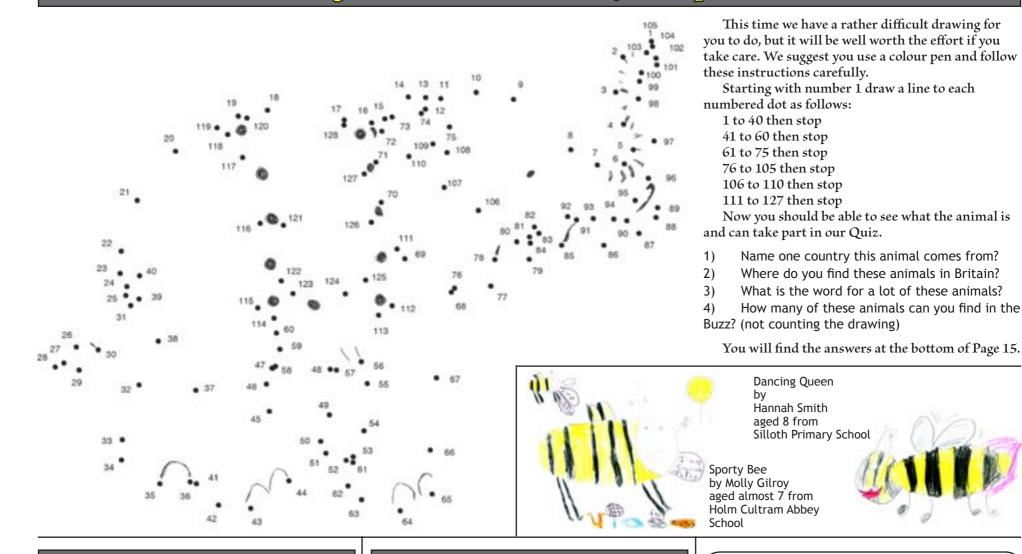
## A Drawing for our Little Buzzers to Join–Up and a Quiz



## Cumbria ProHelp

National Year of the Volunteer: An Opportunity for businesses to put something back into their local communities

Cumbria ProHelp recruits professional volunteers from all areas of business, who offer their skills and experience to small voluntary and community groups across Cumbria. Matches are made between groups and volunteers by Cumbria ProHelp Coordinators, who recruit and support volunteers and consider all requests for assistance from groups.

The current Directory of Volunteers includes architects and accountants, solicitors and trainers, IT and HR Consultants, plus many more. They provide assisting with the development of various policies and procedures to enable the group to provide a professional service to both it's staff and volunteers, and the users of the service.

Cumbria ProHelp is also pleased to welcome new members Host & Build, who, in association with Cumbria Credits, are offering a range of FREE activities and courses throughout the county to community groups and individuals, which will take place in their network of Community Development Centres. They are offering **FREE** professional advice and support to local voluntary and community organisations who would like to improve their basic skills and understanding of ICT and computers.

## **Childrens** Corner

BRIGHT NEW CHILDREN'S CORNER IN CHRIST CHURCH



The children's corner in Christ Church Silloth has recently had a move and a face lift thanks to 'Chataround', a group of women who meet monthly in the town. The corner has been moved to the back of church, facing the entrance doors, giving a colourful welcome for children coming into church. Two fund raising events were held in February. Elaine Johnston prepared a quiz using just the initials of nursery rhymes and children's storybook titles. Lots of sheets were sold and the £10 prize was won by Katie, Billy and Joe Smith who had the most correct answers. An excellent storyhour for children was held during half term led by Christine Partington and Rebekah Byrom with specially written

songs and a colouring competition. Mums and grandmas relaxed with a cup of tea, and enjoyed the stories as much as the children did!

A total of £160 was raised from these events and from generous donations. Carole Caulfield sewed several brightly coloured floor cushions and seat covers which make the corner look very attractive. New books, toys and games have been purchased or donated and a wooden bookcase is being made by Andy Frith. We hope to continue improving the corner in the future. A very big thank you to everyone who has helped and donated so generously to the project. Do pop into church and have a look - or bring your children on Sunday mornings to enjoy the corner!





Excellent Care for the Elderly SINGLE EN-SUITE ROOMS For further details contact:

assistance with business planning, marketing and publicity, health and safety issues and a host of other projects.

Already this year, many new matches have been made, including one between Debbie Davidson of HR-X Consultancy and the Northern Fells Group. Debbie will be working closely with the coordinator of the Northern Fells Group, which provides a wide range of support services to the rural communities of the northern fells, These activities are supported through the New Opportunities Fund (NOF).

Cumbria ProHelp is part of a national scheme and is supported by the Community Fund, Northern Rock Foundation and Rural Regeneration Cumbria. Potential volunteers and community groups should ring Lynn MacNaughton on 01768 868940, or email: lynn.macnaughton@bitc. org.uk. Sarah Betsworth - 016973 32105

Skinburness Hotel Silloth-on-Solway ~ Wigton ~ CA7 4QY tel: 016973 32332

BAR MEALS – 7 Days a Week

The New Proprietors invite you to enjoy 10% off Bar Meals on Monday to Thursday serving 12pm – 3pm & 5pm – 9pm every day



Bring this advert with you, **10% off the Total Bill for your Bar Meal** during May 2005 only. Minimum of 2 people