

Mawbray Entertainers



Report by: Annette Gibbons

Twenty Years On - It was back in 1988 that the curtains went up on the first of the Mawbray Entertainers evenings of entertainment.

In 1994 they produced their first pantomime and the tradition has continued.

The Mawbray Entertainers spent the duller winter months rehearsing for their annual pantomime held in Culterham Hall during February 2008. Once again Rick Felix had written a quick witted script full of one-liners for the whole family.

One lady from Caldbeck who had obviously enjoyed herself wrote: "It was the usual wonderful Mawbray entertainment - we laughed and laughed and had a lovely time. Very impressed by the liberties taken with history, both ancient and modern,

to produce such an entertaining script, by the fantastic costumes and scenery, and very taken with your excellent cast!"

Children - have you counted the Easter Eggs?

There are eight Eggs in this Solway Buzz.



This sums it up, Chrissie Wylie and Rick Felix made the stunning scenery and props, Karen Simpson and Margaret Mulford designed and sewed the glorious costumes, Andy Atherton provided the most professional lighting and sound, and the cast were nearly word perfect each night. (The prompter Joan Markwell had her work cut out each

performance!) Annette Gibbons produced Cleopatra, co-directing with Frances Felix. Tickets sold well for all four nights and over £2,000 has been raised for local charities, including Culterham Hall, the Parkinsons Disease Society, Riding for the Disabled, Age Concern and First Responders. If you'd like to be able to see the Mawbray Entertainers Pantomime next year, they're advising booking your tickets now!"

Rugby Club Re-launch Junior Section



As part of the Go Play Rugby campaign and maybe more importantly to relaunch the junior section at the club, Silloth Rugby Club are to hold regular taster sessions in order to attract and hopefully retain as many youngsters as possible

into the game.

Over the next few months they plan to invite teenagers to 'Have a go' and to attend some taster coaching and playing sessions. These will be as fun-filled as possible but also educational and

tempting. The club have struggled to attract teenagers, especially in the last few years. They are now hopeful of turning that around. The sessions are being held on Tuesday nights and Sunday mornings, all are welcome.

Not Just Any Breakfast

Report by: Shelagh Daniel

Not just any breakfast, but a Holme St. Cuthbert, locally sourced, farmhouse breakfast!

As part of their celebrations of British Food and Farming Year, Holme St. Cuthbert school recently held a Healthy Farmhouse Breakfast for staff and pupils. Everyone enjoyed their tasty breakfast of locally sourced foods at the beginning of the school day. Cumberland sausages from Harrison's butchers in Wigton were grilled and served on fresh baked rolls from Berry's bakery in Wigton. Fruit milkshakes were made with milk produced in the Western Lake



District at Mawsons' of Bailey Ground. Year 5 children at the school are taking part in a bread making competition with support from Solway Community School and Carrs' Mills. The breakfast was a great opportunity to try out some different

toasted breads and to do a survey on which breads were the most popular. Thanks are due to Chair of Governors Annabel Armstrong, Teaching Assistant Jackie Strick and Lunchtime Supervisor Viv Atherton who organised the wonderful breakfast.

Skinburness Residents Association

The S.R.A. held their AGM on 26th February in the Golf Hotel.

Chairman Simon Boniface opened the meeting then introduced two speakers, John Thornthwaite and Helen Graham, who gave presentations on a Neighbourhood Watch Scheme and Environmental Health (dog fouling prevention).

The members voted to go ahead with a Neighbourhood Watch scheme. Names were taken for a few areas for coordinators although more are required. The S.R.A. would like to point out that the

Neighbourhood Watch scheme is open to non members within our area and if anyone would like to be a coordinator for their area please contact our Chairman as soon as possible via the Solway Buzz. The coordinators role is to get vital warning information out to a small number of your neighbours.

Following the presentations the current committee were re-elected to serve for another year. The Financial & Audit reports were given by Treasurer Roger Blake.

Current and new projects were discussed to

protect our amenities.

The date for our next meeting is 3rd April 2008 in the Golf Hotel at 8pm. All members and prospective new members are welcome to attend.

Do you care about the Skinburness Area? Join the Skinburness Residents Association for only £10 per annum per household and support this hard-working local group.

Funds are spent on local projects, your help is required. Please contact the Secretary, Kath Littleton on 016973 32272.

Hair Colour for Grown-Ups

20's Is the time to try new things, when youth is on your side. Perhaps a platinum blond crop or an intense red. The only drawback is commitment and cost, drastic colour needs upkeep but if cash is not an issue then go for it, you will certainly stand out from the crowd and you can probably do it for half the price in Silloth.

Top tip use 'Clynol Intense Colour Condition' once a week.

30's Most of our clients in their thirties tend to have worked out what works for them. As a rule avoid the outrageous colours like the plague, (leave it to the teen's). Kate Moss

is a good example of someone who has found what works for her and sticks with it, she must have had the same warm honey blond for years and she gets variety and a change by having some ash blond platinum or chocolate lowlights woven in a face framing and flattering way, very simple incredibly effective.

Top tip; fancy a subtle change, try Clynol Semi-permanent Colours, loads of shine no roots or like Kate have some Lowlights woven through.

40's plus To go grey or not to go grey that's the dilemma. We have a few clients who look fabulous with their silver white hair, unfortunately

very few can carry it off and most would benefit from a little colour. The important thing to remember as you go grey is that your skin tone changes you need to be careful when adding cooler or warmer tones. It's all about flattering your looks rather than trying to get the colour you had twenty years ago.

Top tip; don't go for the box on the shelf, you are worth more, so get good advice from an expert. If you are going to stick to grey try some Clynol Serum, grey hairs tend to be coarser and dull, serum will give it a shine and lustre.

Peter & Dawn at Peter Josef