



Pretty Princess

# Solway Buzz

Pretty Princess! by Kiara Orchard from Silloth Primary School

www.solwaybuzz.co.uk

April 2008

local news - for you - by you - about you - free to you - local news

FREE PAPER

Issue 63

## £1,300 Donated at Stanwix Park

The themed Country & Western Weekend at Stanwix Park was tremendous, with lots of people dressing for each theme.

It started with Prospectors, Mountain men & Hillbillies on the Friday night with comperes for the week-end Dave Cash. Saturdays themes were Indians in the afternoon then Gamblers & Tarts in the evening, Sundays themes were Mexicans in the afternoon and the evening saw the Blues & the Greys.

At all of these themes there was a variety of great Country & Western groups sourced by Stanwix Park i.e. Swing Commanders, Country Cattin, Blue Horizon just to mention a few. There were a number of different Trilogies that pay homage to memorable events in the history of the wild west, a must to see.



Eric with Liz Nichols and Wilma Armstrong presenting a cheque to Silloth First Responders

There were also various raffles and auctions to raise money for charities. Organiser, Eric Stanwix junior, presented the £1,300 raised from the November 2007 week-end to the representatives of two charities, North West Air Ambulance received £650 and Silloth First Responders also got £650.

Over £1,500 has already been raised from the March 2008 event. These are very generous people. Theme weekends at Stanwix Park have raised a total of £14,268 for good causes, amazing.



Eric introducing Liz Nichols and Wilma Armstrong presenting a cheque to the Air Ambulance girls

## £1.4m Homes for Silloth

£1.4m approved for new housing scheme in Silloth.

Derwent and Solway Housing Association has obtained a funding allocation to support the development of around 21 new homes in Silloth over the coming years. The funding is coming as a result of a successful bid to the Housing Corporation. The scheme

will see the construction of both bungalows and family homes in Silloth to meet a need for new social rented homes.

Tony Cunningham MP said, "This grant support is great news for Silloth and it will be great to see the new scheme get on site."

Robert Porter, Director of D&S said, "This is extremely

positive news for the area as it shows a real commitment from the Housing Corporation to address Cumbria's housing needs. I would like to thank Allerdale Borough Council's Housing Services Team who were extremely helpful, supporting the bids through the Corporation's assessment process."

## Mothering Sunday



Sunday 2nd March saw the Mothering Sunday Family Service take place at Christ Church Silloth.

It was also a Brownie Parade service. We welcomed the Brownie pack and leaders and we were also very glad to have the Solway Team

Music Group to lead our singing. The service had a relaxed atmosphere with so many children there with their families. Jo the puppet helped us to learn some new choruses. Posies of daffodils were given out at the end of the service to all mothers present.

## RNLI Thank Winters



Winter's Newsagents have been presented with a framed certificate of appreciation from the RNLI.

This is in recognition of their contribution to Silloth Lifeboat Station's 'Train One, Save Many' appeal, through the sale of the DVD Silloth and Skinburness in the Past.

With the lifeboat crew in attendance, the certificate was presented to Gary Winter by Alan Howe, Silloth Lifeboat Station Treasurer, on behalf of Silloth Lifeboat Management Group. The Silloth and Skinburness in the Past DVD is still available from Silloth Lifeboat Shop.



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## Norman is the 'Man With A Van'

Norman Reilly, well known Silloth lad and a Cumbria County Rugby player has launched a new venture.

Reilly Removals started trading in early February after Norman had completed a business course at the WCDA. Norman had realised that there was an untapped market within his home area for a van removal service.

These services include moving students to and from their University accommodation. Small office removals and deliveries to anywhere in the UK. Furniture removals and anyone requiring furniture disposal will have the comfort of knowing that



Norman looks as though he could lift the van, never mind lifting boxes!

Reilly Removals has a contract with Cumbria Waste Management who will ethically recycle and dispose of unwanted items. Norman assures us that the price for

disposing of unwanted items is competitive to the cost of hiring a skip or a van.

Reilly Removals can also supply boxes and materials for packing and

arrange for storage of goods, either long term or short term.

I am certain we all wish Norman the very best of luck with this exciting new venture.

## Causewayhead WI

IT'S ALL ABOUT RUBBISH

The first meeting of Causewayhead W.I. for 2008 took place on Wednesday 13th January with a talk about Recycling.

The President, Pat Bell introduced the speaker, Mr. Mark Studholme of Allerdale Borough Council, who gave a very informative and interesting insight into Recycling of Waste in the Borough.

Mr. Studholme explained the changes that had taken place from ash bins to the current system of recycling, which included paper, cardboard and garden waste. Since the introduction of the scheme there had been a significant reduction in the amount of refuse collected.

Recently trials had commenced in Keswick of a collection of plastic bottles etc. in an attempt to supplement the current system, and this was proving to be a success. It was hoping to extend this gradually to other areas of the borough.

The paper and cardboard that was currently being recycled was sent to companies such as Kimberley Clark for producing goods that would be back on the

shelves for consumers. Glass was sent to Scotland for recycling and reusing, and garden waste was being composted locally.

Members were interested to know where batteries and light bulbs containing Mercury could be recycled, and Mr. Studholme gave a number of points with the facilities for this to be done.

Leaflets were handed round to members giving details of the Recycling of Waste and also anyone interested in purchasing Compost bins from the Council, were given a leaflet on information regarding this.

Margaret Durham gave a vote of thanks to Mr. Studholme on behalf of the members.

Supper was served by hostesses P. Nixon, O. Hetherington and F. Jackson.

Competition winners on the night were:

Grocery Parcels: M. Johnson, M. Dockeray  
Bottle: F. Jackson  
Flower: J. Wilkinson  
Raffle: J. Wilson, A. Harrison



## Arthritis Group

Report by: Gladys Temple

The Arthritis Group met as usual on 1st February at Loveday House.

Chairman Edna Marper welcomed everyone. Several members were missing and best wishes were sent to those who were ill especially Olive Allen who we were pleased to hear was home from hospital.

Lyn Hardie North West Age Concern Rural Community Development Officer had come to update us on the two-year project she has been overseeing in the Solway Area. Her remit was to find out what individuals and small groups need in the way of services that were not available before and helping with services that were struggling.

She covers Silloth to Great Orton and Wigton with all the small communities in between so has been kept very busy. She has set up two inter generational schemes in Wigton. The first was at St. Cuthbert's Infants where an allotment was set up by older members of the Allotment Association to help the small children learn how to grow vegetables. Herbs and flowers. This has been a great success and a lunch club has been set up at Thomlinson Junior School where pensioners can talk to junior age children while enjoying a two-course lunch on Thursdays. This is becoming very popular but must be booked at least a week in advance. It is hoped to extend this into a talking history

session after half term.

Silloth received help with their dancing class and the Silloth Health Matters group is continuing strongly.

There is a Library home delivery service for housebound and West House Gardeners Social Enterprise Group are hoping to help people who are unable to keep their gardens tidy. Anthorn have a social group set up to hold coffee afternoons and Lyn is trying to find out how much support there would be for a Community Bus Scheme based in Kirkbride. Any group in that area who would be interested in using a Community Bus please get in touch with Lyn through Age Concern Northwest.

These were just a

few of the jobs she has done and there are lots more in the pipeline. She then talked about Fire Service checks which are available to the over 55's and several members put their names down for a fire officer to come to their house to check how safe they are and fit fire alarms if necessary.

Gladys Temple thanked Lyn for a very interesting talk about her busy life.

Dorothy Watson and Gladys served refreshments and Muriel Foster won the drawing then everyone settle down to listen to the relaxation tape.

The next meeting will be on Friday 7th March when Joan Gilbertson and Lillian Doherty will be hostesses

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To order please contact: Sarah 016973 32089 or Joyce 016973 32569



## Cumbrians Against Fluoridation

### Alan Johnson Promotes The Use Of Fluoride Throughout England

Health Secretary Alan Johnson has called for fluoride to be added to Britain's water supplies. He says "I want the NHS to do much more to prevent rather than just treat disease."

Along with 6 million people in this country the residents of West Cumbria already receive this medication without choice. Now Carlisle and the remainder of Cumbria face the same treatment.

Why add Hexafluorosilic Acid (a by product of the fertiliser industry and contaminated with lead, mercury, cadmium arsenic) to our drinking water when:-

1) In 2000 the scientists on the government's independent review of a water fluoridation at York University found that 48% of children living in fluoridated areas would have some degree of dental fluorosis [excess fluoride].

2) Baroness Hayman in 1999 (answering a question for the government) said, "dental fluorosis is a manifestation of systemic toxicity".

3) Excess fluoride is known to damage the skeleton though this may take many years to materialise depending on the levels of fluoride ingested.

Up to 50% of the daily fluoride intake remains in the skeleton for life.

Anyone living in West Cumbria for the past three decades will have significant levels stored in their body which may already be causing or contributing to health problems. Skeletal fluorosis is proven without doubt and there are widespread examples of it in those countries which suffer from groundwater with high levels of naturally occurring fluoride (Asia).

4) When limited testing took place in 1999 (financed by Cumbrians against Fluoridation) those people on a typical diet and using fluoridated toothpaste were registering levels between 3 -6mg/l.

5) In 1997 NW Water put out an information sheet on water fluoridation.

They wrote "Long term exposure to fluoride at higher concentrations between 3 and 6mg/l can lead to skeletal fluorosis". Since U.U. took over and replaced the NW Water Public Health Scientist with someone who supports fluoridation that information has been withdrawn.

6) Excess fluoride is also linked to many other areas of concern. In (Fluoride, 1998:31: 13-20) Researchers examining 112 cases of fluorosis in Ontario, Ohio, Italy and British Columbia found the following collective symptoms which tend to appear before the bones are affected; arthritis, gastric pain, headaches, blurred vision, nasal and conjunctival problems, emphysema, asthma, dermatitis, memory loss and inability to concentrate, - and more.

7) Water fluoridation has never been effectively researched yet this government has ignored its own mantra of evidence based medicine and the advice of the scientists it employed to investigate the issue at York University. Recently for the third time since the York Review[2000] leading scientists went public with their concerns about the government's [aka Dept. of Health's] determination to introduce water fluoridation on a wider scale.

In the British Medical Journal they accused the DoH of using the York findings "selectively, to give an over-optimistic assessment of the evidence in favour of fluoridation".

Sir Iain Chalmers, editor of the James Lind Library, which was set up to help people understand the evidence base of medicine, KK Cheng, professor of epidemiology at Birmingham University, and Trevor Sheldon, professor and pro-vice-chancellor at York University, say there is not enough evidence either way.

They accuse the government of "one-sided handling of the evidence" and add that "the Department of Health's objectivity is questionable", pointing out that until last year it funded the British Fluoridation Society, set up in 1969 to push for fluoride to be added to

water supplies in more areas.

8) Recent Advice from the American Dental Association has advised against making up baby formula with fluoridated water. That advice is now repeated in England but only if parents enquire.

Dianne Standen of Cumbrians against Fluoridation says "I was unaware of the damage fluoride and water fluoridation can do to teeth until two of my children showed strong signs of dental fluorosis. They went on to have the affected teeth removed and veneers put in place courtesy of the NHS. Now they are adults they face a huge dental bill every decade to maintain the veneers. Although the damage done to their teeth was very visible what is more disturbing is that there is no knowledge of the impact excess fluoride may have had on their developing bodies and how it will affect their health over time".

Contact Dianne Standen on 01900 813378

## Curate Peter Streatfield Moves On



Peter & Elaine Streatfield

Blencogo village hall was packed on February 2nd as people from the seven churches of the Solway Plain Team

(including Silloth, Abbeystown and Holme St Cuthbert's) said goodbye to long-serving curate Peter Streatfield and his wife Elaine. How loved the two of them are and how they returned that love was demonstrated at the end of the evening when Peter was so moved, he was unable to speak and Elaine had to step in and save the day.

A programme of entertainment was compered by Tim Barker. Westnewton Ladies', Silloth Men's and Silloth Gospel choir all sang and the Team Music Group played. Sheila Sandursky of Westnewton and Tim

provided some humour in dialect, Margaret Hancock of Abbeystown and Frank Devine of Silloth played violin and guitar and finally seven representatives of the seven churches sang a locally-oriented version of "Hi Ho, Hi Ho".

Surprise guest was Team Rector Rev Sharon Swain who is still seriously unwell but came out to pay tribute to Peter and Elaine and present them with a cheque for over £900. Other presentations were made by representatives of Mungo's Robins, the childrens' group Peter used to run and Westnewton school.

Celebrations continued as everyone enjoyed a banquet of food and drink including sweet or savoury pancakes and lots of puddings!

## Abbeystown Bowling Club

Twelve members of Abbeystown Indoor Bowling Club were visitors to Ireby Globe Hall on a very cold night.

Luckily the newly refurbished hall was warm and welcoming. John Armstrong welcomed the visitors and explained the format for the evening. Four games were played before a lovely supper was served and the raffle was

drawn. Winners from Abbeystown were Donald Foster, Joyce Edwards, Sylvia Asbridge and Elsie Foster. Four more games were played and for the first time at Ireby Abbeystown were the winners 47 to 33.

Malcolm Temple thanked Ireby for an enjoyable and friendly evening and invited Ireby to visit Abbeystown in March.



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**Regular Weekly Events**

**Mondays**  
Bingo – Silloth Social Club, Waver Street @ 7:15pm  
Domino Drive – Recreation Hall, Eden Street Playing Field @ 7:30pm

**Tuesdays**  
Silloth Open Door Group, Pop-In Lunch from 12–1pm @ St. Andrews Hall for donation  
Bingo – Bowling Club, Eden Street @ 7pm  
Whist Drive – Recreation Hall, Eden Street Playing Field @ 2pm

**Wednesdays**  
Coffee Morning – Silloth Nursing Home @ 10am  
Bingo – Silloth Social Club, Waver Street @ 7:30pm

**Thursdays**  
Market – Criffel Street 10am to 4pm  
Whist Drive – Recreation Hall, Eden Street Playing Field @ 7:30pm

**Fridays**  
Bingo – R.A.F.A. Club @ 7:30pm

**Saturdays**  
Bingo – Silloth Social Club, Waver Street @ 7:30pm  
Music & Dancing – R.A.F.A. Club, evening

**Sundays**  
Market – Criffel Street 10am to 4pm  
Market & Car Boot – Silloth Airfield 10am to 4pm  
RNLI – Exercise @ 10am  
Bingo – Bowling Club, Eden Street @ 7pm

**Silloth Library**

**Opening Hours:**

Monday	2 p m - 6 p m
Tuesday	c l o s e d
Wednesday	11 am - 1:30pm 2: 30pm - 5pm
Thursday	11 am - 1:30pm 2: 30pm - 5pm
Friday	11 am - 1:30pm 2: 30pm - 5pm
Saturday	10am - 12noon

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Membership is free to everyone  
Please call in or telephone (016973) 32195

**Check out SolwayBuzz.co.uk for photos of local events**

**Production Team**

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Editorial Content  
This is down to you, we can only publish items if you send them to us.  
When sending articles in, please supply a contact name and number in case something requires clarification.  
We will accept letters, faxes or emails, but we do prefer emails as we do not have a typist to type your articles out.  
Published by:  
Peter McRobert with the support of the whole community and an army of volunteers.

**Abbeystown Library**

Abbeystown mobile library service to the village starts on Monday 7th April 2008

The mobile will stop outside the Wheatsheaf Inn at 1pm for an hour every Monday

Errors do occur in Dates for the Diary Please check before attending an event

**Do you have an event in the area bounded by Abbeystown, Mawbray, Silloth, Skinburness, if so please let us know.**

**Useful Tel Numbers**

Chemist, Silloth:	016973 31394
Community Grants:	01900 325013
Crime Stoppers:	0800 555 111
Dental Emergency:	01228 603620
Dentist, Buchanan:	016973 31270
Dentist, Steel:	016973 32042
Doctor:	016973 31309
First Responders can only be called by the Ambulance service, call:	999
Gas:	0800 111 999
Hospital:	01228 523444
Holme St. Cuthbert School	
Mawbray:	01900 881242
Holm Cultram Abbey CofE School	
Abbeystown:	016973 61261
MP, Tony Cunningham:	01900 65815
Abbeystown Library	016973 61425
Silloth Library:	016973 32195
NAP	01900 702898
Neighbourhood Forum:	01900 325013
Police:	01900 602422
Quakers, Wigton:	01228 523174
Register Office, Wigton:	01228 223447
Samaritans:	01228 544444
Silloth Community School:	016973 31234
Silloth Nursery & Junior School:	016973 31243
Silloth Town Clerk:	016973 31128
Allerdale B. Council	01900 702702
Silloth Tourist Information Centre:	016973 31944
Solway Buzz:	016973 32180
Taxi (Private Hire):	016973 31557
Taxi (Private Hire):	07999 934555
Vet:	016973 20242
Waste Disposal Dept:	01900 702800
Water LeakLine:	0800 33 00 33

This section is for your convenience, so please, let us know what you want included, also any changes to numbers.

**Silloth RNLI Shop**

**Shop Opening Hours**

Good Friday	Closed
Easter Saturday	11am – 4pm
Easter Sunday	11am – 4pm
Easter Monday	1pm – 4pm
Tuesday	1pm – 4pm
Wednesday	1pm – 4pm
Thursday	1pm – 4pm
Friday	1pm – 4pm
From Saturday 29 March	
Saturday	1pm – 4pm
Sunday	11am – 4pm

Our shop is staffed entirely by volunteers and occasionally we may not always be able to open at the advertised time. We do apologise for any inconvenience that this may cause.

**Dates for the Diary**

**March**

15th Crunch Service Skinburness Road car park: 9am to 11am

14th THE KINGFISHER by the Library Theatre TC, Leeds in Mawbray Village Hall @ 7:30pm, tickets £6 pay on door, tel: Steve 01900 881499

16th Palm Sunday, Easter Praise in Christ Church, 10am

18th Tea Dance in Westnewton Village Hall from 1:45pm to 3:45pm  
Contact Mrs Mitchell: 31528

20th Abbeystown Flower Club meeting, 016973 61055

21st Maundy Thursday Holy Communion at 10am in Christ Church

22nd Easter Saturday Coffee Morning in Christ Church Hall at 10am

22nd KINGS OF QUEEN (Tribute To Queen) at Stanwix Park Holiday Centre Silloth

23rd St. Paul's Holy Communion at 9am Evening Paryer at 3pm

23rd Christ Church Holy Communion at 10am

**Football Training**

**SILLOTH FOOTBALL CLUB**

**All training takes place in the new Sports Hall**

**Training Times 2008**

Under 8's  
Monday 5:30 to 6:30pm  
Contact Melanie Irving 32850

Under 10's  
Monday 4:30 to 5:30pm  
Contact Kevin Dixon 31954

Under 11's  
Thursday 4:30 to 5:30pm  
Contact Derek Wallace 32050

Under 14's  
Friday 5:30 to 7pm  
Contact Colin Baty 32969

Open to boys and girls.  
Membership forms available from all coaches.

**Men's Training in the new Sports Hall**  
Wed 8pm to 9:30pm  
Contact John Slack 31449

**Silloth Tots & Toddlers**

Silloth Tots & Toddlers meet in Christ Church Hall, Silloth and is open to all children aged from 0 to 4.

Sessions are on:  
Wed: 9:30pm to 11am  
and  
Fridays: 9:30am to 11am

Entry is £1 per family and this includes refreshments  
All Welcome  
Call in for a friendly chat

**Copy date for the May issue**  
If your organisation has an event to promote or you have something to say, please note that the next copy date is:  
**4th April 2008**

**March continued**

29th NO HALL TOO SMALL, a unique brand of Country music and deadpan humour for over 16's, Mawbray Village Hall @ 7:30pm, tickets £6 must be reserved, tel Steve on 01900 881499

29th An Edwardian Evening with Frances Prince and Laura Hunt accompanied by Ian Hare on the piano, Christ Church, Silloth at 7pm  
Admission £6 Concessions £3

**April**

1st Tea Dance in Westnewton Village Hall from 1:45pm to 3:45pm  
Contact Mrs Mitchell: 31528

3rd Skinburness Residents Association meeting in Golf Hotel at 8pm

5th Coffee Morning in Silloth Recreation Hall @ 10am

7th Silloth Town Council Meeting in the Community Centre @ 7pm

8th Abbeystown WI, meet in Assembly Room, Abbeystown @ 7:30pm, tel: 016973 617667

15th Holme Low Annual Parish Meeting in Tanglewood at Causewayhead, 7pm, all Parish residents welcome

17th Abbeystown Flower Club meeting, 016973 61055

19th Silloth Golf Club Open Day - all welcome from 11:30am onwards

22nd The Odd Couple at Wigton Theatre Club  
Tel: 016973 44620

23rd The Odd Couple at Wigton Theatre Club  
Tel: 016973 44620

24th The Odd Couple at Wigton Theatre Club  
Tel: 016973 44620

25th The Odd Couple at Wigton Theatre Club  
Tel: 016973 44620

26th The Odd Couple at Wigton Theatre Club  
Tel: 016973 44620

**May**

3rd Coffee Morning in Silloth Recreation Hall @ 10am

12th Silloth Town Council Meeting in the Community Centre @ 7pm

13th Abbeystown WI, meet in Assembly Room, Abbeystown @ 7:30pm, tel: 016973 617667

15th Abbeystown Flower Club meeting, 016973 61055

20th Holme Low Parish Council Meeting in Silloth Community Hall @ 7:30pm

24th Top Glam Rock Band KOO KA CHOO at Stanwix Park Holiday Centre, Silloth

29th Annual Town Meeting in the Discovery Centre, Silloth

**June**

2nd Silloth Town Council Meeting in the Community Centre @ 7pm

7th Coffee Morning in Silloth Recreation Hall @ 10am

8th Abbeystown WI, meet in Assembly Room, Abbeystown @ 7:30pm, tel: 016973 617667

**June continued**

10th Abbeystown WI, meet in Assembly Room, Abbeystown @ 7:30pm, tel: 016973 617667

14th Wigton Choral Society SUMMER CONCERT playing Faure Requiem @ 7:30pm in St. Mary's, Wigton

19th Abbeystown Flower Club meeting, 016973 61055

20th Silloth Vintage Rally Red Spider playing in the Albion Inn at 8pm

21st Silloth Vintage Rally on Silloth Green. all free

21st Silloth Vintage Rally Brightside playing in the Balmoral Hotel at 8pm

22nd Silloth Vintage Rally on Silloth Green. all free

**July**

5th Coffee Morning in Silloth Recreation Hall @ 10am

7th Silloth Town Council Meeting in the Community Centre @ 7pm

12th Top Sixties Group THE NIGHT RIDERS at Stanwix Park Holiday Centre, Silloth

17th Abbeystown Flower Club meeting, 016973 61055

19th Top Harmony Group SALVADOR at Stanwix Park Holiday Centre, Silloth

26th Silloth Kite Festival on Silloth Green, entry free

27th Silloth Kite Festival on Silloth Green, entry free

**August**

2nd Top Tribute Group THE BRYAN ADAMS EXPERIENCE at Stanwix Park Holiday Centre, Silloth

9th Tribute To The World Of Pop featuring Faith at Stanwix Park Holiday Centre, Silloth

16th Top Harmony Group SALVADOR at Stanwix Park Holiday Centre, Silloth

17th Charity Ploughing Match and Car-Boot Sale at Mealo House, Allonby  
Tel Ian: 07732 619819 for info

19th Holme Low Parish Council Meeting in Silloth Community Hall @ 7:30pm

23rd HIGHLY SPRUNG (Tribute To Spandau Ballet) at Stanwix Park Holiday Centre, Silloth

25th Silloth Carnival

**September**

1st Silloth Town Council Meeting in the Community Centre @ 7pm

4th Silloth Music & Beer Festival 2008  
The Searchers

5th Silloth Music & Beer Festival 2008  
John Otway plus The Hamsters

6th Silloth Music & Beer Festival 2008  
Blues Brothers

7th Silloth Music & Beer Festival 2008

9th Abbeystown WI, meet in Assembly Room, Abbeystown @ 7:30pm, tel: 016973 617667

**September cont'd**

13th Coffee Morning in Silloth Recreation Hall @ 10am

18th Abbeystown Flower Club meeting, 016973 61055

**October**

4th Coffee Morning in Silloth Recreation Hall @ 10am

6th Silloth Town Council Meeting in the Community Centre @ 7pm

14th Abbeystown WI, meet in Assembly Room, Abbeystown @ 7:30pm, tel: 016973 617667

16th Abbeystown Flower Club open night, 016973 61055

**November**

1st Coffee Morning in Silloth Recreation Hall @ 10am

3rd Silloth Town Council Meeting in the Community Centre @ 7pm

18th Holme Low Parish Council Meeting in Silloth Community Hall @ 7:30pm

9th Country Western Festival at Stanwix Park Holiday Centre, Silloth, see www.stanwix.com for Group Line-Up

10th Country Western Festival at Stanwix Park Holiday Centre, Silloth, see www.stanwix.com for Group Line-Up

11th Abbeystown WI, meet in Assembly Room, Abbeystown @ 7:30pm, tel: 016973 617667

11th Country Western Festival at Stanwix Park Holiday Centre, Silloth, see www.stanwix.com for Group Line-Up

14th Pop Rock Weekend at Stanwix Park Holiday Centre, Silloth, see www.stanwix.com for Group Line-Up

15th Pop Rock Weekend at Stanwix Park Holiday Centre, Silloth, see www.stanwix.com for Group Line-Up

16th Pop Rock Weekend at Stanwix Park Holiday Centre, Silloth, see www.stanwix.com for Group Line-Up

20th Abbeystown Flower Club meeting, 016973 61055

**December**

1st Silloth Town Council Meeting in the Community Centre @ 7pm

9th Abbeystown WI, meet in Assembly Room, Abbeystown @ 7:30pm, AGM  
tel: 016973 617667

Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.

## Abbeytown WI

At the February meeting of Abbeytown WI, Vice-President Gladys Temple welcomed members from Dundraw, Kirkbride and Newton Arlosh.

Margaret Moore had the 2008 programmes. Muriel Mattinson has organized the transport to go to Aspatria for the Dart Match. Members who had promised to provide crockery for the birthday party were reminded to check with Freda.

Gladys introduced Mr John Cowen from Cranston Butchers. John began as a Saturday boy when he was 16 and

is now Sales Manager having worked his way through many departments. The firm was begun in 1914 and is still owned by the same family. They buy all their products locally and make all their cooked products at Penrith, their ethos is for top class fresh food. He had brought several cuts of meat to show the differences and explained how to cook each. A side of lamb was cut up showing the differences between various roasts, chops, etc. Cranstons go through approximately 20 cows, 40 pigs and 120 lambs each week. Four

tonnes of Cumberland Sausage and 25,000 pies are also produced. Gladys Temple thanked John for a very interesting and informative talk.

Freda read a dialect poem while John judged the competitions. Margaret Moore passed three parcels round to guess the contents and Gladys gave everyone a quiz to think about while they ate delicious buffet supper. Elsie Donald read several funny dialect stories which everyone enjoyed. On behalf of the visitors Jane Miller thanked Abbeytown for a very traditional friendly evening.

## Abbeytown Mothers Union

Report by: Gladys Temple

Rev. David Tembey lead the service to begin the 2008 programme of Abbeytown M.U.

He spoke about Thomas Aquinas and asked us to pray for our members who could not be with us. The M.U. theme of the year is Time for Relationships so we were encouraged to pray for family and friends but also think about praying for the people we do not like or who do not like us.

After the service David took over the chair for the AGM. We had several good speakers and several visits to other Churches. We had

meals out and a trip to Durham. She thanked Maureen Skivvington for the beautiful new banner made for us in time for Lynne's induction as Provincial President of The Diocese of York. This was the highlight of our year. Lynne thanked everyone for the love and support all members give to her and to David when she is away. David echoed his thanks to all members for their support.

Maureen Gibson agreed to be Branch Leader for another three year period taking over the chair from David and Noeline Foster as secretary with Freda Garner as treasurer.

Press correspondent and overseas prayer member is Gladys Temple. Freda will organise the raffles and Brenda Sim the literature. Gladys and Mary Mattinson both resigned from the

committee while Elaine Atkinson and Joan Winter agreed to join Elsie Donald on the new committee.

Freda collected the subs of £11.25 and Maureen reminded members we are invited to Flimby Branch on 1st May and Westward on 7th May. Lent lunches begin on 7th February and are held each week on Thursday at noon.

Mothers Day sponsorship forms were distributed then Noeline read the minutes of the November meeting reminding members we have visitors from Ireby, Uldale & Boltons M.U. and also Wigton M.U. in May.

Birthdays celebrated in January were Freda, Gladys and Elaine while Lynne has hers in February so all were wished many happy returns.

## Bee a Masthead Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered sports shirt to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher.

So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Send them in to the address on this page and a quality Solway Buzz embroidered sports shirt from Carlisle Embroidery could be yours.



Masthead Bee Winner

This month the winner is Kiara Orchard from Silloth Primary School with a bee called "Pretty Princess!". Well done Kiara!

## Track & Field Events

Ron Ablewhite's exhibition of Track and Field events at The Gincase is a delightful, authentic study, not of sports, but of familiar Lakeland farm scenes, and a rare opportunity to see and buy original works of art.

Timeless, atmospheric and nostalgic, Ron has captured images of country lanes, livestock, tractors, and farmsteads that explore the effect of light across the seasons at different times of day and night.

Based in Penrith, Ron has built up a wonderful

collection of work, and this exhibition features over forty original paintings and a dozen open edition prints.

"Around half of the work in the exhibition is traditional watercolour and the remainder is line and washes paintings", says Ron. "With the line and wash, I start by producing a very detailed pen and ink drawing, on watercolour paper, which I then colour with watercolours. The end result retains the transparent glow and subtleties of a traditional watercolour, yet has an

## Old Silloth

**Remember when Silloth was a town of shopkeepers?**

Those days are long gone, but I am compiling a list of the small shops and businesses we used to have and would appreciate any memories of the way things were prior to the Spar and Co-op.

Please contact Marilyn Amyes on Silloth 31687.

underlying "crispness" from the pen work.

"One of the things that distinguishes my work from my contemporaries is the amount of detail I create. Whereas many watercolourists will spend two to four hours on a painting, my work usually takes between two and four days."

Ron Ablewhite's exhibition at The Gincase runs from Saturday 15 March until Friday 25 April.

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and Saucers' tearoom, they are now offering a hot tub experience for up to six people in their brand new spa bath.

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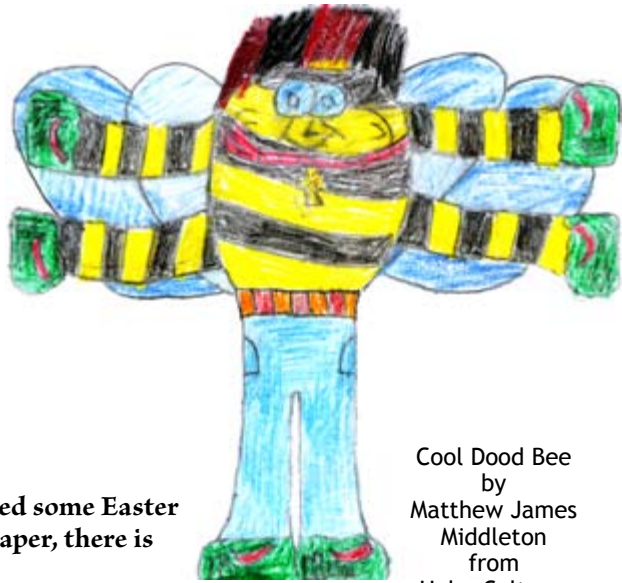
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Children - have you noticed some Easter Eggs scattered through the paper, there is one on this page.

Do you know how many eggs there are?  
The answer is on page 9.



Cool Dood Bee  
by  
Matthew James Middleton  
from  
Holm Cultram Abbey School

## Silloth Master Quiz

Eleven teams competed in Christ Church hall on January 25th and, after entering many teams over the years, Causewayhead WI finally carried off the coveted trophy.

President Pat Bell's "Wombles" won with 111 points; comfortably clear of Silloth Inner Wheel (plus one Rotarian) who were second. The

wooden spoon went to... Causewayhead WI! They had entered four teams and "The Eggheads" crept in last.

It was good to see new entrants from the teachers of Solway School (only one point short of second place) and the school dinner ladies who competed as "The

Chicken Supremes".

Tim Barker set the questions as usual and World's Biggest Liar John Graham was scorer (everyone believed him when he gave the results).

There were a variety of refreshments plus a raffle and a guess-the-name-of-the-dog competition.

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## Abbeytown Flower Club

Report by: Gladys Temple

Ruth Pinguey welcomed 14 members to the AGM.

Programmes for 2008 were distributed. Members made donations instead of exchanging presents for Christmas and £71.50 was sent to Silloth Lifeboat. A letter was read thanking us for the donation and telling us about the new lifeboat they are awaiting. Our donation will go towards the training needed for the staff.

Angela gave a comprehensive financial report. All officers were re-elected en-block.

The winners of the Competition cup were Lesley Evans and Audrey Harrison who both had 6 points. Ruth reported that many more members were now taking part in the competitions and in future points will be given to all the winners and added up over the year so that at the end of the year a token will be given to the three highest winners. Phyllis Dockeray and Isobel Baird served a lovely buffet supper provided by the members then Lesley and Phyllis organised three quizzes. Noeline Foster, Angela Garner

and Joyce Wilson won the competition for a glass ornament. Raffle winners were Angela Garner, Noeline Foster. Ruth Pinguey and Caroline Williamson. Caroline and Noeline were winners of Phyllis's Quiz. The Flower Quiz set by Lesley winners were Joyce Wilson, Phyllis Dockeray, Gladys Temple and Barbara Hurst. Marion Jefferson made 73 words from Constantinople and was a worthy winner. The next meeting on 20th March will be Slides of Gatesgarth Garden Watermillock by Norman Godfrey. The Competition is a Post card of a view. Non-members will be welcome at £2 each.

## Golf Club Open day

What do you know about Silloth on Solway Golf Club?

Is it that mysterious building on top of the hill beside the harbour and the land stretching down the coast, or, is it somewhere that members and visitors can go and play golf, find a welcoming atmosphere, enjoy a drink from a well stocked bar, good food, entertainment and have a

game of snooker.

If you do not know a great deal about the Club why not come along to an Open Day at the Clubhouse on Saturday 19th April 2008, from 11.30am onwards to see what is on offer. Prospective Junior members are particularly welcome and free junior coaching is offered at weekends throughout the summer.

## Apology

In the article by Holme St Cuthbert History Group in the last issue of the Buzz, Mrs Hobson was referred to as Ann instead of Mary. We apologise for the mistake to Mrs Hobson and hope we have not confused anyone.

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## Memory Lane

An event called Memory Lane was held in Christchurch hall on Friday 22nd February.

The evening was organised by the men's choir and began with light refreshments followed by a half hour of Silloth events. These were clips of the remembrance day assemblies and laying of wreaths at the cenotaphs at Christ's church and St. Pauls Causewayhead. The Good Friday erection of the cross on the green. The colourful flower display in the church. The vintage weekend with the parade of the steam engine Albion through the town to the Albion pub. The It's a Knockout action was entertaining. Then came the 2006 Carnival action with the parade, the sky-divers, the air-sea rescue and of course the spectacular Red Arrows. The beer

festival wound up the first part of the evening.

During the interval the drawing took place.

The second part of the show was a DVD showing of the Mock Wedding which was performed by the men's choir of 1990 and a few other church people. It was a hilarious wedding reception performed in the same hall as tonight's show. The audience was enthralled and appreciated the comic performance.

The original videoing was done by Ian Bell of Skinburness Road and the whole show was put together by Bill Allan. The church is grateful to Ian and Bill for the successful evening which raised a welcome £170 for church funds.

The vicar the Rev Allen Byrom thanked everyone involved in the evenings activities.

## Mobile Library

**Although the library in Abbeytown closes on 31st March this year it does not mean that the library service will not be available in the village.**

The Mobile Library will be visiting Abbeytown on Mondays at 1pm from 7th April 2008. He will stop outside the Wheatsheaf Inn.

The Mobile Library has a range of stock to suit all tastes. Adult fiction and non-fiction books, Large Print and Talking Books as well as a selection of Children's Books.

There are also DVD's to borrow at a charge of £2 per week.

Books and DVD's can be requested and will be delivered via the Mobile Library.

The stock on the Mobile Library turns over quickly as the mobile follows its regular schedule and new items are being added all the time.

The Mobile Library has a lift so that anyone with mobility problems is able to access the vehicle without climbing steps and so on. If you have any difficulties, please ask the driver.

### Library Cards

Anyone who has been using the library will already have a new style card. These cards can be used in any library in Cumbria.

To use the Mobile Library or any library you will need to bring your card along with you.

## Abbeytown Lent Lunches



Brenda Sim at Abbeytown with Daughter and Grandson

Lent Lunches were held once more at the Abbey and Holme St Cuthberts with a choice selection of home made soups and a roll, followed by tea or coffee, biscuits and cheese.

## Abbeytown Bowling Club

Kirkbride were the guests to The Assembly Rooms for a friendly match against Abbeytown Bowling Club.

Malcolm Temple welcomed Kirkbride and wished them a good night. Four games were played leaving Kirkbride leading at half time. A delicious supper was served and the raffle winners from Kirkbride Valerie Carr, Joan Atkinson and Jean

Kenny from Abbeytown Joyce Edwards, Gladys & Malcolm Temple and John Wood.

There was a turnaround in fortunes during the second set of four games with close games ending in Abbeytown 39 and Kirkbride 34. Tony Grey thanked Abbeytown members for a very friendly and enjoyable evening. A return match will be arranged.

## Causewayhead WI

A most enjoyable members evening was spent at the February meeting of Causewayhead WI.

Congratulations were in order for the 'Wombles' lead by President P. Bell, one of four teams from Causewayhead WI who entered a local quiz competition. They came out clear winners. Well done.

The birthday party for Causewayhead would be Wednesday 7th May and it was proposed that this should be at the Gincase.

After the official business had been concluded, the members were divided into teams of four to play dominoes under the skilful guidance of Diane Shaw. This proved not only entertaining, but

also created much fun and laughter as many members were not familiar with the rules. The overall winner was President, Pat Bell.

For the social half hour a quiz and guess the parcels was presented by J. Day and M. Dockeray. The winners of guess the parcels were: White Parcel - G. Hunter; Yellow Parcel - P. Nixon.

Hostesses for the evening were: R. Brooks, M. Irving and M. Wise.

Competition winners were:  
Smallest domino:  
1st P. Froggatt;  
2nd J. Wilson.  
Flower:  
1st R. Brooks;  
2nd J. Day.  
Raffle Prizes:  
1st J. Gibson;  
2nd A. Dunbar  
Grocery Parcels:  
D. Ross and M. Wise.

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## Forgotten Treasures

Article by:  
Tommy Akitt

How many of us know what is actually under the ground that we stand upon? Probably, if the truth be known, not very many of us at all but it can often be quite surprising.

I was born in Silloth and have lived here ever since. I moved to my house in Roddan Terrace, a

small introverted row of houses, about thirteen years ago. It has quite a large garden and one of the things we wanted to do was to set aside a piece of land at the bottom for growing vegetables. This was where it all began.....

Digging into the ground, it was obvious from the outset that this was going to be no easy task, as the ground was full of broken glass, pottery, bricks and other rubbish. What I decided to do was to dig the garden out to a reasonable depth, sieve the soil with a large homemade riddle hanging on chains and put the cleaned soil back in minus all the rubbish. Even with the hard work of my family this was an arduous task and took a few months, but it started a new collecting bug which is with me still.

As well as all of the broken stuff, there were lots of whole bottles, jars etc. which were very interesting. Apparently, my garden had been used as a rubbish tip both by the row of houses, and the lemonade factory next door. It is a long forgotten fact that Silloth had its own lemonade factory which was the "Silloth Mineral Water Company", occupying the premises that was, up until recently, the West Silloth Motor Co. The Company was on the go from the late 1800s into the early years of the 1900s. Sometime after this, it was taken over by W. Arnison and Sons who also had factories in Wigton and later Penrith.



The trademark of the Silloth Mineral Water Company was the old style shrimping boat that fished out of Silloth, which at the time were sailing boats. The bottles were mainly stoneware ginger beer bottles with a blue or black print, Codd bottles (with marble

stoppers invented by Hiram Codd), Hamilton or Bowler bottles (with pointed or rounded bottoms so they couldn't be stood up and dry out the cork) or green or amber coloured standard type beer bottles. I fell in love with these bottles straight away, but there were also many other bottles from all over the country, which starts you wondering how they got there, what they contained and who might



Tommy Akitt excavating bottles in a garden

have previously owned them. As well as bottles and jars there were other domestic things like bisque (porcelain) dolls' heads, which must have belonged to some little girl's much loved dolly at some time.

Out of the vegetable patch I filled a large sized skip with all the broken glass, pottery and rubbish but kept about 500 bricks to build paths and things. Next came the main garden area; was this the same? I dug the whole area methodically to a depth of four to five feet and took all of the big pieces and whole bottles out, backfilling the hole as I went along until I got to the last bit. I had a bit

of help from a friend that lived in Carlisle, who was already an avid bottle collector, and jumped at the chance to be involved. He couldn't believe I could be so lucky as to have a tip like this in my own garden.

In the last hole, we piled up all the broken bottles, left a time capsule message, and covered them over again. They now lie underneath my summerhouse.

This digging started an interest in old bottles with me, and I have dug on many old rubbish tips from as far away as Edinburgh and Harrogate. These old tips are becoming increasingly difficult to find but there must be lots out there as in rural areas most places had their own tips before there were any municipal collections. Along with my friend, Peter Wise, we still love to go digging, as the hobby is mainly about the excitement of never knowing what you are going to unearth next. I would like to take this

## Councillor Markley Opens Play Area



Councillor Markley cutting Ribbon being held by youngest and oldest Pupil.

Although the weather was dreadful for the Holm Cultram Abbey CE Primary School Infant Play Area Opening, a good number of parents and friends turned out to celebrate.

Councillor Tony Markley attended Abbeytown School as a child and was delighted to help mark the occasion. The Play Area has been developed over the last

two years, funded partly by the Local Authority, and with generous donations from the friends of Abbeytown School. Bikes and wheeled toys have been purchased thanks to a generous donation from Mrs Alison Harrison in memory of her husband

Steven.

Children and adults enjoyed an afternoon in school watching a superb dance performance by KSI and taking part in 'Freddie Fit' aerobics. Refreshments were served and the school is very grateful to all who helped with the afternoon.

## One Night With You

Report by: Charlie Harrison  
President,  
Silloth Rotary Club

What a fantastic night at Stanwix Park. I hope that all who attended enjoyed themselves, everyone seemed to have a smile on their faces.

Young Eric did a grand job keeping the acts and me on the right track, many thanks to him. Also due thanks for their kind donations are Enkev, Studio Be & Salon Di Moda, Pearson Farms, TSL Sports, Harrisons Butchers Cockermouth and everyone who donated bottles for the drawing. The first prize, a 19inch Plasma TV, was won by Isabel Gilmour.

The auction was also very successful, the highest price was given by Mike Ferguson for the picture of a Solway Sunset taken by Peter Cusack and mounted on canvas by John Cook Signs.

On the night Gary Winter, of Winters Newsagents, presented a donation of £100 to Peter Gilmour, Chairman for Silloth First Responders. (Gary it's time you gave up the day job and became a full time golfer – you're the man.)

We would like to have another evening with different acts and would like to hear what type of evening and any acts you would support. Please let us know by writing to us c/o The Golf Hotel or speak to me and we will try our best to arrange it.

I will not forget those who came and contributed to a fantastic night, we raised £2,259.40 for our Charity Account which is used to help those in greater need than ourselves.

Once again thank you from all members of Silloth Rotary Club.

digging damaged bottles and wanting to restore them to their former glory. I have a website with my collection, and other pictures on at [www.collectingantiquebottles.co.uk](http://www.collectingantiquebottles.co.uk)

If anyone has any old bottles they would like to sell, or has any information on old rubbish tips, I would be very grateful if they could contact me on either my e-mail address on the website, or by phone on 01697332053 or 07752613315. We would be prepared to pay rewards for allowing us to dig on these tips, and we always restore the ground afterwards to the landowner's specification.

So it just goes to show, you never know just what is under your feet, even in your own garden!



King Bee  
by Rob Girdler  
from Holm Cultram Abbey  
School



## Mawbray Entertainers



Report by: Annette Gibbons

**Twenty Years On - It was back in 1988 that the curtains went up on the first of the Mawbray Entertainers evenings of entertainment.**

In 1994 they produced their first pantomime and the tradition has continued.

The Mawbray Entertainers spent the duller winter months rehearsing for their annual pantomime held in Culterham Hall during February 2008. Once again Rick Felix had written a quick witted script full of one-liners for the whole family.

One lady from Caldbeck who had obviously enjoyed herself wrote: "It was the usual wonderful Mawbray entertainment - we laughed and laughed and had a lovely time. Very impressed by the liberties taken with history, both ancient and modern,

to produce such an entertaining script, by the fantastic costumes and scenery, and very taken with your excellent cast!"

**Children - have you counted the Easter Eggs?**

There are eight Eggs in this Solway Buzz.



This sums it up, Chrissie Wylie and Rick Felix made the stunning scenery and props, Karen Simpson and Margaret Mulford designed and sewed the glorious costumes, Andy Atherton provided the most professional lighting and sound, and the cast were nearly word perfect each night. (The prompter Joan Markwell had her work cut out each

performance!) Annette Gibbons produced Cleopatra, co-directing with Frances Felix. Tickets sold well for all four nights and over £2,000 has been raised for local charities, including Culterham Hall, the Parkinsons Disease Society, Riding for the Disabled, Age Concern and First Responders. If you'd like to be able to see the Mawbray Entertainers Pantomime next year, they're advising booking your tickets now!"

## Rugby Club Re-launch Junior Section



As part of the Go Play Rugby campaign and maybe more importantly to relaunch the junior section at the club, Silloth Rugby Club are to hold regular taster sessions in order to attract and hopefully retain as many youngsters as possible

into the game.

Over the next few months they plan to invite teenagers to 'Have a go' and to attend some taster coaching and playing sessions. These will be as fun-filled as possible but also educational and

tempting. The club have struggled to attract teenagers, especially in the last few years. They are now hopeful of turning that around. The sessions are being held on Tuesday nights and Sunday mornings, all are welcome.

## Not Just Any Breakfast

Report by: Shelagh Daniel

Not just any breakfast, but a Holme St. Cuthbert, locally sourced, farmhouse breakfast!

As part of their celebrations of British Food and Farming Year, Holme St. Cuthbert school recently held a Healthy Farmhouse Breakfast for staff and pupils. Everyone enjoyed their tasty breakfast of locally sourced foods at the beginning of the school day. Cumberland sausages from Harrison's butchers in Wigton were grilled and served on fresh baked rolls from Berry's bakery in Wigton. Fruit milkshakes were made with milk produced in the Western Lake



District at Mawsons' of Bailey Ground. Year 5 children at the school are taking part in a bread making competition with support from Solway Community School and Carrs' Mills. The breakfast was a great opportunity to try out some different

toasted breads and to do a survey on which breads were the most popular. Thanks are due to Chair of Governors Annabel Armstrong, Teaching Assistant Jackie Strick and Lunchtime Supervisor Viv Atherton who organised the wonderful breakfast.

## Hair Colour for Grown-Ups

20's Is the time to try new things, when youth is on your side. Perhaps a platinum blond crop or an intense red. The only drawback is commitment and cost, drastic colour needs upkeep but if cash is not an issue then go for it, you will certainly stand out from the crowd and you can probably do it for half the price in Silloth.

Top tip use 'Clynol Intense Colour Condition' once a week.

30's Most of our clients in their thirties tend to have worked out what works for them. As a rule avoid the outrageous colours like the plague, (leave it to the teen's). Kate Moss

is a good example of someone who has found what works for her and sticks with it, she must have had the same warm honey blond for years and she gets variety and a change by having some ash blond platinum or chocolate lowlights woven in a face framing and flattering way, very simple incredibly effective.

Top tip; fancy a subtle change, try Clynol Semi-permanent Colours, loads of shine no roots or like Kate have some Lowlights woven through.

40's plus To go grey or not to go grey that's the dilemma. We have a few clients who look fabulous with their silver white hair, unfortunately

very few can carry it off and most would benefit from a little colour. The important thing to remember as you go grey is that your skin tone changes you need to be careful when adding cooler or warmer tones. It's all about flattering your looks rather than trying to get the colour you had twenty years ago.

Top tip; don't go for the box on the shelf, you are worth more, so get good advice from an expert. If you are going to stick to grey try some Clynol Serum, grey hairs tend to be courser and dull, serum will give it a shine and lustre.

Peter & Dawn at Peter Josef

## Skinburness Residents Association

**The S.R.A. held their AGM on 26th February in the Golf Hotel.**

Chairman Simon Boniface opened the meeting then introduced two speakers, John Thornthwaite and Helen Graham, who gave presentations on a Neighbourhood Watch Scheme and Environmental Health (dog fouling prevention).

The members voted to go ahead with a Neighbourhood Watch scheme. Names were taken for a few areas for coordinators although more are required. The S.R.A. would like to point out that the

Neighbourhood Watch scheme is open to non members within our area and if anyone would like to be a coordinator for their area please contact our Chairman as soon as possible via the Solway Buzz. The coordinators role is to get vital warning information out to a small number of your neighbours.

Following the presentations the current committee were re-elected to serve for another year. The Financial & Audit reports were given by Treasurer Roger Blake.

Current and new projects were discussed to

protect our amenities.

The date for our next meeting is 3rd April 2008 in the Golf Hotel at 8pm. All members and prospective new members are welcome to attend.

**Do you care about the Skinburness Area? Join the Skinburness Residents Association for only £10 per annum per household and support this hard-working local group.**

Funds are spent on local projects, your help is required. Please contact the Secretary, Kath Littleton on 016973 32272.



## Abbey Supper

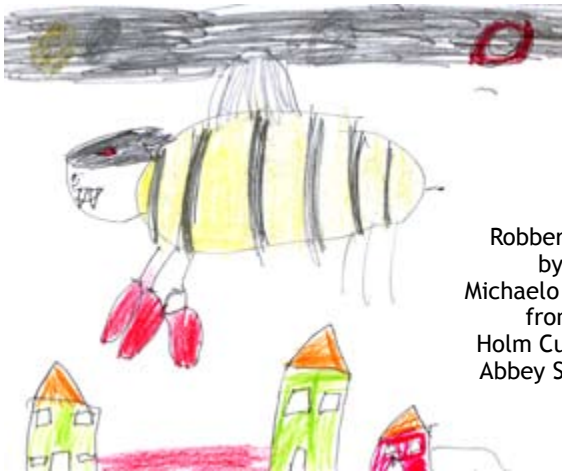


Report by: Jennifer Barwise

On 18th January a hot supper consisting of Meat and Potato Pie or Lasagne was arranged by Friends of Abbeystown School, it was cooked in the Ambulatory and served in the Tea Room. An

excellent and Tasty meal which was appreciated by all.

The outcome of the evening raised £230, and was divided equally between Abbeystown School and Church Funds.



Robber Bee  
by  
Michaelo Brooks  
from  
Holm Cultram  
Abbey School

## Police Report

After a relatively quiet Christmas and New Year PC Robertson has been very busy in Silloth and the surrounding villages.

We are pleased to report that anti-social behaviour has been cracked down upon, more youths are being warned for their behaviour and more parents are being involved by being made aware of issues or problems that their children are involved in. Alongside this, alcohol has been seized from youths gathering at Eden Street Bus shelter. We ask for your participation in helping the police keep drinking on the street under control by letting us know any details of those who participate.

A recent survey which PC Robertson conducted with local residents shows that our increased patrols and vigilant attitude towards the confiscation of alcohol has not gone unnoticed and that people are starting to see a positive difference.

With the introduction of the new head cam equipment all Wigton police station officers are being trained in recording

interactions while on duty. This has proved to be a great success when targeting anti-social behaviour in Wigton and the equipment will soon be used on a regular basis in all towns.

We are pleased to report that following complaints on The Crofts regarding speeding vehicles, PC Robertson has been involved in campaigning for more safety measures to be in place on the housing estate. At the January Town Council meeting it has been confirmed that "Children at play" signs and a zebra crossing are to be organised for the area.

On the flip side of the vehicle coin, can we remind everybody that parking in and around Silloth is still causing major problems for pedestrians due to inconsiderate people parking too near junctions, corners and drop curbs designed for wheeled access onto the pavement for pushchairs, wheelchairs etc. Please can drivers take the time to park sensibly where they are not causing a

hazard for other road users or an obstruction which may cause an accident.

PCSO Lindsey Noblet had a baby boy, Archie Thomas in early December, she hopes to be back at the end of summer, but is visiting the station on a monthly basis to keep involved with the news and development.

We have received reports that doorstep fish sellers have been plying their trade in the area and our advice is that if you are approached, that you do not buy anything.

Police and Trading Standards offices have numerous examples of people who have reported very expensive and very unsatisfactory transactions with doorstep fish sellers. Doorstep fish sellers are completely different from the friendly local fishmonger many of us have been used to. Do you really want to buy fish that you have no idea where it has been sourced from, how old it is, whether it has been thawed and re-frozen, and from a person you

have no knowledge of, and cannot contact for your money back? These 'salesmen' are very persuasive and experts in parting vulnerable people from their money. The experience of one lady in Wigton last year was that the minimum purchase was £50. Follow your instincts whether it is with fish sellers or people offering to do repair work, and use local traders that you know.

If you have a door chain, always put it on just before you answer the door. Do not allow people you do not know into your home if you are alone, ask them to make an appointment when you can have someone with you.

Please advise anyone you know who you think may be vulnerable. Please advise them to only buy groceries from a person that they know and trust and do not hand over any amount of cash to a unknown sales person.

If you have any further concerns or indeed information on rogue traders please contact your local police station.



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## Early Spring Gardening

Series by: Nadia Bunner  
Tel: 016973 52024  
gardens-by-nadia.co.uk

### Sow Sweet Peas

The first Sweet Pea (Latin name *Lathyrus odoratus*) flower variety appeared in Britain in 1730, sent by an Italian monk Francisus Cupani. It was a small-flowered wild variety which bore little resemblance to the Sweet Peas of today.

In the very early 1900s, Henry Eckford selected and crossed many Sweet Peas, laying down the foundation of the popularity enjoyed by the Sweet Pea today. From his work came varieties such as 'Dorothy Eckford' (pink), 'Lady Grisell Hamilton' (lavender) and 'King Edward' (scarlet) - the grandifloras. The first frilled or waved varieties were raised by Mr Silas Cole, gardener to Countess Spencer. These were known as the Spencer varieties. 'Countess Spencer', a pink variety, was the first of this type to be exhibited in 1901. At the same time, Mr W. J. Unwin produced 'Gladys Unwin' (pink). It is from these two types that the modern Sweet Pea has been derived. Varieties now run into the hundreds - scented, a wonderful range of colour (more recently multi-coloured), trailing and climbing, miniature and full size.

### When To Start Sowing Sweet Peas

Sweet Peas were traditionally sown during mid autumn, for flowering the next summer. In recent years

the spring sowing has become more common. Whilst spring sowing may be a little less time-consuming, an October sowing produces earlier and stronger plants and flowers (if the mice don't eat them.) In mid March fill small deep pots or root trainers with moist compost and sow one seed per pot to a depth of 1.5cm (1/2in). Maintain a temperature of around 15°C (60°F). Prepare the site for planting by digging to at least one spade's depth and incorporate lots of well-rotted compost.

When the seedlings have grown one pair of leaves, pinch out the growing tip. This will cause several further shoots to grow from the leaves resulting in a healthier plant with many more flowers. Plant out during May. If you want the best Sweet Pea flowers pinch off the tendrils as the plant grows. Tie the plants to the supporting stakes every 30cm (1ft) or so. Cut the flowers frequently and certainly prior to them setting seed. Sweet Peas are superb as cut flowers.

After the first frost in early September to early November, cut the tops of the plants off and put them on the compost heap. Leave the roots in the ground to rot over the winter, they are a good source of nitrogen.

Three must have plants for early spring

### Epimediums (herbaceous perennial)

A very tough and easy to grow ground cover plant, about 40cm (15

inches) high. The leaves stay on all the time turning copper coloured in winter, with new green shoots appearing through the old foliage. Delicate yellow flowers appear early March. Epimediums are best grown in sun or half shade.

### Corylopsis paucifolia (shrub)

This graceful Japanese shrub is popular for its early display of bright primrose yellow, cowslip-scented, flowers which appear on bare branches. All the corylopsis species thrive in a lightly shaded part of the garden where their blooms will be protected from spring frosts. It is densely branched, often wider than it is tall, with a naturally graceful habit that can be spoilt by pruning.

### Chinodoxa (bulb)

Glory of the snow is an appropriate common name for these beautiful low-growing bulbs from Turkey. They are some of the first to flower in spring and, when planted generously, create a dazzling carpet of blue stars borne in dainty sprays. Flowering lasts for 3-4 weeks, after which both the flowers and the foliage quickly fade from sight. They tolerate a wide range of soils but should be planted in full sun, under deciduous shrubs, beside hedges and in patches in the lawn.

For more information on the garden in early spring, visit my website: [www.gardens-by-nadia.co.uk](http://www.gardens-by-nadia.co.uk). Enjoy your gardening,  
Nadia

## Letters

Dear Buzz,

Further to the letter by Mr L Marshall in the Cumberland News complaining of poor Freeview reception in the Caldbeck Transmitter area, here is my experience. Having suffered the same poor degree of reception, to the extent that the only Freeview reception we get is from the BBC (and of course the shopping channels) I made contact with the agency to enquire as to the cause.

I spoke with a nice lady, who's first reaction was to tell me my aerial was of poor quality and needed upgrading. I pointed out that the 'top of the range' super dooper, cats whiskers of an aerial was fitted two years ago and that reception was top quality until the Whitehaven and Copeland area went digital in 2007. Nice lady now changed tack, "which channels are you having trouble receiving?" She then proceeded to read out a list of exactly the channels that could not be received!

She advised me that I must be in the Caldbeck transmitter area and she opined that things would improve when the transmitter went digital (in 2010), dear me, what a pity, never mind. So, please do not go spending fortunes upgrading your aerial or even your TV until the work on the transmitter is completed and we can decide if the reception has improved enough to stay with Freeview, or look to the heavens (SKY) for a better service.

Wings, Skinburness

Dear Buzz,

With reference to the front page article in the Feb/March edition of our wonderful Buzz, relating to "Silloth Green do you use it?". Whilst I am aware from word on the street that not all homes received the leaflet in question, I am reliably informed some 1,300 copies were distributed around the town. It is however disappointing to learn that only 160 were returned all with valid suggestions. For this project to succeed we must have input from the residents of Silloth.

## Poem

MAWBRAY - WOULD SUIT SHIP-SPOTTER  
by "Slightly Ancient Mariner!"

*Sitting by the sea shore, summing in the sand,  
I thought I saw a sailing ship, my word it did look grand.*

*It sailed upon the Solway tide, to Silloth it was bound,  
Her holds were full of sausages, she sailed without a sound.*

*I thought oh what a super site this is to have a home,  
To spot the sails of sea-borne skows, I'd have to make it known.*

*I'll place an ad. and word it right, "a house right by the watter",  
A home to suit that dying breed, the 'lesser seen ship-spotter'!*

*The ad. went in the papers and quite soon my phone rang hot,  
Salty Sam from Stockport said "That's sure some place you've got".*

*"I've read it once and read it twice, a home right by the sea,  
I would suit me fine to slip my hook, sounds just the spot for me".*

*"You see I've got a hobby now, I can no longer sail,  
My days of roamin' o'er the sea a searchin' for the whale".*

*"I've had to stop, it's time to drop my anchor from it's locker,  
I'm lookin' out to find a berth that suits an old ship-spotter".*

*I said "My son your ship's come in, I've got what you've been seeking,  
A sandy shore outside your door and a roof that's never leaking".*

*So off he sets, his heart is full, he's never felt so sunny,  
His sea-chest full of memories, his pockets full of money.*

*Six hours later he arrives, his radiator steaming,  
His foot's been pressed right to the floor, of Mawbray he was dreaming.*

*The weather's fair, the rain is warm, the summers never hotter,  
This really is the finest place to suit an old ship-spotter.*

*He views the plot, he thinks a lot, it's just the perfect place,  
The sea is rough, but not enough to cause his heart to race.*

*"Now let me see, twixt thee an' me this place is what I hanker,  
I ain't seen nuffin quite so good, I'm goin' to drop me anchor".*

*A deal is struck, I wish him luck, we share a tot o' rum,  
The old sea-dog feels right at home, no more will he feel glum.*

*And so my story draws to close, my pen sits on the blotter,  
A home now found for Salty Sam, that venerable ship-spotter.*

However all is not lost as this is only stage one of the bid and if successful much more resident related information will be gathered to go forward to stage two. The stage one bid must be submitted by the end of March with a response expected by the end of September, it may be later, then only then if successful the stage two bid must be put together.

G. Wilkinson  
Mayor

Dear Buzz,

Have you seen the state of the recycling site at the Pines in Silloth. Allerdale have changed the type of skip that you put the plastic bottles in and it is now quite difficult for shorter people (my wife is 5' 2") to use it. Result is bottles all over the place.

Name and Address supplied



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by  
Josh Arey  
from  
Holm Cultram Abbey School



Book Bee  
by  
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## Silloth Tide Tables

March 2008  
 TIMES OF HIGH WATER AT SILLOTH  
 (Courtesy of A.B.P. Silloth)  
 Times in GMT

		Heights in metres			
		Time	Ht	Time	Ht
14TH. FRI.	0405	6.3	1643	6.1	
15TH. SAT.	0512	5.6	1804	5.3	
16TH. SUN.	0648	5.2	1944	5.2	
17TH. MON.	0821	5.5	2103	5.7	
18TH. TUES.	0927	6.2	2158	6.4	
19TH. WED.	1017	6.9	2243	7.0	
20TH. THUR.	1059	7.4	2321	7.3	
21ST. FRI.	1136	7.6	2356	7.4	
22ND. SAT.	***	**	1210	7.6	
23RD. SUN.	0027	7.4	1242	7.5	
24TH. MON.	0059	7.3	1315	7.4	
25TH. TUES.	0130	7.2	1346	7.1	
26TH. WED.	0200	7.0	1419	6.7	
27TH. THUR.	0233	6.6	1453	6.3	
28TH. FRI.	0308	6.2	1533	5.7	
29TH. SAT.	0351	5.6	1623	5.1	
30TH. SUN.	0448	5.1	1731	4.6	
31ST. MON.	0612	4.8	1913	4.5	

NEW MOON - FRI. 7TH.  
 FULL MOON - FRI. 21ST.

### April 2008

1ST. TUES.	0754	5.0	2038	5.0	
2ND. WED.	0857	5.6	2129	5.8	
3RD. THUR.	0944	6.3	2211	6.4	
4TH. FRI.	1024	7.1	2249	7.1	
5TH. SAT.	1104	7.5	2327	7.5	
6TH. SUN.	1145	8.0	****	**	
7TH. MON.	0006	7.7	1225	8.1	
8TH. TUES.	0046	7.9	1309	8.1	
9TH. WED.	0129	7.7	1354	7.7	
10TH. THUR.	0213	7.4	1442	7.2	
11TH. FRI.	0300	6.9	1535	6.5	
12TH. SAT.	0356	6.2	1639	5.8	
13TH. SUN.	0508	5.6	1803	5.2	
14TH. MON.	0638	5.3	1928	5.2	
15TH. TUES.	0757	5.6	2037	5.6	
16TH. WED.	0858	6.1	2131	6.2	
17TH. THUR.	0949	6.6	2215	6.6	
18TH. FRI.	1031	7.0	2253	7.0	
19TH. SAT.	1109	7.1	2327	7.1	
20TH. SUN.	1144	7.1	2358	7.1	
21ST. MON.	***	**	1215	7.1	
22ND. TUES.	0027	7.1	1246	6.9	
23RD. WED.	0059	7.0	1318	6.8	
24TH. THUR.	0132	6.8	1351	6.4	
25TH. FRI.	0206	6.5	1428	6.1	
26TH. SAT.	0242	6.2	1508	5.8	
27TH. SUN.	0327	5.8	1558	5.2	
28TH. MON.	0422	5.3	1700	4.9	
29TH. TUES.	0532	5.1	1820	4.8	
30TH. WED.	0654	5.2	1941	5.1	

NEW MOON-SUN. 6TH.  
 FULL MOON-SUN. 20TH.

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## On the Waterfront

Report by: Tommy Legs

January proved to be a very wet and windy start to the year, with six vessels visiting the port. The tanker ZAPADNYI arrived first with a cargo of molasses from Rouen in France, followed by the BOKLUM with fertilizer from Ternuezen in Holland. The BEN ELLAN

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## Pensioners Coffee Morning



Report by: Diana Shaw

Silloth & District Pensioners Association held their first Coffee Morning of 2008 on 2nd February in the Recreation Hall.

Although a windy morning, it did not stop Silloth people from coming for their coffee and delicious home made scones and strawberry jam, all having a good chat with friends. The kitchen staff were kept busy.

The Bric-a-Brac had a bumper stall, the committee having collected items during the holiday period. Doreen Carruthers and Nan Crook were certainly

kept busy making a total of £60. A beautiful Iced Fruit Cake having been donated it was auctioned by Nan Crook making £7 for funds.

The raffle had nine lucky winners. The cake stall held a selection of delicious home made cakes manned by Doreen Mathews and Maureen Moore.

Thanks to all who helped in any way to make the morning a success which it surely was making a total of £160 for funds.

At the AGM in January Mrs Margaret Crawford was nominated for the Committee making a total of eleven

## Choir in Abbeytown



Susan Clowe serving Chapel stalwart Nellie Holliday with a cup of tea

The annual evening entertainment by Silloth and Causewayhead men's choir was held in the Abbeytown Chapel on a wild and stormy night.

The weather did not stop the appreciative

audience from enjoying the fine singing. A voluntary collection amounted to £181 a vote of thanks was given by Susan Clowe.

The evening finished with Tea and Biscuits.

ladies serving.

The next Coffee Morning will be April 5th in the Recreation Hall. The Annual Trip in June will be going to Windermere, more information nearer the time.

A warm welcome awaits all new people having moved into the area at the Recreation Hall Playing Fields, Eden Street for Coffee Mornings.

Whist Drives are held every week on Tuesday afternoons at 2pm and Thursday evenings at 7:30pm.



## Mayors Report

The Mayor's Report February 2008 by G. Wilkinson. The Chairman attended the Rotary Club Charter dinner.

The police report included the usual anti-social behaviour by youths in the town, theft of lead from the Pagoda roof on the green, damage to vehicles within the town and an update relating to the previous months question to the sale of vehicles on Station Road.

A presentation was given by children from Solway C.T.C. on the Mexico link in support of their application of funding in response to the £2,600 price increase, 19 students are going this year along with support staff, the council agreed to fund £1,000 of support.

Brian Irving of the Solway Coast A.O.N.B. gave a presentation relating to the proposed sign strategy whereby it is proposed to erect brown signs from the M6 North and South through to Silloth and the North Solway Coast.

Correspondence dealt with included a request asking when the road to the Rugby Club would be re-surfaced, this can not be carried out by the town council at present as we do not own the land,

negotiations are taking place and if successful action will be taken. Reports were discussed from both Allerdale B.C. and Cumbria C.C. Dog fouling was again raised and will be passed to Allerdale B.C. The public are only too aware of the need to clean up after their animal, owners have a duty to the residents and visitors alike.

Reports included: S.T.A.G. who have produced a publicity leaflet promoting Silloth, which is being distributed over a wide area by the T.I.C's. Silloth Regeneration Partnership gave an update regarding the H.L.F. bid. Ken Wannop gave an update reference to new equipment. Permission was asked and agreed for Will Stephenson to obtain both chainsaw and spraying qualifications. The Town Council was asked to make representation to Cumbria Highways to make the top end of Esk Street one way due to the lack of off street parking (area adjacent to the bungalows) this will be discussed further.

Finally the Annual Town Meeting will take place on Thursday 29th May in the Discovery Centre, the public are all welcome.

## Silloth Parish Precept

Report by: Graham Wilkinson, Mayor

It is that time of the year when we have to balance the books.

Last year Silloth Town Council were able to reduce the precept, unfortunately this year the council must raise the precept due to calls on the councils finance as follows: Due to Health & Safety requirements several items within the childrens playing field on Eden Street must be replaced as the existing items are beyond repair.

Improvements to the roadway access from the Station to the pensioners hut, changing rooms, fitness centre and Rugby Club, together with the footpath to the rear of the brewery leading to Links Close.

As a council we have also been asked to help fund a signage strategy which would see major tourism signs being erected on the M6 both North and South i.e. Penrith to Carlisle with the follow on signs to encourage tourists to visit our area.

Furthermore we must raise match funding for our Heritage Lottery bid for the upgrade of the Green.

In all cases we are seeking funds such as they have received in West Cumbria from outside bodies, however these can only be gained by the town if we raise match funding for the projects from within our Parish.

As a council we aim to carry out works requested by residents however these are governed by our limited funds which can only be raised via the parish precept.

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## Silloth Girls Take Sands by Storm

Report by: Andrew Brooks

The afternoon of Saturday 2nd February, saw Silloth Primary School compete in the annual girls 5-a-side tournament at the Sands Centre, Carlisle.

Our group appeared to be quite difficult and we did well to qualify (finishing second) with two wins and a draw, scoring ten goals. We were now beginning to warm ourselves up!

Our quarter-final match would be a local derby with Abbeytown. Both teams played well, but with help from Alex, who saved a penalty, we went through. Our next opponents were Broughton Moor (a team who had been playing very well). We hit the ground running, winning through to the afternoon final 8-1, with goals from Katie, Georgia and Shelby.



Back L-R: Shelby Pickering, Alex Conley, Caroline Graham (Front) Georgia Wilson, Katie Hart.

The game finished 2-2. Extra-time of a further ten minutes followed and with good tackling by Caroline and Shelby, the score remained even. A share of the spoils would have been fair, but the decision to reduce the teams to 3-a-side eventually went against us after another fifteen

minutes of play. Georgia was literally on her last legs when Kingmoor scored with a quickly taken deflected free-kick.

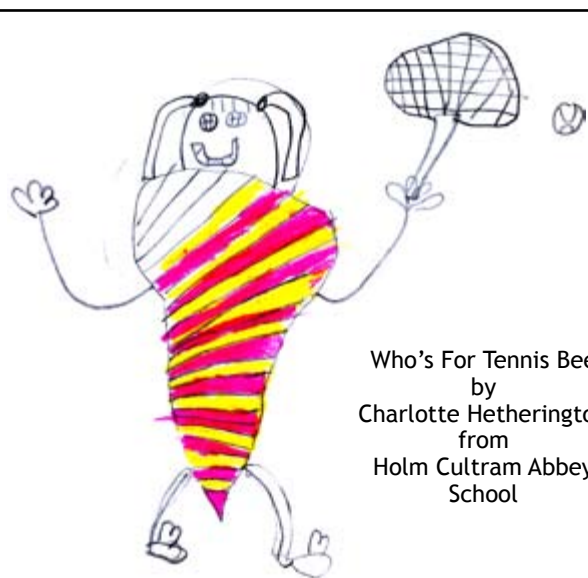
Runners-up on the day, but definite champions in my eyes and of the parents who supported the team superbly. Thank you to everyone involved.



Each girl received a medal

The afternoon final saw us meet Inglewood for the second time. We had drawn the first and knew this would be a tough game. However, the girls were clicking well and worked their socks off to grab victory 4-2. In this match the goal of the tournament was scored (in my opinion) by Katie Hart, with a superb turn and half volley which flew into the top corner. Pick it out!

The grand final ensued against morning winners, Kingmoor, of Carlisle. This was to become the longest final of the tournament's history.



Who's For Tennis Bee by Charlotte Hetherington from Holm Cultram Abbey School

## Silloth Strips Go To Gambia



Colin Baty warming-up in Solway Fitness Centre, helping Jill Shaw to pack the strips

In January Colin Baty donated an old set of Silloth Junior Football Strips to Jill Shaw of Cockermonth.

Jill is collecting sports equipment for a charity that gives children in Gambia, which is Africa's smallest country, the

chance to participate in sport using the right equipment. This helps to give hope to those far less privileged than us in western society.

The name of the team is JUSTICE FC and Jill was absolutely delighted with the strip stating it

was the best that she had received.

It was previously used by Silloth U-12's a couple of years ago but was gathering dust and now will be gratefully accepted and worn with pride when Jill delivers it in February.

## Bob Takes Up Presidency

Mr Robert (Bob) Saunders of Waver Street was recently elected to the position of President of Silloth Golf Club.

He became a member of the club in 1958 and served on the Golf Club Committee from 1964. Became Captain in 1969, and was Chairman of the Greens for many years.

Having been a Vice President since 1989, on the Retirement of Mr Keith Baxter from the position of President, owing to ill health, Bob has now accepted the Office of President.

This is Bob's second reason this year to feel



Bob Saunders

proud, as his two eldest grandchildren, Jonathan and Lucy recently attended St. James

Palace where the Duke of Edinburgh presented them with the Duke of Edinburgh Gold Awards.

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## Silloth Football Club



Silloth under 8's showing off their new strip

Report by: Colin Baty

Silloth A.F.C. have been one of the few clubs to play games at all levels over the wet and windy month of January, thanks to having the best drainage in the county.

The mens team have unfortunately come a bit unstuck in recent weeks losing both games so far this year. This puts them in one of the relegation places in the County Premier League. So, men of Silloth and the surrounding area, we are still looking for players to supplement the team. Especially those under 25, lets not see the team fold

due to lack of interest. I know the talent is there so get down to training on Wednesday's in the Sports Hall at 8pm.

The U-14's haven't played any games due to all their games now being away from home and all waterlogged pitches. The U-11's are still proving to be a quality side with two wins and two defeats this year. The wins being 5-2 against Gilford Park and 7-1 against Edenvale Falcons. The U-10's have had two tough games against Northbank and Abbeystown narrowly losing both and the U-8's have won one and lost

one this year. The win coming against Morton Manor 1-0.

All the Junior teams have received new strips this season the most recent being the U-8's, kindly sponsored by Enkev. Finally, Silloth Mens team are looking for a new manager next season. As John Slack feels its time to hand over to someone new. He has been a massive servant to the club and everyone appreciates the dedicated hard work that he has put in since first appearing as a 16 year old in the mid 1960's. Any enquiries for this position please contact Chairman Stephen Hart on 31517.

## Silloth Tennis Club



Dawn Graham is celebrating again after receiving her first call up to the county under 18 Tennis team.

She will shortly be off down south with the likes of top twenty players Daneika Borthwick and Dena Daley in what is a big step up for her.

Everyone at the club wishes her well.

For the first time in four years there will be no representative teams from our area in the Cumbria schools mini red county finals.

Having said that, it was not for the want of trying, as two Silloth teams and a very inexperienced Abbeystown team played some very good Tennis with the "B" team from Silloth finishing second and beating 3 other schools in the regional qualifying event which was held in the sports hall in Silloth.

The teams were as follows:  
 SILLOTH A: Macy Baker, Emily Smith, Erin Henderson, Amy Aird  
 SILLOTH B: Spencer Irving, Shona Little, Ben Stoddart, Natalie Stanwix  
 ABBEYSTOWN: Anna Middleton, Liam Lightfoot, Mary Hollick, Katie Wills

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