



Mr Tommy Bee
by Caleb Hayes
from Holme St Cuthbert School

Solway Buzz

www.solwaybuzz.co.uk

December 2022

local news - for you - by you - about you - free to you

FREE PAPER

Issue 204



To All Our Volunteers, Readers, Advertisers and Supporters

Page 3
Well done Max!



Page 9
Mavis collects the cheque



Page 9
and Phil gets one too



Pages 9
also one for Wendy & Carol



Page 19
C&W cheque for the RNLI



Page 20
Meet the tennis champs



The Solway Buzz is a FREE community paper with a circulation of up to 5,500 copies for the area around Abbeytown, Skinburness, Silloth-on-Solway and Mawbray

Waver Wine Circle

Report by: Stuart Jones

On 12th October we had our "CALL MY BLUFF" event, where pairs brought a bottle of wine, labelling concealed, and read out three different descriptions one of which must be correct for the reminder to guess which was right.

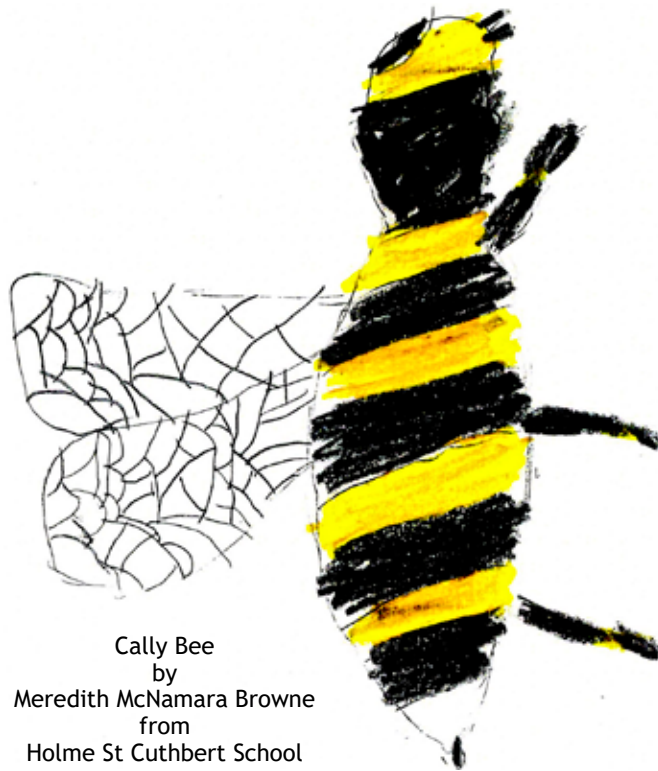
After much hilarity and 'leg pulling', scorer Graham declared the winners as Nick and Linda.

The December meal is at 7pm on 14th, for which Stella has arrangements in hand, will be further enhanced by Linda's suggestion that at the November meeting members will be asked to draw a name out of the hat and obtain a suitable present, no more than

£5 in value, for the chosen person.

Apparently, this is known as a 'Secret Santa'!

This meetings draw prize, gifted by Stephen was won by Mary.



Cally Bee
by
Meredith McNamara Browne
from
Holme St Cuthbert School



Smiley Bee
by
Isla Hillier
from
Holme St Cuthbert School

Now Where Will You Eat Today



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Women's Institute Max Loses 5 Stone (32 kilo)!

Report by: Sarah Robertson

Our Causewayhead WI Wednesday meeting on 14th September was buzzing with interest as our speaker was the very entertaining, enthusiastic and knowledgeable Adrian Cozens.

Adrian is a born speaker and bee keeper who is passionate about his hobby and bees in general.

Adrian brought with him some home produced honey and beeswax candles which were keenly snapped up.

Adrian keeps eight hives and each hive contains around 70,000 bees, of all the bees in the hive approximately 69,500 will be female.

We learnt that although bees are prolific pollinators other insects such as Daddy Longlegs' are also pollinators. It seems Italian bees are laid back and almost seem lazy compared to Cumbrian bees but it is simply that Italian bees have a much longer summer and a much shorter winter and therefore can be more relaxed in their attitude to work. We also discovered that Scandinavian bees are bad tempered, Australian bees don't sting and South African bees have a terribly toxic sting!

We learnt about pheromones, the queen bee releases these to tell the other bees in the hive what to do, the queen bee also lays about 1500 eggs a day during the summer.

Bees don't fly till they are seven weeks old, who knew that? Not us before now!

Fun fact: Bees do the 'Waggle Dance'. This is because they are geomagnetically programmed and the angle of the dance they do relates to the sun's direction and the duration of the dance indicates the distance to a food source.

Bees will cover something like 55,000 flying miles just to create

enough honey for one jar.

Bees can't see the colour red but love yellow, blue and violet flowers. If you want to encourage bees plant Honeysuckle, Pussy Willow and Lavender or anything that's sweet scented.

Guest Speaker on 12th October was Steve Doyle who took us on a whistle stop tour in his talk

'Around the World in 60 minutes.'

Steve has visited around 82 different countries so far in his travels and he took us top to bottom and

side to side to some of the places he has seen with a chat and a collection of his photographs.

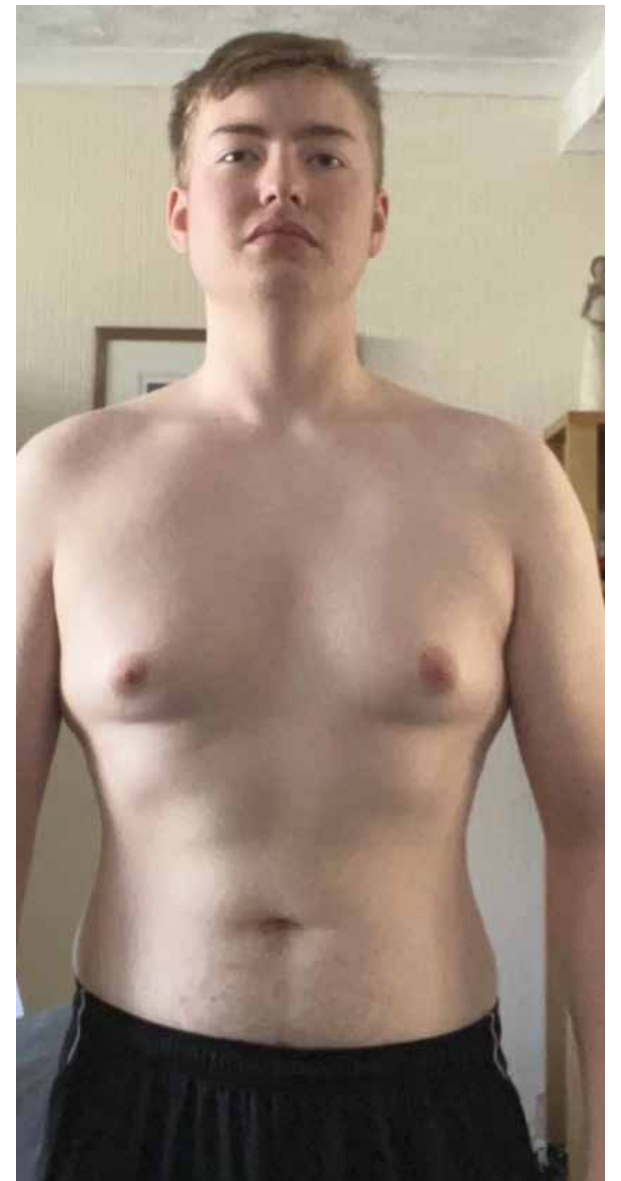
We flew from Heathrow to Copenhagen, Steve's favourite city, we went on to Berlin, Germany and The Brandenburg Gate, to Finland and the Northern most point of Europe where summer sees endless days and no dark nights. On to Stockholm, Sweden and Paris and a stopover for sightseeing in Spain. Onwards to Italy and Greece to visit the Acropolis, then to visit Istanbul and the Blue Mosque and to the Wailing Wall in Jerusalem. Onward we flew to Egypt to Cairo and the Sphinx and the Pyramids. We smelled the spices in Morocco and in Cape Town in South Africa we took a cable car up Table Mountain.

We went off on Safari in the East of Africa to see Zebras and Gazelles and from there to India to Old Deli and then the Taj Mahal and so many more places in Australia and America too.

We had definitely got up a thirst for a cuppa by the end of our armchair travels.

Why not come along to our 14th December meeting in Christ Church at 2pm where we will be learning about magic tricks by Stuart Bowie and you can meet the members.

theWI
INSPIRING WOMEN



Report by Loretta Thompson

A super slimmer from Silloth has lost 5 stone (32 kilo) and has now embarked on his dream career of becoming a Royal Military Police Solider!

Since joining his Slimming World group in February, Max has gone from 17½ stone to 14 stone, proving that Slimming World works just as well for men as for women.

Max had already lost 1½ stone prior to joining the group, but he felt he needed help and support, as doing it alone is not easy. His approach had always been "I'll watch what I'm eating", which would only last a few days before old habits kicked in, and he realised this would have to change.

He was so committed to becoming a Solider and nothing was going to stop him!

Like many men, Max initially thought that slimming clubs were aimed at women and assumed the focus would be on 'diet' food. However, he decided to give it a try when he was encouraged to join by his grandma. He said "I was sceptical at first and I had a pre-made judgement before I went to my first group at Slimming World, but it calmed my nerves and allowed me to get back to

being happy with myself, giving me a massive confidence boost and getting my life back to where I want it to be."

He also found that Slimming World's Food Optimising eating plan, based on the science of satiety and energy density, meant that he never felt hungry or like he was on a diet. Max enjoys satisfying, healthy meals of lean meat, pasta, rice, eggs, potatoes, accompanied by lots of vegetables and he started snacking on fruit. "My relationship with food has massively changed for the better. Filling up on free foods gives so much control back, it allows you to eat what you need and not feel bad about it."

Alongside Food Optimising, Max loves Slimming World's Body Magic Activity Programme, which is also tailored to individual needs. He added "A healthy habit I have picked up is that I've found my love for exercise again, as I used to be a very active child but gradually reduced the amount I played sport or did much exercise. Starting or ending my day with either a run or a gym session, now makes my day feel more complete." Max has been dedicated in his approach, starting slowly and building on it, when his confidence grew!

Max also stayed to weekly

Image Therapy. Listening to others and talking about individual motivations and challenges, week by week, helps us understand ourselves as slimmers and helps us to plan, so we can make changes that we can keep up for life. Members always come away feeling inspired and motivated to keep going each week, and love sharing new recipes and ideas with friends in the group.

Loretta, who runs the Silloth Slimming World group says she's incredibly proud of Max: "He has done brilliantly and we're all in awe of his transformation. With the most amazing commitment and dedication, he has achieved what he set out to do. He's a real inspiration to the whole group. I couldn't be prouder of everything Max has achieved! He never lost sight of his goal of becoming a soldier and his Slimming World family are so proud of him! We are so excited for Max as he has already started (and is excelling) in his Basic Training and we can't wait to hear his update the next time he visits the group!"

The Silloth Slimming World group is held every Saturday at The Rugby Club at 8:30am and 10am. Anyone interested in joining the group can call Loretta on 07766 118556.

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**Slimming
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because you're amazing

**Meet Loretta on
Saturdays in
Silloth Rugby Club
at 8:30am or 10am
everyone welcome**

Contact: Loretta on
07766 118556

Silloth-on-Solway Town Council – Town Plan Consultation Accessibility Survey - Preliminary Results

Firstly, we would like to thank all those who filled in the Accessibility survey (Survey 1). A key building block of a successful plan is community support, and your input is vital.

The form on page five is the Town Plan Consultation (Survey 2), please complete this also.

Here is a brief summary of the preliminary results from the Accessibility survey.

86% of those completing the survey were local and 14% were



Silloth-on-Solway Town Council



visitors. When asked how accessible you thought Silloth is for locals and visitors with additional needs (with answers ranging from 1 – not accessible at all to 5 – very accessible), the weighted average was 3.1, with 51.25% of respondents choosing option 3.

When asked which of the following services would you support charging for, 38.67% of those who responded are in favour of charging for the toilets on Criffell Street, 10.67% for the Splash Pad, 40% to sustain the facilities in good order for local and visitors and

34.67% responding 'None of the above.'

We asked what makes places or services difficult to access. The biggest issue was stepped entrances with no ramp which was highlighted by 70% of respondents. Other issues include lack of toilet facilities for people with disabilities (45.71%), lack of blue badge parking spaces (37.14%), internal steps (37.14%), width of doorways (35.71%), cluttered shop displays (32.86%), poor signage (21.43%), lack of internal lifts (18.57%) and poor staff attitude (17.14%).

82.89% of respondents support the enforcement of clear pavements and street improvements for people with mobility challenges – like dropped kerbs and fines for pavement clutter like signs, A-boards, baskets etc., with 17.11% not in support of enforcement. This is something the Accessibility Committee will continue to work on.

96.10% of respondents support the plan for better parking for people with mobility issues and improved access to West Beach, with 3.90% not in support. 63.01% of respondents would buy a local trails map and 36.99% would not.

When asked how much more Council Tax you would be prepared

to pay the Town Council to see these actions carried out – 44% of respondents would not want to pay more, with 12% willing to pay an additional 10p per week, 14.67% willing to pay 50p per week, 13.33% willing to pay £1 per week and 16% with other suggestions.

Of those who responded to the survey, 16% are willing to be involved in making these actions happen eg, by joining the Accessibility Committee, helping with events and the development of a trail map. A big thank you to those who have provided their contact details.

The survey is still available online and if you've not already done so, please fill it in. We want to hear the views of a wide range of people and groups throughout this consultation. The survey can be completed using the link below:

<https://www.surveymonkey.co.uk/r/N6H7N>

If you would like a paper copy of the survey to complete, please get in touch with:

Wendy Jameson | Town Clerk |
Silloth-on-Solway Town Council
5 Burnswark Terrace, Solway
Street, Silloth, Cumbria, CA7 4EF
Tel: 016973 31128 | Mob: 0777
5686857 | Email:
townclerk@silloth-on-solway.co.uk



Change Your Old Stamps Now!

We're adding barcodes to our regular stamps. After 31 January 2023, regular stamps without a barcode* will no longer be valid. You can either use up these stamps before this deadline or swap them for the new barcoded ones.

The stamps that are changing are the stamps (pictured on right) that will be very familiar to you. They feature the profile of Her Late Majesty The Queen on a plain coloured background.



You cannot use these stamps after 31st January 2023

a collection, find local drop off locations and measure the size of your parcels - all on the Royal Mail App.

SWAPPING THEM OUT

Your non-barcoded stamps can be exchanged for the new barcoded version through the Stamp Swap Out scheme.

To swap out your stamps, simply complete one of our Stamp Swap Out forms and send it back to us along with your non-barcoded stamps. The step-by-step process for doing this is explained below.

How to get a 'Stamp Swap Out' form: If you have a printer, you can swap out up to £200 worth of non-barcoded stamps by printing out and completing this Stamp Swap Out form from: www.royalmail.com/sites/royalmail.

www.royalmail.com/files/2022-05/Stamp-Swap-Out-Form-under-200-pounds-v1_3.pdf

You can send this back to us free of charge, along with your stamps, by writing on the envelope Freepost SWAP OUT. No other address details or postcode are needed.

If you have a printer, and more than £200 worth of stamps to swap out then use the Bulk Stamp Swap Out form. Check the website for these details.

'Stamp Swap Out' forms are also available from the Customer Service Point at your local Delivery Offices (but please note they will only have the forms for the up to £200 option).

Or you can call our Customer Experience Team on 03457 740740.



The barcodes will enable exciting new services by connecting physical stamps to the digital world through the Royal Mail app which you can download from: www.royalmail.com/downloadapp

With the App you can track your items, buy postage, book



Note: Special Stamps with pictures on and Christmas Stamps without a barcode will continue to be valid and don't need to be swapped out, as shown above.

D.A. Harrison



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Skip Hire: 016973 31000 RMC: 016973 61777
Fax: 016973 42210 E: info@daharrison.co.uk
Silloth, Wigton, CA7 4NS

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Silloth-on-Solway Town Council Town Plan Consultation 2022 ~ Survey 2

Silloth Town Council are conducting a Town Plan.

This Plan will enable the Town Council to work with strategic and local groups to make changes in Silloth for the benefit of locals and visitors. There will be four questionnaires over eight months and some public meetings and street interviews. For this second survey we want to know your views on environmental issues for locals and visitors.

Please complete the questions below so we can understand what people want, need, and are prepared to support.

1. Do you live in Silloth or are you a visitor?

Local
Visitor

2. Please tell us your age:

Under 18
18-24
25-34
35-44
45-54
55-64
65+

3. Please tell us your gender:

Male
Female
Prefer not to say

Sustainability is about thinking about what we do as individuals and organisations, using less, recycling more and being aware of our impact on our local and wider environment.

4. How could we encourage people to walk and cycle more in and around Silloth:

Have electric bikes available for hire Yes No
Restrict car speeds in certain areas Yes No
Provide more information on walking routes Yes No
Have bike racks available Yes No

Anything else:

5. If you have responded 'Yes' to restrict car speeds in certain areas, what areas?

I have said no
Where?

6. We want to see more electric charging points for cars and bikes. If you have an EV charging point, would you consider hiring it out to others when it is not in use?

Yes No Don't have

7. We are looking to place recycling for glass, plastic and paper and water bottle filling stations in key locations such as the Green.

Would you use the recycling facilities? Yes No

8. Would you use the water filling station?

Yes No

9. Any comments in relation to the recycling facilities or the water filling station?

10. The Community Hall has recently had solar panels installed, we could do that for more public buildings, would you support this?

Yes No

11. Would you support the installation of small-scale wind turbines to power community facilities – like the Splash pad?

Yes No

12. Would you support making the entrances to the town more welcoming, including new signage?

Yes No

13. As a local resident would you like more information on recycling and opportunities to save energy at home?

Yes No

14. Do you have any other thoughts on ways the Council and community could work together to improve the environment and sustainability of our area?

15. Can you tell us what you see as the main priorities for Council action on environmental issues.

Scale of 1–Not important to 5–Very important

	1	2	3	4	5
Introduce a 20mph speed limit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Improve public transport	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Introduce a car share scheme	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Install on-street electric car charging points	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Make Silloth a net zero carbon town	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Improve Silloth's parks and open spaces	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Plant more wildflower areas	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Control litter better	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Clamp down on fly tipping	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Introduce waste recycling points at key locations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reduce the use of plastic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

16. As a local resident, how much more Council Tax would you be prepared to pay the Town Council to see these actions carried out?

We know we have asked this question before, but this relates to these actions so please do answer it again – thank you!

I wouldn't pay more
10p per week
50p per week
£1 per week
Other (please specify)

17. Could you be involved in making any of these actions happen?

No
Yes (please tell us your name and email or phone number)

The results of these surveys, the interviews and meetings will be on the Town Council website: <https://www.silloth-on-solway.co.uk/>

We are going to be doing more consultation:

- December: Health and wellbeing - including ideas like outdoor gym equipment, Events on the Green
- February: Transport and infrastructure - including access to services and improvements to roads

Thank you for completing this survey.

Please get involved in the next issue we are consulting on and come to the Town Plan launch in May 2023.

Completed surveys to be returned to: Silloth-on-Solway Town Council

5 Burnswark Terrace, Solway Street, Silloth, Cumbria, CA7 4EF

Tel: 016973 31128 | Mob: 0777 5686857 | Email: townclerk@silloth-on-solway.co.uk

Web: www.silloth-on-solway.co.uk

The survey can also be completed online using this link: <https://www.surveymonkey.co.uk/r/7LH8QF6>

A Memorial to be Proud Of!



Photos & Report by: Joan R Bowe

The post box outside Winters Post Office has been decorated in remembrance of all those who died for our freedom. This is thanks to the excellent work done by Margaret McCartney and Mary Hoskins at St Andrews Crafts Group.

Heartfelt Memories



Photos & Report by: Joan R Bowe

Greenrow Pentecostal Church would like to thank everyone who made poppies and Janice Fell for stitching them all on.



Christmas Lunch

Jackie McCormick will be doing a free Christmas lunch again this year in the Rugby Club.

Any donations towards the day will be gratefully received.

They will be serving the festive lunch between 12noon and 2pm in the afternoon.

All donations that are given on the day will be going to a local charity.

If you would like to come and need transport can you please get in touch with me; Jackie, on 07860 374817.

E-Scooter Rules

A word from Police Inspector Scott Adams.

We are continuing to target issues raised to us and proactive in targeting issues such as speeding.

E-Scooters continue to be an issue that is raised with us from members of the public. On 19th September, we stop searched a woman on Longthwaite Road, Wigton who was seen riding an E-Scooter in the area.

The E-Scooter was seized by officers. I'd like to take this opportunity to remind you of the laws.

E-Scooters can fall under two categories at this time: Trial E-Scooter and Privately owned E-Scooter. Allerdale, at this time, do not have any Trial E-Scooters.

Any E-Scooter used on a road or public place which breaches either of the primary requirements may be seized by police under the terms of 165 RTA 1988.

If you wish to report any offences report a Non-Emergency Crime/Incident Online or by email 101@cumbria.police.uk. You can also call us on 101. In an emergency always call 999.

It's currently against the law to ride a private e-scooter in any public place

E-scooters are classified as Personal Light Electric Vehicles (PLEVs), so they are treated as motor vehicles and subject to the same legal requirements, such as:

- MOT
- Licence
- Insurance
- Tax

Cumbria police also has the power to seize your e-scooter under section 165 of the Road Traffic Act as you must have the same legal requirements as a motor vehicle.



Bee

by Poppy Heddon from Silloth Primary School



Lots of Bees

by Summer Riddick from Holm Cultram Abbey School

Slimming World taste the freedom

Do you live in Allerdale, Carlisle, Copeland or Eden?
Are you aged 16+ with a BMI of 28+?
Would you like to lose weight?
You may be eligible for a **FREE 12-week referral**

Ask your GP or Health Professional for more details

Tansy lost 7st 3lbs in 16 months

Slimming World Partnerships

Cumbria County Council **NHS North Cumbria Clinical Commissioning Group**

slimmingworld.co.uk

It's not too late to join Cumbria Singers for the 'BIG SING' of Haydn's 'Creation' at Carlisle Cathedral in April '23 led by the internationally renowned Conductor, Andrew Padmore.

The next rehearsal is at QEGS, Penrith on 26th November.

Come for a free taster or join immediately to access E-resources.

For further information:
E mail Margaret: mr4cn@gmail.com
www.cumbriasingers.org.uk

Cumbrian Dialect Competition

Report by: Tim Barker

Silloth Rotary Club's Cumbrian Dialect Competition was a success in Christ Church on Saturday October 8th, the first time we had been back to the church since 2019.

Covid meant no competition at all in 2020 and in 2021 the church was being refurbished and Covid delayed the work so that, instead of meeting on the second Saturday of October, we postponed until chilly November. The work was finished but on the morning of the event the church heating failed!

Happily the churches of Silloth enjoy close fellowship and St Andrews Church were able to let

us use their hall instead.

This year all was well and Christ Church was comfortably filled by visitors who enjoyed a full afternoon of poetry, stories and even song in our local twang. Rotary Club members provided refreshments including some delicious home-baking and Jean Scott-Smith of the Lakeland Dialect Society gave an update on the society's activities which include hosting a National Dialect Weekend at Shap Wells from October 28th to 30th where visitors from all over the country got together.

Judges at Silloth were Owen

Martin, Rotary President; Dennis Graham of Wigton and Councillor Tony Markley. They awarded trophies to:

Wendy Campbell of Aspatria – best over all. Wendy was unable to attend for health reasons but had sent in two poems. Compere Tim Barker read out one of them about a childhood outing to Silloth. Edwin Crayston of Silloth – most humorous. Dick Gargett of Stainton – most original.

Sadly there were no new entrants this year so you're encouraged to get your thinking caps on. You have till October 2023.

Friends of Silloth Green: Kids Competition

Can You Guess The Name Of The Birds?

A Christmas competition for children 10 and under. There are two prizes to be won, a bird seed feeder, with seed and a fat ball feeder, with fat balls. These will be awarded to the first two names drawn randomly from all the correct answers received by Friday 16th December 2022.

How to enter

The answer to each question below is the name of a bird. Just fill in the name of the bird, take a clear photo of your completed entry, including your contact details and email it to: friends@sillothgreen.co.uk by Friday 16th December.

The draw will take place on Monday 19th December and the two winners will be contacted.

Name that Bird:

1. Eats the Buzz _____
2. Found on Christmas Cards _____
3. Eaten at Christmas _____
4. What you do in your spare time _____
5. Found in a dockyard unloading a ship _____
6. A letter of the alphabet _____
7. A Royal Angler _____
8. Cat, not asleep _____
9. King Arthur's wizard _____
10. Is this a chocolate biscuit? _____

Name: _____ Age: _____

Address: _____ Postcode: _____

GOOD LUCK!



Michael the Bee
by TJ Furness from Holm Cultram Abbey School

Silloth & District Pensioners Coffee Morning

Report by: Jean Day

We had another successful coffee morning on 1st October to help raise funds for our next Christmas Party, and possibly a trip away next year - watch this space for information.

Tickets for the Christmas Party, to be held at Stanwix Park on Saturday 26th November, are available now.

After November our next Coffee Morning will be in February 2023, seems a long way

away but if it passes anything like this year it will soon come round.

Thank you to all those regular supporters, and many thanks for the donations for raffle prizes, and goods to sell on the cake stall.

Winners of this months raffle were: Margaret Leeson, Oriole Hocking, Mary Eccles, Kirsten Proud, Linda Johnston, Carol Holywell, Edna Allison and Linda Wignall.

Despite the unpleasant weather there was a good turnout on 5th

November. The cake and fruit stall did brisk business, think we could do with more volunteer bakers. As always, the prizes donated made for a good raffle and the winners were: John Rumney, Maureen Gray, Chris Beverley, Kirsten Proud, Pam Blaylock, Moira Fearon, Theresa Hutchinson, Margaret Gate, Jean Day and Margaret Mattinson.

Next will be the Xmas Party at Stanwix Park on Saturday 26th November.



Open Afternoon
Monday 28th November 2022
1.30pm

Are you looking for a Nursery or Reception school place?

Please come along to our open afternoon at 1.30 PM. There will be an opportunity to meet staff and for children to play in the Early Years classrooms and outdoors. Tours around the school can be arranged.

Extra Curricula activities are offered. We work with the Secondary school to provide the Solway Spotlight Drama Club.



In Early Years, our curriculum starts from the child, nurturing every child to achieve their full potential.

We are an Early Excellence Partner School.

High quality interactions in child led play makes the difference to our practice. Children make good progress from starting points and leave Reception ready for Year 1.

We deliver the highly effective phonics programme Read Write Inc Reading programme in partnership with the Orgill Literacy Hub.



Children Come First

We offer a wide range of opportunities throughout the school e.g. Music Makers, Brass sessions, Multi skills sessions, Residential and more.

Do You Get the Buzz?

If the Buzz paper does not fly through your letter box in the areas we cover, it is because we have not found a volunteer. If you would like to join our hive of volunteers we would be pleased to hear from you, call Peter on 016973 32180 for more info.

Friends of Silloth Green



Report by:
Caroline Turner & Tom Brown
Pictures by: Caroline Turner

Getting Winter Ready!

Recently we have been busy, weather permitting, getting the Community Garden and allotment tidied up for the Winter and Polyanthus planted in the raised beds for some much needed winter colour. And, there is still more to do!

Moving forward our aim is to become more self-sufficient, reducing our need to buy-in plants, etc. To that end we have lifted all the tender perennials, taken loads of cuttings from our favourite plants in the Community Garden and moved them to the allotment, either to store or to propagate in our greenhouse.

We have also sown masses of hardy annuals and biennials, for example Sweet William, Cornflowers and Sweet Peas in the greenhouse so we will get a head start on Summer colour.

As Winter is well on its way lots of birds are now coming to the feeders in the woodland areas. It is important to keep your feeders

clean, ideally cleaning them weekly in order to help prevent the spread of disease. 'Bird Flu' is still about and from November 7th all poultry keepers, commercial & domestic have to keep their birds undercover to help prevent its spread. The advice from the RSPB if you find any dead birds is not

to touch them and ring the Defra helpline on 03459335577.

A reminder that THE BIG GARDEN BIRD WATCH is taking place again from 27th - 29th January 2023. You can register on the RSPB website and you will receive updates, top tips and can find out how to get ready.



Calendula seedlings in the greenhouse



Salvia



Hardy Annual

Carol Service Followed by Lunch

Report by:
Revd Lisa Moore Wilson

St. Andrew's URC will be holding its December carol service on Sunday 18th December at 11am.

All are welcome to hear the telling of the Christmas story

through readings, reflections and carols as we remember the light that shines even in the darkest of times.

The service will be followed by a bring and share lunch, please feel free to join for the service, lunch or both!



Queen Bee, Silly Bee, Old Man Bee
by Lola Armstrong from Holm Cultram Abbey School



Ghost Bee
by Jack David Tiffin from Holm Cultram Abbey School

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Last Posting Dates for Christmas



Royal Mail

Beat the festive rush and get all your letters and parcels in the post on time.

Allow plenty of time for posting. Please post items and gifts for Christmas early, particularly for International deliveries.

Monday 19 December
2nd Class
2nd Class Signed For
Royal Mail 48®

Wednesday 21 December
1st Class
1st Class Signed For
Royal Mail 24®

Royal Mail Tracked 48®**
Thursday 22 December
Special Delivery Guaranteed®
Royal Mail Tracked 24®**

Friday 23 December
Special Delivery Guaranteed®
with Saturday Guarantee

** Royal Mail Tracked 24® and Royal Mail Tracked 48® are not available to purchase at Post Office® branches.

Friends of Silloth Green: Garden Tips



Report by: Caroline Turner

OUTDOORS

If you have outdoor pots move them into a sheltered position, next to a house or shed wall for example. Also raise them up off the ground, you can use stones, bits of old broken paving stones anything to allow it to drain properly and not get too wet. If the soil becomes waterlogged the roots can rot and your plants will die. Also, check

your pots after freezing weather to make sure they have not dried out.

INDOORS

Grow herbs or cress on your kitchen windowsill for easy pickings. To grow cress put four layers of paper towel on a saucer or reuse a plastic tray from the supermarket. Wet the paper towel, it should be damp but not wringing wet. Sprinkle with cress seed and cover with a sheet of paper towel on a warm windowsill and check daily to ensure the paper towel is kept moist. Once the cress has germinated, about five days, you can remove the paper towel covering the cress and it will be ready to pick in about another ten days.

Silloth CO-OP Donates £7,454!



Mavis receives £2,418 on behalf of Silloth Sports Association



Philip receives £2,166.93 on behalf of Silloth Rugby Club



Carol & Wendy receive £2,870.28 on behalf of Friends of the Green

CASTLEGATE PHARMACY

FREE Blister Service*
New Patients Welcome

Supporting you, your family and those you care for by organising medication in to separate compartments.

- ✓ Safe administration
- ✓ Time saving
- ✓ Keeps track of medication
- ✓ Free delivery service within Cumbria

Please contact Andrew at Castlegate Pharmacy to sign up or for further information.
Tel: 01900 826018 Email: info@castlegate-pharmacy.com
Castlegate Pharmacy, Isel Road, Cockermouth CA13 9HT
www.castlegate-pharmacy.com

REGISTER TODAY!

Penrith Beekeepers Association PBKA

SAVE OUR BEES!

You can help the bees by buying the PBKA 2023 Calendar. To order copies contact 01768 894404 or mr4cnr@gmail.com

£5 each or three for £10.

Also available from retailers in and around Penrith incl. Booths, Penrith Station and Upfront Gallery.

Charity number: 1170487

British Heart Foundation

FREE & FAST COLLECTION
of your unwanted furniture and electricals

Call BHF Workington 01900 358 783
Book online: bhf.org.uk/collection

© British Heart Foundation, registered charity in England and Wales (225971) and in Scotland (SC039426)

Model Train Exhibition

Solrail members, organisers of Workington Model Railway Exhibition, are pleased to announce that the exhibition is back to its normal self this year, following all the problems over the last few years caused by the Covid 19 pandemic.

It will be held on Saturday 19th and Sunday 20th November in the Energus building at Blackwood Road, Lillyhall Estate, Workington, CA14 4JW, where there will be free car parking and outstanding refreshments.

The venue is served by regular bus services from Workington and Whitehaven railway stations, using Service No: 30. On Saturday, via Lillyhall, it stops right outside the Energus building. Sunday there is a 20 minute walk from Harrington Road.

The exhibition, the largest in Cumbria and the Borders area, brings together groups, organisations and individuals from all over Cumbria and Northern England who share a passion and enthusiasm for all things model railway, so why not get along and enjoy what's on offer. All except two of the layouts

will be new to Workington.

Several of the layouts have been featured in national model railway magazines and this will be your chance to see them 'up close and personal'. A 'SPECIAL' this year will be FENCE HOUSES from Chester-le-Street. The layout is believed to be the largest portable 2mm Finescale layout. It is 39 feet by 9 feet and has to be seen to be believed. Based on the real location it is modelled to scale including an 800 foot long viaduct to scale as well.

There will be something for everyone including, hopefully, the return of Thomas the Tank Engine and his Friends, who did not attend last year due to Covid 19. They did not feel that it would be safe for them to attend but have been persuaded to come out and entertain the children again, who will be invited to help operate them.

The layouts and exhibits will incorporate a whole range of technologies from hand propelled to the very latest DCC (Digital Command Control) systems with some layouts having authentic background sounds.

The event is supported by a group of trade stands that will be able to provide almost anything the modeller needs. To help individuals get the most from their models, demonstrators 'showing you how to' will be on hand. If it is making a layout from scratch using finescale track, weathering your models, building kits or models from scratch then somebody will be able to help.

New for this year will be 'SCALEFOUR CUMBERLAND'. The organisers have brought together a group of members of the Scalefour Society, who will be demonstrating various techniques showing how they model in their chosen scale of 4mm to the foot. There will also be a completed layout showing how it all works. Questions will be more than welcome from visitors.

Visitors will also be invited to 'try their hand' on a couple of exhibits including the Vintage Trix Twin layout, where you can drive a train or two. Age is no barrier. If technology is your interest then there will be Computer simulation programmes for you to try, always very popular with the youngsters.

This will be the tenth year that the exhibition will be presented by Solrail, a 'not for profit' team of enthusiasts and volunteers.

The exhibition will be open from 10am until 5pm on Saturday 19th November and, from 10am until 4pm on Sunday 20th November.

Admission costs have been held for the TENTH year at £5 for adults with accompanied children free. Also available will be a souvenir programme for sale listing everything on display while stocks last.

Further details on the website: <https://sites.google.com/view/solrail/home>



Silloth Green is Perfect for Something New for Silloth ~ Parkrun!



Work is underway to start a new weekly parkrun in Silloth.

Events will be held every Saturday morning starting at 9am. Participants will be invited to jog, run or walk for 5 kilometres having times and positions recorded each week.

We need volunteers to help stage each event which will be held on Silloth Green and Promenade.

In addition we need to raise £4,000 for the start fee which covers the cost of necessary equipment. Any local businesses who wish to sponsor the parkrun are asked to get in touch.

If you require more information

please get in touch with Geoff Toogood on 07812 903636 or email: geoff.toogood@coop.co.uk.

What do the volunteers do?

Everything! The volunteers make parkrun happen; they run the local events. They do all of the high-profile tasks at the event (like marshalling, timing, result recording, etc), and all the behind-the-scenes roles too.

Whatever you want to do, there is a role for you.

What are our Volunteer Roles?

The **Event Director** takes overall responsibility for their event and can be considered the Chair Person of the local team. Most Event Directors (though not all) will act as Run Director on a pretty frequent basis.

The **Run Director** is in charge of a particular event on a specific day.

They have ultimate responsibility for deciding whether or not the conditions are suitable for the event and with advice from the other volunteers may decide to modify the

course (because of new hazards, for example), delay the start, or even in exceptional circumstances cancel the event that day (very poor weather being the most common reason for this).

The **Equipment Deliver & Storage** volunteers are responsible for ensuring that all the equipment is stored safely during the week and is delivered on time to the event.

The **Event Day Course Check** involves checking the entire route is safe to use on the day of the event.

The **Pre-event Setup** volunteers help the Run Director prepare for the event. This may include the placement of equipment around the course, setting up the start/finish area including the finish funnel, and placing signs and/or cones to indicate the route.

The **First Timers Briefing** volunteer will speak to new participants and tourists explaining how we operate and welcoming them to the event.

The **Sign**

Language Support

volunteer signs the first timers briefing and the pre-event briefing for our deaf and hard of hearing participants.

Marshals guide and encourage the participants around the course warning them of any obstacles or

hazards, as well as ensuring that other park users are aware of the event. They are also the eyes and ears of the Run Director out on the course.

Marshals perform a crucial function; if there aren't enough marshals then the event can't go ahead. So if you're taking part and see them out on the course, please say thanks (particularly if it's wet, windy or cold) and always follow their advice.

A **VI Guide** accompanies a visually impaired participant around the course and receives both a run credit and a volunteer credit when carrying out this role. This role should also be applied when supporting a volunteer with a visual impairment.

Please note that parkrun do not directly provide trained or checked guides.

The **Parkwalker** is a friendly face or faces who provide support and encouragement to walkers, as part of our commitment to increasing the number of people who walk at our events.

This is a separate role from that of Tail Walker. The parkwalker should be positioned ahead of the Tail Walker but behind those who are running.

A parkwalker is entitled to receive both a volunteer credit and a walk/run credit (providing they brought their barcode along to be scanned) when carrying out this role.

The **Tail Walker** stays right at the back of the field and should be the last person to cross the finish line ensuring that everyone is accounted for. They are encouraged to carry a mobile phone in case of emergencies. They let any marshal out on the course know that they can collect



nearby signs and leave their post.

A Tail Walker is entitled to receive both a volunteer credit and a walk/run credit (providing they brought their barcode along to be scanned) when carrying out this role.

The **Timekeeper** is responsible for recording the finish times of all the participants at the event.

The **Finish Tokens** volunteer is responsible for handing out position tokens to all participants. They may be assisted by Finish Tokens Support.

The **Funnel Manager** is responsible for the smooth operation of the finish funnel.

It's vitally important to our recording system that participants stay in order after they cross the line, so that we keep their time in sequence with their finish token.

Barcode Scanning volunteers scan your personal barcode, followed by the barcode on the finish position token.

The **Number Checker** is responsible for recording (but not correcting) discrepancies that may arise between the timer and the tokens that are given out.

The **Results Processor** is responsible for bringing together the times and positions and uploading them to parkrun HQ for publication.

The **Warm Up Leader** carries out a basic warm up routine to get both minds and bodies ready for our junior parkrun events.

Lead Bike cycles ahead of the front participants to show them the way and to advise other park users that parkrunners are on the way.

We strongly advise all bike riders to wear the appropriate safety gear, especially a properly fitted cycle helmet.

Pacer volunteers (5k only) agree to identify themselves to the other participants (by wearing tabards or carrying pacer flags), and try to complete the course in the agreed

time, as evenly paced as possible.

Please note that not every event has pacers.

The **Post Event Closedown** volunteers help pack away all the equipment.

The **Token Sorter** sorts the finish tokens into the correct order ready for next week.

The **Volunteer Co-ordinator** maintains the volunteer roster ensuring that there are enough people to fill all the roles each week.

The **Run Report Writer** produces a written summary of the event which is uploaded to the news page of the event website.

Photographers capture images of our events in order to help us to inspire other people to engage in physical activity and to redefine what it means to be active. This imagery also provides a means for historical recording of our events over time. All volunteer photographers are required to follow our Photography Policy.

MAWBRAY VILLAGE HALL MONTHLY QUIZ

Quiz

Thursday & 24th November @ 7:30pm, £2 per person

Prize for the winning team

Bring your own drinks, snacks and glasses.

??????????????

Christmas Fayre

At Holme Cultram Abbey, Abbetown

On Saturday 26th November 2022 10.00am - 4.00pm

&

Sunday 27th November 2022 12.00pm - 4.00pm

Admission £2.00 (includes tea/coffee and mince pie/shortbread biscuit)

Various stalls, tombola, raffle and refreshments

Christmas CEILIDH

A night not to be missed with acclaimed Ceilidh Band

Thriced Brewed

Saturday 26 November, 7:30 'til late

Culterham Hall, Mawbray

Christmas buffet, bring your own drinks

Grand raffle on the night

£15 per head booking essential

Holme Cultram Abbey

Christmas Munch Lunch

Our famous Christmas Munch Lunch will be available to eat in or as a takeaway

On Wednesday 30th November 2022

Takeaways: £13.00

please collect between 11am - 11.45am

(Local delivery available please state when ordering)

Eat in: £15.00

One sitting at 12.30pm

£5 deposit required at time of ordering/booking

2 Courses

Main - Roast Turkey with all the trimmings or a Vegetarian option

Padding - Christmas Pudding or Sherry Trifle

To order or for more information please contact:

Brenda - 016973 61224 or Anita - 016973 61113

(Orders to be placed by Monday 28th November for catering purposes)

SILLOTH CHRISTMAS LIGHTS COMMITTEE PRESENTS

CHRISTMAS LIGHTS SWITCH ON

AT CHRIST CHURCH

SUNDAY 27TH NOVEMBER - 3 TILL 6 (SWITCH ON 6PM)

-SANTAS GROTTO - KIDS CRAFTS - STALLS -

-REFRESHMENTS - ENTERTAINMENT-

-REMEMBRANCE TREE -

Rotary Club of Silloth on Solway

RNL I LIT

IN SILLOTH

Come and join in with the HARLEQUIN CHOIR

CHRISTMAS Carols and Songs in Christ Church

Friday 2nd December at 7pm

ENTRY £7 including mulled wine and refreshments, Raffle and a RNLI Stall

MERRY CHRISTMAS AND A HAPPY NEW YEAR TO ALL

FROM MAWBRAY VILLAGE HALL

Support the Monthly Quiz & The Film Club In the New Year

Your Buzzing Letters & Poems

Dear Buzz,

On behalf of my wife Marjorie and myself I would like to thank family and friends for the gifts and cards, etc., received on the occasion of our Golden Wedding. Thanks must be praised on the staff and management of the Golf Hotel for the wonderful buffet they provided and the service given. Finally but not least thanks to Tania Snaith for the wonderful cake which everyone praised. Many Thanks

Marjorie & Graham Wilkinson

Bee Fact #9



The buzzing sound made by bees comes from them flapping their wings up to 11,400 times a minute!

Dear Buzz,

I would like to express my heartfelt thanks to all my family and friends for their love, care and on-going support following the passing of my husband, Donald 'Shotts' Watson, on the 16th May 2022 after a short illness. For all those that have also sent me cards and flowers, thank you so much too. I would further like to thank all those who attended Donald's funeral, as well as Margaret Gate and Silloth-on-Solway Golf Club. For such a sad day, it was a beautiful celebration of Donald's life and achievements. Special thanks further are to my daughters, Janice and Angela, for their love and all that they have and continue to do to support me with. Generous donations amounted to £700 which has now been split between Silloth First Responders and Cancer Research UK. Finally, the friendliness of the whole Silloth Community has been a tremendous support to me, thank you all.

Janet Watson



Meteor
by Sophia Lodhi

Silence screams
Through darkened dreams:
Trapped
And wrapped
In hurtling meteor
Of fear.
Falling fast /
Starry blast...
Blinded and timeless
And mindless
Through blizzards in space:
Living, searing, seeking blaze.



A Leaf in a Storm
by Judy Rochester

Life is a rollercoaster
With its painful highs and lows.
We are carried along like
A leaf in a storm
Unable to stop the flow.

Then, as the storm and wind abates
And a calmness descends on the earth,
We open our eyes and see that joy
Has been there.....
Waiting Hoping Giving birth.

Life goes on, no matter what befalls this
world,
With traumas all the way.
But, somehow, storms and sadness add
A strength to help us face each day.
We learn to hold on steadfastly,
Watch little acorns grow.

So nurture, love and cherish life...
Catch the leaf, Hold on tight, Don't let go.

Midas Touch!
by Sophia Lodhi

Sun-spangled vales;
Hills: glitter-tipped!
Fields: honey-glazed;
Trees: copper-dipped!
...Artistic fingers set to work
'Neath evening's amber gaze...
Paint hearts of towns and villages
In glowing, golden blaze!
...Midas touches city cusps
And paves the streets with gold...
Enriching lives of wealthy; meek...
The young; and very old!
...A windfall of magic;
A scatter of light...
The Midas Touch is shining, now:
Bright starburst in the night!

Liz Truss Demise
by Pauline Buchan

Goodbye, Liz Truss, you did your best,
Not good enough, it left you stressed
Your cohorts wouldn't be impressed.
So unimpressed, you leave your nest
you couldn't even make your mark
on No. 10, no need to park

Here's some advice if you're inclined
Leave politics and fights behind
Go for a break, just you and Hugh,
rest your brain, with nothing to do.
Find peace of mind in Tuvalu



Pumkin Bee
by
Ella Pippet Sheane
from
Silloth Primary School

Party Time

The Techie
by Jennifer Bailey

My husband and I we used to chat
And I was very fond of that.
But then he discovered technology
And that was the end of a chat with me.



Nerdy Bee
by
Annie Baty
from Silloth Primary School



DO YOU HAVE A POEM OR LETTER FOR THE BUZZ?
WE WELCOME ALL SUBMISSIONS, THERE IS NO CHARGE.
PLEASE REMEMBER TO INCLUDE YOUR CONTACT INFORMATION.

Non-Commercial Tourism Websites

solwaybuzz.co.uk
sillothgreen.co.uk
silloth-on-solway.co.uk
sillothgolfclub.co.uk
vintagerally.co.uk
sillothbeerfestival.co.uk
sillothmotorcyclemuseum.co.uk
silloth-on-solway-tc.gov.uk
visitcumbria.com/wc/silloth
soldiersinsilloth.co.uk
solwayplain.co.uk/silloth1.htm
facebook.com/sillothgreen
facebook.com/silloth-carnival
facebook.com/groups/121042258051545 (Silloth Today)

Masthead Bee Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered Kids Rucksack to the winner. This is in addition to the usual Winners Certificate and a £5 Gift Voucher from the Solway Buzz. So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Local children return your drawing to your school or post to the address on page 14 (large stamp) and a quality Solway Buzz embroidered Rucksack from Carlisle Embroidery could be yours. You don't have to be at school here to send a bee to us. If you are here on holiday we would love to have your bee drawing.

This month the winner is **Caleb Hayes** from **Holme St Cuthbert School** with a bee drawing called **"Mr Tommy Bee"**.

Well done!



Tobee
by Bobby Wayne Sharpe
from Silloth Primary School



Bee Bee
by Amy Hale from Silloth Primary School

Very Early Call for Lifeboat



Report by: Julie Emary
Silloth lifeboat press officer

At 4:56am on Sunday 6th November, Silloth RNLi lifeboat was called out to a person threatening to enter the water at Southernness, on the Scottish coast. Low tide was at 4:41, which meant that the lifeboat had to launch from their secondary site at West

Beach.

Also involved in the rescue were Nith Mobile Unit and Portling Coastguard. The early morning weather was dark but clear with a gentle breeze. Portling Coastguard were quickly on scene but unable to locate the casualty. Silloth RNLi lifeboat was

making its way across the Solway, when the crew were informed by the Coastguard that the person had been located safe and well, inland. Consequently the lifeboat was stood down and they returned to the West Beach where they were recovered and brought back to the lifeboat station at 6:02am.

STANWIX PARK

Swim slide

GREAT VALUE DAYS OUT!

SAVER RATE DAY PASSES
£5.00 per adult / £4.00 per child / Under 5's go FREE!
(Available until 10th Feb 2023, excluding New Year Period)

Local Leisure Memberships

Join our leisure centre for unlimited use of our 5 star facilities!
Open 7 days a week.

November, December, January & February rates:

- Adult (16-60yrs) - £30 per month.
- Child (5-15yrs) - £21 per month
- Senior (over 60) - £25 per month.

Membership forms available from Stanwix park reception.
Please bring a passport photo for your very special members card.
Day passes are available to purchase from reception (on the same day - for the same day)

www.stanwix.com
Tel: 01697332666

f i y

SILLOTH MOTORCYCLE MUSEUM

OPENING HOURS
10am - 4pm

Apart from:
Mon: 12pm - 4pm
BHM's: 10am - 4pm
Weds: 10am - 1pm

£85

FREE ADMISSION
SOLWAY STREET, SILLOTH

SOLWAY MOTOR CYCLE RACING CLUB

TEA, COFFEE & SOFT DRINKS AVAILABLE

Copy Date



Copy date for the January issue is:
1st week December
If you have an event to promote or you have something to say, please note the next copy date.

Please let us know of any changes within this section

Coast Bus Timetable

60E Cocker-mouth to Skinburness the current timetable is available from Silloth Tourist Office or Winters Newsagents or www.ellenvalecoaches.co.uk/service-60e.html

Silloth RNLI Shop

Shop Opening Times
Mon - Fri. 1-3pm until 25th November when we will close mid week for the Winter.
Saturday 11-3pm
Sunday 10-3pm
Sat & Sun until 11th December when we will close our shop until Spring.
Our shop is staffed by Volunteers and may not be open at the advertised time. We apologize for any inconvenience.
Thank you for your support during the year, have a lovely Xmas and a Happy New Year.

Christ Church

For baptisms and other church related business please contact: Rev Bryan Rothwell The Vicarage, Wigton Road Tel: 016973 31413

Civic Amenity Sites

Operated by Cumbria County Council. Tel: 01228 606060
Maryport Tip, tel 01900 66922 open daily 8am to 6pm
Wigton Tip, tel 016973 45617 open Tuesday, Thursday, Saturday & Sunday, 8am to 6pm

Silloth Tennis Club

For coaching information call David Wise on 07742 547767

Church Service

St Andrews Church services every third Sunday each month

Production Team

Proprietor:
Peter McRobert
Barn Cottage
Skinburness, CA7 4RA
Tel: 016973 32180
Email:
office@solwaybuzz.co.uk

Editorial Content
This is down to you, we can only publish items if you send them to us.
When sending articles in, please supply a contact name and number in case something requires clarification.
Published by: Peter McRobert with the support of the whole community and an army of volunteers.

Doors Open Lunch

'Our Doors Open' meets in St Andrews Church every Tuesday from noon to 1pm for a light lunch with good fellowship for a donation only.

First Responders

Silloth Community First Responders train on the first and third Tuesday of every month in Silloth Community Centre at 7pm.

Silloth Library

Open Monday, Wednesday & Friday 10am to 4pm
Saturday 10am to 1pm
0303 333 1234
cumbria.gov.uk/libraries

Cash Machines

Are available on Solway Street at both the Spar and CO-OP supermarkets. Cash is also available at Winters Post Office

Crafts Group

Meet in St Andrews Church Hall from 1:30 to 3:30pm every Wednesday
You will be very welcome

Miramar Lodge

Miramar Lodge of Freemasons based in Station Road Silloth meetings every third Thursday of the month. You will be made welcome.

Abbeytown Choir

Meet in the Abbey:
Adult Choir Tuesdays 6-7pm
Children's Choir
Wednesdays 4:30-5:30pm
All welcome!

Please tell us when your group starts up again so we can let everyone know

Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.

Dates for Your Diary

November

19th Model Railway Exhibition at Energus, CA14 4JW, 10am to 4pm, entry £5, see article

19th Silloth Nursing Home fundraiser in Stanwix Park @ 7:30pm, tickets from Stanwix Park, £7.50

20th Model Railway Exhibition at Energus, CA14 4JW, 10am to 4pm, entry £5, see article

24th Mawbray Village Hall Monthly Quiz @ 7.30pm see advert

24th Cumberland Crack at Wigton Theatre, 07977 835094 www.wigtontheatre.org/tickets.php

25th Cumberland Crack at Wigton Theatre, 07977 835094 www.wigtontheatre.org/tickets.php

26th Have Your Say Drop-In at Silloth Community Hall 10:30 to 11:30am

26th Christmas Fayre at Holme Cultram Abbey 10am to 4pm, see advert

26th Mawbray Village Hall @ 7:30pm - Christmas Ceilidh - see advert

26th Cumberland Crack at Wigton Theatre, 07977 835094 www.wigtontheatre.org/tickets.php

27th Christmas Fayre at Holme Cultram Abbey 12am to 4pm, see advert

27th Silloth Christmas Lights Switch-On at Christ Church, 3-6pm, see advert

28th Open Afternoon at Silloth Primary School from 1pm, see advert

30th Christmas Munch Lunch at Holm Cultram Abbey, see advert, must be ordered in advance

December

2nd RNLI Choir evening in Christ Church at 7pm

2nd Wigton Theatre Open Mic Christmas Special @ 7:30pm, 07977 835094, www.wigtontheatre.org/tickets.php

5th Silloth Town Council meeting in Community Hall at 7pm

14th Silloth Nursing Home League of Friends coffee morning in Christ Church Silloth, at 10am

14th Silloth Writing Group meet in the Library from 11am to 12:30pm

14th Causewayhead WI meeting in Christ Church at 2pm: Magic tricks Stuart Bowie

17th Top Gun Maverick at Mawbray Film Club, 7pm, see advert

December cont'd

18th Carol Service in St Andrews Church at 11am followed by a bring & share lunch

18th Santas Sleigh on his travels from 3pm

18th Carols round the Crib at 6pm outside Christ Church

24th Children's Nativity at 6pm in Christ Church

24th Midnight Communion Service at 11:30pm in Christ Church

25th Family Communion Service at 9am in Christ Church



January 2023

10th Holme Low Parish Council meeting in Silloth Community Hall at 7:30pm

January cont'd

11th Causewayhead WI meeting in Christ Church at 2pm: History of Silloth part 2 John Molyneux

14th The Bad Guys at Mawbray Film Club, 7pm, see advert

18th Silloth Nursing Home League of Friends coffee morning in Christ Church Silloth, at 10am

26th Monthly Quiz at Mawbray Village Hall, 7pm, see advert

February

3rd RNLI Quiz Night in Mrs Wilson's, pre book in Mrs Wilson's

4th Coffee Morning with Silloth & District Pensioners in St Andrews Hall at 10am

6th Silloth Town Council meeting in Community Hall at 7pm, entry £7, see advert

8th Causewayhead WI meeting in Christ Church at 2pm: speaker tbc

15th Silloth Nursing Home League of Friends coffee morning in Christ Church Silloth, at 10am

20th Family Panto at Wigton Theatre, 07977 835094 www.wigtontheatre.org/tickets.php

February cont'd

21st Family Panto at Wigton Theatre, 07977 835094 www.wigtontheatre.org/tickets.php

22nd Family Panto at Wigton Theatre, 07977 835094 www.wigtontheatre.org/tickets.php

23rd Family Panto at Wigton Theatre, 07977 835094 www.wigtontheatre.org/tickets.php

24th Family Panto at Wigton Theatre, 07977 835094 www.wigtontheatre.org/tickets.php

25th Family Panto at Wigton Theatre, 07977 835094 www.wigtontheatre.org/tickets.php

26th Family Panto at Wigton Theatre, 07977 835094 www.wigtontheatre.org/tickets.php



Have You Sent in Your Dates yet?

Errors do occur in Dates for the Diary Please check before attending an event

Do you have an event in the area bounded by Abbeytown, Mawbray, Silloth, Skinburness, if so please let us know.

Send Your Bees to the Solway Buzz There is a Bee Shortage, we Need Yours!

12A

The Mawbray Film Club presents

TOP GUN MAVERICK

SATURDAY 17 December

The film starts at 7:00pm

Bring your own cushions, if you wish.

Bring your own refreshments, cups/glasses. All rubbish to be taken with you when you leave at the end of the evening.

Children must be accompanied by an adult.

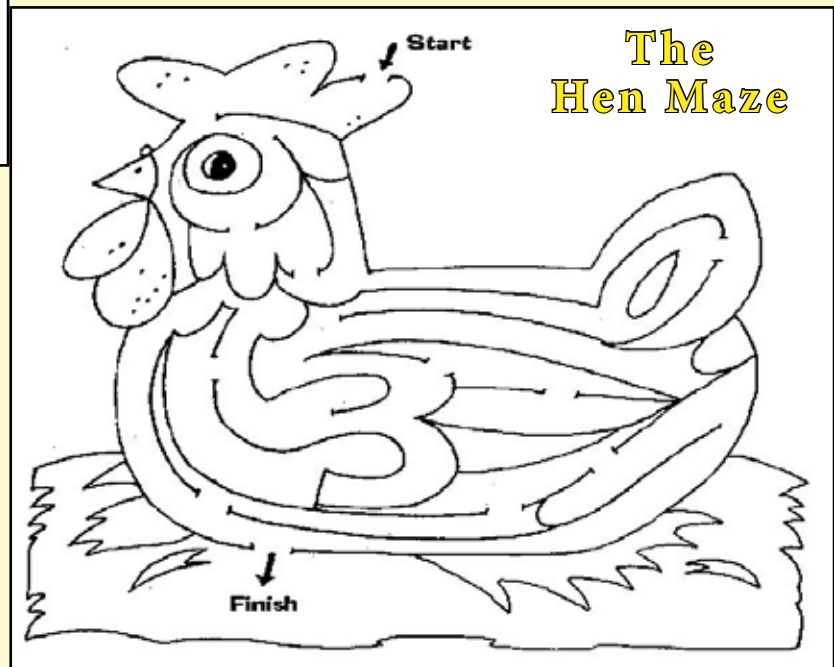
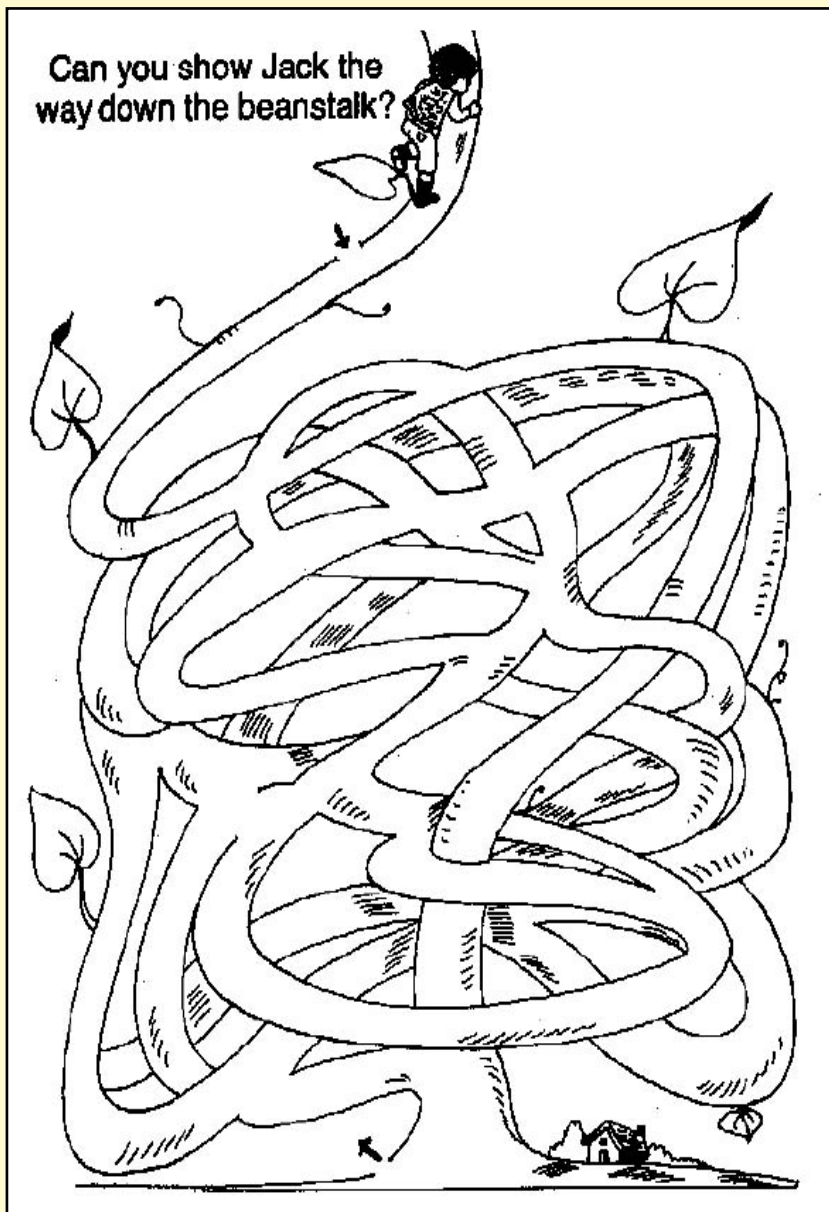
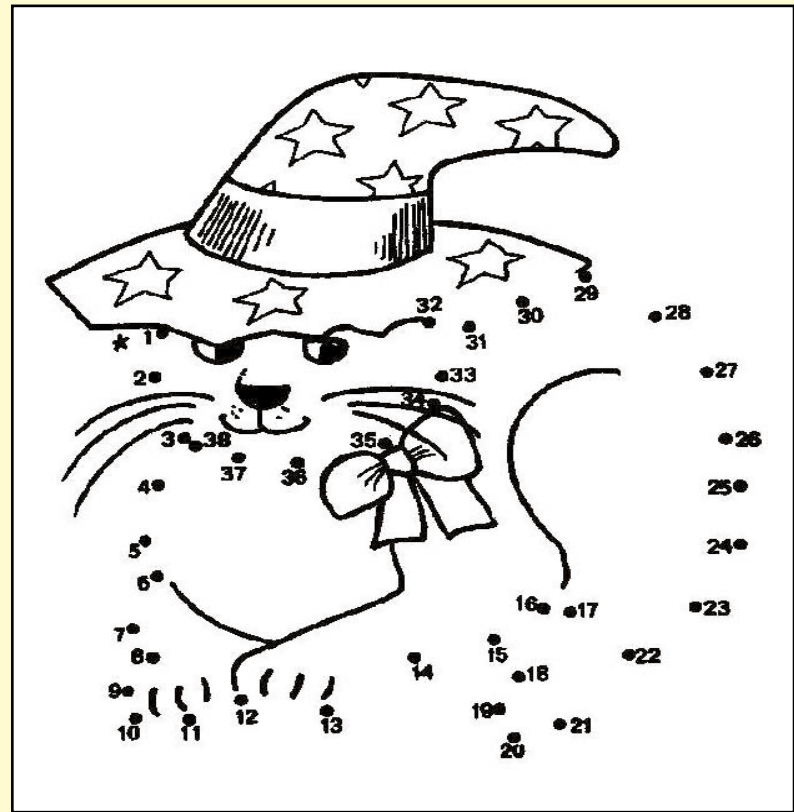
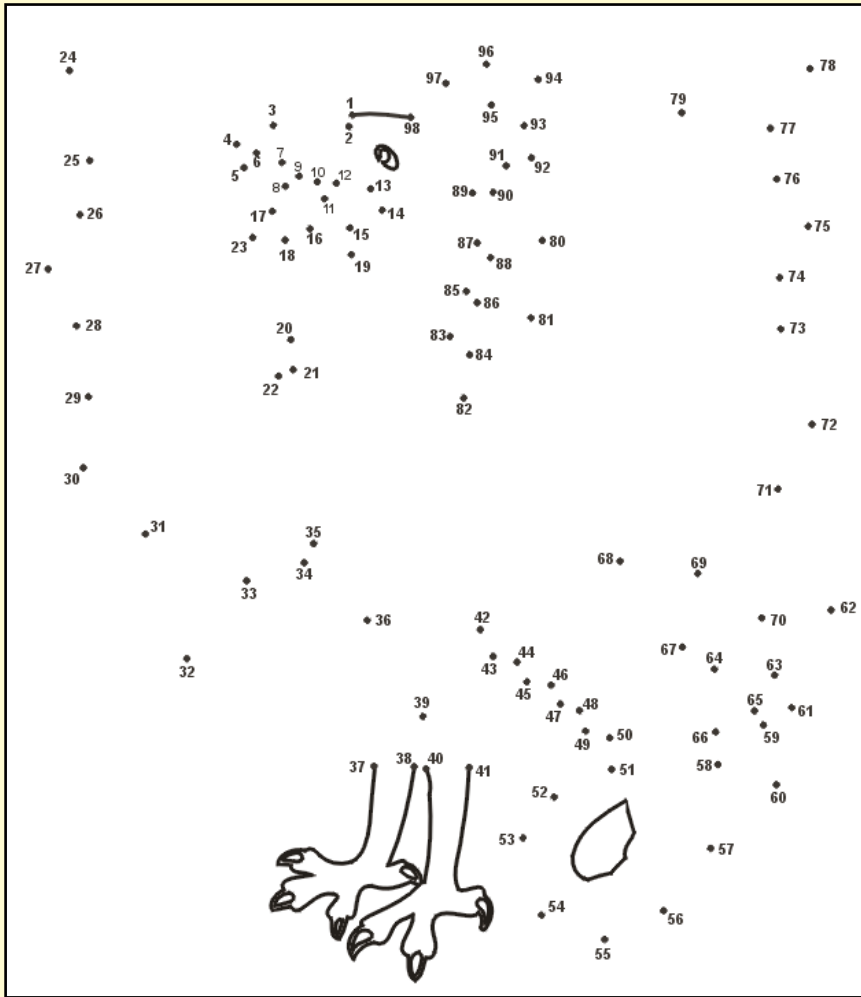
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'Sounds by the Sea' Concert

Report by: Caroline Fyfe

A Silloth church that has recently completed a significant programme of re-ordering was the venue for a concert on Sunday 6th November, with music by the Dalston Male Voice Choir and The Gala Trio.

Christ Church, Silloth, has updated its facilities including installing a new kitchen, and has replaced pews with comfortable seating, which provides an adaptable space suitable for both church worship and community events including concerts. Sunday afternoon's concert was a real treat for the sell-out audience.

Dalston Male Voice Choir, conducted by professional musician Mike Deakin and ably accompanied on the piano by Lorraine Gash, proved their enormous talent and versatility with a programme that included traditional songs, sea shanties, pop rock standards, grand opera, and even songs in other languages.

The choir opened with an arrangement by Mike Deakin of Wild Rover, a traditional song that brought a smile to everyone's faces. They then launched into a programme that embraced a wide variety of musical styles, from the exuberance and energy of Mambo Italiano by Bob Merrill, to the tender lyricism of such numbers as The Rose by Amanda McBroom, Autumn Leaves by Joseph Kosma, and a beautiful setting of Laurence Binyon's words We Will Remember Them by Jonathan Millican that held the audience spellbound.

Old favourites were included such as Bridge Over Troubled Water by Paul Simon and Imagine by John Lennon, and the choir also rose to the challenges of singing first in Ukrainian, in the traditional lullaby Oi Khodyt' Son Kolo Vikon, and then in Welsh in the song Gwahoddiaid by Lewis Hartsough, before rounding off the



Dalston Male Voice Choir, Photo by: Peter Holmes

programme with the ever-popular Chorus of the Hebrew Slaves from Verdi's Nabucco.

Interspersed with the choir numbers were two stunning performances by the hugely talented Gala Trio. Gabrielle Sanders (oboe) AnneLouise Rothwell (clarinet) and Angela Turner (flute) thrilled the audience with their warm and lively rendition of Haydn's London Trio no. 3. They also played Divertimento by Graham Powning, showcasing their vivid, characterful playing in the virtuosic opening movement, through the soulful and meditative middle movement, and ending with the joyous and humorous finale.

The Gala Trio members praised the warm and welcoming venue and its beautiful acoustics, and added, "It's wonderful to be part of such a lovely community event."

Dalston Male Voice Choir also enjoyed singing in the church. Chip Errington-Dodds, their chairman, said, "It's a wonderful venue, and it's been a very appreciative audience." Mike Deakin added, "It's a pleasure to sing here, and we've been warmly received."

Bryan Rothwell, Rector of the Solway Plain Parishes and Rural Dean, said, "It was lovely to hold

this concert in Christ Church, Silloth. The church offers a comfortable and welcoming space for a wide variety of activities and an ideal venue for concerts. Thank you to everyone who took part and to those who provided us with some wonderful refreshments at the end."

A total of £827 was raised in aid of church funds.



The Gala Trio: L-R: Angela Turner, AnneLouise Rothwell, Gabrielle Sanders Photo by: Carolyn Fyfe

Solway Buzz Phone Book

This section recognises those whose financial help keeps the Solway Buzz going. If you wish to contribute in this way without taking an advert, please contact the Buzz, it costs only £52 a year.

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Holm Cultram Abbey CofE School	016973 61261
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Autumn Shipping at Silloth Dock

Report & Photos by:
John Forrester
More coverage of shipping at
Silloth can be found at www.cumbriashipphotos.weebly.com



Recent arrivals at the port saw two ships bringing cargos other than the usual agricultural related ones; firstly, wood pulp for packaging applications followed by clinker ash for the construction industry.

LIVA GRETA, at just 64metre in length, was notable in being the smallest cargo vessel to visit this year. The ship which works regularly in UK waters transporting timber products was making her first call at Silloth. Her size gives her an advantage

of easy access to some of the more isolated loading quays around our coast. However, on this occasion she was bringing wood pulp from the major Belgian port of Vlissingen. This cargo has many applications including manufacture of cellulose films.

LIVA GRETA is a veteran coaster built 38 years ago in a Dutch shipyard. She has led a chequered career with several owners and name changes. She is currently owned by a Greek-UK consortium and sails under the Liberian flag. The ship was in the news earlier this year when she grounded off the West of Scotland requiring assistance from RNLI lifeboats. Luckily, the ship was safely refloated on a rising tide with little damage. The recent arrival at Silloth was less dramatic with the ship being lined up for a direct approach to enter the dock. In calm conditions on the afternoon tide the pilot and crew made it look easy.

Our second ship was the ELISE, a familiar visitor to Silloth. She was making her second call of the year bringing clinker ash from Northern Ireland. The coal-fired power station at Kilroot produces ash as a by-

product which, after processing, finds many uses in the construction industry. Back in August, ELISE suffered the indignity of being beached whilst attempting to enter port. Fortunately, the sand bank did its job of providing a safe haven until she was refloated on the following tide.

The ship appears to be accident

prone. Last year she broke loose from her moorings in Littlehampton harbour coming to rest on mud across the River Arun. Her latest visit to Silloth proceeded without incident when she made a well-controlled entrance. It was a brief visit for ELISE, twenty-four hours later she was unloaded and ready to head north to Lochaline on the Sound of Mull.



Silloth Tide Table

DECEMBER 2022		SILLOTH							
		DEPTHS ON NEW DOCK GAUGE (1.8m ABOVE CD)							
		High Water				Low Water			
Date		Morning		Afternoon		Morning		Afternoon	
		Time	m	Time	m	Time	m	Time	m
1	TH	05 37	5.6	18 04	6.1			12 19	0.4
2	F	06 53	5.6	19 16	6.1	01 04	-0.1	13 30	0.3
3	SA	08 02	5.8	20 18	6.3	02 09	-0.1	14 35	0.2
4	SU	09 00	6.1	21 11	6.5	03 11	-0.3	15 35	-0.0
5	M	09 46	6.4	21 58	6.7	04 07	-0.3	16 28	-0.2
6	TU	10 27	6.6	22 40	6.8	04 53	-0.4	17 15	-0.3
7	W	11 03	6.8	23 18	6.8	05 33	-0.4	17 56	-0.4
8	TH	11 37	6.9	23 54	6.8	06 09	-0.4	18 35	-0.4
9	F			12 10	6.9	06 43	-0.4	19 11	-0.4
10	SA	00 29	6.7	12 43	6.8	07 15	-0.3	19 46	-0.3
11	SU	01 04	6.5	13 17	6.6	07 48	-0.2	20 21	-0.2
12	M	01 40	6.3	13 53	6.4	08 21	-0.0	20 55	-0.0
13	TU	02 18	6.0	14 31	6.2	08 56	0.2	21 32	0.1
14	W	03 00	5.7	15 14	5.9	09 34	0.4	22 15	0.3
15	TH	03 47	5.4	16 04	5.6	10 20	0.6	23 05	0.4
16	F	04 42	5.1	17 05	5.4	11 14	0.7		
17	SA	05 46	5.0	18 13	5.3	00 04	0.5	12 18	0.7
18	SU	06 55	5.2	19 19	5.5	01 09	0.4	13 26	0.6
19	M	07 56	5.5	20 17	5.9	02 15	0.2	14 32	0.4
20	TU	08 52	6.0	21 10	6.3	03 17	-0.0	15 36	0.1
21	W	09 41	6.5	22 01	6.7	04 13	-0.3	16 34	-0.2
22	TH	10 28	6.9	22 50	7.1	05 05	-0.5	17 28	-0.5
23	F	11 14	7.3	23 38	7.3	05 56	-0.7	18 20	-0.8
24	SA			12 00	7.5	06 45	-0.8	19 13	-0.9
25	SU	00 28	7.4	12 49	7.6	07 33	-0.8	20 05	-1.0
26	M	01 20	7.3	13 40	7.6	08 23	-0.8	20 57	-1.0
27	TU	02 12	7.1	14 34	7.4	09 12	-0.6	21 47	-0.9
28	W	03 07	6.7	15 28	7.1	10 00	-0.4	22 37	-0.6
29	TH	04 03	6.3	16 26	6.7	10 51	-0.1	23 31	-0.4
30	F	05 03	5.9	17 26	6.4	11 46	0.1		
31	SA	06 06	5.6	18 32	6.1	00 27	-0.2	12 47	0.3

October Shipping at the Port of Silloth

Report by: Capt Tim Riley,
Harbour Master, Short Sea Pilot

Silloth had a very quiet month once again as fuel prices hit the fertiliser trade severely.

We had our old faithful Zapadnyy visit again with Molasses for our animal feeds via Caltech Crystalyx, our local cattle and sheep must be hungry, more on the way soon.

Wilson Dordrecht brought in some Ammonium Nitrate in bags, ready to distribute as soon as practicable.

But nothing else moved in the port, just a few waves!

We are still working slowly towards a better parking area for beach access and an important government decision on the route

across our land as part of the coastal access program and the Coastal footpath around England.

October

16th Zapadnyy from Amsterdam with a cargo of Molasses then on to Gdansk.

28th Wilson Dordrecht from Rouen with a cargo of Fertiliser then on to Lochaline.

Football & Rugby Results

Silloth Seagulls AFC Results 2022-2023

L 29/10/2022	Silloth Seagulls	0 - 10	Whitehaven Miners
C 22/10/2022	Silloth Seagulls	4 - 6	Whitehaven Miners
L 15/10/2022	Silloth Seagulls	0 - 15	Cleator Moor Celtic
CC 08/10/2022	Maryport Athletic	2 - 0	Silloth Seagulls
L 17/09/2022	Silloth Seagulls	0 - 19	Carlisle City
L 20/08/2022	Bransty Rangers	22 - 0	Silloth Seagulls

L=League, C=Conway Cup, CC=County Senior Cup

The Country & Western Visitors at Stanwix Holiday Park Donate £1,500 to Silloth RNLI



Report by: Julie Emary
Silloth lifeboat press officer

Silloth RNLI lifeboat would like to thank the Country and Western weekend club at Stanwix Holiday Park, for their very generous donation of £1,500, which was presented to the lifeboat crew on Friday 4th November at

the Country and Western Club Festival.

The money had been raised by holding raffles, 'spot the ball' competitions and various other fundraising events, such as auctions. Also recipients of the Country and Western weekend

club generosity, were the Blood Bikes charity.

The festival was well attended and at the presentation on Friday evening they had a few live bands, music and dancing. A very entertaining evening, enjoyed by all those who were able to attend.



Silloth Tigers RUFC Results 2022-2023

29/10/2022	Silloth	3 - 26	Cockermouth
22/10/2022	Workington	10 - 29	Silloth
15/10/2022	Silloth	20 - 27	Wigton
01/10/2022	Whitehaven	24 - 19	Silloth
24/09/2022	Silloth	10 - 34	Upper Eden
17/09/2022	St Benedicts	27 - 0	Silloth
03/09/2022	Silloth	24 - 7	Penrith II

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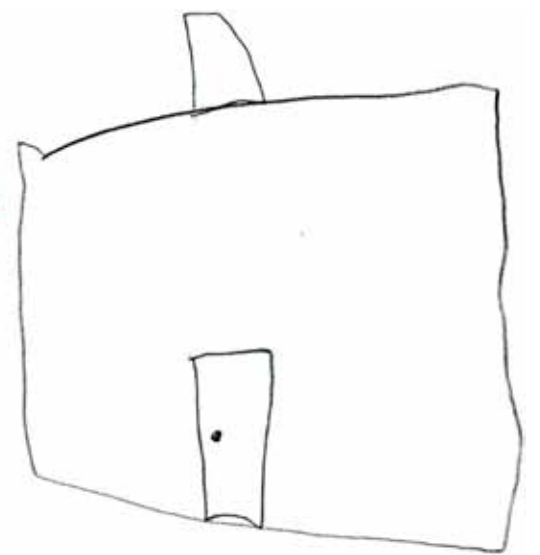
If you would like to join our hive of volunteers we would be pleased to hear from you, call Peter on 016973 32180 for more info.



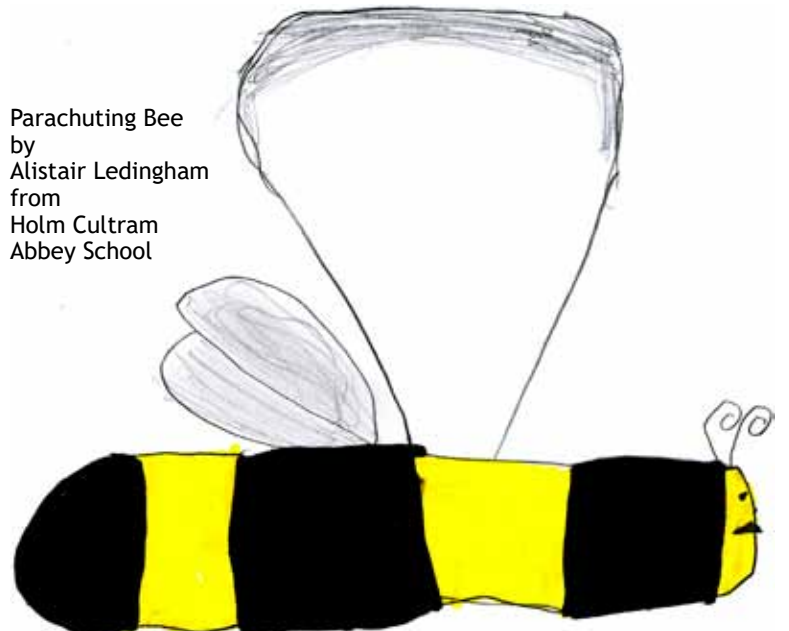
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Silloth Football Club 100th Anniversary

A Look Back to the Happy Wanderers County Cup Treble

Report by LJ Scott & IA Baty
(Friends of Silloth FC)

Formed in 1885 the Cumberland Senior Cup is the county's oldest football competition and has been dominated, especially since the 1950's by the full and part timers from Carlisle United, Workington, Penrith, Annan and Gretna.

Silloth's near neighbours Wigton have entered since its inaugural year and finally won it in 1981, whilst Aspatria have been runners up on four occasions since 1908, the last coming in 2016.

The earliest documented evidence of Silloth FC participation relates to 1919 when a record 64 teams entered after the great war. Silloth made it to the last sixteen before losing 1-3 to West Seaton Rangers, the eventual losing finalists. The club had to wait another twenty years before they finally got their hands on the trophy when an unprecedented influx of RAF personnel on active wartime service boosted their playing ranks.

From 1941-46 Silloth dominated the competition winning three of four finals, regularly fielding numbers of ex-civvy street professionals and even an odd full international. But you won't find Silloths name inscribed on the trophy. Throughout the second world war pseudonyms (such as Exiles or Rascals for instance) were customarily used for security and respectful considerations. So Silloth became 'The Wanderers'

The Carlisle & District League kept going in order to help boost morale and The Wanderers pulled off a clean sweep of the league title plus all ancillary knock-out competitions: League Cup Benevolent Cup and Charity Shield as well as the County Cup.

The cessation of hostilities saw The Wanderers morph into 22MU, who played their home Carlisle League matches on the Bellman

Field (just inside the present Solway Holiday Village main entrance). Their key player proved to be free scoring striker Alan Fyfe who regularly topped the scoring charts. His three sons Alan, Keith and Jim all went on to play for Silloth in the sixties.

Meanwhile Silloth FC, their local players having returned, continued across the town at Bank Ends and ran teams in both the Carlisle and District and North West Cumbrian League Setups.

Acknowledgment: "The Cumberland Senior Cup 1886-2019 by Barry Hoggarth"

County Cup Finals

Wanderers 0 Lowca 0, May 16th 1942 at Kells. Team: Bowker, Eslor, Gray, Bryant, Suart, Schofield, Wilton, Chadwick, Brooks, Ainscough, Middleton. The line up included several football league players notably Suart of Blackpool and Ainscough of Blackburn.

Replay at Carlisle 23rd May 1942 Wanderers 3 Lowca 2 AET scores 2-2 after 90mins. Team: Slain, Elsor, Gray, Bryant, Suart, Schofield, Wilton, Matchet, Brooks, Chadwick, Middleton. Scorers Brooks 2 Matchet.

1st Leg 25th March 1944 Kells 0 Wanderers 3. Team: Batten, Elsor, Gray, Veitch, Suart, Brooks, Edwards, Shaw, McGee, Brown, Steele. Scorers Veitch, McGee, Shaw. Once again a sprinkling of football leg league professionals featured including Veitch (Hibernians), Suart (Blackpool), Elsor (Workington) and Brooks (Manchester City).

The offensive left flank was made up by local players Ernie Brown and Sid Steele. Ernie went on to become Silloth FC Chairman for many years after the war, whilst Sid became one of the clubs finest players.

2nd Leg at Brunton Park 8th April 1944 Silloth Wanderers 3 Kells 1. Scorers Brooks 2 Edwards. Wanderers win 6-1 on aggregate.

7th April 1945 Wanderers 1

First Team to Play at Eden St Playing Fields



Back Row L-R: Ref. S Wiseman, R Baxter, J Baxter, R Pearson, R Wise, W English, J Neale, W Chambers.

Front Row L-R: J Goodfellow, J Gibson, P Bowman, S Steel, J Robinson

Photo taken in September 1953 of Silloth Recreational Football Club team at Bank Ends, West Silloth.

This was the first team to play at Eden Street Playing Fields in 1954.

Did you know that Silloth is one of a handful of Cumbrian towns to have produced double winners of the Football and Rugby Union Senior Cups, Silloth Tigers winning the latter in 1932-3 and 1934-5, as well as the Shield competition six times.

Kells 3 at Brunton Park 1st Leg Scorer Shaw. Team: Elsor, Hewitt, Gray, Veitch, Holden, Yeates, Edwards, Bibby, Charlton, Shaw, Crook.

2nd Leg 21st April 1945 Kells 2 Wanderers 3.

Scorers Charlton, Suart, Brooks.

No complete lineup for the Wanderers exists but they fielded Arsenal, Blackpool, Manchester City, Carlisle United, St. Mirren and Workington professionals. England international Jackie Sewell starred for Kells. Wanderers lost 4-5 on aggregate.

1st leg 1946 at Brunton Park Wanderers 5 Cleator Moor 3 (no further details).

2nd Leg 4th May 1946 at Whitehaven Recreation Ground Cleator Moor Celtic 2 Wanderers 1 Scorer Moffat. Team: Allan, Varley, Cuthbertson, Veitch, Steele, Beasley, Grave, Taylor, Edwards, Massey, Moffat. Wanderers won 6-5 on aggregate.

Silloth Tennis Club



Silloth Tennis Club's annual under 8 championships were held just before the Summer holidays and after a fantastic round robin event Nyla Martin retained the title she won in 2021.

Organiser David Wise was

suitably impressed; Freddie, Nyla, Lola, Kayleigh and Heather put on a great show today and the event really could have gone to any of the players today. We are hoping to get the older age group competitions played just after the Summer.



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