

Balmoral Hotel

Entertainment every Friday & Saturday Night

Criffel Street, Silloth
016973 32357

SECURE STORAGE

STEEL STORAGE CONTAINERS TO LET ON SILLOTH AIRFIELD

SECURE COMPOUND WITH CCTV SURVEILLANCE

TEL: 016973 31276
MOB: 077 2056 0596

Scott Wilson

MOTOR REPAIRS & CAR SALES

WHERE QUALITY COUNTS

Workshop: 016973 31550 Mobile: 077 1253 7455

West Silloth Motors

Causewayhead Garage, Causewayhead, Silloth, CA7 4JG, Tel & Fax: 016973 32833

Motor Vehicle & Body Repairs

MOT Station for cars & light commercials

Specialists in all motor trades

Recovery Service

Members of Accident Advice Helpline

Insurance Approved Body Repair Specialist

Solway Fitness Centre

Look Great for the Summer

Top Up your Tan for the Beach

A Healthy Body Brings A Healthy Mind

Prices:
£3 per session
£22 per month
Tanning Booth £1 per 3 minutes

Concessions for over 60's & under 18's

Monday to Thursday: 4pm-9pm
Friday: 4pm-8pm
Saturday: 11am-2pm
Sunday: 10am-12pm

Women Only:
Tuesdays: 7pm-9pm, Fridays 6pm-8pm

For Colin or Tiffany
tel: 016973 353000

STANWIX PARK HOLIDAY CENTRE

GARDEN RESTAURANT

STAFF WANTED

Cooks - full & part time

Counter Staff - full & part time

Good customer care and communication skills are required

For Application Forms Contact: Eric Stanwix Jnr
Or alternatively apply in writing including CV and all relevant details and references, marked for my attention

STANWIX PARK HOLIDAY CENTRE, Greenrow, Silloth, CA7 4JH
Tel: 016973 32666 www.stanwix.com

Causewayhead WI 'Adopt A Beach'



Report by: Frances Jackson

Causewayhead WI are now litter picking on West Beach on a regular basis, thanks to funding from the Solway Coast AONB Sustainable Development Fund. The funding allowed the WI to purchase the equipment needed to become a member of the Marine Conservation Society (MCS) "Adopt A Beach" scheme. This involves 'adopting' a beach and forwarding information about the types of litter found to the MCS. Only four quarterly litter picks need to be recorded and the funding is provided by the MCS.

The first litter pick was on January 12th when 8 ladies filled 8 large bin sacks with litter. This consisted mainly of plastic bottles, drink cans and pieces of plastic which included supermarket bags. All the litter was recorded for the MCS, "Adopt A Beach" scheme.

The WI hope that in the long term that the part of West Beach they are litter picking will be improved for both Silloth visitors and residents.

West Silloth Stores

The shop formerly known as Nicols, after being closed for a number of years, has re-opened under the name of West Silloth Stores. This is being run by Kevin Smith who supplies local and passing trade with a varied supply of groceries, fresh fruit & vegetables, confectionery, soft drinks and newspapers, local deliveries can be arranged free of charge.

Planning permission has been applied for, to install new advertising and name boards.



Kevin Smith with assistant

Solway Autograss Club

Our racing season starts on the 26th of March (depending on the weather).

There is going to be a lot of new faces in 2006 and new cars. We have some new Junior drivers as well as women driving for the first time.

We also have four members from one family from Carlisle! SL310 will be driven by Sarah Hodgson stepping up from the Juniors into the adults Class 11 and sharing the car is Junior Lisa Hodgson. Mam and Dad have got a new mini for 2006 SL103 Paul is the current Club Class 1 Champion and Fiona will be making her debut in Class 11.

This demonstrates how much a family orientated sport Autograss racing is. Racing gets under way at 11:30 and for £4 entry where can you get better entertainment. For more details visit our website: www.solway-autograss.co.uk

26 March
23 April
21 May
17 & 18 June - Cumberland Open - Round 3 F600 Stock Specials
16 July
20 August
10 September - Gordon Jameson Memorial
1 October

SPAR RETAIL MANAGEMENT

A Great Opportunity to Build a Career in Retail Management

We require a Trainee Assistant Supervisor / Manager to work with our existing Management Team.

The duties involved will cover all aspects of Store procedures and will include some evening / weekend work. In-store training will be provided as well as participation in the SPAR National Training Programme, designed to produce Store Managers of the future.

Applicants will need to be energetic, enthusiastic, self motivated and career minded - a great job for the right person.

Call in and collect an Application Form at SPAR, or Telephone 016973 31293.



SPAR, Solway Street, Silloth, CA7 4AR, Tel: 016973 31293