



Beeyonce
by Isabella Henderson from Silloth Primary School

Solway Buzz

www.solwaybuzz.co.uk

January 2020

local news - for you - by you - about you - free to you

FREE PAPER

Issue 181



AND A WONDERFUL NEW YEAR TO ALL OUR READERS

2020 Events

24th May	Silloth Green Day
13th + 14th June	Silloth Vintage Rally
27th June	Silloth Pride 20
27th to 30th August	Solfest
31st August	Silloth Carnival
10th to 13th Sept	Music & Beer Festival

A Very Merry Christmas and a Happy New Year from all of us at Silloth Rotary Club.

Santa Sleigh will be leaving Skinburness around 3pm and will be following his regular route round Silloth, follow his progress on the Silloth Rotary Club Facebook page or listen out.

At each stop Santa will be handing out presents to the children.

There is no charge, everything is supplied by Silloth Rotary Club and manned by the men and ladies of the club so come out and say hello to Santa.



Page 3
Anyone seen Santa



Page 6
A popular Christmas dinner



Page 9
Santa at the Abbey



Pages 10 & 11
School prize giving



Page 19
Robert & Clare get hitched



Page 20
Abbeytown girls are Tops



Get Winter Ready

Coop Shopping Helps Local Causes



A campaign is being launched this week as part of Cumbria County Council's 'winter ready' plans to support the county's residents and businesses during the coming months.

A wide range of information about all things winter-related is available via the campaign website, cumbriawinterready.org.uk. The campaign will also involve a programme of social media activity helping to ensure that people are kept up to date with all the latest winter advice and information.

The campaign seeks to ensure people have the right information, advice and guidance at their fingertips. It has been developed, and is supported by a wide range of partners, including Cumbria County Council, the six District Councils, NHS, Cumbria Community Foundation and the Environment Agency. There is advice and assistance on everything you need to know to help you be prepared and to get winter ready, including:

Emergency planning - advice on how to protect your home from flooding and find out if you are at risk.

Winter travel - how to stay safe, keep up to date with road and weather information and make sure your vehicle is ready for winter.

Health advice - staying well

this winter.

Councillor Keith Little, Cumbria County Council's Cabinet Member for Highways and Transport, said: "Severe winter weather can have a huge impact on communities in Cumbria, as we have seen in recent years with the Beast from the East snow storms in 2018 and the devastating floods in 2015. It's important we take some simple steps to prepare for winter - from getting a flu jab to checking over your vehicle.

The county council is no different and we're ready to tackle whatever the weather throws at us this winter. For example, more than 700 of our staff have now had a flu vaccination, which helps protect frontline staff and ensures they can't unwittingly pass flu to vulnerable service users they take care of.

We're also geared up to keep the county moving this winter - we've stockpiled 23,000 tonnes of rock salt and our fleet of 38 gritters are on standby day and night to treat priority roads and keep the travelling public safe.

We have once again been working with our partners to launch a Winter Ready campaign which includes a dedicated website to provide a one-stop source of

Silloth Coop give 1% of what you spend on selected Co-op branded products and services to local causes. You can choose where your 1% goes to.

If you don't choose a cause to support, we'll share your 1% out equally between the three causes in your community and Co-op's charity, the Co-op Foundation.

We're supporting UK communities in three key areas through our Co-operate 2020 plan:

Spaces

Helping local communities come together to save, support and

improve spaces

Wellbeing

Supporting people to come together to improve wellbeing

Skills

Working with people, enabling them to reach their full potential though access to skills

We give you a new set of causes to choose from every October.

The three local causes currently set to benefit are:

Silloth on Solway Rotary Club

We would like to provide support for all, both financially and

through volunteering so we can continue to help our small town flourish.

Silloth on Solway Sport's Association Multi Use Games

We would like to complete our multi-use games area in Silloth by installing floodlights to be used by the community all year round.

St Andrews Hall

We aim to provide a welcoming space for the elderly, infirm and those living alone, to come together socially in a friendly environment.

information and advice to help residents and businesses prepare for winter"

Launching the campaign today, Cllr Deborah Earl, the county council's Cabinet Member for Public Health and Local Communities joined council leader Cllr Stewart Young, the county council's Director of Public Health Colin Cox, and the council's Interim Executive Director for People Nick Jarmyn for a free flu jab at the council's head office, Cumbria House in Carlisle, this morning.

Cllr Earl said: "I'm pleased to be involved in this important Winter Ready campaign again this year. Ensuring that our communities have all of the most up to date and accessible information in one place helps to provide people with all of the advice and guidance they need to get through the winter months. I'd urge everyone to get a flu jab this year - many people are entitled to a free flu vaccine and you can visit the NHS website, speak to your GP or local health care professional to find out how to access your free jab."

For more information on Winter Ready, visit the dedicated website www.cumbriawinterready.org.uk.



Moe bee
by Abigail Martin from Holm Cultram Abbey School

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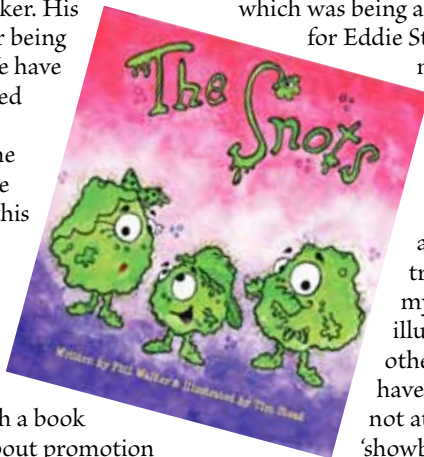
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Snotty Celebrities! Christmas Lights Switch On

My name is Tim Stead and I'm a children's author and illustrator.

Recently I have co worked on a project with the stand up comedian that is Phil Walker. His infamous father being Roy Walker. We have both collaborated on a children's book. Called The Snots. Phil is the author and on this occasion I am the illustrator. Our book was published and released early this year and as we know with a book release it's all about promotion and getting it noticed. So I put an idea forward to Phil on how we could promote our book a little differently to other press releases and this is what we came up with... I myself have a following on social media and some of my followers are verified from TV including actors, comedians and musicians and so on. So I approached each person which we selected from a list, me and Phil asked them if they would help us with our little book



The outcome especially for me was very surprising when I asked and they agreed! You see I've just taken the leap from my prior job which was being an HGV Driver for Eddie Stobart to giving myself the full

attention and time of being a professional illustrator and author. I've always loved trucking but my passion is my illustrations and other books that I have written. So I'm not at all known in the 'showbiz' circle and I have no PR company working for me it's just little ol' me. But when we approached these celebs to help us they unwillingly gave up their time to help me and Phil.

We will be releasing these videos hopefully just before Christmas all over our social media and we are hoping that it'll shed a little celebrity magic dust over 'The Snots' and help it get the recognition and attention both me and Phil think it deserves.

So... your probably asking who are they? And here is our list. The initial idea came to us when I remembered the 80s music video of 'Let them know it's Christmas' with all the different stars. Obviously ours isn't as big as that but I'd like to think it's pretty special and very unique.

Our celebrity's reading 'The Snots' are as follows:

Phil Walker, Roy Walker, Dan Ryan, John Thomson, Christopher Biggins, Julia Goulding, Mark Benton, Charlie Condou, Hayley Tamaddon, Lorraine Chesire, Ted Robbins, Francine Lewis, James Dreyfus, Bobby Ball, Tim Stead (Not a celeb, just a bloody good illustrator), Shane Richie, Danny O'Carroll, Paddy Houlihan, Helen Lederer.



and spare a few minutes of their very precious time to be allocated a page from 'The Snots' and to video selfie themselves reading it in their own particular style and to send it back to me and Phil so we could put together a collaboration of these famous stars reading our story in full. And that's what we did.



Waiting for the Switch On



Santa shooting by as he checks out Silloth

Report by: Owen Martin

On Sunday 1st December, Silloth Rotary Club welcomed the people of Silloth to Caldew Hall to celebrate the Christmas Lights switch on.

There was plenty for the kids with FREE crafts, entertainment, stalls, refreshments and much more. The kids made lanterns for the lantern parade to walk to the Green to see the switch on.

shining on Silloth for many years. We greatly appreciate all those who supported our first switch on event.

We are looking to expand the display for 2020 with the support of building owners and residents of Silloth, let's get Silloth shining! We are meeting with suppliers in January to get the ball rolling. Also in 2020 we will hopefully be holding the switch-on in Eden street! (Permits pending)"

A very merry Christmas and a Happy New Year from all of us at Silloth Rotary Club.



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Have You Seen this Fish in Cumbria?



European Smelt (or 'Sparling' in Scotland) are a rare species of fish which used to be abundant along the coasts of the British Isles, only visiting our rivers once a year, in early spring, to spawn.

Often remembered for its distinct cucumber scent, this silvery fish only grows to around 30cm and has suffered significant declines over the last 150 years. For generations Smelt were caught during their upstream migration, by coastal netmen or lucky locals, when on their way upriver to the upper tidal limits where they spawn. Here, thousands of silver fish would gather in relatively small sections of river creating a spectacle described as the 'river boiling with silver flashes, whilst the aromatic scent of cucumber fills the air.'

The Inner Solway (Cumbrian side) was designated as a Marine Conservation Zone for Smelt in May 2019. The designation allows better protection of this rare species which was once caught to be sold at markets by local netmen, or enjoyed as an annual tasty treat by locals.

As part of a Smelt Restoration Management Plan we are hoping to reconnect communities and explore this culturally significant part of local heritage.

If you have any memories to share of Smelt, or Smelt fishing in your local area, or wish to know more, please get in touch with the Galloway Fisheries Trust Sparling Project Officer Courtney on temp@gallowayfisheriestrust.org or call us on 01671 403011.

We'd love to hear from you.

Grants Available from New Fund

Wigton-based CCL Secure, the global expert in polymer banknote substrate, has launched a new charitable fund that benefits people and communities in Allerdale and Copeland.

Managed by Cumbria Community Foundation, the CCL Secure Fund will provide grants to small voluntary and community groups helping people facing disadvantage across West Cumbria.

Mark Lancaster, HR Manager-EMEAC, said: "CCL Secure is committed to supporting the long-term sustainability of the local community, and to that end we are delighted to have entered into a partnership with Cumbria Community Foundation to help us achieve this goal. The company is committed to supporting ideas and initiatives which will enhance the lives of local people within the community, and we are focussed on supporting a broad range of



projects which will have an impact and ensure a positive legacy within the community. We are looking forward to building a long and successful partnership with the Community Foundation and ultimately benefiting the lives of people in Cumbria."

Cumbria Community Foundation raises funds through

donations given by individuals, families, businesses and charitable trusts to support smaller charities and voluntary groups within communities across the county.

Jenny Benson, Philanthropy Officer, said: "We are delighted to be working with Mark and the CCL Team, who like many Cumbrian businesses are committed to finding ways to help their community. We know that small and local charities and voluntary organisations are the glue that holds communities together and Cumbria is unique in that it has a higher than average number of people who donate their time. But we

also know that local services are under pressure and struggling to meet local needs."

For more information about the fund or to apply, visit www.cumbriafoundation.org/fund/ccl-secure-fund or call Annalee Holliday at Cumbria Community Foundation on 01900 825760.

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What is the Story Behind these Old Photographs?



Bowls

They are very interesting but we know nothing of the events being captured by the photographer.

They all came from one source, perhaps one of our readers can add a story and some names to one or two of these very interesting shots. The one with the very large ball must be remembered by some, what a size, is it a balloon?

Those billiards players look very well dressed but the shield has no discernible engraving to provide a clue.

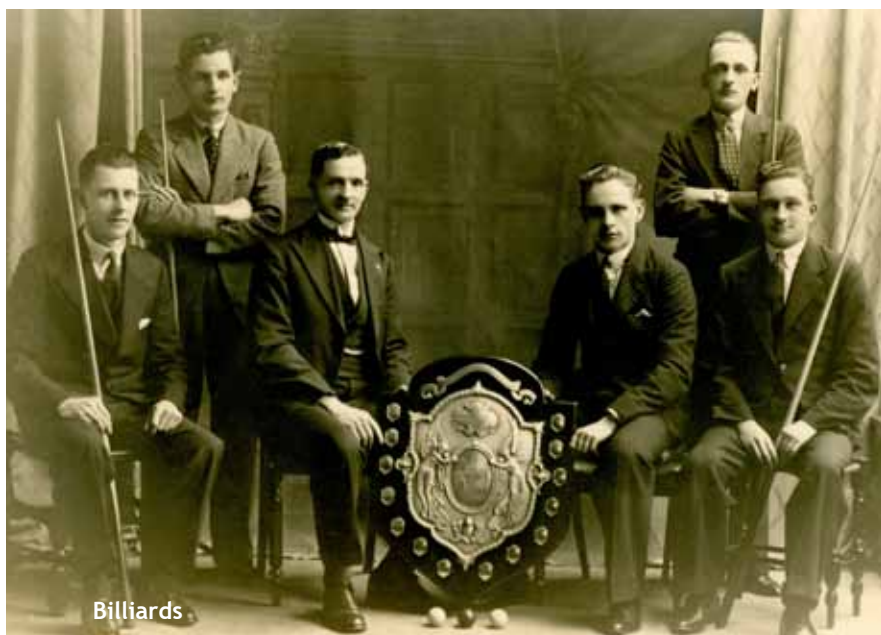
The two ladies may be going to Silloth Carnival, or maybe to a Women's Suffrage fundraiser?

Can you help, our contact info is on page 14.

If the lady who passed these to the Buzz wants them returned, please give us your name and address.



Carnival?



Billiards



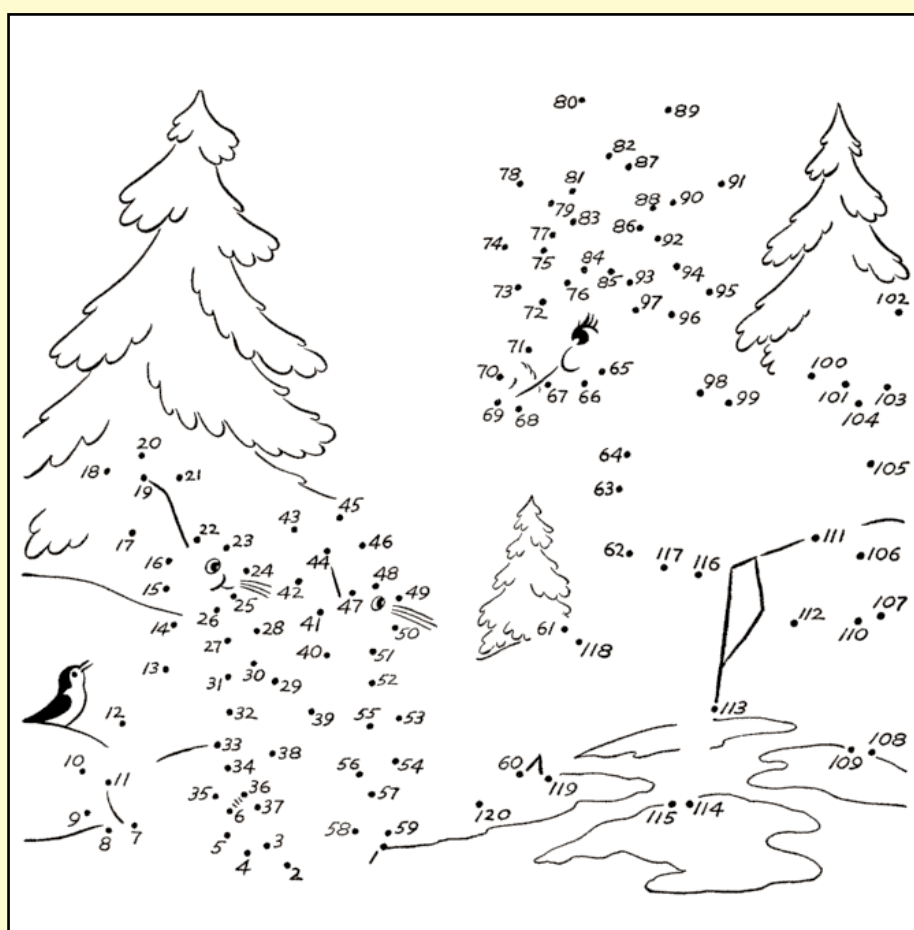
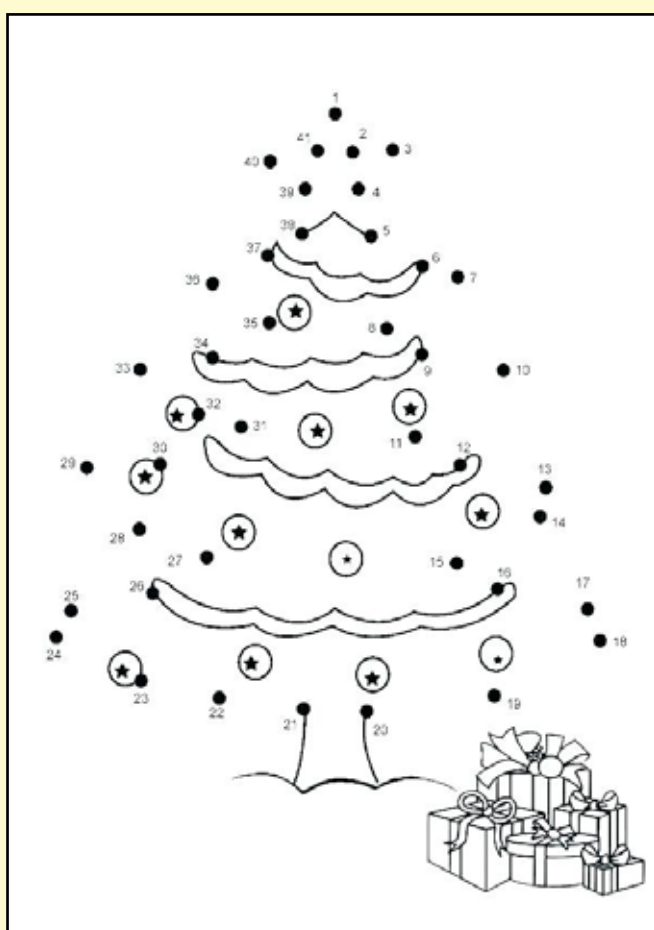
Pretty Family



Large Football?

FUN for ALL ~ Join the Dots & Colour In

Everyone Can Do This



Not Just for the Kids

Christmas Dinner at the Abbey



Report by: Laura Sim
Photo by: Bryan Rothwell

Rev Canon Bryan Rothwell welcomed everyone to the Holm Cultram Abbey Christmas Dinner and said Grace.

Thank you to all the people who joined us to enjoy a delicious Roast Turkey dinner with trimmings followed by a choice of sherry trifle or Christmas pudding and tea, coffee and mince pies.

A special thank you goes

to all the ladies and gentlemen who volunteered and those who donated food and prepared for the Christmas Dinner with out their support this would not have happened.

An amazing sum of £1,628.00 was raised for the Abbey. We really appreciate everyone's ongoing support towards the Restoration and running costs of our beautiful Abbey. We look forward to seeing everyone again in 2020.

Reays Donate New Blood Bike

Local, award winning, family business Reays was proud to present Chairperson, Anne Marie Moffat of Blood Bikes Cumbria, along with other committee members in attendance, with a brand new BMW F800.



The team at Reays launched their charity partnership with Blood Bikes Cumbria in January of this year and after a host of different fundraising activities, they are delighted that their efforts have paid off, raising enough money to purchase a brand new, much needed, Blood Bike.

The new BMW F800 is smaller in its specification and will be used by the charity to attract a diverse range of volunteers, particularly women in what is currently a male dominated organisation.

Anne Marie Moffatt, Chairperson at Blood Bikes Cumbria said: "We do have female controllers who work from home on their laptop and their phone. The hospital will ring our

switchboard number which goes through to the controllers, who can dispatch our riders instantly, but we'd definitely like to encourage more women to get out on two wheels and the addition of this new bike to our fleet will help us do just that. We can't thank Reays enough for their efforts and generosity"

Nicola Reay, Finance Director at Reays said: "We're delighted to donate a new Blood Bike to the charity. As a local family business, we recognise that these selfless volunteers both men and women are riding to save, 365 days a year. It can often be a life or death situation and our team can be proud to have contributed to the saving of lives across our home county.

Each year the Reays team

chooses to work with a nominated local charity in order to give something back to the local area and help boost funding for these much-valued services. Applications for Reays 2020 Charity of the Year are now open.

To learn more about Reays Charity of the Year initiative, to make a donation, or to apply to be next year's chosen charity visit <https://www.reays.co.uk/Charity-of-the-Year>

Blood Bikes Cumbria are currently looking for volunteers from all backgrounds and would be particularly keen to hear from women who would like to get involved. For more information visit @bloodbikescumbria on Facebook

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Lasting Power of Attorney



What does the Future Hold?

None of us can predict the future, but we can make sure we are in the best position to deal with whatever life throws our way. One of the ways we can do this is by making a Lasting Power of Attorney.

What is a Lasting Power of Attorney?

An LPA is a legal document that allows you to choose in advance the people you would trust for help if there comes a time when you cannot make decisions for yourself, or maybe just cannot carry them out.

There are two types of LPA: one for Property and Financial Decisions and one for Health and Welfare Decisions. Both need to be registered with the Office of the Public Guardian to be legal (this costs £82 per document).

Plan ahead

Preparing and registering an LPA can become difficult and stressful if left until it is needed, and it can take months.

Making one now will make things easier for your family and friends in future. It will be more expensive, difficult and time-consuming for them to get the authority to act on your behalf when you are not able to give it.

You can prepare and register an LPA yourself by visiting www.gov.uk/opg or you can speak to someone who can help you prepare one, like West Cumbria Carers.

West Cumbria Carers have a range of support options available, from a basic paperwork check to a full end-to-end registration service. Prices start at just £25.

For more information about LPA call us on 01900 821 976 or email lpa@westcumbriacarers.co.uk

Fiddlers at St Andrews Hall



Report by: Penny Stimson

On Friday 29th November St Andrews Hall was swaying to the music and dancing of the

Allerdale Fiddlers who spent the evening entertaining a full hall. After Pie, peas and pudding everyone settled down to enjoy a

really good evening of foot tapping enjoyment. We managed to raise over £300 and gave a donation for the Allerdale Fiddlers charity.

First Responders Raise £1,000+



Report by: Nicola Szandurski

Silloth 1st Responders would like to say a **Big Thank You** to everyone who attended on Saturday 30th November at Stanwix Park for the charity night we held. The night was enjoyed by all who attended and we raised

over £1000 which will go towards replacing another defibrillator for the team.

Thanks to the local businesses and people of Silloth who donated raffle prizes and donations to support us and also to Roland, Graham and Steven Stanwix and all the staff at Stanwix Park who helped make the night the success that it was and by allowing us to hold the event there. The

final thank you goes to the Mustangz Trio who kept everyone entertained during the night

Plans are in place for our next Charity Night which will be Saturday 28th November 2020 – so watch this space.

The team would like to wish everyone a Happy Christmas and best wishes for 2020 and thank you to everyone who has donated to us over 2019.



Santa Bee
by
Aston Greig
from
Silloth
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BAGger Art Group

Report by:
Jennifer Bailey
2019 ended on a high note for the group, with the addition of two new members, welcome Sel and Clive.

We had our festive lunch in November at the delightful "Kitty's" Cafe and Bar, Mary's food was, as usual, superb and plentiful.

Altogether the day was a relaxed and very friendly celebration of the festive season to come.

The group completed our "Big Picture" for 2019. The chosen picture was called "City Scene" by Friedrich Hundertwasser (above) which proved to be



quite a challenge! I'm in fear and trembling with thoughts of what the next choice may be! Maybe something a bit less frantic - Vermeer perhaps, you never know. During the end of the year, the

group decided to gather together some of the books and DVDs we've accumulated over time and donate them to the S.O.S.C.S. shop in Silloth, the community shop in Aspatria and The Animal Sanctuary at Bankmill in Beckfoot. We hope they sell well and make loadsa money for those very worthy causes, with love from us all.

St Andrews Hall Require Helpers

Report by: Penny Stimson

At St Andrews Hall we hold Our Doors Open every Tuesday from 12 to 1pm from 4th February. It is a free lunch of soup, bread cake and tea/coffee.

All are welcome and a donation can be left, however, it is a lot of

work serving and clearing up after. Should anyone have time on a Tuesday to come along and help we would be very grateful, also when we hold entertainment of an evening with meals.

Please call Penny on 016973 32255.

Election Results

The results from the Workington constituency count in the 2019 General Election.



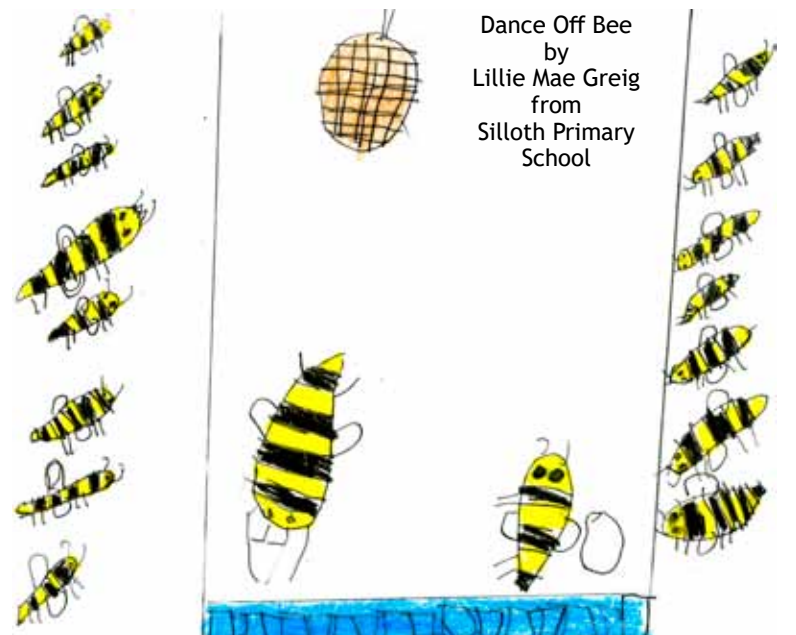
The count was held in Workington Leisure Centre on 12/13th December.

The results are as follows:

Mark Jenkinson (Con)	20,488
Sue Hayman (Lab)	16,312
David Walker (Brexit)	1,749
Neil Hughes (Lib)	1,525
Nicky Cockburn (Ind)	842
Jill Perry (Green)	596
Roy Ivinson (Ind)	87
Turnout: 41,692 (67.94%)	
Rejected ballot papers: 93	
Mark Jenkinson is therefore duly elected as Member of Parliament for Workington.	



Pink Flower Bee
by Zara Barwise from Silloth Primary School



Dance Off Bee
by Lillie Mae Greig from Silloth Primary School

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Fantastic Weekend at £3,315 Abbey Fundraiser



Report & Photo by:
Margaret Rees

Holme Cultram Abbey staged its Christmas Fayre - a splendid occasion, and the Abbey ladies looked after everyone wonderfully. My contribution was a

demonstration of the ancient art of Corn Dolly making - the tradition goes back some eight thousand years, but very few people still make them, and it was great to have an opportunity to share the old skills and stories.

Report by: Laura Sim

Holme Cultram Abbey held their Christmas Fayre on Saturday 30th November and Sunday 1st December.

There were 16 stalls selling a variety of gifts and treats from Fruit & Vegetables, Scentsy, Unicorn Gifts, Knitting, Tropics, Leather and Saddlery Work, Gift Ware, Body Shop, Pictures and Cards, Cushions, ME Charity, Jams and Preserves and more.

We were lucky enough to have a visit from Santa again with the help of his little helpers Millie and Kelly in his winter wonderland Grotto and children's craft corner with Elizabeth doing Christmas face painting. The Friends of Holme Cultram Abbey also worked hard as usual to provide delicious mince pies, cakes, savouries, soup, hot dogs, mulled wine and other refreshments for all to enjoy.

Thank you to all those who attended, donated prizes and supported the event in any way as you helped to raise an amazing £3,315.92 for the Abbey.

A special thank you goes to all the ladies and gentlemen who help behind the scenes to organise,



set up and volunteered over the weekend, without them this event would not have been possible.

The PCC are ever grateful for all those who support our fundraising events to keep our beautiful building open.

We wish everyone a very Merry Christmas and a peaceful New Year.

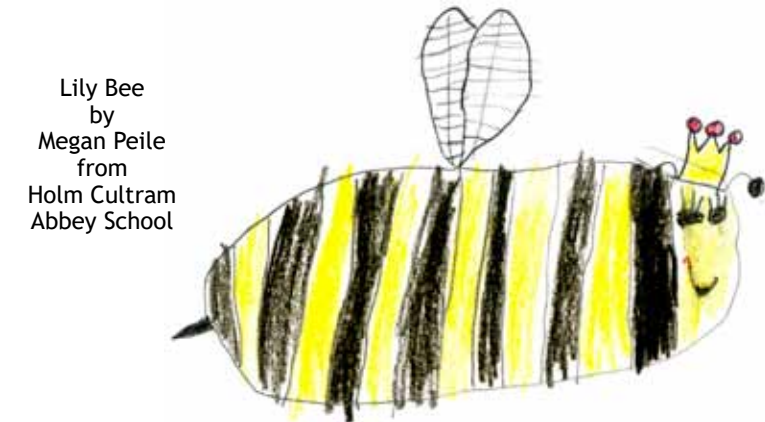
Raffle Prize Winners

1. £50 Cash - Bev Hetherington
2. Drinks Hamper - Peter Wardle
3. Dinner Set - Margaret Graham
4. Bathroom Box - Freda Garner
5. Bottle of Whisky - Connie Dixon
6. Coffee Time Hamper - I Bell
7. Meal Voucher at The Wheatsheaf Inn - Sarah Kay
8. Gingerbread House - Sandra Simpson

9. Tropics - Diana Horsley
10. Snowman Cushion - S Harrison
11. Food Hamper - Isabel Baird
12. Hen Cushion - Julie Taylor
13. Jigsaw Puzzle - Dorothy Johnson
14. Tray & Biscuits - Rosie McGuinie
15. Snowman Picture - Julie Smith
16. Gin Infusion Set - Rob Jefferson
17. Box of Shortbread - Sheila Benson
18. Box of Milk Tray - Joyce Norman
19. Box of Milk Tray - Robert Holliday
20. Angel Candle Holder - Laura Graham
21. Teddy Bear - Dawn Eyre
22. 2 Candles - Grace Nicholson



Peanut
by
Nova-Rose Rodgers
from
Silloth Primary
School



Lily Bee
by
Megan Peile
from
Holm Cultram
Abbey School

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Sunday 9am to 8:30pm Monday - Friday
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Solway Community School Annual Prizegiving Awards



Deputy Head Tom Hailwood
Report by: Judith Schafer
Executive Headteacher
Solway and Beacon Hill
Community Schools

Speaker Peter Harrison

Prizegiving evenings are always a lovely occasion and an opportunity to celebrate the fabulous achievements of our students and school over the last year. This year, as well as the successes of our students, we also celebrated our recent Ofsted judgement.

is an opportunity to celebrate academic success, but just as important are the successes we celebrate from all year groups, across all abilities, beyond the curriculum. It was lovely to see so many proud students receiving their prizes in front of proud parents from guest speaker Peter Harrison, CEO of Security Company FGH and lifelong friend of Deputy Head Tom Hailwood. Peter decided aged 14 he would one day head up a multi-million pound company - and he did. His message to our students - think big, work hard, don't give up. Thank you to everyone who came to support our school and for those generous sponsors who make it possible for us to reward students for their hard work and progress.

Solway's strength as a community, and the compassion and care that lie at the heart of our school values, played no small part in the outcome of our Ofsted judgement in July. As you will all be aware, we were delighted to be able to tell you that the inspection confirmed what we have all known for some time - that Solway is a good school.

The report and the judgement recognises that our values and vision are central to everything we do; we do the right thing for our students, even when that is difficult; we make what we believe are the right choices for the young people in our care. Ofsted said, and the quote is on the banner at the gate, 'Students benefit from a good quality education. The school is a safe, calm, inclusive place for students where they are cared for well.' This sums up everything we do at Solway.



U15 Girls Football Team of the year



See Lots more pictures on the Solway Buzz facebook page

Prints can be ordered from 016973 32180

Order your prints now!

Letters

Dear Buzz,

Apparently after being evicted from their home in Eden Street for non payment of rent, a well known family from Wimbleton Common are to accept the hospitality of the town and move into the hole outside the Balmoral for Christmas. Uncle Bulgaria would like to thank all those concerned?



Merry Christmas
C Briggs

Dear Buzz,

I wish to thank the Solway Buzz for their support of Solway Community School's annual Prize Giving Evening.

It was a lovely evening, celebrating the achievements of the academic year 2018-2019.

The event could not have

taken place without your generosity; may I offer my thanks to you,



on behalf of the students, their parents, the staff and the governors. We appreciate the way in which you have acknowledged the efforts and achievements of our young people who continue to do so well.

I hope that you will feel able to support us in the future to continue to celebrate the success of the students and the school; it is truly appreciated. Thank you for your support.

Yours sincerely,
Mrs Judith Schafer
Headteacher

Be Bright, Be Seen, this Winter

Cumbria Road Safety Partnership – a collection of local organisations and agencies working together to reduce accidents and improve safety on Cumbria's roads – is calling for pedestrians and cyclists to 'be bright, be seen' as the darker nights and winter weather approach. In particular, parents and carers are encouraged to ensure their children wear bright and colourful coats when they're out and about, especially in the dark.

The partnership's working group, 'CRASH' (Casualty Reduction and Safer Highways) is promoting a number of messages through schools and across social media to help spread the word and ensure that children, pedestrians and cyclists are as visible as possible.

Edward Burrows, Cumbria Fire and Rescue Service's Watch Manager for Prevention, said: "Road traffic collisions can be

devastating to attend for all the emergency services personnel. All members of the Cumbria Road Safety Partnership work tirelessly to reduce the number of people killed or seriously injured in the county by identifying the causes and types of accidents that happen, and through the delivery of road safety education throughout the year to different age groups and levels of driver experience. One of the ways young people can be more visible to drivers is to wear bright and colourful clothing so that they are as visible as possible."

Chief Inspector Ben Swinson of Cumbria Police, said: "It is ourselves and the other emergency services who are often the first on the scene to serious road traffic collisions and the results can be devastating. Dark nights and poor winter weather mean this time of year can be the most dangerous. I would urge

parents and schools to advise their children and pupils to be as visible as possible by wearing something bright and colourful when they're out."

Some top tips to be safe and be seen: Always wear or carry something bright that will help you to be seen more easily during the day, and especially at night.

During the day always wear clothes with bright colours. Fluorescent material is even better as it helps you to really stand out and be seen during the day.

Fluorescent material does not work in the dark! Wear something reflective so you can be seen when car headlights are shining. Even a small patch of reflective material can help drivers to see you from very far away.

Things to remember: Fluorescent material is effective outside during the day because it reacts to the ultraviolet rays in sunlight. It could be a stripe on your jacket, patches on your bag or an armband.



Alex Bee

by Willie Paisley from Holm Cultram Abbey School

Do you have a poem or letter for the Buzz?

We welcome all submissions there is no charge. Please remember to include your contact info.

Silloth Library is closed from 4pm on 23rd December re-opens 3rd January at 10am

Non-Commercial Tourism Websites

solwaybuzz.co.uk
sillothgreen.co.uk
sillothonsolway.co.uk
sillothgolfclub.co.uk
vintagerally.co.uk
sillothbeerfestival.co.uk
silloth-on-solway-tc.gov.uk
sillothmotorcyclingmuseum.co.uk
visitcumbria.com/wc/silloth
soldiersinsilloth.co.uk
solwayplain.co.uk/silloth1.htm
facebook.com/sillothgreen
facebook.com/silloth-carnival
facebook.com/groups/121042258051545
(Silloth Today)

Any other suggestions of sites useful for our visitors, please send them to the Buzz at: office@solwaybuzz.co.uk

Poems

The Outgoing Tide
by Penny Stimson

*I love to sit by the sea
and watch the tide go out,
it's something I love to do
even if no ones about.*

*Part of the shore is exposed
as slowly the sea rolls back
showing the rocks and little pools
with seaweed there's a stack.*

*Covering all tiny creatures
trying to hide away,
to keep wet until the tide returns
and another fine day.*

*Little Crabs crawl along
making children squirm.
As with fishing nets they hunt the
pools
looking for strange things to learn.*

*Limpet, Mussels all cling on
to the drying rocks exposed more.
Tiny fish don't dart around the pool
it's too hot for such a chore.*

*Birds come down to peck around
as the sun grows very hot.
And fish and crabs find refuge
as the pool has shrunk a lot.*

*Just in time the wind it changes
and starts to blow inland.
Slowly the tide is turning
and the sea takes back the sand.*

**Remember –
you can join the
library, search the
library catalogue,
renew and request
books online at
cumbria.gov.uk/
libraries
Visit Silloth
Library in the
Discovery Centre**

Silloth Library Opening Times

Monday 10-1pm 2-4pm
Tuesday CLOSED
Wed 10-1pm 2-4pm
Thursday CLOSED
Friday 10-1pm 2-4pm
Saturday 10-1pm
Sunday closed

During lunch times; the library will be closed and staff will not be available

Tel: 016973 31944

Masthead Bee Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered Kids Rucksack to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher.

So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Return to your school, or Silloth Library, or post to the address on page 14 (large stamp) and a quality Solway Buzz embroidered Rucksack from Carlisle Embroidery could be yours.

You don't have to be at school here to send a bee to us.

If you are here on holiday we would love to have your bee drawing. Pick up a form from Silloth Tourist Information and return it there or send it to us, our address is on page 14.

This month the winner is **Isabella Henderson** from **Silloth Primary School** with a bee drawing called **"Beeyonce"**. Well done!



Miss Slinky Lost 5½ Stones!



Before



After

A super slimmer is Slimming World, Silloth's latest target member, after losing an incredible 5st 7lbs!

Cheryl, who has down-sized from a dress size 20 to a 10, says: "I remember sitting feeling sooooo fat and depressed, I decided to take a picture, I knew I looked bad but seeing the picture shocked me. And more so now I've lost the weight, I can see how awful I really looked, and believe it or not I felt worse on the inside than I looked on the outside. With Slimming World the family all eat the same things, because with Food Optimising you can eat ANYTHING you want, it's just made in a healthier way. And when I've made meals for friends they've absolutely loved them!"

"I've had other health benefits

since I started my journey, my anxiety has improved – I think feeling good about myself has help this. My skin has also improved and I can have a bath comfortably now. I believe Slimming World has changed my life. I couldn't recommend it enough to anyone. One of the best things (for me) is that I didn't even feel like I was on a diet, because the food was so tasty and the amount you could eat meant I never went hungry! I was just existing before and now I'm living a great life - Thank you to Slimming World for giving me my life back. My friends and family have been so supportive and receiving so many lovely comments throughout my journey is just



great. Even although I feel this good, the Best Feeling Ever was when my twelve year old daughter Millie said to me "mam I'm so proud of you and you look gorgeous!"

Loretta Thompson, who runs the Silloth group, says: "I'm so proud of Cheryl. She's a fantastic ambassador for Slimming World and what she's achieved is incredible. She's a huge inspiration to everyone in our group and I hope she inspires other women and men in Silloth to change their lives in the same way."

The Silloth Slimming World group is held every Saturday at 9am at Silloth Rugby Club. To join or find out more call Loretta on 07766 118556 .

Music Makers Concert in the Abbey



Report & Photo by: Laura Sim

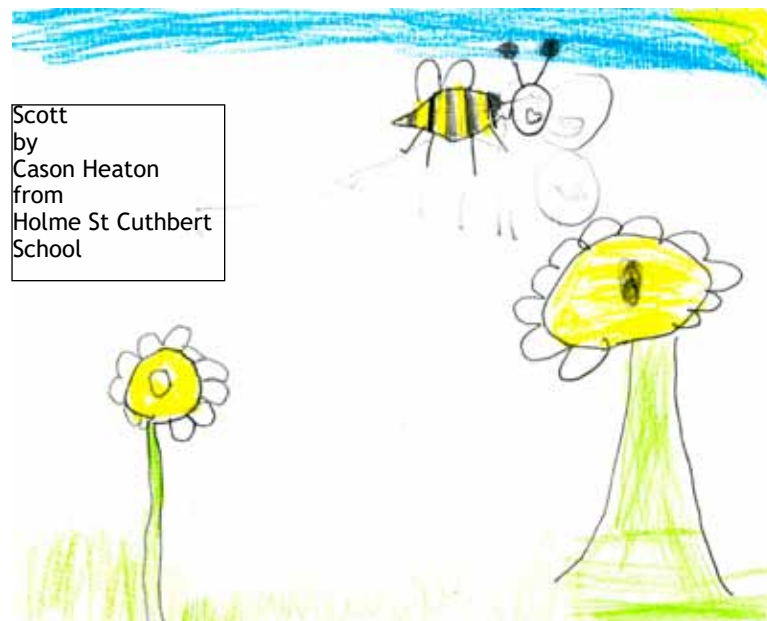
The Music Makers Concert was held on Friday 18th October in Holm Cultram Abbey.

Unfortunately, there was no heating but the concert was enjoyed by all and raised £708 towards the Abbey funds. Those

who attended listened to a mixture of light classic FM to music from television, films and shows.

The Concert was followed by a delicious buffet and a hot cup of tea and coffee.

Thank you to all who attended or supported in any way.



Scott by Cason Heaton from Holme St Cuthbert School



Meme Bee by Lucas Read from Silloth Primary School

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SOSCS Donate £3,600

Report by: Pat Froggatt

The Silloth on Solway Charity Shop Committee met recently to discuss the donations for those good causes that had applied. The following organisations benefited.

- Jelly Tots
 - Silloth Scout Group
 - Children's Rugby Club
 - Carnival Committee
 - Junior Football
 - Sports Association
 - Silloth Lifeboat
 - Silloth Festivals
 - Children's Dance Club
 - First Responders
- A total of £3,600 was donated. The Committee wish to thank everyone who has supported the shop by donating or making purchases. Your contribution is greatly appreciated.

Copy Date



Copy date for the Feb/March issue is:
1st week Jan 2020
If your organisation has an event to promote or you have something to say, please note the next copy date.

Please let us know of any changes within this section

Martial Arts

Silloth Dragons
Mixed Martial Arts Club
train in Christ Church Hall on Thursdays
under 12's 6:45pm to 7:30pm
12's & over 7:30pm to 8:30pm
Keep Fit 8:30pm to 9pm
NEW MEMBERS WELCOME
For further details contact Stephen on 07811 761033

Cancer Support

Open to anyone who has/is living with cancer or anyone caring for someone with cancer. Feel free to drop in for a chat and refreshments any time between 2pm and 5pm on the second Wednesday of each month, at Wigton Bowling Club. For information contact: Gill Edmondson: 016973 71696

Abbey Monthly Munch

Holme Cultram Abbey Monthly Munch on first Thursday each month at 12 noon, only £4

First Responders

WE train on the first and third Tuesday of every month in Silloth Community Centre @ 7pm

Breast-feeding Group

Mondays 10am to 11:30am
Wigton Bowling Club, West Road, Wigton
Have a cup of tea and meet other breast-feeding mums. Support and advice is available from trained Breast-feeding Peer Supporters and from Health Visitors or Midwives. Information call Wigton Health Visitors: 016973 66608

Are these entries all up to date? If not - please let us know

Production Team

Proprietor:
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Email:
office@solwaybuzz.co.uk

Editorial Content
This is down to you, we can only publish items if you send them to us.
When sending articles in, please supply a contact name and number in case something requires clarification.
Published by: Peter McRobert with the support of the whole community and an army of volunteers.

Dates for the Diary

December

21st Carols around the pubs starting at Cumberland Inn at 6:30pm

21st Christmas Sing Song in St Andrews Hall, entry £5, 7pm to 9:30pm, BYOB

22nd Santas Sleigh around Silloth hosted by Silloth Rotary Club

22nd Carol Service in Christ Church at 11am

22nd Morning Worship in St Andrews Church at 11am

22nd Carol Service in Greenrow Pentecostal Church at 6pm

22nd Carol Service in Silloth Evangelical Church at 6:30pm

24th Crib Service & Nativity in Christ Church at 6pm

24th Vigil Mass in Our Lady of the Assumption at 6pm

24th Carol Service in St Andrews Church at 7pm

24th Midnight Communion at 11:30pm

25th Morning Service in Silloth Evangelical Church at 10:45am

29th United Service in Holme Cultram Abbey at 10am

31st Fellowship Meal & Party in Silloth Evangelical Church at 6:30pm

31st Watchnight Service in Silloth Evangelical Church at 11:15pm

Civic Amenity Sites

Operated by Cumbria County Council. Tel: 01228 606060
Maryport Tip, tel 01900 66922 open daily 8am to 6pm
Wigton Tip, tel 016973 45617 open Tuesday, Thursday, Saturday & Sunday, 8am to 6pm

Friendship Hour

Silloth Evangelical Free Church, Eden Street Friendship Hour is on alternate Thursdays at 1:45pm. All welcome

Arthritis Support

Wigton Area Arthritis Support Group meet on 1st Friday each month at Fair View Court, Wigton @ 1:30pm

Children's Centre

Open 9am to 3pm on a Tuesday and Thursday, when a member of staff would hope to be present. Room usage is subject to fulfilling certain criteria and must be arranged and pre booked. Contact numbers:
Silloth 016973 31509
Wigton 016973 43870
Aspatria 016973 23401

January 2020

1st 4th Allonby New Years Day Dook, see advert

13th Silloth Town Council meeting in Silloth Community Hall at 7pm

18th Crunch collection at Skinburness Road car park 8am to 9:45am

25th Burns Night Supper in St Andrews Hall 7:30-9:30pm, tickets £7.50

29th Silloth Youth Club opens for 11 to 18 year olds, check our facebook page

February

1st Coffee Morning at Silloth & District Pensioners in St Andrew's Church Hall

3rd Silloth Town Council meeting in Silloth Community Hall at 7pm

4th Our Doors Open lunch in St Andrews Hall from noon to 1pm, all welcome

5th Solway Plains Artists meet in the Golf Hotel, 10am to 1pm, all welcome

7th RNLI Quiz Night in Mrs Wilson's @ 7:30pm, entry £6 inc supper, see article

8th Crunch collection at Skinburness Road car park 8am to 9:45am

Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.

Silloth Tots/Toddlers

We meet in the Children's Centre, Silloth, open to all children aged up to 4 accompanied by a parent/carer. Sessions are on Mondays: 10am to 11:15am term time only. Entry is £1 per family and this includes refreshments. All Welcome

Coast Bus Timetable

60E Maryport to Skinburness the current timetable is available from Silloth Tourist Office or Winters Newsagents or www.ellenvalecoaches.co.uk/service-60e.html

Walking Football

Every Monday 1pm - 2pm at Silloth football pitch by the tennis courts. Followed by tea/coffee at Methodist church hall.

March

2nd Silloth Town Council meeting in Silloth Community Hall at 7pm

4th Solway Plains Artists meet in the Golf Hotel, 10am to 1pm, all welcome

7th Crunch collection at Skinburness Road car park 8am to 9:45am

7th Coffee Morning at Silloth & District Pensioners in St Andrew's Church Hall

April

1st Solway Plains Artists meet in the Golf Hotel, 10am to 1pm, all welcome

6th Silloth Town Council meeting in Silloth Community Hall at 7pm

24th Retro Music Weekend 11 at Stanwix Park

25th Retro Music Weekend 11 at Stanwix Park

26th Retro Music Weekend 11 at Stanwix Park

May

6th Solway Plains Artists meet in the Golf Hotel, 10am to 1pm, all welcome

11th Silloth Town Council meeting in Silloth Community Hall at 7pm

Errors do occur in Dates for the Diary Please check before attending an event

Christ Church

For baptisms and other church related business please contact: Rev Bryan Rothwell The Vicarage, Wigton Road Tel: 016973 31413

Doors Open Lunch

Meets in St Andrews Church every Tuesday from noon to 1pm, a light lunch with good fellowship for a donation only.

Silloth Art Group

Meet on first Wednesday each month from 10am to 1pm, at the Golf Hotel. Call in for a chat & coffee, maybe give it a try.

Blencogo Art Group

Every Monday from 1:30-4:30pm in Blencogo Village Hall. Refreshments provided, regular outings, tel 016973 61158 or 61327

NatWest Mobile

The van will be outside Silloth Community Centre on Fridays only from 9:50am to 11am

June

3rd Solway Plains Artists meet in the Golf Hotel, 10am to 1pm, all welcome

13th Silloth Vintage Rally on the Green

14th Silloth Vintage Rally on the Green

27th Silloth Pride

July

1st Solway Plains Artists meet in the Golf Hotel, 10am to 1pm, all welcome

August

1st Soul Music Event

5th Solway Plains Artists meet in the Golf Hotel, 10am to 1pm, all welcome

7th James Richards Circus

8th James Richards Circus

9th James Richards Circus

10th James Richards Circus

Have You Sent in Your Dates yet?

Do you have an event in the area bounded by Abbeystown, Mawbray, Silloth, Skinburness, if so please let us know.

Dementia Cafe

Held in Wigton Methodist Church, 1st Monday in month 10am - 12 noon. For people with dementia and their carers Coffee, cake, chat....and more

Badminton

Every Thursday 7pm - 9pm at Silloth Sports Hall. Tel: Lorraine 07805 136279

Crafting Groups

Come along on Mondays at 10am in Silloth Community Hall and another on Wednesdays from 1:30 to 3pm at St Andrews Church Hall. These are friendly people with a variety of crafting talents-willing to share their knowledge.

Silloth Music & Beer Festival 2020

Report by: Steve Hart

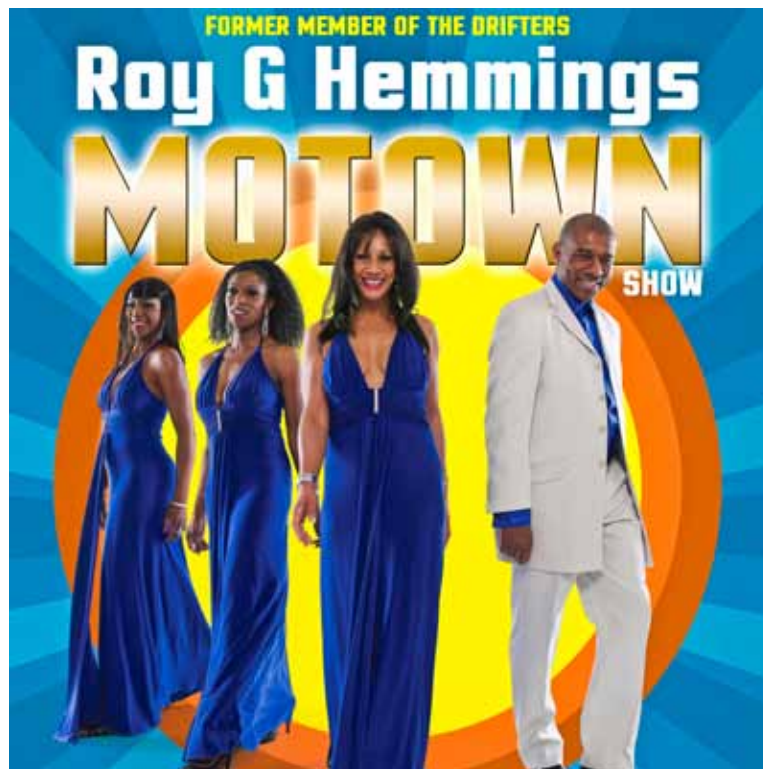
Put the dates 10th-13th September in your Diary and enjoy the 20th annual Silloth Music and Beer festival with the best lineup ever.

Early bird and camping tickets are on sale now and kept at the same price as last year. To celebrate twenty years we have pegged our earlybird tickets at £39 with **limited availability**. They are available from Winters Newsagents, Carnegie Theatre on 01900 602122, or Eventbrite for online sales. These deals are for a limited time, please book camping early as last year sold out. We welcome the Roy G Hemmings Motown Show, Livewire the AC/DC show, Lancashire Hotpots, Cregan + Co, with the Rod Stewart songbook. Also tributes to The Killers, Little Mix, Madness, Clanadonia and a host of local acts.

Roy G Hemmings MOTOWN SHOW

Ex Drifters member Roy G Hemmings' Motown Show" is a celebration of timeless Motown and Soul songs.

With hits by The Supremes, Four Tops, Temptations and Marvin Gaye to name but a few.



This electrifying show features such classic hits as "Baby Love", "Dancing In The Street", "My Girl", "I Can't Help Myself" and "I Heard It Through The Grapevine" to name a few. Fronting by Roy G Hemmings who has been the

longest serving member of "the Drifters" He has appeared at the White House for the then president Bill Clinton also at the Royal Albert hall to name a few of the prestige venues he has appeared around the world.

Live/Wire is The AC/DC Show. The hugely successful and unique six-man tribute to rock music's greatest band AC/DC, complete

with cannons, a wall of Marshalls' and over two hours of High Voltage Rock 'n' Roll in a show critically acclaimed for its closeness in look and sound to the real thing. The tributes continue to pour in from the Music Industry and fans alike as the band capture the essence of AC/DC and its raw power and energy coupled with superb musicianship.

Both Bon (Ashy) and Brian (Podge) give incredible vocal delivery to take you back to when Bon and Brian were at their zenith in their respective eras. The Rock and Roll train stops for you to get on board and catapults you through over forty years of AC/DC standards and with the Rhythm section 'locked in' the freedom of the stage and the music is given to Simon as Angus Young who gives an uncanny performance with meticulous detail in appearance, energy and playing.

The band aim to put you slap bang in the middle of the show with hit after hit, and you are expected to join in! There'll also be one or two gems thrown in for the aficionados! We'd be hung, drawn and quartered if we didn't play all the classics, Back in Black, Rosie, Highway to hell are all there, and the songs keep on coming until the cannons fire ceremoniously to bring the evening to a superb crescendo. If by this time you are still standing...we salute you! Long Live AC/DC, Long Live LIVE/WIRE.

Visit the website on www.livewire.website and follow links to our social media platforms like FB, Twitter and Instagram after



having a jolly good look!

Cregan & Co.

The Rod Stewart Songbook – Starring Jim Cregan - one of the most influential guitarists in Rod Stewart's original band The Faces. Jim co-wrote, co-produced, and musically directed for Rod for approaching two decades.

Now, more than 40 years on, he has formed his own band Cregan and Co to perform that incredible musical heritage. He is joined, along with Jim Cregan, by four other multi-talented musicians who have played with the likes of Art Garfunkel, Frank Zappa, Etta James, The Who, Jeff Beck, Katie Melua and The Faces. Jim co-wrote the hits,

recorded the albums, and toured the world with Rod – writing and performing You're in My Heart, I Was Only Joking, Baby Jane, Blondes Have More Fun, Forever Young, D'Ya Think I'm Sexy and many more No1 hits. Now he is taking to the road to present the very best of Rod Stewart – the songs that formed the sound track to our lives for more than 30 years. And just like the man himself, this show will most definitely keep you Forever Young!

Rod Stewart said "If you can't afford my tickets go see these guys..." "They're just as good and half the price!"

OPENING HOURS
10am - 4pm

Apart from:
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BHM's: 10am - 4pm
Weds: 10am - 1pm

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Dentist, Emergency:	0 1 2 2 8 6 0 3 9 0 0
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Please, let us know what you want included, also any changes to numbers.	

From Russia with Love Fertiliser

November month saw some familiar ships returning to Silloth with cargos of wheat, fertiliser and timber. Photographers become frustrated at this time of year because of the reduction in daylight hours resulting in fewer opportunities to get out with their cameras. This month's subject arrived at night, but fortunately photos from a previous visit were available to accompany this article.

One of the most notable recent visitors was the general cargo vessel JUMBO which arrived after a seven day sailing from Ust-Luga. This is a modern Russian port situated in the far north of the Baltic Sea to the west of St. Petersburg. The port has received massive investment recently making it the largest and deepest facility in the Baltic. A new railway infrastructure has added to its flexibility. Importantly for Russia, the port is free of ice during winter and has become a major outlet for exports to Europe.

JUMBO's route took her north of Denmark into the North Sea and onwards towards Scotland where she made her way down the west coast to Silloth, arriving on a night tide. As is often the case, neighbouring fertiliser units at Silloth and Ayr were taking advantage of a shared load; a cost-effective way to transport raw materials long distances. After taking just a few hours to unload at Silloth, JUMBO set sail again for Ayr on the following tide.

JUMBO is part of the fleet of

more than one hundred vessels managed by Norwegian company 'Wilson'. The company is one of the largest operators on European short sea routes and their ships are regularly seen at Silloth. Whilst bearing the company logo along her hull, JUMBO is one of only a few in the fleet not to have the 'Wilson' prefix in her name, others include TORPO, FERRO and PLATO.

The connection between this series of names is unclear, however JUMBO has retained the same name since launch in 1987.



Report & Photos by:
John Forrester
More coverage of shipping at
Silloth can be found at www.cumbriashippingsphotos.weebly.com



Silloth Tide Tables

JANUARY 2020

SILLOTH

DEPTHS ON NEW DOCK GAUGE (1.8m ABOVE CD)

High Water Low Water

Date	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
	1 W	03 15	5.9	15 35	6.2	09 56	0.3	22 28
2 TH	04 02	5.5	16 25	5.7	10 36	0.5	23 11	0.4
3 F	04 55	5.1	17 23	5.4	11 26	0.7		
4 SA	05 57	4.9	18 28	5.3	00 05	0.5	12 28	0.8
5 SU	07 07	5.0	19 32	5.3	01 11	0.5	13 42	0.7
6 M	08 12	5.2	20 32	5.5	02 19	0.4	14 49	0.5
7 TU	09 06	5.6	21 25	6.0	03 19	0.2	15 49	0.2
8 W	09 53	6.1	22 11	6.3	04 14	-0.1	16 42	-0.1
9 TH	10 34	6.5	22 55	6.7	05 03	-0.4	17 33	-0.4
10 F	11 15	7.0	23 37	7.1	05 50	-0.6	18 21	-0.6
11 SA	11 56	7.3			06 37	-0.7	19 08	-0.9
12 SU	00 20	7.3	12 38	7.5	07 22	-0.9	19 55	-1.0
13 M	01 05	7.4	13 25	7.5	08 06	-0.9	20 42	-1.0
14 TU	01 53	7.3	14 12	7.5	08 50	-0.8	21 26	-1.0
15 W	02 41	7.2	15 02	7.3	09 33	-0.6	22 12	-0.8
16 TH	03 33	6.9	15 54	7.0	10 17	-0.4	23 00	-0.6
17 F	04 28	6.4	16 53	6.6	11 07	-0.2	23 53	-0.3
18 SA	05 29	6.1	17 59	6.2			12 04	0.0
19 SU	06 39	5.7	19 10	6.0	00 55	-0.1	13 12	0.2
20 M	07 50	5.7	20 21	6.0	02 05	0.0	14 27	0.1
21 TU	08 57	6.0	21 26	6.1	03 15	-0.1	15 43	0.0
22 W	09 54	6.3	22 22	6.4	04 20	-0.2	16 48	-0.2
23 TH	10 43	6.6	23 09	6.6	05 15	-0.4	17 44	-0.4
24 F	11 26	7.0	23 51	6.7	06 04	-0.5	18 33	-0.6
25 SA			12 04	7.1	06 46	-0.6	19 14	-0.6
26 SU	00 28	6.9	12 40	7.2	07 24	-0.6	19 51	-0.7
27 M	01 03	6.7	13 15	7.2	07 56	-0.5	20 24	-0.6
28 TU	01 37	6.6	13 49	7.0	08 28	-0.4	20 55	-0.5
29 W	02 10	6.5	14 24	6.7	08 58	-0.3	21 22	-0.4
30 TH	02 43	6.2	15 00	6.5	09 27	-0.1	21 51	-0.2
31 F	03 18	6.0	15 37	6.1	10 01	0.1	22 25	0.1

Time Zone UT(GMT)



November Shipping at the Port of Silloth

Report by: Capt Tim Riley,
Harbour Master, Short Sea Pilot

November

1st Zapadnyy from Ghent with a cargo of Molasses then on to Klaipeda.
12th Verity with a cargo of Wheat from La Pallice then on to Glasgow.
16th Ayress with a cargo of Logs from Ardcastle then on to Sandbank.
25th Jumbo with a cargo of Fertiliser from Ust-Luga then on to Ayr.
30th Sea Hunter with a cargo of Fertiliser from Antwerp then on to Dublin.

November was another pretty good month for the port, we didn't quite make target on

volume, however overall for the year we have now achieved a higher cargo volume than last year and hope to continue bringing vessels in throughout December to increase our overall gains.

Our ever faithful Zapadnyy returned once again and may be back in December, around mid-month. TN Trawlers have renamed and re-registered several of their vessels to CAMM xxx and are now back fishing for scallops off the Isle of Man.

Verity returned with Wheat from France and we have now seen the return of Jumbo (was here around 3 years ago) with Fertiliser from Russia.

RNLI Crew Celebrate Marriage

Report by: Julie Emary
Silloth Lifeboat Press Officer

Silloth RNLI crew member Robert Prowse married his partner of twenty years, Clare, at Gretna Green on Monday 18 November. Their son Kai, acted as Best Man, ring bearer and chief photographer on the day and the family were joined by another RNLI crew member Andrew Stanley and his wife Suzanne, who were witnesses to the ceremony.

A celebration of the marriage was held on Friday 22 November at the Boathouse in Silloth, when the couple, along with Kai were heralded in with a guard of honour, on their entrance. The crew dressed in their drysuits, formed an arch with oars that were used on past Silloth RNLI Lifeboats.

Because of the longevity of their relationship together, the couple's original intention was to have a very quiet wedding but as



the day got closer they decided that it was to be a joyous occasion, one which they wished to share with their friends and colleagues.

The crew were pleased to join in the celebration and to wish the couple continued happiness in their life together.

Come to the Quiz Night



Report by: Margaret English

The RNLI is holding its annual Quiz Night at Mrs Wilson's Coffee Shop, Criffel Street, Silloth on Friday 7th February at 7:30pm
Entry is £6 per person

including supper.

Teams of up to four members are welcome. Numbers are limited so please pre-book at £3 per head at Mrs Wilson's, Tel: 016973 31155.

RNLI Crews Rescue Scallop Dredger

Report by: Julie Emary
Silloth Lifeboat Press Officer

On Wednesday 4th December at 04:20 Silloth RNLI Lifeboat was tasked to attend a Scallop Dredger which was stuck on a sand bank approximately three miles off Allonby, in the middle of the Solway Firth. It was a neap tide and although high water, the sea level was quite low. The weather conditions were quite poor being a Force 5, with a South Easterly wind and a strong swell.

Silloth lifeboat was launched at 04:25 arriving on scene alongside the dredger, some 25 minutes later. Workington RNLI Lifeboat were also tasked to assist in the recovery of the casualty vessel, as it is a much larger and more powerful boat. Initially Silloth lifeboat attached a tow line to the dredger in an attempt to stop it drifting further onto the sandbank, until Workington lifeboat arrived.

Workington RNLI lifeboat were on scene approximately ten



minutes later and attached a tow line to the dredger, attempting to pull the casualty vessel off the sandbank. However by this time the tide was on the ebb and receding quickly. Unfortunately, it soon became apparent that the thirteen metre dredger was so entrenched in the sandbank that it could not be moved until the next high tide. Workington lifeboat subsequently returned to their station but Silloth lifeboat

remained on scene, ensuring the skipper who was still on board the dredger, stayed safe and well until the Coastguard helicopter could evacuate him. The skipper was subsequently brought to Silloth by the helicopter.

Silloth lifeboat returned to station at 11:40. The scallop dredger was then safely moored in Silloth dock.

Harlequin Choir Raise £575



Report by: Margaret English

The Harlequin Choir comes again to Christ Church Silloth for the RNLI fundraiser.

Friday 6th December was a

settled dry night. Christ Church was a beautiful magical setting with Christmas decorations, a huge Christmas tree and many candles. The warmth and enthusiasm produced by the Harlequin Choir is infectious as they love to perform songs and carols. Claire Mattinson their musical director just makes it work for them and her husband does a wonderful job with the musical accompaniment.

The audience of 78 were treated to a lovely evening and supported the RNLI very generously buying £215 in the raffle (a record for an event) together with the entrance money a fabulous £575 was raised for the Silloth and District RNLI fund raising group. The RNLI stall took over £80 on top of that.

Our thanks go to everyone who provided the raffle prizes. A very special thank you to Canon Bryan Rothwell and Jean Oliver for getting the church ready for us and all the help Bryan gave us on the night. Finally, an enormous thank you to everyone who joined us on the night and helped to make it such a success. Well done everyone.






QUIZ NIGHT AT MRS WILSON'S

on Friday 7 February 2020 at 7.30pm
at Mrs Wilson's, Criffel Street, Silloth

Entry £6 per person including supper.
Teams of up to 4 members. Numbers are limited, pre-book at £3 per head at Mrs Wilson's. Tel: 016973 31155

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Wheelchair Rugby is coming to Cumbria



A new Wheelchair Rugby club will be set up in Penrith after a successful trial. A series of taster sessions have been held in Penrith Leisure Centre, and now Gary Pettit the man behind the venture will be setting up a new club.

As an armed forces veteran, Gary has been supported with the taster sessions by Richie Hinson, the Forces Link Coordinator at Cumbria CVS and Dale Thomson, Regional Development Officer at Great Britain Wheelchair Rugby (GBWR), the National Governing Body (NGB) for wheelchair rugby. Gary said: "I used to coach able bodied rugby, but since my accident I am not able to do so. I met Dale when attending some taster sessions at Carlisle. I was at the try-outs for the Invictus Games and saw the taster sessions in Carlisle, so approached him about coaching, they were keen to see the development of wheelchair rugby in Cumbria and eventually a Cumbrian league so I'm fortunate that they will put me through my coaching qualifications. I'd like to give back to the community and introduce as many people as I can to the sport"

Gary joined the Royal Navy

in 1989 at the young age of just 16. He was thrown straight in at the deep end with several years active service in the Bosnia conflict followed by the Gulf conflict, where in 1993 he sustained a significant injury to his left knee which progressively got worse until he was medically discharged in February 2000. Earlier this year in-between the try-outs for Invictus Gary underwent a knee replacement operation yet managed to compete in several of the competitions including wheelchair rugby.

"The game is just great, it's fast paced, and makes me feel truly alive again, it gives me such a boost and it's helping me count my blessings. I hope that we can involve many more people"

If you're interested in taking part, or being involved in the development of the club, please contact Gary Pettit on 07907 910 197 or email gp french73@gmail.com.



Abbeytown Girls U16 Squad



Back row - Paul Harrison (head coach), Amy Robinson, Amy Carr, John Ferguson (ass coach), Ella Baker, Abigail Mossop, Andy Carr (ass coach), Lucy Carr, Sophie Ferguson
Front row - Gracie Miller, Abbie Woodburn, Abbie Heaton, Caitlin Harrison, Anna Todd

Report by: Haley Mossop

The 2019/2020 football season has kicked off for the Abbeytown Girls U16 team. They have won

all their fixtures to date quite convincingly and are on track for the treble again (County and League Cups).

4TH ALLONBY NEW YEAR'S DAY DOOK



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Into the water at 12 noon prompt
Register and change in Allonby Village Hall from 11.00
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Please ask Helen (07471 735351) or Joe (01900 881308) for a sponsor form

Participation in this event is entirely at your own risk
Under 16s welcome but must be accompanied by an adult



Buzz Bee
by
Olivia McGuire
from
Holme St Cuthbert School



Green Bee
by
TJ Furness
from
Holm Cultram Abbey School



come and join us!

Discover more of your local area, meet new people and enjoy being outdoors

Join us for our regular "Walking for Health" group walks. Short, gentle walks lasting approximately 45 minutes.

Christmas Eve	Silloth Medical Practice car park	11.00am
<i>Christmas Day</i>	<i>Silloth Rugby Club</i>	<i>2.00pm</i>
Tuesday 31 st December	Silloth Rugby Club	2.00pm
Tuesday 7 th January	Silloth Library car park	11.00am
Tuesday 14 th January	Silloth Library car park	2.00pm
Tuesday 21 st January	Silloth Medical Practice car park	11.00am
Tuesday 28 th January	Silloth Medical Practice car park	2.00pm

Contacts: Gillian or Simon – (016973) 31309



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