

## Causewayhead WI Litter Pickers

In an attempt to work off an excess of Christmas pudding and mince pies, a litter pick was organised for the Wednesday after Christmas Day.

We were joined by family and friends with ages ranging from two to mid-seventies, plus three dogs, ages uncertain but very enthusiastic.

We were blessed with a cold, clear, calm day with a little sunshine. Armed with litter pickers, bin sacks and sturdy gloves, and wearing an amazing selection of seasonal headgear fifteen of us set off along West Beach. Two sledges and

a recycled fish box were used to pull some of the heavier items back to the car park. Although 17 bin sacks, plus oil drums, part of an armchair, a bicycle, old tyres, and a quantity of rope were collected. Allerdale Council removed it all from the car park.

After a group photograph, coffee and Christmas cake was enjoyed by all.

Causewayhead WI have now been picking up litter from West Beach since mid-January 2006. In that time, 170 sacks of litter have been collected. What does this tell us about the state of our beautiful beaches?

## Abbeytown Flower Club

Report by: Gladys Temple

The Annual New Year Dinner was held at The New Inn Blencogo.

Members and friends all enjoyed a pleasant evening with a delightful meal followed by a Quiz naming Trees, a photographic Quiz and several parcels where the members had to guess the contents.

Ruth Pinguey was thanked for arranging the evening.

## Wanted: Old Mobile Phones

Report by: Becky Molyneux

Silloth Tots N Toddlers group are collecting any old mobile phone and chargers in order to raise funds for the group.

To donate, please contact Beckie Molyneux on: 016973 31925, or drop them of at the Christ Church hall on a Wednesday or Friday morning during their sessions.

## Abbeytown Mothers Union

Report by: Gladys Temple

The January Meeting of the Abbeytown Mothers Union began with a Service led by Rev David Tembey.

This was followed by the AGM when the new Branch Leader was elected. As Maureen Gibson had only been Branch Leader for the last four years she was re-elected for a further three years. Noeline Foster was re-elected Secretary and Freda Garner as Treasurer and raffle organizer, Brenda Sim agreed to be the new Literature Representative as Elsie Foster wished to resign, and she also left the Committee. The rest of the Committee was re-elected with the addition of Mary Mattinson in place of Elsie. Noeline gave a comprehensive report of all the activities we had taken part in over the last year and Freda gave a healthy financial report.

Maureen thanked everyone for their prayers and support over what had been a very difficult few months but we look forward to getting the new roof back on the Abbey this year and celebrating the return of worshipping there. Noeline then read a record of the November Meeting and the making of a new M.U. Banner was discussed.

St. Mary's M.U. Wigton have invited us to their Meeting on 15th

## Arthritis Support Group

Edna Marper welcomed everyone to Loveday House and introduced Lyn Hardie, Rural Community Development Officer.

She co-ordinates the various groups which provide any kind of support for people over 55 in the Wigton and Solway Plain areas. This is to increase local awareness of existing services and how to get in touch with them, identify any gaps in services, and set up a database of support information. This is available for older people, community and statutory groups. She is also setting up Community Information Centres in local venues around Silloth and Wigton. There is one on the 1st Wednesday of each month at The Wheatsheaf Inn, Abbeytown that is well attended as lunch is

provided at £2.50.

There is also an Age Concern Handyman available to do all those small jobs elderly people find difficult. Details are available at the Age Concern Drop In Centre every Tuesday or Thursday 9:30 to 11am.

Lyn also gave out diaries of the various groups available so that members would know where the clubs are, what they are doing when and where. Lots of people entered the discussions as to what is needed and where so Lyn went away with lots of ideas.

Edna thanked her for all the useful information we had learned. Anne Graham gave out draw tickets and reminded Members that the £6 subs were needed at the AGM next month. Mary Thompson and Francis Green served the refreshments while Edna read out various articles about the research going on into Arthritis.

Mary Thompson was the raffle winner before the members settled down to listen to the relaxation tape before the end of the meeting.

March. A letter was read from Wendy Dyer the New Deanery Leader and we were pleased to hear she is taking on this role. Lyn Tembey will be commissioned as M.U. President of York Province on 24th April so names were taken to be at York Minster that day.

Elsie Foster and Muriel Studholme served refreshments while Freda collected the Annual Subs. The next Meeting will be on February 26th when Lyn Hardie will be our Speaker on Age Concern, any visitors would be very welcome.

## Free Holiday Guides

Report by: Pauline Park

Now arriving at the Tourist Information and Discovery Centre in Silloth - free United Kingdom 2007 Holiday Guides.

If you are expecting friends or relatives and do not have the space to accommodate them, then call in for the free 2007 Western Lake District Guide which offers accommodation over a wide local area including Silloth. At the same time ask for the free 2007 local attractions guide. If you have relatives living away that would like to be sent a copy of the local guide then let us know and we will send one out to them.

If you are organising an event then please let us have the details. We will include it in our desk top events guide, display any posters and include in events fliers. We will also post out to people interested in 'What's On' in Silloth and surrounding areas.

Our telephone number is: 016973 31944.

## Silloth CDC

After extensive work on The Silloth Primary School's 'New Build' project, the new Community Development Centre is now ready to open its doors to the public again.

To celebrate this we will host an Open Evening and are inviting everyone interested in finding out more, to join us. In the past we have run Computer courses, Watercolours, Indian Head Massage, First Aid, Food Hygiene and

many more. We will be offering: Twice weekly Drop In sessions, On-line initial assessments in Numeracy and Literacy, I.T. skills assessment, First Time On-Line Taster sessions, and Intro to I.T. (Word & Internet) short courses. This will take place on Monday 5th March, from 7-9pm.

Also, I would like to draw your attention to a new Watercolours class, which will start March 5th at 6pm until 8:30pm in the school hall. If you would like to book a place, please ring the CDC on 016973 33011 and leave a message.

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## ALCOHOLICS ANONYMOUS

Do you, or someone you know have a drink problem?

There is now a way out

Come to:

**Greenrow Church**  
(opp Stanwix Park)  
every Wed 7pm-9pm

Call our helpline:  
0845 769 7555