

## Hair Zone 4 U

### Surprising & Startling Hair Facts

According to a new survey, women will spend over 18 years of their lives having bad hair days! Great Salon Colour can be a key ingredient to conquering the issue, says salon owner Peter Josef.

Research results show that having a bad hair day really can have a serious effect. However I'm convinced that a good hair cut, great professional hair colour, done in a salon, the right products and sound practical advice, on how to maintain their hair between visits to the salon can overcome these issues.

More than half of 3,000 women surveyed say having bad hair can affect their whole mood.

- the average woman will have 6,689 bad hair days in their adult life time,
- almost 3 days a week.
- 3% of women have been so depressed by their unruly hair, they've gone to the doctors.

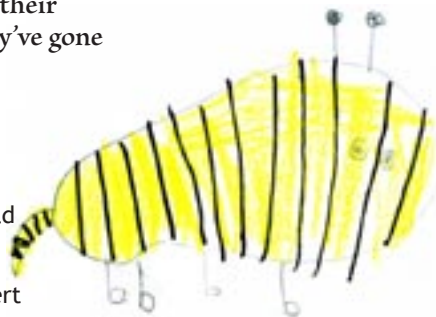
- one in five women have argued with their partner about something silly, because they were having a bad hair day. An unlucky 1% have been dumped because they fret about their mane.

- 75% of women who suffer from bad hair just wash & style it, but for 5% of women their messy hair stops them leaving the house at all.

- 80% have cancelled a date to save scaring off the other person with their untamed tresses.

But its not all doom and gloom because 2/3 of women say they feel more confident in their appearance when their hair looks its best. A staggering 98% of women felt better about their looks after a visit to a salon, rather than a home visit and one in five even met their partner when having a good hair day.

Nice Bee  
by  
Madeleine Yarnold  
aged 7  
from  
Holme St. Cuthbert  
School



Burp  
by Louise Holmes  
from  
Ashton High School  
Preston



## Poems

*Snowdrop Fairy*  
by Whiskers

*She's young and bubbly; with quite short hair,  
Dancing and prancing like a breath of fresh air.*

*We met in the sunshine one Sunday morn;  
She's as beautiful as a snow drop on an early spring dawn.*

*She shouted "Mr Whiskers" and then leapt into my arms,  
It was the first time we had spoken and I succumbed to her charms.*

*Snow drop fairy, so happy so free, if only you knew what you're  
doing to me  
Just thinking of you makes my old heart sing,*

*I will remember you always; at the beginning of spring.*

*The village Dentist*  
by Whiskers

*Phil McCavity is our dentist; he is also the village vet,  
When he's not got his hand up a cow's bottom,  
It's in your mouth, pulling teeth and making you sweat.*

*I'm not quite sure about hygiene; he wears long plastic gloves  
coloured blue, and when he asks you if that feel's better?  
Sometimes, you want to say: Moo.*

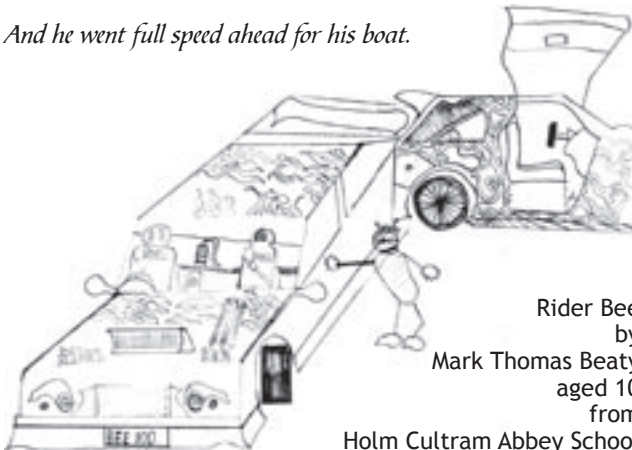
*One day a boat moored up in the harbour,  
The captain jumped out quite insane,  
He ran all the way to the dentist, for an extraction,  
Or get something quick for his Pain.*

*"Sit down said Phil, to the captain", open your mouth quite wide,  
Switching on the light above his head, so he could see what's  
inside.*

*Then Phil, tripped over the captain's boots,  
Dropped his forceps into his mouth,  
They shot past his lips like lightning,  
And continued, to keep going south.*

*Phil rolled up his sleeve with veterinary charm;  
Thrust the blue glove straight down his throat,  
When all was retrieved the captain was relieved,*

*And he went full speed ahead for his boat.*



Rider Bee  
by  
Mark Thomas Beaty  
aged 10  
from  
Holm Cultram Abbey School

## Arthritis Support Group

Chairman Edna Marper welcomed 16 members to the AGM and noted that several members were not well enough to attend, best wishes were sent to them all.

A record of the last years events was read by Secretary Peggy Bray and Joan Gilbertson took the Subs in the absence of Treasurer Mary Harrison. Edna gave her Chairmans report and said it is heartening that our Group keeps a steady membership. We have members from Kirkbride, Anthorn, Blencogo, Waverton, Parton and Wigton. The majority are Ladies but the Gentlemen are very welcome. She thanked the Committee for their work and all the members for pulling together to make the meetings so successful. Jack Bray gave the Treasurers Report, Dorethy Watson began the year as Treasurer but due to ill health she was unable to continue however Mary Harrison took over and Jack thanked them both for doing such a good job.

As we are holding our own it was agreed to keep the Subs at £6 with the £1 for each Meeting including a raffle ticket. As all the Officers were willing to continue Edna asked if anyone else would like to join the committee. Dorethy

Lancaster proposed the present committee be voted back in and this was seconded by Hilda Miller all members agreed to this.

Chairman Edna Marper, Vice-Chair Gladys Temple, Secretary Peggy Bray, Treasurer Mary Harrison, Auditor Joan Gilbertson, Press Secretary Gladys Temple, Refreshment Organiser Anne Graham with Christine Smithson also being on the committee. Peggy pointed out that the date of the next Meeting would be Good Friday so it was agreed to move to Friday 13th April when Norman Godfrey will show slides. Jack Bray thanked all the Officers and Committee for their work over the last year.

Refreshments were served by Mary Thompson and Anne Graham. Mary had provided the Raffle Prize and won it so gave it again and Peggy Bray won this time. The Residents of Loveday House were thanked for allowing us to use their comfortable room for our Meetings over the year and permission asked to continue. Dorethy Lancaster as spoke person for Loveday House Residents agreed we would be welcome to continue. Members then settled down to listen to a Relaxation Tape before the end of the Meeting.

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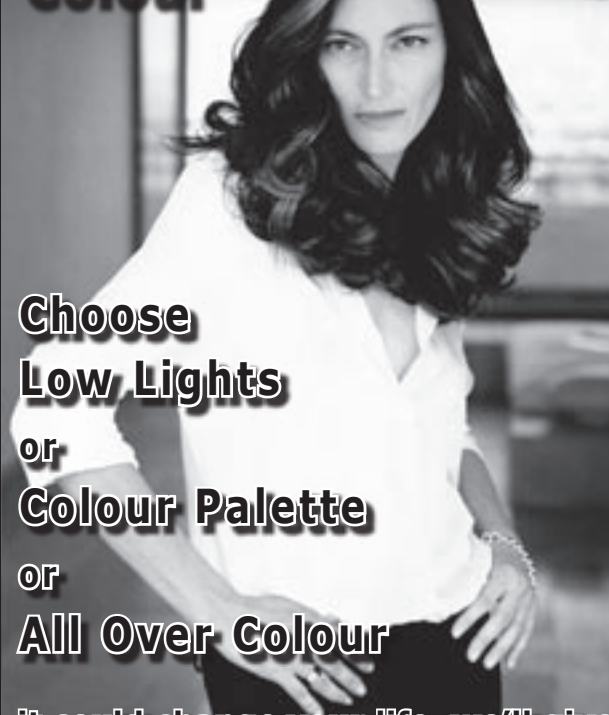
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