#### Abbeytown Flower Club

Chairman Ruth Pinguey welcomed two guests to the first meeting of 2005, she reported how everyone had enjoyed a varied programme last year.

The joint winners of the Competition Cup were Phyllis Dockeray and Audrey Harrison. Treasurer Angela Gilroy pointed out that we were 20 years old this year

and that the subscription had not changed and we were having more flowers to buy, advised it should be put up to £7.

Everyone is looking forward to the exciting programme organised by Lesley Evans and Phyllis Dockeray.

Officials - Chairman Ruth Pinguey, Secretary Olive Reed and Treasurer Angela

Gilroy were reelected unanimously. Suggestions for a trip in the summer were discussed. A 20th Anniversary American Supper provided by the members was enjoyed by all. Draw winners were Iris Webb, Joyce Wilson, Pat Wise and Angela Gilroy. New members are very welcome.

#### Christ Church Quiz Night

On 11th February Silloth Rotary Club entered a team in the annual "Christ Church Quiz Night".

Much to their surprise they won, despite some difficult and devious questions set by Tim Barker and some stiff competition from the other teams.

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# Silloth Beer Festival **Public Meeting**

Do you want a Beer Festival? It Needs Your Support

If you would like to support future events in the town, please come along and have your say. We are looking to form a new committee for the 2005 festival

Tuesday 29th March @ 7pm **Golf Hotel** all welcome

#### Causewayhead W.I.

President, Pat Bell welcomed members.

The darts team were congratulated on being runners up in the Darts Competition won by Greysouthern W.I., Team B play next week.

Names were taken for a visit in June to West Newton for a chocolate demonstration. We will be represented at the March AGM in the Albert Hall by Jane Miller from Bromfield W.I. Names were taken for teams to take part in the Christchurch Quiz Night.

The Drama Group will meet in the Methodist School Room on Feb 23rd at 7:15p.m..

Pat read extracts om the County New and then introduced Mr George Doughty who gave us a fascinating talk about Silloth Airfield. George's life in the aircraft industry began in Leicester when aged 15 he took an engineering course. From there he went to Swindon to do an aero engine course and was then posted to Silloth in 1942. Silloth was pointed out to him as a remote area at the very top of a large map. His first digs in Mawbray were primitive with earth floors and a bath that emptied through a hole

in the floor.

Silloth was an OTU (Operational Training Unit) for Coastal Command and the aircraft used by the Unit included Bothas, Hudsons, and Bristol Beauforts. A lot of low flying exercises were carried out in the area and George had a frightening experience on a flight to Hutton in the Forest in a plane piloted by a Free French Airman who hedge hopped all the way and then circled the radio masts at Skelton. So many accidents occurred in the Solway that the area became known as Hudsons Bay.

Iean Day thanked George for his interesting talk.

After supper, brains were taxed by a quiz on car names won by Jean

Frances Jackson won the competition for a War memento with her Father's tin hat. Anne Harrison was second. Molly Lomas won the flower competition and Rosemary Brooks was second. Jean Wilson and Doreen Carruthers won raffle prizes and the grocery parcels were taken home by Jean Gibson and Diana

## **Arthritis Support Group**

Chairperson Edna Marper welcomed 15 members to Loveday house for the first meeting for 2005.

The committee made a recommendation that nothing would be gained by continued membership of Arthritis Care and that membership be terminated at the end of February. This was agreed.

In future we will be known simply as Wigton Arthritis Support Group and will meet as usual at Loveday House at 1:30pm on the first Friday of each month. There will still be a raffle, quiz and relaxation time. Subs will be £5 per year and magazines will still be obtainable.

Anne Graham and Anne Mossop served tea and biscuits while everyone took part in the quiz of trying to recognise TV celebrities faces. Also hidden among the faces were Edna Marper and Mary Heslam. Winners of the quiz were Anne Graham and Joan Gilbertson while Mrs Miller won

# **BLUESY**

Saturday 2nd April maworay village

7:30 pm Adults **£**4 pay on door

Bring your own booze and nibbles

The 'Bluesy Susie' duo offer classic hits from the 1920's to present day, playing Jazz, Blues, Folk, Latin, and Pop something for everyone

> For more details contact Steve 01900 881499

the raffle. A lovely tape played while everyone sat with their eyes closed, which was very relaxing.

At the February meeting Community Nursing Sister Carol Benson and student Susan Raynard gave a very good account of the comprehensive range of services provided in the Wigton area. Some of them are on call seven days a week with a skeleton staff operating overnight.

Anyone wishing to join us at the Hydro Pool on Tuesday morning or the Gym on Wednesday morning are invited to ring Christine Smithson on 016973 551686.

The next meeting is at Loveday House on 1st April at 1:30pm.

### Tip for the Top

How to improve hair that is in bad condition

- Use an intensive moisturising repair treatment like Clynol Rescue, weekly.
- Reduce heat styling.
- If you have dry hair and are looking to colour it choose Clynol Inspiration semipermanent colour. This will add depth and great shine to your hair, improving the overall appearance of your hair.
- Do not over shampoo vour hair, this can strip natural oils from the hair, always use top quality shampoo's and conditioners. Be sure to get good advice, if you have a sore throat you would go to the chemist, so if you have bad hair go to a hairdressers.
- When blow drying direct heat downwards, this will help to dry the cuticle flat and create the illusion of shine.
- Adding Clynol Sleek frizz free serum, to hair before drying also helps to create a shiny well conditioned finish.

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