

Buzz Bee by May Gilmartin www.solwaybuzz.co.uk from Skinburness

July 2024

local news - for you - by you - about you - free to you

FREE PAPER Issue 220

See more on pages 6 & 7

28th, 29th & 30th June Ragnarock IX Silloth Rugby Club all day

29th June Silloth Pride 11am to 6pm on Silloth Green

6th & 7th July **Firebird Festival** on Silloth Green

What's On During 2024

20th & 21st July Silloth Vintage Rally on Silloth Green

27th July Soul on the Green 11am to 8pm

18th to 21st August Circus Montini on Silloth Green

25th & 26th August Silloth Carnival on Silloth Green

Page 2 Silloth Juniors Presentations



Page 3 Your Candidates



Page 8
Dolly Parton part 3



Pages 10 & 11 Silloth Green Dayz



Pages 13 Andrew tells his story



Page 17 Blencogo Garden Outing



The Solway Buzz is a FREE community paper with a circulation of up to 5,500 copies for the area around Abbeytown, Skinburness, Silloth-on-Solway and Mawbray

Silloth Juniors Football Club Presentations



Sunday 19th May saw Silloth Juniors Football Club gather at Stanwix Park Holiday Centre for our annual presentation celebrating the achievements of the Club for the 2023/24 season. Thank you to our special guest, Taylor Charters for presenting the awards and taking time to talk to players.

Well done to all the award winners and a huge

thank you to all the players, parents, coaches, committee members and sponsors for their continued support.

Thank you to Stanwix Park Holiday Centre for the use of their lovely venue.





















July 4th Election: Penrith & Solway Candidates



Matthew Moody Reform UK

I want Penrith and Solway to be a thriving area with low employment, improved housing stock, excellent education and integrated transport infrastructure.

Anchored by Silloth, Maryport, Wigton, Keswick and Penrith, the area needs a reduction in youth migration with improved education, job prospects and housing options.

Reform UK will introduce new subsidised technical courses and apprenticeships focusing on farming, forestry, construction, and engineering and fast track housing choice bringing empty homes into use to drive new growth, choice and opportunity.

We need additional support for smaller farms, reducing paperwork and scrapping climate related subsidies helping farmers produce more food. Focusing on Buy British, Buy Quality, farmers receive better prices and college places means younger people are attracted back ensuring food security and future generations of arable and hill farmers.

We'll scrap renewal subsidies and net zero pledges on diesel and petrol cars, oil and gas boilers and get to work on utilising our natural resources and accelerating nuclear.

Increasing the tax threshold to £20,000 helps keep more money in your pocket allowing you to spend more on local goods and services adding to a vibrant local economy.

This is a chance to vote for real change, use your vote wisely.



Shaun Long Social Democratic Party

The interests of our mainstream Westminster parties are far from those of the residents of Penrith and Solway, and it is my intention to put our area first. The SDP believes that the interests of our constituents are our interests, and that our citizens should be prioritised in housing, services and the labour market. We need affordable homes and tax breaks for families; the right to heat off-grid homes with oil, solid fuels and LPG, and a secure future for our farmers.

To support the above, the SDP will offer a fully shareable tax allowance for couples with young children; we will build social housing to which married British families will be offered preferential access; we will pivot towards increased vocational training, training and recruiting our own health professionals rather than importing them; we will not sacrifice our livestock farmers on the spurious altar of Net Zero, and will protect them from predatory supermarket practices and the threat of cheap low-welfare imports; we support the development of North sea oil and gas, as well as the new Woodhouse Colliery.

We have seen our industries run down, our assets and businesses sold off, and our national debt soar.

This must stop.



Chris Johnston Independent

I'm standing to give people an option outside of the parties.

We are more united than divided, we all believe in fair pay for honest work, that the next generation should have access to good education and safe housing, a society that looks after its more vulnerable and puts more in than it takes out, clean water, affordable food and energy.

Where we differ is how to bring about that future.

As an Independent, I can support the good ideas of the government without limiting the good ideas from other parties.

By lending me your vote, we can show that a new politics is possible. We can build a government that is truly representative of our country.

I believe in system of political accountability with checks and balances in the hands of the people so that all our voices will be heard.

It will make sure that democracy isn't just something we do once every 5 years, but an ongoing process of improvement, to create a country that reflects its people.

Your vote is your voice, to be heard at this election you will need a photo ID. Your vote, no matter who it is for, will always be important.



Mark Jenkinson Conservative Party We're making progress. And if you vote to continue that progress, my contract with you is clear - I will continue to be your voice.

My record speaks for itself: I've attracted over £1bn in public and private investment into North and West Cumbria. We've started the job of reversing decades of Labour's managed decline.

We're installing Hyperfast Broadband across the county; We're investing hundreds of £millions through our councils for road maintenance and local transport priorities, so the council have no excuse for a repeat of the mess they made of Solway Street, or for putting off the B5300 upgrades any longer; And in buses, such as the restoration of the 60 bus and the extension of the 400, that I fought to see returned.

We're investing in our NHS, with a new Cancer Hospital in Carlisle; a new medical school training our new doctors; new Community Diagnostic Centres to speed up diagnosis, and a new hospital at West Cumberland.

We've invested in our schools – refurbishing, extending and rebuilding across the patch.

I'm Cumbria's man in Westminster, not the other way round.

With me you get a proven track record of delivery, and a promise of much more.



Roy Ivinson Independent

We are sitting on a gold mine of wind energy with elected politicians who refuse to develop it for the good of Cumberland people.

The wind should be the property of Cumberland Council who lease it out to wind turbine operators for a percentage of the electricity produced, which they then sell to you and me at a discount using the money to pay fot local services, Council tax will be abolished.

We are living in a food insecure overpopulated island. Heading towards a global famine caused by man made climate change.

Imigration into this island will stop. We are doing the imigrants who come here no favours when the famine comes and we are unable to import the food to feed these people, they will starve to death on the street. We create a zero carbon transportation system by buildiong the railways into Silloth, not by electryfying motor

Use your vote to say something, the future government of this country will build wind turbines in Cumberland and give you nothing for it.

Vote for me and I will fight for your right to be paid for our wind.



Julia Aglionby Liberal Democrats Nothing submitted



Markus Campbell-Savours Labour Party Nothing submitted

Through the facebook sites of the Solway Buzz and Silloth Today all candidates in the July 4th elections for the Penrith and Solway constituency were invited to submit 200 words. These are their responses.

The deadline to register to vote in this election is midnight on 18th June 2024.

The deadline for new applications to vote by proxy is 5pm on 26th June. The deadline for emergency proxy votes is 5pm on the day of the election, 4th July 2024.

Voter ID

If you are voting at a polling station you now need to show a form of photo ID.

Accepted forms of photo identification: You can use any of the following accepted forms of photo identification when voting at a polling station.

Passport issued in the UK, Channel Islands, Isle of Man, British Overseas Territory, an EEA state or a Commonwealth country.

Driving licence issued by the UK, Channel

Islands, Isle of Man or EEA state.

A Blue Badge

Older persons bus pass

Disabled persons bus pass

Identity card bearing the Proof of Age Standards Scheme hologram (a PASS card).

There are other acceptable forms of photo ID. More information can be found on the Electoral Commission's website.

Voter Authority Certificates (VAC)

You only need to apply for a Voter Authority Certificate if: you do not have accepted photo ID, you no longer look like the photo on your ID, the name on your photo ID is different to your name on the electoral register. https://www.cumberland.gov.uk/voting-and-elections/apply-voter-id

The deadline for applications for a Voter Authority Certificate or an Anonymous Elector's Document valid for this election is 5pm on Wednesday 26 June 2024.



Susan Denham-Smith Green Party Nothing submitted



Beavers and Cubs



Report by: Kathryn Shires

During May the 1st Silloth Beavers and Cubs have been as busy as ever. First of all we went pond dipping at Campfield Marsh, Bowness on Solway. We had a great time there and identified lots of interesting creatures! We thoroughly recommend finding the time to go over there. It's a nature reserve run by the RSPB and all the equipment is free to use. There is also a great walk – but don't forget wellies if it has been raining!

Next we headed over to the pines for a treasure hunt with a difference. We had lots of different coloured paint swatches (the leaders did get some strange looks when collecting them from B&Q). Our aim was to find something natural which matched each colour. It was quite hard to do.

Next we were meant to be lighting fires but in true Silloth style it poured hard all evening so we played some board games instead - the Beavers and Cubs actually had lots of fun doing that!

Look out for us on Thursday evenings leading up to the summer holidays and come and say hello. And if you know of somewhere local we could visit, or have an interesting skill or activity you could share with us, please let us

If you would like to join in with our adventures then get in touch we have spaces for girls and boys between the ages of 6 and 11. Beavers and Cubs meet together on Thursday evenings, usually at the Bowling Club on Eden Street, from 6pm until 7:15pm. The fun isn't just for children though – us adults have lots of fun too - come and find out more! Message through our Facebook page, or ring Kathryn on 07803 000216.







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Waver Wine Circle



Report by: Stuart Jones

At the last meeting of the Waver Wine Circle our Chairman, Bill Henderson, reported that at this months Cumberland Show he won the "Best Wine in Show" with his Beetroot and Pineapple red

Holme St Cuthbert KS1 Day Out



Report by: Sharron Henderson

On Thursday 9th May, Holme St Cuthbert School Nursery and KS1 class had an adventure to Carlisle as part of their 'Walk around...' curriculum.

Their trip included a visit to the library where all children, including the youngest pupils, were very excited to receive their very own library cards and select a book to

take home. On their walk around they stopped off for a photo at the Cathedral, made echoes in the subway and enjoyed a picnic lunch in front of Carlisle castle.

This trip followed on from earlier walks including A Walk in Whinlatter and A Town Walk around Silloth, with a Walk Around the Harbour to look forward to

Right Said Stead

local author and illustrator of children's books has been busy with his next project and delving into the world of the music business to promote his book Dinoshakes and Bellyaches ready to be published by Pegasus Publishing of Cambridge.

To compliment the publishing of the new book Tim enlisted one of the UK's biggest pop duos Right Said Fred. Notable for their iconic nineties hit 'I'm Too Sexy' that was a massive hit worldwide for them.

We asked Tim how this all came about? Tim says... Well my publisher wanted to publish Dinoshakes and Bellyaches! For the summer of 2024. Which I happily agreed to. Now in the past with promoting the books I've had celebrity readings for the books, radio interviews and even on the ITV News. I thought this time I need to take it up a level to really get this noticed, because it's a very fierce industry in the children's books releases.

I knew there and then who I

was going to ask because we both follow each other on social media platforms and it was Right Said Fred.

So I thought I'd message them and see if they would be interested in the project. And to my amazement they agreed and said yes they'd love to work with me in the studio and create a kids song for the books.

When they did record the track and the first time I heard it. It was exactly what I wanted. Even better than I had ever imagined it

We've got an animation video being created to go with the song then it'll be available as a download track and to view on YouTube. Just type in @dinoshakes on YouTube and it'll pop up.





Tips for Gardening in a Small Space by FoG



Report by: Pat Robinson. Photos: Julie Hyde, Caroline Turner

Not everyone in Silloth has a garden, maybe only a patio, yard or even just an alleyway. Whatever you have it's possible to still enjoy gardening and being outdoors. Look at what you have and plan accordingly-with a very small area you may only have space for a small bistro table and chairs, somewhere to eat out when the weather allows, or perhaps a bench!



With a restricted space you may have to be content with a few pots filled with annuals for colour, maybe one with herbs near the kitchen door for culinary use or just a large statement shrub.

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Pots and containers come in many shapes and sizes. You could try a large pot or urn to take centre stage or group several smaller pots to make an interesting combination.

The great thing about containers is that



you can move them around and find out what looks best before you fill them up! Remember pots are heavy when filled so put them in their final position before potting them up.

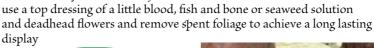
Pots can be quite expensive so look around for old galvanised buckets, discarded sinks, troughs or old chimney pots. Even a pair of old wellies can look good planted up . Check they are no longer in use!

Search around markets, car boots, ironmongers, farm shops and auctions for odd and unusual containers which will look great when planted up with bright red Geraniums, Petunias, Nemisia and all manner of annuals.

Whichever pots you choose make sure they have drainage holes and try to keep the bases off the ground with tiles or small feet. These are available at garden centres or make your own from anything you have.

Adequate drainage is essential to ensure the plants don't become waterlogged or the roots will rot and the plant will die so place crocks, old broken terracotta pots in bottom to help drainage.

Container plants will need to be fed every 2 or 3 weeks, just







If you fancy something more exotic try a Passionflower, the colours are superb, rich blues and purples or snowy white and they look good growing with a clematis. You will need to train any climbers on wires or with a trellis, homemade or bought!

Just let your imagination run riot! And, if you enjoy gardening why not become a volunteer with Friends of the Green? We meet every Wednesday at 10 o'clock in the Community Garden.







Whether your space is large or small, make sure all containers are within easy reach for watering, deadheading and pruning.

When planning your space consider the safety aspects - leave room to move around freely, consider the distance you will have to carry water, especially if you have mobility issues. If possible have access to an outside tap.

Maximise your available space by going up! A "well furnished" wall can be a delight for the senses and a backdrop for your other pots.

Consider a clematis or two for colour and a profusion of flowers, or a climbing rose - Arthur Bell, has golden yellow blooms with wonderful fragrance or Gertrude Jekyll, a short climber with lovely pink flowers and an Old English rose scent.



The Cumbria Cobbler Cycling Festival was held on the roads in Silloth town centre and on the Green on Saturday 8th June.

It was a bright, dry, blustery and cool day as riders from all over the north of England and Scotland competed in many classes.

The day was organised by Cumberland Council and Carlisle Cycling Association. As part of the festival Cumberland Council laid on a stage with several individual musicians and groups. There were also many food caterers, stalls and an entertainer.

This is the fourth time the Solway Coast Cycling Festival has taken place in Silloth, having previously been held in 2021, 2022 and 2023. This year's event included special guest GB cyclist



Philip Hines, Crank It cycling activities included jump track, time trail course, skills challenge coaching and balance bike races, also a BMX showcase, and fun

During a short lunch break there were two adult races when, members of the public rode their bikes around the course in the company of Olympic champion Philip Hines.

Cumbria Cobbler













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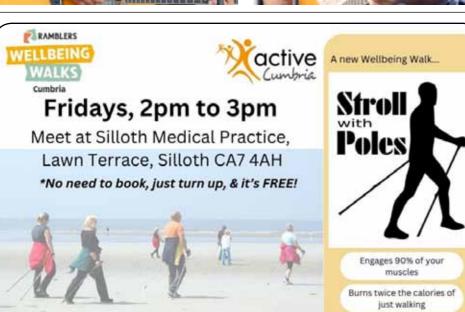


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simon.mccall@ncic.nhs.uk 07717 693062



Dolly Parton's Connection to Silloth part 3



Report by UK Superfan Joe Skelly who lives in Skinburness

The Rhinestone movie had failed at the box office. Dolly didn't let this get her down. "Some projects work out and others don't. That's the nature of the entertainment world."

Indeed, Dolly was in receipt of a nomination for best actress for the previous movie "Best Little Whorehouse In Texas".

The 1980's saw relatively strong sales still coming in for Dolly from her music. Several songs (Save the last dance for me, Tennessee

homesick blues, God won't get you, Don't call it love, Think about love and a brilliant duet with Kenny Rogers called Real Love) reached the top ten within the country music charts

Variety television had died a death somewhere along the lines across the globe. Indeed as a once popular televised entertainment module, this was now almost defunct and of no particular interest to global TV networks.

However the giant TV company ABC in the USA wanted to breathe life back into the TV variety show. They chose Dolly to be their leading lady in the resurfacing venture. 1987 saw the new series "Dolly" hit the TV screens. Dolly has previously had a music series for TV from 1976 onwards, this would be a different

The syndicated show had an array of guests like Bruce Willis, Tammy Wynette, Tom Petty, Tom Selleck, etc. The musical input was from Dolly herself with a lot of

her songs being featured and sung throughout the show. Although mid screening of the series was revamped with new opening titles and sequences - the show was inevitably cancelled. Ratings just were not high enough for it to continue.

One of the biggest releases in Dolly's career was her 1983 "Dolly in London" concert. A VHS release worldwide was massive. It's still a very popular show to this day and all dedicated fans around the globe own a copy in some form or another. It was never released digitally or on DVD. Dolly arrives in London from the top deck of a London red bus! The show itself was spectacular. I personally remember the entrance to the auditorium - the crowd went wild as she made her way through the stalls to the stage being touched, grabbed and hugged by many people on the way. The band were playing an extended intro to her song "Baby I'm Burnin' and euphoria filled the event as Dolly eventually graced the stage.

As with all recorded events there was a lot of material missed out of the VHS release. The massive hit Dolly took high in the charts - "Potential New Boyfriend "was performed but strangely never included in the release. The emotion of the song "Me and Little Andy" in the set was so, so moving - I had tears falling. A concert event that I personally feel has never been repeated.

As time went by Dolly ventured into the world of plastic surgery. The country luminary has never made a secret of this. Indeed, she once said "We really are like products, whether we like it or not". The meaning from this being that the public expects a certain image. Dolly's image she

said "was that of living to the girl next door, if you happen to live next to a fairground." One of her biggest tag lines in any live show is where she says "It costs a lot of money to look this cheap". The image had come from seeing a local working girl in the town where she was raised. Dolly

thought the glitz and glamour of

Modelling her image (right

through to today) on the "town

how the lady dresses was amazing.

tramp" is also within her repertoire

on and off stage.

To come in the future would be collaborations with major stars of the world. Also, the introduction of the worldwide children's charity "The Imagination Library" and the most beautiful, eventful and popular theme park "Dollywood".

As a dedicated fan, meeting Dolly for the very first time was a dream come true. Making firm connections with the management team and gaining their respect as a fan, without the crazy element has been a wonderful experience. Let's talk about these things in the next article? Stay with me, come enjoy the musical ride.





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Issue 220

"Quote of the Month"

"Just one small positive thought in the morning can change your whole day"

(Dalai Lama)



Cumberland Council is urging residents to dispose of batteries responsibly and refrain from placing them in regular household waste bins.

Following the recent incident involving a refuse vehicle catching fire in Carlisle, the council emphasises the importance of proper battery disposal for all households.

Batteries, commonly found in everyday items like toothbrushes, toys, phones, e-cigarettes, and laptops—including rechargeable Lithium-ion batteries—must be handled with care because of their potential to cause fires or explosions if damaged.

To ensure safety and environmental protection, the council advises residents to use designated battery recycling bins available at Household Waste Recycling Centres throughout Cumberland and most supermarkets across the council area.

If anyone wants to find their nearest battery collection point please go to the Recycle More website.

Chloe Tringham, Assistant Director for Climate and Waste, said: "In our increasingly digital world, electronic devices powered by batteries are indispensable. From smartphones to remote controls, these devices play a vital role in our daily lives. However, batteries have a limited lifespan and need proper disposal. Even if they don't cause a fire, damaged batteries pose a significant risk to the environment. These batteries contain various chemicals and materials that can have detrimental effects to our surroundings, if not recycled responsibly. Recycling batteries is a simple yet effective way to protect the environment and conserve valuable resources, and we are encouraging people to take their unwanted batteries to their Household Waste Recycling Centres or their local supermarket

Michelle at Slimming World

Michelle is a familiar face around Silloth and as an award winning consultant with groups in Aspatria on a Wednesday, we are excited to say that Michelle is now Silloth's Slimming World Consultant after two health scares - including being temporarily paralysed from the neck down, forced Michelle to find a new perspective in life.

Michelle said she was depressed and had zero confidence, often spending time crying about her low self-esteem. She would avoid pictures being taken of her.

Michelle's weight gain came after she was diagnosed with the rare Guillian-Barre Syndrome. It mainly affects the feet, hands and limbs, causing problems such as numbness, weakness and pain. It can be treated and most people will eventually make a full recovery, although it can occasionally be lifethreatening and some people are left with long-term problems.

Frightened Michelle ended up paralysed from the neck down for four weeks and had to learn to walk again. As a result, her weight ballooned, knocking her confidence even more. She said: "having given up smoking my weight ballooned to a size I had never been before. I knew I was bigger than ever but I hadn't realised how much. "I was in the changing rooms, sorting out a new work wardrobe and trying on a pair of trousers and the button flew off as I fastened them. I remember sliding to the floor and crying.

"I actually felt self-hatred right

for recycling."

This initiative aims to reduce environmental impact and ensure a safer community for all residents of Cumberland.



Michelle before

there and then. I was depressed and had no confidence in myself at all. I always tried to hide from the camera and insisted it was only a head and shoulders shot if it had to be taken. I was diagnosed with Guillian-Barre syndrome which left me paralysed from the neck down for four week. I had to learn to walk, feed myself, and write again. This period led to more weight gain. Once I was on the road to recovery, it gave me a new perspective on life."

After overcoming the paralysis and regaining her health. Michelle managed to lose three stone saying: "I felt like a different person, happy, bouncy, confident, I even wanted my photo taken."

This only lasted for three years when, for a second time, she was hit with another health issue and was diagnosed with fibromyalgia - a long term condition that causes pain all over the body. She said: "I maintained my weight loss for three years through Food Optimisng, too generous to be called a diet, everyday foods that we all have in our cupboards at home, never feeling hungry or deprived, these foods are the lowest in calories per gram and have great filling power, Slimming World have over 53 years experience and research in food, building a physically active lifestyle, and the psychology of mindset and behaviour change for lasting weightloss.

As I was coming to terms with my limitations Covid 19 then hit us all. The first lockdown I treated it like an all inclusive holiday and of course, I was no longer exercising like I used to. Once again, I gained weight. I admit



Michelle now!

I felt embarrassed and worried about what people would say, I felt like a failure having gained my weight again."

After all the struggles, Michelle re-joined Slimming World to help her shift the weight she had put back on and was so thankful for the warm welcome she received when she walked through the doors of her local slimming World Group.

She said: "once again the group were there to support me in image therapy, a group of like minded members who "Get It", who understand what it feels like, getting their support, inspiration and motivation, planning for the week ahead, learning about myself as a slimmer, learning how I could protect myself under certain situations, pick me up regardless of the numbers on the scales, removing any guilt. I love to be able to go out and socialise and still see a weightloss through the lifestyle changes I have made, I feel happier, healthier and fitter than before. Celebrating every 1/2 stone as we go and when I achieved my target I received my life long membership along with my slim for life book which is a twelve week springboard into learning to be a target member, who are our experts in group.

Michelle launched Silloth Slimming World on 8th June it runs every Saturday at 8:30am and 10am at Silloth RUFC, everyone is welcome and the kettle is always on. You can just turn up or contact Michelle on 07984 998946 for more information.

Michelle also runs groups at Aspatria Rugby Club at 9:30am, 5:30pm and 7pm

Aerial View of Silloth by James Smith



Wigton Bowling Club

Slimming WORLD because you're amazing

Silloth Rugby Club

Mondays 3:30pm, 5:30pm & 7pm Tuesdays

7am, 9am & 10:30am All With Denise

Contact: Denise on 07799 708465

Saturdays 8:30am & 10am Aspatria RUFC Wednesdays 9:30am 5:30pm & 7pm

All With Michelle

Contact: Michelle on 07984 998946



Report by: Owen Martin

the Green for Silloth Green Dayz!

A massive thank you to everyone who came

along, to the amazing acts from Stanwix Park,

Were You At Silloth Green Dayz?













A massive thank you to DA Harrison for the stage and skips, they are a fantastic family business always willing to support our events.

Solway Buzz - local news - for you - by you - about you - free to you

Please remember this was put on all FREE by Silloth Rotary Club for everyone to attend!













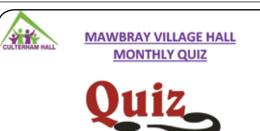
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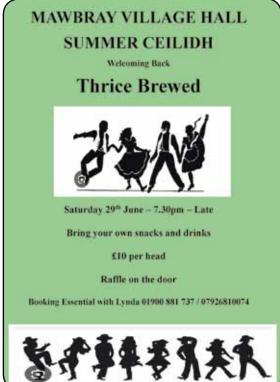
Exercise and dance groups Craft group Pool and bowling clubs. Books and jigsaws. And much more.

Come and find out.

Refreshments available.



Starting from Oulton Village Hall at 8:30am to view the tractors, then Ride Out at 10:30am to The Wheyrigg Hotel, near Abbeytown. Contact Shaun Carruthers for information: 016973 42141 all welcome





SILLOTH,



llothfirebirdfestival.co.uk 🥤 silloth on solway festival

Your Amazing Buzzing Letters and Poems

Dear Buzz,

I think we must be living in UTOPIA because only five members of the general public turned up for the parish councils annual general meeting.

To say the town is scruffy, untidy and suffering from neglect could be the understatement of the year, many would think we do not pay council tax.

How the residents of the Crofts put up with the lack of grass cutting I will never know. It is getting to the point where you could just about lose a giraffe in the grass, or is everyone wandering about with those rose tinted spectacles.

I am thinking about asking for a refund on my council tax, or is it just me?

Instead of spending millions on all these new projects how about getting right what we have? Or, if that fails how about the CROFT JUNGLE as a new development.

Not getting better in my old age!

The Whinge

A massive thank you to all the Silloth Tigers Valued Volunteers who make our game and club what it is.

A Heartfelt Thank You TO ALL OF OUR AMAZING VOLUNTEERS! We couldn't do it without you!

From Milly helping develop the ladies section and putting together the team to Stuart with his DIY Skills we thank you

The time, dedication, expertise and enthusiasm we come across every day on facility projects are amazing we thank you ALL #VolunteerWeek.

> regards as always Jimmy Lettice



Do you have a poem or letter for the Buzz?

We welcome all entries, there is no charge. Please remember to include your contact information.

School pick up and drop

As you all know dropoff and pick-up times at schools are busy and we continue to receive concerns in relation to parking at schools in the Allerdale area. Officers where possible are conducting patrols in the area of the schools around the busy times and are liaising with staff at the schools in relation to the issues. Parking restrictions outside schools are there to keep you and your children safe. Parking inconsiderately can put people in danger and you also risk being fined.

When dropping off or picking up children at schools, you should do the following: Allow yourself plenty of time as the area is likely to be busy. Do not park on yellow

zig zag lines. If you decide to park further away, please be considerate of local residents and avoid blocking driveways or accessways.

Inspector Pete Aiston

A group of like-minded footballers are looking to establish a new walking/social football group in the Silloth area. The group would be in an evening to allow working people to attend, and would be suitable for men and women over the age of 16 who haven't played in a while, are looking to lose some weight, have health issues, or are just looking for a friendly kick about. We hope to have some funding available from Cumbria FA to assist with the setup of the group. If you are interested in getting involved please contact Joe Cosby on 07901 818176 or J. Cosby@ outlook.com"

Joe Cosby

Gypsy Ways by Sophia Lodhi

They say that I have gypsy blood Running through my veins... A caravan or horse-drawn cart Might better suit my ways!

Sometimes, I think it could be true -I've roamed from place to place: Not content within four walls -My dreams, I'll always chase!

Yes, I'm as wild as wayside flowers Which thrive along life's paths, Light breezes on their petals, As they sway and nod and dance!

...So when I finally settle down My bones and flesh may rest... But the poetry of my thoughts will flow: And do what I do best!

by Judy Rochester

The pony and child, manes flowing, eyes glowing, joy and laughter, , captured in a moment,

Togetherness and trust, a purpose in life, truth and love shining from within, beauty and the beast in it's very soul.

Beautiful child such contentment such innocence, just a flash in time but remembered forever.

The Lurcher by Sophia Lodhi

Magnificent in stature; Muscular in form: A creature mad and barking -Sleek and long and strong! I love my lurcher dearly: We do so get along - But he pulls his lead so fiercely, I can barely carry on!

...Eating only mince and taters, Sometimes chicken, too -No wonder he is crackers: Just what am I to do? One day, I'll be arthritic -Secured with string and glue; Next time, I'll get a whippet, Even if I have to queue!

Volunteer Deliverers are Needed for the Free 'BUZZ' community paper in the following areas:

Due to various personal reasons we are now looking to replace volunteer deliverers in the following areas:

We look forward to your call

Contact Peter or Kath on 0750 180 5775

Beckfoot 25 houses Skiddaw Close, 15 houses Moricambe Park/ Acre Bank Close, 40 houses **Beckfoot**

Skiddaw Close

Moricambe Park **/Acre Bank Close**

Remember - you can join the library, search the library catalogue, renew and request books online at cumbria.gov.uk/libraries Visit Silloth Library in the Discovery Centre

Silloth Library Opening Times

Monday 10am to 4pm Wed 10am to 4pm Friday 10am to 4pm

Tuesday CLOSED Thursday CLOSED Saturday 10am to 1pm

Sunday closed

Tel: 016973 31944

The Last Bee Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered Kids Rucksack to the winner. This is in addition to the usual Winners Certificate and a £5 Gift Voucher from the Solway Buzz.

So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Local children return your drawing to your school or post to the address on page 14 (large stamp).

You don't have to be at school here to send a bee to us. If you are here on holiday we would love to have your bee drawing.

Due to the lack of entries we no longer provide a prize.

This month the winner is May Gilmartin from **Skinburness** with a bee drawing called 'Buzz Bee'. Well done!



Non-Commercial Tourism Websites

solwaybuzz.co.uk sillothgreen.co.uk silloth-on-solway.co.uk sillothgolfclub.co.uk vintagerally.co.uk sillothmotorcyclemuseum.co.uk silloth-on-solway-tc.gov.uk visitcumbria.com/wc/silloth soldiersinsilloth.co.uk solwayplain.co.uk/silloth1.htm facebook.com/sillothgreen facebook.com/silloth-carnival facebook.com/groups/121042258051545 (Silloth Today)



Report by: Stephen Hart

Firebird Festival is on the 5th, 6th & 7th July and continues to grow with Stanwix Park entertainment crew now added to the lineup, also Tammy Tamtastic on the Sunday only.

We are still accepting local stall holders but not fast food, alcohol or ice cream. You can contact us on the Silloth Festivals facebook page.

Fletchers fun fair as well as Craig Tunstalls vintage rides will be there. The soul collective will be spinning the discs in the RAFA club for three nights 5th 6th 7th July.

As well as all the fantastic acts gracing the stage, there is seating for 150 people. All is free.





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A Day in School by Andrew

Students in all year groups at Solway School have been asked to write a personal account of their typical day in school. This is a piece of work by Andrew Hoodless, who is a student in Year 7, detailing the usual lessons he has, and his own description of the day. Mrs Thorp (Deputy Head)

After getting ready for school, putting everything I need into my bag, I would open the door and start walking to school. The crisp morning air fills my lungs, carrying the scent of freshly cut grass and the distant rumble of cars passing by.

Upon arriving, I meet up with my friends until the first bell. Laughter and chatter fill the air. After the bell has rung, we all line up, in our year groups, and teachers greet us with warm smiles as we walk into the school building.

Once inside, the bustling sounds of students fill the corridors. Lockers slamming shut, footsteps echoing, and the occasional burst of laughter create a vibrant atmosphere. As we make our way to our form room, the anticipation of the day's activities grow.

During form time (8:40-9:10), we gather for registration and daily announcements. The sound of our teacher's voice fills the room, setting the tone for the day. The low hum of conversation surrounds us as classmates catch up on the latest news.

Next, I begin to walk to maths class (9:10-10:10). The sound of shuffling feet and the opening and closing of classroom doors accompany me along the way. Upon entering the classroom, the rustling of papers and the gentle murmurs of students preparing for the lesson create a focused ambiance.

After an engaging maths lesson, the bell rings, signalling the much-anticipated breaktime (10:10-10:30). As I step outside, the lively sounds of students flood my ears. The distant shouts of friends playing football on the field mingle with joyful laughter. Meanwhile, the delicious aroma of freshly cooked

meals wafts from the canteen, enticing us with the promise of a satisfying lunch.

After the refreshing break, we make our way to our next lesson, science (10:30-11:30). The sound of doors opening and closing echoes through the corridor as students transition from one class to

another. In the science lab, the faint scent of chemicals lingers, adding an exciting element to the learning environment. Occasionally, the sound of bubbling liquids and the excited chatter of classmates engaged in practical experiments can be heard, further enhancing the atmosphere of discovery.

Once science class concludes, I proceed to my next lesson, IT (11:30-12:30). The rhythmic tapping of keyboards and the soft hum of computers fill the IT room. Students immersed in coding and research discussions create a focused ambiance, punctuated by the occasional click of a mouse.

As lunchtime approaches (12:30-13:10), I make my way to the bustling dinner hall. The lively chatter of students fills the air, accompanied by the clatter of trays and the clinking of cutlery. The aroma of various meal options from the canteen tempts our taste buds, encouraging us to make our choices. With a panini and a refreshing drink in hand, I join my friends outside to enjoy the sunshine and engage in a game of football.

After the enjoyable lunch



Andrew Hoodless

break, I attend my second maths lesson that day (13:10-14:10). The familiar routine of registration and a starter activity. The sound of pencils scratching against paper and the occasional whisper of classmates.

Following maths, I head to my last lesson of the day, English (14:10-15:10). The sound of pages turning, and the soft rustle of books being opened fill the classroom. Engaging discussions, dramatic performances, and immersive reading sessions bring the world of literature to life, creating an atmosphere of creativity and imagination.

As the final bell rings, signalling the end of the school day, a sense of accomplishment and relief fills the air. Students gather their belongings, their footsteps echoing through the hallways as they make their way towards the exit. The sounds of excited chatter and plans for the afternoon merge, creating a joyful ambiance.

This is my average day as a pupil at Solway Community School, filled with the vibrant sounds and amazing people that make each day unique and memorable.

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Copy Date



Please let us know of any changes within this section

Christ Church

For baptisms and other church related business please contact: Rev Bryan Rothwell The Vicarage, Wigton Road Tel: 016973 31413

Civic Amenity Sites

Operated by Cumbria County Council. Tel: 01228 606060 Maryport Tip, tel 01900 66922 open daily 8am to 6pm Wigton Tip, tel 016973 45617 open Tuesday, Thursday, Saturday & Sunday, 8am to 6pm

Crafting & Chatting

Join us at The Rec., Abbeytown every Monday afternoon from 1:30 to 3:30pm

Mawbray NIA Group

Every Thursday from 2 to 4pm in Culterham Hall, £4 per session includes refreshments. Just come along.

Wigton Theatre Club

Buy tickets via our website or call the Box Office: 07977 835094

Silloth Tennis Club

For coaching information call David Wise on 0742 547767

Cash Machines

Are available on Solway Street at both the Spar and CO-OP supermarkets. Cash is also available at Winters Post Office

Blencogo Art Group

Every Monday from 1:30-4:30pm in Blencogo Village Hall where members help each other. Refreshments provided, regular outings, tel 016973 61158 or 61327

Production Team

Proprietor:
Peter McRobert
Barn Cottage
Skinburness, CA7 4RA
Tel: 0750 180 5775
Email:
office@solwaybuzz.co.uk

Editorial Content
This is down to you, we can
only publish items if you send
them to us.
When sending articles in,
please supply a contact name
and number in case something
requires clarification.
Published by: Peter McRobert
with the support of the whole

community and an army of

Copy date for the
August issue is:
1st week July
If you have an event
to promote or you
have something to say,
please note the
next copy date.

Silloth Library

Open Monday, Wednesday & Friday 10am to 4pm Saturday 10am to 1pm 0303 333 1234 cumbria.gov.uk/libraries

Abbeytown Choir

Meet in the Abbey: Adult Choir Tuesdays 6-7pm Children's Choir Wednesdays 4:30-5:30pm All welcome!

Banking Hub

Maryport Banking Hub is operated by the Post Office on Senhouse Street as follows: Monday: NatWest Tuesday: HSBC Wednesday: Halifax Thursday: TSB Friday: Barclays

Good Companions

Have a coffee morning / fundraiser on the first Monday each month from 10:30 to 11:30am. £2 entry for refreshments plus tombola, raffle and cake sale.

Monday Craft Club

Silloth Community Hall 10 -11:30am every Monday. Bring your current project, exchange ideas, chat and have a cuppa

Family History Grp

Tuesdays at Silloth Community Hall from 6 – 8.30pm. Bring along your own research and meet fellow genealogists

Sewing Group

Every other Thursday at Silloth Community Hall. 12 – 4pm. All abilities welcome.

China Painting

Every Friday at Silloth Community Hall. 2pm to 4pm. All welcome.

Badminton

Abbeytown Badminton Club meet on Wednesday evenings, check details on their facebook page, £5 per night

Silloth RNLI Shop

Shop Opening Times
Open 7 days
Our Shop is staffed by
Volunteers and may not be
open at the advertised time.
We apologise for any
inconvenience.

Dates for Your Diary

June

27th Mawbray Village Hall Monthly Quiz - 7.30pm

27th Wigton Theatre Club presents Midsummer Night's Dream. Details & times on Ticket Source

28th Ragnarock IX at Silloth Rugby Club, see advert

28th Wigton Theatre Club presents Midsummer Night's Dream. Details & times on Ticket Source

29th Holme St Cuthbert Church- Car Boot Sale 9am - 1pm see advert

29th Craft Fair in Christ Church 11 to 3pm, refreshments available

29th Silloth Pride on Silloth Green

29th Mawbray Village Hall Ceilidh Night at 7:30pm see advert

29th Wigton Theatre Club presents Midsummer Night's Dream. Details & times on Ticket Source

29th Ragnarock IX at Silloth Rugby Club, see advert

30th Craft Fair in Christ Church 11 to 3pm, refreshments available

30th Wigton Theatre Club presents Midsummer Night's Dream. Details & times on Ticket Source

30th Ragnarock IX at Silloth Rugby Club, see advert

Please tell us when your group starts or stops, so we can let everyone know

Scrabble Club

Meet in Silloth Library on Fridays 10:30am to 1pm

Backgammon Club

Meet in Silloth Library on Wednesdays 1:30pm to 3:30pm

Abbey Tots

We meet on Tuesdays during term time only at Holme Cultram Abbey 10am to 11:30am, all welcome

Solway Woodcarvers

Every Monday and Wednesday evening at Silloth Community Hall from 7pm onwards

Silloth Parkrun

Meet on the Promenade beside the Tennis Courts at 9am every Saturday morning

July

1st Coffee Morning in the Good Companions 10:30-11:30am, entry £2

1st Silloth Town Council Meeting in the Community Hall at 7pm, all welcome

6th Firebird Festival on Silloth Green, see advert

7th Firebird Festival on Silloth Green, see advert

9th Holme Low Parish Council meeting at 7:30pm in Silloth Community Hall

13th Silloth & District Pensioners Coffee Morning in Christ Church at 10am

13th Abbeytown Family Fun Day

13th Holme Cultram Abbey Strawberry Teas noon to 4pm

13th Mawbray Village Hall Film Club - 7pm -The Fall Guy-See advert

14th Holme Cultram Abbey Strawberry Teas noon to 4pm

18th Strawberry Teas at Silloth Nursing Home at 2pm, entry £2, stalls, raffle, etc, all welcome

20th Summer Sale and Crafts in St Matthews Church, Westnewton 10am to 3pm Free admission Refreshments available

20th Silloth Vintage Rally on Silloth Green

21st Silloth Vintage Rally on Silloth Green

21st Wigton Widows and Widowers meet 1-3pm at Cornerstone Methodist Church in Wigton, 'Folk Concert with Miriam Erasmus/Backhouse'

24th Silloth Nursing Home/League Of Friends coffee morning in Christ Church at 10am

25th Mawbray Village Hall Monthly Quiz - 7.30pm see advert

26th Allonby Artex 2024 in Allonby Village Hall 2pm-6pm

27th Allonby Artex 2024 in Allonby Village Hall 10am-6pm

27th Soul On The Green 11am to 8pm, see advert

28th Allonby Artex 2024 in Allonby Village Hall 10am-6pm

28th Mawbray Village Hall Open Day 2pm - 5pm See advert

29th Allonby Artex 2024 in Allonby Village Hall 10am-4pm

Have You Sent in Your Dates yet?

August

5th Coffee Morning in the Good Companions 10:30-11:30am, entry £2

11th Oulton Tractor Run see advert

18th Wigton Widows and Widowers meet 1-3pm at Cornerstone Methodist Church in Wigton, 'Summer BBQ'

21st Silloth Nursing Home/League Of Friends coffee morning in Christ Church at 10am

25th Silloth Carnival on Silloth Green

26th Silloth Carnival on Silloth Green

29th Mawbray Village Hall Monthly Quiz - 7.30pm see advert

September

2nd Coffee Morning in the Good Companions 10:30-11:30am, entry £2

2nd Silloth Town Council Meeting in the Community Hall at 7pm, all welcome

7th Blencogo & District Village Hall Produce Show at 2pm, admission 50p

Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.

September cont'd

7th Silloth RAFA Leek Show, Tel: 016973 31531

14th Silloth & District Pensioners Coffee Morning in Christ Church at 10am

15th Wigton Widows and Widowers meet 1-3pm at Cornerstone Methodist Church in Wigton, 'Oompa Funf brass Quintet'

25th Silloth Nursing Home/League Of Friends coffee morning in Christ Church at 10am

25th Wigton Theatre Club presents Handbagged by Moira Buffini. Details & times on

26th Wigton Theatre Club presents Handbagged by Moira Buffini. Details & times on Ticket Source

27th Wigton Theatre Club presents Handbagged by Moira Buffini. Details & times on Ticket Source

28th Wigton Theatre Club presents Handbagged by Moira Buffini. Details & times on

October

7th Coffee Morning in the Good Companions 10:30-11:30am, entry £2

7th Silloth Town Council Meeting in the Community Hall at 7pm, all welcome

> Errors do occur in Dates for the Diary Please check before attending an event

MAWBRAY VILLAGE HALL

FILM CLUB





Saturday 13th July The film starts at 7pm

The Village Hall invites you to join them at this month's feature film.

You can bring your own drinks & snacks.
Children must be accompanied by an adult.
Everyone must be a member
Lifetime Membership – Adult £5, Couple £8, Family £10

Entrance on the night Adult £3, Child £1.50 Contact Lynda - 01900 881 737 / 07926810074

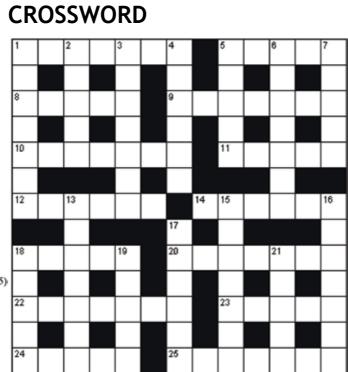
Colour Me In

FUN for ALL ~ Join the Dots & Colour In

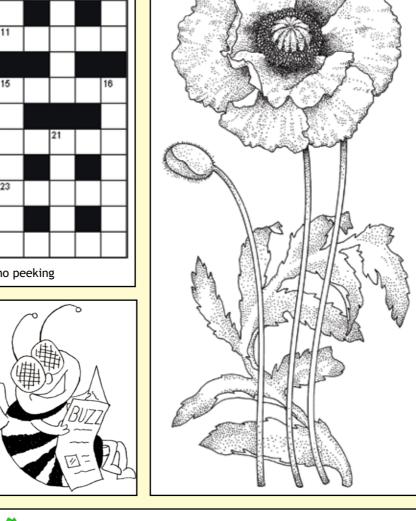
1 Royal residences (7)

- 5 Bonkers (5) 8 Striped quadruped (5) 9 Very many (7)
- 10 Trucks (7)
- 11 Kills (5)
- 12 Ancient (3-3)
- 14 Drawing stick (6)
- 18 Lukewarm (5) 20 Executioner (7)
- 22 Delicate (7)
- 23 Custom (5)
- 24 Church council (5)
- 25 Assuage (7)

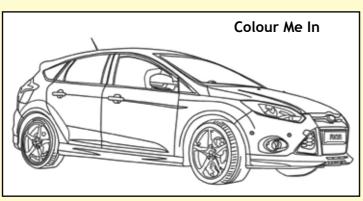
- 1 Kneecap (7)
- 2 German pistol (5) 3 Warm and friendly (7)
- 4 Game played in a court (6)
- 5 Heads of the Roman Catholic church (5)
- 6 Curative treatment (7)
- 7 Americans (5)
- 13 Make intelligible (7) 15 French car (7)
- 16 Convent (7)
- 17 Drinker's toast (6)
- 18 Petty quarrels (5)
- 19 Desiccated (5)
- 21 Breakfast, lunch, etc (5)

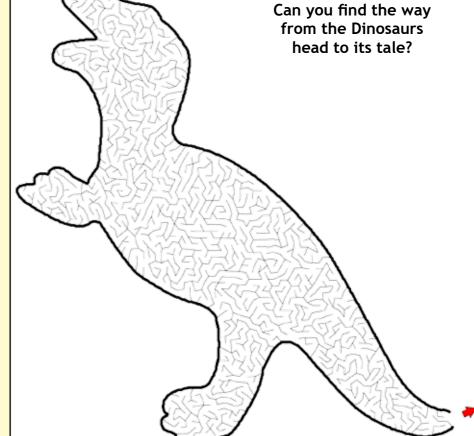


Answers are on page 16, no peeking

















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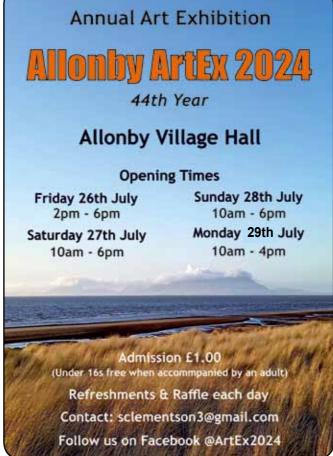
Advertise Here! in the Tradesmens Section

up to 6 lines only **£203** for a full year or a 6.5cm mono box for only **£358.20** for a full year (Pay over 10 months at £35.82 per month)



Page 15 Crossword Answers







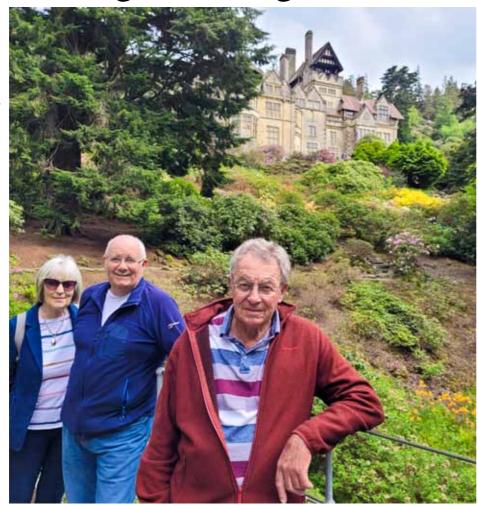
Blencogo Garden Club Outing to Cragside

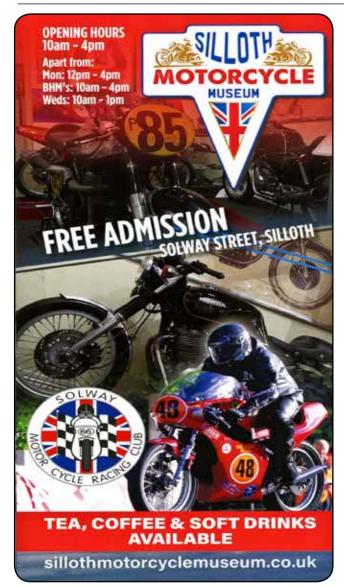
Report by: Linda Wood

During May Blencogo & District Garden Club paid a visit to Cragside House and Gardens, Northumberland.

The Home of hydroelectricity engineer Lord Armstrong. The house and grounds are part of the National Trust, and well worth a visit. The staff were amazing they provide a minibus for those who had difficulty getting around. And the house was amazing as were the rhododendrons.

The weather was good to us, which was a bonus allowing us to enjoy a picnic in the beautiful grounds. We all went home having had a wonderful time.





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This section recognises those whose financial help keeps the Solway Buzz going. If you wish to contribute in this way without taking an advert, please contact the Buzz, it costs only £52 a year.

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01900 881242 Cultram Abbey CofE School

Holm Cultram Abbey CofE School

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016973 31234 Silloth Library 016973 31944

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Silloth Nursery & Junior School:

 016973 31243

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 016973 31323

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 016973 31128

 Silloth Tourist Information Centre:

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Solway Buzz: 016973 32180
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Millcroft Vet: 016973 23898
Waste Disposal Dept: 01900 702800
Water LeakLine: 0800 330033

Water & Waste Problems 0345 6723723
West Cumbria Carers 01900 821976
Please, let us know what you want included

New Molasses Tanker Visits Silloth Dock John Forrester More coverage of shipping at Silloth can be found at www. cumbriashipphotos.weebly.com

Sharp-eyed walkers making their way along the road to West Beach may have spotted a new red tanker berthed at the quayside in recent weeks. Since ZAPADNYY was damaged in February, KAPRIFOL has taken over deliveries of molasses. Up to now, the red tanker has taken on board three loads in Belgium, Germany and the Netherlands all bound for the dockside 'Crystalyx' facility at Silloth. Local livestock need not worry as the supply of raw material for the production of their forage supplement blocks should continue uninterrupted.

KAPRIFOL is registered in Cyprus and operated by the Norwegian company 'Sea Tank Chartering. It's the smallest of a fleet of sixteen tankers, all of which appear in the company's characteristic red livery.

KAPRIFOL has a similar cargo capacity to ZAPADNYY but is a more modern build and with a conventional tanker shape. Both take on their syrupy cargos in European ports either from bulk storage or by ship-to-ship transfer from larger vessels. The larger



Silloth Tide Table

		DEPTHS ON NEW DOCK GAUGE (1.8M ABOVE CD)									
Date			High Water				Low Water				
			Morning		Afternoon		Morning		Afternoon		
			Time	m	Time	m	Time	m	Time	m	
1	М		07 13	6.2	19 53	5.8	01 19	-0.0	13 59	- 0.2	
2	TU		08 17	6.1	20 55	6.0	02 27	-0.0	15 05	-0.2	
3	W		09 19	6.2	21 51	6.2	03 38	-0.1	16 09	-0.2	
4	TH	_	10 15	6.4	22 42	6.5	04 43	-0.3	17 06	-0.3	
5	F	•	11 06	6.5	23 27	6.7	05 41	-0.5	17 58	-0.4	
6	SA		11 53	6.6			06 35	-0.6	18 44	-0.4	
7	SU		00 09	6.8	12 35	6.6	07 22	-0.7	19 26	-0.4	
8	M		00 49	6.8	13 15	6.5	08 06	-0.7	20 05	-0.4	
9	TU		01 27	6.7	13 53	6.3	08 44	-0.6	20 40	-0.2	
10	W		02 04	6.6	14 29	6.2	09 19	-0.4	21 12	-0.1	
11	TH		02 42	6.4	15 07	5.9	09 50	-0.3	21 44	-0.0	
12	F		03 21	6.1	15 48	5.6	10.21	-0.1	22 20	0.2	
13	SA	D	04 04	5.8	16 33	5.3	10 56	0.1	23 02	0.4	
14	SU		04 52	5.4	17 25	5.1	11 41	0.3	23 52	0.6	
15	М		05 49	5.1	18 28	4.9			12 37	0.5	
16	TU		06 57	5.0	19 36	5.0	00 56	0.7	13 45	0.5	
17	W		08 04	5.0	20 39	5.3	02 09	0.6	14 53	0.4	
18	TH		09 06	5.3	21 34	5.7	03 19	0.4	15 54	0.2	
19	F		10 00	5.7	22 21	6.2	04 20	0.1	16 48	-0.1	
20	SA		10 49	6.2	23 06	6.7	05 16	-0.3	17 38	-0.4	
21	SU	0	11 32	6.6	23 49	7.1	06 08	-0.6	18 28	-0.6	
22	M				12 16	6.9	07 00	-0.8	19 16	-0.8	
23	TU		00 32	7.4	13 01	7.1	07 48	-1.1	20 02	-0.9	
24	W		01 18	7.6	13 46	7.2	08 35	-1.2	20 47	-0.9	
25	TH		02 04	7.6	14 33	7.0	09 18	-1.2	21 28	-0.8	
26	F		02 50	7.5	15 19	6.8	09 59	- 1.0	22 10	-0.6	
27	SA.		03 38	7.2	16 08	6.4	10 40	-0.8	22 54	-0.4	
28		C	04.31	6.7	17 04	5.9	11 26	-0.4	23 45	-0.1	
29	M		05.31	6.2	18 10	5.6			12 20	-0.1	
30	TU		06 43	5.7	19 26	5.4	00 49	0.2	13 28	0.2	
31	W		08 00	5.5	20 41	5.5	02 06	0.3	14 45	0.3	

Times shown in UTC. Add 1 hour for British Summer Time.

tankers which are ten times the size of those visiting Silloth bring the valuable sugar refining by-product from distant ports in Central America and India.

The relatively modern KAPRIFOL is expected to be easier to handle than ZAPADNYY when entering port. All arrivals so far have proceeded smoothly and enthusiastic waves from the crew suggest they are happy to be returning to Silloth. It usually takes two days for the cargo to be pumped out into dockside storage tanks before the ship is ready for departure.

ZAPADNYY spent almost two months undergoing repairs in a Latvian dry dock. Once back at sea the specialist vessel has been busy on her old circuit of European ports. No doubt the refit has given her a new lease of life and she may well be seen back at Silloth looking stronger than ever.



Page 19

Silloth RAFA Leek Club

OPEN SHOW

Saturday 7th September Leeks & Onions plus various other classes Judge Mr R Richardson Organiser Mr I Caulfield 016973 31531

RULES

All entries to be staged between 10 & 11:30am

Local entries for the Open Show taken up to 11:30am on day of show No exhibit to be removed before 7pm All exhibits to be removed between 7 & 7:30pm

Exhibits not removed by 7:30pm will be offered for sale for the benefit of the club

Show stewards shall direct placing of exhibits

All specimens in these classes must have been grown in the exhibitors own garden

Competent judges shall be appointed by the committee, the judges decision is final

Presentation of prizes at 7:30pm

Entry money for open classes 50p

Prize Money 1st £5, 2nd £3, 3rd £2 Class 1 Members Only

Members Stand two pot leeks 6" Fast Button to be pulled sound, fresh & clean

Class 2 Open

One Trench Leek over 14" Fast Button to be pulled sound, fresh & clean

Class 3 Open

One intermediate Leek over 6" under 14" to be pulled sound, fresh and clean

Class 4 Open

Four tomatoes Class 5 Open

Four potatoes white or coloured

Class 6 Open

Six shallots any variety

Class 7 Open

Four onions not more than 250 grams

Class 8 Open

Two carrots long or stump

Class 9 Open

Four kinds of vegetables one of each kind

Class 10 Open One Parsnip

Class 11 Open

Three round beetroot

Class 12 Open

One cucumber Class 13 Open

One misshapen vegetable

Class 14 Open

Three french beans

Class 15 Open

Entries FREE - One vase of flowers own foliage one variety (vases provided) (to be sold for the benefit of the club after the show)

Class 16 Open

Flowering pot plant

Class 17 Open

Foliage pot plant

Class 18 Open

Heaviest onion

Class 19 Open

Two dressed onions Class 20 Open - £1 entry

Prize Money

1st £20, 2nd £15, 3rd £10, 4th £5 Pot leek

Silloth Rugby Club Re-Roofed Thanks to Grants



Report by: Jimmy Lettice

Silloth Rugby Football Club have totally replaced the old leaky roof for a new water tight windproof and energy efficient one thanks to a fantastic grant from Copeland Community Fund with support from Cumberland Council and the Levelling Up Fund.

A very big thank you to those who have helped us with the installation of the new roof and the insulation work in the very large loft spaces, the work will keep the building dry, warm and secure for many years to come and its visual appearance makes the club house more appealing for users.

We, as a committee, strive to keep the clubhouse and our facilities as modern as possible, as attractive and inviting as we can in the community for the community. Alongside the generous support we have received from Atlas Concrete, DA Harrsion, Caltech and SER Rental to upgrade the bar and lounge area we feel we are doing our bit for the town and enhancing our facilities when and were we can. Every project we take on is for the benefit of our members players and visitors.

We listen to our clientele who have asked for a darts board, we have obliged, a pool table, again we have obliged, a juke box, yes we have obliged there too.

We are planning more for our members during the up coming Euro's football tournament, it is all in hand.



Recent Police Activity Locally

Speed checks on Skinburness Road

"You said, we did"
On 19th May, PCSO Pete
Nichol was conducting speed
checks on Skinburness Road,
Silloth following complaints
from local residents. A number
of drivers were spoken too in
relation to their speed.

We will continue to monitor this area and take enforcement when necessary.

Please take notice of speed limits and take care when you are driving.

Foot patrols in Silloth On 18th May, PC Alex Ostle and PCSO Pete Nichol have been on foot patrol in sunny Silloth.

A lovely day for some foot patrol and great to see lots of people out and about enjoying the sunshine and warm weather.

Online safety talk

On 22nd May, PCSO Pete Nichol has been into Solway Community college to talk to year 7 about online safety and the consequences of misusing social media.

Partnership working

On 29th May, PCSO Pete Nichol and Paula Niton, child employment and Entertainment officer from Cumberland Council have been visiting businesses in both Silloth and Maryport.

This was to educate that if a business employs a young person between the ages of 13-16 who are still in school, a permit is needed and a risk assessment required.

This is easily done by contacting Cumberland Council and more information can be found here - https://www.cumberland.gov.uk, search for Child employment and work permits.

Really great to see local businesses supporting and employing young people

May Shipping at the Port of Silloth

Report by: Capt Tim Riley, Harbour Master, Short Sea Pilot

A good month again for Silloth with five vessel calls, which should have been six.

We had the Ventura due to arrive around the 28th with German Wheat however she suffered an engine issue and put into Rosyth where she has transhipped the cargo onto the Eastern Vanquish due to arrive in Silloth on the 9th June.

Kaprifol returned with another cargo of Molasses, standing in for the Zapadnyy who has now completed her dry docking and returned to service. Further cargoes included fertiliser, English Wheat from the South Coast and some

salt, again to be used as fertiliser, mixed with other fertiliser to produce the required mix for our local farming community.

Around the port, we have carried out some minor repairs to the access road to the convalescent home and hopefully that will last a while! Other works were carried out on the quayside to improve the surface of Berth 6, which can now be utilised for cargo operations.

We are still in discussions regarding the new ownership of the port with FoxJackson Ports and this currently lies with ABP to sort some of the legalities and handover procedures with the Government; not a simple task!

Here's hoping the weather eventually picks up and we get a Summer!

May

5th Kaprifol from
Amsterdam with a cargo of
Molasses, then on to Stavanger.
8th Bremen from Klaipeda
with a cargo of Fertiliser, then on
to sea for orders.

25th Waterway from Cowes with a cargo of Wheat, then on to sea for orders.

27th Amadeus Silver from Teignmouth with a cargo of Salt, then on to Teignmouth.

29th Fluvius Plym from Antwerp with a cargo of Fertiliser, then on to sea for orders.



BEEP! BEEP! Life Savers Cycle into Silloth



Report by: Graeme Aiker

A specialist team of life saving Cumbrian Doctors visited Silloth again last month as part of their annual Round Cumbria Sponsored Cycle Ride to raise much needed funds for the BEEP Doctors Charity.

BEEP Doctors have specialist training in enhanced pre-hospital emergency care and provide an extra level of medical intervention not normally available until the patient reaches hospital.

This stabilises the patient much sooner than would otherwise be the case and therefore improves their chances of a better long-term outcome.

BEEP Doctors (BASICs) Cumbria is not funded by the NHS and is run by volunteers and an unpaid team of BEEP Doctors.

This year the team from BEEP were delighted to meet the Volunteers at Silloth Lifeboat station

and enjoy an impromptu tour of the station and its facilities.

BEEP Doctor and Chairman Dr Theo Watson MBE said "We always have a warm welcome here in Silloth and it was great to meet another lifesaving team of Volunteers at the RNLI and see what goes on at the Station. BEEP always works closely with other fantastic volunteer organisations, like the RNLI and the brilliant Silloth First Responders Team who provide such excellent first line support."

The team again stayed at The Green View Guest House, owner Graeme Aiken said "It's always a pleasure to support the BEEP team on their cycle ride – and to host them here to make sure they are well rested and well fed before their final day."

To find our more about the work of the BEEP Doctors and support the charity visit www.beepdoctors.co.uk

Now Where Will You Eat Today?





Restaurant: Sunday 12pm to 2pm and 5pm to 7pm Sunday Lunch 3 courses £25, 2 courses £21, 1 course £16

Wednesday Lunch 12pm to 2.30pm

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