

Norman is the 'Man With A Van'

Norman Reilly, well known Silloth lad and a Cumbria County Rugby player has launched a new venture.

Reilly Removals started trading in early February after Norman had completed a business course at the WCDA. Norman had realised that there was an untapped market within his home area for a van removal service.

These services include moving students to and from their University accommodation. Small office removals and deliveries to anywhere in the UK. Furniture removals and anyone requiring furniture disposal will have the comfort of knowing that



Norman looks as though he could lift the van, never mind lifting boxes!

Reilly Removals has a contract with Cumbria Waste Management who will ethically recycle and dispose of unwanted items. Norman assures us that the price for

disposing of unwanted items is competitive to the cost of hiring a skip or a van.

Reilly Removals can also supply boxes and materials for packing and

arrange for storage of goods, either long term or short term.

I am certain we all wish Norman the very best of luck with this exciting new venture.

Causewayhead WI

IT'S ALL ABOUT RUBBISH

The first meeting of Causewayhead W.I. for 2008 took place on Wednesday 13th January with a talk about Recycling.

The President, Pat Bell introduced the speaker, Mr. Mark Studholme of Allerdale Borough Council, who gave a very informative and interesting insight into Recycling of Waste in the Borough.

Mr. Studholme explained the changes that had taken place from ash bins to the current system of recycling, which included paper, cardboard and garden waste. Since the introduction of the scheme there had been a significant reduction in the amount of refuse collected.

Recently trials had commenced in Keswick of a collection of plastic bottles etc. in an attempt to supplement the current system, and this was proving to be a success. It was hoping to extend this gradually to other areas of the borough.

The paper and cardboard that was currently being recycled was sent to companies such as Kimberley Clark for producing goods that would be back on the

shelves for consumers. Glass was sent to Scotland for recycling and reusing, and garden waste was being composted locally.

Members were interested to know where batteries and light bulbs containing Mercury could be recycled, and Mr. Studholme gave a number of points with the facilities for this to be done.

Leaflets were handed round to members giving details of the Recycling of Waste and also anyone interested in purchasing Compost bins from the Council, were given a leaflet on information regarding this.

Margaret Durham gave a vote of thanks to Mr. Studholme on behalf of the members.

Supper was served by hostesses P. Nixon, O. Hetherington and F. Jackson.

Competition winners on the night were:

Grocery Parcels: M. Johnson, M. Dockeray
Bottle: F. Jackson
Flower: J. Wilkinson
Raffle: J. Wilson, A. Harrison



Arthritis Group

Report by: Gladys Temple

The Arthritis Group met as usual on 1st February at Loveday House.

Chairman Edna Marper welcomed everyone. Several members were missing and best wishes were sent to those who were ill especially Olive Allen who we were pleased to hear was home from hospital.

Lyn Hardie North West Age Concern Rural Community Development Officer had come to update us on the two-year project she has been overseeing in the Solway Area. Her remit was to find out what individuals and small groups need in the way of services that were not available before and helping with services that were struggling.

She covers Silloth to Great Orton and Wigton with all the small communities in between so has been kept very busy. She has set up two inter generational schemes in Wigton. The first was at St. Cuthbert's Infants where an allotment was set up by older members of the Allotment Association to help the small children learn how to grow vegetables. Herbs and flowers. This has been a great success and a lunch club has been set up at Thomlinson Junior School where pensioners can talk to junior age children while enjoying a two-course lunch on Thursdays. This is becoming very popular but must be booked at least a week in advance. It is hoped to extend this into a talking history

session after half term.

Silloth received help with their dancing class and the Silloth Health Matters group is continuing strongly.

There is a Library home delivery service for housebound and West House Gardeners Social Enterprise Group are hoping to help people who are unable to keep their gardens tidy. Anthorn have a social group set up to hold coffee afternoons and Lyn is trying to find out how much support there would be for a Community Bus Scheme based in Kirkbride. Any group in that area who would be interested in using a Community Bus please get in touch with Lyn through Age Concern Northwest.

These were just a

few of the jobs she has done and there are lots more in the pipeline. She then talked about Fire Service checks which are available to the over 55's and several members put their names down for a fire officer to come to their house to check how safe they are and fit fire alarms if necessary.

Gladys Temple thanked Lyn for a very interesting talk about her busy life.

Dorothy Watson and Gladys served refreshments and Muriel Foster won the drawing then everyone settle down to listen to the relaxation tape.

The next meeting will be on Friday 7th March when Joan Gilbertson and Lillian Doherty will be hostesses

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