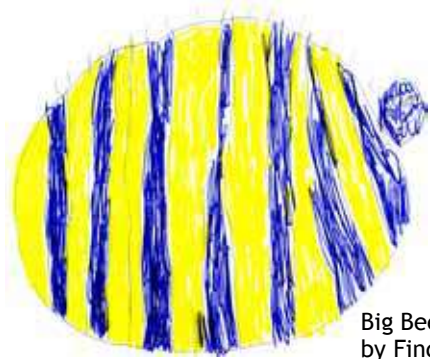




Big Bee
by Findley Rabia from Holme Cultram Abbey School

Solway Buzz

www.solwaybuzz.co.uk

December 2013

local news - for you - by you - about you - free to you - local news

FREE PAPER

Issue 120

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Spectacular Fireworks & Bonfire

Report by: Geoff Betsworth

Threats of inclement weather led to a slight drop in the number of people attending the STAG (Silloth Tourist Action Group) Halloween Bonfire and Firework spectacular on the airfield in Silloth this year. According to STAG chairman John Cook, those who did venture out, thoroughly enjoyed the best show yet.

Firstly, the bonfire was lit, and it's enormity meant it could be seen for miles around. This was followed by the Halloween themed fancy dress contest which was judged by STAG member Tim Barker.

The winners were:

Junior	1st	Ellie Henderson - Silloth
	2nd	Paul Henderson - Silloth
Senior	1st	Mike Wilkinson - Carlisle
	2nd	Ben Wilkinson - Carlisle

At 7 o'clock the fireworks got underway, and as an organisation STAG should be proud that their efforts were rewarded with a such a brilliant display. The professional pyrotechnicians from Skyburst had many problems setting up in wild and wet conditions yet still managed extremely well. It equalled, and in fact surpassed other similar events that take place in the county at this time of the year.

As has become customary at this particular event, there were fairground rides and chuck wagons supplied by Fletchers funfair.

All in all, those who attended thoroughly enjoyed the evening, and I have been informed that next years event is already being discussed by STAG.



Silloth Xmas Lights Switch-On Sat 30th Nov at 6pm



Siting Process for a Geological Disposal Facility

This consultation seeks views on potential amendments to the site selection process for a Geological Disposal Facility (GDP).

Silloth-on-Solway Town Council will be having an additional meeting to consider and put together their response to the consultation document. A public meeting will be held to inform the public of the Council's decision, which will also be included on the Town Council's website.

The consultation document can be viewed at: <https://www.gov.uk/government/consultations/geological-disposal-facility-siting-process-review>

To take part in the online survey: <https://econsultation.decc.gov.uk/decc-policy/managing-radioactive-waste-safely-siting-process>

Strictly Dancing Winners

When Gerry and Sue Thorogood booked a Mediterranean cruise to be with friends celebrating their golden weddings they found it was a Strictly come dancing cruise, supported by the BBC and P&O.

They had no idea of entering a dance competition with other passengers when they boarded and that they would meet the Strictly Come Dancing judge, Craig Revel Horwood.

They were persuaded to have a go, entering in to the first heat of five they went through to the quarter and semi finals dancing a Rumba.

Choosing to dance a Quick Step in the semi, they achieved two tens and two nines.

The prize for winning the final was to dance in front of Craig and Darren Bennett and wife Lilia Kopylova on the theatre stage in front of an audience of nine hundred people. The judges scores were two tens and a nine from Craig Revel Horwood. This was very unexpected as Craig is well know for his low scoring and hard remarks.

Gerry and Sue moved to Skinburness just over three



Gerry & Sue Thorogood being congratulated by Craig Revel Horwood

and a half years ago and regularly go dancing in the village halls of west Cumbria.

Their prize for winning the competition was two tickets for the live tour of Strictly Come Dancing in the new year.



Gerry & Sue with Lilia Kopylova and Darren Bennett

Seasonal Songs with Harlequin Choir



On Friday 6th December the Silloth Fundraising Branch of the RNLI will present the Harlequin Choir in Concert at St Andrews Church Hall in Silloth.

The concert will begin at 7pm and the choir will sing a selection of carols and seasonal Christmas songs

blending many of the old favourites with some more modern compositions.

There will also be a Christmas themed raffle and a range of RNLI Lifeboat Christmas cards will be for sale. Entry is by donation with refreshments provided. All are welcome.



Art Bee
by Sophie Graham
from Silloth Primary School

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Have Your Say on Green Spaces & Development Opportunities

People living and working in Allerdale are being urged to get involved in an initiative which will both safeguard our green spaces, and find those that are perfect for development.

The Council's Planning Policy team is preparing a Site Allocations Development Plan Document (DPD), which will form part two of the Local Plan for Allerdale, and will allocate sites for specific land uses. As part of the first stage of the consultation the Council has published three consultation documents and issued a 'Call for Sites.'

The consultation documents set out the issues the Site Allocations DPD will address, the types of land use that could be considered, how sites will be assessed and the sustainability objectives.

Through the 'Call for Sites' the Council is urging members of the public, parish councils, landowners and their agents, developers and other interested parties to submit sites for development or protection. Anyone can submit a site for consideration, and, importantly, they do not need to be the owner of it.

Sites can be put forward for development such as housing, employment, retail, leisure and education. Equally sites can be identified for protection such as open space, recreational areas, local wildlife sites and allotments.

The preparation

of the Site Allocations Development Plan Document (DPD) will be subject to community involvement and consultation. Those site suggestions which are submitted will be mapped and included in a second stage consultation process that will take place in early 2014.

Councillor Mark Fryer, Executive Member with responsibility for Economic Growth, said: "We are asking organisations and individuals to let us know of any sites in Allerdale which they think are suitable for development or in need of protection in our future plans. We know that planning developments are one of the things which can divide or unite a community, and we also know how important our green open spaces are in our towns and villages. That is why I would encourage as many people as possible to take part in this process – give us your views on which areas really need our protection, as well as those which you think could be developed."

The consultation documents and 'Call for Sites' submission form can be viewed and downloaded from the Council's website at www.allerdale.gov.uk/siteallocations. Hard copies of all the documents and forms can be requested from the Planning Policy team at Allerdale House, or by calling 01900 702610.

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Fun in Mawbray



The last weekend of September saw the fourth bar night at Culterham Hall, Mawbray. This time there was a scarecrow theme with a few adults and children dressed as scarecrows, others made scarecrows to bring

along. Everyone had a great time and enjoyed the Yates beer etc. The raffle and spot the ball raised £145 which was shared between Holme St Cuthberts School, Friday

Club, Munchkins and Mawbray Play Park. A BIG thank you to Jean and Beckie who organised and worked the bar along with Anne and all others who helped as well as those who attended

How Secure is Your Shed?

Police often find that as winter approaches and the nights are darker and longer, garden sheds and their contents become a target for thieves. People often do not realise just how much the property in their shed is worth. How secure is your shed and the property inside it? Consider some, or all, of these tips, depending on how valuable your shed's contents are to you. Security measures will not be effective if your shed is not in sound structural condition, so sort any weaknesses first. Fit a robust, good quality lock to the door. The more time and noise it takes to force entry, the more effective the deterrent. If your shed has an opening window, consider

fitting a metal grille to the inside. Postcode your valuable items or use a forensic coding product such as Smartwater, SelectaDNA, or CrimeStoppers Property Protector to make them uniquely identifiable, and worth much less to the thief. Consider fitting a shed alarm, but remember these are the last line of defence and should be additional to, and not instead of, good physical security. Gravel paths in your garden can make it very difficult for a thief not to be heard. If your shed is in view of your house, use a low-energy dusk to dawn light to illuminate your garden, - they don't use much electricity, and are an

effective deterrent. TOP TIP: Purchase a security chain or cable to secure together larger items such as bicycles and mowers, and anchor the chain using a shed shackle or ground anchor and a closed shackle padlock. Look for the Sold Secure logo to be sure of buying a quality product.

Grand Craic Wuz On't Tellyvishin



The annual Cumbrian Dialect Competition organised by Silloth Rotary was particularly successful this year – a packed house, some hilarious poems and tales and a feature on ITV "Lookaround" on the Monday after. The ballroom at the Golf Hotel was almost overflowing on the afternoon of October 12th as people came to enjoy or take part in the competition. Chief judge again was Mrs Ethel Fisher who got the event off to a wonderful start by reading one of her own pieces before the competition proper began. Tim Barker was compere and the other judges were Silloth Mayor

and Rotarian Tony Markley and ex-mayor Graham Wilkinson. Eleven entrants all brought along something entertaining and it was good to welcome Kerry Anne Brough who only a few years ago was competing as a junior. A recurring theme seemed to be sheep but why not when celebrating the language of the fells and dales? In the end the Most Humorous award went to Silloth's own Pauline Mole and Best Newcomer was Len Hayton of Levens way down in the southern half of the county.

Above: Enjoying the craic
Below: Organiser and Rotary Member Tim Barker
Best over all winner was Dick Gargett of Penruddock who won Best Newcomer last year and his poem this time was about last time. When we reported the event in the Buzz we spelt his name wrong! - Garget; so now he told about his long search for the missing T. Several people who didn't compete brought along contributions for the second half of the programme and the afternoon ended with Mrs Fisher reading her wonderful Jubilee tribute to the Queen. A very good time was had by all.

Winter Offers

Mon 4th Nov 2013 - Fri 29th March 2014
(Excluding 26th Dec 2013 - 1st Jan 2014)

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Winter



Art Bee by Ella Bosward from Silloth Primary School



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Wetlands Centre Opened

The £1.9m Solway Wetlands Landscape Partnership has now opened the doors of its new Wetlands Centre.

On 9th October, Cumbria Tourism chairman Eric Robson cut the ribbon recalling his childhood spent on the Solway.

He said: "I used to come out and camp on the shores here and have a picnic. It's a magical place and this area has a real other-worldliness about it."

The Solway Wetlands Centre, near Bowness-on-Solway, is part of a major environmental programme, which is conserving and restoring rare wildlife found in the area. Created in a converted Victorian barn, the centre promotes this wildlife with information on the area's natural heritage contained within a visitor centre and education room.

The building was restored using environmental friendly methods including wool insulation, hempcrete plaster and lime pointing. The project was financed by the Heritage Lottery Fund, Natural England, the RSPB and Cumbria Waste Management Environment Trust.

Stephen Lund, team leader at Natural England and chairman of the partnership's steering group, said: "There's a lot of history to the area dating back to the monks and them coming to Holme Cultram Abbey. It's exciting to see this project unveiled. It's the first big thing since the funding was confirmed. This is one of the focal points and a place to teach people about the area."

RSPB Campfield Marsh Reserve provides



the backdrop to the new visitor centre with fantastic opportunities for spotting wildlife all year round. Boardwalks have been built over the coast's peat bogs to improve accessibility, and an education programme is being rolled out to increase knowledge about the area's wetlands.

Current projects being delivered through the Solway Wetlands Project include an archaeology programme with research into the influence that monks had on the area, a series of events to help people experience the wildlife within this landscape

and training in traditional skills such as hedgelaying.

Naomi Hewitt, project manager of the Solway Wetlands Landscape Partnership, said: "We have already had so many people come out to see the building and experience the new visitor centre. It has been a great start and we are all really excited about the other projects being delivered over the next three years"

For more information on the project visit www.solwaywetlands.org or contact info@solwaywetlands.org.

New Look for Dentists



Anne Sowerby, House Doctor network & Interior Design Consultant based nr Cockermouth, was approached by Mrs Fiona Buchanan a Dentist based in Silloth who wanted to make a more customer focused area by upgrading the waiting area to reflect her business, be more modern and in keeping with her business image in a Victorian terrace property.

Anne trained with renowned Californian Interior Designer Ann Maurice who introduced the concept of property presentation to the UK on national television as "The House Doctor."

"Ann Maurice's approach to interior design and staging a house to make it appealing to buyers is truly inspirational" says Anne Sowerby of Sassy Property

Styling. "Ann Maurice became the top realtor in the tough California market where she honed her skills over many years proving time and again her techniques of makeovers of properties."

Anne designed an 'idea mood board' for the space and enlisted trades people who have worked for Mrs Buchanan in the past. Anne also looked at coordinating the work to fit in with annual holidays. The work on the dentist in Silloth was undertaken in August with a deadline of September 6th. Anne said "I have given Mrs Fiona Buchanan a strategy and timeline for them to be able to project-manage the skilled tradesmen who will be supporting the upgrade. I've also provided interior designs for the room."

Patients say they feel

the new design is more comfortable, roomier, lighter and brighter creating a far better waiting experience. The modern space also includes a 'child friendly area' bringing welcome distraction and approval from the younger patients.

Notes to Editor

Sassy Property Styling is a specialist interior design company and a House doctor network consultant who specialises in interior design, staging property for resale, reception areas for businesses wanting to make the best impression possible on their client and hotels wanting to provide a truly Cumbrian experience for the guests. For further information please visit <http://www.sassypropertystyling.co.uk>. Contact Anne Sowerby 016973 20762 / 07725 246 434



WIGTON TLC

TOTALLY LOCALLY CAMPAIGN

A new scheme is launched to boost the profile of independently-owned businesses in Wigton. The Wigton 'Totally Locally Campaign' (TLC) has been developed by the Chamber of Trade, with support from Allerdale Borough Council.

Customers who make a purchase from participating businesses get a loyalty card stamped with their purchase. Once they have collected 10 stamps they can drop their completed card into Christies, Bron-ja's, The Glasshouse or Stitch & Print to be entered into a monthly prize draw to win gift vouchers (1 x £25, 1 x

£15 and 1 x £10) to spend in one of the participating businesses. There is no minimum spend required to take part and people can enter as many times as they like. Each month the winning names will be displayed on the new www.wigontown.com website alongside a complete list of participating businesses. Participating businesses will have the Wigton TLC logo on display in their shops.

Jane Hollick, Chair of Wigton Chamber of Trade, said: "People may be surprised to learn that Wigton has so many independently-owned

businesses and the TLC initiative will highlight the huge range of products and services they can offer. The Chamber of Trade is hoping that this scheme will encourage people to support their town's traders by buying local."

Joe Broomfield, Town Centre Area Manager, "Wigton has some great independent businesses and the Totally Locally Campaign should ensure more people know about them. Similar loyalty schemes have worked well in other towns in the area and attracted quite a following among shoppers."



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Jennings River Ride New Date

Cumbria Community Foundation has confirmed the new date for the Jennings Rivers Ride will be on Sunday 25th May 2014. The event was postponed in September due to extremely poor weather conditions. It is hoped that the spring date will ensure a much dryer and enjoyable experience for riders.

All previous entries have been automatically transferred to the new date. There is still room to accommodate 400 more riders and online entries have now been reopened via www.cumbriafoundation.org/riversride. There are four routes to choose from, ranging between ten and seventy five miles and aimed at people of all abilities. All registration and start times remain the same.

The event begins and ends in Keswick's Fitz Park where is also a Family Fun Day taking place between 10am and 4pm. There will be a whole host of activities and entertainment including a raffle with some exciting prizes on offer. Purchased raffle tickets which have the September date on will still be valid for use in May.

Andy Beeforth, Chief Executive of the Foundation said: "We did not take the decision lightly to postpone the event in September due to high winds and heavy rain. We knew that some people would be disappointed but rider safety is paramount. I

C&D Supplies

Claire and I would like to thank everyone that has supported C&D Supplies in taking on the Pet Supplies business from Tracy (Solway Pet Supplies)

We understand however, that some customers have had difficulty in getting hold of us, the phone number that has been printed in the Buzz, 32118 is our old number when we traded from 8-10 Eden Street, thanks to a catalogue of errors from BT this phone number still rings but in an empty shop, we are still waiting for a phone line in our new premises 17

Eden Street and for the time being the best number to call to speak to us during trading hours is the mobile 07919 924154, or you can leave a message on the answerphone at home 016973 32590.

Please remember to pre-order enough pet food etc. to cover Christmas & New Year, last order day will be Sat 21st Dec for deliveries on Christmas Eve, next order day will be Sat 4th Jan 2014 for deliveries on Tues 7th Jan.

We would like to wish all our customers a very Happy Christmas.

Waver Wine Circle

Report by: Stuart Jones

The September meeting was highlighted by the competition for the 'Most Popular Commercial Red Wine' This was won by Graham Stukins after carefully sampling nine enteries. Graham was presented with the trophy by President Bill Henderson. The competition rules were recently changed to commercial wine as few members now 'own brew' their wine.

For the October meeting the group visited Tullie

House, arranged by group member Chris Russell. After lunch unidentified items from a recent 'Bring a Bygone' evening were identified followed by the opportunity to look around the museum.

Meetings are held at 7:30pm on the second Wednesday of each month at Blencogo Village Hall, new members always welcome. For further details please contact Stella Graham (016973 61393) or Stuart Jones (016973 61006).

would like to thank all riders for their positive feedback and we look forward to seeing everyone in May."

The event raises vital funds for Cumbria Community Foundation, a charity which helps deserving causes throughout Cumbria. The bike rides

reveal some of the UK's finest scenery and cycling terrain from across the Lake District and out to the Irish Sea.

For more information on the event visit www.cumbriafoundation.org/riversride or contact Nicola Howells on 01900 825760.

Look Out for Santa



Santa's on his way.... Santa Claus will be driving through the streets of Silloth again this year at the request of his friends from Silloth Rotary Club. He'll have gifts for any young people he meets and won't refuse a nice mince pie or two in return.

After visiting old friends in the residential homes he will set off with his helpers from Skinburness about 3pm

on December 22nd – the last Sunday before Christmas – and travel in his sleigh down Skinburness Road, calling at the Drive and then into Fell View. After driving round the main streets of the town he will go to the Crofts before heading home for a well-earned rest.

Everyone is invited to come and say hello.

And - if you would like to contribute to the causes

Rotary supports, the gnomes in yellow vests will be very grateful.



Arthritis Support Group

Report by: Gladys Temple

Vice Chairman Mary Peile welcomed everyone to the November Meeting.

Andrew Hoyer who is part of the Physio Team at Wigton Hospital was introduced and advised us that people with osteoarthritis should exercise as a core treatment

irrespective of age, infirmity, pain severity or disability. Exercise should include local muscle strengthening and general aerobic fitness. People should have access to education, advice and information on how to exercise for example what to do for muscle strengthening and where to go for aerobic fitness training.

Weight loss for those overweight is helpful as the more weight you carry the harder your lower limbs have to work. Andrew then told us of the various benefits of exercise. It helps to reduce pain, increases joint range of movement and flexibility and can help to reduce falls. Some favourite are simple exercises at home, walking, swimming (Age UK hold classes at Stanwix Park once a month) cycling, Tai Chi/Yoga/Pilates and the local Gyms. Exercise can also improve anxiety and depression. He pointed out

that he could not tell us what would be most suitable for each of us without going into our background but we each have to find the right level of exercise for us and begin slowly and build up.

We were each given 'Guidelines for Older Adults' and an exercise log to fill in each day as that will encourage us to remember to exercise. A question and answer session was enjoyed and Mary thanked Andrew for coming.

A suggested Menu for the New Year Lunch at Denton House was read out and names will be taken, £5 deposit will be taken next month.

Everyone then relaxed to an Arthritis UK CD telling how to relax and enjoy a few minutes quiet. The next meeting at Loveday House is on 6th December at 1:30pm when June Fearon will entertain.

Bloomers and Cream Buns!

Humorous talk on Ladies Undergarments by The Helena Thompson Museum
Display of Wedding Dresses
Afternoon Tea

Culterham Hall, Mawbray
Friday 22nd November from 2pm - 4pm

*A fine combination you'll agree,
So come along and you will see,
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*You will be served with Victorian bakes,
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*A fine display of wedding gowns,
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Autumn Concert



Report by: Bryan Rothwell
Photo by: Daniel Rothwell

Saturday 28th September saw Christ Church resounding to the music of the Gala Trio and Friends and the Cumbria Horn Ensemble.

A feast of music from folk songs to classical music was performed by the Gala Trio. Gabrielle Sanders, AnneLouise Rothwell and Angela Turner came together ten years ago to

play together for their own entertainment, since then they have performed at concerts in Keswick and Cockermouth and now Silloth. They were joined by Jody McQuiston and Bee Marriott to expand their repertoire into music for Quintets.

The roof was raised with the sound of four French Horns played by Andrew Jones, Jody McQuiston,

Sarah Ames and Catherine Clark, from traditional horn music to popular and well known tunes, including such favourites as Black Beauty and Steller Conflict.

Around 60 people came to listen to the music and the members of Christ Church are grateful for everyone's support, particularly to the performers who gave us such a magnificent and enjoyable evening.

View from Dubmill Point



Thanks to James Smith for submitting this lovely photo to the Buzz.
James said "this shot was taken at Dubmill Point where a wonderful Solway Sky with a setting sun behind Criffel caught me eye. It is a part of the Solway coast that never fails to provide me with much inspiration as a photographer".
More of his photographs can be seen at: www.jamessmithphotography.com.

Bank Mill Craft Fair

Report by:
Jennifer Bailey

The day arrived and off we went, car loaded with entries for the show, plus excited dogs.

We arrived in the nick of time and found that we'd forgotten one very important entry, so a dash back to Silloth to pick it up and back again. There was some stiff competition and the vegetables, flowers and craftwork were amazing.

The writing done by the schoolchildren was of a very high standard as were their craft entries.

We wandered around the nurseries whilst the judging was in progress and bought books and raffle tickets in the charity market. We had a look at the resident bunnies that have, at last, found a safe haven after some horrific experiences and watched



Clive Firth, from the Silloth Carving Group, doing excellent work.

There was also a very fine group of musicians called "Now and Again", who played folk music on banjo, fiddle, guitars and flute. A newcomer to the group -13 year old Calum Spence from Silloth, a guitar pupil with Mr Frank Devine the group guitarist, was making his

debut playing with them.

The whole day, combined with the usual high standard of mouth watering culinary temptations in the restaurant, served by very friendly and patient staff on such a busy day, was a triumph for Bill and Carol James and all their team.

Electric Blanket Shocker

Electric blanket testing by Cumbria County Council Trading Standards has shown that more than half of the blankets were faulty.

1,026 electric blankets were examined and tested, with more than half (52%) of the blankets tested failed. For the 530 blankets which failed safety tests, the county council provided one replacement blanket per household.

There were ten testing events across the county including Workington, Carlisle, and Wigton.

They also offered a collect and return service for elderly and vulnerable people with mobility problems and those living in more isolated and rural areas of Cumbria.

The most common reason for failure was due to wear and tear. Problems included poor wiring, defective controls or lack of protection against overheating.

Angela Jones, Cumbria County Council's Trading Standards Service Manager, said: "This was a really

successful event in terms of safety and preventing fires. The results clearly highlight how important it is to make sure your electric blanket is safe. We urge residents to regularly check the blanket for any signs of wear or damage, loose connections or scorch marks. Older blankets in regular use are much more likely to have faults and should be replaced."

The electric blanket testing campaign has now finished, but owners can check the safety of their own electric blankets by looking for the following warning signs:

- fabric is worn or frayed
- there are scorch marks anywhere
- tie tapes are damaged or missing
- flex is worn or damaged
- any connections are loose
- the heating wires have been damaged or displaced. To check, hold the blanket up to the light. The wires should be evenly spaced and should not touch each other anywhere.

Older blankets in regular use are much more likely to have one or more of the

above faults. If your blanket is over 10 years old or it is showing any of the warning signs it is recommend that you replace it with a new one.

- Safety Tips:**
- Never buy second hand electric blankets, they may not be safe and you can't be sure they meet current safety requirements.
 - When choosing an electric blanket always buy it from a reliable source and check it has a UK safety standard mark.
 - Always read and follow the manufacturer's instructions before use
 - Examine your blanket regularly for signs of wear or damage.
 - Don't use the blanket while it's still folded or creased.
 - Don't use a hot water bottle at the same time as using your electric blanket.
 - Don't touch the blanket if you have wet hands or feet, and never use the blanket if it's wet or damp.
- For general consumer safety advice contact Trading Standards via Citizens Advice Consumer Helpline on 08454 04 05 06.

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- Evening Meals

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RNLI News

Life Saving Christmas Cards



Please support our brave volunteer Lifeboat crews this year by purchasing Lifeboat Christmas cards. Profits from the sale of these excellent quality cards go direct to the RNLI.

A selection of cards are available at the following locations. In Silloth, Fruit Link on Station Road and the NatWest Bank, Eden Street. Allonby Post Office, Maryport Maritime Museum, DA Harrison in Waverton, and King Street News and the NatWest Bank in Wigton also have selections to choose from. The full range of cards, calendars and diaries are on display at the Lifeboat Station shop in Silloth.

The Lifeboat shop also stocks a very wide range of gifts suitable for all. Current opening times for the Silloth Lifeboat shop are displayed in this edition of the Buzz on page 10.

The Silloth & District Fundraising Branch of the RNLI held their 6th Race Night at Silloth Social Club.

The event was well supported and raised £760.

Thanks to Mike Humphries and staff at the Social club for their generous help, to Mike Weaver who runs the race night and also to all the sponsors who supported us this year - Associated British Ports Silloth, DA Harrison Waverton, JayBee's, Last of the Summer Wine, Markley Transport/Carr's Coaches and Winters Newsagent.

During the evening the Branch's Annual Grand Draw was also held and this raised £848. The fundraising branch would like to thank the many individuals and business who took books of raffle tickets to sell as without your help this wonderful amount would not have been raised and of course our sincere thanks to those who donated the 12 main prizes. These include, Photography by Peter, Clive's Shape 'n' Style, the Spar, the Co-Op, Joiners Arms Newton Arlosh, Isobel Scott

at Knoxwood. Prizes were also received from individual local supporters of the RNLI.

All proceeds from the race night and Annual Grand Draw go to the RNLI.

Our next event will be the Harlequin Choir performing a selection of Christmas songs and carols in St Andrews Church, Silloth on 6th December at 7pm.

Annual Grand Draw 2013 Prize-Winners			
1	Microwave	L Smith	00108
2	£50 Voucher 'Photography by Peter'	D Jefferson	04464
3	Bar Meal for Two at Joiners Arms, Newton Arlosh	L Haile	01666
4	Bottle of Malt Whisky	B Johnson	01494
5	£10 Voucher Clive's Shape'n' Style, Silloth	E Thornthwaite	00299
6	£10 Voucher Spar, Silloth	I Rudd	04591
7	Bottle of Whisky	Peter	01751
8	Bottle of Champagne	P Robinson	00274
9	Wine & Chocs Basket	K Park	01601
10	Tin of Roses Chocolates	K Bell	01708
11	Tin of Heroes Chocolates	M Rudd	00029
12	Box of Panettone	E Maybury	01258

All prizewinners have been notified and prizes claimed. Many thanks to all of you who supported this years Grand draw.

£848 was raised for the RNLI from the Grand Draw.

Silloth & District Pensioners Coffee Morning

Report by: Pat Bell

Once again we had a very successful October Coffee Morning when £190 was raised.

Thanks go to all our generous supporters.

Raffle Prize Winners were:-

1st Mary Eccles
2nd Mrs Finlayson
3rd Mrs Denard
4th J Clifford
5th M Gray
6th Jean Smith
7th Mrs Harding
8th Diana Shaw

Tickets for the Christmas Party on 30th November went on sale at £5 each and will be available at the Pre-Christmas Tea in St Andrew's Church Hall on 2nd November at 2pm.

Eve from Goldmark Fashions will also be there so come and get your Christmas outfit ladies, and be ready for the party.

Tickets are available from the Silloth on Solway Charity Shop until 16th November.

Hadrian's Cycleway Open



A brand new £800,000 cycle path has got the thumbs up from young cyclists in Allonby at its official opening. The new 3.7 mile stretch of dedicated cycleway running alongside the B5300 coastal road from Allonby to Maryport completes the 'missing link' in the 174 mile Hadrian's Cycleway stretching from Tynemouth to Ravenglass through some of the world's best Roman heritage country.

The new cycleway was opened in an event attended by all the partners involved in delivering the cycleway, alongside other community representatives, including schoolchildren from Allonby Primary and Cumbrian elite wheelchair athlete Simon Lawson.

Guests set off southwards along the new route towards The Wave, Maryport.

Previously cyclists had to share the B5300 with motorists in a stretch of the road which had been difficult and potentially dangerous, with fast-moving vehicles and the risk of cyclists being unseen by motorists at some locations. This meant that the route did not come up to the standards of the Hadrian's Cycleway and was not officially designated as part of it. The new route runs alongside the road, but is separated from it to allow cyclists and pedestrians to move freely along without worrying about cars. It crosses the road twice to avoid sensitive ecological and archaeological sites and

places where there is the potential for coastal erosion.

According to economic modelling, the new route between Maryport and Allonby is expected to bring in well over £100,000 a year in new visitor spend to West Cumbria.

According to cyclist head count data compiled by Sustrans, the usage of the Hadrian's cycleway is almost the exactly the same in the North West side of the route as the North East, with 81,000 cycle journeys made every year in the North East and 79,000 in the North West. Most people cycle on part of the route rather than its entire length (around 5% of cyclists using the route are doing the whole length of the cycleway), meaning it is an important local amenity for day trips and also commuting or accessing amenities by bike.

A 2007 study by Sustrans on the economic benefits of the Hadrian's Cycleway, which opened in 2006, said it generated £6.5m for the local economy along the route and created or safeguarded 105 full-time equivalent jobs.

Cllr Keith Little, Cumbria County Council's Cabinet member responsible for highways, said: "West Cumbria really has something to celebrate in this new path. It is already being well used by locals and will be a major asset next year when the tourist season sees more and more cyclists doing the full Hadrian's Cycleway and enjoying what was previously a gap in their route."

Bryan Scott, sustainable

access manager for the Hadrian's Wall Trust, said: "There's plenty to see in this section between Maryport and Allonby alone. As well as the fantastic scenery, visitors can go to the Senhouse Roman Museum, home to the famous Maryport Roman altars and next to the Roman fort Alauna, and Milefortlet 21 along the route."

Brian Irving, Manager at Solway Coast AONB, said: "The opening of the cycleway is testament to partnership working and the level of what can be achieved. Through generous landowners, businesses and the local community, we as a ground-up partnership with support from national funding streams have delivered a high quality and sustainable asset to the highly valued North Cumbrian coast. It is a very proud moment for the organisation I represent."

Some of the bikes used for the launch were loaned from the new bike hire scheme run by the Hadrian's Wall Trust in partnership with Carlisle Leisure. The scheme is part of the trust's eco-tourism project for north and west Cumbria, funded by Defra's Rural Development Programme for England to develop the area as a world-class eco-tourism destination. Bikes for adults and children, including 20 power assisted electric bikes for over-16s, can be hired from The Wave Centre in Maryport and Bitts Park in Carlisle, right on the Hadrian's Cycleway route.

JayBee's

MILK 2 litre £1.30

6 Free Range Eggs £1

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Silloth Santa Dash Raised £821 for Xmas Lights



Report by: Alison Henderson

Well done to everyone who turned out for the fundraising Santa Dash around the streets of Silloth on a cold, damp and blustery day.

Although the way some of the younger ladies were

dressed, you would have thought it was summer!

The team with collecting buckets did a wonderful job around the streets and raised an unbelievable total of £475 from the generous folk of Silloth. It just helps to emphasize how much

everyone wants to see a decent Christmas Lights show. After the parade the event in Silloth Social Club where the tombola and raffle and party games were run by Shirley and Debbie brought the grand total up to £821. The total for the year is

almost £12,000.

Thanks must go to Christine and Joseph Reay for the loan of their sound system and to everyone who donated so much time, effort and cash. Also to Sage for the wonderful entertainment. Well done everyone.



Beauty Queen Bee
by
Phoebe Hoodless
from
Silloth
Primary School



Angry Bird Bee
by
Alfie Bennett
from
Holm Cultram
Abbey School



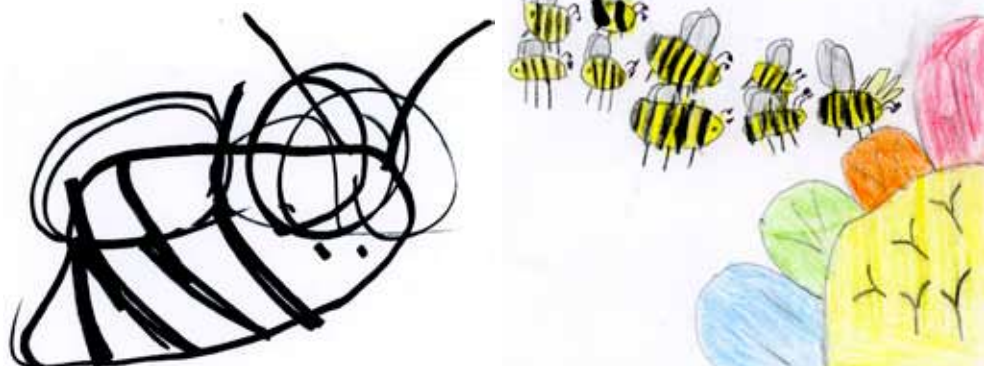
Katie Heart Bee
by
Lois
from
Holme St Cuthbert School



The Busy Bee
by
Jack Kelly-Weldon
from
Silloth
Primary School



Paintball Bee
by
Millie Harrison
from
Holm Cultram
Abbey School



Queen Bee
by Lacey-Jane Hope
from Silloth Primary Nursery

Honey Bee Family
by Kelly Swan
from Holme St Cuthbert School

Causewayhead WI

Report by: Pat Froggatt

The October Meeting held at St. Andrews Hall was also an open meeting allowing others to attend.

The topic was 'Clydesdale Horses Migration from Skye' and the talk was given by Gilly Fraser. She commenced by explaining her interest in the Clydesdales and how she became involved in the Migration, together with slides of the horses and explained the difference between them and other

similar types of horses.

The Migration took place seven years ago and she was fortunate enough to take time off work to participate. The horse she rode was called Max, a beautiful Clydesdale. They rode the horses from Skye to their new home in Cumbria a total of 450 miles. Her talk was interspersed with some wonderful anecdotes and finally ended with a poem she had written - which rounded the evening off beautifully.

A vote of thanks was given by Mary Duggan who expressed everyone's delight.

The Competition for a Horseshoe was won by Pat Froggatt and second was Mona Kent. The Flower Competition was won by Olga Hetherington who also took second place. The Raffle prizes were won by Jean Stainton, Maureen Irving, Brenda Dowdell, Frank Reynolds, Jean Stainton, Jean Graham, and Theresa Hutchinson.

The Parish Church of St. Mary's HOLME CULTRAM ABBEY, ABBEYTOWN

O' Christmas Tree, A Festival for Christmas

In the Abbey Church
from Thursday 5th December - Monday 9th December 2013

The Festival will be opened by
The RT. Revd. Robert Freeman, Bishop of Penrith
on Thursday 5th December at 7pm
to include: Music, Mulled Wine and Seasonal Refreshments

The Abbey will be open on Friday 6th December, Saturday 7th December and Monday 9th December from 10am - 5pm.

Sunday 8th December 12 Noon - 5pm

Also on Saturday 11am - 4pm, Medieval Christmas at the Abbey.

Refreshments will be available throughout the day including morning coffee, lunch and teas at a reasonable cost.

Evening Events:

Friday 6th December at 7pm - Christmas Market and Refreshments
Saturday 7th December at 7pm - Supper and Family Fun Night
Sunday 8th December at 7pm - Concert by Zing! and Buffet
Monday 9th December at 7pm - Thanksgiving Service will be followed by Raffle draw and Auction

Admission prices range from £2 - £10
A 'Festival' Ticket will also be available and includes admission to the Festival everyday and all evening performances at £20

For further information please contact
Brenda on 016973 61224 or Anita on 016973 61113

Tigers at the Top!



Silloth Rugby Club have had an excellent start to the season. They are one of only two teams in the county that have a 100% league record.

The season started with a 43-0 away win in a friendly at Cockermouth, followed by a 38-10 home win to Kendal in the Cumbria League Cup. Next up was a 19-15 league win away to Creighton followed by a 34-20 league win over local rivals Wigton, up next was a quarter final win over Egremont by 21-17. Two more league wins followed a 25-23 win over Millom then a 47-26 win at Penrith. Next up was Silloths' only loss so far in a tight semi final game at Furness, the game looked to be heading for extra time when Silloth lost to a last minute penalty kick 31-28. The team picked themselves up and hit back with an emphatic 45-6 win over Windermere and finally a solid 19-15 win at Cockermouth.

Coach Mark Orchard said "Overall this is a brilliant three months for the team. There's a few new faces this season so things are looking good."

The big news for the club and town is the revival of a Silloth Second Team which disappeared nearly 20 years ago.

A lot of work has gone into this and coach Mark Orchard is proud of all the hard work he has put into this project.

Body Fat Burning Dangers

Following the recent deaths of young people after they have taken the 'fat burning' substance 2,4-dinitrophenol, known as DNP, Trading Standards is urgently warning the public not to take any tablets or powders containing this ingredient.

DNP is an industrial chemical. It is not fit for human consumption.

However, 'fat-burner' capsules, tablets and powders containing DNP appear to be marketed at the body-building community, and those wishing to lose weight, as a quick way of burning fat.

When consumed, DNP can be extremely dangerous to human health, possibly leading to coma and death. Signs of acute poisoning can include nausea, vomiting, restlessness, flushed skin, sweating, dizziness, headaches, rapid respiration and irregular heartbeat. Consuming lower amounts over longer periods could lead to cataracts and skin lesions and impact on the heart, blood and nervous system. Anyone who believes they may have taken DNP should seek medical advice immediately.

The Food Standards Agency in partnership with Trading Standards are taking action to crack down on the illegal sale of DNP.

Trading Standards, the Police and the Food Standards Agency are working together to stamp out the illegal sale of DNP to consumers, focusing on stopping internet sales.

To report any supply in Cumbria contact Trading Standards via the Citizens Advice Consumer Helpline on 08454 04 05 06 or report to Crimestoppers on 0800 555 111.

Pensioners Tea

Report by: Pat Froggatt

On 2nd November the Pensioners Pre Christmas Tea was held at St. Andrews Hall, Silloth. A splendid tea was prepared by the Committee consisting of scones, rum butter, jam, and tea or coffee - all served by the Committee and their helpers. The hall was full to capacity which created a very friendly atmosphere. The cake stall and raffle was well supported.

Eve also brought along her winter collection of clothes and this is always a popular event on these occasions and is well supported. She displayed many of her items which were for sale and business was brisk.

Everyone appeared to really enjoy the event and waited with great anticipation for the drawing to take place.

The winners for the drawing were: Pat Bell, Betty Johnson, Pat Froggatt, Maureen Gray, Kathy Mawbray, Betty Tiffin, Margaret Thompson, Joyce Bragg and Jean Graham.

Well done to all.

Thank you to everyone who attended your support is greatly appreciated.

Silloth Sewing Circle



Report & Photo by: Jennifer Bailey

Sewing Circle members busily making items for their Christmas Bazaar on 23rd November in St. Andrews Hall (opposite the Co-Op) from 10am to 4pm. Santa will be visiting

for the children and lots of handmade goodies will be on sale, there'll be a cake stall and a raffle, refreshments will be available and admission is free, so come along and see what we've been up to! The Circle meets every Thursday afternoon

in St. Andrews from 1pm to 3pm.

All abilities are welcome to join our very friendly group and enjoy a cuppa and a chat, together with the opportunity to either revive your sewing skills or learn new ones



Killer Bee
by
Craig McKay
from
Silloth
Primary
School



Blue Lightning
Bee
by
Harrison
Abernethy
from
Silloth
Primary
Reception

Music at Mawbray



Report & Photo by: Jon Molyneux

On a blustery night, the first Saturday in November, Culterham Hall Mawbray was once again the venue for a great nights entertainment. It was hoped that the Harlequin choir would be performing but sadly

couldn't come due to illness. Thankfully Scott Pearson stepped in and warmed up the audience before "The Little Girl With a Big Voice" Emily Reay thrilled everyone with her extraordinary musical talent, entertaining with a range of tunes from Paramore to Bowies space oddity

Thanks to Scott and Emily and to Culterham Hall for booking them.

Cumbria County Council

Christmas coffee morning

Silloth local links

Friday 15 November

in aid of Children in need

This event will run from 10.30am - 12.30pm

Children in Need

Silloth Local Links, Discovery Centre, Patteril Street

The Good Companions Residential Care Home

Long & Short Term Stays in Single En-Suite Rooms
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Terminator Bee
by
Peter Myers
from
Holme St Cuthbert School

Children’s Centre

Opening Hours:
Monday 9:30am to 12:30pm
fortnightly for the
Childminders group also
Monday 1pm to 3 pm term time
Tuesday 1pm to 3 pm term time
Wednesday 9:30am to 12:30
for Tots n Toddlers

Open at other times when the
rooms have been booked, if you
wish to use the Centre please
call to make arrangements. We
are more than happy to show
people around, chat on a one
to one basis or in small groups.

Contact Numbers:
Silloth CC - 016973 31230
Aspatria CC - 016973 22777
Wigton CC - 016973 49555

Arthritis Support

Wigton Area Arthritis Support
Group meet on
1st Friday each month at
Loveday House, South End,
Wigton @ 1:30pm, details from
Gladys 016973 43964

Silloth Tots/Toddlers

Silloth Tots & Toddlers meet in
the Children’s Centre, Silloth
and is open to all children aged
from 0 to 4 accompanied by a
parent/carer.
Sessions are on:
Wednesdays:
10pm to 11:30am
term time only
Entry is £1 per family and this
includes refreshments
All Welcome
Call in for a friendly chat

Abbeytown Library

Abbeytown mobile library
will stop outside the
Wheatsheaf Inn at 1pm for an
hour every Monday

Christ Church

For Christ Church baptisms and
other church related business
please contact:
Rev Bryan Rothwell
The Vicarage, Wigton Road
Tel: 016973 31413

Civic Amenity Sites

Operated by Cumbria County
Council. tel: 01228 606060
Maryport Tip, tel 01900 66922
open daily 8am to 6pm
Wigton Tip, tel 016973 45617
open Tuesday, Thursday,
Saturday & Sunday,
8am to 6pm

Production Team

Proprietor:
Peter McRobert
Barn Cottage
Skinburness, CA7 4RA
Tel: 016973 32180
Email:
office@solwaybuzz.co.uk

Editorial Content
This is down to you, we can
only publish items if you send
them to us.
When sending articles in,
please supply a contact name
and number in case something
requires clarification.
We will accept letters or
emails, but we do prefer emails
as we have to have your letters
typed out.
Published by:
Peter McRobert with the
support of the whole
community and an army of
volunteers.

Football Training

Silloth Football Club

Eden Street Playing Field

under 7 years
Wednesdays 4-5pm
under 11 years
Wednesdays 5-6pm

Men’s Team
Tuesday 8:30pm to 9:30pm

Men’s Team
Wednesday 7:30pm to 9pm
Open to boys and girls.
Membership forms available
from all coaches.

Secretary: Stephen Hart 32706

Karate Club

From Monday 9th January
Silloth Karate Club will be
moving to Solway Community
School Hall.
under 12’s 6:30 to 7:30pm
12’s and over 7:30 to 9pm
NEW MEMBERS WELCOME
For further details contact
Stephen on 07811 761033

Whist Group

Age no barrier. Anyone
interested please come along
on a Tuesday at 1.30pm until
3:30pm, entry is £2 - if you
require any more information
please ring Susan Kenny on
016973 32450.

Kickboxing Club

The Kickboxing Club is held
in Christ Church Hall every
Thursday night from 6:30pm to
7:30pm. All welcome.
www.solwaykickboxing.
webeden.co.uk

Kettlebell Fitness

Kettlebell Total Body Blast is
at Silloth Sports Hall every
Wednesday night from
7pm to 8pm.
Rapid results, Unisex, Suitable
for all levels of Fitness.
To Book Call or Text Gayle on
07725 99 00 62

Metafit Fitness

30 Minute, Body Weight High
Intensity Training, Mondays at
Silloth Sports Hall, 6:15 pm.
Wednesdays, Wigton Market
Hall, 5:30pm. Just turn Up!
For more info Call Gayle
07725 990062

Bridge Group

Meet on Wednesday evenings
from 7 till 9pm, at the Golf Club
to play Duplicate. Information
from mike.md@btinternet.com.

Breastfeeding Group

Mondays 10am to 11:30am
Wigton Bowling Club, West
Road, Wigton
Have a cup of tea and meet
other breast-feeding mums.
Support and advice is available
from trained Breast-feeding
Peer Supporters and from
Health Visitors or Midwives. For
more information call Wigton
Health Visitors: 016973 66608

Copy date for the
January issue is:
1st December 2013

If your organisation has an
event to promote or you
have something to say,
please note the next copy
date.

Dates for the Diary

November

17th Christmas Craft Fayre
in Mawbray Village Hall from
10am to 4pm

17th Craft Fair at Bank Mill
Nursery

22nd Bloomers & Cream
Buns in Culterham Hall,
Mawbray from 2-4pm
see advert, ticket essential

23rd Silloth Sewing Circle
Christmas Bazaar in St Andrews
Hall from 10am to 4pm for
handmade Christmas items &
gifts, meet Santa

23rd Pre-Christmas
Afternoon Tea in Christ Church
at 2pm

26th Criffel Tea Dance
in Solway Community School
from 1:45 to 3:45pm, Tel: Marie
Robinson 016973 31553

26th Christmas Sale &
Coffee Afternoon at Silloth
Nursing Home from 2pm,
admission £1.50

27th The Lost World at
Torpenhow Village Hall 7:30pm

30th Christmas Party in
Stanwix Park with Silloth &
District Pensioners from 3pm
to 8pm with buffet & live
entertainment from Stevie Las
Vegas, tickets £5

30th Silloth Christmas
Lights Switch-On at 6pm

Wednesday Bunch

Silloth Evangelical Free Church,
Eden Street Wednesday Bunch.
at 5pm every Wednesday,
(except in school holidays)
Fun, bible stories, quizzes,
craft, games for 5-11s

Abbeytown Lunches

Holm Cultram Abbey C
of E School are providing
Community Lunches every 2nd
and 4th Friday of the month.
Two courses and a drink for
only £3.50!
(we can deliver locally too!)

Silloth Open Door

Free Lunch 12noon - 1pm
Every Tuesday in
St Andrew’s Hall (Opposite Co-
op). Donations Welcome

Ladies Fellowship

Silloth Evangelical Free
Church, Eden Street Ladies
Fellowship starts Thursday,
26th September at 1.45pm.
Thereafter alternate weeks.
Warm fellowship, refreshments,
and good speakers.
All welcome

RNLI Shop

SHOP OPENING HOURS
November
Saturday 1pm - 3:30pm
Sunday 11am - 3:30pm
December
Sunday 11am - 3:30pm
closed for the season
after 8th December

Our shop is staffed entirely by
volunteers and occasionally
we may not be open at the
advertised time. We do
apologise for any inconvenience
that this may cause.

Please let us know
of any changes
within this section

December

2nd Silloth Town Council
meeting at 7pm in the
Community Hall, all welcome

4th Parkinson’s Group
Meeting in Wheyrigg Hotel
at 12:30pm for christmas
lunch then Susan Allison and
her “Christmas Cracker”. All
welcome. 016973 52527

6th Harlequin Choir in St
Andrews Church Hall, Silloth
at 7pm. Proceeds in aid of the
RNLI, Entry by donation

5th Holme Cultram Abbey
Festival opening @ 7pm

6th Holme Cultram
Abbey Festival for Christmas
Christmas Market &
Refreshments at 7pm, other
activities 5th to 9th see advert

7th Crunch Service in
Skinburness Road Car Park
from 8am to 9:45am

7th Medieval Christmas
at the Abbey 11am - 4pm
Come and join in with our
Medieval Christmas festivities
at Holme Cultram Abbey.
Find out how our ancestors
celebrated Yuletide through
crafts, music, stories and
activities and soak in the
atmosphere of this historic
building

7th Holme Cultram Abbey
Festival for Christmas Supper &
Family Fun Night at 7pm
see advert

8th Holme Cultram Abbey
Festival for Christmas Concert
by Zing! & Buffet at 7pm
see advert

9th Holme Cultram
Abbey Festival for Christmas
Thanksgiving Service, Raffle
Draw & Auction at 7pm
see advert

10th Criffel Tea Dance
in Solway Community School
from 1:45 to 3:45pm, Tel: Marie
Robinson 016973 31553

10th Jambalaya Christmas
party at The Vaults, Aspatria at
7:30pm

10th Neighbourhood Forum
Meeting, tel 01900 706009

11th Causewayhead WI
meeting in Trinity Methodist
Church Schoolroom at 7:15pm
for the AGM

13th Mens Choir Christmas
Concert in Christ Church Hall at
7pm

14th BMX Track Opening
and display by The Clan plus
catering, all welcome

15th Craft Fair at Bank Mill
Nursery with Santas Grotto

22nd St Pauls Afternoon
Carol Service in the church at
3pm

24th Christ Church
Christmas service at 6pm

24th Christ Church
Midnight Service at midnight

Send Your Bees to the
Solway Buzz
There is a Bee
Shortage and we
Need Yours!

Please note that articles,
letters and virtually all
content of the Solway Buzz
are contributed by YOU,
the local community. The
Editor reserves the right to
control what is included,
however, no responsibility
whatsoever for the content
of the Solway Buzz can be
accepted by the Editor, or
the Publishers.

January 2014

4th New Year Trek the
Solway Wetlands 11:30am start
A chance to get a blast of fresh
Solway air and burn off the
Christmas calories! Explore the
Eden Estuary with Wetlands
Officer Dave Tallentire on
this walk of 7.5 miles / 12 km
starting at Burgh by Sands.
Bring your Christmas leftovers
for a warming picnic! Meet:
Outside the Greyhound Inn at
Burgh by Sands, CA5 6AN
Booking not required.

4th Silloth Tigers past
and present players & officials
Reunion at the Rugby Club after
match

7th Criffel Tea Dance
in Solway Community School
from 1:45 to 3:45pm, Tel: Marie
Robinson 016973 31553

8th Causewayhead WI
meeting in Trinity Methodist
Church Schoolroom at 7:15pm
for Members Night

15th Wigton Medical
Practice closed for training
from 1pm

18th Crunch Service in
Skinburness Road Car Park
from 8am to 9:45am

31st Quiz night in aid of
the RNLI in the Golf Hotel @
7:30pm

February

6th Coffee Morning in the
Recreation Hall with Silloth &
District Pensioners

15th Crunch Service in
Skinburness Road Car Park
from 8am to 9:45am

Errors do occur in Dates
for the Diary. Please check
before attending an event.

March

1st Coffee Morning in the
Recreation Hall with Silloth &
District Pensioners

4th Neighbourhood Forum
Meeting, tel 01900 706009

15th Crunch Service in
Skinburness Road Car Park
from 8am to 9:45am

20th Wigton Medical
Practice closed for training
from 1pm

April

5th Coffee Morning in the
Recreation Hall with Silloth &
District Pensioners

August

17th Silloth Beach Half
Marathon @ 11am, also 10k
race at 11:30am, book online
by visiting www.q-buster.co.uk

September

4th Silloth Music & Beer
Festival

5th Silloth Music & Beer
Festival

6th Silloth Music & Beer
Festival

7th Silloth Craft Show

7th Silloth Music & Beer
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Do you have an event
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Your Letters

Dear Buzz,

It was an interesting article in the last Buzz regarding the re-union of the 1945 Troop of Silloth Scouts. It is a great pity that more of the lads who were Scouts at the time were not able to attend this possibly unique occasion. Some of us could not attend because of ill health. I can list the one's I know who are still kicking, ready, willing and prepared if possible. Raymond Gibson, Keith Baxter, Harold Bosward, Ray (Enoch) Irons, Clive Kerr, Donald (DonDon) Graham and myself. They were marvellous times to live through and we had some brilliant, happy and informative years together and I think the Troop had in it some of Silloth's finest youth. We had discipline and respect for each other and our peers, and I cannot recall any of them getting into any sort of trouble, but that does not say that we were angels and did not get up to the usual pranks. Maybe somebody will remember others who are still with us. Regards,

Gus Proud
Ex Seagull Patrol

Dear Buzz,

Everyone at Silloth Primary School and Jelly Tots Day Nursery would like to thank Sue Moore and her team for all their hard work raising money. Both establishments were given a fantastic cheque for £400.15 each. Sue and her team raised a super £800.30 from a sponsored walk to Maryport in July and taking part in the Total Warrior in August. Both Silloth Primary School and Jelly Tots Nursery are very grateful for this money and will put it to good use. Once again a great big thank you to Sue and everyone that helped and contributed.

Rachel Ingrams
(Head) Silloth Primary School
Jackie McCormick
(Owner/Manager) Jelly Tots Nursery

Dear Buzz,

At the ripe old age of 71 Tommy Minnican has had his 4th Hole-in-One at the twelfth hole at Silloth Golf Club in the KD Hayton Trophy. Well done Tommy.

J.C.

Bee Happy Bee
by Kelsey Routledge
from
Holme St Cuthbert School

Fly High Bee
by Pearl Eilbeck
from
Holme St Cuthbert School

Poem

A Poem by Joan Bennett

Teeth
Our teeth are so useful, we use them to eat
They can look so nice if they're even and neat
Some people lose them their gums show of course
Some people wear dentures and look like a horse.
Some people lose odd ones and show a wide gap
Some people don't clean them, their teeth are black
Some people's dentures are loose, don't fit neat
They rattle about when they talk and they eat.
Some old folk soak theirs overnight night in a cup
Forget where they've put them, when they wake up
Young children have milk teeth, these will fall out
The tooth fairy visits, with a gift there's no doubt
Our teeth are so precious, so people beware
Clean your teeth often and treat them with care
They're meant to chew food not too many sweets
So ask for some fruit when offered some treats.



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The October List
by Jeffrey Deaver

Gabrielle is sitting in an apartment in Manhattan, watching the clock. Her daughter has been kidnapped; she's shot and killed a man, and is trying to negotiate with the kidnapper. He wants the October List, and he wants money. The doorbell rings... That is the end of Gabrielle's story, and the first chapter of the novel. The next chapter is the scene which came before,



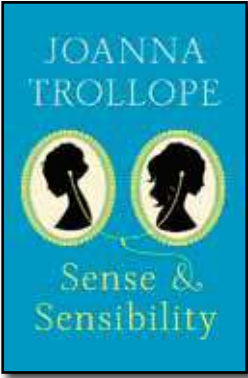
and what follows is what happened before that.

Sense and Sensibility
by Joanna Trollope

This is Joanna Trollope's much-anticipated contemporary reworking of Jane Austen's Sense and Sensibility; sure to be one of the most talked about books of 2013

The Dashwood sisters could hardly be more different. Elinor, an architecture student, values discretion above all. Her impulsive sister Marianne dreams of going to art school. But when the family are forced out of Norland Park, their beloved home, their values are severely put to the test.

Joanna Trollope casts Sense

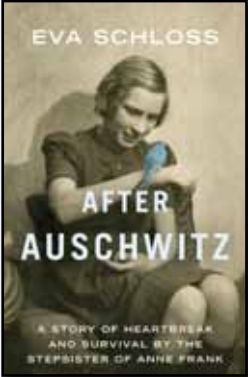


& Sensibility in a fresh new light, re-telling a coming-of-age story about young love and heartbreak, and how some things never change...

After Auschwitz
by Eva Schloss

Eva was arrested by the Nazis on her fifteenth birthday and sent to Auschwitz. She survived thanks to luck, determination and the love and protection of her mother, Fritzi. In 1953, her fate became entwined with that of a girl she had played with as a child, when her Fritzi married Anne Frank's father Otto.

A searingly honest account of how an ordinary person survived the Holocaust, After Auschwitz also explores what happened next, Eva's struggle to live with herself after the war



and her continuation of the work of her step-father Otto, ensuring that the legacy of Anne Frank is never forgotten.

New for November:

Watch Your Back – Karen Rose
Gods of Guilt – Michael Connelly
Dust – Patricia Cornwell
Cross My Heart – James Patterson
Archie & Archie – Ruth Rendell
Touching Distance – Graham Hurley
Casting the First Stone – Frances Fyfield

Samuel Johnson Prize for Non fiction 2013

At a time when non-fiction is outselling fiction, the judges are delighted to announce the shortlist for the 2013 Samuel Johnson Prize for Non-Fiction, the UK's leading non-fiction book prize.

The shortlist includes the story of the building of the great First World War cemeteries, a history of the first Afghan War, an account of the importance of bees, the tale of a journey by camper van to discover the meaning of Roman Britain, and biographies of former Prime Minister Margaret Thatcher and poet Gabriele D'Annunzio.

The six titles on this year's shortlist are:

- Empires of the Dead: How One Man's Vision Led to the Creation of WW1's War Graves, David Crane (William Collins)
- Return of a King, William Dalrymple (Bloomsbury)
- A Sting In The Tale, Dave Goulson (Jonathan Cape)
- Under Another Sky, Charlotte Higgins (Jonathan Cape)
- The Pike, Lucy Hughes-Hallett (4th Estate)
- Margaret Thatcher: The Authorized Biography, Volume One: Not for Turning, Charles Moore (Allen Lane)

Masthead Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered hoodie to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher. So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Send them in to the address on this page and a quality Solway Buzz embroidered hoodie from Carlisle Embroidery could be yours. You don't have to be at school here to send a bee to us. If you are here on holiday we would love to receive your bee drawing, just tell us your name, where you are from and where you are staying. You will find our address on page 10.

This month the winner is Findley Rabia from Holme Cultram Abbey School with a bee called "Big Bee".

Well done!



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On the Water Front

Report by: Captain Slog
(Assisted by David at John Stronach Shipping Agency)

September 2013

1st. BBS Star from Wolgast with wheat, then in ballast to Ellesmere Port.
1st. Ben Maye from Liverpool with wheat, then in ballast to Liverpool.
16th. Verity from Shoreham with wheat, then in ballast to Dublin.
21st. Scot Pioneer from Antwerp with woodpulp, then in ballast to Kilroot.
22nd. Zapadnyy from Bremen with molasses, then in ballast to Klaipeda.
22nd. River Trader from Rouen with wheat, then in ballast to SFO.
28th. Ben Maye from Liverpool with wheat, the in ballast to Liverpool.



Photo of River Trader by John Forrester

October 2013

1st. BBS Sky from Ghent with fertilizer, then in ballast to Campbeltown.
9th. Sea Ruby from Wolgast with wheat, then in ballast to Port Talbot.
23rd. Ben Maye from Liverpool with wheat, then in ballast to Liverpool.

As I have mentioned before in previous articles, the safe navigation of the upper Solway Firth, above Maryport and towards or from the harbours at Port Carlisle, Annan and later at Silloth, was and still can be a hazardous business for those without up-to-date local knowledge. Strong currents and moving shallows with sandbanks will readily thwart the efforts of the unwary mariner. The low-lying Cumbrian coastline, which ought not be approached too closely due to extensive shallows strewn with large boulders, offers very little in the way of distinguishable landmarks from which the mariner can take bearings with his compass to assess his vessel's position. Consequently, the port authorities, needing to provide a safe access to their facilities, had to indicate by some means, a navigable route through the hazards, whilst giving the mariner frequent means of confirming his position en-route.

The Carlisle Canal opened in 1823, linking Carlisle to the sea at Fisher's Cross, thus opening up new trading opportunities for the city. Rudimentary port facilities grew at the seaward end of the canal,

which became known as Port Carlisle. Over a period of time, relatively larger and deeper vessels needed to gain safe passage through the upper Solway, especially following the opening of Silloth Dock. Following an Admiralty survey of the Solway in 1837, it was decided that a safe channel marked by buoys and shore-marks, (lighthouses), should be established. The Admiralty recommend that a lightship rather than a buoy should mark the outer entrance to this channel. So in April 1840, Mr William Bell, a shipbuilder at Bowness (on Solway), was commissioned by the Carlisle Canal Company to build such a vessel. It was robustly constructed in wood and

was registered at about 80 tons. It was launched on 15th December 1840 and named SOLWAY.

The lightship joined a small list of other navigational aids recently established on the upper Solway Firth. They were the 'Lees Scar' and the 'Cote' lighthouses at Silloth Bay (no dock planned at Silloth yet), and the lighthouse at Barnkirk Point, at the mouth of the river Annan. The small lightship was placed on station and anchored to the east of the Robin Rigg shallows and crewed by six men, three or four serving on board the vessel, whilst the others would be ashore on leave, all on a rotating duty system. The lightship was painted white, with the name SOLWAY painted boldly in black on its sides. Marking the entrance of the channel to Port Carlisle, it displayed a black ball by day and a fixed red light shone from a central tower at 25 feet above the water at night. It was also equipped with a large brass bell, to be rung in poor visibility.

With the gradual demise of Port Carlisle and the opening of a dock at Silloth in 1859, the management of these navigational aids was transferred to Silloth, and all were of equal value to shipping using this port. Lightship crews were relieved using the Silloth paddle tug 'Arabian', to be replaced by the paddle tug 'Solway' in 1886, which itself was replaced by the paddle tug 'Petrel' in 1893. Towards the end of its useful life, the wooden lightship

Tide Tables

DECEMBER 2013										SILLOTH
Date		DEPTH ON NEW DOCK GAUGE								
		High Water				Low Water				
		Morning		Afternoon		Morning		Afternoon		
		Time	m	Time	m	Time	m	Time	m	
1	SU	10 01	7.0	22 21	7.1	04 36	-0.5	16 56	-0.5	
2	M	10 45	7.4	23 06	7.4	05 26	-0.8	17 48	-0.8	
3	TU	11 28	7.7	23 51	7.6	06 15	-1.0	18 39	-1.0	
4	W			12 13	7.9	07 02	-1.0	19 28	-1.1	
5	TH	00 37	7.7	13 00	7.9	07 48	-1.0	20 16	-1.1	
6	F	01 29	7.6	13 50	7.7	08 35	-0.9	21 04	-1.0	
7	SA	02 21	7.3	14 43	7.5	09 21	-0.7	21 53	-0.8	
8	SU	03 15	6.8	15 40	7.1	10 10	-0.4	22 46	-0.5	
9	M	04 15	6.4	16 41	6.7	11 03	-0.1	23 43	-0.3	
10	TU	05 20	6.0	17 47	6.3			12 04	0.1	
11	W	06 30	5.7	18 56	6.2	00 45	-0.1	13 12	0.2	
12	TH	07 39	5.7	20 02	6.1	01 52	-0.0	14 20	0.2	
13	F	08 44	6.0	21 02	6.3	02 56	-0.0	15 25	0.1	
14	SA	09 36	6.3	21 54	6.4	03 55	-0.1	16 24	-0.1	
15	SU	10 21	6.5	22 37	6.6	04 46	-0.2	17 14	-0.3	
16	M	11 00	6.7	23 17	6.7	05 30	-0.3	17 57	-0.4	
17	TU	11 35	7.0	23 52	6.8	06 07	-0.4	18 37	-0.5	
18	W			12 08	7.1	06 42	-0.4	19 11	-0.5	
19	TH	00 26	6.8	12 40	7.1	07 13	-0.4	19 45	-0.5	
20	F	01 01	6.7	13 14	7.0	07 45	-0.3	20 17	-0.4	
21	SA	01 36	6.6	13 48	6.8	08 18	-0.3	20 51	-0.3	
22	SU	02 11	6.4	14 23	6.6	08 54	-0.2	21 26	-0.2	
23	M	02 47	6.2	15 00	6.3	09 31	-0.0	22 03	-0.0	
24	TU	03 29	5.8	15 42	6.0	10 11	0.2	22 45	0.2	
25	W	04 16	5.6	16 34	5.7	10 58	0.5	23 36	0.3	
26	TH	05 14	5.4	17 38	5.5	11 54	0.5			
27	F	06 23	5.4	18 52	5.6	00 39	0.4	13 03	0.5	
28	SA	07 33	5.6	20 01	5.8	01 54	0.3	14 19	0.4	
29	SU	08 38	6.1	21 04	6.3	03 03	-0.0	15 29	-0.0	
30	M	09 34	6.6	21 59	6.8	04 05	-0.3	16 32	-0.3	
31	TU	10 25	7.2	22 52	7.3	05 03	-0.6	17 30	-0.7	

Tide Tables supplied by ABP Port of Silloth
Times shown in UTC. Add 1 hour for British Summer Time.

Tide Tables supplied by ABP Port of Silloth
Times shown in UTC. Add 1 hour for British Summer Time.

was herself replaced in 1895 by an iron built converted barge called 'Tobin' (but with the word SOLWAY freshly painted on her sides). She had been purchased from the Mersey Docks & Harbour Board. The working days of the old wooden lightship, now in poor condition and laid up in Silloth Docks, were not over yet, as she occasionally replaced the 'Tobin' when that vessel was withdrawn for maintenance. The wooden SOLWAY lightship's exposed location meant that it did occasionally break away from its anchor and get blown off station, beaching and having to be refloated. Her last gasp of active life was in 1920, when having once again broken free she was towed back to languish in Silloth Docks. That same year, the 'Tobin' lightship was sold off and replaced by a navigation buoy. The old wooden SOLWAY was eventually bought around 1922 as a hulk by a Mr Ferguson of Silloth, who had her taken out of the docks and beached a little further up the coast, near Skinburness, in order to strip out anything of use, including

her old copper hull sheathing. However, before the scrapping process really took a hold, the hulk, which still looked much like a lightship, was converted into a small tearoom and lemonade bar, with a short ramp allowing public access from the beach. The final scrapping process of the old SOLWAY lightship took place in early 1929, when she was totally dismantled and removed from the beach. Only the old brass fog bell, inscribed SOLWAY LIGHT SHIP 1841, was saved and given to the Silloth on Solway Golf Club, to be used as a signal bell on the first green, to indicate to following golfers that the green was clear. Sadly, during the early 1980's, this historical relic was stolen from the Golf Club and has never been recovered.

These days, the entrance to the navigable channel to the port of Silloth is marked by a large green navigation buoy, located about 2.5 miles south-west of Dubmill Point. At night, the solar-powered green light mounted on the buoy can be seen flashing once every four seconds.

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- Silloth Library016973 31944
- Silloth Nursery & Junior School:016973 31243
- Silloth Town Clerk:016973 31128
- Allerdale B. Council01900 702702
- Silloth Tourist Information Centre:016973 31944
- Solway Buzz:016973 32180
- Solway Private Hire:016973 32310
- Vet:016973 20242
- Waste Disposal Dept:01900 702800
- Water LeakLine:0800 33 00 33
- Please, let us know what you want included, also any changes to numbers.

Fight Environmental Crime

Satellite technology and QR codes are being used by Allerdale Borough Council in a hi-tech fight against environmental crime.

The unique software, created by the Council's IT team, allows the public to file on-the-spot reports about everything from dog fouling and fly tipping, to graffiti and missed bin collections.

And what makes the reporting system special is that it can all be done from a mobile phone, so that residents don't even have to enter an address to report the problem – the technology does it all for them. The public can use QR, or Quick Response, codes to report problems, or head straight to the Council's website. The interactive map also identifies clusters of reports so council officers can target hotspots, and those reporting the problems can see their complaint 'pinned' to the map and even check whether it's been cleaned up.

The software is bespoke and the Council's IT team is now planning to share it with other local authorities. It is also the only local authority in Cumbria using this type of technology, rather than the traditional customer service phone lines or lengthy online forms.

Councillor Phil Tibble, Allerdale Borough Council's Executive Member for Customer Services, said: "This technology is brilliantly



interactive – you see a map on the screen of your mobile phone or tablet computer, then hit the 'locate me automatically' button and report a problem on the spot. That means it's perfect for those who are just visiting too – they don't have to know road names to report an issue. We try to promote the 'Council in a Click' message and encourage people to report problems to us online – this takes that initiative to another level."

Councillor Michael Heaslip, the Executive Member for Locality Services, added: "We know how angry people get about things like dog mess and fly tipping and the Council's made no secret of the fact that it has a zero

tolerance approach to these issues. What's great about our use of this new technology is that we will be able to identify hot spots, increase our officer's presence in those areas, and hopefully eradicate the problems in that locale for good."

Information cards and posters containing the relevant QR code will soon be available from all Allerdale Borough Council offices, as well as libraries and tourist information centres. Temporary signs containing the code will also be displayed in problem areas, encouraging people to report issues. Alternatively, people can go direct to www.allerdale.gov.uk/report to use the interactive system.

Astrology

LIBRA
September 23rd
to October 22nd
'Who puts you off with
promise gay
And keeps you waiting half
the day?
Who compromises all the
way?
Sweet Libra!'



Libra is the sign of the Diplomat - someone always seeking a compromise so as not to rock the boat! Regrettably, whilst being so tactful, Librans often become indecisive, easily influenced and a teeny-weeny bit self-indulgent. All in the pursuit of harmony and 'balance'! Not surprising then that theirs is the sign of those old-fashioned grocer's scales, or 'balances'!



The Bright Side:
Exceedingly charming and easy-going, Librans are idealistic and far-sighted but occasionally, susceptible to flattery thus becoming

distracted from achieving their goal. Relationships are all important and Librans just love being around their favourite people; isolation does not agree with them and they do not feel 'complete' until settled down with a life partner - always assuming they can finally make up their mind just who this is!

The Dark Side:
The famous indecisiveness of Librans means that they either sit on the fence and wait – or swing wildly from one point of view to another – forever seeking the all-important 'balance'. In doing so, this sign can often insist on doing it 'My Way' – particularly in the romance stakes!

Libran colours are pink, pale green and various shades of blue so it's not surprising that gems associated with this sign are the deep blue Sapphire and the green of precious Jade. Opulent roses and not surprisingly, bluebells (and any other blue flowers) find favour with this sign.

Beware Cold Callers

Trading Standards have been made aware of cold callers offering gardening, tree cutting and roofing services across the North of the County. There have been reports from Anthorn, Kirkandrews on Eden and Aglionby. The callers are using an unmarked white transit van and approach householders trying to pressure them into agreeing to have work carried out. Trading Standards have not yet managed to find these traders to ascertain whether they are acting legally but have concerns that older and more vulnerable residents may have been targeted.

If you have seen anything suspicious or know where these traders are currently operating, please contact us. Any information you can provide might help us to apprehend these traders.

Trading Standards would like to reiterate previous advice - don't deal with cold callers. As usual please look out for vulnerable friends, neighbours, relatives. Help stop the scammers and doorstep criminals by sharing this message.

If you have been approached by these sellers or have any information please contact Trading Standards via the Citizens Advice Consumer Helpline on 08454 04 05 06, Cumbria Police on 101 or Crimestoppers on 0800 555111.

Abbeytown Mothers Union

Report by: Gladys Temple

Branch Leader Brenda Sim welcomed everyone to the September meeting and apologies came from, Maureen, Anita, Judith, Eileen, Lynne, David, Muriel, Margaret and Connie.

Noeline Foster led the prayers then Brenda introduced Christine McGlinchey from Age UK to talk about the various activities over 55s can join in. She told us about the Active for Life sessions, the swimming, calligraphy course and lots more available on the Age UK website.

Elaine Atkinson agreed to be the coordinator for

Abbeytown Area and will shortly be able to give out all sorts of information and leaflets. Christine gave out recipe books and fold up shopping bags which fit in your handbag and will be especially useful when carrier bags are charged for.

Brenda thanked Christine for coming. There were thank you letters from Eileen Todhunter for her special birthday card and from Maureen & Will Gibson, Judith & Alastair Bryant and Mary Banks & husband on their Golden Weddings. Best wishes were also sent to Joan Winter, Brenda Sim and Margaret Thompson who had

birthdays during the summer break.

Mary Banks was then welcomed as Deanery Leader to speak about the "Away From It All Scheme", Liz Townsend is the new representative but has just taken over and is not able to come and talk about it yet. It began as a holiday scheme to help families under stress to get away for a short break. The first year 550 families were helped but in 2012 over 2,000 families were helped in our Diocese. All members pay in their subs towards the costs and we were told if you know someone who needs help even if it is only a day away from everything send

their name to Mary. She pointed out that most people do not realize how much work the Mothers Union does in the community including outreach to hospitals, parent and toddler groups and a reception centre and in Haverigg Prison as well as the work in their own Parishes visiting the sick members and helping with shopping and befriending lonely people. We also knit small items for the

premature baby unit and make gowns of Love for the stillborn babies.

She feels that Mothers Union does not promote itself very well outside the Church and many people do not realise it is a very worthwhile group to think about joining.

Freda Garner thanked Mary for a very interesting and informative talk.

Elaine Atkinson and Joan Winter served the refreshments then Elaine

read the minutes of the May meeting.

We had a lovely visit to Wreay Church and a nice meal in June then a very enjoyable outing to Harrogate and Harlow Carr Gardens in September.

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Silloth Music & Beer Festival 2014

There is good news from the Silloth Music & Beer Festival Committee.

At a time when many festivals around the county are being cancelled, they are delighted to confirm the dates for 2014 are 4th-7th September 2014.

The committee are looking at bands, if any act would like to be considered, contact info@sillothbeerfestival.co.uk.

They will be holding heats for all acts during February and March.

Building on the success of 2013 they have been listening to your comments. The bands will be as varied as possible. There will also be a new Kidszone on the Sunday, also more ciders, a bigger stage and sound system. Watch out for a special deal in the new year when the headliners are announced.

Cumbria Deserves More Arts Funding

Cumbria councillor adds voice to criticism of London arts funding bias

A senior Cumbria County Councillor has added her voice to a report out today showing that government funding for English museums, galleries and theatres is heavily skewed towards London.

The 'Rebalancing Our Cultural Capital' report finds that the government spending on arts and culture in London is £69 per resident, compared to the rest of England where it is £4.60 per person.

Councillor Patricia Bell, cabinet member for public health and communities at Cumbria County Council, has added her voice to Cumbrian Peer and broadcaster Melvyn Bragg

who has said it is time the rest of England fought back.

Councillor Bell said: "At a time when local government budgets are seeing big reductions in central government funding, the way national funding for the arts is distributed is more important than ever. This report found that Arts Council England shared £163 million of government arts funding with organisations in London last year. This adds up to £20 per head and dwarfs the £3.60 per head which Arts Council England distributed to the rest of England at the same time. This is not about spending more money but it is about making sure the existing pot is shared more equally with areas outside London, including Cumbria."

New Garage in Silloth



Robinson Car & Commercial have been running as an independent garage from smaller premises at the coal yard in Abbeystown since 2010.

Due to continuing support from their loyal customers, Rick and Emma are happy to announce that they have moved to new

much larger premises, based at the control tower on Silloth Airfield (previously known as Markleys Transport).

This will allow them to continue to provide a quality and reliable service to all of their customers as they now have simply outgrown their old unit in Abbeystown.

None of this could have been made possible without you - their customers. They specialise in commercial vehicles including trucks,

buses, also plant and agricultural equipment. They also provide a wide range of services for cars and vans.

Rick and Emma would like to take this opportunity to thank all their customers and staff for their continuing support and look forward to meeting many new ones along their journey into the future.

Contact them today for free advice on all your vehicle queries, see their advert on this page.

Protect Your Family From Flu

People in Cumbria are being urged to take a free flu vaccination. Cumbria County Council is appealing to all the vulnerable groups to protect themselves this winter by getting vaccinated.

The county council's acting Director of Public Health is taking the flu message to YouTube: www.youtube.com/watch?v=kEehT5TJFBU

For the first time a nasal spray vaccine will be offered to healthy two and three-year-old children, and those at primary school in Cumbria, in a bid to slow down the spread of the virus. This marks the first step in an extension to the national flu vaccination programme, which will eventually include yearly vaccination of all 2-16 year olds.

Councillor Patricia Bell, cabinet member for Public Health and Communities at Cumbria County Council, said: "For the majority of people, flu is an unpleasant, but not life-threatening illness. However, it can be very serious for older people and those groups at risk of developing complications. They include those with weakened immune systems as well as underlying conditions such as neurological disorders, liver, lung or renal

disease, heart problems or diabetes and pregnant women. Vaccination remains the best way to protect against the potential serious harm from flu this winter."

Nationally almost 800 people were admitted to intensive care with complications of flu last year. Each winter hundreds of thousands of people see their GP and tens of thousands are admitted to hospital.

Dr Rebecca Wagstaff, acting Director of Public Health at Cumbria County Council, said: "Severe winter flu and its complications can make people really ill and can kill. You are eleven times more likely to die from flu if you are in a clinical at-risk group. I urge everyone who is eligible, to get the vaccine and help protect themselves and their family."

The flu vaccine changes every year to fight the latest strains of flu, so even if you had a vaccination last winter you need another one this year to stay safe from flu. Simply contact your GP or local pharmacist to arrange a convenient appointment and get you or your child vaccinated. It's quick, safe and free for those at risk from the virus, two and three year olds and primary school-age children.

Xmas Trees & Wreaths

Christmas is here again. Rena and Robert from Fruit Link in Station Road, Silloth would like to wish all their customers a Merry Christmas all the best for the New Year.

They would also like to let you know that from the 29th November Fruit Link will be selling Christmas Trees and Wreaths as well as other Christmas lines.

Marilyn Amyes Memorial Walk

Sponsorship money raised during this years walk was the magnificent total of £1,000.

This will be divided equally between Silloth First Responders and the Air Ambulance.

Many thanks to all walkers, sponsors and to Tom and Dot for providing refreshments.



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Work Started on New Silloth BMX Track

Up until Autumn 2011 youngsters in Silloth used the old Pines behind the lifeboat station as a make-shift BMX track. This track was not provided by Silloth Town Council and did not comply with any safety regulations. For these reasons, it was removed and fenced off to make way for the play area now in its place.

Subsequently, young people and parents in Silloth approached Silloth Town Council and attended several meetings to voice their disappointment at losing the dirt track and make a case for a new facility. Youngsters proposed to raise money for the creation of a permanent and compliant track, and asked for the council's support. Parents who attended these meetings also voiced support for the proposal.

Silloth Town Council were impressed by the enthusiasm and the responsible approach the youngsters were taking. They expressed strong support and asked the youngsters what they would like and where a possible location might be. The children, along with some parents, visited several tracks in the county looking for design ideas. Their experiences provided the framework for a suitable design.

In November 2011, the young folks along with Cllr. Stuart Graham and other parents, completed a sponsored bicycle ride and raised £550, demonstrating the high level of commitment from youngsters, parents and adults in the Town.

Given the high levels of support, a committee for Silloth BMX Club was formed. As a constituted group, the club were now in a position to seek further funding from organisations in the community and elsewhere. Committee members include Stuart Graham, Deputy Mayor (Chairperson) David Baker (Treasurer) and Diane Graham (Secretary).

Silloth Town Council

suggested the proposal for the BMX track could be included as part of the Green re-generation, and Cllr Stuart Graham, Jason Dixey, the project manager for the Green's refurbishment and Anna Malina, the Community Engagement Officer for the Green began to submit ideas to HLF for approval.

Posters and adverts were distributed around Town and the youngsters presented their ideas at a public meeting. The community consultation was supplemented by an online consultation set up by the Community Engagement Officer.

Heritage Lottery approved the draft proposal and all the relevant

procedures have now been approved, including ROSPA checks, topographical surveys, wildlife impact surveys, impact on the community, and appropriate plans/designs.

All of the above work took a great deal of time and effort to accomplish, however, Silloth Town Council is now in a position to move the project forward to completion. The aim is to provide the best track possible within the budget available.

The contractors have now started the build phase. It's expected the build will take around three weeks.

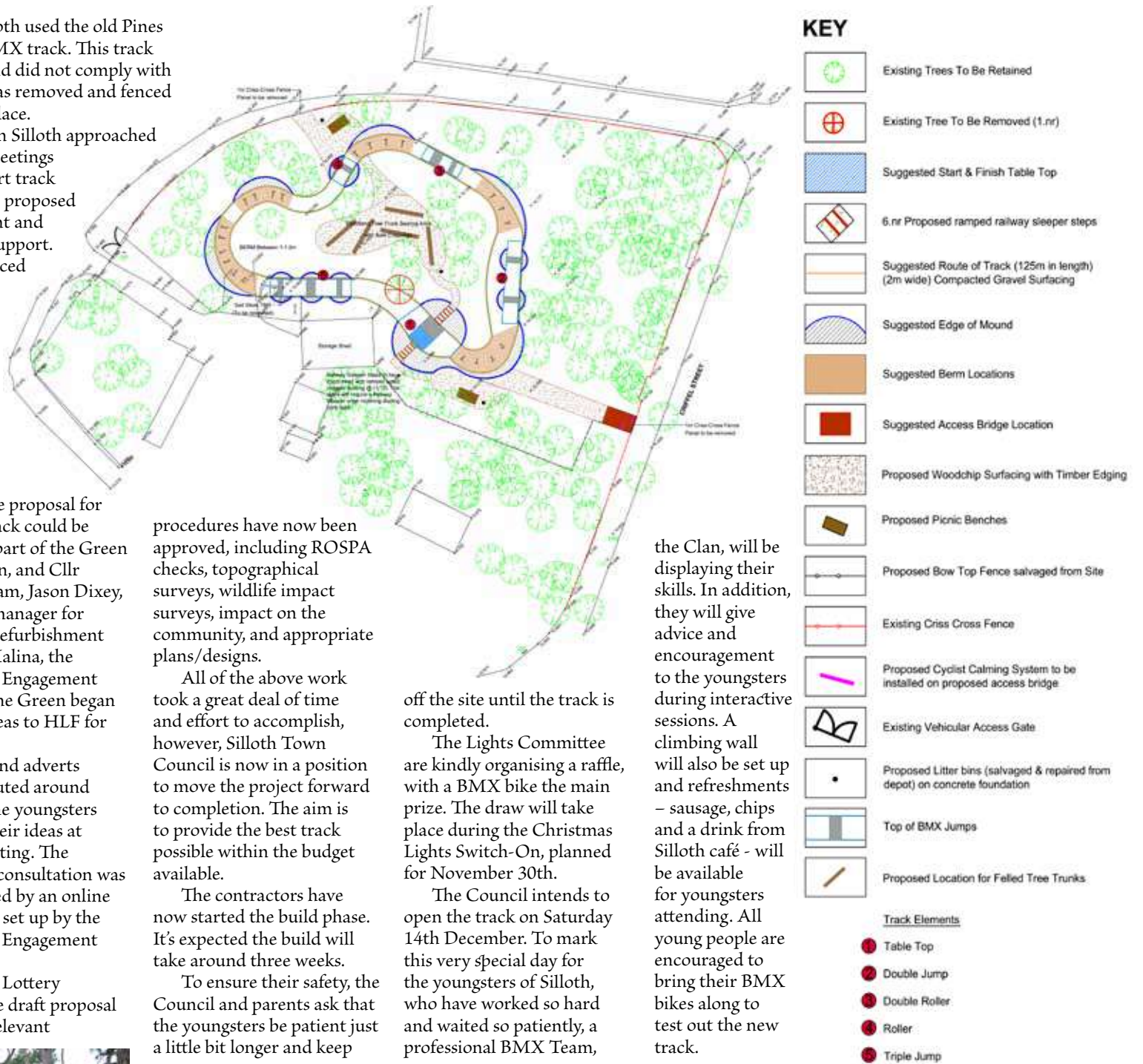
To ensure their safety, the Council and parents ask that the youngsters be patient just a little bit longer and keep

off the site until the track is completed.

The Lights Committee are kindly organising a raffle, with a BMX bike the main prize. The draw will take place during the Christmas Lights Switch-On, planned for November 30th.

The Council intends to open the track on Saturday 14th December. To mark this very special day for the youngsters of Silloth, who have worked so hard and waited so patiently, a professional BMX Team,

the Clan, will be displaying their skills. In addition, they will give advice and encouragement to the youngsters during interactive sessions. A climbing wall will also be set up and refreshments – sausage, chips and a drink from Silloth café - will be available for youngsters attending. All young people are encouraged to bring their BMX bikes along to test out the new track.



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Silloth Tigers Old Boys Reunion

The 2014 Old Boys Reunion will take place on Saturday 4th January

This is an open invite to all TIGERS players and officials from any era

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The Tigers have a home game against Wigton 2nd XV that day

Today's Squad may be the most exciting first team squad for a long time, with players of outstanding ability and commitment

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