



Solway Buzz

Lovely Rainbow Bees
by Christina McGuire from Holme St Cuthbert
School

www.solwaybuzz.co.uk

Feb/March 2020

local news - for you - by you - about you - free to you

FREE PAPER

Issue 182

2020 Events

24th May	Silloth Green Day
13th + 14th June	Silloth Vintage Rally
26th to 28th June	Ragnarock Rally VII
27th June	Silloth Pride 20
27th to 30th August	Solfest
31st August	Silloth Carnival
10th to 13th Sept	Music & Beer Festival
27th to 28th Nov	Fimbulvetr IV

Holm Cultram Abbey School is now Rated Excellent

School is in the Top Two in County

Holm Cultram Abbey C of E school is delighted to be one of only two schools in the county to be rated excellent in a recent inspection under new ruling.

The school were inspected under statutory Inspection of Anglican and Methodist Schools (SIAMS) in November.

Jemma Nicholson, headteacher at the school, said: "I am delighted with our recent SIAMS inspection outcome and incredibly proud to be headteacher of this wonderful church school.

Holm Cultram Abbey is at the heart of the community and the children take great joy and pride in serving their parish and surrounding area."

Some of the key findings from the report include, "excellent teamwork between the headteacher and Methodist minister which has resulted in rich planning for collective worship which ensures that pupils develop a particularly deep understanding of the

Bible and its relevance for their everyday lives."

"We see ourselves as a family at Holm Cultram Abbey," continued Mrs Nicholson.

"School is like a second home to us and we are passionate about enabling all children and adults to flourish in their own special and unique way.

The pupils' views are highly valued and we have three pupil led groups to ensure the children have a clear voice in the running of the school and an opportunity to carry the school Christian vision forward."

In the report the inspector wrote: "Inspirational leadership has led to rapid progress in the last two years. Together with governors, the headteacher has strengthened an earlier vision of 'listen, learn, love, laugh' and ensured that the school's Christian foundation is now unmistakable. Her passion for Church school education is undeniable and infectious."



Page 2
The Scouts are feeling rich!



Page 3
Brave dookers raise £1,945



Page 6
Luncheon Club outing



Pages 7
Christ Church Nativity



Page 20
Nat's heading to the top



Page 20
Go Nathan Go!



£725 From Choir



Report by: Lawrence Marshall
Photos by: Kevin Anderton

Silloth Men's Choir held their Christmas concert on December 13th in the Caldew Hall.

The evening began with a pie and pea supper, trifle and mince pies. The choir which is directed by Derek Shaw was depleted due to illness including our Rector Bryan Rothwell.

At the interval the usual grand draw was held. Thanks to everyone who donated prizes. In the second part we were treated to a solo by Barry Lodge. Barry's rendition of 'The Sunshine of your Smile' was

very well received.

In our programme we sang 'The Rose'. It was a favourite song of former choir member the late Jim Brough. He often sang it as a solo in this hall and others. Before the final song Derek Shaw was presented with an envelope by choir member Bob Killen, which was the choir's appreciation of the work Derek puts into the choir. Derek thanked everyone including general manager Ernest Graham.

Tim Barker addressed everyone and thanked them for contributing to the evening raising £ 725 for church funds.

£1,252 for Silloth Scout Group



At our 1st Silloth Scout Group meeting on 23rd January we had two very special guests from Silloth on Solway Golf Club. They came to give the group a cheque for £1,252 which was raised on their charity golf day in December.

We were overwhelmed by their generosity and cannot thank

them enough for this donation. Thank you to everyone involved and especially Lenny and Malc for presenting the cheque and to Silloth on Solway Golf Club.

The new start times for



the group are Beavers 5:45 to 6:45pm, Cubs 6:45 to 8pm every Thursday night. You will also need to pay this terms fees of £20 per child.

You can get in touch with them via email on sillothscoutgroup@gmail.com or through their Facebook page, 1st Silloth Scout Group.

Causewayhead WI Meetings 2020

Visitors and prospective members are very welcome to come along to up to two meetings for a donation.

Please bring your own mug for refreshments.

We normally meet in Silloth Community Hall but please check with a W.I. member to confirm the venue, or contact Pat Bell on: 016973 31447.

Wed. 8 th Jan 2020 @2.00pm Speaker: - Emma Carter Computer @Bank Scams	Wed.12 th Feb. 2020 @ 2pm Members Afternoon	Wed. 11 th March 2020 @2.00pm Ken Graham Talk with Slides: - Japan
Wed. 8 th April 2020 @ 2.00pm Speaker: - Mary Skelley The Work of the Samaritans	Wed. 13 th May 2020 @2.00pm Resolution Meeting	Wed.10 th June 2020 @2.00pm Speaker Rosalind Downing History of Stead M'Alpin
Wed. 8 th July 2020 @2.00pm Speaker: - Lesley Connolly Pewter work and Jewellery	August 2020 No Meeting	Wed.9 th Sept. 2020 @2.00pm Speaker: - Caroline Neil Training for Journalists working in War Zones
Wed.14 th Oct. 2020 @ 2.00pm Speaker: - Stewart Bowie The Strolling Magician	Wed. 11 th Nov.2020 @ 2.00pm Speaker: - William Little Watchtree Nature Reserve	Wed. 9 th Dec. 2020 @ 2.00pm AGM ?





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Christmas Singalong with Bailey & Kream

Report by: Penny Stimson

On Saturday 21st December St Andrews Hall was rocking to the lovely Christmas music of Bailey and Kream as they gave us a great evening of sing a long.

The tree was lit up and decorations hung from the ceiling giving the Christmas spirit to the occasion. The evening was finished with a rendering of carols which

was enjoyed by all.

We managed to raise £125 towards our decorating fund, which this year has seen a lot of work done to the hall, from windows, rendering the outside wall, to dry rot. With all older buildings there is always something to do, so we do need your help to get this work done and thank you all for your kind support.

Blow Away the Winter Blues

Report by: Penny Stimson

A new year brings new challenges. If you are lonely or feeling down, come along to St Andrews Hall and meet new friends at "OUR DOORS OPEN" every Tuesday from 12.00 - 1pm with many staying much later.

You can enjoy a light lunch along with tea/coffee, cake and biscuits. Our lunches are free and donation only should you wish to leave one.

We have a saying at "Our Doors Open" that there are 'no strangers here only friends you have not met'. So come along and meet your fellow neighbours and friends in a very welcoming and enjoyable atmosphere while enjoying a good old "Craic" during lunch.

All are welcome and we look forward to the pleasure of your company on Tuesdays from 4th February.

Happy New Year To All.

Dookers Raise £1,945.57



The Allonby Bay Dookers are delighted to report that £1,945.57 has been transferred to Maryport Inshore Rescue.

This is an incredible amount

and is more than last year. Thank you all very much for your support, sponsorship and to everyone who came along to cheer us on.

Huge thanks must go to the team of volunteers in Allonby who help make it such a fun and successful community event on New Years Day.

Three Words could Save Your Life

Cumbria County Council's Fire and Rescue Service has today rolled out the 'what3words' location technology that could help to find people faster in an emergency situation.

In an emergency, identifying a caller's exact location is incredibly important, but sometimes there is no easily identifiable landmark, address or postcode to establish exactly where an incident is taking place and this can result in valuable minutes being lost.

The free **what3words** app uses GPS technology to allow the caller and the emergency services to quickly pinpoint where they are and where an incident is taking place. This means that no matter where they are – in a field, on the roadside, in the countryside, by a river bank or outside one of a multiple entrances to a shopping centre or concert arena – a fire crew can be sent to their precise location to tackle a fire incident, rescue someone from the water or rescue people trapped by a road traffic collision.

what3words has divided the world into 3-metre squares and given each square a unique three word code which lets anyone give their exact location simply by using these three words.

For example, Cumbria Fire and Rescue Service's

headquarters in Penrith gives you the three words `///giants.dates.sponge`, while Workington Fire Station on Moorhouse Road gives you `///sofa.vouch.faded`. If you are by the bank of Bassenthwaite Lake and see someone in the water in difficulty, rather than explaining to the call handler you are near the lake viewing point, you can give the exact location with just three words generated by the app: `///presuming.pace.degree`.

Cllr Janet Willis, Cumbria County Council's Cabinet Member for Fire and Rescue, said: "what3words is already being used by over 70 Police Forces and Emergency Services across the UK. North West Fire Control, who answer emergency fire calls for Cumbria Fire and Rescue Service, now have the technology to convert what3words into the nearest street address location so that they are able to send the closest resources to emergencies."

This system will really complement the range of other technology available to the control room so that crews can get to incidents more quickly. This is particularly beneficial in a large rural area like Cumbria that has a high number of visitors that are not familiar with the local area, and are often unable to give an accurate address to emergency call handlers. The app has already been credited with saving lives by reducing the time to identify the exact location of an emergency situation. I'd encourage everyone to download the app today and tell their friends and family to do the same as you never know when you might need to use it."

what3words is free-to-use and available as a mobile app for both iOS and Android and via the **what3words** website.

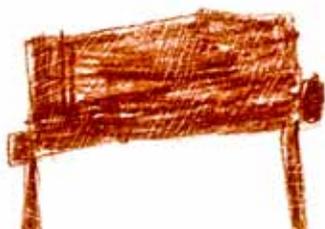
Why not download it and give it a try and see what three words stand for your home or workplace?



Math Bee
by
Connor Riddick
from
Holm Cultram Abbey School



Dotty Bee
by
Isla Hillier
from
Holme St
Cuthbert School



Causewayhead WI

Report by: Jenny Stride

In December we held our AGM and the competition trophies were presented:

General Competition joint winners Pat Froggatt and Frances Jackson. Flower Competition, Pauline Parr Wild Flower Competition, Pauline Parr.

The winners of the book title quiz from our coffee morning in October were also announced as Chris Hoskin from Abbeytown and Sue Rowe from Brough by Sands.

For our January meeting Emma Loveridge, NatWest Community Banker, came to talk about bank scams. This was extremely interesting and informative.

These scams can affect anyone and cost between £5 and 10 billion every year in lost monies, costs and time in investigations. This could in fact be much higher as due to embarrassment only around 5% of victims report it. 43% of over 65's are targeted although this figure is dropping slightly as there is an increase in younger people, particularly students being targeted.

Postal scams are now less common but if you get a letter from a bank or major organisation such as HMRC asking for confidential information be very wary. Be aware that the phone number on the letter may not be genuine. Telephone scams are one of the most common and can be the most convincing. If the caller is pushy or aggressive it is unlikely to be genuine. If in any doubt hang up, as scammers can keep the line open wait about 15 minutes or use a different phone in a different room before ringing to check. Any genuine caller will not object to you wanting to check.

If the caller says there is a problem with your internet and wants you to log in and let them take over remotely, this is extremely dangerous and likely to lead to access to your confidential details and also to your bank account. Always be very cautious when transferring money and triple check the details. If in doubt always check with your bank directly.

Text messages are another common scam, banks will sometimes send a text asking whether you have made a certain transaction and asking for a yes or no response but will never ask for your PIN or card number.

Doorstep scams can be rogue traders, distraction burglaries. Emma told us of a case where a woman with a small child knocked on someone door saying child was desperate for the toilet.

She managed to extract the householders purse from a bag left near door and used her card to withdraw cash. It appeared she had seen the woman use her PIN in shop and followed her home. Always cover your PIN when using it.

With suspicious emails never click on links as these can lead to spyware and viruses.

A scam which is now common with students is for the scammer to pay them money to transfer to another account keeping 10% as a fee. This seems innocuous but can lead to the student having a criminal conviction for money laundering which can seriously affect their financial future.

Another common scam is 'romance' scams where people spend time cultivating a friendship or romance for several months and then start requesting money for things like fares to visit or hospital costs.

So the tips are:

1. Treat your confidential information like you would your house keys. You wouldn't give them to a stranger.

2. DON'T be embarrassed if you think you may have fallen victim contact you bank immediately, the sooner you tell them the greater the chance of getting your money back.

The website Friends against Scams is a non profit organisation and can be very helpful.

Emma Loveridge is always willing to give advice and help. Her details are emma.loveridge@natwest.com mobile 07918 367444.

Raffle winners: Dawn Eyre & Jean Graham

Competition:

1. Maureen Irving, 2. Jean Graham Flower Competition:

1. Mona Kent, 2. Pauline la Plante Wild Flower Competition:

Pauline Parr.



Police Ask Rural Communities To Help Tackle Rural Crime

Cumbria police are reaching out to rural communities following a number of thefts within the rural community across Cumbria.

In recent months Cumbria have seen an increasing number of quadbike thefts, officers believe that local people who live and work in our rural communities hold the key to disrupting and helping police apprehend offenders.

Officers are reaching out to those who use the rural road network and live and work in rural areas to be vigilant and report any suspicious activity to police or via the CrimeStoppers line - 0800 555 111.

Detective Chief Inspector David Cooper said: "We have recently seen an increased number of thefts within the rural community specifically quadbikes; this type of crime disrupts our communities and adversely affects the local economy. We are appealing to local people who live and work

in our rural communities to be vigilant day and night. It could be a suspicious vehicle or person or someone driving a quad bike

you don't recognise or who seems out of place with the vehicle or circumstances.

We are asking you to follow your instincts and report to Police. Officers will continue to patrol to provide reassurance to victims and communities, however, to assist



us in our efforts to apprehend these criminals, please report any suspicious activity or vehicles they see to the police. Anyone who has any information can contact police on 101 or call CrimeStoppers anonymously on

0800 555 111." If you think it is suspicious, it probably is. See it, think it, report it!

· Group of vehicles travelling in

convoy

· Vehicles not displaying registration plates

· Trailers with different

registration's to the vehicle towing it

· Insecure loads e.g quadbikes

· Persons asking for details of farms/ rural premises and their layouts

· People looking around properties and out



buildings.

· Persons filling up a number of Gerry cans

We need you to be vigilant. Report any suspicious activity to police or via the CrimeStoppers line on 0800 555 111. Your call may stop another from being victim of a crime.

Note: Although this information relates to Rural Crime activities, it may be that people living elsewhere may also have information about these crimes ie, being offered these stolen goods etc.

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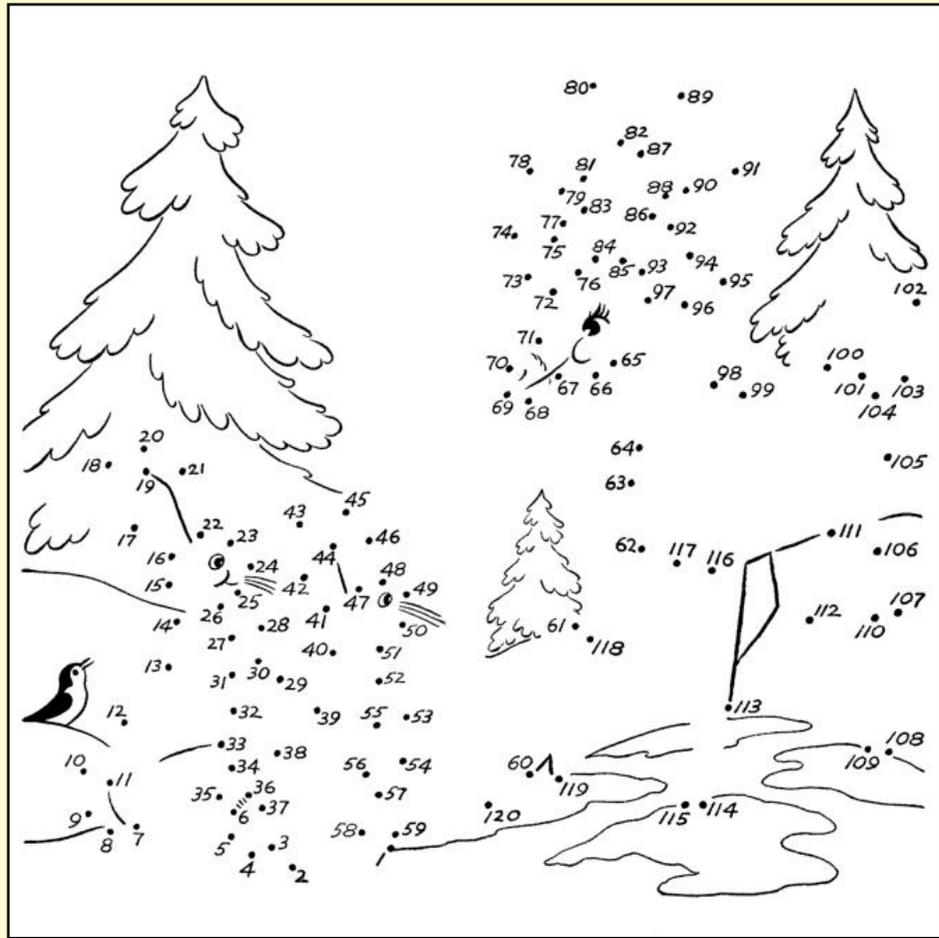
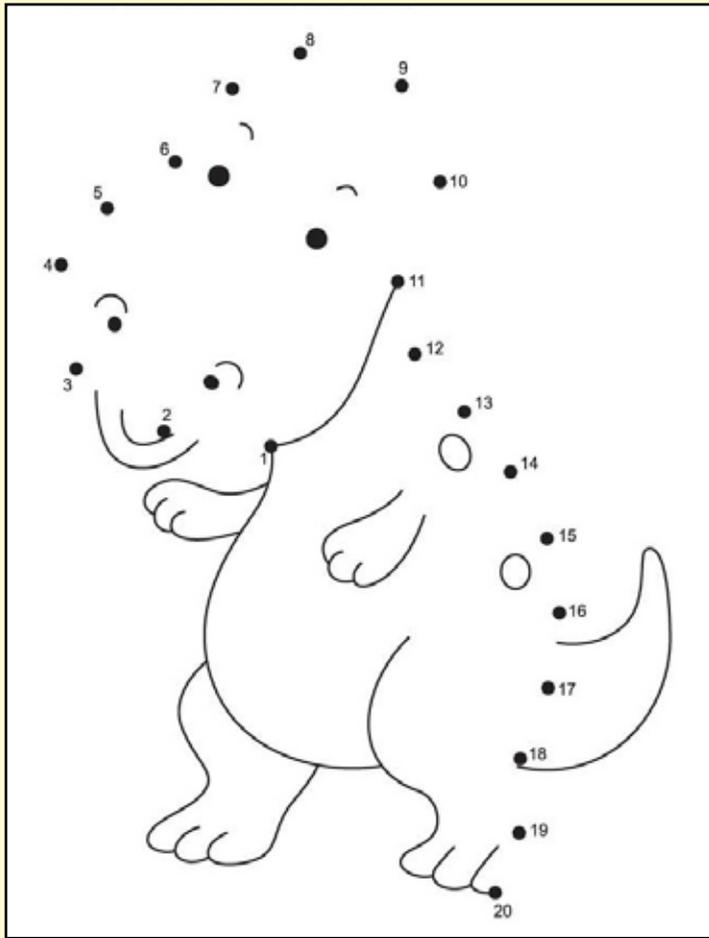


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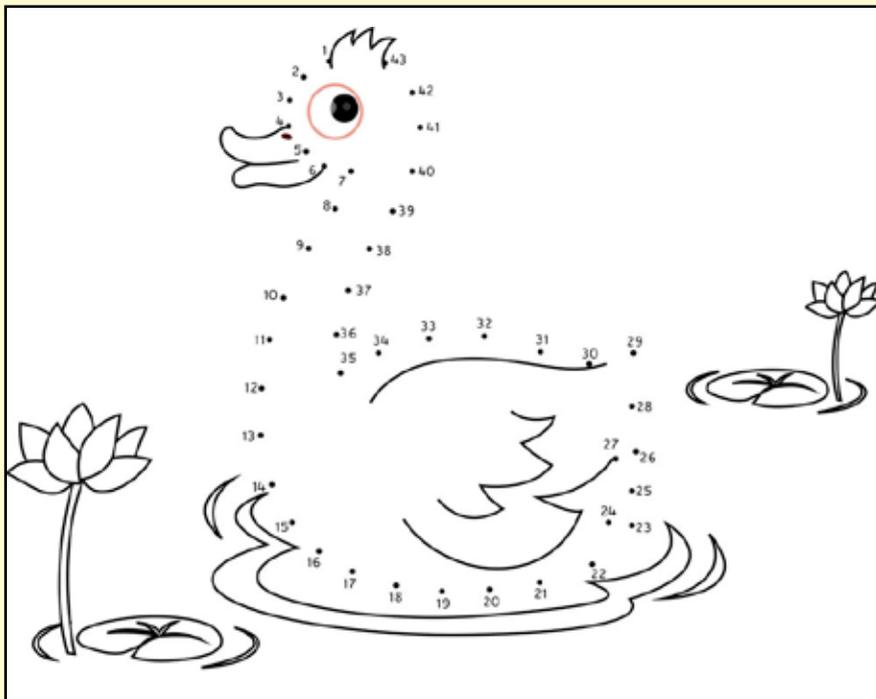
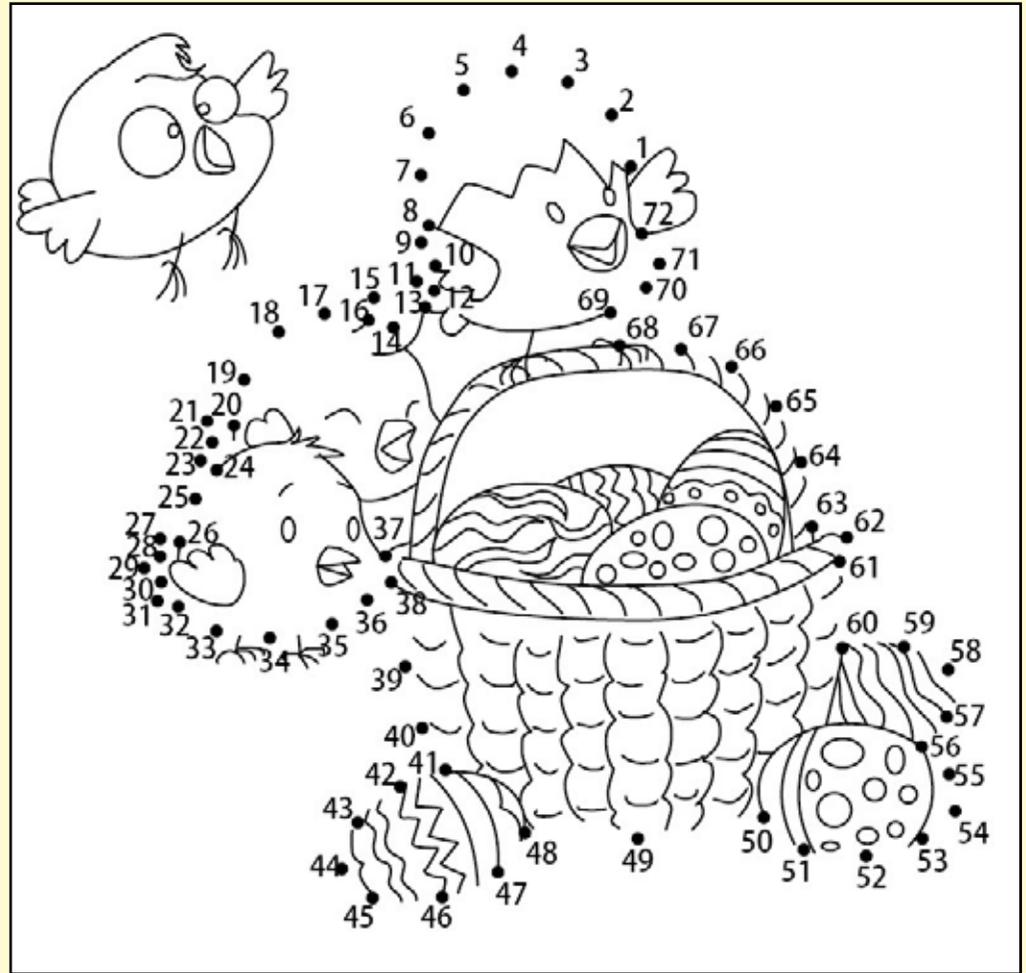
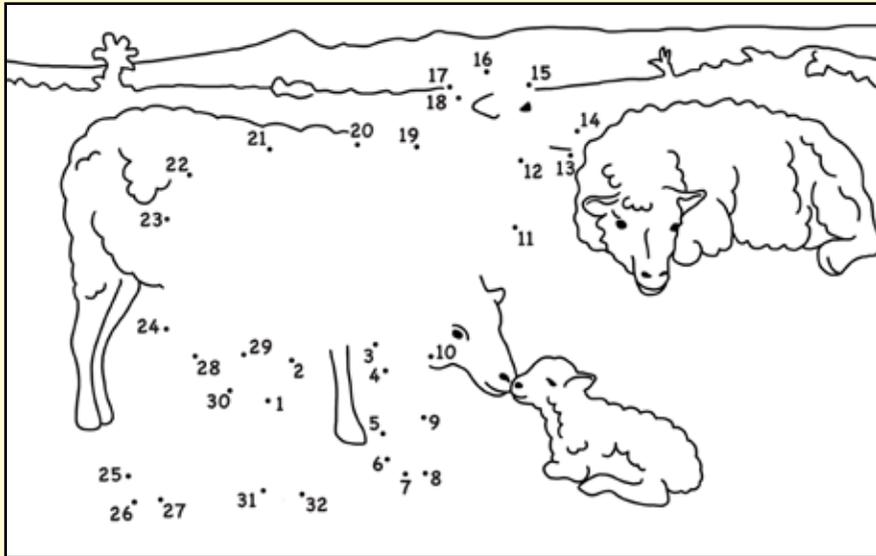
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Join the Dots & Colour In

Silloth Luncheon Club Christmas Outing



Report by: Lawrence Marshall
Photos by: Elaine Johnston

Silloth Luncheon Club visited Wheyrigg Hall Hotel for our Christmas party. A total of 21 diners and volunteer servers enjoyed a very good meal.

Solway Private Hire transported some of our people while others used their own cars. The staff looked after us very

well. We are again grateful to the SOS Charity Shop, without their help we would not have been able to have a Xmas party. It is also appreciated that the town council allow us to use their premises for our weekly lunches.

The food for our lunches is from the Solway Community College and our volunteers serve the food. During the school

holidays the Good Companions Care Home allow us to go to them for our Monday meal. Elaine Johnston and I organise the Monday Lunch club. It was very much enjoyed by everyone.

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Blencogo Garden Club

Report by: Lin Wood

Blencogo & District Garden Club first meeting of 2020 took place at The Greenhill hotel celebrating our Christmas lunch, and entertainment was provided by Steve Vinney. What a great afternoon, some of us even managed a dance. Meal was excellent and many thanks to all the staff at Greenhill.

This year's AGM will be held on Tuesday 25th February starting at 7pm, Held at Blencogo Village Hall. This will be followed with a fun gardening quiz, and hopefully name that tune.

The new programme for the

year will be discussed, new ideas are gladly welcome.

Why not come along and join membership £10 for the year.

Our next meeting following the AGM will be held on Tuesday 24th March, our speaker will be Adrian Cozens giving a presentation on Bee keeping and Honey making.

At this meeting a full programme for 2020 will be available.

Why not come along and join us on the night at Blencogo Village Hall.

Non-members £3 tea, coffee and biscuits included.

Christmas Day Meal

Report by: Jackie McCormick

Once again we enjoyed a lovely Christmas lunch this year thanks to a lot of very generous people in Silloth.

Firstly I would like to thank Silloth rugby club for supplying us with the venue at short notice and helping us with the run up to it. Also for opening and closing for us on the actual day. A great big thank you to all the business's and people of Silloth who generously gave enabling us to provide a three course Christmas lunch for anyone that needed one.

Without all you people this lunch would not happen. I am not

able to put everyone's name as I would hate to miss someone off the list.

I also would like to thank all the helpers that came to peel vegetables, serve meals and wash the dishes, you were all very kind.

One last very big thank you to Heidi Graham and John Graham for their fantastic cooking skills that made it the lovely lunch it was. On the day we raised £233 on Christmas day which we will be giving to Silloth RNLI.

We have our regulars that come every year so thank you to them and see you all again Christmas 2020. Happy New Year to you all.



Report by: Lawrence Marshall

On Christmas Eve at the well decorated Christ Church we had the ever popular crib-service.

There was a very good attendance of relations and friends

of the young people. Due to Rector Bryan Rothwell not being available because of illness the service leader was Yvette Ladds from Wigton Yvette is a Network Church Leader in the Solway Plain area.

The baby Jesus was Jude Foster and numerous other young people acted out the sheep, shepherds, animals and kings. An enjoyable show that everyone loved on Christmas Eve.

Family History Taster

Event: Family History Taster

Date: Wednesday 12 February 2020

Time: 6.00pm to 8.00pm

Venue: Silloth Community Hall

Address: Petteril Street, Silloth, Cumbria, CA7 4EA

Tutor: Sarah Edwards

On Wednesday 12 February 2020, there will be a 2 hour free taster course to cover the basics of starting your Family History research journey. The aim of the course is to give students a taste of how to start researching their family history from the beginning without paying for internet sites.

This course is suitable for beginners and improvers. All welcome. We look forward to seeing you there.

You can enrol online for this course. For more information and to enrol click on the link below.

<https://enrolonline.wea.org.uk/Online/2019/CourseInfo.aspx?r=C3844037>



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by Kieran Carr from Holm Cultram Abbey School

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Can You Help at Community Garden?

Report by: Graeme Aiken

Friends of Silloth Green are looking for volunteers to join our excellent band of helpers.

If you can spare two hours on a Wednesday morning, then why not pop along to the Community Garden at 10am, to lend a hand. We'd love to see you there!

We are planning to spend a couple of hours each week to continue the excellent work that has been started, planting out areas on the Green, pruning and weeding etc., please come and join us. Volunteering is a great opportunity to get outdoors, enjoy

some fresh air, blow away the cobwebs and meet like-minded people. Refreshments will be provided afterwards at The Fairy dust Emporium.

Forthcoming dates are
 Wednesday's:
 12/19/26th February,
 4/11/18/25 March
 and
 1/8/15/22/29 April.
 For more details, please see Friends of Silloth Green on



Facebook.

Want to get more involved? Why not join the Friends of the Green Committee - next meeting, Tuesday 25th February at 6pm in the Community Hall."

Waver Wine Circle



Report by: Stuart Jones

On 11th December eighteen members and guests of Waver Wine Circle met at the Wheyrigg Hall Hotel for our annual Christmas Dinner. Thanks to Helen, Joe and their staff for a very enjoyable meal and making us so welcome.

Stella and Bill tested us with

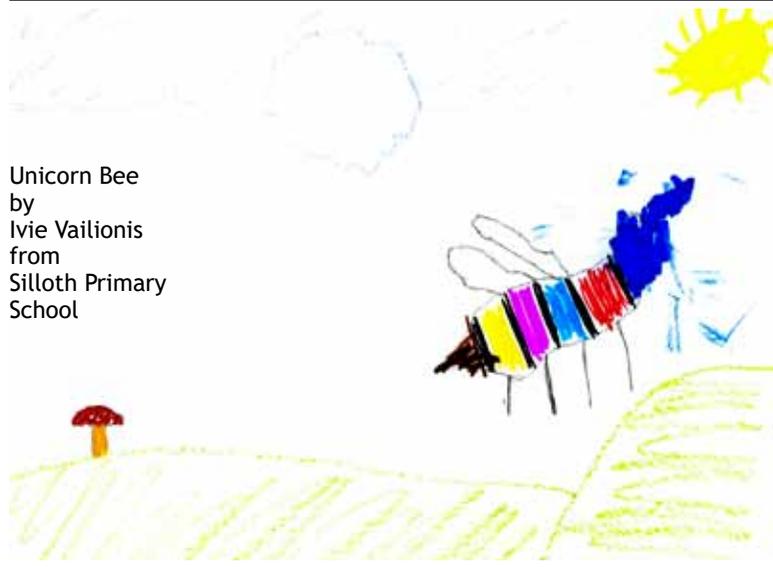
their usual quizzes and Stella organised the raffle. Thanks to all who donated prizes.

Our 8th January meeting, organised by Nick and Linda, took us for a New Year's lunch at the Silloth Golf Club. Fifteen members and guests sat down to a very enjoyable lunch.

Stella again organised the

raffle and Chair, Bell Henderson presented a bouquet to Vera Watkinson, who recently celebrated her 90 birthday. Thanks to Nick and Linda for organising the lunch for us.

The next meeting will be on 12th February, when we will have our annual Cheese, Wine and Games evening.



Unicorn Bee by Ivie Vailionis from Silloth Primary School



Pollution Picker by Rafe from Silloth Primary School

Biggest Ever Adoption Campaign



Cumbria County Council launches its biggest ever adoption campaign in the hope of encouraging more people in Cumbria to consider adopting and find out more first-hand.

Cllr Anne Burns, Cabinet Member for Children and Family Services, said: "Our adoption service want the very best for our children and adopters, and work tirelessly to match children with the right forever families. Over the last 5 years, we have found permanent families for 270 local children who needed the security and love that adoptive parents provide. We're always ready to talk to people who are considering adopting, so if that's you, please take that first step and contact us." The county council welcomes

adopters regardless of age, marital status, gender, sexuality, disability or employment status and in most cases the process takes 6-8 months.

Last year, the council's adoption service matched 43 children with adoptive parents and almost a third of the children were placed with LGBT families, more than half of the adopters were over 40 years old, half already had children in their family and a small number of single people adopted.

The adoption process is surrounded by many myths and misconceptions but the county council is encouraging people to find out the realities for themselves; and who knows, 2020

could be the year they change the life of a child and their own life too.

People who are considering adoption can tune into the @cumbriafosteringandadoption Facebook page over the next 4 weeks as they share more information about the children, the process, myth-busters and advice from their experienced adoption service staff.

What's more, events are taking place across the county, including bookable private appointments in Carlisle, Penrith, Workington and Barrow; plus an additional information event in Penrith on Tuesday 4 February 2020 at The George Hotel.

More information can be found at www.cumbria.gov.uk/adoption.



West Silloth Motors

**Motor Vehicle Body Repairs
Diagnostics, Servicing & Recovery
Aircon Service Now Available**

Causewayhead, Silloth, CA7 4JG, Tel: 016973 32833

Free Vehicle Collection & Delivery Service

MOT TEST CENTRE
Cars, Vans & Motorhomes

Happy Birthday Margaret



Report by: Elaine Johnston

The Monday Luncheon Club on 20th January had a very special reason to celebrate recently as one of their members, Margaret Peach, celebrated her 90th Birthday. Margaret was thrilled to receive some lovely flowers and a card from

all her fellow diners.

Her friend Joyce had kindly organised it all as well as giving her a homemade Birthday Cake complete with candles!

After the usual singing of Happy Birthday and the blowing out of the nine candles (one for each decade),

Margaret said she had made a wish that all her fellow diners as well as all the helpers could enjoy good health and happiness in the future.

Margaret thanked everyone for their kindness and said she was hoping for a lot more birthdays to come!

Abbeytown Village Hall Closed



Report by: Village Hall Committee

Following an open meeting to discuss the future of our village hall, the decision was made to close the hall from 31st January 2020.

There were six people present at the meeting and after discussions all agreed with the decision.

This has been a very difficult choice for the committee to make

but due to financial reasons, lack of bookings and the repair works needed we had no other choice.

The committee would like to thank everyone who have supported the hall over the years, it has been a real asset to our village I'm sure you will have many fond memories of events you have attended.

Bird Talk & Supper

Don't miss this on 8th February; a talk on Swifts, Swallows and Martins by award winning ornithologist John Callion in Mawbray Village Hall. Tickets £12 includes a supper by Annette Gibbons. The bar will be open. Contact Annette on 01900 881356 to purchase tickets.

Annette says "We need to mention it's a South African evening with a glass of Pinotage wine, two course supper so that the punters realise it's a fundraiser with value for money!" and she is right.

To book tel. Chrissie on: 01900 881356.

Feed & Read at the Library

A scheme was launched in summer 2019 that saw 'Feed and Read' offering a free healthy lunch to children in libraries as part of the established Summer Reading Challenge. This was a great success with over 900 packed lunches reaching children in Workington and Maryport. February half term (Monday 17th -Friday 21st) will see each of our nine libraries offering one Feed and Read session during the school break. The theme is 'Love Cumbria' and the sessions will include fun activities, events, competitions and opportunities to access a huge range of books

including books on Cumbria and local history for our 'Love Cumbria' theme. Each library will be exhibiting community artwork as an expression of their love of Cumbria.

Feed and Read is a joint initiative, funded by both Cumbria County Council's Allerdale Local Committee and Allerdale Borough Council to address food poverty during school holidays when children may ordinarily receive a free school lunch but also to keep young minds active whilst not in school. The offer is open to all children so join us to feed your minds and bodies, meet new people and share with us your love of Cumbria.

Local businesses and supermarkets have pledged their support for February's programme to which we are immensely grateful and enables us to support the children in our communities.

Feed and Read sessions will run as follows:

- Silloth - Monday 17th February 12:00
- Aspatria - Monday 17th February 12:00
- Wigton - Tuesday 18th February 12:00
- Maryport - Tuesday 18th February 12:00
- Cockermouth - Wednesday 19th February 12:00
- Keswick - Wednesday 19th February 12:00
- Seaton - Thursday 20th February 12:00
- Moorclose - Friday 21st February 12:00
- Workington - Friday 21st February 12:00

Catch it. Bin it. Kill it.

Stop the spread of flu germs. Use a tissue and wash your hands thoroughly.

Cold weather can be seriously bad for your health. That's why it is important to look after yourself, especially during the winter. If you start to feel unwell, even if it's a cough or a cold, don't wait until it gets more serious. Seek advice from your pharmacist.

Catch it. Bin it. Kill it.

Flu is very infectious and spread by germs from coughs and sneezes, which can live on hands and surfaces for 24 hours.

Practising good hand hygiene and giving eligible people the flu vaccine is the best defence against the virus.

To reduce the risk of spreading flu: use tissues to trap germs when you cough or sneeze bin used tissues as quickly as possible wash your hands often with warm water and soap

If you have children aged two to three go to your GP practice to get them vaccinated now

The flu vaccine will help protect your child from flu and reduce the chance of it spreading on to others. For most children, the flu vaccine is not usually an injection, just a quick and easy nasal spray.

Children aged 2 and 3 (on 31 August 2019) receive the vaccine through their GP and all primary school aged children receive it in school. If you have a child who is of the eligible age, make sure you sign the consent form allowing them to have the flu vaccine at school.

Who else is eligible?

In 2019/20 the free flu vaccination will be offered to: Those aged 65 years and over Those aged six months to under 65 years in clinical risk groups Pregnant women Those living in a residential or nursing home

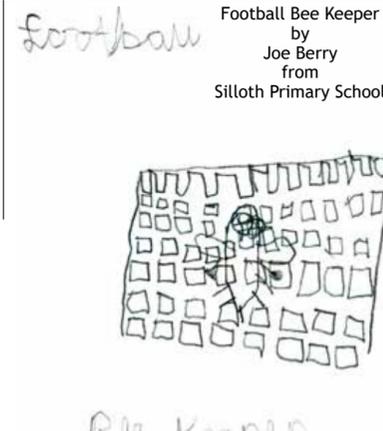
The main carer of an older or disabled person Children aged 2-3 (on 31 August 2019) and all primary school aged children People with learning disabilities and some carers can also get a free flu jab

If you are eligible for the flu vaccine, get it now - it's free because you need it.

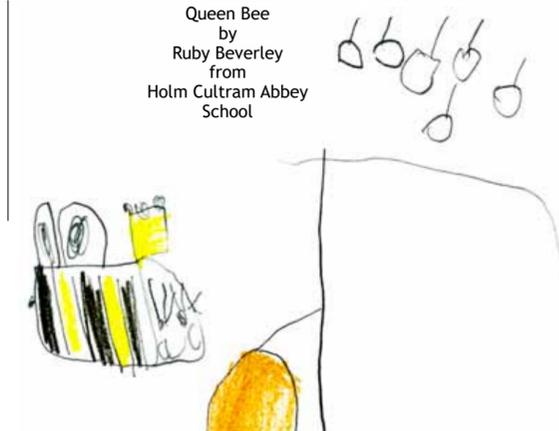
Contact your general practice, pharmacist or midwife to get it. Visit www.nhs.uk/flu-vaccine for more information.



Luke Beewalker by Cole Henderson from Silloth Primary School



Football Bee Keeper by Joe Berry from Silloth Primary School



Queen Bee by Ruby Beverley from Holm Cultram Abbey School

Youth Club Opening

Another great effort from the people of Silloth. We often see a lot of negatives, when really we should be so proud of what Silloth achieves. It has been a very busy few weeks for our amazing volunteers.

Thank you on behalf of us all at the youth club to those who have supported us.

We hope to see as many people as possible Silloth Youth Club reopens on the 29th January at 6pm, we are looking forward to welcoming all the kids!



Lifeboats

QUIZ NIGHT AT MRS WILSON'S

on Friday 7 February 2020 at 7.30pm at Mrs Wilson's, Criffel Street, Silloth

Entry £6 per person including supper.

Teams of up to 4 members. Numbers are limited. pre-book at £3 per head at Mrs Wilson's. Tel: 016973 31155.

Time Out

Your space:
Reflect
Relax
Tranquil

First Monday of the Month. At 2.45pm
Methodist Church Hall

Time Out is a series of relaxing guided meditations based on faith stories.

SILLOTH MOTORCYCLE MUSEUM

See wonderful Race Winning Motorcycles

Entry Free

Open Daily 10am to 4pm (Wed 10am to 1pm)

Tel: 07764 405136
Solway Street, Silloth-on-Solway

Silloth Youth Club

Re-opening Wednesday 29th January @6pm

Then open weekly Monday & Wednesday Nights 6-9pm

Pool - Darts - TV - Games - X-box
Playstation - DVDs - Books
Crafts & more!

For 11-18 year olds.
Youth Club Hut behind the community hall on Petteril Street

FUNDRAISING EVENT

In aid of: **THE LOWTHER TRUST**

A South African themed fundraising event is being held in aid of the Lowther Arms Community Project. Everyone is welcome to attend.

Swifts, Swallows and Martins
A talk on the migration of Swifts, Swallows and Martins will be given by award-winning British ornithologist and author John Callion.

Annette Gibbons will be providing supper and glass of wine based on the South African theme. Raffle tickets will be on sale.

Date: Saturday 8 February 2020
Time: From 7.30pm
Venue: Culterham Hall Mawbray
£12 entrance per person (price does not include drinks from the bar)

Cumbria County Council

Be Inspired
Community Learning and Skills Programme
Spring 2020

Be inspired by the people of Cumbria

Spring brochure available now!

Serving the people of Cumbria cumbria.gov.uk

Catch it. Bin it. Kill it.

Stop the spread of flu germs. Use a tissue and wash your hands thoroughly.

Letters

Dear Buzz,

Last whinge of the year, I cannot believe how traffic speeding bays can appear virtually overnight yet potholes in the roads and pavements take weeks if not months to sort out or am I becoming cynic of the year as well?

I would also like to commend all those who took the time and trouble to brighten up the town with their Christmas and New Year light displays.

Happy New Year
C Briggs

Dear Buzz,

After spending two weeks in the Orthopaedic ward of the Cumberland Infirmary I was ready to be discharged. I asked if a care package had been put in place for me and was told I had to arrange my own. Is this to be normal practice now for pensioners leaving hospital? I'd like to say thanks to Christine's Taxi Service who did my shopping and still takes me to the shops, and thanks to the Good Companions for meals on wheels Monday - Friday.

I Alderson

Dear Buzz,

I would like to say a big thank you to everyone that purchased a copy of my little book (Grandma's Animal Stories). Also a big thank you to my dear friend Margaret Hobson for her lovely illustrations and to Rick Felix for helping me with the lay out. Your support and generosity have enabled me to give a donation of £50 to Silloth First Responders.

Joan Bennett

Dear Buzz,

After the death of Norman Carruthers, His wife Pat & family would like to thank firstly the Convalescent Home for the care and compassion, they gave to Norman during his short stay there. The money collected at the crematorium (£343.60) will be donated to the Home. We would also like to thank Darren Studholme (funeral director) for all his help. Last but not least on behalf of Norman's family we would like to thank friends and neighbours for their kind words flowers and cards. At this very sad time it gives us comfort to know he was well thought of.

Shirley Fearon

Poems are Buzzing in 2020

THE FLU JAB, by a shy man

It was for my protection
To have the injection
And stop me from catching the flu.
And so, worried sick
I went for the prick, to the doctors
And joined in the queue.

Things couldn't get worse,
Until out came the nurse and said
"Mike, it's your turn. Come on through.
She said "take off your shirt,
I said "nurse will it hurt?"
And she smiled as nurses will do.

"It'll do you no harm
So please bare your arm."
When I cringed, she said. "Really, come, come."
"This is your last chance
Or you'll drop your pants
And I'll give you the jab in your b*m"

"I know it's pathetic,
But I want anaesthetic," I pleaded.
She said "get a grip."
Her look was so sad
That it made me feel bad,
So I put on a stiff upper lip.

With much agitation
and humiliation,
I offered the nurse my forearm.
No more could I wheedle to
A-void the needle,
So I smiled to disguise my alarm.

I began to feel sick
As the hypodermic
Was filled from a vial by this devil.
It was now very plain
that inflicting pain
Was something in which she would revel.

Then to my surprise,
She looked into my eyes,
And she smiled and before I could grin
With the sterilised pad,
I knew I'd been had,
A slight prick, and the needle went in.

It was like a dream
And I wanted to scream,
The pain it was excruciating.
To be perfectly frank
My whole mind went blank and
I hoped that oblivion was waiting.

Then a voice in my head
Very quietly said.
"That's all over,
So put on your shirt."
So I opened my eyes,
And to my surprise,
It was only my pride
That was hurt.

I quickly got dressed,
And feeling depressed,
Attempted a dignified exit.
I tried not to rush,
In case I would blush,
But I panicked and hurriedly legged it.

A lot of old folk's
Old wives with old blokes
Sat silent in that waiting room.
I said. "no need to worry"
And left in a hurry.
Leaving them to their impending doom.

Yet I was ashamed
For my name was defamed.
So I said "I will go to their rescue"
Then I saw they'd survived,
Because when I arrived,
"Who was there, but the whole lifeboat crew.

Freedom, by Joan Bennett

I've broken the law and for this I must pay.
The sentence I'm given, one month and a day.
Don't worry I'm told the time will soon pass.
At least you have shelter, warm room, a repast.

So now I'm in prison alone in my cell.
About to embark on my sentence of hell.
How do I know this? I know you will ask.
Stone floors don't compare with the lushness of grass.

Tall walls although green, I can't think of as trees.
White ceilings aren't clouds that float by on the breeze.
The bed is quite comfy but I like my bench.
Cool rains wash my face but my clothes they will drench.

No matter for soon the sun it will shine.
Drying the clothes and possessions of mine.
No more to enjoy nature all around me.
This pleasure must wait until I am free.

Never again will I light a small fire.
To warm up my soup had been my desire.
Too close to the bandstand the fire I lit.
A big gust of wind took a spark in a fit.

The bandstand caught light, not too badly I thought.
Not the Policeman's opinion, soon I was in court.
So now I must suffer my freedom is lost.
One small misdemeanour, a terrible cost.

So, I warn you be careful, don't think it a lark.
Think of me yearning, for my home in the park.



YouTube Bees!
by Sophie Crawford
from
Holm Cultram Abbey School

Non-Commercial Tourism Websites

solwaybuzz.co.uk
sillothgreen.co.uk
sillothonsolway.co.uk
sillothgolfclub.co.uk
vintagerally.co.uk
sillothbeerfestival.co.uk
silloth-on-solway-tc.gov.uk
sillothmotorcyclemuseum.co.uk
visitcumbria.com/wc/silloth
soldiersinsilloth.co.uk
solwayplain.co.uk/silloth1.htm
facebook.com/sillothgreen
facebook.com/silloth-carnival
facebook.com/groups/121042258051545
(Silloth Today)

Any other suggestions of sites useful for our visitors,
please send them to the Buzz at: office@solwaybuzz.co.uk

Silloth's Man by Penny Stimson

We have a man in Silloth
looking out to sea.
He sits all day and ponders
just what he would like to see.

His trusty dog is by his side
waiting palpation
for his masters instructions
or a stick thrown out to sea.

He's very large and solid
to face the winter gales,
and around his head a seagull
will swoop, dive and sail.

He's never said a word to me
or anyone I know,
he spends his day just sitting
wondering where it is he'll go.

But I know there is nowhere
he would rather be,
than sitting on the shore line
just looking out to sea.

Silloth is his home
and here he'll always stay.
So say hello next time you come
to Silloth for a day

Silloth Library

Opening Times

Monday 10-1pm 2-4pm
Tuesday CLOSED
Wed 10-1pm 2-4pm
Thursday CLOSED
Friday 10-1pm 2-4pm
Saturday 10-1pm
Sunday closed

During lunch times; the library
will be closed and staff will
not be available

Tel: 016973 31944

Do you have a poem or letter for the Buzz?

We welcome all submissions there
is no charge. Please remember to
include your contact info.

1932-33 Billiards Team

Action on Quad Bike Thefts

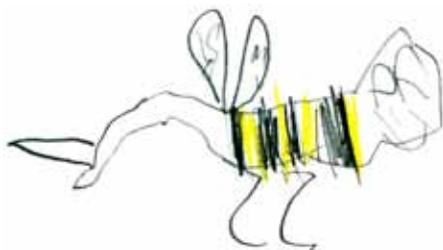


Back L-R: T. Nichol, C. Graham
Front L-R: S. Maskell, J. Greenall (Captain), J. Wallace, T. Elliott

The only picture to get a response from the five old photos in the last issue was this one of the Silloth Recreation Hall Billiards Team. They were the winners of the Carlisle Club & Orme

Billiards League Shield, Div. 1, 1932-33. The framed original is in the Bowling Club.

Many thanks to Sandra Parker and Pauline Reid for the information.



Jacob Bee
by
Jacob Burdett
from
Holm Cultram
Abbey School

Cumbria's Police and Crime Commissioner, Peter McCall and Cumbria Constabulary have met with representatives from the farming community, suppliers, insurers and quad bike manufacturers to look at ways to reduce the number of quad bikes that have been stolen in Cumbria.

The meeting at Police HQ, Penrith heard there has been an increase in quad bike thefts in the county over recent months with 86 quad bikes thefts being investigated by police in the last 12 months. The majority of crimes took place in the later part of 2019 during the hours of darkness.

The meeting focused on what more can be done by farmers, suppliers, insurers, manufacturers and police to ensure that quad bikes are not an easy target.

Police and Crime Commissioner, Peter McCall, said: "We are incredibly fortunate in Cumbria that we have low levels of crime in our rural communities so when there is an increase in any type of crime the Police want to deal with it robustly. Any victim of theft will tell you the feeling of violation they have felt when their property is broken in to and taken from them. We don't want anyone to feel this way. We had a really constructive and frank meeting with a number of actions being taken away by the relevant parties. It is very apparent that the solution doesn't rest with one party but it will require a number of solutions across manufactures, insurers, farmers and the police to bring a long-term solution similar to the issues that were addressed some years ago



vehicles which would help to hinder the sale of stolen vehicles. As Police and Crime Commissioner, I have part-funded a number of events across the county to focus on the security options available. Details will be available in the next few weeks."

Cumbria Constabulary Assistant Chief Constable Andy Slattery added: "Quad bike thefts have increased in the county and it is a similar picture across the country. We

all have a responsibility that Cumbria doesn't become an easy target for criminals. Often when the police become involved it is too late. We would urge everyone in rural communities to make it as difficult as possible for the thieves. As a bare minimum all farmers should ensure that the keys are removed and overnight your quad bike is in a locked shed. Where possible all the available options should be explored around marking and our PCSOs are trained to provide you with the information about the available marking schemes. Where trackers are fitted it is a significant help to the police investigation. Recently, where a tracker has been fitted it has resulted in two arrests. We also need the rural community to be our eyes and ears. If you see anything suspicious please report it via 101 or 101 emails. A specialist rural crime reporting line is also available to those who want to report suspicious activity anonymously 0800 783 0137. We look forward to working with the Commissioner over the next few months as target hardening events take place across the county."



I am optimistic that a solution can be found but as is often the case it will take all parties to work together. I met with the policing Minister this week and raised the issue of a lack of registration of quad bikes/all-terrain

SILLOTH CAFE

Traditional Fish & Chips to Sit-In or Take-Away

Mon-Sat 9am to 9pm
Sunday 9am to 8:30pm
Special Wheat Intolerance Gluten Free Option
Pensioners Meal Deal: Monday - Friday
Station Road, Silloth
Tel: 016973 31319



because you're amazing
Your New Consultant is Loretta

Meet on **Saturdays**
Silloth Rugby Club at 9am
everyone welcome
Contact: Loretta on 07766 118556

Masthead Bee Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered Kids Rucksack to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher. So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Return to your school, or Silloth Library, or post to the address on page 14 (large stamp) and a quality Solway Buzz embroidered Rucksack from Carlisle Embroidery could be yours. You don't have to be at school here to send a bee to us.



If you are here on holiday we would love to have your bee drawing. Pick up a form from Silloth Tourist Information and return it there or send it to us, our address is on page 14.

This month the winner is **Christina McGuire** from **Holme St Cuthbert School** with a bee drawing called "Lovely Rainbow Bee". Well done!



come and join us!

Discover more of your local area, meet new people and enjoy being outdoors

Join us for our regular "Walking for Health" group walks. Short, gentle walks lasting approximately 45 minutes.

Sunday February 2nd	2pm	Silloth Medical Centre Car Park
Tuesday February 4th	11am	Silloth Rugby Club Car Park
Tuesday February 11th	2pm	Silloth Rugby Club Car Park
Sunday February 16th	2pm	Silloth Rugby Club Car Park
Tuesday February 18th	11am	Silloth Library Car Park
Tuesday 23rd February	2pm	Silloth Library Car Park

Contacts: Gillian or Simon - (016973) 31309



Supported through funding from players of People's Postcode Lottery

Copy Date



Copy date for the April issue is:
1st week March
If your organisation has an event to promote or you have something to say, please note the next copy date.

Please let us know of any changes within this section

Martial Arts

Silloth Dragons
Mixed Martial Arts Club
train in Christ Church Hall on Thursdays
under 12's 6:45pm to 7:30pm
12's & over 7:30pm to 8:30pm
Keep Fit 8:30pm to 9pm
NEW MEMBERS WELCOME
For further details contact Stephen on 07811 761033

Cancer Support

Open to anyone who has/is living with cancer or anyone caring for someone with cancer. Feel free to drop in for a chat and refreshments any time between 2pm and 5pm on the second Wednesday of each month, at Wigton Bowling Club. For information contact: Gill Edmondson: 016973 71696

Abbey Monthly Munch

Holme Cultram Abbey Monthly Munch on first Thursday each month at 12 noon, only £4

First Responders

WE train on the first and third Tuesday of every month in Silloth Community Centre @ 7pm

Breast-feeding Group

Mondays 10am to 11:30am
Wigton Bowling Club, West Road, Wigton
Have a cup of tea and meet other breast-feeding mums. Support and advice is available from trained Breast-feeding Peer Supporters and from Health Visitors or Midwives. Information call Wigton Health Visitors: 016973 66608

Are these entries all up to date? If not - please let us know

Production Team

Proprietor:
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Editorial Content
This is down to you, we can only publish items if you send them to us.
When sending articles in, please supply a contact name and number in case something requires clarification.
Published by: Peter McRobert with the support of the whole community and an army of volunteers.

Dates for the Diary

January 2020

29th Silloth Youth Club opens for 11 to 18 year olds at 6pm, all welcome

February

1st Coffee Morning at Silloth & District Pensioners in St Andrew's Church Hall

3rd Silloth Town Council meeting in Silloth Community Hall at 7pm

4th Our Doors Open lunch in St Andrews Hall from noon to 1pm, all welcome

5th Solway Plains Artists meet in the Golf Hotel, 10am to 1pm, all welcome

7th RNLI Quiz Night in Mrs Wilson's @ 7:30pm, entry £6 inc supper, see article

8th Crunch collection at Skinburness Road car park 8am to 9:45am

8th Swifts Swallows & Martins fundraising event & supper in Mawbray Village Hall at 7:30pm, £12, see advert

12th Friends of Silloth Green, please volunteer at 10am to noon, then Fairydust

12th Causewayhead WI at 2pm in Silloth Community Hall

17th Feed & Read in Silloth Library at 12 noon, providing a FREE healthy lunch for children

19th Friends of Silloth Green, please volunteer at 10am to noon, then Fairydust

Crafting Groups

Come along on Mondays at 10am in Silloth Community Hall and another on Wednesdays from 1:30 to 3pm at St Andrews Church Hall. These are friendly people with a variety of crafting talents-willing to share their knowledge.

Friendship Hour

Silloth Evangelical Free Church, Eden Street Friendship Hour is on alternate Thursdays at 1:45pm. All welcome

Arthritis Support

Wigton Area Arthritis Support Group meet on 1st Friday each month at Fair View Court, Wigton @ 1:30pm

Children's Centre

Open 9am to 3pm on a Tuesday and Thursday, when a member of staff would hope to be present. Room usage is subject to fulfilling certain criteria and must be arranged and pre booked. Contact numbers: Silloth 016973 31509
Wigton 016973 43870
Aspatria 016973 23401

February cont'd

22nd Pancake Coffee Morning with Tombola. home baking in St Andrews Hall, pancake with tea/coffee £3.50, tea/coffee £1.50

25th Blencogo & District Garden Club meeting in the Village hall at 7pm, all welcome

26th Friends of Silloth Green, please volunteer at 10am to noon, then Fairydust

March

2nd Silloth Town Council meeting in Silloth Community Hall at 7pm

4th Friends of Silloth Green, please volunteer at 10am to noon, then Fairydust

4th Solway Plains Artists meet in the Golf Hotel, 10am to 1pm, all welcome

7th Crunch collection at Skinburness Road car park 8am to 9:45am

7th Coffee Morning at Silloth & District Pensioners in St Andrew's Church Hall

11th Friends of Silloth Green, please volunteer at 10am to noon, then Fairydust

11th Causewayhead WI at 2pm in Silloth Community Hall

14th St Patricks Night Meal & Entertainment, 7:30 - 9:30pm, in St Andrews Hall £7.50

18th Friends of Silloth Green, please volunteer at 10am to noon, then Fairydust

24th Blencogo & District Garden Club meeting in Blencogo Village hall at 7pm, all welcome

25th Friends of Silloth Green, please volunteer at 10am to noon, then Fairydust

27th Silloth Master Quiz in Caldew Hall at 7pm, see advert, 016973 31246

Dementia Cafe

Held in Wigton Methodist Church, 1st Monday in month 10am - 12 noon. For people with dementia and their carers Coffee, cake, chat....and more

Coast Bus Timetable

60E Maryport to Skinburness the current timetable is available from Silloth Tourist Office or Winters Newsagents or www.ellenvalecoaches.co.uk/service-60e.html

Blencogo Art Group

Every Monday from 1:30-4:30pm in Blencogo Village Hall. Refreshments provided, regular outings, tel 016973 61158 or 61327

April

1st Solway Plains Artists meet in the Golf Hotel, 10am to 1pm, all welcome

1st Friends of Silloth Green, please volunteer 10am to noon, then to Fairydust

6th Silloth Town Council meeting in Silloth Community Hall at 7pm

8th Friends of Silloth Green, please volunteer 10am to noon, then to Fairydust

8th Causewayhead WI at 2pm in Silloth Community Hall

11th Cream Tea 12 - 3pm £3.50, in St Andrews Hall, Home Baking and Tombola

15th Friends of Silloth Green, please volunteer 10am to noon, then to Fairydust

22nd Friends of Silloth Green, please volunteer 10am to noon, then to Fairydust

24th Retro Music Weekend 11 at Stanwix Park

25th Retro Music Weekend 11 at Stanwix Park

26th Retro Music Weekend 11 at Stanwix Park

May

6th Solway Plains Artists meet in the Golf Hotel, 10am to 1pm, all welcome

11th Silloth Town Council meeting in Silloth Community Hall at 7pm

13th Causewayhead WI at 2pm in Silloth Community Hall

23rd Table Top Sale in St Andrews Hall, £10 For A Table. Tea/Coffee Cakes & Home Baking 10 - 4pm, free entry

Walking Football

Every Monday 1pm - 2pm at Silloth football pitch by the tennis courts. Followed by tea/coffee at Methodist church hall.

Silloth Tots/Toddlers

We meet in the Children's Centre, Silloth, open to all children aged up to 4 accompanied by a parent/carer. Sessions are on Mondays: 10am to 11:15am term time only. Entry is £1 per family and this includes refreshments. All Welcome

Silloth Art Group

Meet on first Wednesday each month from 10am to 1pm, at the Golf Hotel. Call in for a chat & coffee, maybe give it a try.

NatWest Mobile

The van will be outside Silloth Community Centre on Fridays only from 9:50am to 11am

June

3rd Solway Plains Artists meet in the Golf Hotel, 10am to 1pm, all welcome

10th Causewayhead WI at 2pm in Silloth Community Hall

13th Silloth Vintage Rally on the Green

14th Silloth Vintage Rally on the Green

Have You Sent in Your Dates yet?

Errors do occur in Dates for the Diary Please check before attending an event

Do you have an event in the area bounded by Abbeystown, Mawbray, Silloth, Skinburness, if so please let us know.

Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.

Doors Open Lunch

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RNLI Exercise



Report by: Julie Emary
Silloth RNLI Press Officer

Sunday 15th December turned out to be a lovely sunny day for Silloth RNLI lifeboat to have a joint exercise with Workington RNLI lifeboat, St Bees RNLI lifeboat and Maryport flood and inshore rescue teams, who all met at Whitehaven Marina in order to work together in team building exercises, along with the chance to get together and bring their local knowledge and expertise to the fore. After the team events, lunch was held at The Vagabond on the quay side at Whitehaven.

Lifeboat crews in mixed teams (to avoid any partisanship!), swam from the dock side to an inflatable raft, climbed aboard and set off a flare - all under timed conditions. There were five teams of six people and they were followed by two

teams of twelve.

Mark Ware, Silloth RNLI lifeboat helm remarked that it "was good to get together with flanking stations and experience the team building that the occasion brings". Members of Silloth lifeboat crew considered it to be a 'good experience' and everyone would like to thank The Vagabond at Whitehaven for putting on a lovely spread for lunch.

Lifeboat Operations Manager for Silloth RNLI, Eddie Studholme, endorsed the sentiments of the Silloth crew and was pleased with how everything had turned out on the day: the value of getting together and working as a joint team, which will always be beneficial if required to do so in a real life situation, sometimes under extreme conditions.



Farewell & Good Luck David



Report by: Julie Emary
Silloth RNLI Press Officer

David Catton has been a volunteer member of Silloth RNLI for many years, he came to the boathouse on Sunday 22nd December, to be presented with an award for his achievements during his time there, he has now stepped down from his commitment at the station.

David told us that his time

at the lifeboat station has been rewarding; he has enjoyed the 'nice friendly atmosphere at the boathouse and found everyone to be very helpful'

In a letter to David from John Payne, Director of Lifesaving Operations for the RNLI he says "The RNLI depends totally on the generosity of individuals; whether it is our crew, our donors, fundraisers or staff. In particular, as part of the

Silloth Lifeboat Station, you have played a vital role in the continuing success of the RNLI. I hope that you will leave the Institution with a richly-deserved sense of pride in your achievements and recognition of the important contribution that you, personally, have made to the cause of saving lives at sea."

David will be missed by everyone at the boathouse and we wish him all the best for the future.

Christmas Period Busiest Ever for RNLI

The RNLI has released its figures from the festive period which showed an increase in the number of call outs on previous years for the volunteer lifeboat crews in the North West.

North West RNLI volunteers, covering from Silloth to West Kirby, launched to the rescue eleven times over Christmas compared with eight lifeboat launches during the same period in 2018. This follows a continued rise over the last forty years as the charity faces a 'Perfect

Storm', with more people than ever needing its help, meaning support from the public is more vital than ever.

While many people were enjoying the festivities and time with their family, dedicated RNLI volunteers from 238 lifeboat stations across the UK and Ireland were ready with their pager for when the call came to drop everything at a moment's notice to save lives at sea.

Barrow lifeboat station had to do just that when they called out on Monday 30 December to go to the aid of a dinghy which had broken down and got into difficulty off Piel Island. The inshore lifeboat assisted the 14-foot dinghy struggling against the tide and strengthening wind.

Andrew Brown said: "The Christmas holidays was a very busy time for our volunteer crew at West Kirby. The combination of good weather, spring tides and high visitor numbers to the area meant that some people were caught out by the tide as they visited Hilbre Island. If you plan on visiting Hilbre Island always check the tide times, wear appropriate clothing and carry a means of calling for help. If you find yourself or see anyone else in trouble, please dial 999 and ask for the Coastguard. We would much rather be called out to help you in

plenty of time rather than leaving it too late.'

Andrew continued: "We don't think anything of being on call even during the festive season - if someone needs our help, it really doesn't matter what time of the year it is. But we couldn't do what we do without the support of the public. The RNLI has experienced a shortfall in funds, but we are rescuing more people than ever before. We are facing the Perfect Storm and are calling on people to make a donation to ensure we can continue saving lives at sea."

To ensure the RNLI can continue its lifesaving work into the future, the charity is running a major fundraising appeal, The Perfect Storm, with the aim of raising £1.8M and recruiting 12,000 new supporters.

The RNLI's Perfect Storm appeal has been launched in response to some major challenges the charity is facing. In 2018, the RNLI's financial resources dropped by £28.6M, while its crews are busier than ever.

To support the RNLI's Perfect Storm appeal, helping to ensure the charity's brave volunteers can continue saving lives at sea, please visit RNLI.org/ThePerfectStorm.

The festive period is calculated from 24 Dec - 1 Jan.

Christmas Eve Call-Out

On Christmas Eve at 12:52 Silloth RNLI lifeboat was tasked to search for a missing person, thought to be in the vicinity of the River Eden area near Carlisle.

The lifeboat made its way into the upper reaches of the Solway Firth but due to the ebbing tide were unable to get as far as the river. The lifeboat did an extensive search around the Newbie, Annan and Powfoot areas but unfortunately nothing was found. The search was later called off and the lifeboat returned to the station.



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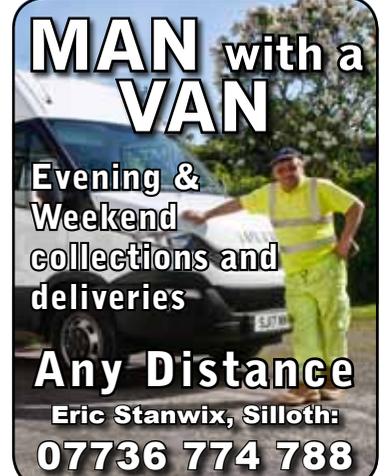
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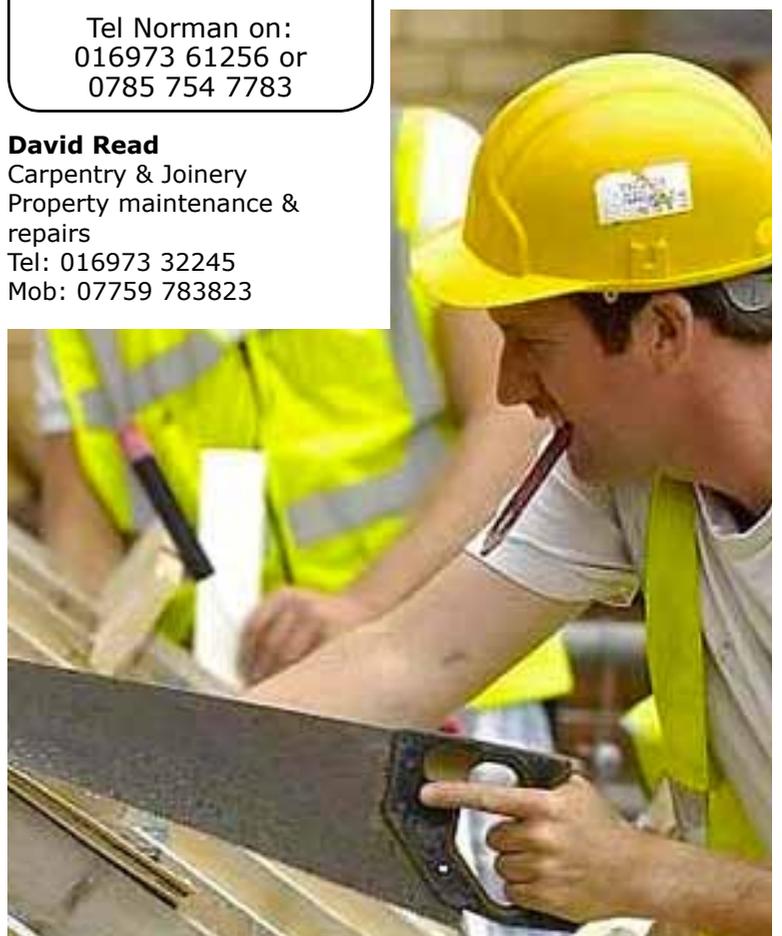
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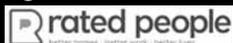
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Please, let us know what you want included, also any changes to numbers.

2019 Shipping Review for the Port of Silloth

It's been another good year for ship enthusiasts at Silloth, however it's not only local photographers who spend time watching the action. It's noticeable just how many visitors and passers-by are fascinated by the sight of approaching cargo vessels. We're fortunate to have the dock so close to town. Here's a review of some of the ships seen during the year.

One of the most frequent visitors was molasses tanker ZAPADNY, having made six visits. She has served the port for many years and can often be seen tied up at the far side of the dock in her green livery and flying the colourful national flag of Belize. The old girl is almost fifty years old and has been in a few scrapes, but she's a survivor and always bounces back. Her specialist work takes her across northern Europe loading molasses from bulk storage for transport to end users; Silloth is her most regular call in the UK. This summer her Ukrainian owners interrupted the busy schedule for her to spend two months in drydock for an extensive overhaul.

At the other end of the age scale, WILSON LIMERICK was one of several vessels from Wilson's more modern fleet to call at Silloth. She was seen entering the port on a blustery August morning after completing the six day sailing from the Baltic. The fleet is owned by a Norwegian company with a reputation for high standards within the industry. The arrival of their ships is always looked forward to as they make such good subjects to photograph.

It was encouraging to see more British flagged ships this year after only one in 2018, and it was unusual to see one of them,

EASTERN VANQUISH, pay two visits within four days. The London registered vessel first arrived with French wheat for the mill. She then made the short crossing to Kilroot Power Station in Northern Ireland where she loaded furnace bottom ash. Sister ship EASTERN VIRAGE also made her first visit this year, both are on charter to 'Scotline' of the UK.

The number of timber cargos has increased this year with

AYRESS making several calls from the west of Scotland. This small coaster is ideal for loading at remote lochside quays. Her size also means rapid unloading at Silloth, and she probably holds the record for being turned around and on her way again. The raw timber is used in the manufacture of chipboard. It's hoped local businesses will continue to flourish in the coming year resulting in even more ships visiting the port.

Report & Photos by:
John Forrester
More coverage of shipping at
Silloth can be found at www.cumbriashippingsphotos.weebly.com



December Shipping at the Port of Silloth

Report by: Capt Tim Riley,
Harbour Master, Short Sea Pilot

December

1st Ayress from Sandbank with a cargo of Logs then on to Kilroot.

3rd Antwerp from Antwerp with a cargo of Fertiliser then on to Belfast.

11th Danica Hav from Vierow with a cargo of Wheat then on to Belfast.

22nd Milady from La Pallice with a cargo of Wheat then on to Calais.

31st Wilson Odra from Ghent with a cargo of Fertiliser then on to Ellesmere.

Well, what can I say, we matched cargo volumes for Wheat and Fertiliser with 2018 all bar a few tonnes, so we have met our obligations there. We have had additional cargoes of Wood Pulp for Wigton, Furness Bottom Ash for our friends over at Thomas Armstrong's and additional timber for our more distant friends at Egger in Hexham.

Our final figures for the year are around 11,000 tonnes above 2018, however our Scallop landings have halved. So for December we had Tommy

Nicholson's boats arrive shortly before Christmas for a few weeks alongside to celebrate with their families. Quite a busy looking port for this time with six fishing vessels in and also the Milady and Wilson Odra arriving in succession, just in time for the month end.

With the good weather over these last few days of the year the last vessel came and left in just 11 hours and 15 minutes! A very good quick and happy turn-round from our Stevedoring company DA Harrisons. Although the crew onboard didn't appreciate being sent out to sea on New Years Eve, they were happy that they would be able to get to anchor off the Bar light float for the night awaiting entry into Ellesmere Port in the New Year.

Another good year for the port and we wish to thank everyone involved in helping us operate in a safe and efficient manner throughout the year. We look forward to working with you all again in 2020 and hope we can all achieve positive results, both for the port, our customers and colleagues and also for the town of Silloth and its local environs.



Legal Notice

Allerdale Borough Council Application For A Premises Licence Licensing Act 2003

(Name): Culterham Hall has applied to Allerdale Borough Council for a Premises Licence for (Name and address of the premises):

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And the proposed closing time will be 30 minutes after the above times.

Any person wishing to make relevant representations on this application may do so in writing by no later than 25th February 2020. To Licensing Department, Allerdale Borough Council, Allerdale House, Workington, Cumbria CA14 3YJ or by emailing

to: licensing@allerdale.gov.uk

The full application can be viewed at Allerdale House, Workington, CA14 3YJ between the hours of 10.00am to 4.00pm, Monday to Friday.

IT IS AN OFFENCE, knowingly or recklessly to make a false statement in connection with an application for which you may be liable to a fine of up to £5000 on summary conviction.

County Council's Performance is Good

Following a Corporate Peer Challenge by the Local Government Association in June 2019, Cumbria County Council has today welcomed their final report. Overwhelmingly the report found that the council's performance is very good with significant progress made.

The report highlights achievements including:

The Leader and Cabinet have a clear vision for the council

The council has strong relationships with stakeholder organisations

The council has a proud, committed workforce who feel valued

The council has a good track record of managing its finances – achieving savings of £249m to date

As a council used to operating under No Overall Control it has established a system of governance founded upon collaboration and mutual respect across the political groups

There has been significant cultural change within the council, resulting from concerted effort and a willingness to invest in people

The council has extremely proud, passionate, committed staff of a very high calibre

Staff feel well engaged and valued by the organisation - they are well informed, they are able

to contribute thoughts and ideas, they have the tools to do the job and they are invested in

Improvements are evident in Children's Services

The response to, and recovery from, the Cumbrian floods was excellent

The council has a programme of significant capital investment to deliver service improvements such as Campus Whitehaven and three new state of

that art residential care homes There has been good progress on the Integrated Care Communities for health and social care

Evidence of innovation such as the testing of new highways technology

Successful regional engagement – Northern Powerhouse, Borderlands Inclusive Growth Deal, and Transport for the North

Area working is very well understood and supported both internally and externally and is aiding joined-up working

Elected members and staff are passionate and knowledgeable about the places and people they serve and are able to highlight tangible examples of the way in which the area working approach is making a difference to people's lives

The report also outlined a few areas for improvement including the opportunity to:

Further develop a strong 'resident

voice' to help inform the council's approach,

Accelerate the council's digital programme

Develop a longer-time horizon for financial planning



The county council's Chief Executive, Katherine Fairclough reflecting on the report's findings, said: "The Corporate Peer Challenge has highlighted some real strengths for Cumbria County Council and our approach. It recognises that the direction of the council is well understood and supported, both internally and externally. It also confirmed that the area working approach is making a difference to people's lives, in particular it acknowledged the dedication of elected members and council staff in understanding the communities they serve and demonstrating the 'Cumbrian spirit'. We welcome this external view on the council, especially in relation to our engagement with communities, area working, and financial sustainability. The report also shows that as an organisation we look outwards and that we play a key role at a county, regional and national level. Going forward, our focus remains on continuing to

deliver real change and benefits to the people and communities of Cumbria. The council welcomes the Peer Challenge feedback and I'd like to personally thank everyone who took part and supported the process."

The Local Government Association (LGA) Peer Challenge allowed the council to invite a panel of external local government expert peers into the council to look at how it is performing across a number of different areas. This review focused on six key themes;

Understanding of the local place and priority setting
Leadership of place
Capacity to deliver
Organisational leadership and governance
Financial planning and viability
Area Working

The LGA team spent four days at Cumbria County Council in June 2019, speaking to more than 200 people, and gathering information from more than 35 interviews and focus groups. Collectively, the team spent more than 450 hours to determine their findings – the equivalent of one person spending thirteen weeks in Cumbria. Peer challenges are managed and delivered by the sector for the sector and they are improvement focused and tailored to reflect the local needs and specific requirements of the 'host' council. It involved a group of public sector experts who drew from their own experiences in other local authorities, both from a political and operational perspective.



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High Water						Low Water						High Water						Low Water					
Date	Morning		Afternoon		Morning		Afternoon		Date	Morning		Afternoon		Morning		Afternoon							
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4 TU	07 06	4.9	19 41	5.1	01 13	0.6	13 56	0.7	4 W	06 07	5.0	18 56	5.0	00 15	0.7	13 06	0.8						
5 W	08 21	5.2	20 51	5.4	02 32	0.5	15 11	0.4	5 TH	07 38	5.1	20 20	5.3	01 47	0.7	14 36	0.5						
6 TH	09 23	5.7	21 48	6.0	03 40	0.1	16 16	0.0	6 F	08 54	5.6	21 27	6.0	03 08	0.4	15 50	0.1						
7 F	10 13	6.3	22 38	6.5	04 38	-0.1	17 13	-0.4	7 SA	09 52	6.4	22 21	6.7	04 15	-0.1	16 53	-0.4						
8 SA	10 59	7.0	23 24	7.1	05 32	-0.5	18 07	-0.8	8 SU	10 40	7.1	23 07	7.3	05 13	-0.5	17 49	-0.9						
9 SU	11 43	7.4			06 22	-0.9	18 57	-1.1	9 M	11 24	7.7	23 51	7.8	06 06	-0.9	18 40	-1.4						
10 M	00 08	7.5	12 25	7.7	07 10	-1.1	19 45	-1.4	10 TU			12 07	8.2	06 54	-1.2	19 27	-1.6						
11 TU	00 52	7.7	13 11	8.0	07 55	-1.2	20 30	-1.5	11 W	00 33	8.1	12 51	8.3	07 39	-1.4	20 11	-1.6						
12 W	01 38	7.7	13 56	8.0	08 39	-1.2	21 12	-1.4	12 TH	01 16	8.1	13 35	8.3	08 20	-1.4	20 52	-1.6						
13 TH	02 23	7.5	14 42	7.7	09 20	-1.1	21 53	-1.1	13 F	02 00	7.8	14 19	8.0	09 01	-1.3	21 30	-1.2						
14 F	03 09	7.2	15 30	7.3	10 00	-0.8	22 34	-0.8	14 SA	02 43	7.4	15 04	7.4	09 39	-0.9	22 08	-0.8						
15 SA	03 59	6.6	16 22	6.7	10 44	-0.4	23 21	-0.4	15 SU	03 29	6.9	15 53	6.7	10 20	-0.5	22 51	-0.2						
16 SU	04 53	6.1	17 24	6.1	11 34	-0.1			16 M	04 21	6.2	16 54	6.0	11 10	-0.1	23 45	0.3						
17 M	06 01	5.6	18 41	5.5	00 19	0.1	12 41	0.2	17 TU	05 28	5.6	18 14	5.3			12 16	0.4						
18 TU	07 21	5.3	20 04	5.4	01 33	0.3	14 06	0.4	18 W	06 53	5.2	19 46	5.1	01 04	0.6	13 48	0.5						
19 W	08 39	5.5	21 19	5.6	02 53	0.3	15 31	0.2	19 TH	08 16	5.4	21 06	5.4	02 33	0.6	15 16	0.3						
20 TH	09 43	6.0	22 16	6.0	04 06	0.1	16 42	-0.1	20 F	09 25	5.9	22 02	5.9	03 50	0.4	16 26	0.0						
21 F	10 32	6.4	23 02	6.4	05 05	-0.1	17 37	-0.4	21 SA	10 13	6.3	22 44	6.3	04 47	0.0	17 17	-0.3						
22 SA	11 13	6.7	23 39	6.6	05 52	-0.4	18 21	-0.6	22 SU	10 52	6.7	23 18	6.6	05 33	-0.2	17 57	-0.5						
23 SU	11 50	7.0			06 32	-0.5	18 58	-0.7	23 M	11 26	7.0	23 49	6.9	06 09	-0.4	18 32	-0.6						
24 M	00 12	6.7	12 21	7.2	07 05	-0.6	19 30	-0.8	24 TU	11 56	7.2		06 40	-0.6	19 00	-0.7							
25 TU	00 42	6.9	12 54	7.2	07 35	-0.6	19 58	-0.8	25 W	00 16	7.0	12 26	7.2	07 09	-0.7	19 28	-0.8						
26 W	01 12	6.9	13 25	7.1	08 04	-0.6	20 25	-0.7	26 TH	00 43	7.0	12 57	7.2	07 37	-0.7	19 54	-0.8						
27 TH	01 42	6.7	13 55	7.0	08 32	-0.6	20 53	-0.6	27 F	01 12	7.0	13 27	7.1	08 07	-0.7	20 23	-0.7						
28 F	02 12	6.5	14 26	6.7	09 02	-0.4	21 21	-0.4	28 SA	01 41	6.9	13 56	6.9	08 38	-0.6	20 53	-0.5						
29 SA	02 41	6.3	14 58	6.4	09 32	-0.2	21 51	-0.2	29 SU	02 10	6.5	14 27	6.5	09 08	-0.4	21 23	-0.2						
									30 M	02 41	6.3	15 03	6.2	09 40	-0.1	21 55	0.1						
									31 TU	03 19	6.0	15 49	6.7	10 17	0.2	22 36	0.4						

Time Zone UT(GMT)

Well Done Nat!



Local rugby union player Nathaniel Mossop has been selected from over 200 under eighteens from the Northern Counties for a trial with the North of England U18 squad.

This follows his eye-catching performance during three Northern County rugby festivals involving Cheshire, Northumberland, Lancashire, Durham, Yorkshire and Cumbria.

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Don't Blink, It's Nathan



Nathan Gray travelled down to Ulverston on a very icy morning in December to run their 10k road race. Nathan, who runs for Border Harriers, stormed home on a sprint finish to take first place in 32:08. This was a PB for Nathan

and is the equivalent of running full speed on a treadmill for the full 32 minutes!

It's good to see all Nathan's hard work paying off, he trains six days a week and in all weathers. This was a well deserved win.

Football Training for 4-6 Year Olds on the MUGA

Silloth Juniors Football Club have fun football training on the Multi Use Games Area - Astro Turf Pitch.

Starting every Sunday from 10am to 11am.

For Boys and Girls aged 4, 5 and 6 years old!

Cost is just £1.50 with the first session free.

Contacts: Geoff Grainger 07732 695875 or 016973 43370 or Kris Nichol 07867 481524,

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6.30pm. – 7.30pm.

CONTACT DETAILS FOR ENQUIRIES & BOOKINGS: 0783622516 & 07891626126 (BUSINESS)

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