

## Ladies Sporting Opportunities

With women's sport going from strength to strength across the country, Allerdale Borough Council is giving the ladies of Allerdale the opportunity to get involved in some of the most popular activities this summer.

### Football

A weekly ladies 'kickabout' session will be held at Netherhall Specialist Sports Centre for both beginners and more experienced players. Groups are welcome but players do not need to be part of a team. The free football sessions start on Monday 2 July, 6pm to 7m for 8 weeks.

### Cricket

Working in partnership with the Cumbria Cricket Board, Allerdale Borough Council is providing 10 weeks of cricket for ladies around the borough. All welcome.

The cricket sessions will be held at:

- Cockermouth School on Wednesday evenings, starting Wednesday 11 July, time to be confirmed

- Fitz Park, Keswick on Thursday evenings, starting Thursday 12 July, 6.30pm to 8pm  
- Nelson Thomlinson School, Wigton on Thursday evenings, starting Thursday 12 July, 6.30pm to 8pm.

Rebecca Jackson, Allerdale Borough Council's Sports Development Officer, said: "It's great to see more and more women getting active and involved in sport and I think it's important that we can offer more than the traditional ladies' sports like hockey and netball.

"Girls are playing rugby, football and cricket in schools and it's important that those who want to continue it after they leave have an outlet to continue playing. It is hoped that once the summer is over we will be able to set up and sustain a ladies football team in Allerdale and even a district ladies' cricket team with some possibly representing the county. But for now it's about getting out and having fun."

## Road to Sports Field

Report by: Silloth Rugby Club Committee

As a result of many complaints to the Rugby Club, Silloth Rugby Club would like to make clear that it does not own, nor is responsible for either the so-called road that leads from Station Road to the sports fields, Solway Fitness Centre, Silloth Rugby Club, Silloth Football Club, the childrens park and also the Pensioners Hut. We do agree the road is a total disgrace and we are sorry to inform the people from whom we have had complaints and enquiries that it is not our responsibility. Allerdale Borough Council tell us that Silloth Town Council are now responsible for the up-keep of the road.



The road is a disgrace full of potholes and loose stones, someone could have a nasty accident. The Rugby Club committee can not recall any maintenance being done in the last 20 years.

Secondly, the old tennis courts / floodlight area is again a total disgrace and eyesore for local and visitor alike. The Rugby Club have no responsibility for the property thankfully, as it is another accident waiting to happen. If anyone has a complaint please contact your local town councillor.

## 42 Peaks in 24 Hours!

John Wise does Bob Graham Round Run.

John said "After years of talking about it, I finally decided to do the 'Bob Graham Round'. This consists of, running 72 miles over 42 of the highest peaks in the Lake District with 26,000 ft of ascent, all within 24 hours.

On Friday 29th June 2007 at 7pm, I set off from the Moot Hall at Keswick with three companions. First it was up Skiddaw, then

onto Great Calvo and finally up and down Blencathra, all in glorious weather, and we reached Threlkeld 15 minutes up at 10.40pm.

A quick bite of pasta, two new runners and up to Clough Head. Then over Dodds, Raise, Whiteside and Helvelyn, then on toward Fairfield and back to Dunmail Raise arriving at 3.24am where warm soup was waiting.

With 3 new runners it was up Steele Fell. By the time we had got to Pike O'Stickle it had started to rain, when we



John Wise on the run

got to Bow Fell the cloud was down, it was cold and miserable. Over the Scar Fell range we lost 1 hour because of the rain, poor visibility and mist, and very slippery rock's. At Broad Stand we had to climb using ropes over two Giant slippery rock steps. Eventually when I got down to Wasdale Head at 10.48am I was ready for calling it a day. But, my support team had other ideas.

Dry cloths, more food, and 8 minutes later I was on my way up Yewbarrow with three new runners. Over Red Pike we went, then Pillar and Steeple. We were starting to make time up. Due to the onset of hyperthermia after coming off Kirkfell I had to stop and put on dry clothes, as I was so cold and wet. By Great Gable I started to believe I could complete the course under 24 hours.

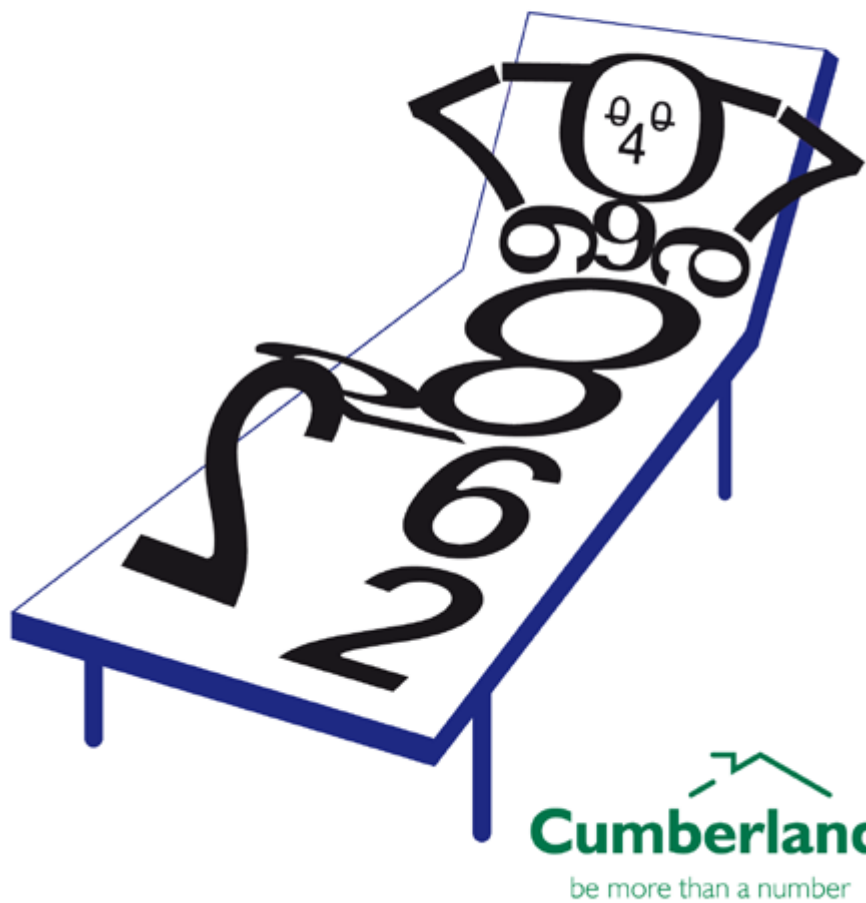
I arrived at Honister at 3.55pm to dry clothes, soup and 4 minutes later I was on my way up Dale Head with four new runners. Two peaks later it was all downhill to Keswick. I got back to the Moot Hall at 6.45pm, 23 hours 44 minutes 45 seconds after leaving. I was greeted in by most of my support team and family to whom I would like to say a Great big Thank You.

After I finished I sat on the steps of Moot Hall in the rain, tired, drained but, elated.

Whilst I didn't do the Bob Graham Round for Charity if anyone would like to make a donation any monies received will go to The Great North Air Ambulance Service."

do nothing...  
pay nothing

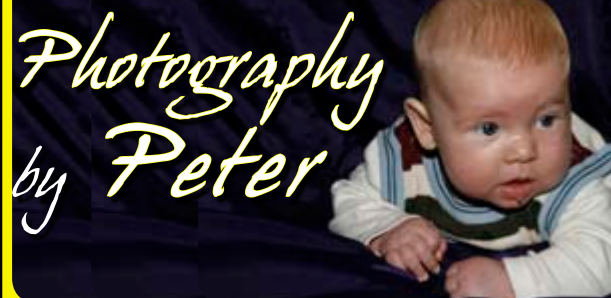
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