.1	03 06	0.2	15 37	0.1
14 W	09 49	6.2	22 03	6.7	04 07	-0.2	16 33	-0.3
15 TH	10 30	6.7	22 45	7.4	05 02	-0.6	17 23	-0.6
16 F	11 10	7.3	23 25	7.8	05 51	-1.0	18 11	-1.0
17 SA	11 50	7.6			06 39	-1.3	18 57	-1.2
18 SU	00 05	8.1	12 29	7.8	07 23	-1.4	19 40	-1.3
19 M	00 46	8.2	13 12	7.8	08 05	-1.4	20 22	-1.3
20 TU	01 32	8.1	13 56	7.6	08 46	-1.3	21 04	-1.1
21 W	02 18	7.7	14 42	7.2	09 25	-1.0	21 45	-0.8
22 TH	03 07	7.2	15 34	6.6	10 06	-0.6	22 33	-0.4
23 F	04 04	6.5	16 36	6.1	10 55	-0.1	23 33	0.0
24 SA	05 16	5.9	17 55	5.6			12 00	0.3
25 SU	06 41	5.5	19 20	5.6	00 53	0.2	13 25	0.4
26 M	08 04	5.6	20 35	6.0	02 17	0.1	14 47	0.3
27 TU	09 12	6.1	21 34	6.4	03 32	-0.2	15 57	-0.1
28 W	10 03	6.5	22 20	6.9	04 33	-0.5	16 52	-0.3
29 TH	10 44	6.9	22 59	7.1	05 23	-0.7	17 37	-0.5
30 F	11 19	7.1	23 32	7.3	06 05	-0.9	18 14	-0.6

Times shown in UTC. Add 1 hour for British Summer Time.

Waver Wine Circle

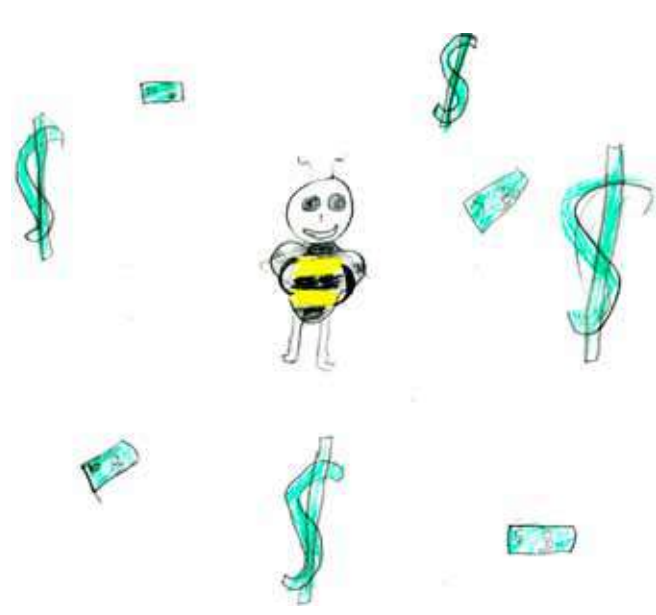
Report by: Jan Jones

Wednesday 13 July was our second outing of the year. Talking Tarn, on a 'reasonable' summer day saw ten members, (Chair Bill Henderson and Greta gave apologies), have a most enjoyable time. After a pleasant lunch together members 'did their own thing'. Some went for a walk around the lake while others went to the art exhibition or to see the radio controlled

yachts sailing.

The draw, gifted by Jan Jones was won by Judith Wood. Many thanks to Chris Russell for organising, yet again, another enjoyable day.

Our summer break awaits in August and we return on 29th September when we go to Rheged on the Herdwick Trail to see all the sheep together before they are auctioned. Contact Stuart on 016973 61006 if interested.



Rich Bee
by Charlie Bennett
from Holm Cultram Abbey School



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Join the Allerdale Switch

Allerdale Borough Council is giving residents another chance to save money on their energy bills, as it launches its successful energy switching scheme, the 'Big Allerdale Switch'.

The initiative, which will be launched on 2 August 2016, is a 'collective energy switching' scheme where people group together to save money on their gas and electricity bills and can be used by those on dual-fuel, separate supplier contracts or on pre-payment meters. At the last auction, held in May this year, householders saved an average of £300 on their annual energy costs.

The Big Allerdale Switch is completely free to join, really simple to do, and at no point in the process are residents under any obligation to actually switch energy providers if they decide to change their minds.

Anyone wishing to join the scheme should go online to www.allerdale.gov.uk.

uk/warmhomes by 10th October 2016 and follow the links. Full details of annual energy consumption and current supplier is needed to sign up.

Councillor Carni McCarron Holmes, Allerdale



Borough Council's Executive Member for Housing, said: "This is the third year that the Council has run the scheme and year on year people have been able to make considerable savings on their current energy deal. We are continuing this very successful scheme on this basis. It costs nothing at all to register your interest to switch and you could end up

saving hundreds of pounds in the long run. It's really simple - the more people who sign up, the more the potential savings may be."

Councillor Barbara Cannon, Executive Member for Corporate Resources, added: "Tackling inequality is a key initiative in the Council's Plan and we will continue to promote, champion and co-ordinate schemes like this to ensure people are getting the best possible value from their energy supplies. We recognise that this is a time when household costs are rising and that people are struggling to make ends meet. We need to step up and do what we can to help our residents to cut their fuel bills and reduce the fuel poverty risk for the people of Allerdale."

Allerdale Borough Council has previously run the 'Big Allerdale Switch' in the winter months. However, the scheme is now being run year-round to give residents further chances to join the scheme so that householders whose energy contracts were not up for renewal in the winter are able to take advantage of the savings which may be on offer. Allerdale Borough Council is running the switching initiative as part of the Big Community Switch, a scheme involving a number of local authorities throughout Great Britain. The Big Community Switch is operated by i-Choosr, an independent company with experience in collective switching schemes. It works by setting up a reverse auction and inviting energy suppliers to offer their cheapest dual fuel and electricity only deals.

In 2014, Allerdale Borough Council attracted the second highest number of registrants out of approximately 50 local authorities that took part in the scheme. Due to the success of the initial scheme, the Council is choosing to continue to run it for a third year with a view to save even more people more money on their annual utility bills.

Christ Church Fete



Report by:
Lawrence Marshall

The summer fete was held on a sunny Saturday afternoon on 6th August in Christ Church and outside in

the grounds.

It was well attended with teas being served in the church where organ music was played alternately by Canon Rothwell and Mrs.

Rothwell.

Thanks to everyone who helped on the stalls and serving the teas. The afternoon raised £428 for church funds.

Bob's Big Date is Coming Soon!

A special birthday.

Bob Saunders moved to Silloth in Jan 1956 (60 years ago) with his wife, Jean, and his young son, Ian.

Bob was a postman and continued in that role until he retired in 1986.

Bob and Jean went on to have two daughters, Jenny and Kate. Bob's children went off to University and settled in other parts of the country. Bob has five grandchildren three of whom live in London, one in Australia and another has been studying in Brazil this year.

They have remained a close family who visit regularly and recently Kate has returned to live in Carlisle.

Bob knew everyone in Silloth and the surrounding countryside, having delivered mail for thirty years. He still seems to know most people!

Bob is a keen golfer and is a past Captain and past President of the Silloth on Solway golf club. He is their oldest playing member and he plans to retain this title.

He still plays golf several times a week but has given in and uses a buggy now.

Bob was chairman of the greens for many years and was very involved in developing the course and keeping it at the very high

standard that makes it famous.

He is a keen gardener and had an allotment for many years. We have fond memories of harvesting vegetables and "helping Dad". I think more peas were eaten than made it to the pot.

Bob and Jean loved Scotland and spent much time touring around and enjoying weekends at Dunblane Hydro dancing to Jim MacLeod's Scottish dance band.

Sadly, Jean died in 2010. Bob sang in the Silloth

men's choir and in particular enjoyed singing "Danny Boy". He decided several years ago to rest his vocal cords and conserve his energy for golf.

Bob still walks around Silloth every morning and in the afternoons (when he's not golfing) he has another two mile walk.

So, on 27th Sept look out for Bob when he's walking around Silloth and wish him a "Happy Birthday" because he is going to be ninety!

Happy birthday Dad from Ian, Jenny, Kate and their families.



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**NEW: Frozen Fishing Bait
Hooks & Weights**

Milk 2 litre £1.30

2 x 2 litre Milk for £2

6 Free Range Eggs £1

Bacon £1 a pack * Pizzas from £1

1kg bag Oven Chips £1

Toys • Off-Licence • Hardware • Gifts

Carpet Cleaner Hire • Key Cutting

Watch Batteries & Straps Fitted

open 7 days a week

6 Criffel Street, Silloth, Tel: 016973 31245

West Silloth Motors

**Motor Vehicle Body Repairs
Diagnostics, Servicing & Recovery
Aircon Service Now Available**

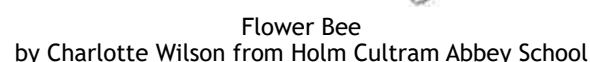
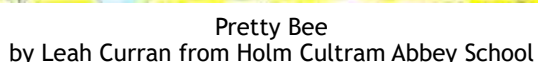
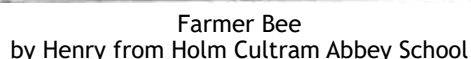
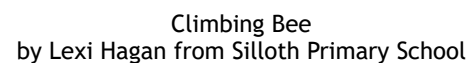
Causewayhead, Silloth, CA7 4JG

Tel: 016973 32833

Free Vehicle Collection & Delivery Service



Please - keep them coming - thanks.



SPAR Solway Street, Silloth

daily
Value

£12

Glen Dhu Whisky
70cl

£11

SPAR Vodka
70cl

£5

Hardys VR
Varieties as Stocked 75cl

£6.50

Mud House Sauvignon Blanc / Malbec
75cl

Carlsberg / Carling / Tetley's Smoothflow / Strongbow Original / Strongbow Pear
4 x 500ml

£3.50

£4

Budweiser
4 x 500ml

OPENING HOURS

Mon to Sat 7:30am - 10pm
Sunday 8:30am - 8pm

FOR EASIER SHOPPING WE ACCEPT
ALL MAJOR CREDIT CARDS

Mobile phone top-up
cards, cash back
and lottery
facilities.
See in-store
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**FREE to use
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