

Superfast Broadband

RCS Ltd, a local Internet Provider near Silloth, which started internet services under its "ruralinternet" brand has diversified and grown rapidly. New products are at the forefront of their expansion.

As a supplier of equipment and internet services, RCS Ltd is the UK distributor and the only supplier of a new revolutionary patented antenna from the United States. Made by the Wi-fi plus Corporation, the wireless signals can safely pass through trees and buildings without massive signal losses. Many of the early line of sight issues which be-devilled wireless internet providers are now a thing of the past.

RCS Ltd was set up in May 2003 to help Solway Rural Initiative with its innovative satellite and wireless broadband pilot scheme for the NWDA. When SRI decided to split away from RCS after the project ended in Spring 2004, RCS moved on to supply specialist antennae and advise projects all over the UK and areas of Europe. The company is now a

recognised expert on systems to mix long distance 5.8mghz Band C wireless broadband with locally distributed 2.4mghz Band B and make rural broadband delivery actually work.

On the local front, RCS says "we now have a lot of new products to offer our customers with a good range of both telephone based home and business telephone ADSL packages from our new website, www.ruralinternet.co.uk. We provide online connection with speeds of up to 2 megabit and no restrictions on downloads! Rather than sit back and make do we are shortly to introduce a new 1 megabit upload package, (of special interest to Games Players!), followed by an 8 megabit download package for businesses based in rural or urban areas."

RCS are interested to hear from any villages that are out of the range of BT's ADSL in Cumbria. Many home users are only just in range to receive 512kbps broadband whilst small businesses, with only 512kbps, are realising the advantage of up to 2

megabit and some times more. A huge 40 x faster than basic broadband.

Not content with just providing broadband connectivity RCS Ltd. also has a full range of cost saving options for the business customer such as:

- cheaper leased telephone and data lines
- IT Cameras with fixed and routed IP ranges
- Virtual switchboards
- free advertising on our web portal
- restriction free download with fast upload speeds

Anyone needing any further information can check out our web site at www.ruralinternet.co.uk or by phone on 0870 770 1744.



Thunder Bee 1
by
Jay Scott
aged 6
from
Silloth Primary School

HMS Biter visits Silloth Docks



On Sunday 20th March the Royal Navy training vessel HMS Biter will spend the day at Silloth Docks and should be open to the public.

The RNLI shop at Silloth Lifeboat Station will be closed on that day, but a souvenir stall will be set up at the Docks. Everyone is welcome!

SeaBritain
2005

SOS for the Lifeboats!

In Silloth and Wigton we have a small group of people who regularly fund-raise in order to assist in keeping the Lifeboats afloat.

Could you spare a little time to help this very worthy cause? We would very much like you to join us.

No particular skills

are required just a willingness to help – and it's really good fun!

We are looking for anyone willing to give a few hours each year to support the RNLI by helping with our fundraising efforts such as the collections and events. We are also seeking people to help

in the Lifeboat shop at the Station.

Lifeboat crews are volunteers and the charity receives no help from the Government so local fundraising groups are extremely important.

If you would like to help or know more please telephone Bev on 016973 31866

BUY THE BEST

FISH AND CHIPS

John's Plaice 12 Solway Street, Silloth-on-Solway, 016973 31597.

The Cottage Fish and Chip Shop 31 Newhouse Road, Blackpool, 01253 764081
whelansfishandchips.co.uk

Colmans 182 Ocean Road, South Shields, 0191 456 1202

Kristian's Number 5, Union Quay, Fish Quay, North Shields, 0191 258 5155

Pier Hotel, Harbourside Restaurant The Quay, Harwich, Essex, 01255 241 212
pieratharwich.com

Stein's Fish & Chips Union Quay, Podstone, Wall

PL28 8BY, 01752 72700.

Pawt, 11, Uwyneog, U1700

Farm-gate sales of marlech salt-marsh lamb,

J Wickens Family Butchers, Castle Street, Winchelsea, East Sussex,

01797 226287. Romney Marsh lamb from a farmer whose sheep graze on the marshland right by the seafront.



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Restaurant Prices

JOHN'S FAMOUS FISH SPECIAL Fish, Chips, Mushy Peas, Bread & Butter, and a Pot of Tea	£5.50
PENSIONER'S FISH SPECIAL Fish, Small Chips, Mushy Peas, Bread & Butter, and a Pot of Tea (Choice of Cod, Haddock or Plaice)	£4.65
Fish & Chips (Cod, Haddock or Plaice)	£4.20
Scampi & Chips with Side Salad	£4.20
Wholetail Scampi & Chips with Side Salad	£5.20
Chicken Breast & Chips	£4.30
Pie & Chips (Steak, Mince, Meat/Pot, or Chicken/Mushrooms)	£2.95
Cumberland Sausage & Chips	£3.55
Sausage & Chips	£2.95
Smoked Sausage & Chips	£3.25
Spring Roll & Chips	£3.25
Pattie & Chips (Mince/Onion or Cheese/Onion)	£2.95
Fish Cake & Chips	£2.95
Haggis or Black Pudding & Chips	£3.55
Chicken Nuggets or Dippers, Chips & Dip	£3.95

Plus a wide selection of burgers, baked potatoes, sandwiches, salads, kebabs and side dishes (onion rings, etc.)



SPECIAL OFFER

Buy One Get One 1/2 Price

Present this voucher when you visit our Restaurant and with every two meals purchased, you will get the less expensive meal at HALF PRICE

Offer excludes drinks

Voucher expires: 30th April

Valid: Monday to Friday only excluding Bank Holidays