



Solway Buzz

Love Bees by Connie Beverley
from Holm Cultram Abbey School

www.solwaybuzz.co.uk

June 2024

local news - for you - by you - about you - free to you

FREE PAPER

Issue 219

What's On During 2024

26th & 27th May
Silloth Green Weekend
11am to 5pm on Silloth Green

8th June
Silloth Cycling Festival
11am to 6pm on Silloth Green

28th, 29th & 30th June
Ragnarock IX
Silloth Rugby Club all day

29th June
Silloth Pride
11am to 6pm on Silloth Green

6th & 7th July
Firebird Festival
on Silloth Green

20th & 21st July
Silloth Vintage Rally
on Silloth Green

27th July
Soul on the Green
11am to 8pm

18th to 21st August
Circus Montini
on Silloth Green

25th & 26th August
Silloth Carnival
on Silloth Green

Amazing Aurora Displays Over the Solway

See more of your wonderful photos on pages 10 & 11

Photo by: Ginny Murphy

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Cumbria Cobbler



Page 5
Silloth Green looking good



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Blencogo Gardeners Outing



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Owen voted back in as Mayor



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Police talk to pupils



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Hooray the Girls



Carers Week in West Cumbria

Carers week is taking place from 10th to 16th June and Carer Support West Cumbria will be holding a number of events to inform and support local unpaid carers.

Would you like to know more about fall prevention and safely moving and handling the person you care for?

On Tuesday 11th June, they will be holding a FREE session led by an OT and ROVI from Cumberland Adult Social Care. This will be a fantastic opportunity to find out what support they can provide to help with a caring role.

The session will take place in Cockermouth, 1pm to 3pm, and will include drinks and snacks.



Soothing Sounds

On Wednesday 12th June they are offering unpaid carers a FREE Soundbath, also in Cockermouth. This beautiful session is designed to relax and restore you, mind body and soul. Space will be limited so book early to secure your place.

Teatime treat

The celebrations will continue into the following week with a series of delicious Afternoon Teas at a variety of venues.

If you would like to attend any of these events, or would like to know more about getting support with a caring role, contact general@carersupportwestcumbria.co.uk or call 01900 821976 during office hours.



Now Where Will You Eat Today?



Wheyrigg Hall Hotel

Real Food & Good Ale 7 days a week

Friday Steak Night
from 6pm
Steak Deal
from £12.10

Tel: 016973 61242

Traditional Sunday Lunch

Food served
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Friday-Sunday Noon-8:30pm

WHEYRIGG, ABBEYTOWN, WIGTON, CA7 0DH

White Heather Hotel

Restaurant: Sunday 12pm to 2pm and 5pm to 7pm
Sunday Lunch 3 courses £25, 2 courses £21, 1 course £16
Wednesday Lunch 12pm to 2.30pm
Main course + Sweet + Tea/Coffee £16.50

The White Heather Hotel & Restaurant
Kirkbride, Wigton, CA7 5HW, T: 016973 51373

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A Gnome in One Putting Green
The Silloth Fairy Trail & Wishing Tree

search FairydustHQ

“Quote of the Month”

“Everything changes in this world but flowers will open each spring - just as usual”

Zen saying

‘Quote of the Month’ is a lovely idea from one of our readers who is going to send one every month but wishes to remain anonymous.

Do you have something you would like to put in the Solway Buzz?

The Buzz is a ‘not for profit’ community paper and relies on

your input.

There is no charge for articles, letters or poems. There is also no charge for community adverts.

Can you support the Buzz by telling us about your group, project, hobby, or whatever else you are involved in? Our contact details are on page 14.

Do You Get the Solway Buzz?

If the Buzz paper does not fly through your letter box in the areas we cover, it is because we have not found a volunteer. If you would like to join our hive of volunteers we would be pleased to hear from you, call Peter on 0750 180 5775 for more info.

£40,000 Upgrade for Play Area



New play equipment has recently been installed at the Eden Street play area which is aimed at children aged 5 – 12 years. The new equipment has been chosen to complement the existing equipment in the play area, also to be more inclusive and to add something different for kids to enjoy for many years to come.

The new focal point of the play area is the boat themed Modular Play Tower which is full of exciting features and vibrant colours.

Features:

- 2 x Square Towers (1.5m)
- Stainless Steel Wide Slide (1.5m)
- Inclusive Net Access (1.5m)
- Twisted Scramble Net (1.5m)
- Climbing Wall (1.5m)
- 2 x Look Out Towers
- Extended Timber Ship Mast
- Net Seat
- Hangabout Seat

Play value:

- Tests climbing skills
- Sliding action
- Improves balance and coordination
- Provides lookout point for roleplay
- Overcome obstacles
- Learning to share and play with others
- Learning how to assess risk

Children can make beautiful music, learn about different tones and listen to different sounds on the new double sided Musical Play Panel. It features seven stainless steel chimes, tuned to specific notes on pentatonic scale, with musical score graphics.

The Ball maze panel is a double-sided activity play panel with rotating central maze and stainless steel ball which is great for competitive play. It encourages social interaction and provides sensory stimulation, as well as learn to share.

Take each other on at the classic game Noughts and Crosses panel and see who is the winner. The panel is double sided and



features nine rotating cylinders, with dual colours recessed into blocks to aid partially sighted.

Get comfy in the stainless-steel Gravity Bowl and get ready to spin – fast! Kids can experience the thrills of speed and movement. It develops balance, encourages teamwork and they can learn about sharing with others.

Every child loves going to the playground and playing on the swings. Also included is a stainless steel Junior Swing Frame with an inclusive seat for children aged 5-14 years and new safety surfacing. The previously installed memory swing will be put in

place in due course and the swing opened up for use.

£20,000 of the funding needed for the new play equipment was raised through the Precept in 2022 and 2023. In January 2023, we were awarded a grant of £10,000 by the Solway Firth Partnership from the Robin Rigg Community Fund and then in December 2023, a grant of £10,000 was received from Cumberland Council, awarded by the Fells & Solway Community Panel. The Town Council is grateful for the support received and hope local children get hours of fun from the new equipment and improved play area.

The Best from Glasgow's Present!

Ragnarock IX

ON THE 28TH TO THE 30TH OF JUNE
AT THE RUGBY CLUB
IN SUNNY SILLOTH

LIVE MUSIC ON BOTH NIGHTS

FULL CONTACT MEDIEVAL
COMBAT DISPLAY AND A BIKE
SHOW ON THE SATURDAY
AFTERNOON

£25, PRE-BOOK
£35 ON THE GATE

TRADE & FOOD STALLS,
AXE THROWING & ARCHERY
REAL TOILETS AND SHOWERS

£10 CAR PASSES ARE AVAILABLE ON A
FIRST COME, FIRST SERVED BASIS.
HOWEVER PREFERENCE WILL BE GIVEN
TOWARDS DISABLED ATTENDEES
FIRST.

FOR MORE
INFORMATION PLEASE
CONTACT CHRIS ON
07764740480 OR
ALTERNATIVELY LOOK
US UP ON THE
RAGNAROCK RALLY
FACEBOOK PAGE AND
LEAVE US A MESSAGE

BACK PATCH strictly via Club invitation only

Cumberland Cobbler & Solway Cycling Festival is on Saturday 8th June 2024



Cumberland Cobbler & Solway Cycling Festival is a competitive cycle race and family fun cycling event on Saturday 8th June from 10am to 5pm with races at the following times:

- Mini Cobbler 10:30am
- Youth Cobbler 11:15am
- Regional Cobbler 12:30am
- Women's Cobbler 13:25am
- Men's Cobbler 14:30am

Talk Tent - Panel talk with GB cyclists Philip Hines

Crank It cycling activities including

- o 10:00 onwards - Mechanics Support
- o 10:00 - Learn to Ride
- o 11:00 - Jump Track
- o 12:00 - Mechanics Workshop
- o 13:00 - Time Trial Course
- o 14:00 - Skills Challenge Coaching
- o 14:00 - Balance and New Pedalers Race
- o 15:00 - Crank It Skills Challenge & Race

Everybody Cycling presents 'A family Try out' - unique and inclusive cycles including tandems, tricycles, eccentric-wheeled



bikes, KMX Karts, recumbents, miniature modern penny farthings, children's bikes and many more

- BMXtra performing 4 x 30 min slots of Jump Box demos
- Fun Fair
- Live music stage
- 11pm - Paul Nicholson

12pm- Sparky and the Wailer
1pm - Phil Lewthwaite
2pm - Charl
3pm - Red Handed Siren
4pm - 99 Mr W
Enjoy the Food, drink, arts & crafts market



Note: There will be road closures on Criffel Street and restrictions on adjacent streets



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5.30pm and 7pm
Tuesdays 7am, 9am
and 10.30am
All With Denise

Contact: Denise on
07799 708465

Report by: Pat Robinson
 Photos by: Julie Hyde,
 Judith Scott, Caroline Turner

Friends of Silloth Green Activities



We have enjoyed the Spring bedding in the raised beds carrying on the elements of sensory gardening.

There are five basic senses - sight, smell, sound, touch and taste.

The scent from the Narcissus

Beautiful Eyes has been almost heady and coupled with the burgundy/orange tulips Princess Irene are a delight for the eyes.

Remember we are here on Wednesdays at 10 o'clock if you wish to join us, or enjoy at any time the seating in the garden have your lunch or just enjoy the colours and the hum of the bees.



If you only have a window box or just a window sill try growing some herbs such as basil, parsley, dill or mint.

Mint can be quite invasive if you grow it in the garden use a bucket or tub to control its growth, it will be worth the effort nothing beats the flavour of home made mint sauce or add some to your summer mojito... just crush some fresh limes into a glass or jug add sugar and top up with fizzy mineral water, white rum, swizzel and add mint very refreshing on a hot day!



In the end raised bed, near the Bug Hotel, we are planning to grow our sensory plants this year including Lambs Ears for touch, Pelargoniums for colour, Lemon Verbena, Rosemary, Lavender and Salvias for scent.



Under the trees we planted used tulips and daffodils and had our own "Host of Golden Daffodils" which will naturalise and provide spring colour in this shaded area each year.



The gravel has been added to the large bed and should conserve water this summer and suppress the weeds. The new plants here are already looking healthy and will add colour and texture to this area ...



After the bulbs have died down the summer bedding will be added. Plug plants were bought and potted on at the allotment, they include Argyranthemums & Marigolds, Marvel Vanilla. These are colourful and the bees and insects will love them!

Golden Dawn Nurseries

Nealhouse, Great Orton, Carlisle, CA5 6LH

Open 7 days a week: 9:30am to 5pm

- ◆ Seasonal bedding plants - annual / perennial
- ◆ Roses ◆ Veg plants ◆ Spring bulbs
- ◆ Lasagna Pots ◆ Compost

Contact: 07748 647665

w3v /// pinners.Rails.Wacky



Silloth Has an Amazing Ten Accessible Defibrillators!



Silloth Community First Responders and Public access defibrillators

THERE ARE 10 X 24/7 ACCESS DEFIBS IN SILLOTH

- Skinburness RD (available soon)
- Seacote Caravan park
- Solway Holiday Village
- Silloth Fire Station
- Silloth Bowling Club
- Silloth Football Club
- Phone box on Criffel St
- Stanwix Park
- Silloth Golf Club fairway
- Stevens Equipment Hire, Causewayhead

These are placed in a cabinet that can be accessed 24 hours a

day by anyone who needs to use one. In an emergency, the cabinet is accessed via a code given to the person who rings 999.

There is no need for training as the defib is fully automated and tells you exactly what to do.

A cardiac arrest is the most extreme emergency and happens when the heart stops pumping in a normal way, preventing blood from circulating around the body. It can happen at anybody at any age, anytime, anywhere.

Someone who is having a cardiac arrest will suddenly lose consciousness and will stop breathing normally. There are

usually no obvious symptoms or warning signs prior to this happening. Unless immediately treated with CPR and defibrillation, the person will die within minutes.

CPR stands for cardiopulmonary resuscitation. The term refers to the steps that can be taken to

keep someone alive until ambulance crews take over. These skills include chest compressions to manually pump blood around the body

Shocking statistics

- In the UK, around 60,000

people have an out-of-hospital cardiac arrest every year

- Less than 1 in 10 people survive a cardiac arrest
- One of the main reasons for this is the lack of action from bystanders before ambulance crews arrive
- Defibrillation within five minutes can result in survival rates as high as 70%

We need bystanders to take action by using defibrillators in the community

Defibrillators should be as readily available as fire extinguishers

Silloth Community First Responders

We are dispatched to CAT 1 and CAT 2 emergencies within a five mile radius on Silloth, we respond to people aged 12+. We are alerted via an app by the North West Ambulance Service, calling 999 is the only way we get activated. We are only sent to jobs appropriate to our skill sets.

Different Types of Community First Responders.

There are two different types of Community First Responders volunteering in communities:

Community First Responders (CFR) are equipped with an AED, oxygen and oxygen masks, wound dressings and a Basic Obs Kit - containing a pulse oximeter, tympanic/infrared thermometer and an automated blood pressure machine.

Enhanced Community First Responders (ECFR) have additional equipment and are trained and assessed by NWS clinical staff to check blood glucose levels and if required administer dextrose gel. They are also equipped with cervical collars and CAT tourniquets.

For cardiac related chest pain they can administer 300mg aspirin. They can also administer Entonox

if needed to control pain levels where appropriate.

You might feel a need to give something back to your local community or have spare time and would like to use it to do something worthwhile – whatever your reason for becoming a responder, it is something that will be both rewarding and, at times, challenging.

The satisfaction of becoming a responder is not just based on saving someone's life, although this is a very special moment should it ever arise. When someone calls an ambulance they are unwell, possibly frightened or unsure of what is happening and vulnerable. Even when dealing with a patient who is not seriously ill, you have the opportunity to calm and reassure them. Talking to them and supporting them while they wait for an ambulance is a part of the responder role that is often forgotten or overlooked but it can often be the most rewarding part of being a community first responder.

As a responder you step into someone's life for a short period of time, during which you can really make a difference.

We will train you to respond to emergencies but you can still go about your normal routine. If we need your help, we will alert you! We'll never knowingly send you to an incident where there is any risk or danger to yourself. You'll help patients who are suffering with chest pains, having breathing difficulties, in diabetic emergencies, in cardiac arrest, or who are unconscious or fitting.

You'll need to be caring and calm under pressure – you really could make the difference between life and death.

For more information, find us on Facebook - Silloth Community First Responders or email: sillothresponders@outlook.com

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www.soldiersinsilloth.co.uk

Fantastic for Families!





CUMBERLAND
COBBLER



8 SOLWAY COAST
CYCLING FESTIVAL

Solway Coast Cycling Festival, Silloth

Saturday 8 June, 10am - 5pm

Join us for these free activities:

- Competitive cycle races on the unique cobbles of Silloth - first race starts at 10.30am and last race starts at 2.30pm.
- Special guest, Philip Hines (British Cycling).
- Crank It cycling activities including jump track, time trial course, skills challenge coaching and balance bike races.
- BMXtra performing four x 30 min slots of Jump Box demos.
- Everybody Cycling presents 'A family Try out' - unique and inclusive cycles.

Plus, a Fun fair, live music stage and a producers' market.



Funded by
UK Government



Cumberland
Council



Silloth-on-Solway Town Council



Sellafield Ltd

Silloth Beavers and Cubs



Report by: Kathryn Shires

Since returning from the Easter holidays, the Beavers and Cubs have, as always for the summer term, been outside as much as possible.

So far, we have learned all about the Green Cross Code, the Water Safety Code and the Countryside Code.

We celebrated St George's Day by making our own shields - we then went outside with them and had a jousting competition (with pool noodles as spears!).

Last week we started getting ready for summer camping trips by learning to pitch tents - the boys and girls decided to compete against each other to see who did the

best!

And we still have lots more fun and adventure to look forward to leading up to the summer holidays. If you would like to join in with our adventures then get in touch - we have spaces for girls and boys between the ages of 6 and 11.

Beavers and Cubs meet together on Thursday evenings, usually at the Bowling Club on Eden Street, from 6pm until 7:15pm.

The fun isn't just for children though - us adults have lots of fun too - come and find out more!

Message through our Facebook page, or ring Kathryn on 07803 000216.



Blencogo & District Garden Club



Report by: Linda Wood

Our first outing for the year was a trip to Brighter Blooms Tulip Open Day at Preston. What a fabulous day.

The tulips were stunning and there were lots of other things going on beside. During lunch we sat listening to a lovely concert.

If you would like to join our club, please contact Linda on 07538 027936



FOLK AT THE
JOHN PEEL

Dates for your diary...

7th April 2024

Mikey Kenney

2nd May 2024

Kathryn Roberts and Sean Lakeman

20th June 2024

Bryony Griffith and Alice Jones

16th October 2024

Jack Rutter

7th December 2024

Charlie Dore & Julian Littman

8th March 2025

Miranda Sykes & Jim Causley

19th September 2025

Chris Wood

TICKETS



THE LITTLE THEATRE AT
THE HEART OF WIGTON

Mayor Owen Martin Firebird Festival 6th-7th July



Report by: Steven Hart

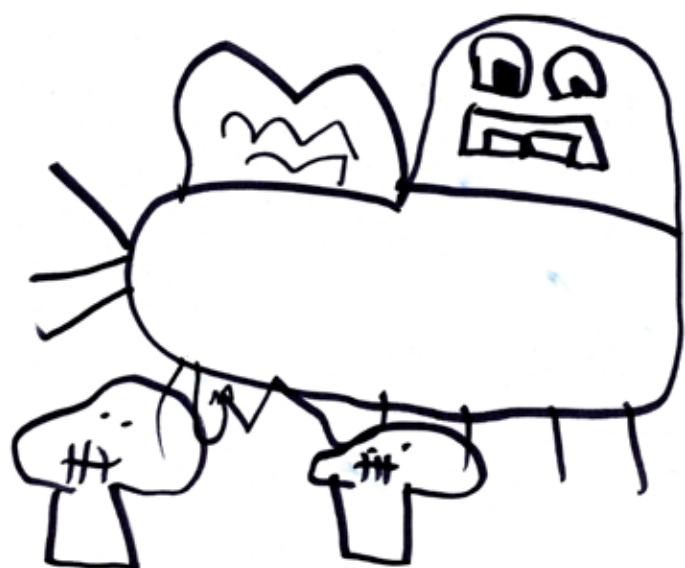
On July 6th and 7th a new festival is coming to Silloth Green with live bands, street entertainers, funfair, food and drink stalls. It is open from 12noon to 7pm on both days. During the evening the towns pubs and clubs will open up with DJ sets, live bands and duos.

All the entertainment is free, most of the acts have never been seen in Silloth before, all this is being organised by a bunch of like-minded Silloth people who want

to bring live music back to the town.

The same group are helping to organise Soul On The Green on the 27th July, which should pack the town out.

We are still looking for local traders who wish to come to the events. If you are interested please contact 07923 801897 or check the Silloth Festivals facebook page.



Pumpkin Monster by Jack Milburn from Holme St Cuthbert School

Owen Martin has been unanimously voted in as Mayor and Chair of Silloth-on-Solway Town Council for a second year, along side John Cook as Deputy.

It is a honour for me to be able to serve in this role, we have hard working dedicated councillors who have the town at heart. We always

are fully committed to Silloth and what we feel is best for everyone.

We must continue to work together to do the best for the town.

Cushions & Covers

Upholstery, Blinds, Curtains, etc.

Whatever your furnishing needs, ring Irene on 016973 31836 or 07902 805196, Email: armstrongi@btinternet.com

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Silloth and district

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SILLOTH SANTA DASH

A GREAT WELL MISSED EVENT IS MAKING A COME BACK THIS YEAR.

MORE INFO TO COME...

RAISING MONEY FOR SILLOTH CHRISTMAS LIGHTS



Rotary Club of Silloth on Solway

West Cumbria ageUK

VOLUNTEERS NEEDED

Have you got a couple of hours to spare?



WE ARE LOOKING FOR VOLUNTEERS TO COVER LUNCHTIMES AT WIGTON:

- Mon- Sat
- Customer service
- Times to suit
- Stocking shelves

Age UK West Cumbria, 22A High street, Wigton, CA7 9NJ

Pupils Learn About the Role of the Police



On 7th May, PCSO Pete Nichol visited Silloth Primary School to talk to the nursery class about the role of the police.

There were some excellent questions asked followed by seeing the police car.

These visits are important to make young people aware of the role of the police, how we help people and how they can contact us if needed.

School Pick Up and Drop Off Parking



As you all know drop-off and pick-up times at schools are busy and we continue to receive concerns in relation to parking at schools in the Allerdale area.

Officers where possible are conducting patrols in the area of the schools around the busy times and are liaising with staff at the schools in relation to the issues.

Parking restrictions outside schools are there to keep you and your children safe. Parking inconsiderately can put people in danger and you also risk being fined.

When dropping off or picking up children at schools, you should do the following,

- Allow yourself plenty of time as the area is likely to be busy.
- Do not park on yellow zig zag lines.
- If you decide to park further away, please be considerate of local residents and avoid blocking driveways or accessways.



Bee in a Flower to Get Pollen
by Ellie
from Rockclife



Drummer Bee
by Caleb Hayes
from Holme St Cuthbert School

D.A. Harrison

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Fax: 016973 42210 E: info@daharrison.co.uk
Silloth, Wigton, CA7 4NS

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Strawberry Teas
at Holme Cultram Abbey
Saturday 13th July
&
Sunday 14th July
12.00pm - 4.00pm

Eat in and takeaway options available
Raffle and various stalls

All welcome

The 5th Soul On The Green
Saturday, 27th of July, 2024
11am to 8pm
All your favourite Soul, Motown and Ska sounds brought to you by the SOUL COLLECTIVE & friends
ALL PROCEEDS FOR THE CHILDREN OF SILLOTH

SOUND SYSTEM PROVIDED BY CUMBRIA DJ STORE

Your Aurora Facebook Photos Over the Solway



Photo by: Abby Peacock



Photo by: Colin Ian Baty



Photo by: Mel Kane



Photo by: Bryan Rothwell



Photo by: McKenzie Georgia Dargue



Photo by: Diane Clorley



Photo by: Brian Ashworth



Photo by: Donna Kerr

SILLOTH GREEN DAYZ 2024
26/27TH MAY 11AM-5PM

FUNFAIR - CRAFT STALLS - FOOD STALLS - LIVE MUSIC
FAMILY DOG SHOW - KIDS ENTERTAINMENT
FACE PAINTING & GLITTER TATTOOS & MUCH MUCH MORE

SPONSORED BY
STANWY PARK

MAWBRAY VILLAGE HALL
MONTHLY QUIZ

Quiz

27th June
7.30pm
£2.00 per person

Prize for the winning team

Bring your own drinks, snacks and glasses.

????????????

MAWBRAY VILLAGE HALL
SUMMER CEILIDH

Welcoming Back
Thrice Brewed

Saturday 29th June - 7.30pm - Late

Bring your own snacks and drinks

£10 per head

Raffle on the door

Booking Essential with Lynda 01900 881 737 / 07926810074

SILLOTH pride

Saturday 29th June 2024 1pm

Pooches with *Pride*
Dog Show

- Cutest puppy
- Most fabulous face
- Best dressed
- Biggest diva
- Happiest hound
- Judges choice

£2 per entry

HOLME ST CUTHBERT CHURCH
CAR BOOT SALE

SATURDAY 29th June 2024
on the GLEBE FIELD (Next to the church)

9.00am - 1.00pm
Set up from 8.00am
£10 per car

LIGHT REFRESHMENTS AVAILABLE
To book a spot contact
Lynda Bailey 01900 881 737 / 07926810074
Barbara Stephens 01900 881 411 / 07921297340

FIREBIRD FESTIVAL
Silloth Green 6th / 7th July 2024

Saturday 6th July
Caleb H.
The Moondogs.
Northern Threads.
The Skapones.

Sunday 7th July
Somethin' Brewin'.
The Odels.
Green Haze.

Also Fired up Events Street Entertainers, Makaton Choir & Lots More

Silloth Firebird Festival is a FREE Event
sillothfirebirdfestival.co.uk silloth on solway festivals

OULTON TRACTOR RUN

GREAT NORTH AIR AMBULANCE

Join us on Sunday 11th August to raise funds for the Air Ambulance

Starting from Oulton Village Hall at 8:30am to view the tractors, then Ride Out at 10:30am to The Wheyrigg Hotel, near Abbeytown. Contact Shaun Carruthers for information: 016973 42141 all welcome

Your Amazing Buzzing Letters and Poems

Dear Buzz,

I'd just like to thank the couple and their little girl for helping my husband to get me and my "all terrain" mobility scooter off the dunes by Silloth Dock when I became completely stuck whilst trying to get to the end of the dock gates to look out over West Beach.

I don't know if they live in Silloth or not, but if they see this, thank you, without your help, I may still be there now!!!

Mrs. Jennifer Bailey

Dear Buzz,

I am led to believe that funds are available for the completion of the road surface on Solway Street.

When the work starts and finishes is anyone's guess. Would the saga have happened in Carlisle, Cockermouth or Keswick?

I do not think so! Forward planning does not seem to exist, except when you are talking about rises in Council Tax.

Watch out for them potholes!

The Whinge

Dear Buzz,

I didn't realise I had so many good friends, so I would like to take this opportunity to thank them all for the kindness they have shown Colin and I. Also, for the many cards, flowers and gifts, during my recent stay in Freeman Hospital.

Thank you all.

Maureen Irving

Dear Buzz,

STALLHOLDERS WANTED!

Silloth Festivals are looking for more local trade stalls for events on the Firebird Festival on 6th & 7th July, also for Soul on the Green on 27th July on Silloth Green.

Email: sidhart1@hotmail.co.uk for more information.

Stephen Hart

Nests

by Sophia Lodhi

This spring, wise birds are feathering
Their cosy, tree-bound nests:
Lichens and twigs they're gathering -
Doing their very best
To renovate, construct and build:
Using every skill!

Unlike those birds, I've made a mess:
I've bought this big, old place!
It's made me ill with woe and stress -
Damp, wood rot and disgrace!
I'm selling up; I'm moving on:
Bank balance overdrawn!

Conveyancing and transfer forms!
I'm deeper in the red!
Lists of expense go on and on -
I've lost every nest egg!
Oh, how I wish I'd been as sharp
As robin, wren or lark!



The Young Fisherman
by Judy Rochester

Silently on the banks of the river
He stands -
Dwarfed by the trees
His eyes focused intently
On the water.
The hurried sound of the waterfall
Echoes in the silence,
Broken only by the song
of a bird.

Then suddenly, with a quick movement
The boy jerks the line.
Disbelief crosses his face
As he sees the wriggling fish
Fighting gallantly to free himself
From the hook.

The boy, for a second, is afraid,
Not knowing what to do.
But then he kneels down,
Delicately releases the fish
And returns him to the water
Happy that it will live for another day.

Do you have a poem or letter for the Buzz?
We welcome all entries, there is no charge.
Please remember to include your contact information.

Volunteer Deliverers are Needed for the Free 'BUZZ' community paper in the following areas:

Due to various personal reasons we are now looking to replace volunteer deliverers in the following areas:

Beckfoot 25 houses
West Causewayhead 25 houses
Friars Garth, Abbeytown 70 houses
(this could be two volunteers)
Pennine View, 33 houses
Skiddaw Close, 15 houses
We look forward to your call
Contact Peter or Kath on 0750 180 5775

Beckfoot
West Causewayhead
Friars Garth
Abbeytown
Pennine View
Skiddaw Close

Masthead Bee Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered Kids Rucksack to the winner. This is in addition to the usual Winners Certificate and a £5 Gift Voucher from the Solway Buzz.

So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Local children return your drawing to your school or post to the address on page 14 (large stamp) and a quality Solway Buzz embroidered Rucksack from Carlisle Embroidery could be yours. You don't have to be at school here to send a bee to us. If you are here on holiday we would love to have your bee drawing.

This month the winner is **Connie Beverley** from **Holm Cultram Abbey School** with a bee drawing called 'Love Bees'. Well done!



**Cumbria Singers invite you to:
Come and Sing!**

On Saturday 8th June

at Ullswater Community College, Penrith, 10am to 5pm
Enjoy singing well known classical choruses with an internationally renowned conductor, Matthew Owens. All ages and levels of experience welcome.
Adult £25; Student FTE £15; U. 16s £10; Family: £60
Music can be downloaded or ordered in advance : £6 set.
To book email: mr4cnr@gmail.com
for further information visit www.cumbriasingers.org

**Remember – you can join the library, search the library catalogue, renew and request books online at cumbria.gov.uk/libraries
Visit Silloth Library in the Discovery Centre**

Silloth Library Opening Times

Monday 10am to 4pm	Tuesday CLOSED
Wed 10am to 4pm	Thursday CLOSED
Friday 10am to 4pm	Saturday 10am to 1pm
Sunday closed	Tel: 016973 31944

Non-Commercial Tourism Websites

solwaybuzz.co.uk
sillothgreen.co.uk
silloth-on-solway.co.uk
sillothgolfclub.co.uk
vintagerally.co.uk
sillothmotorcyclemuseum.co.uk
silloth-on-solway-tc.gov.uk
visitcumbria.com/wc/silloth
soldiersinsilloth.co.uk
solwayplain.co.uk/silloth1.htm
facebook.com/sillothgreen
facebook.com/silloth-carnival
facebook.com/groups/121042258051545 (Silloth Today)

Blencogo & District Village Hall Produce Show

**An amateur event open to everyone
To be held in the Blencogo Village Hall
on Saturday 7th September 2024**

Entries on the day.
Entry fee 50p per item, children classes 30p per item
Admission 50p School children free.
Refreshments available.
10am -11:30: Staging 11:30-1:45pm Hall closed for Judging
2pm Hall opens to public.
3:30pm Presentation of Trophies.
Auction of produce. Followed by distribution of prize money.
Prizes 1st £2 2nd £1.50 3rd £1
Points: 1st = 3 points 2nd =2 points 3rd =1 point.

Trophies will be awarded to the person gaining most points in the following sections.

- Bromfield Parish cup for flowers.
- Harry Douglas Fuchsia Plaque.
- Tom Carrick Cup for Kitchen Garden.
- Ferguson Salver for Bakery.
- St Mungo's Cup for Handicrafts.

Blencogo Village hall Children's Trophy for 8yrs and over.
Alfred Greive trophy for children 7 years and under.
High Aketon Trophy for most points in show.

Any schedule queries to email: blencogovh@gmail.com
Please have a go – support your local show.

Rules:

1. All exhibits must be the work of the exhibitor.
2. No exhibit allowed that has previously won a prize.
3. Handicrafts to have been made in the last 3 years.
4. Exhibits to be staged between 10am and 11.30 and may not be removed until 3:40pm when any produce remaining will be auctioned.
5. Labels must be collected on arrival and attached to the exhibit by the exhibitor.
6. Exhibitors to provide own vases etc.
7. 1 Entry per class per person.
8. No one will be allowed in the hall during the judging except the organizing committee.
9. Entry fee is 50p per item, children's classes 20p.
10. Prizes: 1st - £2, 2nd - £1.50, 3rd - £1. No prizes will be awarded unless entries are of sufficient merit.
11. The committee cannot be held responsible for loss or damage to exhibits or containers.
12. The decision of the judge is final.
13. If any entry is submitted, it is presumed that the entrant agrees to the foregoing rules.

Flowers

1. Pansy Pot Plant
2. Cacti or succulent in pot
3. A single stem of any flower
4. A rose
5. Vase of sweet Peas
6. 3 Dahlias
7. Wild flower display
8. Bowl of 5 floating flowers
9. Evergreen arrangement
10. Filled Hanging basket
11. 5 Fuschia sprigs

Kitchen Garden:

12. Four fresh herbs in a tumbler
13. 3 free range eggs (one egg cracked into saucer) (laid from own chickens)
14. 3 onions
15. 4 Potatoes
16. Any other single vegetable not in the schedule
17. 3 Carrots
18. 4 Cherry Tomatoes
19. 5 Green Beans
20. Mis-shaped vegetable
21. 3 dessert apples

Home brew/juices/punch:

22. Any home brew
23. Home made juice (500ml)
24. Alcoholic punch (500ml)

Bakery:

25. Men only Lardy Cake
26. Women only: Bakery item with vegetable (please state on entry label) excluding carrot
27. 3 Pieces of chocolate brownie
28. 6 Decorated cup cakes
29. Homemade Jam (label)
30. 4 Fruit scones
31. Any quiche (label)
32. Vegetarian sausage roll
33. Tea loaf
34. Homemade mint sauce
35. Jar of Honey

Handicrafts:

Must be own work.

36. Photo with own caption no larger than 8"x 6"
37. Photo of a garden visitor, no larger than 8"x 6"
38. Photo of a building from an unusual angle no larger than 8" x 6"
39. A handmade article of soft material e.g. woven knitted, crocheted, patchwork or embroidery
40. Handmade wooden or metal item
41. A painting or sketch of any subject
42. Handmade poster on the theme of "Save Blencogo Village Hall"
43. A False perspective photo or picture
44. Pick up and bring a doormat



Children (must display age) Under 7 and including 7 years.

45. Decorate a biscuit
 46. Grow a bean plant (in glass with kitchen roll)
 47. Chalk rubbing of a natural item
 48. Make an animal mask
 49. Make a pipe cleaner animal
- 8 years and over :**
50. Homemade mini trifle in a tumbler
 51. Make a superhero mask (label)
 52. Print out your avatar
 53. Make a bird feeder (homemade, including stocked with seeds)
 54. Make a hedgehog house

New Secure Door for Silloth Community Hall

The newly fitted door at Silloth Community Hall which will be more secure, a lot warmer and make the building much more accessible to wheelchair users.

A definite improvement all round.



Crossword is on Page 15 No Peeking Now!



FUN for ALL ~ Join the Dots & Colour In

Something for All Ages to Enjoy Everyone Can Do This

Not Just for the Kids

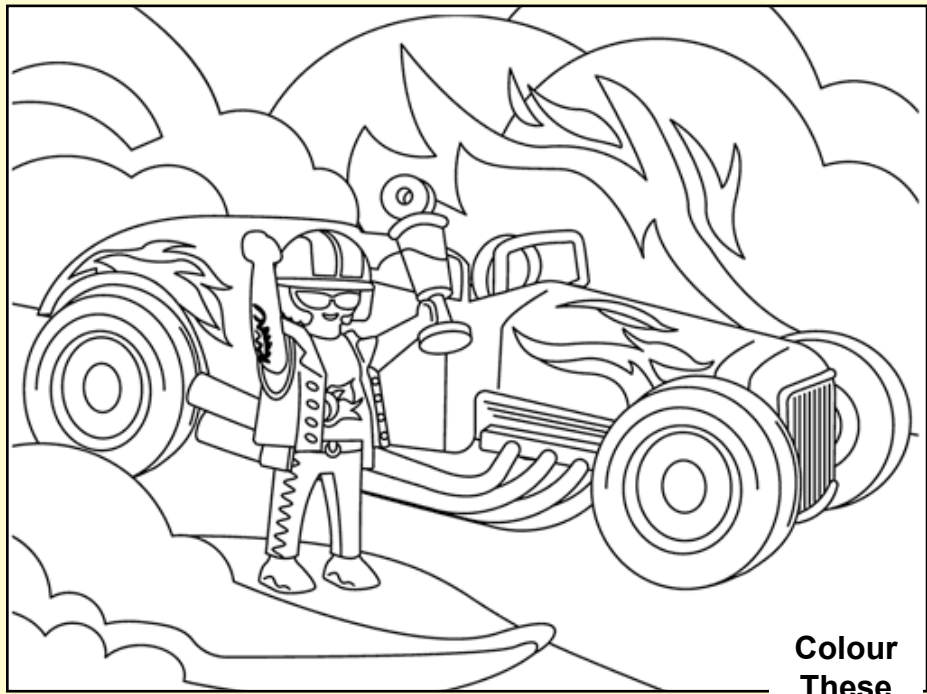
Enjoy and Have Some Fun

CROSSWORD

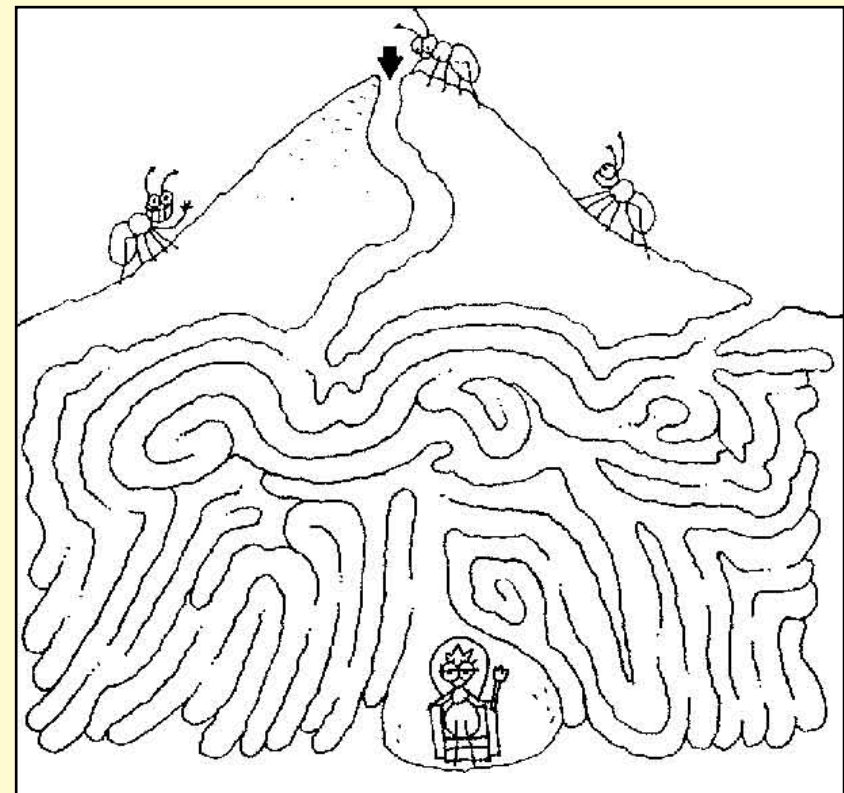
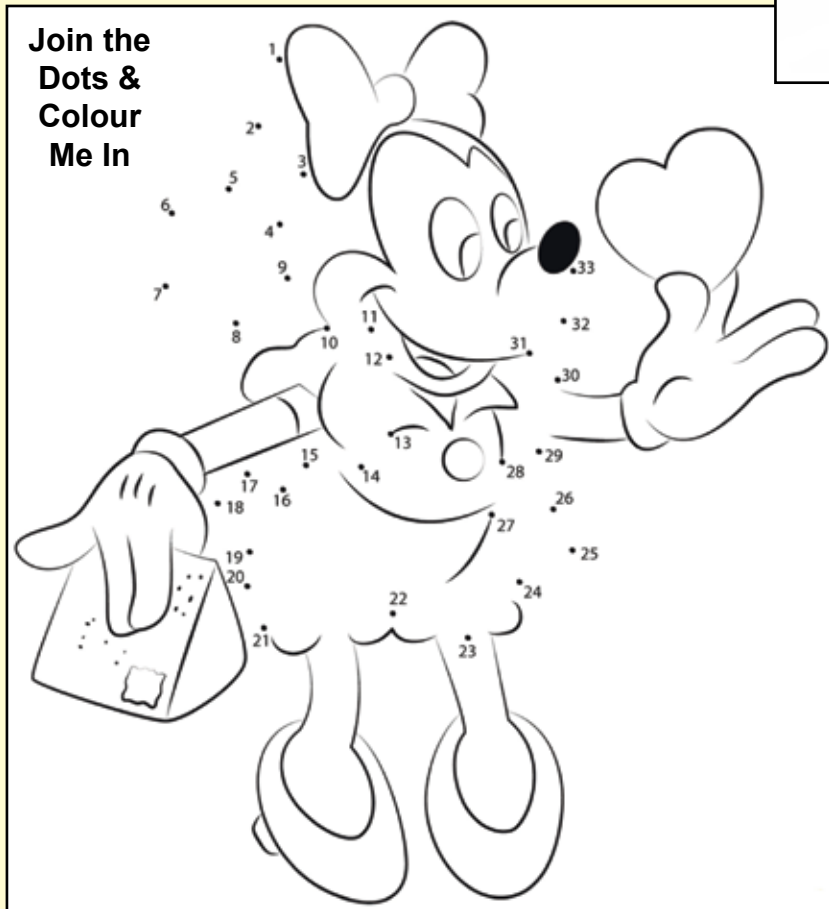
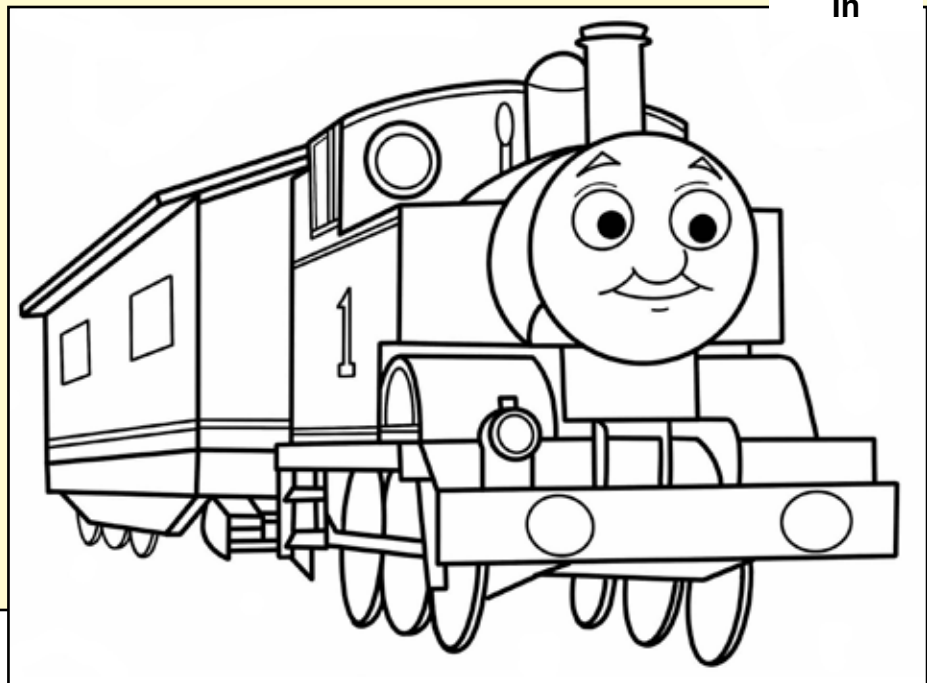
1		2		3		4	5	6		7
8					9					
10						11				
		12		13					14	
15										16
17		18			19		20			
21							22			
23							24			

<p>Across</p> <p>1 Opportunity (6)</p> <p>4 Capital of Turkey (6)</p> <p>8 Bury (5)</p> <p>9 Reduce (3,4)</p> <p>10 Large edible crustacean (7)</p> <p>11 Guide to book contents (5)</p> <p>12 Forming part of a long-term plan (9)</p> <p>17 Funny (5)</p> <p>19 Spoilsport (7)</p> <p>21 Betrayer (7)</p> <p>22 Exhausted (3,2)</p> <p>23 Bother (6)</p> <p>24 Brigand (6)</p>	<p>Down</p> <p>1 Cold (6)</p> <p>2 French Riviera resort (7)</p> <p>3 Unit of weight for gems (5)</p> <p>5 Naught (7)</p> <p>6 Audibly (5)</p> <p>7 Extension to a building (6)</p> <p>9 Janitor (9)</p> <p>13 Concert performance (7)</p> <p>14 Coaxed (7)</p> <p>15 Whisky (6)</p> <p>16 Young swan (6)</p> <p>18 Wherewithal (5)</p> <p>20 Long-necked woolly animal (5)</p>
---	--

Answers are on Page 13



Colour These In





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in
the
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Silloth on Solway Community Shop

- * Local people working for local causes
- * All proceeds go back into the community
- * **Please continue donating**

Open every day
 10am to 3:30pm
 Tel: **32452**



S.O.S.C.S.
 12 Criffel Street, Silloth

THE GOOD CAUSES CHARITY SHOP

1 Queen's Court, Criffel Street, Silloth

Contact: **Denise Poland**
 on **07999 752713**

Closed Mondays


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 Apart from:
 Mon: 12pm - 4pm
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 Weds: 10am - 1pm

£85

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sillothmotorcyclemuseum.co.uk

Solway Buzz Phone Book

This section recognises those whose financial help keeps the Solway Buzz going. If you wish to contribute in this way without taking an advert, please contact the Buzz, it costs only £52 a year.

Addison Orthodontics	016973 32208	West Silloth Motors	016973 32833
Allerdale & Eden Roofing	01900 813517	Wheyrigg Hall Hotel	016973 61242
Christine's Taxis	07917 564583	White Heather Hotel	016973 51373

D A Harrison	016973 42277
Devonshire House Dentures	01228 529128
Fairydust Emporium	016973 31787
Golden Dawn Nurseries	07748 647665
Green View / Stella's	016973 31743
Hair She Goes	07857 989358
Harrisons Store Ltd	016973 61231
Ian the Electrician	07727 127000
J Hill & Sons Undertakers	016973 42635

Jaybees	016973 31245
KMG Plumbing & Heating	07590 522621
Lakeside Roofing	07729 214161
Lecker Bites	07473 997676
McDermott Chimney Sweep	07878 147444
Mike Taylor Plumbing	07773 069856
Mrs Wilson's	016973 31155
No. 17 Delicious	016973 32458
P Scott Carpets	016973 31224
PM Roofing Specialists	07931 362163
Queens B & B	016973 31373
Seasoned Firewood Logs	07762 772208
S.O.S.C.S.	016973 32452
Slimming World (Denise)	07799 708465
Stanwix Park	016973 32666
The Charity Shop	016973 31696
Upholstery, Irene Armstrong	016973 31836



Useful Phone Numbers

Age Concern Home Safety Scheme	0800 678 1602
Age UK	01900 844670
Allerdale B. Council	03031 231702
Chemist, Silloth:	016973 31394
Church Catholic	01900 814826
Community Grants:	01900 325013
Crime Stoppers:	0800 555111
Dentist, Alma Terrace:	016973 31270
Dentist, Emergency:	01228 603900
Doctor:	016973 31309
Doctor CHOC service	03000 247 247
NHS	111
First Responders can only be called by the Ambulance service, call:	999
Electricity Power Cut	105
Gas:	0800 111 999
Highways Hot Line	0300 303 2992
Hospital:	01228 523444
Holme St. Cuthbert School, Mawbray:	01900 881242
Holm Cultram Abbey CofE School	
Abbeytown:	016973 61261
MP, Mark Jenkinson:	01900 876189
Neighbourhood Forum:	01900 325013
Police:	101
Quakers, Wigton:	01228 523174
Register Office, Wigton:	0300 373 3730
Samaritans:	01228 544444
Silloth Community School:	016973 31234
Silloth Library	016973 31944
Silloth Nursery & Junior School:	016973 31243
Silloth Post Office	016973 31323
Silloth Town Clerk:	016973 31128
Silloth Tourist Information Centre:	016973 31944
Solway Buzz:	016973 32180
Paragon Vet:	01228 710208
Millcroft Vet:	016973 23898
Waste Disposal Dept:	01900 702800
Water LeakLine:	0800 330033
Water & Waste Problems	0345 6723723
West Cumbria Carers	01900 821976

Please, let us know what you want included



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Planning days out just got even better!
 Day passes are now available to book online.

You can book these up to 2 weeks in advance and up until 9am on the day of your visit!

Day passes will still be available from Reception on the day of visit if not sold out.

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RATES

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OFF PEAK MID WEEK (Mon - Fri)
 £5.50 per adult / £4.50 per child

OFF PEAK WEEKEND (Sat & Sun)
 £7.00 per adult / £6.00 per child

SAVER (4th Nov - 24th Dec 2024)
 £5.50 per adult / £4.50 per child

UNDER 5'S GO FREE!



Holiday Centre of the Year
 Winner: 2022/23

Stanwix Park Holiday Centre, Silloth, Cumbria, CA7 4HH

Advertisers entries are always Free in the Phone Book

Ships Old & New at Silloth Dock

Report & Photos by:
John Forrester
More coverage of shipping at
Silloth can be found at www.cumbriashipphotos.weebly.com



It was a month of contrasts at the Port of Silloth for ship enthusiasts. Amongst the arrivals was the almost brand new FRIEDHELM, built in China in 2023 for its German owners. This contrasted with the Dutch built WATERWAY, a veteran at 27 years its senior, and with only half the cargo carrying capacity. Interestingly, the smaller ship had travelled the furthest distance to reach Silloth. Both ships were new visitors to the port attracting photographers to view their arrival.

WATERWAY had loaded grain at the Baltic port of Vierow and sailed via the Kiel Canal and English Channel to reach Silloth.

It was noted that the old lady had coasted at a leisurely pace of 5 to 7 knots throughout its sailing from Germany. The ship handled well in the blustery conditions as it approached the dock entrance on the afternoon tide. The 1996-built ship looked very smart with its unusual turquoise livery as it passed by. The logo of the ship operator 'Cargo Mariners', a UK company based in Kent, was prominently displayed on the wheelhouse. The company operates a fleet of nine ships, several of which have called at Silloth.

The larger vessel, FRIEDHELM, had made good progress sailing from Antwerp, however it encountered the remnants of Storm Kathleen

in the Irish Sea causing it take shelter off North Wales. Eventually, when conditions eased, it was able to complete the sailing. The ship announced its arrival at the dock entrance with a loud blast on the horn, making some of the younger onlookers jump. At close quarters the ship gleamed with its newness. A shiny steel plate was fixed to the wheelhouse labelled 'DAMEN CF3850' denoting the shipbuilder and the design to be a Combi Freighter with a deadweight of 3,850 ton. The size of the ship could be appreciated when viewed at the quayside whilst unloading. Tides were exceptionally high and the ship towered over its surroundings.



Ooops - You Can't Park There!



Photo by: Nicola Paterson



Photo by: Brad Holliday

More on this next month, it seems the freshly dredged channel into the Dock was not quite wide enough for the fully laden Bremen.

New Pilot Boat Stationed at Silloth



Report by: John Forrester
Photo by: George Sharp

It was all change at Silloth during April for pilots guiding cargo vessels in and out of the port.

They normally use the pilot tug DERWENT based at Workington for their transfers on and off ships. This arrangement requires a road journey between the two ports. However, while DERWENT was undergoing a lengthy overhaul in the Isle of Man, Silloth became

the base for its own pilot boat, PROVIDENCE.

The fifteen-metre-long boat was on temporary loan from Associated British Ports at Barrow.

The sleek purpose-built pilot launch built in 1998 had its performance upgraded by a major refit. With new engines it is capable of more than 20 knots, much faster than DERWENT. The wheelhouse controls have been modernised and the interior

redesigned.

During its short stay, Silloth pilots benefitted from being able to climb on and off cargo vessels in Allonby Bay rather than the more distant anchorage at Workington.

No doubt local pilots enjoyed the experience of a well-equipped and fast transfer boat while the regular one was on its twelve day holiday in a Ramsey repair yard.

Photo of PROVIDENCE returning to Silloth Dock courtesy of George Sharp.

April Shipping at the Port of Silloth

Report by: Capt Tim Riley, Harbour Master, Short Sea Pilot

So the Month of April started off with the Baltica Hav still in port from March and still discharging her cargo of German Wheat, she sailed on the 2nd April.

We then had notification that Workington pilot boat would be off station for a week in the Isle of Man for engine overhaul and statutory surveys to meet the requirements of the MCA to be approved as a Pilot Vessel under the work boat regulations. Unfortunately, there was a bit more work to do than predicted and she was off station for almost two weeks!

During this time, we relocated the Barrow in Furness Pilot vessel Providence up to Silloth and boarded and landed both Silloth and Workington pilots off Maryport running out from Silloth Harbour. The service worked very well for us here in Silloth as we could board and land from Silloth! The pilots from Workington travelled up by car and also boarded and landed from here, which is normally what the Silloth

Pilots do via Workington.

Over the whole period that the pilot vessel was off station at Workington we carried out sixteen pilot manoeuvres with the Barrow pilot vessel, so a very successful and well organised run of events.

Our thanks go to Barrow for the loan of their boat, the Providence, and the time and efforts of the crew and the assistance afforded by the Golf Hotel who put them up for the period. Cargoes this month included Grain, Fertiliser and Molasses again and we are looking forward to seeing more in May.

We will be starting operations to remove some silt build up in New dock and also in Marshall dock, as we are now struggling to get vessels into the port due to levels of mud and sand inside.

We are also commencing some works on the road surfaces and quayside surfaces which may mean we will have to close off part of the access road to the Convalescent home for a short period of time, we will be contacting appropriate persons in advance of any works on the road.

Here's to an excellent May, the sun



is coming out.....soon.

April

1st Baltica Hav from Klaipeda with a cargo of Wheat, then on to sea for orders.

6th Friedhelm from Antwerp with a cargo of Potash, then on to Dunkirk.

8th Kaprifol from Bremen with a cargo of Molasses, then on to Holla.

10th Celtic Explorer from Antwerp with a cargo of Fertiliser, then on to Southampton.

11th Ruhrtal from Antwerp with a cargo of Fertiliser, then on to Kvinesdal.

14th Waterway from Vierow with a cargo of Wheat, then on to Belfast.

25th Indi from Safi, Morocco with a cargo of Fertiliser, then on to Ayr.

Silloth Tide Table

JUNE 2024		SILLOTH							
		DEPTHS ON NEW DOCK GAUGE (1.8M ABOVE CD)							
		High Water				Low Water			
Date		Morning		Afternoon		Morning		Afternoon	
		Time	m	Time	m	Time	m	Time	m
1	SA	06 41	6.1	19 23	5.8	00 48	0.1	13 30	-0.3
2	SU	07 45	6.3	20 25	6.1	01 55	-0.0	14 34	-0.4
3	M	08 43	6.6	21 19	6.4	03 00	-0.2	15 37	-0.6
4	TU	09 37	6.8	22 08	6.7	04 03	-0.5	16 35	-0.7
5	W	10 26	7.0	22 53	6.9	05 00	-0.7	17 26	-0.8
6	TH	11 14	7.1	23 37	7.0	05 53	-0.8	18 14	-0.8
7	F			12 00	7.0	06 43	-0.9	18 59	-0.7
8	SA	00 19	7.0	12 44	6.8	07 30	-0.9	19 41	-0.6
9	SU	01 00	6.9	13 28	6.5	08 17	-0.7	20 22	-0.4
10	M	01 42	6.6	14 12	6.2	08 59	-0.5	20 59	-0.1
11	TU	02 26	6.4	14 55	5.9	09 40	-0.3	21 36	0.1
12	W	03 11	6.0	15 43	5.5	10 22	-0.1	22 15	0.3
13	TH	04 01	5.7	16 35	5.2	11 06	0.1	23 02	0.5
14	F	04 59	5.4	17 34	5.0	11 56	0.3	23 57	0.6
15	SA	06 00	5.2	18 37	4.9			12 53	0.4
16	SU	07 03	5.2	19 38	5.0	00 59	0.7	13 51	0.3
17	M	08 00	5.3	20 33	5.3	02 04	0.6	14 47	0.2
18	TU	08 53	5.5	21 20	5.7	03 03	0.4	15 40	-0.0
19	W	09 40	5.8	22 03	6.0	03 58	0.1	16 28	-0.1
20	TH	10 22	6.0	22 43	6.3	04 48	-0.1	17 14	-0.3
21	F	11 03	6.3	23 22	6.6	05 35	-0.3	17 58	-0.4
22	SA	11 44	6.5			06 22	-0.5	18 41	-0.5
23	SU	00 01	6.8	12 26	6.6	07 08	-0.7	19 25	-0.6
24	M	00 44	7.0	13 10	6.7	07 55	-0.8	20 10	-0.6
25	TU	01 30	7.0	13 59	6.7	08 42	-0.8	20 55	-0.5
26	W	02 18	7.0	14 49	6.5	09 27	-0.8	21 40	-0.4
27	TH	03 10	6.9	15 42	6.3	10 14	-0.7	22 28	-0.3
28	F	04 04	6.7	16 38	6.1	11 04	-0.6	23 19	-0.2
29	SA	05 03	6.5	17 40	5.9	11 57	-0.4		
30	SU	06 06	6.3	18 46	5.7	00 17	-0.0	12 55	-0.3

Times shown in UTC. Add 1 hour for British Summer Time.

SILLOTH ON SOLWAY SPORTS ASSOCIATION



SUMMER CAMP/SPORTING ACTIVITY DAYS

For local children between the ages of 5 - 11 years to come and try a variety of sporting activities during the summer holidays.

VENUE: Silloth MUGA & Rugby Union pitch, **CA7 4AX**
TIMES: 10am - 12noon 1pm - 3pm

Please note; there will be LIMITED supervision between 12 - 1pm lunchtime

The sports coaches dates are as follows:

Dave Pearson & Chris Pearson 29th July - 1st August **Football**
 Rob Jefferson and Kris Nichol Monday 12th & 19th August **Multi-Sports**
 Chris Wright Tuesday 13th August **Rugby Union**
 David and Emily Wise Wed 14th & Thu 15th August **Tennis**
 Nico Watt Tuesday 20th August **Cricket**

Please complete an activity form if your child would like to participate. Forms are available from any committee member as below, via email. Please forward completed forms and **£15 fee CASH only per child** to Mavis Baty, Solway Fitness Centre CA7 4AX or via email mavisbaty@gmail.com Stephen Hart sidhart1@hotmail.co.uk Colin Baty colinbaty@hotmail.co.uk, Kris Nichol krisnichol@hotmail.com Jennifer Bell jennibell41@icloud.com
 Closing date for application, **Monday 22/7/24.**

SILLOTH ON SOLWAY SPORT'S ASSOCIATION



SOSSA SUMMER CAMP ACTIVITY FORM

Childs name _____ Age _____

Parent/ Guardian _____ Emergency no _____

The information provided on this form is treated in the strictest confidence and will be responsibly destroyed after use.

PLEASE CIRCLE APPROPRIATE ANSWERS YES OR NO

Does your child have any joint or muscle problems that may be made worse by physical activity. **Yes/No**

Does your child suffer from faintness or dizziness. **Yes/No**

Does your child have any allergies. **Yes/No**

Does your child take any medication that might affect physical activity that the youth workers should be made aware of. **Yes/No**

Are there any other medical issues that we should be aware of **Yes/No**

I have understood and completed this form to the best of my knowledge

Name(print) _____ Photo consent Yes/No _____

Signature _____ Date _____

I enclose £15 per child for participation.

Please circle the dates required to attend below.

FOOTBALL; 29th, 30th 31st July, & 1st August.
MULTI-SPORTS; Monday 12th & Monday 19th August
Rugby Union; Tuesday 13th August
Tennis; Wednesday 14th August & Thursday 15th August
Cricket; Tuesday 20th August

Please forward form and fee **CASH ONLY** to Mavis Baty Solway Fitness Centre CA7 4AX or via email mavisbaty@gmail.com
 Stephen Hart sidhart1@hotmail.co.uk Colin Baty colinbaty@hotmail.co.uk Jennifer Bell jennibell41@icloud.com
 Kris Nichol krisnichol@hotmail.com

League Cup Runners Up!



On 12th May our U12 girls played in what turned out to be a well battled league cup final against Whitehaven Blues.

Both teams showed great determination throughout the match and put on a nail biting performance for all watching! Well done to all involved.

A huge well done to Whitehaven for lifting the league cup trophy and to our U12 girls for making it to the final and coming away as runners up!

Whitehaven- 5, Silloth -3.



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