



Sun Shine Bee
by Millie Bennett from Silloth Primary School

Solway Buzz

www.solwaybuzz.co.uk

August 2020

local news - for you - by you - about you - free to you

FREE PAPER

Issue 184

Well Done to the Friends of Silloth Green

Report by: Graeme Aiken

Whilst the world has been on "pause", the Friends of Silloth Green has continued to grow!

Thank you so much to all those who have expressed an interest in joining the Wednesday Volunteers whilst we've been away. We are delighted to announce that the Wednesday Volunteer sessions started again on Wednesday 22nd July with a planning session for the new season and a meet and great for

Volunteers old and new. A great chance to see some of our new projects. The sessions will now continue, with suitable precautions in place to keep everyone safe, every Wednesday at 10am at the Community Garden – we'll even provide you with some lunch!

The committee will be meeting again soon so we can continue with our plans for the new Water Fountain, Fairy Trail, Putting Green and The Cabin – and everything

that has been put on hold but not forgotten about – so continue to watch this space. . .

In the meantime, we have been busy, especially with our fantastic new allotment! Huge thanks go to everyone who has donated time and materials to getting this project off the ground. Most especially to Judith and Jim Scott for all their amazing work in planning the space and the building of a pagoda and seating area that we're

sure will become a Silloth Tourist Attraction in its own right – it really is quite amazing what Jim can do with some old pallets and a bag of nails... (only joking Jim!), this really will be a great asset to our group and the town.

The Allotment is just one project that has been going on recently – so a lot of thanks to pass on.

Firstly, thank you to Silloth Town Council for their very generous donation to The Friends,

which will both help the group and support local businesses as life gets back to normal again.

Thank you to Mike Blake for a fantastic donation of bird seed for the new feeders at the Edwardian Toilets and in the Community Garden.

And a massive thank you to the Green's Maintenance Team – Ken and Dave – who have continued to work tirelessly through this whole period to keep the Green looking

as wonderful as ever for us residents to enjoy and now to welcome visitors back to the town. Terrific job as always guys!

New members are always welcome, so please do come along to the Community Garden at 10am every Wednesday so we can continue to keep the Green looking great for everyone to enjoy – safely in the fresh air.

Let's Keep on Growing, (and weeding, and sowing and planting.....)

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He's a new man!



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Arthurs story



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Virtual Event for Pride



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Rotary are there for You



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30 years a veteran



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Slimming World Winner Steven loses 5st 9lbs

A super slimmer, Steven, has been named Silloth's Man of the Year 2020 after losing an incredible 5st 9lbs – in the first ever virtual competition Slimming World has held in its 50-year history.

Since joining his Slimming World group in January, Steven McGregor has gone from just over 24 stone to 18st 5lbs, proving that Slimming World works for men as well as women.

Members would usually vote for their group's winner at their Saturday morning in-person Slimming World group – however this time around celebrations were held online as part of the organisation's new temporary virtual service.

Steven said "I began my journey in January 2020, my wife pointed out that I turned 50 in March, did I really want to be fat and 50. I took her comments on board and acted upon them. I contacted the local GP surgery to see if they could offer any

assistance with losing weight. The GP advised they could offer me a twelve week referral to Slimming World, I accepted

the offer nervously. I had to attend the doctors to be weighed, well that was a wake up call, I was advised I was morbidly obese.

They gave me a phone number to ring Slimming World, I made that phone call, the lady I spoke to made it sound so easy and advised me, if I stuck to plan I would lose weight, she gave me the details for my local group. Again feeling rather nervous I contacted Loretta saying I would be attending on the Saturday morning, she was full of energy and enthusiasm to meet me that weekend.

The Saturday morning came round and I headed for the venue with a few words from my wife including "good luck love", as a new member I didn't know what to expect as I walked in, well what a welcome I received - from grab

a seat and would you like a brew, this totally put me at ease. The new member sign up forms are straight forward and everything is explained to you.

Then came weigh in, I already had a rough idea from the doctor, what weight I was but allowed a little variance between scales, there wasn't a lot of difference, my weight was just over 24 stone, something I am not proud of, however I embraced the Food Optimising plan, our eating habits have changed from frequent takeaways and fast food outlets to eating "Free Food" and knowing exactly what we were putting in our meals rather than the convenience of using processed jars with lots of hidden sugars and oils. I'm never hungry as there's always something free you can snack on from crab sticks to pickles and fruit (I'm now a fruit bat). I'm now six months into my journey and I'm now the lightest weight I've been for years, I have so much

more energy and look forward to my daily walks, these have increased from 1.5 miles at the start to up to a good ten

miles some days now the weight is coming off. I still have a way to go but every couple of pounds is another step towards the next stone.

Had I not taken the steps to lose weight the way I was going I was heading for the cemetery and an early grave!"

Loretta says "Steven was pleasantly surprised to find that the support provided by the group was practical and encouraging. He also enjoyed following Slimming World's Food Optimising eating plan, which is based on the science of satiety and energy density, enabling him to enjoy generous portions of healthy food like lean meat, pasta, rice, eggs, potatoes, fruit and veg, to satisfy his appetite, so he didn't have to go hungry.



Steven loses 5st 9lbs to win Silloth's first Slimming World virtual competition

Slimming World introduced its new temporary virtual service in March, after announcing it was temporarily suspending its local groups in response to the coronavirus outbreak. Steven says the support and encouragement he's continued to receive in his Slimming World virtual group has helped him stay on track with his weight loss."

Steven said "I was sad to hear that my group had been suspended as I was worried about missing my routine of attending my weekly Slimming World group and nervous about holding on to the changes I'd made without it. So I was delighted when I found out Slimming World was going virtual – now I really enjoy attending my virtual group, it's full of that same group spirit and laughter, and all the usual advice, like new recipe suggestions and ideas to boost our activity levels, that we've always received – only now from the

comfort of my sofa. It's been a real lifeline in helping me to hang on to those healthy habits I've built over the last six months and now I feel certain that – with the support of my group – I can manage my weight whatever life throws at me. I always come away feeling just as inspired and motivated to keep going each week, and love sharing new recipes and ideas with my friends in the group."

Loretta Thompson, who runs the Silloth Slimming World group says she's incredibly proud of Steven: "He has done brilliantly and we're all in awe of his transformation. And while so much has changed in the last few months his determination and motivation has remained the same – he's a real inspiration to the group. Steven has become a whizz in the kitchen and every week the group loves to hear about what he's cooking up. I couldn't be prouder of everything Steven's achieved!"

The Silloth Slimming World group is held every Saturday at 9:30am for our Virtual sessions, however we are aiming to be in real life group again by the middle of August. Anyone interested in joining the group can call Loretta on 07766 118556.

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Christ Church A Year⁺ of Celebration



Report by: Margaret Pickering

150 years ago, on 8th September 1869, the foundation stone for Christ Church was laid by Bishop Anderson (not the Bishop of Carlisle). There followed a year of building works to produce most of the building we see today (the spire was added in 1878) and the church opened on 8th September 1870 followed by its consecration in November 1871.

Our striking building takes pride of place opposite the green on Criffel Street and is much loved and admired by residents and visitors alike.

To commemorate this wonderful milestone, we are planning a year of celebrations. These will begin with a service led by the Bishop of Carlisle, the Right

Reverend James Newcombe on 6th September 2020. Further details will be published later but please mark this date in your diary now and join us for the start of another 150 years of Christ Church.

A small group are meeting to take forward celebratory ideas to fill the following fourteen months until we complete our celebrations in November 2021. Ideas so far include holding a 'Renewal of Wedding Vows' service for anyone who was married in Christ Church, a Christmas Tree Festival, planting 150 trees, and producing a time line of important dates and events within the church and within Silloth. As these, and many other ideas take substance they will be advertised and everyone is invited to join us for any or all of our celebrations.

This is not just a celebration for those who worship or are involved in Christ Church but for the community of Silloth, the surrounding area and further afield; for the people who bring their children for baptism; for those who marry in this special place; for those who have said goodbye to loved ones; for the hundreds of visitors who spend time in its silence.

Christ Church is visible for miles across the Solway Plain, indeed it was used as a beacon for aircrew training at Silloth airfield (the spire had a red light on top to aid pilots and navigators). So please come and join us, not just for our celebrations but any time.

Our doors are always open during daylight hours and at other times for services and events.

Causewayhead WI

Report by: Jenny Stride

At our March meeting Ken Graham came to give us a flavour of his trip to Japan last year.

The trip was to celebrate his birthday and to see a couple of games at the Rugby World Cup.

He was surprised at how clean everywhere was, there was no litter anywhere or litter bins, the Japanese take their litter home. At the end of the rugby games the Japanese spectators collected all the rubbish and took it home with them. In schools there are no cleaners or janitors the pupils clean everything- the floors, toilets etc.

It is considered bad form to eat in the street. Restaurants tend to close quite early but bars stay open late. The Japanese never jaywalk even at 3am and no traffic in sight they wait for the green man.

In restaurants the food was marvellous and the staff really helpful, in one on their second visit the waitress had tried to translate the menu and where she wasn't sure had drawn pictures. In Japan it is considered an insult to tip. The costs of eating out were similar to eating out in Carlisle, Glasgow or Edinburgh.

All travel they did was via the bullet trains which were also spotless and always spot on time.

As Japan is noted for earthquakes and volcanic activity they had hoped to visit a volcano at Kumanoto but it was too hot on the day they were there. They did witness a small eruption at Kagoshima.

They found the castles fascinating as many had stone bottoms and the upper parts made of wood.

Ken would recommend the country as an ideal and interesting holiday destination.

Raffle winners:
Theresa Hutchinson and Marjorie Dockeray

Competition:
1st and 2nd Pat Froggatt
Flower Competition:
Frances Jackson & Pat Bell
Wild flower: Christine Worrall.

Unfortunately, due to the current pandemic all meetings have now been suspended until further notice.

Exotic Animal Rescue



Niffler the Skunk

"Our Cozy Creatures is an Exotic Animal Rescue that has been recently launched in Silloth.

Founded by Liam Tanner, 23 and Sophie Hillary, 24, the rescue service was set up to help provide a sanctuary to all kinds of exotic animals in their time of need.

The pair started taking in animals with help and advice from Boos Mobile Zoo in 2018 and have recently decided to launch to the public as a rescue and adoption service. Liam said: "Caring for these animals is a huge part of our lives and we absolutely love it. We really felt like now was the right time to launch a public service and do our absolute best to help creatures all across Cumbria."

They have already managed to rescue a number of creatures and most recently, they've had two Yellow-Bellied Sliders handed over to them. "When they arrived, they were in a tank far too small without any of the specialist lighting or heating they required.

Since then, we've upgraded their tank, their filter, given them specialist lighting and heating and we've even changed their diet from dried food to fresh. This is all thanks to the generous donations from the public. They've really come out of their shell! Pardon the pun!"

They also have a resident rescue Skunk, Niffler, who you can see when out for walkies on the Green every few days, weather dependent of course! If you see Niffler on his walks, the pair are always happy to stop and have a chat or even let you grab a quick snap of the happy Skunk.

Our Cozy Creatures relies a lot on the kindness of the public donating to their cause. If you would like to help Liam and Sophie continue saving the lives of the animals that need their help, then donate today via www.ourcozycreatures.co.uk or contact Liam and Sophie for more information on 07932 976572.



Jasmine Bee
by

Portia Ramsey from Holm Cultram Abbey School

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In Memory of Arthur

Arthur's story...

On the 25th June 2019, Arthur was five weeks old. We were bathing him and found a lump in his leg. We went to A&E at Carlisle and got quickly transferred to the RVI, where I handed my baby over, leaving him for the first time, with an anaesthetist for a biopsy. We then had to wait a week for results and our worst fears came true.

Arthur was diagnosed with Ewing's Sarcoma of the soft tissue, he's the youngest they'd ever seen with this. We had to pack up our little lives and move into the RVI.

Throughout this time he's caught numerous infection, had an unimaginable amount of scans/test, he was oxygen dependent for six weeks, had life changing surgery and he's had an unbelievable 91 doses of chemotherapy. However, he's handled it all incredibly well, amazing doctors and consultant with how well he's recovered between rounds. The lump was 100% dead when removed and he only lost part of his quadricep in the process, when they thought it could have been it all.

Arthur was the smallest patient the surgeon had ever operated on, it went textbook and he avoided intensive care. He's been extremely poorly at times, but he's absolutely smashed it.

Update...

To write this breaks my heart, where is the justice? On Wednesday we got the news that Arthur's scans were clear! Amazing! However he really wasn't feeling great, so we went to hospital on Thursday night and had a CT on his head. Only to find out he had a huge mass in his brain. Something that no one seen coming and it was unexplainable.

A lot went on in a short space of time and reality still hasn't hit but unfortunately, yesterday, he fell asleep forever lying with, and holding his mammy and his daddy's hands and with family around us.

At 10 months and 1 day old this is beyond heart breaking, words can't say how I feel, my heart isn't whole and my head and body ache. He fought one of the hardest battles known to man and came out fighting, but sadly his tiny, perfect body couldn't take anymore.

He was amazing, incredible, unbelievable! His smile was infectious and he was the cutest, loveliest, most beautiful, best



behaved baby ever.

He was perfect, clearly far to perfect for this bitterly, cruel world.

How You Can Help...

Originally sixteen were going to do the Great North Run to raise money for the four charities that helped support Arthur's family and Arthur (Zoe Bewley, Tom Bewley, Adam Bewley, Emily Bewley, Zoe Tinkler, Amanda Carruthers, Alex Jefferson, Luke Taylor, Toni McCormick, Jamie Harrison, Chloe Davison, Louisa Harrison, Kelly Conway, Claire Beaty, Adele Benson and Jason Vance).

Without their help and support it would have been a very difficult journey. We want to help as many other families as possible to ensure their journey is as positive as it can be. As well as these charities we will be donating money to the special care baby unit (SCBU) where Arthur started his life.

On 25th May Adam Pearson completed a 26 mile walk (around the Marsh four times) to help raise funds for these charities.



He completed the walk wearing a mask respirator (I use for building work etc,) and also carrying his supplies in a rucksack as well as a football to raffle off to raise that little bit extra.

Zoe Bewley, Arthurs mummy, has set up four Just Giving pages (one for each charity). To donate just go to the Just Giving web site at: www.justgiving.com and search

using ZOE BEWLEY. It will show all four charities and then you can make a donation to one or more of them.



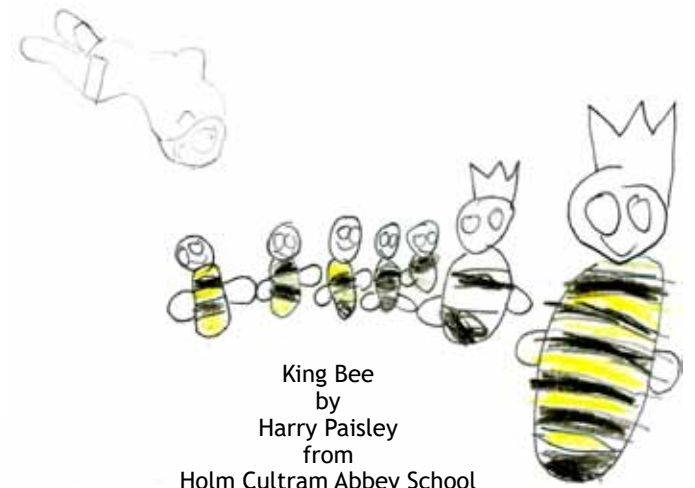
At the time of writing the combined total raised was £3,066 however with your help lets get that up to £4,000 or even £5,000.



Buzzy
by Bella Nichol
from Silloth Primary School



Cutting a Cokie Bee
by Michael
from
Silloth Primary School



King Bee
by
Harry Paisley
from
Holm Cultram Abbey School



Bee Bee
by Isaac Kay
from Holm Cultram Abbey School

The Big Fella is Keeping Safe



Photo by R H Graham Suggett



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It's All Go at Stella's & Green View Guest House

We are delighted to welcome back customers old and new to Green View & Stella's Bistro.

We've been working hard to ensure that all our guests and diners are safe and secure and are proud to have been awarded Visit Britain's "Good to Go" certification as recognition that we have made all the necessary arrangements. This includes hand sanitiser in reception and on all our restaurant tables, anti-bacterial soap in all the bedrooms, extra cleaning and reduced numbers in the lounge and restaurant – so booking for Stella's is even more important than ever!

We've also been working hard on the Guest House while we've been closed, and are very pleased with our new signage at the front, and out back our new outdoor seating, (and smoking) area and our secure CCTV



monitored bicycle racks for our guests cycling the Hadrian's Wall route – we've already had one guest who managed Silloth to Tynemouth and back to Silloth in a day! (Must have been our Full English Breakfast that gave him the energy.....).

Stella's has had a make-over too – with new lighting and décor that we are sure you'll love. The one thing that hasn't changed is Chef Archie's great cooking – with old favourites like our Chicken Liver Pate starter, our Chuck Steak and wonderful Sticky Toffee Pudding joined by new dishes including Lamb Neck Fillet, Cheesy Tomato & Vegetable Pasta Bake as main courses and Lemon Posset and a Chocolate and Hazelnut Mousse on the dessert list. All this can be washed down with something from our brand new Wine List, with bottles from just £10.95, or our range of Beer, Lagers, Spirits - and soft drinks of course! Stella's is open every Wednesday to Saturday from 6pm.

It is now nearly a year since we moved to Silloth and we would like to thank everyone here who has made us so welcome and supported us so wonderfully – especially through the last few difficult months. We really are very grateful and are now looking forward to getting back to as normal as possible and looking forward to the future.



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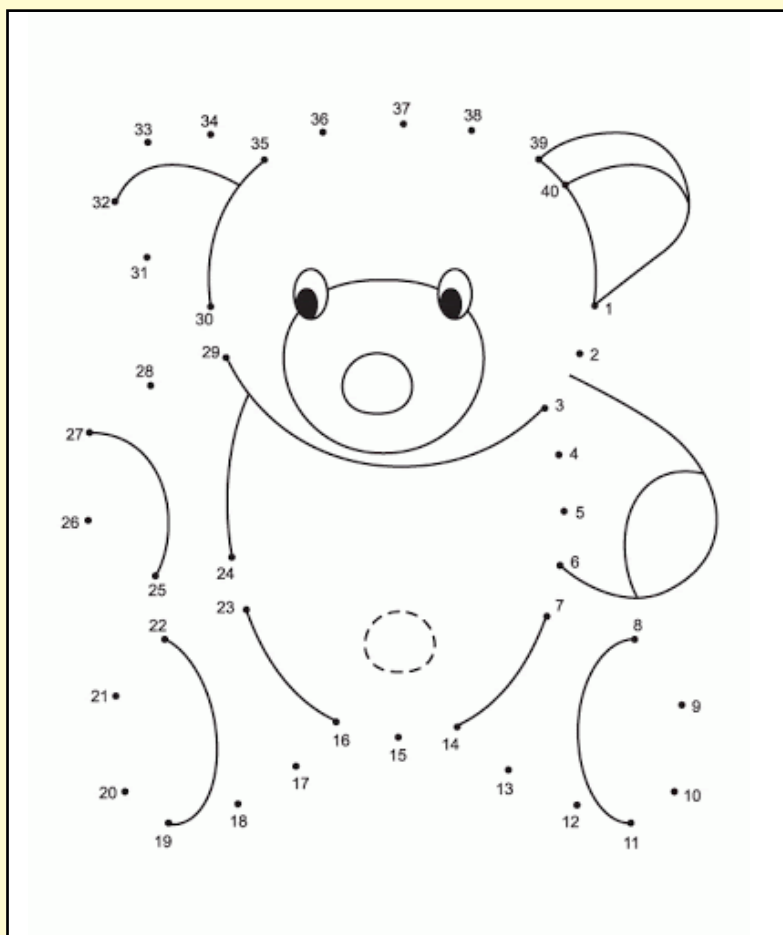
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Not Just for the Kids

Report Fly Tippers



Report by: Jenny Robinson

Some gardeners seem to think that they can tip their garden waste on the site of the former Skinburness Hotel. Looking at the large amount of hedge and lawn material, it seems to be a commercial gardener. If you know who it is, please REPORT them

because soon, if no action is taken, it will no longer be an AONB but a rubbish tip!

Can the council be persuaded to compulsory purchase the land? Even a small car park for all the visitors, who walk around Grune Point might be better than leaving it to deteriorate even further.

Obituary - Diana Shaw

On the 7th of July 2020, Silloth lost a valuable worker in the community in the death of Diana Shaw.

We all knew her as a positive driving force behind every committee, group, charity, coffee morning, and event that happened in Silloth. Her permanent smile and good humour were appreciated by everyone who came into contact with her.

Brownie Leader, committee member and chairperson of the Silloth and District Pensioners Association, Carnival Committee member and chairperson and a WI member and programme secretary Diana Shaw worked for and with the community for decades. The Methodist Church was her safe haven, a place where she could help others, and practice her faith. Her final years in the workforce were spent as a happy, friendly face behind the counter at Davina Walton's shop on Station Road. All this work solidified her as an important member of the Silloth community. Her creativity, organization, faith, and drive for caring for others, showed through in all that she did.

In recent years, due to her declining health, she begrudgingly stepped down from her position as a pillar in the community.

Diana will be greatly missed both by family, friends and Silloth.

The family wish to thank everyone for their cards of support and kind words. A remembrance service will be held at a later date.



JayBees Knew What We Wanted to Win!



Photo by R. H. Graham Suggett (also self portrait)

Track & Trace Scam

Be aware of this telephone call that went as follows:

'Good morning, I'm calling from the NHS Track and Trace Service. According to our system, you are likely to have been in close proximity to someone who has tested positive for COVID-19. This means that you now need to self-isolate for 7 days and take a COVID-19 test.'

'OK. Can you tell me who that person was?'

'I'm not able to tell you that. That is confidential information.'

'Right. Um... so ...'

'But you do need to be tested within the next 72 hours. So can I just get the best mailing address so that we can send a kit to you?'

'Ok (gave address)'

'Thank you - and I just need to take a payment card so that we can

finalise this and send the kit to you.'

'Sorry - a payment card? I though this was all free?'

'No - I'm afraid not. There is a one-off fee of £500 for the kit, and test results. Could you read off the long card number for me, please, when you're ready.'

'No - that's not right. This is part of the NHS so there's no charge.'

'I'm afraid there is. Can you give me the card number please - this is very important, and there are penalties for not complying.'

Puts phone down.

Checks have been made with



a Government Tracer who said - THIS IS A SCAM. 'This is not how we work. There is no payment details of any kind taken by ANY of our teams. Please, please do not give out your bank or payment details to anyone saying they are from track and trace. Track and trace will only confirm details with you and offer advice, they will not ask for any bank or payment details EVER. We will tell you who we are looking to speak to, we will give you the phone number and website to confirm who we are.'

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Ice Cream Bee

by Charlotte Wilson from Holm Cultram Abbey School



Buzzy by Bobby Sharp from Silloth Primary School

Silloth Primary School

Groyne Markers Repaired



Report by: Julie Emary
Lifeboat Press Officer

On the tranquil Sunday morning of 14th June, lads from Shane Taylor welding contractors and Maryport Groundworks arrived in Silloth to repair the groyne marker, just off the slipway outside the RNLI lifeboat station. The marker had lost its triangular top earlier in the year, due to the bad weather and rough seas that we have experienced.

The current sea defences were initially put in place nearly forty years ago, although the artificial defence of the shoreline in Silloth and Skinburness which includes the groynes, commenced at the beginning of the twentieth century.

Contrary to appearances the triangular green top to the groyne markers are extremely heavy. The old marker top had previously been retrieved by members of the Silloth RNLI lifeboat crew, along with another marker closer to Skinburness. The company from Maryport were then able to use these old markers to reconstruct the replacements.

In order to remove the pole from the old marker so that the

Clap for carers came to Silloth



Report by: Julie Emary
Lifeboat Press Officer

An image of clapping hands to support the NHS, has been projected onto Silloth RNLI lifeboat station main doors.

The projection was based on a photograph of the artist Ian Berry's hands, which was taken by his six year old son Elliot. It was first beamed onto a building near to his home in London but has since

been all over the country, including onto the Angel of the North, the sculpture by Anthony Gormley near the A1 at Gateshead, as well as the Theatre By The Lake in Keswick, amongst others.

The projection was done unbeknownst to most people in the town. Clapping for all NHS workers began on 26th March and the weekly clap ended on 28th May after ten weeks.

new one could be attached, they had to get all their cutting gear over to the groyne. This particular area is renowned for the mud and sediment that is brought to the coastline by the tide. Therefore access is extremely difficult.

Wooden bog matting had to be placed on the mud, in order to allow the digger to cross to the groyne marker - this was done by using 10 boards laid down, crossing them and then retrieving the boards from behind and placing them in front again. Returning from the groyne - this process was done in reverse. This operation could only be done at low tide obviously. Once across, oxyacetylene cutting equipment was used to remove the top section of the marker, there

were eight barnacle encrusted bolts that had to be removed. The digger was then used to pull the top free from the rest of the marker, after which it made its way back to the slipway.

Both contractors returned the following day to install the new steel 20 feet groyne marker. After making their way across the mud, they attempted to attach the marker, however they encountered a series of problems which meant they had to leave and return at a later date. It required the design of an ingenious piece of equipment which Shane Taylor Welding invented, that attached to the digger, which could then be used to lift the marker onto the triangular base. They returned to

Silloth Rescue at Port Carlisle



Report by: Julie Emary
Lifeboat Press Officer

Silloth RNLI lifeboat was paged at 22:26 on Thursday 16th July, tasked to attend two persons trapped on the old harbour wall at Port Carlisle, where they had been cut off by the incoming tide.

The lifeboat was launched at 22:34, Burgh Coastguard were also in attendance. The lifeboat quickly arrived on scene and located the casualties. With skill and determination, the senior helmsman Steve Henderson was able to manoeuvre the boat close enough to be able to rescue the two stranded people safely onto the lifeboat. This task was made

considerably more difficult due to the submerged structure of the old quay under the sea along with the fact that it was pitch black and there was an ebbing tide.

Having given the casualties all the necessary safety equipment and covid-19 protection, the RNLI lifeboat made its way back to Silloth lifeboat station, arriving at 23:45. Apart from the fact that the two casualties were very wet from their attempts to walk back to the shore before calling the emergency services, they were safe and well.

The lifeboat and equipment were cleaned down, sanitised and made ready for service again by 00:15.

Silloth a few days later to fit it, this time everything went according to plan. The digger made light work of the job, the pole with the triangular marker was attached to the new piece of equipment and lifted up to the waiting flange on the tripod section. The bolts were tightened and the pole and marker have now been fully restored. The contractors returned to Silloth on 24th June to repair the second groyne marker at Skinburness. The sea was like glass, the sun shining

and there was no wind, ideal conditions in which to work and get the job completed quickly. A very successful outcome to the extremely dangerous situation of the broken groyne markers. A big thank you to Trevor Hurst, Building Surveyor of Allerdale Borough Council for a very rapid response to sorting the issue, also thank you to Shane Taylor Welding and Maryport Groundworks Landscaping Company for their professionalism and expertise.

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999's Silent Solution

If you are in an abusive relationship and need help but can't speak without getting caught you can still contact the Police through the emergency service's Silent Solution option. Silent Solution allows those in danger and on the phone to the Police to remain silent while the Police track your phone's location and send help.

Simply call 999 and when the operator answering does not get a response you will be automatically transferred to the Police's emergency line. You may be prompted to dial 55 or cough as a sign of understanding. The longer you stay on the phone the more accurately the Police can locate your address and get officers out to help you. Your location can be tracked whether you are on mobile or landline. This is an emergency solution and should only be used if speaking will put you in danger.

Cumbria's Police and Crime Commissioner, Peter McCall, said: "We have seen a rise in domestic abuse reports since the covid-19 lockdown came in to place and we know that there are people in Cumbria who could be in serious danger from their partner. The Silent Solution is the most helpful option for anyone trapped with their abuser and is terrified of being caught speaking to the Police. I want this message to be perfectly clear: you do not have to stay in the house with your abuser – the Police will help you leave and get you to a safe location. If you are in immediate danger please call 999 and use the Silent Solution. Please report domestic abuse to the police, your report will be taken seriously. If you do not want Police involvement, you can contact Victim Support in Cumbria for advice on 0300 303 0157, Monday to Friday, 8am to 6pm or through their 24/7 live chat at www.victimsupport.org.uk."

Spot the Covid-19 Difference



2013

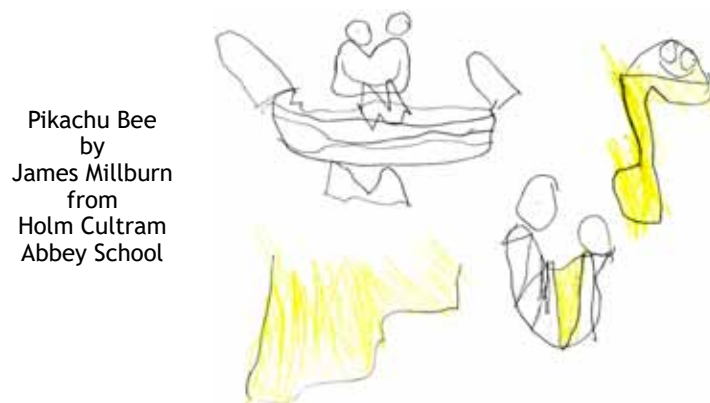


2020

Photos by R H Graham Suggett



Blocky Bee Boy by Leland Graham from Holm Cultram Abbey School



Pikachu Bee by James Millburn from Holm Cultram Abbey School



Queen Buzzy Buzz by Ayva Arnold from St Georges RC School Worcester

Social Distancing on Silloth Prom



Photo by R H Graham Suggett

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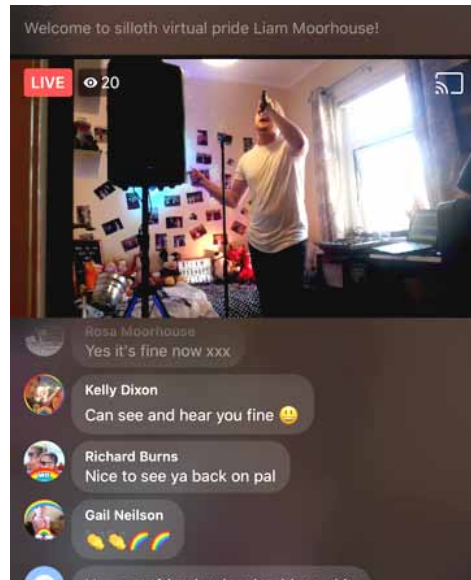
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Silloth Pride Had a Successful Virtual Event



Report by: Owen Martin

Silloth Pride Goes Virtual

On Saturday 20th June, Silloth Pride went virtual. Having had a very successful first year in 2019 we did not want to let anyone miss out on Silloth Pride 2020. Due to all the restrictions we had to sadly cancel the event on The Green.

Not disheartened by this we moved to Facebook for a live event online. From one post asking for acts to support this we were suddenly flooded with performers wanting to

take part it what turned out to be a fantastic event.

We had fantastic live performances from Willow Jarvis, SH-BOOM, DJ Kelly Dixon, Zoe & The Boy, Liam Moorhouse and Michael T Ogilvie. Fans tuned in from across the world to view the online event.

We would like to thank all the performers and those who helped to organise the event, it was a huge success.

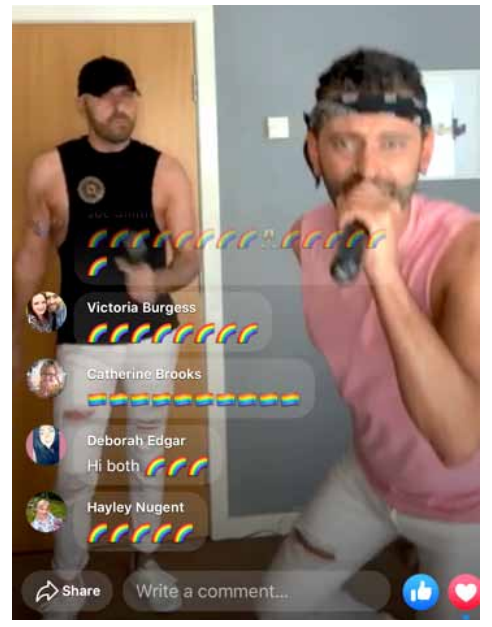
We are really looking forward to Silloth Pride 2021 on 19th June.



Maddie
by
Sadie Wise
from
Holm St Cuthbert School



Boris the Bee
by Leo Whittle
from Silloth Primary School





Silloth Rotary Club Were There for Everyone During the Coronavirus Pandemic




Silloth-on-Solway Rotary Club
Working for Local, National and International Charities

Silloth Rotary Support The Town During Covid-19
Since the start of the pandemic Silloth Rotary Club put its best foot forward supporting Silloth and the surrounding areas. We set off with making up and distributing 500 support packs to the elderly and

vulnerable, in Silloth, Kirkbride and Allonby. The packs contained essentials such as, canned goods, tea, coffee and sweets. The packs also contained an information leaflet highlighting what services would be offered over the coming months which included, regular shopping,

prescription collection, posting mail, a friendly phone call among other things. We could not have done any of this without the volunteers who came to help make and distribute the packs. We didn't stop there, determined to make sure we covered the whole spectrum of people in need. We made donations to **Cash For Kids** and the **Local Food Bank** which both support the local areas. As time went on we wanted to

ensure that people knew we were still here to support them, we then made up over 1,200 bags of sweets which were delivered to each household in Silloth along with information on our new library set up in a Rotarians front porch.

We held a virtual baking competition for kids in the local area, we had some really great entries.

The only disappointing thing for us was we couldn't taste them! We had three winners who all received a baking goodie bag.

During the pandemic we have also received many generous donation to help us continue our great work, some of which have been anonymous. We have received financial support from Silloth Football Club, Silloth Town Council, SOSCS Charity Shop, Freemasons, Silloth Coop and many more. Without this generous support we may have not been able to do all the great projects to support the local communities.

We at Silloth Rotary along with volunteers have this year volunteered over 2,700 hours, completed over 22 projects, which equates to around £30,000 in volunteer time alone; how amazing is that.

President Owen Martin said "I would like to thank every volunteer and my fellow Rotarians for their hard work and dedication,

over what has been such unprecedented time. Having seen first hand the impact all the work has had on peoples lives it's been inspiring.

"Thank you once again!"




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PROTECT YOURSELF & OTHERS

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Holme Cultram Abbey
Alternative Monthly Munch

Our famous Monthly Munches are back with a difference and we will be offering them as a takeaway so you can enjoy them in the comfort of your own home.

We will be doing these on
Thursday 6 August 2020
(collection between 11am - 1pm from Ballyness, Abbeytown)

2 Courses for £5.00
Main - Sausage rolls and a salad
Pudding - Profiteroles

To order or for more information please contact:
Brenda - 016973 61224 or Anita - 016973 61113
(orders to be placed by Tuesday 4 August)
Please support us if you can and we look forward to seeing some old and new faces. Thank you



CORONAVIRUS STAY ALERT TO THE SYMPTOMS

HIGH TEMPERATURE OR NEW CONTINUOUS COUGH OR LOSS OF TASTE OR SMELL?
No one in your household should leave home if any one person has symptoms.
Find out how to get a test, and how long to isolate, at nhs.uk/coronavirus

STAY ALERT • CONTROL THE VIRUS • SAVE LIVES



Stay home
Stay Safe

Boris Bee
by Louie Pearson from Silloth Primary School

Your Wonderful Buzzing Letters

Dear Buzz,

On behalf of all those over a certain age with failing health conditions, I would like to thank all individuals and groups for their concern in these troubled times.

To those who managed to strip the local stores of essentials, Corporal Jones of "DADS ARMY" had a rather apt saying "DON'T PANIC, MR MAINWAIRING" Keep safe.

C Briggs

Dear Buzz,

I am trapped indoors in Skinburness with my windows closed due to the smell of yet another bonfire.

Please could people who are considering a bonfire think twice about the effect on other people who are unable to sit outside or have to close windows.

This is of course more relevant as an issue when we are all under coronavirus restrictions at home.

Thank you.

Name withheld

Dear Buzz,

The Buzz wishes to thank Silloth Rotary for the bag of sweets and offer of books and jigsaws. Also, St Mary, Holme Cultram Abbey for the Easter palm prayer, cross and prayer.

The Editor

Do you have a poem or letter for the buzz? We welcome all submissions, there is no charge. Please remember to include your contact information.

Dear Buzz,

I would like to thank my family and the people of New Street where I live, also Emma the post lady, for asking me if I wanted any help with my shopping.

Wendy who also lives in our street said that if I felt like a chat to just ring up.

I was born in Silloth and am now 83 years old, you don't know what it means to me that people care so much. Also the Rotary Club gave me a bag of sweets and said to phone if I wanted a book or jigsaw. Then I was given a nice slice of cake from the community made by Sarah. My friends also phone up to see if I am alright, Silloth is a small town but the people have big hearts, I never take my dog out that someone doesn't say hello.
God Bless

Marion Graham xxx

Dear Buzz,

It is with great sadness to announce the death of my mother Pauline Nixon, resident of Blitterless.

She lived here since my dad Arthur finished work on ill health some 30 years ago.

We started to visit Silloth due to the fact dad delivered printed labels to a company in Maryport and fell in love with its charms and locals.

We first started at Stanwix Holiday Park, it was mostly asbestos huts, not many caravans.

We stayed on and off for a few years and then walking down the bridle path discovered a field with caravans, huts, toilet block and a chalet for sale, and to top it all a cake shop selling cakes for 2p a time.

My dad proceeded to build extra rooms and a dining area using a car battery operated

drill - no electric, no gas. We spent years of holidays with three brothers, friends, cousins. We didn't just have bunks, they were three high! You knew when you fell out of bed!

Mum and dad bought the Moor Dale bungalow a few years later but my dad was already ill, he passed away in short time but my mum refused to come home and threw herself into charity work in Silloth charity shop, the RNLI, Soldiers in Silloth, the WI, etc. She made lots of friends. She holidayed with family and friends and led a good life until she became ill and slowed down.

Over the next few years she spent time with bowel issues but slowly slowed down despite NHS Cumbria's best efforts, being in and out of hospital and taking different drugs took its toll.

After a long and painful family discussion we kept her at home where she passed away peacefully.

To add to our pain we had to meet at the cemetery with no more than twelve people, have a short service and go back to Manchester.

We are not doing flowers, even family ones, if mam touched you in any way a donation to Cumbrian NHS services or a flower in your garden planted in Paulines memory would be more than welcome. My brothers and I would like to thank the people of Silloth for making this a home for mum.

Adrian, Martyn & Glen Nixon

Dear Buzz,

Now is the time to evaluate how well the pollarding of trees in the town is doing, I personally think they are a mess especially the ones outside Spar and the

Corner Cafe. Did you know; they are supposed to be maintained every three years? Can you remember when the one outside your house was last done? I am pleased to see the Pharmacy is Station Road has tidied their fascia up. Keep healthy

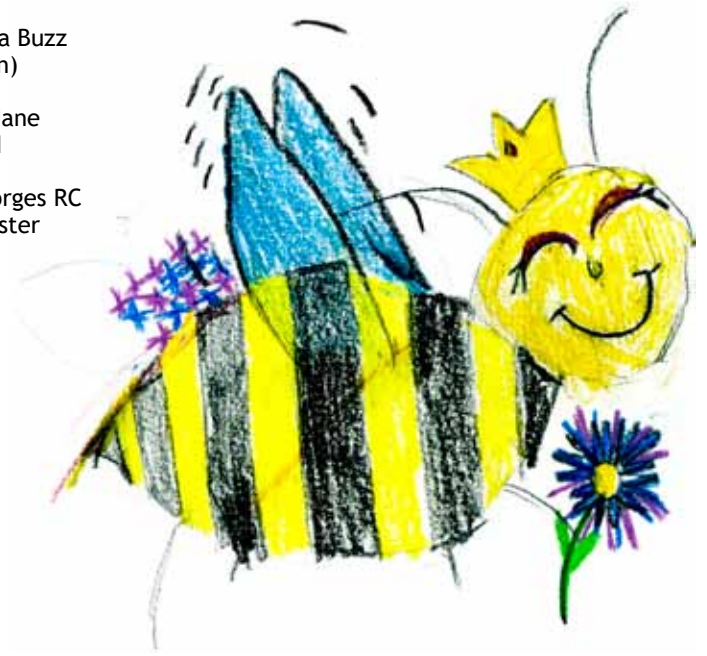
C Briggs

Dear Buzz,

I would like to thank all our family and friends for the gifts and cards we received for our Golden Wedding anniversary. Also the catering that was done by The Golf Hotel, once again thank you all.

Frank & Hazel Graham

Beeona Buzz
(Queen)
by
Myar Jane
Arnold
from
St Georges RC
Worcester



Buzzy and Sting
by Sienna Lynnemarie Carini from Holm St Cuthbert School

Masthead Bee Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered Kids Rucksack to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher.

So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Return to your school, or the Discovery Centre, or post to the address on page 14 (large stamp) and a quality Solway Buzz embroidered Rucksack from Carlisle Embroidery could be yours.

You don't have to be at school here to send a bee to us.

If you are here on holiday we would love to have your bee drawing. Pick up a form from Silloth Tourist Information and return it there or send it to us, our address is on page 14.

This month the winner is **Millie Bennett** from **Silloth Primary School** with a bee drawing called "Sun Shine Bee".

Well done!



Non-Commercial Tourism Websites

solwaybuzz.co.uk
sillothgreen.co.uk
sillothonsolway.co.uk
sillothgolfclub.co.uk
vintagerally.co.uk
sillothbeerfestival.co.uk
sillothmotorcyclemuseum.co.uk
silloth-on-solway-tc.gov.uk
visitcumbria.com/wc/silloth
soldiersinsilloth.co.uk
solwayplain.co.uk/silloth1.htm
facebook.com/sillothgreen
facebook.com/silloth-carnival
facebook.com/groups/121042258051545
(Silloth Today)

Any other suggestions of sites useful for our visitors, please send them to the Buzz at: office@solwaybuzz.co.uk

Your Wonderful Buzzing Lockdown Poems

Troubled Times

by Joan Bennett

Our world is in a whirl right now with challenges for all.
Hospitals struggling with their sick, children out of school.
Parents that can't go to work worried about their jobs.
An alien illness has visited us put us all at odds.

So many old and frail folk that must stay in their home.
Many of them have no family they are all alone.
Some people are so worried, showing great alarm.
If they follow governments advice most will come to no harm.

The minority running around the shops emptying the shelves.
Show no concern for others only concern for themselves.
The majority of people have shown their caring side.
Doing what they can to help, to ensure that we survive.

They do the shopping for the elderly and for the infirm.
Kindness shown by everyone a lesson we have learned.
We are all so very lucky to have our dedicated NHS.
All those caring people always giving us their best.

Troubled times bring out the best in us, makes us pull together.
By helping each other we'll get over this, it can't last forever.
At least we have the internet and the telephone.
So, get in touch with someone, don't suffer all alone.

It's Impossible by Mrs J Bailey

If I could do what I set myself
And be a perfect being,
With no emotional displays
And no entirely dog filled days
More likely water would flow upstream
And it would only be a dream.
My plans would always be complete
I'd skip through life on winged feet
If I could do what I set myself
And be a perfect being!

Fat Bee
by
Alistair Ledingham
from
Holm Cultram
Abbey School



Corona Virus Covid-19

by Mrs Pauline Mole

When I woke up today
I wondered what day is today?
Is it Thursday today,
Is tomorrow Thursday,
Or was yesterday Thursday?

By 7pm I'd had three meals,
Four snacks and seven drinks.
I'd done two twenty minute exercises,
And had three forty winks.

The tele told me it was Thursday,
As I watched the news for the 8th time today.
It told me how many people had died since yesterday,
And repeated not to go out, but in our homes we must stay.

No more shopping for pleasure,
Just a lonely walk for leisure.
No visiting loved ones, or meeting friends,
Oh, when will this covid-19 virus ever end?

Thank goodness for the phone to be able to chat
To relations and friends, about this and that.
However, top of the list will be this virus of dread,
Not Brexit anymore now, but this virus instead.

To those fit and well, life now may be a bore,
When normally the days are spent working or outdoors.
But for all the families of the infected, our sympathies pour.
And for all the health workers, our gratitude sours.

Any previous virus has never been more serious,
There's never been anything as dangerous or vigorous.
One day clever people will be able to discover
How to kill covid-19, or know how to recover.

As I started this poem not knowing what day is today,
I do think about people who have been touched, and I pray.
I think about the government who have tried to do their best,
Not knowing how bad things were to be, and were put to the test.

I limply joke about the days being lonely and long,
But abruptly brought to mind of people not so strong,
Of those every day of their lives who are always alone,
And I know I should not even think to groan and moan.

Twenty twenty will be remembered forever,
As this world wide killer that infected whoever,
Young, old, poor, rich, well, poorly or clever,
Large country, small country, Islands, wherever.

All over this world is a diabolic pandemic,
It caused people to shop and behave in a panic.
The way folks behaved over toilet rolls was manic,
But we will never forget how this epidemic was chronic.

The washing could be dry now hanging on the line,
None of which needs ironed, so that's absolutely fine.
I'll fold it up and put it all away,
That's my housework done for today!

Now it's 5 o'clock, so I'll have a cup of tea,
On the other hand, I'll make a cup of coffee,
And I'll have a lovely Mars Bar, or maybe a crispy KitKat,
Then I'll be ready for another forty winks after that!

Don't Go Near The Pockets Mum
by Penny Stimson

"Don't go near the pockets mum"
as rushing out the door,
the words I hear my boy's call
as down the lane they tore.

It's wash day, the day I dread,
when the boy's washing is to do.
You ever know just what you'll find
perhaps some meat they'd chewed.

With trepidation I pick up their pants
and shake them once or twice,
I do this in remembrance
that once fell out some mice.

There's been a snake and beetles,
lots of things that don't look right.
In fact what's in their pockets
really can be a frightening sight.

So carefully I pat them
and turn them inside out
at last I gently feel them
to make sure there is no doubt.

That they are empty
of any living thing,
I don't mind paper, chewed toffee
or rubber bands and bits of wet string.

Things that crawl and bit,
hairy things that slither
sticky ikki things chewed up
in time they've made me wither.

So be careful when your washing
trousers belonging to the males,
you never know just what you'll find.
Boy, could I tell you some tails.

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Copy Date



Copy date for the Sept issue is:
1st week August
If your organisation has an event to promote or you have something to say, please note the next copy date.

Please let us know of any changes within this section

Coast Bus Timetable

60E Maryport to Skinburness the current timetable is available from Silloth Tourist Office or Winters Newsagents or www.ellenvalecoaches.co.uk/service-60e.html

Silloth RNLI Shop

SHOP OPENING HOURS

Due to Corona Virus our shop will be closed until further notice. Kind regards to all our customers and we will see you again in due course.

Christ Church

For baptisms and other church related business please contact: Rev Bryan Rothwell The Vicarage, Wigton Road Tel: 016973 31413

Civic Amenity Sites

Operated by Cumbria County Council. Tel: 01228 606060 Maryport Tip, tel 01900 66922 open daily 8am to 6pm Wigton Tip, tel 016973 45617 open Tuesday, Thursday, Saturday & Sunday, 8am to 6pm

Silloth Tennis Club

For coaching information call David Wise on 07742 547767

Please tell us when your group starts up again so we can let everyone know

Production Team

Proprietor:
Peter McRobert
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Skinburness, CA7 4RA
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office@solwaybuzz.co.uk

Editorial Content
This is down to you, we can only publish items if you send them to us.
When sending articles in, please supply a contact name and number in case something requires clarification.
Published by: Peter McRobert with the support of the whole community and an army of volunteers.

Errors do occur in Dates for the Diary Please check before attending an event

Do you have an event in the area bounded by Abbeytown, Mawbray, Silloth, Skinburness, if so please let us know.

Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.

Dates

August

22nd Circus	James Richards
23rd Circus	James Richards
24th Circus	James Richards
25th Circus	James Richards
26th Circus	James Richards
27th Circus	James Richards
28th Circus	James Richards
29th Circus	James Richards
30th Circus	James Richards
31st Circus	James Richards

September

6th	Christ Church - A Year of Celebration starts
-----	--

Tim Steads New Books

Tim Stead the local author and illustrator has pushed forward his latest books release dates to be published in the lockdown so children can enjoy reading new stories and be entertained.

The first book is his new under water adventure story: Hanging with The KOOL SQUIDS. A story about - Olly the Octopus and Rab the Crab who are the best of friends. But when they stumble across some KOOL SQUIDS, things change very quickly indeed.

Tim explains that this story is very funny but, as always has an underlying tone. It deals with peer pressure and bullying. Thomas, Tims son (aged nine) thinks the KOOL SQUIDS are very funny and look super cool with their baseball caps and gold chains. He's says "it's the best book my Daddy has created, up to now for me. I really like the little jokes on each page you can read"

The next story that Tim has brought forward for publishing is an old story that Tim wrote nearly five years ago. But now thinks it's time to release and let the children read about Harry and the Butter Bye - Bye. This story is about Harry the Hippo and how one day the most beautiful butterfly lands on the end of his nose while he's



fishing. Instantly Harry is in love and must have this gorgeous beautiful Butterfly. He tries to catch her, but her response is "I'm not a Butterfly, I'm a Butter Bye-Bye" and with that flies off into the blue sky. In the story you can join Harry as he chases the Butter Bye-Bye trying to catch her. He chases her through valleys and mountains, up high in the sky and even to the moon and back! The message behind it says Tim is the old saying 'If you love someone, set them free. If they come back they're yours; if they don't they never were'

Does Harry catch the love of life? Well you'll just have to pick a copy up and have read it. Antonia my step daughter (aged three) absolutely loves this book. She even goes onto Silloth green now with her little butterfly net trying to catch a Butter Bye-Bye. Very cute.

Both books are available from Amazon UK at £5.99 and both are available on Kindle books to download to phones and tablets

St Andrews Church

St Andrews Church would like to inform all our friends who use our hall for activities, that from September we are hoping to be open again. This will depend on the virus as our main priority is to keep everyone safe.

We are also hoping to re-start OUR DOORS OPEN and our Sunday Church services. Details will be posted on our notice board.

We have missed you all

and are looking forward to seeing you again.

We are hoping to hold Table Top Sales on 19th September and 7th November.

Craft Sale on 17th October and 28th November.

All will be from 12 to 4pm, social distancing with rules and regulations will apply.

All visitors and traders to wear masks.

Blencogo Show

This years Blencogo Village Hall Produce Show has been cancelled due to Coronavirus and will resume next year.

Silloth Show

Lesley and Audrey were full of optimism that the Community Craft Show would go ahead in September.

They are sad to announce that after much thought and discussions we have made the decision to cancel this year's show. The limitations on the number of people allowed in the hall at any one time, risk assessments etc, would make it difficult, despite Tracey doing all she could to help.

To end on positive note, we shall be using this years schedule for the 2021 show, so keep them safe, we look forward to welcoming you all back next year.

Hearing Support

HEARING SUPPORT SERVICE drop-in at the Local Links Centre, Market Hall, Wigton on August 28th 10am-12pm for NHS hearing aid servicing and batteries.

Covid-19 guidelines will be followed as required at the time.

We look forward to welcoming new and old customers back.

Also be at the Local Links Centre, Market Hall, Wigton 10am-12pm on September 25th, October 23rd and November 27th (none in December).

Margaret Raises £500

Report by: Helen Sharp

Margaret Moore from Abbeytown would like to say a big thank-you to everyone who bought a flower or a rainbow that she made. Also to those who gave a kind donation for her face masks.

Margaret kept herself busy during lockdown knitting and crocheting rainbow and flower brooches.

A grand total of £500 was raised and has been split evenly between Silloth First Responders and Silloth Patient Care Fund.

We would all like to say - thank you Margaret.



Sand Dunes Are NOT for Driving On!



Photos by R H Graham Suggett

Silloth Music & Beer Festival 2021

Report by: Stephen Hart

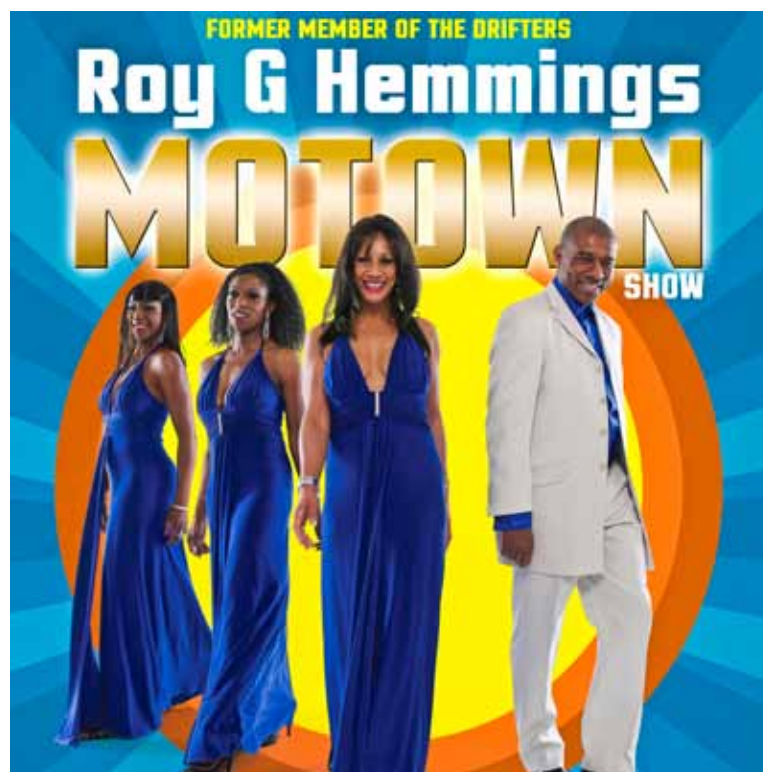
The 2020 Silloth Music & Beer Festival was cancelled due to the covid-19 virus.

The committee have managed to secure most of this years lineup for the 2021 festival.

Evergreen favourite **Roy G Hemmings** returns with his Motown show. Roy is a class act, he was the longest running member of the drifters.

Livewire the AC/DC show, an act not to be missed make their debut, **Cregan & Co** playing the Rod Stewart songbook starring Jim Cregan who played, toured and co-wrote the hits with Rod. **The Kopykat Killers** with their dynamic tribute to the Killers. **Beyond Madness, Little Fix, Play On The Sun & Clanadonia** have confirmed for the Saturday afternoon with local rockers **AWOL** and **Thirteen Stars** coming,

We hope to see you all again in September 2021.



Respect Town Staff!

Silloth Town Council are disappointed to report that following the reopening of the public toilets, our cleaning staff have been subjected to verbal abuse from members of the public when they have been cleaning the facilities. We appreciate that it may be frustrating to have to wait for a few extra minutes but please bear in mind that our staff are doing extra cleaning, to ensure the facilities are clean and safe to use. Please be patient and above all respect our staff.

In addition to this, the facilities

are sometimes left in a poor state after being used and some people are also using the woodland area and doorway to the disabled toilet to relieve themselves which is not acceptable. Please leave the facilities in a clean and tidy condition for the next person. We are living in difficult times but a bit of consideration will go a long way.

We certainly don't want to get into a situation whereby we are forced to consider closing the toilets again. Please respect our staff, respect the facilities and respect our town.

Get Your Haircut!



Photo by: Daniel Dockeray

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councillor.

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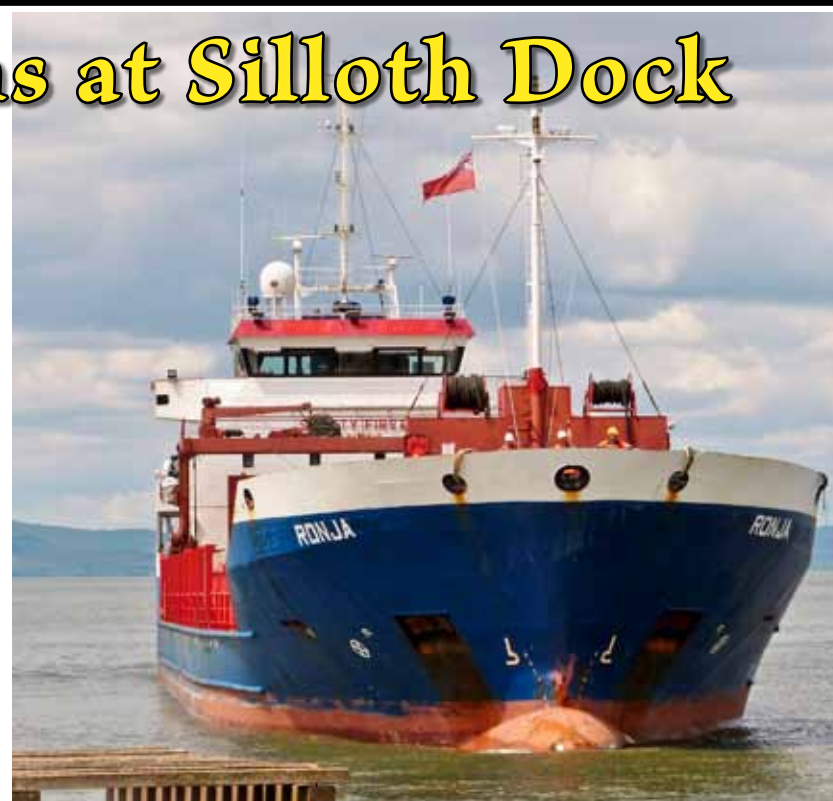
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An Eventful Six Months at Silloth Dock

Report & Photos by:

John Forrester

More coverage of shipping at Silloth can be found at www.cumbriashipphotos.weebly.com



It's developed into a year of contrasts for local shipping enthusiasts. The beginning of the year saw very few ships at the port, and it wasn't until March that the number increased to normal levels. However, during the month the seriousness of the pandemic forced the authorities to take the unprecedented step of instructing us all to 'stay at home'. Seafarers were designated as 'key workers' enabling trade to continue at the port. This highlighted the importance to the food chain of the agricultural materials handled at Silloth. All of this was bad news for photographers who just wanted to get out to pursue their hobby. Instead, they could only follow shipping movements on websites at home.

Recalling the early months of the year, there had been some notable visitors. RODAU was the first arrival of March after a seven-day sailing from the Moroccan port of Jorf Lasfar with a cargo of fertiliser. The ship was no stranger to Silloth having last visited two years ago. She belongs to the fleet of German operator 'Strahlmann' whose ships always appear

well-maintained. It was a glorious Spring morning for the arrival with ideal conditions for photography. Ships from this distant port are rarely seen and eagerly anticipated by local enthusiasts. More cargos may be expected in the future as the fertiliser plant at Jorf Lasfar has been expanded to become the largest production unit in the world.

Sadly, just as we were confined to barracks in late March, the rate of ship arrivals increased. Ship spotting excursions couldn't be justified and, to add to the frustration, many of the ships were new to the port. After weeks of inactivity it was a relief to have restrictions eased to allow us out to exercise - with our cameras at hand naturally. The shore at Silloth made an ideal location for taking the air, with the additional benefit of watching passing ships. The idea caught on and with the continuing fine weather there was no shortage of interested onlookers watching

ship arrivals, while respecting social distancing of course.

It was good to have our freedom reinstated allowing us to capture some ship movements on camera. SEA HUNTER was a good example. It was a bright afternoon to follow her departure as she powered away into the Solway before heading south to pick up her next cargo at Shoreham. The ship had arrived just twenty-four hours earlier with fertiliser from Antwerp. The ship is operated by 'Gillie & Blair', a small UK company based in Newcastle-upon-Tyne. The company was formed over a century ago and has its roots in trading coal; today it operates a fleet of eight coasters across northern Europe.

The appearance of RONJA in early June heralded the arrival of the largest ship of the year so far. The 4,500 ton vessel was carrying a cargo of wood pulp from Portugal. The material is used locally for manufacturing food packaging film.

The ship made an impressive sight as she slipped into Marshall Dock at high water. Those waiting with cameras were rewarded with some dramatic close-up shots, while the seamen at bow and stern were greeted with waves from excited youngsters. The ship was soon entering New Dock where she manoeuvred towards her berth. Unusually, it was almost an hour before she was brought alongside and tied up. This indicated her bow thrusters, used to assist turning in tight locations, may have been faulty. The sight of the pilot and crew on the bridge wearing protective face coverings was a timely reminder that the deadly virus was still out there.



Silloth Tide Tables

AUGUST 2020		SILLOTH							
		DEPTHS ON NEW DOCK GAUGE (1.8m ABOVE CD)							
		High Water				Low Water			
Date		Morning		Afternoon		Morning		Afternoon	
		Time	m	Time	m	Time	m	Time	m
1	SA	09 54	6.2	22 17	6.5	04 14	-0.2	16 45	-0.3
2	SU	10 47	6.4	23 05	6.9	05 18	-0.4	17 41	-0.4
3	M	11 39	6.6	23 47	7.1	06 13	-0.6	18 28	-0.6
4	TU			12 14	6.7	06 59	-0.8	19 10	-0.6
5	W	00 24	7.2	12 51	6.7	07 40	-0.9	19 48	-0.6
6	TH	01 02	7.2	13 26	6.6	08 16	-0.8	20 21	-0.5
7	F	01 37	7.1	13 59	6.5	08 48	-0.6	20 52	-0.4
8	SA	02 12	6.9	14 32	6.3	09 16	-0.5	21 21	-0.2
9	SU	02 46	6.5	15 07	6.0	09 43	-0.3	21 51	0.0
10	M	03 25	6.2	15 45	5.6	10 14	-0.1	22 26	0.2
11	TU	04 06	5.7	16 31	5.3	10 50	0.2	23 10	0.5
12	W	04 57	5.3	17 28	5.0	11 38	0.4		
13	TH	06 04	5.0	18 45	4.8	00 09	0.7	12 44	0.6
14	F	07 21	4.9	20 01	5.0	01 28	0.7	14 04	0.6
15	SA	08 33	5.2	21 05	5.5	02 46	0.5	15 14	0.4
16	SU	09 32	5.6	21 56	6.1	03 53	0.1	16 14	0.0
17	M	10 22	6.2	22 41	6.6	04 50	-0.2	17 08	-0.3
18	TU	11 06	6.7	23 22	7.2	05 44	-0.6	17 58	-0.6
19	W	11 48	7.2			06 35	-1.0	18 46	-0.9
20	TH	00 03	7.6	12 28	7.5	07 22	-1.2	19 32	-1.1
21	F	00 44	7.8	13 13	7.6	08 06	-1.4	20 15	-1.1
22	SA	01 30	7.8	13 57	7.5	08 49	-1.4	20 57	-1.1
23	SU	02 14	7.7	14 41	7.3	09 28	-1.2	21 35	-0.9
24	M	03 00	7.4	15 29	6.9	10 08	-0.9	22 17	-0.6
25	TU	03 49	6.9	16 21	6.3	10 51	-0.5	23 05	-0.2
26	W	04 47	6.3	17 24	5.7	11 43	-0.1		
27	TH	06 01	5.6	18 44	5.4	00 05	0.1	12 52	0.3
28	F	07 27	5.4	20 04	5.5	01 26	0.3	14 16	0.4
29	SA	08 49	5.5	21 15	6.0	02 54	0.2	15 34	0.2
30	SU	09 53	6.0	22 10	6.4	04 13	-0.1	16 39	-0.1
31	M	10 42	6.3	22 54	6.9	05 13	-0.4	17 32	-0.3

Time Zone UT(GMT)



March, April, May & June Shipping at Silloth

Report by: Capt Tim Riley,
Harbour Master, Short Sea Pilot

March

8th Rodau from Jorf Lasfar with a cargo of Fertiliser then on to Britport.

14th Peak Bergen from Vierow with a cargo of Wheat then on to Sea for orders.

16th Zapadnyy from Bremen with a cargo of Molasses then on to Ghent.

25th Tanja from Klaipeda with a cargo of Fertiliser then on to Belfast.

27th Mekhanik Pustochnyy from Ghent with a cargo of Fertiliser then on to Archangel.

April

4th Wilson Garston from Ayr with a cargo of Fertiliser then on to Ayr.

5th Marjatta from Klaipeda with a cargo of Fertiliser then on to Ghent.

12th Hydra from Delfzijl with a cargo of Fertiliser the on to Villagarca.

27th Else from Klaipeda with a cargo of Fertiliser the on to Sea for orders.

May

4th Hendrik S from Ghent with a cargo of Fertiliser then on to Sea for orders.

5th Zapadnyy from Ijmuiden with a cargo of Molasses then on to Bremen.

14th Mia Sophie-B from Hamburg with a cargo of Potash then on to Plymouth.

20th Zapadnyy from Bremen with a cargo of Molasses then on to Sea for orders.

26th Tanja from Klaipeda with a cargo of Fertiliser then on to Seljestokken.

27th Sea Hunter from Antwerp with a cargo of Fertiliser then on to Shoreham.

June

7th Ronja from Figueira Da Foz with a cargo of Wood Pulp then on to Sea for orders.

21st Francisca from Klaipeda with a cargo of Fertiliser then on to Belfast.

24th Jan V from Vierow with a cargo of Wheat then on to Swansea.

30th Daan from Antwerp with a cargo of Fertiliser then on to Belfast.

March was a good month for the port, back up to normal as far as shipping goes, with our old faithful Zapadnyy shouldering her way back into Silloth and the return of



the Mekhanik Pustoshnyy (not very manoeuvrable either!) Figures were back to normal after our very poor performance in February, we have cleared the silt from the entrance to Marshall dock, which is making it significantly easier to approach the port. Towards the end of the Month we went into lock down along with the rest of the country, however as we are designated key workers (or should that be Quay workers?) We continue to work, but in a more restricted way, with none of our staff being on site together unless a ship is arriving or departing.

Many locals will have noted some of the Ship's crew walking about town during this time, please be aware that they are possibly the most safe people to be out and about, having been cooped up on a ship for months on end with very little contact with the world, they are just like us, suffering from long periods (up to nine months on board) without any chance of flights home so please keep in mind that they need fresh air, somewhere to stretch their legs and also need some supplies and creature comforts from the shops.

All ships crews have also been given status of Key workers, however we are now asking of them that if they need supplies, ask their agent to have them delivered and if they need exercise, they can access the beach without going on public land.

We had four vessels calling into Silloth during **April** all carrying Fertiliser. We didn't quite reach our target for the month, but only by a few hundred tonnes.

We are hoping that under the current conditions that all the local farmers out there are having additional help at home in that their children are around as well and not at school, I know my neighbours are very busy with lambing, cattle feeding, grass cutting, planting and many other activities, which, normally I wouldn't see so much of, but working part time from home and part in the office allows me to see much more of what the local community goes through.

The Swallows finally returned April 14th and have started their rituals and re-inhabiting the barns and loft spaces, crows have attacked my chimney again and left me with

half a tonne of sticks to clear from the pot!

So, will shipping continue? Whilst we mainly import fertiliser and molasses at the moment, grain for the mill has slackened right off. One of the prime obligations of the port is to remain open for all shipping and at present we have been able to do so without too many changes to our routines. We are looking forward to seeing a change in traffic in the next month or so as the world goes back to work.

Well done to all those in the local area that have continued to provide all the little necessities of life especially fresh milk for our morning cuppa.

I am led to believe that one of our local nurses has had the dreaded virus and come through it and is now back at work and we send our thanks to her and her colleagues for looking after those who contract this nasty bug.

We are still here, still open and helping to keep Britain trading, in whatever form that will now take moving forward.

The port has had a good month in **May** with six vessel calls, three fishing vessels and a visit from the Furness Abbey, who carried out some dock levelling, this has gained us around 0.5m of additional draft for vessels visiting Silloth.

All the vessels calling have visited us previously and all calls were expedited in a timely manner, unfortunately we had a slight bump with the Tanja coming in as the tide seemed to want to come in a lot later than usual hence we hit the South breakwater, damage wasn't too bad and she sailed as normal.

Overall we are still down on last years numbers, primarily due to a zero call month in February and the loss of our French Grain imports for the mill. We are hoping that the Mill finds new opportunities for us in the coming months and we get a few ship loads in for them.

As with everything else going on in the world, Port of Silloth remains open, the port running as normal (almost) with us working slightly differently we can achieve the same results without too many issues on distancing or contact with others.

The vessels calling here, have mostly travelled long distances and as long as no symptoms have been evident, we are very confident that none of

Andrew to the Rescue



On 2nd June, one of our Senior Operators in Silloth, Andrew Winter, make an unexpected discovery near a molasses outlet at our Port in Silloth. He found a seagull which was covered in the sugary substance and struggling to regain its strength. Thanks to a good clean, the sticky substance was washed off the seagull and it was able to walk and fly away. ABP is committed to protecting the environment and wildlife in the communities surrounding our ports and this is an excellent example of our teams doing just that. Well done to Andrew for rescuing the seagull, we have since nicknamed her Shelley. She is now recuperating at the Ani-Mel sanctuary. We hope that she can continue to fly happily over the coastline for many years to come.

these ship types would be carriers of Covid-19.

Each vessel declares healthy prior to arrival and the previous ten ports too so we know where they have been and that they are clear of any infections.

The month of **June** was a fairly bland month, four vessels and almost hit target volumes. The weather provided a few issues for us with strong winds over some of our arrivals and departures, however with a little effort we have managed to maintain our schedule and get all vessels in on time. Wood pulp arrived early in the month on the Ronja, with a few bits falling off

the wagons through town we had a message from the town council to ask us to cover the wagons. Wood pulp is biodegradable, so any remaining pieces around the area would disintegrate and cause no environmental problems. The Pulp was for three separate companies, as far apart as Barrow and Kendal and one in the east of the country. We are now hoping to have a busy July, although this is traditionally one of the quieter months.

We took German wheat for the second time this year and are hoping for an uplift in this product later as the UK harvest is not looking too good at the moment.



Seagulls Win Lottery with Sport England!

Silloth A.F.C in Allerdale has been awarded £1,000 of National Lottery funding from Sport England's Community Emergency Fund towards the renovation of the changing rooms during the on-going Covid-19 pandemic.

The outbreak of the virus and the consequent shutdown of businesses as of March 23rd has left the sport and physical activity sector facing a period of uncertainty.

In response, on March 31st Sport England announced a £195m package to help the sport and physical activity sector through Covid-19. Within the package is a £20m Community Emergency Fund, of National Lottery money to deliver immediate

funding to those who have a role in supporting the nation to be active but are experiencing short-term financial hardship or the ceasing of operations due to the impact of coronavirus.

The grant will allow Silloth A.F.C. to eventually carry out a complete overhaul of the Changing Rooms and to be able to pay team insurance, league fees and pay for new equipment, as the cancellation of the R&T Tours in April and May have taken a considerable chunk of revenue from the Club.

Tim Hollingsworth, Sport England's Chief Executive, said: "As the body responsible for the growth



of sport and physical activity participation, we want the vital grassroots organisations that make sport and physical activity happen in this country to not just to come through this crisis but to be in a position to thrive again in the future. The £20m Community Emergency fund, made possible by National Lottery players is part of a multimillion pound package of support we are providing to ease the pressure on a huge number of the organisations who are central to the nation's health and wellbeing. We are proud to be able to provide vital funding to Silloth A.F.C. to help it through these extremely challenging times."

Silloth AFC Presents Three Long Service Awards



Report by: Colin Baty

On 20th July at the clubs AGM Silloth A.F.C. recognised three of its great stalwarts over the years. Andrew 'Panda' Pearson, David 'Minnie' Minnican and Philip 'Lama' Scott.

2020 also marks there having being 30 years of a Veterans team in Silloth - which Lama Man has played every year in - he's 47! Not cheating, he played Goalkeeper as you are allowed as an underage player.

Club Vice Chairman Eli 'Bomber' Baty is doing the presenting.



Are You Shopping Online?

Almost 34% of all retail sales during May 2020 were carried out online, and new research suggests that only 16% of UK consumers intend to return to their old shopping habits post-lockdown.

Action Fraud, the UK's national reporting centre for fraud and cyber crime, received over 16,000 reports relating to online shopping and auction fraud during

the lockdown, with losses totalling over £16m.

Members of the public have reported buying mobile phones (19%), vehicles (22%), electronics (10%) such as games consoles, AirPods and MacBooks, and footwear (4%) on sites such as eBay (18%), Facebook (18%), Gumtree (10%) and Depop (6%), only to have the items never arrive.

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Solway Buzz's Twin Bees on the Beach by Bethany Henderson from Silloth Primary School

New Skills **Football Quiz's**

The Professionals Elite Academy Limited

Boys & Girls

New Skills Challenges

The Cube

SILLOTH AFC. SUMMER FOOTBALL CAMP
Monday, 10th, August – Friday, 14th, August, 2020

Silloth AFC. Playing Field, Station Road, Silloth.

10.00am. – 12.00pm. (4 to 6 year olds)
1.00pm. – 3.00pm. (7 to 12 year olds)

CONTACT DETAILS FOR ENQUIRIES & BOOKINGS: 07836222516 & 07891626126 (BUSINESS)

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