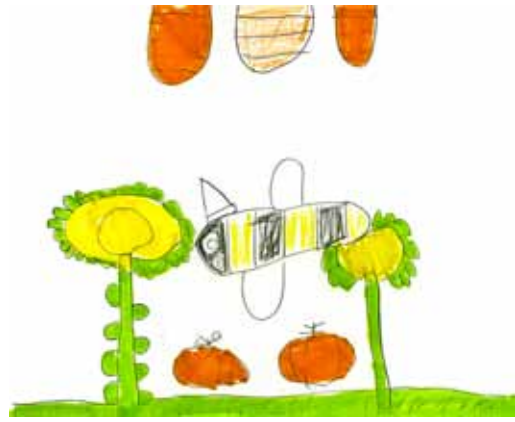




QUEEN
ELIZABETH II
1926 - 2022

The sincere thoughts and condolences of the Solway Buzz and all our readers on the Solway Plain are with the members of the Royal family following the announcement of the death of our late sovereign, Queen Elizabeth II.

God save the King



Pumpkin Bee
by Harry Paisley from Holm Cultram Abbey School

Oct/Nov 2022

local news - for you - by you - about you - free to you

www.solwaybuzz.co.uk

FREE PAPER

Issue 203

Solway Buzz

Silloth Carnival & Beer Festival What a Way to Round Off the Year

At last, with the removal of Covid restrictions Silloth managed to get back to doing what it does best - entertaining the thousands of visitors who love to come and visit us. Not everything was fully up to speed, as you would expect, however, for a fresh start after too long a break it was a fantastic year.

Let's not forget, this is all done by volunteers on minimal budgets and what an amazing job they do. What a fine place to live in.

Just look at what was achieved:

- 2nd May Spring into Silloth
- 2nd to 6th June Queen's Platinum Jubilee Celebrations
- 18th & 19th June Silloth Pride
- 23rd July Silloth Cycling Festival
- 30th July Soul on the Green
- 27th to 29th August Silloth Mega Carnival Weekend
- 8th to 11th September 20th Silloth Music & Beer Festival

Roll-on 2023, if anywhere can do it - Silloth can do it!



The Roy G Hemmings Motown Show at the 20th Silloth Music & Beer Festival

Page 2
Caitlin's hair makes £600!



Page 3
RNLI fundraising doing well



Pages 6
Adams' 54 miles in 24 hours



Page 7
Carole toughed it out



Page 9
Emily Wise at the US Open



Page 10-11
Music & Beer Festival



David Allen

Carlisle | Dalston | Dumfries | Penrith | Workington

- Accountancy
- IT Solutions
- Tax Consultancy
- Debt Recovery
- Financial Services
- Payroll
- Agricultural Services

01228 711888 • www.david-allen.co.uk



The Solway Buzz is a FREE community paper with a circulation of up to 5,500 copies for the area around Abbeytown, Skinburness, Silloth-on-Solway and Mawbray

Caitlin Raises £600!



Report by: Angela Ellwood

Caitlin decided to donate an incredible 35cm of hair to the Little Princess Trust. This charity

makes wigs for children who have lost their hair while undergoing chemotherapy.

She's feeling proud to not only have donated the hair but, with your help, raise £600 to donate to

this worthwhile charity.

Thank you to everyone who supported her on this journey. Anyone who knows Caitlin, knows what a massive step this was for her. Well Done Caitlin

Changes to Your Local Newspaper Deliveries

Further to Winters Newsagents deciding to stop all home deliveries of newspapers and magazines in the Silloth area, this service was passed to an outside company.

This new supplier is continuing to deliver to most of Silloth, however properties from 1 Skinburness Road up to Skinburness are now going to be serviced by Harrison's Store Ltd of Abbeytown.

Harrison's already deliver local and national newspapers and magazines seven days a week to Abbeytown, Blencogo and Newton Arlosh so are very experienced at providing this service. In addition they also deliver fresh Bottled Milk, Double Cream, Orange Juice and local Free Range Eggs on Mondays,

Wednesdays, Fridays and Saturdays.

All goods are booked on one account and a statement will be left at the end of each month with your delivery.

Harrison's add 30p per delivery, regardless of quantity. They aim to have all deliveries done by 8:30am, if they fail to deliver by 9am the delivery charge for that day will be refunded. They also accept publishers vouchers.

To order, or for any further information, please call the shop on 016973 61231 or email: harrisonstore@gmail.com.

Harrison's Store Ltd are a local family business committed to serving and giving value to the local community.

See our advert on this page, Ashley and Jack Harrison.

Waver Wine Circle

Report by: Stuart Jones

We started our September meeting by observing a minutes silence in memory of our Queen Elizabeth. Then glasses were raised to King Charles III wishing him a long and successful reign.

Chairman Bill Henderson then produced his award winning wine, together with others, and members were asked to choose which, in their opinion, of the wines took first place at this year's Cumberland Show. The answer was a White Wine made from pears. Congratulations Bill on again winning the very cup which was gifted to the Show many years ago by our Wine Circle.

Members please note an alteration to next month's meeting - CALL MY BLUFF!

Finally, the draw prize, provided by Judith, was won by Judith! See you all on 12th October.



Register Your Facilities for Disabled Access

Snowball is a new App which will give people with physical disabilities, mental health issues and learning disabilities the ability to go out and socialise with ease but also give people the choice of where to go out, rather than turning up and being turned away.

Snowball users will be able to see what facilities and venues are available in their immediate location, they will also be able to plan exciting days out giving people more freedom to access their communities, explore and travel with confidence.

Silloth Town Council, along with hundreds of councils and businesses including universities, NHS Trusts, premier/ championship football clubs, supermarkets and national care



agencies, cinemas, restaurants, takeaways and charity organisations

to name a few have agreed to sign up to this completely free service.

Using Snowball, residents and visitors are able to add a venue, add pictures, leave a review and say if you would go back. The Town Council is currently working on mapping the town, creating a detailed map of the various shops, businesses and facilities in and around Silloth.

The App can be found under 'Snowball Community' on both Apple and Android devices. We are excited to be involved in this new fast moving disabled community app, that will have an immediate impact on millions of lives around the world.

Harrison's Store Ltd, Abbeytown

Tel: 016973 61231 ~ M: 07972 805074

Premier
Amazing Value Locally

open 7am-8pm Mon-Sat
8am-7pm Sunday

Paypoint, Collect +, Off Licence, Local Products Stocked,
Cash Machine, Lotto, Newspaper & Magazine Deliveries



CALOR GAS AGENTS

local delivery & connection

Stockists of Animal, Poultry & Wild bird foods,
Solid Fuels, Compost, Bedding Plants

Free local delivery

JayBee's

6 Free Range Eggs £1 * Bacon £1 a pack
Pizzas from £1 * 1kg bag Oven Chips £1

Toys • Off-Licence • Hardware • Gifts

Key Cutting • Carpet Cleaner Hire

Watch Batteries & Straps Fitted

Frozen Fishing Bait • Hooks & Weights

open 7 days a week

6 Criffel Street, Silloth, Tel: 016973 31245

Hair She Goes Mobile Hairdresser



Silloth
and
district

Call
Melanie
on:

07857 989358

Report by: Julie Emary
Volunteer
Lifeboat Press Officer

Silloth RNLI Call-Outs & News



Silloth RNLI lifeboat crew were paged on Tuesday 16th August at 10:18am, tasked to attend to two people seen on the sandbanks off Borron Point on the Scottish coast.

The Coastguard were alerted by a member of the public, who feared for the safety of the walkers due to the strong tides that occur in the Solway Firth.

Due to the lack of water outside the lifeboat station, the

crew had to launch the boat from the West Beach, consequently going through the town and Silloth Port.

The RNLI lifeboat launched but not long into the journey towards Scotland, was stood down by the Coastguard, as the two people had successfully made it safely back to shore.

The lifeboat returned to station and was made ready for service again.

Silloth RNLI lifeboat crew pagers went off at 6:38pm on Thursday 25th August, tasked to attend a paddleboarder seen off Silloth Port entrance, who had fallen into the sea and was not seen to come up again.

The RNLI crew assembled and were preparing to launch the boat, when the Coastguard alerted them that the paddleboarder was found and was safe and well. The lifeboat crew were stood down at 6:45pm

Become a Shoreline member

From just £3 a month, a membership for those who want to become part of the RNLI family and join our lifesaving community – we'd be happy to have you onboard!

By becoming a member, you'll enjoy benefits like Lifeboat magazine, plus you'll be doing your bit to help us continue saving lives at sea.

Your support means we can answer the call for help – thank you so much.

You will receive your welcome pack, including a membership card and your copy of Lifeboat magazine, which you'll receive four times a year.



Silloth RNLI lifeboat was called out at 12:16pm on Monday 12th September to two people cut off by an incoming tide at Burgh by Sands. They were approximately one mile off shore near Redkirk Point. The RNLI lifeboat launched at 12:24pm and quickly made their way up the coast.

Annan, Burgh by Sands and Maryport Coastguard were also involved. Nith Rescue were tasked to launch their boat, which is smaller than the Silloth lifeboat and they were able to take the boat round the coast by land, and launch at a spot closer to the

casualties.

Burgh by Sands Coastguard also decided to take their Argocat - an amphibious eight wheeled vehicle. By 12:50pm Silloth lifeboat was struggling to find enough water to carry on, although by this time they had reached Redkirk Point and had spotted the two casualties, although were too far away to speak to them.

The casualties were recovered by the Burgh by Sands Coastguard in the Argocat and Silloth lifeboat was stood down. They returned to station at 2:20pm and made ready again for service.

Beth Raises £1,580 for RNLI



On Bank Holiday Sunday 28th August the Fundraisers and crew members from the RNLI were thrilled to receive a cheque for £1580 from Beth Lockhart and her family. The family all enjoyed a tour of the boat and boathouse on a beautiful sunny day.

Beth lost her father in February 2021 and wanted to raise money in his memory to support a local charity. He lived nearby with her mother and always enjoyed seeing the lifeboat go out and admired the brave volunteers of the RNLI who risk their lives at sea to keep others safe.

Beth took part in her first ultra-marathon, which was an event called "The Lakeland Trails 55K" around the Lake District, which included 2,000M of ascent. The sponsorship has raised this amazing amount and the RNLI at Silloth are thrilled to receive it. Thank you Beth it was a pleasure to meet you all and thank you personally.

Further thanks to Silloth residents and visitors who came to the Green on Bank Holiday Monday and visited our RNLI Marquee. It was a fun day with the shop sales over £80, bucket

donations at £75.21 and the treasure hunt and naming the dog raising £139.60. The winner of the dog was Paul who insisted that the RNLI should keep it and use it for another fund raising event. Thank you Paul for your generosity. Thank you volunteers for manning the stall.

As always I am blown away by the support from everyone and feel very appreciative and humble. My very Special thanks to Beth, I am sure your father would be so proud of your achievement.

Walkers Donate £500



Richard McDowell and Daniel Anderson presenting the cheque to members of Silloth lifeboat crew

Silloth RNLI lifeboat station would like to thank Richard McDowell and Daniel Anderson for their very generous donation of £500 to Silloth RNLI lifeboat, which they raised by walking 100 kms (about 62 miles).

Altogether they raised a total of about £2,500, which was divided between Workington and Silloth RNLI lifeboats and Maryport Rescue.

The pair walked a circular route - starting at Flimby and taking in places such as Allonby, West Newton, Aspatria, and

Workington, eventually returning to Flimby; starting at midnight on Friday 19th August and finishing at 8pm on Saturday 20th August, a total of almost 18.5 hours walking time. The weather started off fine but forty miles from their target, it rained heavily and made the going tough.

Both men came to Silloth lifeboat station on the morning of Sunday 11th September to present the cheque and were given a tour of the lifeboat and the station.

Report by:
Owen Martin

Silloth Carnival Mega



Another amazing weekend for Silloth Carnival Mega Weekend!

Thousands flocked to the town to enjoy two days of fun. Crowds gathered to watch the amazing musical talent that was on offer and the great Cheer dancers. There was lots to see and do over the two days including funfair, animal exhibits, stalls, face painting, a dinosaur and much more.

Over the past couple of years we have been unable to have a parade due to covid, etc. But we are wanting to put a parade back on, but we need YOUR SUPPORT!

We will be having a meeting very soon to try to get volunteers to support us in continuing to provide this great event and get the parade back up and running. Please keep an eye on our Facebook page and the buzz for the date.



Weekend 2022



Devonshire House
Denture Solutions Ltd



*New Dentures Direct | FREE Consultations
Economical to Premium Range Dentures
All work carried out by the Clinical Dental
Technician in the Denture Clinic*

Tel 01228 529128
Devonshire House Denture Solutions, 51 Spencer Street, Carlisle, CA1 1BB
www.devonshirehouselab.co.uk

P. SCOTT
CARPETS
*Caravan
Fitting Service*

FREE Measuring
FREE Quotations

**Carpets & Vinyls
to All Areas**

*Full Range of Beds &
Mattresses in Standard Sizes
or Special Sizes*

*Old Carpets & Mattresses
Disposed Of*

1 Wampool Street, Silloth
Tel: 016973 31224
E: pscottfurnishing@gmail.com



Nearly £900 Raised So Far
Please Donate at:
<https://gofund.me/8e17612b>

Walking 54 Miles for Charity

Hi, my name is Adam Pearson and I've lived in Silloth for 39 years. I've dabbled in a spot of fundraising and awareness challenges over the past four years with the hope of making a difference.

This years challenge is a 24 hour walk along Silloth promenade. The walk started at the Lifeboat Station at 15:30 on Friday 9th September, ending on Saturday 10th September, same time and place. All monies raised will be split between The Lily Foundation and Silloth Youth Club.

The Lily Foundation is a UK charity dedicated to fighting mitochondrial disease. Their



mission is to improve the lives of people affected, provide essential ongoing support to both patients and their families, educate, inform and raise awareness. The charity and services it provides are a lifeline for many and make a huge difference. For more information about the charity please visit thelilyfoundation.org.uk "It's never far from home!"

Silloth Youth Club is a really important place for our Silloth youngsters. It offers a

safe, accessible place for young people which allows them to socialise in an informal setting, keeping them safe and off the streets. The various activities allow the youngsters to develop their skills

and confidence through their participation. Monies raised will allow the dedicated and hard working staff to provide opportunities and experiences which some may never have.

I would like to say a huge thank you to all supporters and those who donated for these amazing causes. I finished the walk in the 24 hours, clocking up over 54 miles. It was a tough challenge but worth every part of it. Thanks once again.

Now Where Will You Eat Today



SILLOTH CAFE

Traditional Fish & Chips to Takeaway

Mon-Sat 12pm to 8pm
Sunday 12pm to 7:30pm

Special Wheat Intolerance
Gluten Free Option

Pensioners Meal Deal:
Monday - Friday

Station Road, Silloth
Tel: 016973 31319

Fairydust
of THE LOWTHER ARMS
01900 881044
Discover more:
Lowther Arms Mawbray

Fairydust Emporium Vintage Tearoom & Shop
Eden St, Silloth
Open 7 Days Tel: 016973 31787 or 07842 062118
Rated Number 1 **tripadvisor**
The home of the **Biggest Hot Chocolate in Cumbria**

Fairydust Cabin Green
A Gnome in One Putting Green
The Silloth Fairy Trail & Wishing Tree

search FairydustHQ

Green View Guest House
Stella's Bistro

Bed & Breakfast
Sea Views
All rooms en-suite
Evening Meals
Bicycle storage
Free parking

Open Wed to Sat 6pm to 9pm
booking advisable

6 Park Terrace, Criffel Street, Silloth, Wigton, CA7 4DQ
Tel: 016973 31743
E-Mail: greenviewsilloth@yahoo.com

KL EXPRESS Chinese Takeaway

Open All Week 4:30pm - 8:30pm

A Wide Variety of Dishes for Every Taste

Telephone Orders
016973 **33033**
43 Eden St, Silloth

Wheyrigg Hall Hotel

Real Food & Good Ale 7 days a week

Friday Night from 6pm Steak Deal from £10.60

Traditional Sunday Lunch

Food served 12-2pm. 5-8:30pm Mon-Thu
Noon-8:30pm Friday-Sunday

Tel: 016973 61242
WHEYRIGG, ABBEYTOWN, WIGTON, CA7 0DH

Mrs Wilson's OF SILLOTH

Coffee House • Eatery • Fully Licensed

Open Daily 10am - 5pm

All Day Breakfasts • Lunch • Light Bites
Coffee • Cakes • Afternoon Tea
Take Away Afternoon Tea & Charcuterie Boxes

016973 31155 Mrs Wilson's of Silloth
Located opposite the Green - Silloth, CA7 4BT

EST **Nº 17** 2015
DELICIOUS

Baguettes Panini's Breakfasts Wraps & Coffees

17 Eden Street
Silloth, CA7 4AD
016973 32458

Where are All Our Bees?



Ever since our first edition over 20 years ago, the Buzz has been blessed by having lots of bees supplied by our local children to make the paper look good and more relevant.

But now - there is a serious bee shortage.

Can you help? Please ask your children on the next boring wet day to sit down and draw a bee for the Buzz, our hive is empty.

Please use plain paper, not lined paper, and try to not fold it as this produces a line across the image when it is scanned to go in the paper.

Then either hand it into Silloth Library or drop it in to Barn Cottage, Skinburness, CA7 4RA. If you want to post it to us please remember if using a larger envelope to put on the correct postage, larger envelopes require a 'Large' postage stamp.

As always, the drawing selected to go on the masthead of the Buzz will receive a prize, so get the kids drawing, their Aunts, Uncles and Grandparents would love to see their drawings featured!

Halloween Bee
by
Eva Herd
from
Stanstead, Essex

Carole Raised £970

On June 19th our wonderful Carole Baker took part in the Lakesman Half Triathlon which comprised of a 1.2 mile swim, 56 mile cycle ride and 13.1 mile run in memory of her late father John Slack who was a resident of Silloth Nursing Home.

Through sponsorship Carole raised the fantastic amount of £970.42 for Silloth Nursing Home.

Carole completed the Half Triathlon despite being taken to hospital after the event as she had swallowed a large amount of lake water which travelled to her lungs, we are so lucky that she is here today and we would like to thank her family and friends for their support and encouragement to her throughout the event and whilst she recovered.

John Slack was an amazing man who brightened up everyone's



day whilst he was a resident and is deeply missed by his family, staff of the Home and the wider community of Silloth.

John had a love of sunflowers and as a tribute to him we planted our own, this will now become an annual event in his memory.

Fundraiser at Stanwix Park for Silloth Nursing Home

As you may be aware Matron Ann Blair and Sister Linda Faulder both retired in April following many years of service to Silloth Nursing Home. They have both decided to hold a fundraiser for the Home which will take place on November 19th at Stanwix Park from 7:30 pm with entertainment from DJ Andy J, Carlos and The Moondogs. Tickets are available from Stanwix Park for £7.50 each.

Naturally, there will be a raffle and to make things easy it will be for 4 or 5 luxury hampers.

The Home is hopeful that local businesses and individuals could contribute to the hampers and

make the event a great success.

Throughout Covid the Home has not been able to raise funds publicly nor were we able to say a fond farewell to two very special people, we'd like to give them both the best retirement party ever!

We'd be grateful for donations of biscuits, wine, spirits, tinned goods, sugar, coffee, jams, sweets, chocolates, vouchers or any items you feel would make our Christmas hampers very special.

All your donations will be gratefully received and can be handed into the Homes office from now until Saturday 5th November.

Pensioners Association

Report by: Jean Day

It was practically a full house for our first coffee morning after the Summer Break.

The cake stall did well, especially with all the lovely fruit kindly donated. Raffle tickets sold well, many many thanks to all the lovely people who continue to bring us fantastic prizes, and many thanks to all our supporters who

buy the tickets.

Raffle winners today were, Susan Kenny, Johnny Graham, Carol Holywell, Marion Graham, Linda Wignall, Janice Fell, Theresa Hutchinson and Steve Turner.

Our next coffee morning will be held in St Andrews Hall on Saturday 1st October when we hope to have finalised details for our Christmas Party.

Energy Rebate Scam

Action Fraud is warning the public about a sharp rise in reports relating to fake emails purporting to be from Ofgem, the independent energy regulator for Great Britain. The emails claim that the recipient is due a rebate payment as part of a government scheme and provides links for the recipient to follow in order to apply for the rebate. The links in the emails lead to malicious websites designed to steal personal and financial information.

Between Monday 22nd August 2022 and Monday 5th September 2022, a total of 1,567 phishing emails related to this scam



using the Ofgem brand logo and colours to make the emails look as authentic as possible. However, the emails ask recipients to "apply for an energy bill rebate before September 2020", which is what prompted many recipients to realise the emails weren't genuine.

You can view examples of the fake emails in our social media posts on Twitter, Facebook and Instagram.

How you can protect yourself and others

If you have any doubts about a message, contact the organisation directly. Don't use the numbers or address in the message - use the details from their official website.

Action Fraud

National Fraud & Cyber Crime Reporting Centre
0300 123 2040

have been reported via the Suspicious Email Reporting Service (SERS).

All the emails display the email subject header "Claim your bill rebate now". Offenders are

Remember, your bank (or any other official source) will never ask you to supply personal information via email.

If you have received an email which you're not quite sure about, forward it to report@phishing.gov.uk. Send us emails that feel suspicious, even if you're not certain they're a scam - we can check.

For advice on how to stay secure online, please visit: www.cyberaware.gov.uk

The Queens Bed & Breakfast
En-suite rooms
Sea Views ~ WiFi
Call: 016973 31373
Mob: 07753 859403
email: moregainus@gmail.com
web: bedandbreakfast-silloth.co.uk
1 Park Terrace
Silloth, CA7 4DQ

Welcome
Silloth Library
Your local library is now open longer!
Opening times
Monday 10.00am - 4.00pm
Tuesday CLOSED
Wednesday 10.00am - 4.00pm
Thursday CLOSED
Friday 10.00am - 4.00pm
Saturday 10.00am - 1.00pm
Sunday CLOSED
Not open? Not a problem!
Check out our online offer on the website or scan this QR code
Renewals and information line 0303 333 1234
Serving the people of Cumbria cumbria.gov.uk/libraries

Friends of Silloth Green Caring for Nature

Report by: Caroline Turner & Tom Brown

Photos by: Judith Scott

As Friends of Silloth Green we are keen to promote biodiversity by providing suitable food and habitats for insects and wildlife. We choose pollinator friendly plants, create bug hotels and do not use pesticides or chemicals. Birds are a particular focus and we have created two feeding stations, including ponds, one in the Community Garden and one by the Edwardian Toilets where there is a bench, a pair of binoculars and a bird guide so you can do a bit of bird watching in comfort!

Autumn is the time to think about feeding birds, as well as food they need, water to bathe and drink. Once you have established a feeding routine keep it up as the birds get used to it and it is also important to keep the feeders clean to prevent the spread of disease. Lots more information can be found on the RSPB website.

We have welcomed some new volunteers in recent weeks and we hope they are enjoying working with us. All the volunteers would like to say a big thank you to all the local food businesses No. 17 (delicious), Kirkups, Berry's, Marios, Silloth Chippy, Scrumptious, Mrs Wilson's, Fairydust Emporium and Paramount Amusements for keeping us well fed. It plays an important role in the social nature of the group.



STANWIX PARK Download the App
 GET IT ON Google Play Download on the App Store

GREAT VALUE DAYS OUT!
 TERM TIME - MONDAY - FRIDAY
 £5.00 per adult / £4.00 per child / Under 5's go FREE!
 TERM TIME - SATURDAY & SUNDAY
 £6.00 per adult / £5.00 per child / Under 5's go FREE!
 SCHOOL HOLIDAYS
 £10.00 per adult / £8.00 per child / Under 5's go FREE!

What's included?

- Unlimited use of the heated indoor swimming pool
- Unlimited use of the gym, Jacuzzi, sauna, steam room, foot spas & heated pool side loungers.
- Entry to JJ's bowl, arcade and foxy's soft play.
- Entry to The Sky Bar, showing live games on Sky & BT Sports.
- Daytime Activities & Entertainment - (until 30th October 2022)

Day passes are available to purchase from reception (on the same day - for the same day)

www.stanwix.com
 Tel: 01697332666

f i y

SILLOTH MOTORCYCLE MUSEUM

OPENING HOURS
 10am - 4pm
 Apart from:
 Mon: 12pm - 4pm
 BHM's: 10am - 4pm
 Weds: 10am - 1pm

£85

FREE ADMISSION
 SOLWAY STREET, SILLOTH

SOLWAY MOTOR CYCLE RACING CLUB

TEA, COFFEE & SOFT DRINKS AVAILABLE

Emily Wise at the US Open, Flushing Meadows



After a summer of working as a Tennis Professional in a country club just outside Portland, Maine long time Silloth Tennis Club member and Cumbria county player Emily Wise rounded things off by working in the Player Operations department at the recent US Open at Flushing Meadows in New York City.

Commuting from Brooklyn, Emily spent 17 days working at the Billie Jean King Tennis centre in the borough of Queens helping to ensure players such as Andy Murray, Serena Williams, Rafael Nadal and Emma Raducanu had everything they needed at they

took to the courts there.

Emily gained a fantastic insight into the everyday workings of such a major event, how the players operate and train and what goes into creating the perfect competition environment for them. As a bonus she also got to watch many of the matches including both singles finals and meet most of the players taking part.

It was a truly amazing experience for Emily, who, after playing college Tennis at Newman University and recently gaining her masters degree at Wichita State University is looking to develop a career in event management.



Emily with some of her university friends meeting up at the US open

Silloth Tennis Club Winter Programme Up And Running

Friday night Tennis sessions have resumed at Silloth Tennis Club on the sea front courts and for the first time since before the pandemic we will be spending the Winter in the School Sports Hall.

The sessions will run from 5pm to 7pm throughout the winter and will be coached by Robert Jefferson.

If your child is interested please contact David Wise on 07742 547767.

We are also on the lookout for any adults wanting to return to the game and any adults who would like to join our committee. Again, please contact David if interested.



What Amazingly Talented Craftspeople in Silloth



Another beautiful crochet design on the pillar box outside Winters Post Office!

Garden Tips from Friends of Silloth Green

Report by: Caroline Turner & Judith Scott, Photos by: Caroline Turner



October/November is a good time to sow sweet peas as you will get larger, more robust and earlier flowering plants next year. Sow in root trainers or small pots and leave in a frost free place over winter. Pinch the tips out when they reach about 10cms tall to encourage bushier plants.



Make up an outdoor pot of winter flowering plants for example, winter heather, hardy cyclamen, Christmas rose, winter pansies, Ajuga, dwarf conifer and Carex grasses. All underplanted with your favourite Spring bulbs. This can be placed near the front door for colour and interest throughout the Winter into Spring.

The Silloth Music & Beer Festival 2022

See hundreds more pictures on the Solway Buzz facebook page

See hundreds more pictures on the Solway Buzz facebook page



SOLWAY COMMUNITY SCHOOL

OPEN EVENING

The Staff and Governors of Solway Community School invite you and your parents/carers to our open evening on Wednesday 28th September, 5pm-7pm

We are very proud of our school and we would like to show you why!

CUMBRIA FUTURES FEDERATION

COME JOIN US FOR A

Christmas CRAFT FAIR

CULTERHAM HALL, MAWBRAY

Sunday 13th November, 10am - 4pm

An assortment of crafts, gifts, jewellery, cards, jams and chutneys.

Tea room with delicious home cooked light lunches, a selection of home-baked cakes, teas & coffees.

Take away available.

MAWBRAY VILLAGE HALL

MONTHLY QUIZ

Quiz

Thursday 27th October & 24th November @ 7:30pm, £2 per person

Prize for the winning team

Bring your own drinks, snacks and glasses.

??????????????

Christmas CEILIDH

A night not to be missed with acclaimed Ceilidh Band

Thriced Brewed

Saturday 26 November, 7:30 'til late Culterham Hall, Mawbray

Christmas buffet, bring your own drinks Grand raffle on the night

£15 per head

To book contact Lynda Bailey on 01900 881737 / 01926 810074

Cum alang!

SILLOTH ROTARY CLUB PRESENT THEIR ANNUAL

Cumbrian Dialect competition

SATURDAY OCTOBER 8TH 2022 at 2pm in Christ Church Silloth

Entry FREE. Tea and coffee provided.

Competitors should speak or recite an original piece of work in Cumbrian dialect between 2 and 4 minutes long.

Awards for Best over-all piece of dialect, Most humorous, Best Newcomer, Best Junior (under 16)

Enter the competition or Bring along a favourite piece of dialect to share or Just sit back and enjoy yourself!

T'll be baaray

For more information contact 016973 31244

SILLOTH JUNIORS

Weekly football training sessions for BOYS and GIRLS of all ages and abilities

FA Trained Coaches, DBS, Safeguarding and fully first aid trained.

Our Training Sessions Include:

- Minis - Thursdays 5-6pm
- U7's - Thursday 5-6pm
- U8's - Thursday 5-6pm
- U8 - Girls Friday 5-6pm
- U10's - Wednesday 6-7pm
- U10 Girls - Friday 6-7pm
- U11 Girls - Tuesday 5:30 - 6:30pm
- U12's - Wednesday 6-7pm
- U12 Girls - Thursday 6-7pm
- U13's - Tuesday 6:30-7:30pm

Contact Peter on 07732690696 for more details

SILLOTH JUNIORS FOOTBALL CLUB

MINI FOOTBALL

Weekly football training sessions for BOYS and GIRLS aged 4 - 6yrs .

Fun sessions for children of all abilities.

Sessions hosted by DJ Football

Every Thursday at Silloth Football Club 5 - 6 pm

Contact 07732690696 for more details

Your Buzzing Letters & Poems

Dear Readers,

Page 14 always says what the next edition is, but this, it seems is hardly ever noticed. Twice a year we have a bi-monthly edition in Spring and Autumn, making ten issues each year. This is your Autumn bi-monthly, you can expect the next edition at the end of November. Please send copy for that edition at the start of November.

The Editor

Dear Buzz,

After the death of my husband Billy on 8th August I would like to say a big thank you to all family, friends and neighbours who sent cards, flowers and donations to Cat Protection and Silloth First Responders. Also to our four grandsons who did an excellent job as bearers, Billy would have been so proud of them.

Thanks to Becky and staff from Hayleys carers who we couldn't have managed without them, Andrew Calloway for his fantastic funeral service, Alison for the lovely buffet and especially to Darran Studholm for his care in looking after Billy and his professional help at this sad time.

Thank you all so much
Moira Fearon & family

Bee Fact #8



The Egyptian Queen Cleopatra used honey in her daily beauty regime because of its ability to retain moisture in the skin

Dear Buzz,

I would like to thank the Friends of the Green for tidying up after the recent Bank Holiday.

Of course, it should not be necessary, but well done. Once again Cumbria Highways have excelled themselves on sending drivers on wild goose chases and detours for one set of traffic lights on Wheyrigg Hall corner.

Have they not noticed the price of petrol and diesel?

All the other diversion signs that have been left out have nothing to do with the repairs at Barracks Bridge? I met one holiday maker who thought it was an exhibition for road signs!

Believe it or not, I am not responsible for the lack of running water at Causewayhead cemetery, any queries should be directed at Holme Low parish council, good luck!

The Whinge

Time To Leave
by Sophia Lodhi

Time to leave.
Wild seeds, like gossip, straying on the breeze.

Time to leave...
Changes wash like watercolours:
Tainting Autumn leaves.

Time to go.
Whispers, hushed: swish of gorse while cool winds blow.

Time to go...
Rumours weave through Nature,
Like restless ghosts who know.

Cornfields: like arcs of rainbow's gold
Will still be here as time grows old.

The beauty of September
In song of thrush: so sweet
Melts toward November -
Chill gusts, our faces meet...
Wrens usher in December....
Time here is complete.

In the Eye of the Storm
by Sophia Lodhi

In the eye of the storm -
Zinc-white froth crests arcing waves...
While lightening sears and screams:
Deep violet skies are torn...

In the eye of the storm.
Through the eye of the storm,
Arctic tern and black-backed gull
Ride and plunge on thermals:
Thrilled to be airborne
Through the eye of the storm.

From the eye of the storm...
Long-eared hare
Darts underground...
Takes comfort,
And keeps warm....
While mouse and vole
Find refuge in
Their woven nests:
Glad to be home...
From the eye of the storm.

In the eye of the storm,
Wild winds roll
Unfettered: swelling seas
And ushering squalls....
Raindrops sear like
Crystal darts:
Immortalised
And ice-adorned
In the eye of the storm...
In the eye of the storm.

Spider
by Sophia Lodhi

I took myself to a dark place:
In this corner, spun a web, made a maze...
Come dawn's light, it dazzled:
Intricate as pearl-stitched lace,
It's beauty a bewitching trap...

Patience, to me, is innate;
Still as silence as I wait
To prey, to sear,
To paralyse:
And wrap you in my silken grasp.

Scuttling; secretive;
Poised; predatory:
Industrious;
Decisive; deadly...
Elusive....
Rapid; reactive; reclusive.

Neighbours by Joan Bennett

Jimmy has a neighbour he didn't like so well.
She moaned about everything, she made his life hell,
She hated his children, she hated his dog,
She didn't like his garden, she called it a bog,

Jimmy tried to please her, he didn't want to fight,
When his cock crows in the morning, she says she's up all night,
He gave her some eggs, just to cool her bad temper,
But the next day she said that they taste like distemper.

He vowed his revenge, he'd teach her to moan,
He'd suggest that she got some chicks of her own,
Next day he called, he knocked on her door,
Let's call a truce he said, let us fight no more.

I'll build you a hen pen, give you two birds that lay,
That way you'll have some fresh eggs every day,
She grudgingly thanked him, and said she'd agree,
Whether she got fresh eggs, well she'd just wait and see.

Next day for the hen pen he made her a nest,
He gave her two birds that were well past their best,
Each day he would watch her, go look for some joy,
Of course there would be none each bird was a boy.

After one whole week, she complained with a frown,
Be patient said Jimmy let them settle down,
Next day when his neighbour went out to the shop,
Under each hen a hard boiled egg he did pop.

Then when she found them, she jumped with glee,
Look what I've found she said, quick come and see,
I'll give them to Mother I know she'll be pleased,
She's just out of hospital, had ops on her knees.

Jimmy at first thought that he should show concern,
Then thought "why should I a lesson she'll learn.
Her mother said thank you and then puzzled looked,
They look very nice dear but the needn't have been cooked.

The neighbour was angry and she shook her fist,
There's no way he'll stay on my Christmas list,
I'll kill that man she said he's made me look daft,
Cheer up my dear Daughter, he's had the last laugh.

DO YOU HAVE A POEM OR LETTER FOR
THE BUZZ?

WE WELCOME ALL SUBMISSIONS,
THERE IS NO CHARGE.

PLEASE REMEMBER TO INCLUDE YOUR
CONTACT INFORMATION.

Non-Commercial Tourism Websites

solwaybuzz.co.uk
sillothgreen.co.uk
silloth-on-solway.co.uk
sillothgolfclub.co.uk
vintagerally.co.uk
sillothbeerfestival.co.uk
sillothmotorcyclemuseum.co.uk
silloth-on-solway-tc.gov.uk
visitcumbria.com/wc/silloth
soldiersinsilloth.co.uk
solwayplain.co.uk/silloth1.htm
facebook.com/sillothgreen
facebook.com/silloth-carnival
facebook.com/groups/121042258051545 (Silloth Today)

Masthead Bee Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered Kids Rucksack to the winner. This is in addition to the usual Winners Certificate and a £5 Gift Voucher from the Solway Buzz.

So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Local children return your drawing to your school or post to the address on page 14 (large stamp) and a quality Solway Buzz embroidered Rucksack from Carlisle Embroidery could be yours. You don't have to be at school here to send a bee to us. If you are here on holiday we would love to have your bee drawing.

This month the winner is Harry Paisley from Holm Cultram Abbey School with a bee drawing called "Pumpkin Bee".

Well done!



West Cumbria Carers is now Carer Support

West Cumbria Carers are turning the "Big 30" this year and decided it was time for a bit of a face-lift! We reached out to the very talented Rebecca Watson Design to get a bit of work done!

The main thing we do here is help unpaid carers of all ages, so to more accurately reflect this we have also updated the organisation name and will now be known as "Carer Support West Cumbria", but don't worry - it's still us!

We are delighted with the result and we hope that you love our new logo and name just as much as we do.



Over the next few months the changes will filter out through all our paperwork etc. with a new look website, leaflets and newsletter. Some of the changes will

include:

- New website address
- New social media page addresses
- New email addresses
- New look newsletter and leaflets
- Same great services!

If you have any questions about our new name, or just need some carer support, drop us a line at general@westcumbriacarers.co.uk or call 01900 821976.

Volunteers Needed in Allerdale to Make a Difference for Children

Cumbria Family Support home support service matches volunteers with families who are experiencing difficulties relating to health, emotional wellbeing or parenting.

Volunteers visit a family, -usually for a couple of hours each week- to give practical and emotional support, and are carefully 'matched' according to their skills and experience.

Training and ongoing individual and group support is provided, and travel expenses paid.

If you are interested in finding



out more, and have a few hours to spare each week, we'd love to hear from you.

We already have many

fantastic volunteers doing a wonderful job, but the demand for our service is great so we're keen for more people to join us.

Whether you are retired and looking for a new interest, young and wanting to gain experience, or 'somewhere in between', supporting families can help to make a real difference in our community.

If you'd like to know more, please contact: Niamh Lightowler, Volunteer and Project Support Officer: 07725 550515 or email: projectsofficer@cumbriafamilysupport.org.uk.

A New Therapy and a New Therapist in Silloth

Lina Mookerjee is a highly qualified and very experienced Counsellor and Psychotherapist who has recently moved to Silloth. She says "After more than 20 years of practising in a Midlands city centre, I have finally seen the light and moved permanently to the county I've loved for 30+ years... ever since I spent an undergrad placement year at Sellafield as a student."

Lina maintained her love affair with Cumbria by taking breaks here as often as possible, and eventually, in 2010, buying a tiny holiday cottage in Allonby; but this simply added to her appetite for more! She and her husband Richard moved into the Grey House, on Silloth's famous Green, at the height of the 2020 pandemic and have been refurbishing the annexe to create a practice suite of consulting room, office and toilet.

Lina's career history is quite something... initially graduating in electrical engineering, she worked for 10 years in the electrical supply industry; and later she trained as a Yoga Teacher, developing the successful Praxis School of Yoga in Nottingham, and subsequently became a national trainer of yoga teachers. There then followed her training in counselling and psychotherapy which over the years has brought her an enviable international reputation as a therapist, writer, trainer and radio/tv broadcaster.

Lina says "I constantly seek to understand people and nurture their potential", and this combined with her insatiable appetite for studying new ideas and ways of working, has led to her acquiring several more professional qualifications plus two accreditations from the British Association for Counselling & Psychotherapy (BACP).

Lina reflected that "Of all



the additional trainings I have undertaken, the three years I spent studying Polarity Therapy from 2016 to 2019 stand out as the most profound for me... and most valuable for my clients. The course reinforced my conviction that a 'talking therapy' alone is insufficient for many clients seeking help to resolve their problems". She explains that "all of us are complex organisms made up of mind, body and spirit... and all of our life experiences, both good and bad, have an effect on these three aspects of ourselves - so therapy needs to take this into account. Polarity Therapy is a specialised bodywork process that focuses on helping clients to feel rested, relaxed and rejuvenated to enable the body's natural vitality to flow again."

We are informed that this hands-on bodywork therapy is based on similar principles to those

that govern how electricity works and Lina plans to explain this more fully in a future article. You can also find out more at: <https://praxis-therapy.com/polarity-therapy-2/>

Lina is now open to welcoming clients to her Praxis Therapy practice where she will be offering face to face sessions as well as online via ZOOM:

- Counselling and psychotherapy for anxiety, depression, health issues, trauma/PTSD, loss, grief & bereavement, relationship difficulties, and stress management.

- Polarity Therapy for insomnia, menopause symptoms, anxiety, stress, chronic fatigue, weight management, self-confidence, ageing challenges and more.

- Meditation and Mindfulness Skills training for health and personal development

- Praxis Creatives Group - which plans to facilitate expression through art and writing for mental wellness, stimulating creativity and connecting with a like-minded community.

Anyone wishing to contact Lina can do so by email (lina@praxis-ppd.com) or phone (07727 483 096) - and we wish her well in her new location.

PRAXIS THERAPY

Lina Mookerjee BSc MA

Sessions online (via Zoom) & face to face

◆ **Counselling** ◆ **Psychotherapy** ◆ **Polarity Therapy** ◆

- Anxiety, depression and stress management
- Insomnia, chronic pain and illness, ageing process
- Trauma (PTSD and complex trauma)
- Mid-life & menopause symptoms
- Grief, loss and bereavement
- Relationship issues



The Grey House Annexe | Silloth on Solway | CA7 4DU
T: 07727 483096 | lina@praxis-ppd.com | www.praxis-therapy.com

West Silloth Motors

Motor Vehicle Body Repairs
Diagnostics, Servicing & Recovery
Aircon Service Now Available

Causewayhead, Silloth, CA7 4JG, Tel: **016973 32833**

Free Vehicle Collection & Delivery Service



MOT TEST CENTRE
Cars, Vans & Motorhomes



D.A. Harrison



Haulage & Storage
Sand, Gravel & Aggregates
Readymixed Concrete
Demolition & Site Clearance



Licensed Waste Disposal Site & Skip Service
Stevedores at Silloth Docks

Admin: 016973 42277 Transport: 016973 44000
Skip Hire: 016973 31000 RMC: 016973 61777
Fax: 016973 42210 E: info@daharrison.co.uk
Silloth, Wigton, CA7 4NS

ATLAS CONCRETE LIMITED

Tel: **016973 32585** or **016973 42277**

Silloth, Wigton, CA7 4NS, www.atlasconcrete.co.uk

Manufacturers of all types of prestressed concrete panels and general purpose instant walling. Farm and industrial use, hollowcore floor units and 't' beams made to measure. Concrete posts & panels for instant security walling

DA Harrison & Company

Petrol, Diesel & Convenience Store

Waverton, Wigton, Tel: 016973 42277

Copy Date



Copy date for the December issue is: **1st week November**
If you have an event to promote or you have something to say, please note the next copy date.

Please let us know of any changes within this section

Coast Bus Timetable

60E Cocker mouth to Skinburness the current timetable is available from Silloth Tourist Office or Winters Newsagents or www.ellenvalecoaches.co.uk/service-60e.html

Silloth RNLI Shop

Shop Opening Times
Sat. 11 - 4pm
Sun. 10 - 4pm
Mon. - Fri. 1 - 4pm
Our shop is staffed by Volunteers and may not be open at the advertised time. We apologize for any inconvenience.

Christ Church

For baptisms and other church related business please contact: Rev Bryan Rothwell The Vicarage, Wigton Road Tel: 016973 31413

Civic Amenity Sites

Operated by Cumbria County Council. Tel: 01228 606060 Maryport Tip, tel 01900 66922 open daily 8am to 6pm Wigton Tip, tel 016973 45617 open Tuesday, Thursday, Saturday & Sunday, 8am to 6pm

Silloth Tennis Club

For coaching information call David Wise on 07742 547767

Church Service

St Andrews Church services every third Sunday each month



Production Team

Proprietor:
Peter McRobert
Barn Cottage
Skinburness, CA7 4RA
Tel: 016973 32180
Email:
office@solwaybuzz.co.uk

Editorial Content
This is down to you, we can only publish items if you send them to us.
When sending articles in, please supply a contact name and number in case something requires clarification.
Published by: Peter McRobert with the support of the whole community and an army of volunteers.

Doors Open Lunch

'Our Doors Open' meets in St Andrews Church every Tuesday from noon to 1pm for a light lunch with good fellowship for a donation only.

First Responders

Silloth Community First Responders train on the first and third Tuesday of every month in Silloth Community Centre at 7pm.

Silloth Library

Open Monday, Wednesday & Friday 10am to 4pm
Saturday 10am to 1pm
0303 333 1234
cumbria.gov.uk/libraries

Cash Machines

Are available on Solway Street at both the Spar and CO-OP supermarkets. Cash is also available at Winters Post Office

Crafts Group

Meet in St Andrews Church Hall from 1:30 to 3:30pm every Wednesday
You will be very welcome

Miramar Lodge

Miramar Lodge of Freemasons based in Station Road Silloth meetings every third Thursday of the month. You will be made welcome.

Abbeytown Choir

Meet in the Abbey:
Adult Choir Tuesdays 6-7pm
Children's Choir
Wednesdays 4:30-5:30pm
All welcome!

Please tell us when your group starts up again so we can let everyone know

Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.

Dates for Your Diary

September

22nd Super Quiz Night in Christ Church at 7pm, see advert

24th Cream Tea 10am-2pm in St Andrews Hall, 016973 32185

24th Mawbray Village Hall Film Club @ 7pm, Grease

28th Solway Community School Open Evening from 5pm to 7pm

October

1st Coffee Morning with Silloth & District Pensioners in St Andrews Hall, 9:30am to 11am

1st St Matthews Church Westnewton, Harvest Coffee Morning and Sale In Westnewton Village Hall 10am - 12, Admission for Tea/Coffee cake and scones £3

3rd Silloth Town Council meeting in Community Hall at 7pm

6th Wigton Theatre Open Mic @ 7:30pm, 07977 835094, www.wigtontheatre.org/tickets.php

8th Cumbrian Dailect Competition at 2pm in Christ Church, Silloth, see advert

11th Holme Low Parish Council meeting in Silloth Community Hall at 7:30pm

12th League of Friends will coffee morning in Christ Church Silloth, from 10am

October cont'd

12th Causewayhead WI meeting in Christ Church at 2pm: Beekeeping and honey Adrian Couzens

15th Mawbray Village Hall Film Club @ 7pm, Elvis see advert

16th A service of Evening Prayer, according to the Book of Common Prayer, at Christchurch, Silloth, 5:30pm

22nd Craft Fair 10am-2pm in St Andrews Hall, Tables available to hire 016973 32185

27th Mawbray Village Hall Monthly Quiz @ 7:30pm see advert

28th Halloween Weekend at Stanwix Park 016973 32666

29th Craft & Gift Fair in Christ Church from 11-3pm, free entry, 016973 33163

29th Wigton Theatre presents While & Matthews at 7pm, 07977 835094 or www.wigtontheatre.org/tickets.php

29th Halloween Weekend at Stanwix Park 016973 32666

30th Craft & Gift Fair in Christ Church from 11-3pm, free entry, 016973 33163

30th Halloween Weekend at Stanwix Park 016973 32666

November

3rd Romeo & Juliet at Wigton Theatre, 07977 835094 www.wigtontheatre.org/tickets.php

4th Country & Western Festival at Stanwix Park 016973 32666

4th Romeo & Juliet at Wigton Theatre, 07977 835094 www.wigtontheatre.org/tickets.php

5th Romeo & Juliet at Wigton Theatre, 07977 835094 www.wigtontheatre.org/tickets.php

5th Coffee Morning with Silloth & District Pensioners in St Andrews Hall, 9:30am to 11am

5th Country & Western Festival at Stanwix Park 016973 32666

6th Country & Western Festival at Stanwix Park 016973 32666

7th Silloth Town Council meeting in Community Hall at 7pm

9th Causewayhead WI meeting in Christ Church at 2pm: Silversmithing with Leslie Connely

11th Retro Music Weekend 14 at Stanwix Park 016973 32666

12th Retro Music Weekend 14 at Stanwix Park 016973 32666

November cont'd

13th Retro Music Weekend 14 at Stanwix Park 016973 32666

13th Mawbray Village Hall Christmas Craft Fair - 10am to 4pm

16th League of Friends will coffee morning in Christ Church Silloth, from 10am

19th Silloth Nursing Home fundraiser in Stanwix Park @ 7:30pm, tickets from Stanwix Park, £7.50

24th Mawbray Village Hall Monthly Quiz @ 7.30pm see advert

24th Cumberland Crack at Wigton Theatre, 07977 835094 www.wigtontheatre.org/tickets.php

25th Cumberland Crack at Wigton Theatre, 07977 835094 www.wigtontheatre.org/tickets.php

26th Mawbray Village Hall @ 7:30pm - Christmas Ceilidh - see advert

26th Cumberland Crack at Wigton Theatre, 07977 835094 www.wigtontheatre.org/tickets.php

December

2nd RNLI Choir evening in Christ Church at 7pm

2nd Wigton Theatre Open Mic Christmas Special @ 7:30pm, 07977 835094, www.wigtontheatre.org/tickets.php

5th Silloth Town Council meeting in Community Hall at 7pm

14th League of Friends will coffee morning in Christ Church Silloth, from 10am

Errors do occur in Dates for the Diary Please check before attending an event

Do you have an event in the area bounded by Abbeytown, Mawbray, Silloth, Skinburness, if so please let us know.

The Mawbray Film Club presents

ELVIS

12A

12A

SAURDAY 15 October

The film starts at 7:00pm

Bring your own cushions, if you wish.

Bring your own refreshments, cups/glasses. All rubbish to be taken with you when you leave at the end of the evening.

Children must be accompanied by an adult.

Please book using the contact numbers below to ensure you get a seat.

You must be a member to participate

ADMIT	Lifetime Membership £5.00 per adult £8.00 per couple £10.00 per family	Film Night Charge £3.00 per adult £1.50 per child (under 16)	AO1203
-------	---	---	--------

To join and/or to book contact Brian or Lynda:
01900 881737
07542 781234
07926 810074

Soldiers in Silloth

Open: Sat & Sun 1pm to 4pm

Midweek Telephone booking only:
016973 31246

Admission: FREE Donations welcome
Criffell St, Silloth, CA7 4BZ
www.soldiersinsilloth.co.uk

Fantastic for Families!

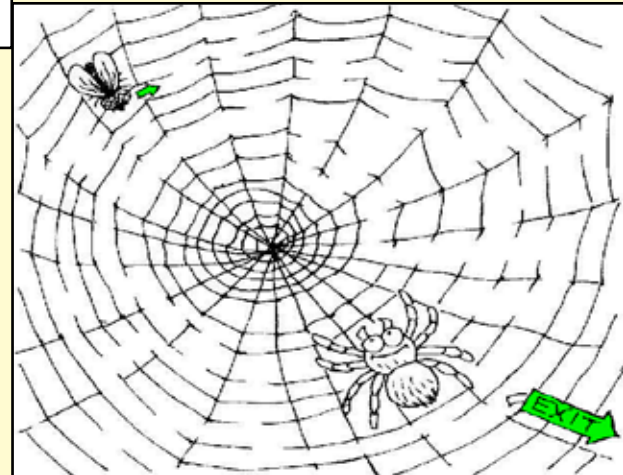
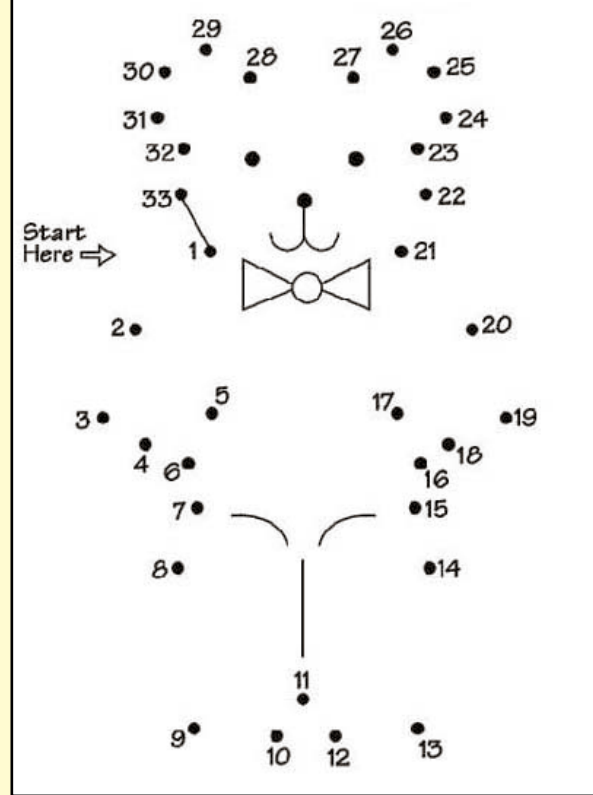
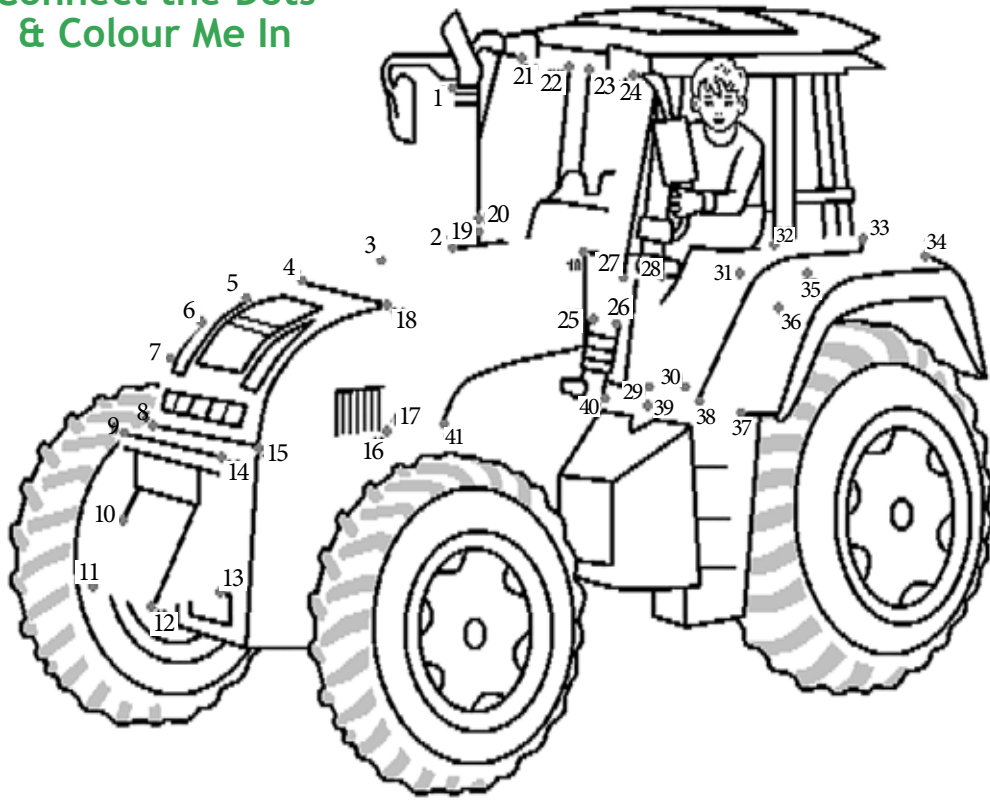
Toy Soldiers



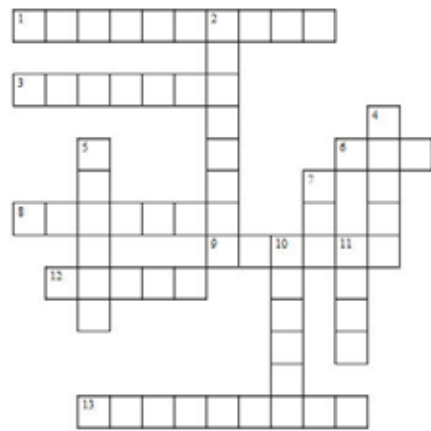
FUN for ALL ~ Join the Dots & Colour In

Something for All Ages to Enjoy Everyone Can Do This

Connect the Dots & Colour Me In



Animals Crossword Puzzle



ACROSS

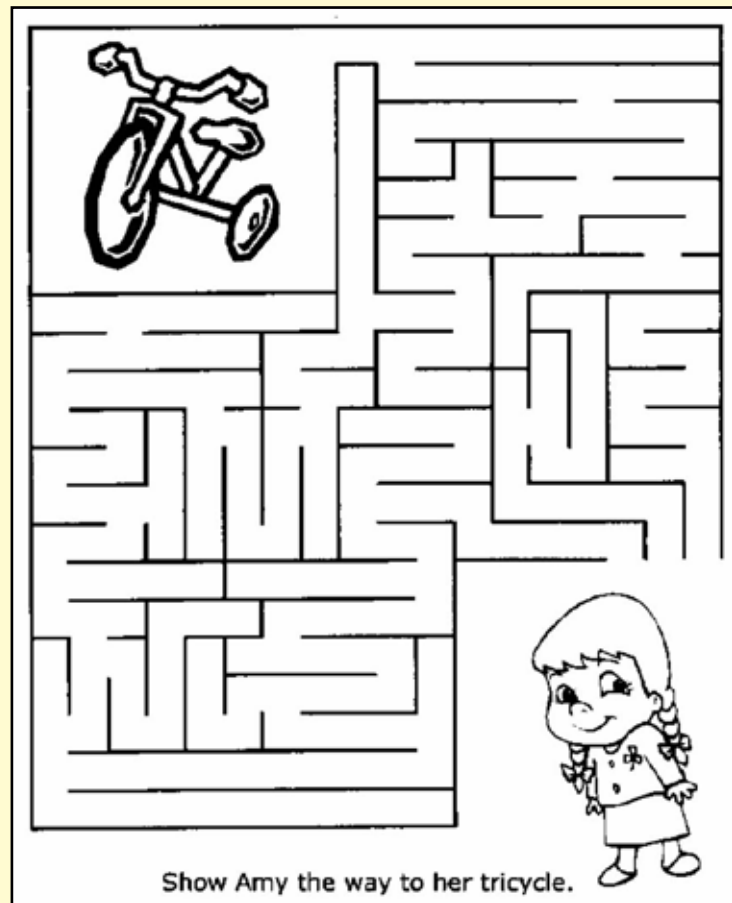
- 1 Big animal that has one horn
- 3 This animal has a very long neck
- 6 Man's best friend
- 8 Lives in the cold and waddles
- 9 Slow moving and has a shell
- 12 Striped animal that looks like a horse
- 13 Can swim under water and walk on land and has a big bite

DOWN

- 2 This animal has a long trunk
- 4 This animal likes to eat carrots and sugar cubes
- 5 This animal loves bananas
- 7 Some say this animal has nine lives
- 10 Has big ears and likes to hop
- 11 King of the jungle



Colour Me In



Show Amy the way to her tricycle.

Not Just for the Kids

Enjoy and Have Some Fun



Local Tradesmen and Services

THESE ADVERTS REALLY DO WORK!

All Trades

TRIPLE TTT



Here are some of the jobs we carry out:

- Grass cutting
- Hedge cutting
- Moss/weed control
- Fence building
- Brick laying
- Paving
- Roofing
- Rubbish/garden waste removal
- Patio/driveways
- Full design & landscaping
- Tree surgery

- Window cleaning
- Pressure washing
- Patio/driveway cleaning
- Guttering cleaning & installation
- Soffit & fascia boards cleaning
- Painting



Tel: **01900 810008**

Web: www.triplettt.co.uk

E: enquiries@triplettt.co.uk

Decorators

MIKE JONES

Painter & Decorator

Call now for a free quote

Facebook:
Mike Jones painter and decorator
mikedecorator53@gmail.com

T: **07842 355486**

Denture Repairs

Addison Orthodontics
Dental Repair Service
54 Esk Street
Silloth, t: 016973 32208

Firewood

Seasoned Firewood Logs

DELIVERY AVAILABLE

Tel: Ashley Sharp
016973 31495
07762 772208



Plumbers

KMG Plumbing & Heating
Gas, LPG, Oil, Solar & Solid Fuel systems
Experienced and Local
Tel: 01900 881462
Mob: 07590 522621

M. TAYLOR

Over thirty years experience in the installation, maintenance and repair of domestic gas and heating systems, all aspects of domestic plumbing undertaken no job too small, local and reliable



Tel: **016973 32672**
Mob: **07773 069856**

Chimney Sweep

McDermott Chimney Sweep

Fire Service & Refurbishment
Fully Insured



REGISTERED MEMBER



The Institute of Chimney Sweeps



Mob: **07878 147444**
Tel: **01228 542420**

Cleaning Services



Professional Carpet & Upholstery Cleaning Service

Residential & Commercial.
Holiday Apartments, Caravans,
Pubs & Hotels

Call Jeff on
07555 217822 for a quote

W: www.carpetshield.co.uk
E: info@carpetshield.co.uk

Electricians

Ian the Electrician

your local connection

Over 30 years experience
Friendly and reliable service



All domestic installations
Inspection and testing
Maintenance & repairs

Mob: **07727 127000**
Tel: **016973 23420**

Roofers

Allerdale & Eden ROOFING SERVICES

Slating & Tiling • Velux Window Installations
Repairs • Lead Work • Flat Roofing Specialist
Fascias & Guttering • Storm Damage
Insurance Work • **Free Estimates and Free Advice**

Maryport: **01900 813517**

Whitehaven: **01946 313103**

Mobile: **07518 454396**

www.allerdaleandedenroofingservices.co.uk



PM Roofing Specialists

Proprietor Peter McKie, Established 1980

No job too big or small • uPVC Guttering, Facias & Soffits
• Re-slating • Tiling • Chimney Stacks

• Flat Roofing Specialists (Firestone rubber cover & GRP Fibreglass with 30 year guarantee)

Insurance Claims * Free Estimates

Tel: **01228 548591** or Mob: **07931 362163**
or **07833 305647** or **07534 050007**

When a job needs doing Get It Done!



Advertise Here!

in the Tradesmens Section

only **£184**

for ten issues

or a 6.5cm box for

only **£322.50**

for ten issues

(Pay over 10 months at £32.25 per month)

Is Your Chimney Fire Safe?

As autumn approaches, Cumbria Fire and Rescue Service is asking householders to ensure their chimney is fire safe. Chimney Fire Safety Week aims to reduce chimney fires by raising awareness of safe chimney use, including the importance of ensuring that chimneys are swept regularly, kept clean and appropriate quality fuel is used. Efficient sweeping prevents chimney damage, and, in worse cases, household fires. Un-swept chimneys can also lead to gases from the fire not being removed properly and can lead to Carbon Monoxide poisoning.

With the number of people using open fires increasing, Cumbria Fire and Rescue Service recommend these top tips to keep you safe from chimney fires:

- Have your chimney swept regularly by a Certified Sweep before the colder months set in and you begin to use your fire again.
- Always keep chimneys, flues and appliances clean and well maintained. Chimneys that have been lined still require regular sweeping.
- Never interrupt the air supply by blocking air vents.
- Should a fire start, a working smoke alarm can give you the early warning. Have at least one smoke alarm on every level of your home and test them weekly.
- As well as a smoke alarm on each level, each room that has a solid fuel burning appliance should have a working carbon monoxide alarm.
- Always use a fire guard to protect

against flying sparks.

- Don't store wood too close to fires, radiated heat can cause a fire.
- Ensure the open fire is fully extinguished before going to bed or leaving the house. Never leave a fire unattended.

Don't keep this advice to yourself - pass it on. Is there anyone you can help to organise a sweep or test their alarms?

Cumbria Fire and Rescue Service's Group Manager for Prevention, Angela Opie explains: "Although we are experiencing warmer weather at the moment, the colder winter months will soon be upon us, and more people will begin using open fires and their chimneys again. To keep you and your family safe from fire and carbon monoxide poisoning you need to take necessary steps to ensure your chimney is safe to use again. So, let's prepare for the winter months and ensure your chimney is clean and safe to use. Sweeping your chimney up to twice a year and using a quality assured fuel is the key to fire prevention."

Sweeping frequency recommendations:

- Smokeless coals - at least once a year
- Wood - up to four times a year
- Bituminous coal - twice a year

- Oil - once a year
- Gas - once a year

Angela added: "The latest statistics show that there are approximately 6,000 chimney fires a year in England, but most chimney fires are preventable. It's also really important that all households have working smoke alarms in their home. Open fires could easily become dangerous if not looked after or attended to properly. All households should have both a smoke alarm and a carbon monoxide alarm in their home."

Cumbria Fire and Rescue Service also offers free Home Safe and Well Visits, where they provide targeted fire safety advice. To assess the risk in your home, you can use Cumbria FRS's Online Home Fire Safety Check: www.cumbria.gov.uk/safetyathome



Solway Buzz Phone Book

This section recognises those whose financial help keeps the Solway Buzz going. If you wish to contribute in this way without taking an advert, please contact the Buzz, it costs only £52 a year.

Addison Orthodontics	016973 32208	The Charity Shop	016973 31696
Allerdale & Eden Roofing	01900 813517	Triple TTT	01900 810008
British Heart Foundation	01900 358783	Upholstery, Irene Armstrong	016973 31836
Carpet Shield	07555 217822	West Silloth Motors	016973 32833
Christine's Taxis	07917 564583	Wheyrigg Hall Hotel	016973 61242
D A Harrison	016973 42277		
David Allen Accountant	01228 711888		
Devonshire House Dentures	01228 529128		
Fairydust Emporium	016973 31787		
Fairydust at the Lowther Arms	01900 881044		
Green View / Stella's	016973 31743		
Hair She Goes	07857 989358		
Harrisons Store Ltd	016973 61231		
Ian the Electrician	07727 127000		
Jaybees	016973 31245		
KL Express	016973 33033		
KMG Plumbing & Heating	07590 522621		
McDermott Chimney Sweep	07878 147444		
Mike Jones Decorator	07842 355486		
Mike Taylor Plumbing	07773 069856		
Mrs Wilson's	016973 31155		
No. 17 Delicious	016973 32458		
P Scott Carpets	016973 31224		
PM Roofing Specialists	07931 362163		
Praxis Therapy	07727 483096		
Queens B & B	016973 31373		
Seasoned Firewood Logs	07762 772208		
Silloth Cafe	016973 31319		
Slimming World Loretta	07766 118556		
S.O.S.C.S.	016973 32452		
Stanwix Park	016973 32666		



Useful Phone Numbers


Age Concern Home Safety Scheme	01946 68986
Allerdale B. Council	03031 231702
Chemist, Silloth:	016973 31394
Church Catholic	01900 814826
Community Grants:	01900 325013
Crime Stoppers:	0800 555111
Dentist, Alma Terrace:	016973 31270
Dentist, Emergency:	01228 603900
Doctor:	016973 31309
Doctor CHOC service	03000 247 247
NHS	111
First Responders can only be called by the Ambulance service, call:	999
Electricity Power Cut	105
Gas:	0800 111 999
Highways Hot Line	0300 303 2992
Hospital:	01228 523444
Holme St. Cuthbert School, Mawbray:	01900 881242
Holm Cultram Abbey CofE School	016973 61261
Abbeystown:	016973 61261
MP, Mark Jenkinson:	01900 876189
Neighbourhood Forum:	01900 325013
Police:	101
Quakers, Wigton:	01228 523174
Register Office, Wigton:	01228 221122
Samaritans:	01228 544444
Silloth Community School:	016973 31234
Silloth Library	016973 31944
Silloth Nursery & Junior School:	016973 31243
Silloth Post Office	016973 31323
Silloth Town Clerk:	016973 31128
Silloth Tourist Information Centre:	016973 31944
Solway Buzz:	016973 32180
Paragon Vet:	01228 710208
Millcroft Vet:	016973 23898
Waste Disposal Dept:	01900 702800
Water LeakLine:	0800 330033
Water & Waste Problems	0345 6723723
West Cumbria Carers	01900 821976

Please, let us know what you want included

Advertisers entries are always Free in the Phone Book

 **FREE & FAST COLLECTION**
of your unwanted furniture and electricals
Call BHF Workington 01900 358 783
Book online: bhf.org.uk/collection
© British Heart Foundation, registered charity in England and Wales (225977) and in Scotland (SC039426).

THE GOOD CAUSES CHARITY SHOP
1 Queen's Court, Criffel Street, Silloth
Contact: Denise Poland on 07999 752713
Closed Mondays Please help us to help them

S.O.S.C.S. Silloth on Solway Community Shop
* Local people working for local causes *
* All proceeds go back into the community *
* Please continue donating *
Open every day 10am to 3:30pm  S.O.S.C.S. 12 Criffel Street Silloth
Tel: 32452

Slimming WORLD
because you're amazing
Meet Loretta on Saturdays in Silloth Rugby Club at 8:30am or 10am everyone welcome
Contact: Loretta on 07766 118556

 **Cushions & Covers**
Upholstery, Blinds, Curtains, etc.
Whatever your furnishing needs, ring Irene on 016973 31836 or 07902 805196, Email: armstrongi@btinternet.com

Record Sailing of 3,800 Miles to Silloth

August saw the arrival of a ship which had travelled the furthest of any this year to reach Silloth - a notable event for local ship enthusiasts. General cargo vessel RHODANUS had spent 18 days at sea sailing from the Romanian port of Constanta in the Black Sea, which is a new source of fertiliser for the port.

At 90 metre in length, RHODANUS is typical of the size of ship calling at Silloth. A little research suggested the unusual name derives from the ancient Greek for the River Rhone. The sailing from Romania took the ship the full length of the Mediterranean with a brief stop at Gibraltar to refuel, a total distance of 3,800 miles.

RHODANUS arrived off Silloth on the early morning tide. The ship made a well-timed approach and entry to the dock at high water. It was 7am, and with low light and cloud cover, photographers struggled to get good quality images. As the ship approached the outer dock, the owner's name 'West-Trade' could be seen across the wheelhouse. The German company operates a fleet of seven similar sized vessels.

Cargo was unloaded the following day and the ship made ready to sail on the evening tide, giving photographers a second chance to record the visit. The ship was observed squeezing through the dock entrance as it made its exit, illuminated by the setting sun. Crew were positioned at their lookout stations as the ship powered away into the Solway, while the master gave a farewell blast on the horn.

Following this first visit to Silloth, the ship's next stop would be Teignmouth to load cargo for Morocco. This unassuming little ship certainly has a busy life sailing a wide variety of routes.

August Shipping at the Port of Silloth

Report by: Capt Tim Riley,
Harbour Master, Short Sea Pilot

August

3rd Furness Abbey from Whitehaven then back to Whitehaven.

7th Rhodanus with a cargo of Fertiliser from Bourgas then on to Teignmouth.

13th Mittelplate with a cargo of Wheat from Rouen then on to Algeciras.

20th Runner with a cargo of Furness Bottom Ash from Kilroot then on to Campbeltown.

24th Zapadnyy with a cargo of Molasses from Avonmouth then on to Gdansk.

27th Elise with a cargo of Furness Bottom Ash from Londonderry then on to Loyaline.

August was a fairly good month for the port of Silloth with five commercial vessels, three fishing boats in for repairs/holidays, the sailing vessel La Malouine en-route to Annan for a courtesy visit and to drop off crew and also the Furness Abbey visiting again to look at Buoy maintenance.

Top of the list for the port this month was two shipments of Clinker Ash for the concrete

block manufacturing process, an unexpected delivery of French wheat for the mill was a nice surprise and has boosted our income a little. Our old favourite Zapadnyy popped in again with some molasses and another parcel of fertiliser was also most welcome.

Other port matters are the ongoing issue of parking on ABP land, this has been tentatively agreed to be moved and made more formal by leasing a piece of land to the local town. This has not yet been confirmed, so we will update when this has happened. In addition, Natural England, in conjunction with Cumbria County Council and the government have provisionally agreed to create a public right of way across the land to the south of the port as part of the Coastal Access project for a footpath around the UK/England coast.

The MV Elise had a bit of a bumpy arrival, stopping to collect shells on the beach for a few hours, however she re-floated without further incident on the following tide and entered the port to discharge her cargo.



Report & Photos by:
John Forrester
More coverage of shipping at
Silloth can be found at www.cumbriashippingsphotos.weebly.com



Photo of Elise by: Ed Deeley



Photo of La Malouine by: Karen Thomson

Silloth Football Club 100th Anniversary

Historic Silloth v Spain at Eden Street Pitch



Crew of the SS Tirian Los Espanoles (The Spaniards), pictured with the squad



Silloth L-R: H Graham, R. Steel, T Lennon, R Blake, R Sutton, J Baxter, G Bland, K Blake - D Strickland, K Johnston, W Little

Report by: by LJ Scott & IA Baty (Friends of Silloth FC)

Silloth FC moved to their present Eden Street headquarters in 1954 away from their old ground at Bank Ends, West Silloth (where Stanwix Park now stands).

The most historic match in the clubs history took place two years later.

In the mid 1950's regular European football was a mere pipe dream.

The first European Cup fixture in England took place at Maine Road Manchester in October 1956 (Manchester United v RSC Anderlecht which Manchester United won 10-0).

Prior to this less than a handful of visionary clubs held one off challenge matches against continental visitors.

They were first division giants Arsenal and Wolverhampton together with Carlisle League Division 2 (West) minnows Silloth Football Club!

In 1953 Wolves had met Racing Club (Argentina) and Budapest Honved a year later.

The Gunners had entertained both Zurich Grasshoppers and Spartak Moscow in 1954.

Silloth's claim to fame arrived in late September 1956 when they staged the first international club match in the county.

Earlier that month the MS 'Tirian' (Registered Vigo, Spain) was held up in the Port of Silloth due to technical problems. The crew took to kicking a football around the Playing Field to help alleviate their boredom. Silloths' committee picked up on this and a friendly was hastily arranged, the seamen being billed as Los Espanoles (The Spaniards).

The local rag at the time 'The Carlisle Journal' whetted appetites with a preview. Interest was further whipped up by the widespread rumour that all the Spaniards would play barefooted (they didn't). And so, on a cool cloudy mid-week autumn evening the 'Tirian XI' ran out before a bumper Eden Street crowd - and straight into the history books, becoming the first Spanish Club side to play on English soil.

The post match celebrations saw the Spanish visitors sample the dubious delights of State Management mild and bitters (they both looked like medicine and tasted much the same if you really want to know).

The Silloth victors wrestled gamely with the intricacy of vino drinking from the



Drinking from a Porrón

Porrón.

Six months later in April 1957 another bunch of Spanish hopefuls rolled up at Old Trafford, Real Madrid becoming only the second Spanish Club side to play on English soil. The 'Tirian' crew had beaten them to the punch!

Detractors may criticise the gap in status and ability of the teams and they may have a point. But this would be unfair to Real Madrid who showed a lot of promise and went on to a bright future.

The 'Tirians' in contrast literally sailed off from local fame to European obscurity. This may all change however as a copy of this article has been sent to the Sports Editor of 'Faro De Vigo', Vigo's local newspaper.

Again some may accuse the club of being too liberal with the stardust sprinkling, but in its own little, localised

way the match was an early step towards the huge, vampire European conglomerate in place today.

Silloths match took place in natural conditions, possibly making it the very first daylight continental club clash in England.

Once again, many may scoff but none could disprove the claim.

Goalkeeper Ken Johnston was Silloth's youngest player. Ken was a sixth former at Wigton Grammar School and also turned out for the town rugby side, and played full back for Cumbria school rugby union team. The son of local Headmaster Bill Johnston, Ken was one of the last school boys to be conscripted. He sat his 'A' Levels prior to two years National Service in the Army, before qualifying as a teacher at Ponteland College over on the North East.

Silloth Tide Tables

OCTOBER 2022								NOVEMBER 2022									
SILLOTH								SILLOTH									
DEPTHS ON NEW DOCK GAUGE (1.8m ABOVE CD)								DEPTHS ON NEW DOCK GAUGE (1.8m ABOVE CD)									
Date	High Water				Low Water				Date	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon			Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m		Time	m	Time	m	Time	m	Time	m
1 SA	02 27	6.8	14 53	6.5	09 30	-0.3	21 49	-0.2	1 TU	04 24	5.6	17 03	5.7	11 10	0.5		
2 SU	03 15	6.3	15 48	6.0	10 12	0.1	22 40	0.2	2 W	05 55	5.3	18 30	5.7	00 02	0.3	12 38	0.6
3 M	04 20	5.6	17 04	5.4	11 10	0.5	23 55	0.4	3 TH	07 24	5.4	19 48	6.0	01 29	0.2	14 02	0.4
4 TU	05 54	5.1	18 41	5.3			12 42	0.7	4 F	08 36	5.9	20 50	6.5	02 43	-0.2	15 10	0.1
5 W	07 36	5.2	20 06	5.8	01 35	0.4	14 18	0.5	5 SA	09 31	6.4	21 40	6.9	03 46	-0.5	16 10	-0.3
6 TH	08 56	5.8	21 12	6.4	03 01	-0.0	15 34	0.1	6 SU	10 14	6.8	22 23	7.2	04 41	-0.7	16 59	-0.5
7 F	09 53	6.5	22 04	7.1	04 11	-0.5	16 35	-0.4	7 M	10 51	7.1	23 01	7.4	05 26	-0.8	17 42	-0.7
8 SA	10 37	7.0	22 47	7.5	05 08	-0.9	17 26	-0.7	8 TU	11 25	7.2	23 37	7.4	06 05	-0.8	18 22	-0.7
9 SU	11 16	7.3	23 25	7.7	05 55	-1.1	18 10	-0.9	9 W	11 59	7.2		06 40	-0.8	18 57	-0.7	
10 M	11 52	7.4			06 36	-1.2	18 49	-1.0	10 TH	00 12	7.2	12 30	7.1	07 12	-0.7	19 32	-0.6
11 TU	00 02	7.8	12 25	7.4	07 13	-1.2	19 26	-1.0	11 F	00 46	7.0	13 01	6.9	07 43	-0.5	20 06	-0.4
12 W	00 37	7.6	12 57	7.2	07 47	-1.0	20 01	-0.8	12 SA	01 21	6.7	13 34	6.6	08 11	-0.2	20 38	-0.1
13 TH	01 12	7.3	13 29	7.0	08 18	-0.7	20 34	-0.6	13 SU	01 58	6.3	14 10	6.3	08 41	-0.0	21 11	0.1
14 F	01 46	6.9	14 02	6.6	08 46	-0.4	21 05	-0.2	14 M	02 37	5.8	14 50	5.8	09 13	0.4	21 48	0.4
15 SA	02 22	6.4	14 37	6.1	09 12	-0.0	21 35	0.2	15 TU	03 22	5.3	15 40	5.4	09 53	0.7	22 37	0.7
16 SU	03 01	5.8	15 18	5.6	09 40	0.4	22 12	0.5	16 W	04 21	4.8	16 48	5.0	10 46	0.9	23 47	0.8
17 M	03 51	5.1	16 13	5.0	10 19	0.8	23 08	0.9	17 TH	05 38	4.6	18 13	4.9			12 00	1.1
18 TU	05 01	4.5	17 41	4.6	11 21	1.1			18 F	07 01	4.7	19 26	5.2	01 08	0.7	13 22	0.9
19 W	06 40	4.3	19 18	4.7	00 41	1.0	13 00	1.2	19 SA	08 05	5.2	20 22	5.7	02 15	0.4	14 29	0.6
20 TH	08 08	4.7	20 28	5.2	02 11	0.8	14 28	0.9	20 SU	08 55	5.8	21 08	6.2	03 12	0.1	15 26	0.3
21 F	09 05	5.3	21 16	5.9	03 13	0.4	15 28	0.5	21 M	09 37	6.3	21 49	6.7	04 03	-0.2	16 17	-0.1
22 SA	09 44	6.0	21 54	6.4	04 04	-0.1	16 15	0.1	22 TU	10 15	6.8	22 28	7.1	04 50	-0.5	17 05	-0.4
23 SU	10 18	6.5	22 28	6.9	04 47	-0.4	16 58	-0.3	23 W	10 52	7.2	23 08	7.3	05 34	-0.7	17 52	-0.6
24 M	10 50	6.9	23 01	7.2	05 28	-0.7	17 38	-0.6	24 TH	11 31	7.4	23 50	7.5	06 18	-0.9	18 37	-0.8
25 TU	11 23	7.3	23 34	7.5	06 07	-0.9	18 18	-0.8	25 F			12 12	7.5	07 01	-0.9	19 22	-0.8
26 W	11 56	7.5			06 46	-1.0	18 59	-0.9	26 SA	00 34	7.4	12 56	7.5	07 44	-0.8	20 07	-0.8
27 TH	00 09	7.6	12 32	7.5	07 24	-1.0	19 38	-0.9	27 SU	01 22	7.2	13 44	7.3	08 28	-0.6	20 56	-0.6
28 F	00 47	7.5	13 10	7.4	08 01	-0.8	20 18	-0.7	28 M	02 15	6.8	14 39	6.9	09 14	-0.3	21 48	-0.4
29 SA	01 29	7.2	13 54	7.1	08 38	-0.6	20 58	-0.5	29 TU	03 15	6.4	15 42	6.5	10 05	-0.0	22 47	-0.2
30 SU	02 16	6.8	14 42	6.6	09 18	-0.2	21 44	-0.2	30 W	04 22	5.9	16 51	6.2	11 08	0.3	23 55	-0.1
31 M	03 12	6.2	15 43	6.1	10 04	0.2	22 42	0.1									

Times shown in UTC. Add 1 hour for British Summer Time.

Golf Raises over £60,000 for British Heart Foundation

The Silloth Branch of the British Heart Foundation first began in the year 2000 when a group of us were approached by the then fundraiser for the Cumbria area Mr Stephen Laydon to see how we could help support such a worthy cause.

Holding more coffee mornings was not the answer, so our local branch ran an annual charity Senior Mixed Golf Competition.

This has been hosted over the years by Silloth and Carlisle Golf Clubs and with the support and generosity of so many has managed to raise over £60,000.

This year the competition was held at Carlisle, the winners were John and Pam Fairclough from Carlisle with 45 points.

This money has provided a number of defibrillators for Silloth Surgery, Silloth Golf Club and 10 defibrillators for our First Responders. In addition we have helped with the purchase of the echocardiogram ultrasound machine for the Cardiology Department at the Cumberland Infirmary in Carlisle and provided additional support for the hospitals in Carlisle, Newcastle and

2022 winners John and Pam Fairclough from Carlisle



Davina Sim with her card congratulating her on raising over £60,000

Middlesbrough where a number of local people have been treated.

Our branch is looking for people to support our fundraising efforts and continuing the support our local community needs.

If anyone is interested in helping in any way please contact Davina Sim, email: davina.sim@hotmail.co.uk



Silloth Rugby Club



Report by: Philip Scott

On Wednesday 17th August Silloth Rugby Club men's team played Whitehaven in the Cumbria Cup. At the start we held a minute silence for former committee member Charlie Harrison who lost his daughter (Wendy Harrison) the week before.

The game was Silloths' first competitive game in over three years and we got going with the help of Gaz Nicholson who has done loads behind the scenes to get us back up and running.

Whitehaven ended up winning 39-26 but all the lads played well and well done to the committee for the running of the bar with refreshments and food.

Also a big thank you to the hundreds that turned up to support us.

The league started on 3rd September at home to Penrith 2nds. Silloth played Penrith at Silloth in their first league game in four years.

Silloth got off to the best possible start when Ellis (the dancer) Nixon cut through the defence after great work off Joel (doesn't stop) Baker and somehow the reliable kicker Luke J missed it.



Ten minutes later Silloth got over the whitewash again when big Ross crashed over and this time Luke never missed. Silloth then finished off the half when Ellis (the dancer) cut through them again and scored for Luke to convert..

Into the 2nd half and Penrith came out the stronger team and played really well and Silloth forwards stood up to the task and defended well. They got their break through after 65 minutes which was converted. They nearly scored again from the restart when

they broke down the blind side but a great ankle tap off Reece (the whippet) Blake stopped them going over.

Silloth got back into the game and at last after 10 years of playing Ben (the dog man) Humm scored with a run in from 30 yards out after great play by Jack (the farmer) Robinson.

Score finished 24-7. If anyone is interested in playing they are more than welcome to come down and meet the lads.

Silloth Juniors Win Award

Report by Cumberland FA

The England football and McDonalds Grassroots Awards celebrate the people who make grassroots football great for everyone. They look to celebrate the diversity of the football communities. They are the FA's way of celebrating the fantastic individuals who put their heart and soul into football across the County. It also allows them a chance to say a huge thank you to the incredible volunteers who inspire us all and who are the beating heart of what makes grassroots football truly great for everyone.

The awards are split into categories, anybody can nominate people into the category through the online nomination portal. This year saw a record number of applications received into the County FA.

The County FAs hosted a judging panel made up of representatives from Cumberland FA and independent members from McDonalds and Active Cumbria. The panel met to review all applications, shortlist and eventually select a County winner for the nine categories available within Cumberland.

The Grassroots Coach of

the Year for Youth football looks at a coach who inspires excellence and inclusivity in younger players, through the creation of a positive learning environment. Pete Wise was recognised by the panel for the fantastic work, time and effort that he had put into resurrecting and reinvigorating Silloth JFC, including the introduction of a girls section at the club.

They recognised his personal qualities and values and the way that these had been integrated within the club and had enriched the local community. Pete was recognised as somebody who embodied all that is good about football.

Addendum by Silloth Juniors Football Club

In addition to Peter's award, Jackson Slack was nominated as a Grassroots Match Official of the Year. This is Jackson's first year as a youth referee and is a huge achievement in its self receiving this nomination. Jackson is an integral part of Silloth Juniors refereeing many of the youth fixtures to a high standard. Congratulations on your nomination.

