



Lino Richie with extra legs Bee
by Keira Brown
from
Silloth Primary School

Solway Buzz

www.solwaybuzz.co.uk

December 2018

local news - for you - by you - about you - free to you

FREE PAPER

Issue 170



Christmas Lights Switch-On Friday 30th Nov
Santa in Corner Cafe from 4:30pm, Mince Pies & Mulled Wine in Fairydust, Switch-On at 6pm

Page 4
Matthew & Caitlin donation



Page 7
Miramar Lodge donations



Page 9
Tony is Pirating around



Pages 13
Big Westerners donation



Page 19
Nat is powering on



Page 20
New strip for the Seagulls



The Solway Buzz is a FREE community paper with a circulation of up to 5,500 copies for the area around Abbeytown, Skinburness, Silloth-on-Solway and Mawbray

Harlequin Choir Concert in Aid of RNLI



Report by: Margaret English

On Friday 7th December the Harlequin Choir comes to Christ Church in Criffel Street Silloth at 7pm for a candlelit atmospheric evening of Christmas songs and carols. Entry is £5 including

refreshments.

There will be a raffle and a RNLI stall.

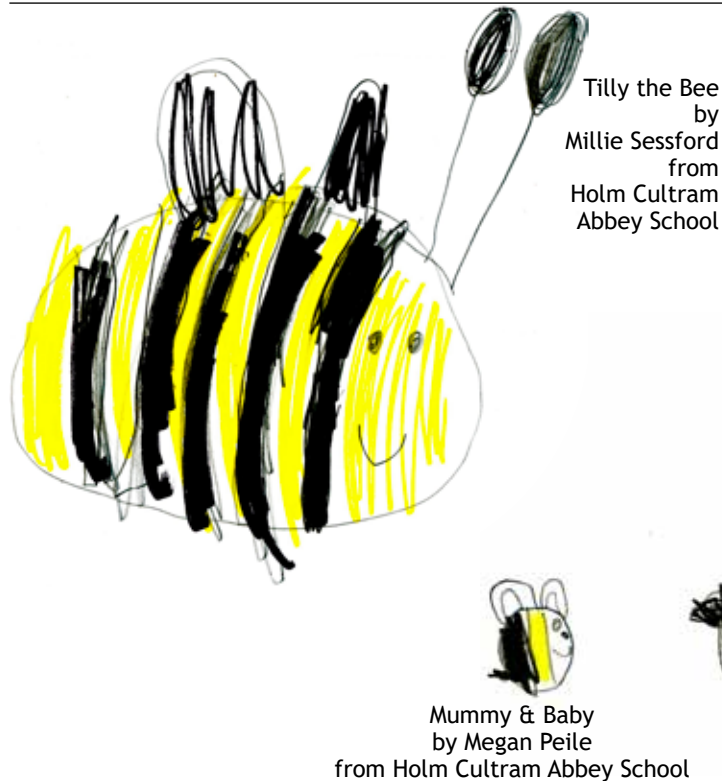
Do come along and get into the Christmas spirit and enjoy the company of the very enthusiastic choir.

Macmillan Coffee Morning

Report by: Penny Stimson

On Friday 28th September St Andrews Hall hosted Macmillan coffee morning to raise funds for Cancer UK.

The turnout was excellent and we are please to announce we took £260. We would like to thank all those who kindly attended and supported us.



Tilly the Bee
by
Millie Sessford
from
Holm Cultram
Abbey School

Mummy & Baby
by Megan Peile
from Holm Cultram Abbey School

Causewayhead WI

Report by: Jenny Stride

At our September meeting David Blanden gave an interesting talk on Cocker mouth Mountain Rescue Team. The team at Cocker mouth was the third team established in the Lake District and was formed in 1953.

There are now twelve teams in the area and each covers two valleys, Cocker mouth covers Buttermere & Ennerdale. There is also a SARDU team with trained dogs and a COMRU team which specialise in mine recovery work. When the team was originally set up the equipment was basically boots, rucksack and elastoplast, much of the equipment coming from Millets, Blacks and WD surplus. There was one jeep with a concrete block at the front to balance it when the crew were in and an old Rolls Royce converted for use as an ambulance. Call outs were via the local PC cycling to members houses, then via a cascade system by phone, then pagers and now mobile phones.

Now the team have three Landrovers and a Mercedes 4x4. And the latest in equipment. The team can also call on helicopter support from Prestwick, Hull and Wales, these are Sikorsky S92 or Agusta Westland AW189. They are red and white. There are 44 members of the Cocker mouth team and for each call out there is usually approximately a 50% turn out. All of these are volunteers

and many rely on the support of their employers to enable them to attend call outs. Roughly a third of all call outs are for lower leg injuries caused by slips, trips and falls, a third for people who are lost and the other third for lacerations, heart attacks and more severe injuries. The peak period is July and August. The quietest November to March. There has been a steady increase in call outs over the years, in 1960 there were 16 and so far this year there has been 58. Some of this is down to programs on the TV giving a false impression of how long some of the walks such as the Wainwright walks take and people subsequently becoming stranded.

David showed some slides and a video detailing some of their rescues and these emphasised the complexity and dangerous aspect of most of their work. If you do become a victim off road do not call 999 for an ambulance but ask for the Police and then Mountain Rescue. As a voluntary organisation the Team are dependant on donations, gifts from wills and fundraising efforts to raise the £60,000 a year needed to keep the team running. More details can be obtained from the Team Facebook page and Website.

Competitions

An Old Map

1. Frances Jackson
2. Jean Graham

Wild Flower

1. Christine Worrall
2. Jean Graham

Single Flower

1. Christine Worrall
2. Frances Jackson.

At our October meeting we were lucky that at very short notice Barbara Ratcliffe was able to come and talk to us about the Ospreys at Bassenthwaite. Barbara has worked as a volunteer at Whinlatter for the last few years although she has been interested in them much longer. Ospreys were hunted to extinction in England but they had been noticed flying through the area on their migration. So in 1999 the tops of Scots Pines were cut down and platforms made

around Bassenthwaite in the hope of encouraging them to breed here. In 2001 a pair nested and bred for the first time. The birds mate for life and have a life span of 20-30 years. Only 30% of chicks reach adulthood.

The nest when completed is about the size of a double bed. The hen usually lays 3 eggs over a 5 day period and these take 35-37 days to hatch and the chicks fledge after 7-8 weeks. The eggs are turned by the birds carefully but because of their talons occasionally break an egg. Whilst the chicks are in the nest the male brings dead fish as a live fish flapping around could knock the chicks out of the nest. Once they fledge he brings live fish and then teaches them to fish. Around 6-7 weeks the chicks are ringed, an experienced ringer climbs up and lowers the chick in a bag, they weighed and health checked and ringed with 2 rings, one is an identifier and the other a BTO ring so that the bird can be identified worldwide. Sometimes if funds permit a tracker is also put on. The trackers have enabled the birds to be followed on their 3000 mile migration to Senegal and the Gambia. This journey takes about a month.

As in Africa the day and night is almost the same period by breeding here they are able to hunt and fish for much longer periods thus enabling them to ensure their chicks get the best start in life. In June they often hunt from 3am to 10pm. The camera feeds at Whinlatter and Dodds Wood attract a lot of tourists.

Shirley thanked Barbara for coming at such short notice and giving such an interesting talk.

Competitions

General

1. Val Lodge
2. Mona Kent

Flower

1. Mona Kent
2. Frances Jackson

Wild flower

1. Christine Worrall
2. Jean Graham

Raffle: Jenny Stride, Joyce Bailey.

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RNLI Fish & Chip Supper

Report by:
Margaret English

The Silloth Café was the place to be on Friday 19th October.

There was a great welcome from Alison and her staff who managed to serve 64 hungry people.

Eddie and the crew provided a super, donations only bar with beer, wine, rum and shots that all went down very well. It was great to see such an amazing mix of people joining us and there were many more on the waiting list, as it was fully booked a month in advance.

Great to have some of the crew with us, sorry about the people who were unable to join us.

Another paper folding task took a while to work out how to



do it, very difficult to choose the best as the quality was so good. Fun quizzes this year were fish and RNLI related and were quite challenging, and there was an extra prize for the best colouring task.

The raffle was very well supported. In all we raised £601 which was a fantastic effort and so lovely to have so many people supporting us.

On behalf of the Silloth and District RNLI Fundraisers I would like to thank everyone who came along to make it such a fun. Enormous thanks to Alison and her staff for making the evening so successful and to Eddie and the crew for organising the wonderful bar.

See you next year.
Please book early!

Can You Volunteer For The RNLI?



You don't have to get wet!

The RNLI (Royal National Lifeboat Institution) is looking for volunteers to help run Silloth lifeboat shop in 2019. Everyone who volunteers for the RNLI saves lives, and those who volunteer in our shops and at our fundraising events can do so without even getting their feet wet.

The shop based in Silloth lifeboat station is one of 160 RNLI shops across the UK and Ireland, raising money for the charity that saves lives at sea.

The shop opens from Easter – early December and is popular

with locals and visitors to Silloth.

What's in it for you?

- First class training and development, guidance and support
- Learning new skills and gaining valuable experience
- Meeting new people in your community
- Knowing that you have contributed to saving lives at sea

Please contact Lauren Elliott, Visitor Experience Manager for more details on: 01738 642963 / 077975602984 or email: volunteering@rnli.org.uk.

Multi-Agency Call Out to Annan

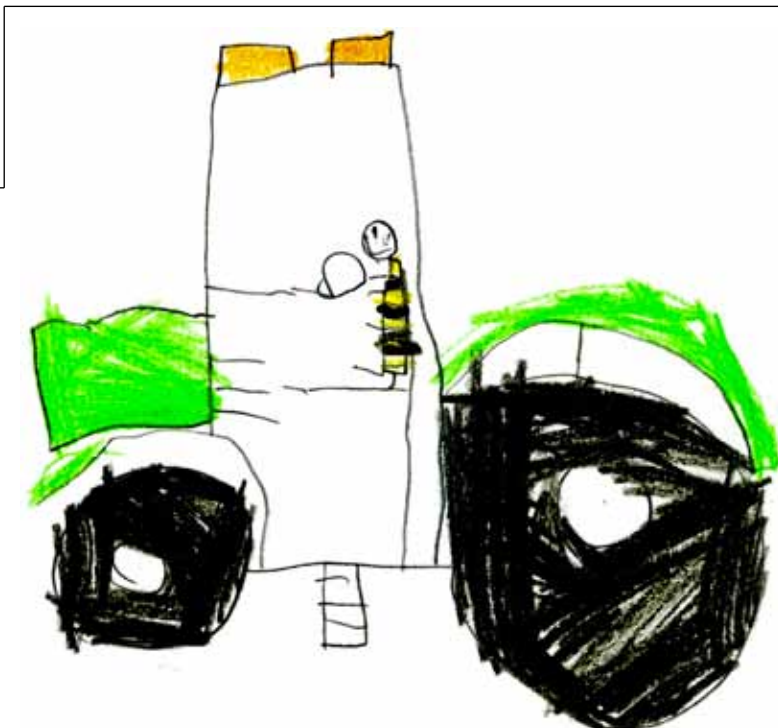
Report by: Julie Emary
Silloth RNLI Press Officer

Silloth RNLI Lifeboat was called out on 9th October to report of a car in the water on the Scottish side at Annan.

The visibility deteriorated during the extensive search. There was a possibility of a woman and two children inside the car but this was unclear at the time. After exhaustive searching by all the emergency services involved, it transpired that everyone was safe and well.

The Lifeboat, all Coastguards and the helicopter were stood down at 2:32pm.

Silloth Lifeboat returned to the Boathouse and was made ready for further service by 3:15pm.



Dan Tiffin Bee
by
Jack Tiffin
from Holm Cultram Abbey School

Hilton Terrace & Wigton Road to Old Farm

We need a volunteer to deliver the Solway Buzz, there are just 20 houses.

Can you help your community?

We look forward to hearing from anyone who can help.

Contact Peter or Kath on 0750 180 5775

Exclusive new Christmas cards at the RNLI Shop



Take a look at the dazzling range of RNLI Christmas cards, now available in the Silloth RNLI shop and online at shop.RNLI.org. Supporters like you bought a massive 410,000 packs last year for loved ones – every purchase helps save lives at sea.

Which is the best design? Or do you have an old favourite?

Where is This? Is It Still There?



In 1980 this flowering Cherry tree was planted in commemoration of the Queen Mothers 80th birthday. Can you answer the questions? Please let Angela Hoodless know at 54 Skinburness Drive, Silloth.

RNLI £450 Donation



Silloth RNLI Lifeboat crew members were presented with a cheque for £450 by Matthew and Caitlin Ellwood in memory of their Granda, Eric Ellwood.

Rainbow Queen Bee
by Amy Hale
from
Silloth Primary School





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Silloth & District Pensioners Coffee Morning

Report by: Jean Day

It was good to see a full room at our October get together enjoying their morning coffee and scone, on a lovely sunny, though a little chilly Saturday.

The cake, bric a brac and raffle did very well, and the winners of the raffle were: Enda Keaveney, Gerry Thorogood, Lorraine Hodgson, Joyce Musgrave, Sonia Thorn, June Morton and Theresa Hodginson.

Tickets for the Christmas Party were selling well.

What a busy coffee morning today on Saturday 3rd November despite the atrocious weather. The cake stall was a little sparse and sold out quickly but give the committee their due they did provide scones with rum butter and mince pies as an extra treat today.

On display this morning were clothes by Eve, and a lovely display of separates for everyday or a special occasion were available. Also on display were toiletries by Body Shop.

Raffle winners today were:

Jean Mounsey,
Margaret Pickering,
Pat Froggatt,
Lorraine Hodgson,
Sheila Beaty, Enda Keaveney,
Marion Graham and
Sue Graham.

Tickets for the Christmas Party on Saturday 2nd December have been selling fast.

Lovely to see some new supporters today, and many thanks for the constant support of our old friends.

The next Coffee morning will be held on 2nd February 2019; seems a long way off but the time will probably fly over.

Diamond Wedding Anniversary for Moira & Billy



Moira and Billy Fearon celebrated their 60th Wedding Anniversary on 8th November with a holiday in Oban paid for by their six children. They thoroughly enjoyed the break.

Billy and Moira then took the family and a few close friends to the Golf Hotel on Saturday 10th November for a meal which was fantastic.

Pictured above are the happy couple with their six children. They have 19 grandchildren and

16 great grandchildren, and they want to thank them all for making their Diamond Anniversary one to remember, they love you all.



Upside Down Bee
by Emmie Bennett
from
Silloth Primary School

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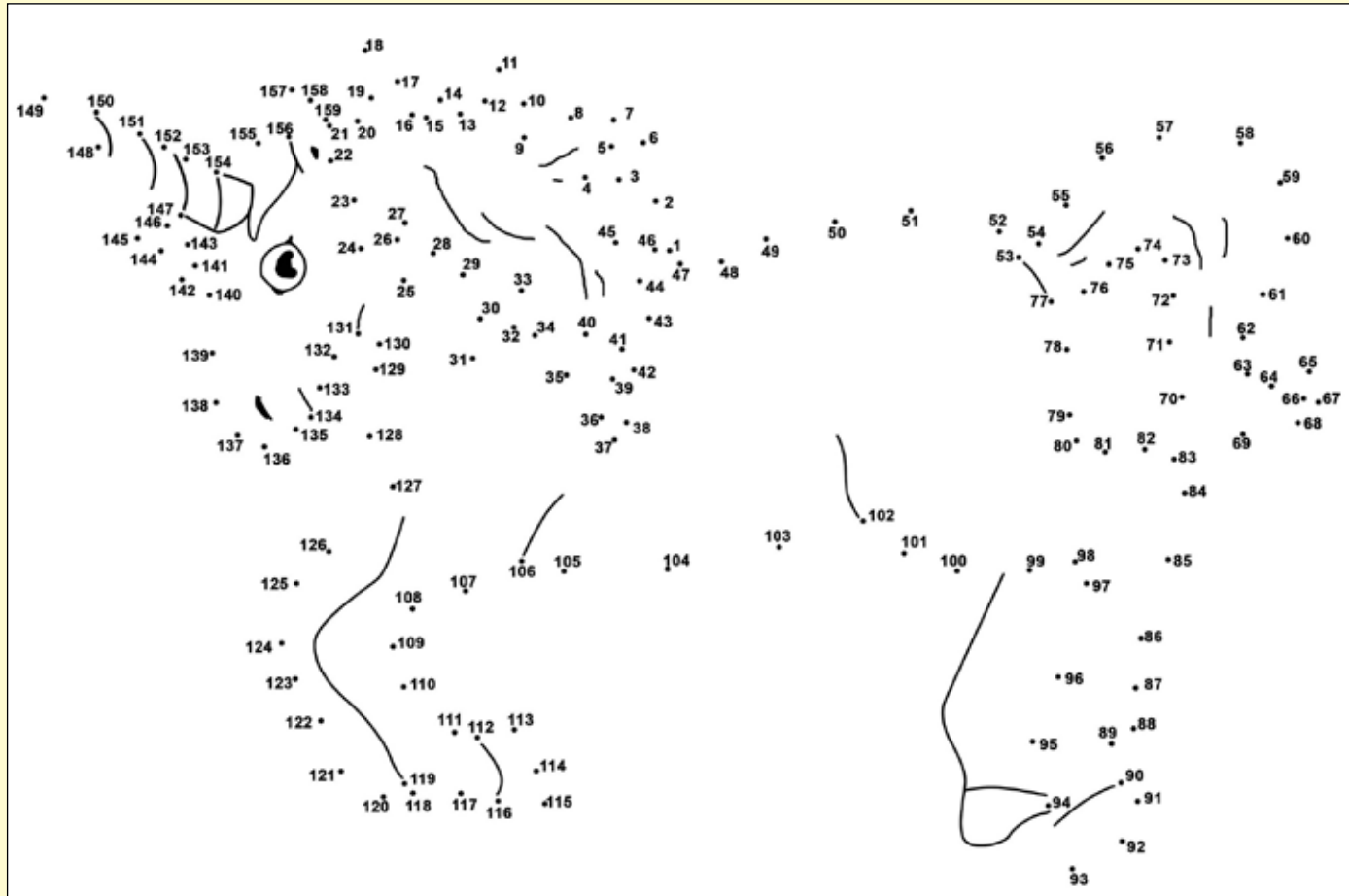
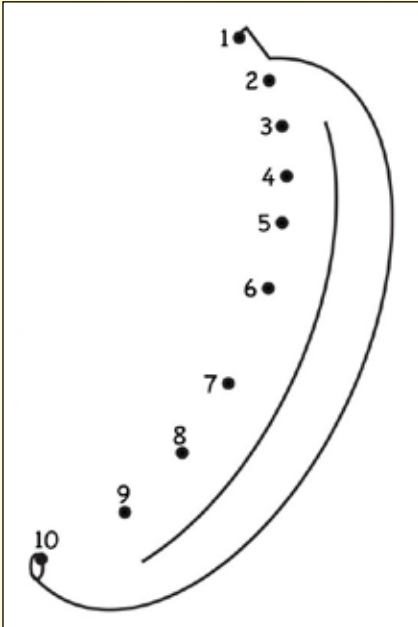
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Donald Foster 1921-2018

Obituary to Donald Foster "How Great Thou Art"

It is with great sadness that we report that after a short stay in Carlisle hospital Donald Foster passed away peacefully on the 31st August 2018. Donald who was born in Abbey Town on 31st July 1921 was well known by many people in the area due to his involvement with many local organisations. Donald was the eldest

son of Billy and Mary Foster, brother to Audrey and the late Jeff, Norman, Mary, Bernice, Olwyn and Selwyn. He grew up in Abbey Town where he and his family would perform as a group in the Methodist Chapel Easter Anniversaries. Donald as a young boy used to walk to Wigton to receive Piano lessons, this would be important for him in later life. He also used to go and help on local farms; something which helped to develop his love of nature, wildlife and gardening. In 1939 Donald secured a job as a porter at Abbey Town Railway station, many of his family were involved in working for the Railway and in fact Donald is on a tape in the York Railway museum talking about his and his families experiences working for the Railway. As a porter Donald would take goods from the station to many of the shops which existed in Abbey Town at the time. It was at this time that he met the love of his life Elsie Lightfoot, who was living with her family at the Post Office at Hayton, Aspatria, Donald used to bike up to Hayton to go to the village dance where he would meet Elsie. The outbreak of war in 1939 resulted in Donald volunteering to serve his country, joining the Army, as a wagon driver in the Royal Army Service Corps, serving in North Africa, Greece and Italy, an experience which would shape his life. In 1946 Donald was released from the Army, travelling back excitedly through Switzerland and France to eventually make the crossing from Calais to Dover and by train back to Carlisle station, arriving



back during May 1946 where he was met on a very busy station by Elsie and his sister Audrey. On the 25th May 1946 Donald was married to Elsie at St James Church, Hayton and the couple have enjoyed 72 years of married life together. Living firstly at Oughterside where Donald trained to be a joiner, serving his time with Matt Lightfoot, his father in law, who had a joiners shop at Hayton. Donald then returned to Wagon driving working for H.M. Hackney which would later become Sealy, driving for them for 28 years, receiving a safe driving award from the company before moving to be the transport manager until he retired in 1983.

In 1955 Donald and Elsie moved to live in Abbey Town with their three children, Maureen, Stanley and Irene, their fourth child Norman arriving in 1956 born in Abbey Town. While working for Sealy Donald took on the role as branch secretary for the Transport and General workers union, a role which he held for 38 years, eventually giving up the post aged 78, when he was presented with a gavel to mark his service to the union.

Donald along with his wife Elsie has been involved with many local organisations over the years, using his time and talents freely to help others in the community. He was a member of the Church council at Holme Cultram Abbey for many years; serving as Church warden for over 25 years, eventually being made Church warden emeritus in recognition of his work as Church warden.

Donald was Church organist for over 45 years, quite remarkable considering he had never been taught to play the organ, he was in fact self-taught based on his piano playing earlier in life. Donald also served on the Parish Council, the Hall committee and was treasurer and player for the indoor bowling club at Abbey Town. In his retirement he spent many hours ensuring that the Churchyard was always kept looking tidy and acted as handyman for both the hall and Church as well as continuing his lifelong love of gardening. Donald was also an active member of the Royal British Legion, organising the Poppy collection in the Abbey Town area for 15 years.

In the Funeral service at Holme Cultram Abbey, Canon Bryan Rothwell made a very kind and fitting tribute to Donald focussing on his service to his family, community and country. The final hymn was "How Great Thou Art", the hymn which Donald had played and sung at the end of each service for many years was played and sung with great feeling.

Many thanks to Holme Cultram Ladies who kindly provided refreshments after the service. The collection was shared between Holme Cultram Abbey and the Royal British Legion.

As someone said after the service, "it was a good Church service for a good Church man" very true.

Our Doors Open

Report by: Penny Stimson

St Andrews hall holds a free lunch each Tuesday from 12 to 1pm. Soup, bread, cake, tea or coffee, we also have a free raffle of a small gift for one of our lucky diners.

On Tuesday 18th September, we all sang HAPPY BIRTHDAY to Jeff and Rose who both had a birthday that week and attend our lunches weekly. They were given a birthday cake each with candle, then everyone participates by having a slice to go with a cup of tea.

This is something we do with all the birthdays we are told about, and everyone appreciates being congratulated.

Anyone is welcome to attend Our Doors Open, so please come along and find friends you never knew you had.

Our lunch is free, but we do have a donation box should you wish to contribute.

Blood Cancer Support Group

Lymphoma
action

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If you or any of your family have lymphoma, myeloma, leukaemia or any other blood cancer, there is a friendly and informative support group that meets every other month in Whitehaven.

As well as meeting others with similar experiences, the Whitehaven blood cancer group have interesting speakers and the kettle is always on!

The next meeting is on Tuesday 20th November from 2pm to 3:30pm at the Bransty Royal British Legion Club. If you want to find out more, please phone Karen on 07710 393 891 for an informal chat.



Ghost Bee

by
John

From Silloth Primary School

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Miramar Lodge Distribute over £900 Locally



Report by: Kevin Anderton OBE

Following the successful presentation evening recently held in the Masonic Hall, Station Road, Silloth, the Miramar Lodge of Freemasons based in Silloth have been able to upgrade their donations to local charities to over £900 this year. This was shared between Silloth First Responders, Silloth RNLI, Mobec and Silloth Nursing Home

The picture above shows at top Silloth RNLI and below the excellent Silloth First Responders receiving their cheque from the Master of the Lodge J Grant Anderson.



Silent Soldier



Report by: Eric & Joan Bowe

On Friday 28th September, Greenrow Pentecostal Church in West Silloth installed a Tommy Silhouette to commemorate the centenary of the end of the first world war.

The Tommy Silhouette will be a constant reminder of all those who made sacrifices on our behalf. Donations from church members purchased the Silhouette from the Royal British Legion.

Sincere thanks to everyone who gave donations. It is important to remember all those ordinary people who left local communities like ours to serve King and country in time of war.

They will not be forgotten - we will remember them.

Silloth Green Dog Code

Silloth Green is enjoyed by dog walkers every day of the year and we ask that all dog walkers abide by the dog code, so that Silloth Green is a place for everyone to enjoy.

The purpose of this code is:

- To ensure considerate use between those undertaking dog walking activities on Silloth Green and other park users
- To protect the park and its wildlife
- To ensure access to and use of public open space is preserved for all visitors

Control your dog!

Always ensure your dog is within sight and returns to you when called. Any dog whose obedience cannot be guaranteed should be kept on a lead. When there is an event taking place and the Green is busy, keep your dog on the lead or use one of the quieter areas.

Know where you can go!

Dogs are not allowed in the Woodland Play Area, the Water Splash Pad, BMX Track or the fenced Children's Play Area next to the Splash Pad. We would prefer that your dog is kept on a lead around the Community Garden, Heritage Rose & Bee Garden & Putting Green.

Consider others!

Never let your pet approach cyclists, other people or dogs uninvited. Other park users may not be as fond of dogs and some people—especially small children—can find dogs intimidating.

Dogs die in hot cars!

Never leave your dog locked in your car especially during the summer months. Incidents will be reported to the Police.

Clean up!

Always bag and remove your dog's waste. Bags of dog waste can be placed in any of the litter bins provided. Please help us keep Silloth Green clean for everyone!



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Call us on 016973 20242
to book an appointment

Carers Have Rights Too!

Caring for your future

Carers Rights Day is an annual event which, this year, takes place on 30th November. The theme for 2018 is "Caring for Your Future".

When you become a carer it can seem as though the future is totally out of your control, however there are steps you can take to prepare for the changes to come.

Contacting your local carer's organisation for help is one of the first steps you should take.

West Cumbria Carers is here to support Carers across Allerdale and Copeland, if you would like more information on any aspect of caring contact us on 01900 821 976 or visit www.westcumbriacarers.co.uk

Carers Assessments

All carers are entitled to a Carers Assessment. The purpose of the assessment is to discuss the support YOU need to carry out your caring role. A support plan will be put in place and reviewed annually (sooner if your caring role

changes).

Carers Emergency Card

This scheme enables you to develop a plan of action in case you cannot look after the person you care for during an emergency. Calling the phone number on the card will activate your plan.

Lasting Power of Attorney

Lasting Power of Attorney (LPA) allows you to choose what should happen in the future if you are not able to look after your

own affairs. If you are a carer you may wish to have an LPA for yourself and/or the person you care for.

Working Carers

There are a number of employee rights which could benefit

carers who also work. These include the right to ask your employer for flexible working arrangements, time off for emergencies and parental leave.

Having the right information at the right time can make a huge difference when you are looking after someone.



Remembering the Birnies



A new memorial bench has appeared along the seafront of Skinburness Road almost opposite No 22. For many years that was the home of the Birnie family.

Clare was a stalwart of the Women's Institute, Ewart was the Customs and Excise Officer for Silloth Docks and a keen golfer on the Silloth course. Their daughters Margaret and Mabel went to the local school and later went to the County High School in Carlisle.

Margaret met Bill Whelan at Birmingham University and they married in 1951 and lived in Miami from 1967 where Bill

was Professor of Bio Chemistry at the University. Mabel qualified at the Central School of Speech and Drama in London and taught in Birmingham and Norwich where she set up home in 1961 with husband Keith Clement, who worked for the BBC, moving to London in 1966.

Margaret and Mabel were both married at Christ Church and never forgot their Silloth roots.

The family are very pleased to have this memorial of them and hope that families who remember them will enjoy looking across to their favourite view of Criffel.

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New Play Area at the Splash Pool for Small Kids

Report by: Wendy Jameson
Silloth Town Clerk

On Tuesday 16th October, the new children's play area on Silloth Green was officially opened, with Alan Smith, (Leader of Allerdale Borough Council), John Crouch (Mayor of Allerdale), Tony Markley (Mayor of Silloth), Bill Jefferson (Allerdale & Town Councillor), Anthony Reid (Chair of Friends of Silloth Green & Town Councillor) and various local residents, visitors and children in attendance.

Councillor Anthony Reid said "Being one of the founding reasons for me joining Silloth Town Council, after talking with numerous members of both the community and visitors to Silloth, I decided I would set in motion the foundations for building a toddler play area located near the splash park, as I believed this was one amenity the town was in need of. Spurred on by the extremely

positive backing of both the Town Council and residents alike, myself with a lot of help from Town Clerk Wendy Jameson carried out plenty of research, and plans were drawn up for the fantastic design we now have. I am extremely pleased with the final outcome and even more so, after seeing the young children braving the adverse weather to play on the new Play area today. I can't thank enough the residents of the town for their ongoing support and patience during the process, as well as all those involved. I would especially like to extend my gratitude to both Councillors Bill Jefferson and Alan Smith for their role in helping propel the project over the final hurdle to the completed asset we now have on the Green, which I'm sure will bring much pleasure to both the young children of Silloth and visitors to this beautiful little town."

The main feature of the new Silloth Green Play Area is the custom-built ship which has been specially designed to offer many inclusive features and is classified as DDA accessible. The open layout of the ship lends itself well to allowing children of all capabilities to join in imaginative games both inside and outside the ship which is vitally important to provide an inclusive play environment



for all children. Play activities on the lower and upper deck allows everyone to play together. The manipulative and interactive components like the binoculars, ships wheels, music and play panels will ensure endless hours of creative and imaginative play, which support children's social/emotional and cognitive/creative development.

The new play area was provided by Kompan UK Ltd, as it was agreed their design was the best option in terms of play value, the quality of the equipment and the guarantee provided. The project was funded with a Community Grant of £1,000

from Cumbria County Council and £2,000 from Silloth Rotary Club, with funding of £7,000 from the Town Council. Additional funding of £30,000 was provided by Allerdale Borough Council

which was a great bonus and enabled the project to be completed sooner than anticipated.

Councillor Bill Jefferson said "We hope the new play area will become another firm

favourite on Silloth Green and provide hours of enjoyment for many years to come. I am delighted with the result and the Pirate Ship is a worthy enhancement to the magic of Silloth Green."



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100 Years On - Remember the Fallen with Poppies and Our Hearts



Report by: Molly Lomas

Grateful thanks are due to all the ladies of Silloth & District who gave of their time and talents to knit and crochet poppies for a wonderful cascade of poppies to celebrate Remembrance 100. It has been

erected on Christ Church close to the War Memorial.

Special thanks are due to the ladies at the SOSCS charity shop who collected the poppies. Thanks also to the WI, all the Craft Groups, Fairy Dust Emporium and the Convalescent and Nursing Homes.



Report by: Lawrence Marshall

On Sunday 11th November a Remembrance Day Service was held in Christ Church, Silloth.

It was very well attended with some two hundred people in church and more outside for the two minutes silence at 11am.

The service was conducted by Canon Bryan Rothwell, he delivered a very fitting sermon for

the occasion. It was pleasing to see the Silloth Brownies along with the other dignitaries. A lesson was read by Sgt. Janine Nicoll.

The procession was headed by the Royal British Legion and followed seventeen Silloth organisations who laid wreaths. The procession and congregation left the church at 10:50am to assemble at the Cenotaph outside in time for

the two minutes silence which was marked by the firing of a military field gun and observed in a very dignified manner. It was appropriate that each side of the cenotaph were the Remembrance Soldiers and the back-drop of the curtain of poppies draped from the church wall. It was a pleasure to attend this Service of Remembrance which was a credit to the people of Silloth.



Happy Bee by Olivia Pattinson from Silloth Primary School

Pirates on Silloth Green



Report by: Eleanor Jensen
Photos by: Connie Jensen

Hordes of blackguardly pirates invade Silloth by the Sea

A dastardly crew of crazed and fearless youths, along with a few old codgers, took over the children's play area in Silloth on Sunday 4th November, shattering the peace with their blood thirsty cries, as they swarmed the rigging and shouted "Shiver me timbers" and "Out of me way ye scurvy dogs".

Some 20+ members of Wigton Theatre Club gathered in Silloth to enact scenes of mayhem from their 2018 pantomime: Pirates of the Curry Bean. This year's annual family panto is set in Silloth as the bad ship Curry Bean docks there, striking fear and rebellion into

the hearts of the good folks of Wigton's favourite seaside resort.

The cast and crew would like to thank Silloth Town Council, Jumbo Parties and all the good people of Silloth for their support.

Pirates of the Curry Bean plays from Monday 10th to Saturday 15th December at 7pm in Wigton's John Peel Theatre. Tickets are available from Easton's in Wigton (7 High Street, 016973 42521) or online at: www.ticketsource.co.uk/wigtontheatre or www.wigtontheatre.org or www.facebook.com/JohnPeelTheatreWigton.



Nemesis Boxing Club (Maryport)
Helping to raise funds for 3 worthy causes...
15th Dec 2018

CHRISTMAS BOXING BASH
(Plus Festive disco afterwards)
Ringside table £400 (10) - VIP table £350 (10)
Standard tickets only £25
(Ringside & VIP includes food and waitress service)
Stanwix Holiday Park
Doors open @ 3pm - late

Jack Watters - Grant Radcliffe - Jordan Pollock - Will Brand - Jordan Taylor
Gary Tierney - Adam Harper - Leon Thompson - Neil Varty - Andrew Skillen
Sam Drake - Tyler Jones - Ainsleigh Murdoch

Ricky Edgar v Jimmy Hoodless
(Blindfolded FUNdraiser bout)

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Silloth Rotary Club
Charity Calendar 2019

On sale from 31st October at
The Fairydust Emporium
Only £10 each
Brilliant local pics!!

Rotary Club of Silloth on Solway

'It's okay, my dog is friendly...'
No it's NOT okay! Just because your dog is friendly doesn't mean all dogs are - please remember:

Never let your dog run up to a dog on leash- they could be scared or become reactive.

Try to respect other owners and their need for space.

Not all dogs want the added attention or intrusion.
If you have no voice control over your dog off leash then keep them on.

www.mightybiggydog.com

Silloth Football Club Presents ...

Take That LIVE & SNEAKY FINCH
Tickets £10.00

Saturday 26th January @ 7pm
Ticket on sale at Stanwix Park or from a club member.

PIRATES OF THE CURRY BEAN

The bad ship Curry Bean has set sail for exotic climes, but is due to dock in Silloth on 10th December. There she will disgorge her crew of blackguards, cut-throats and ne-er-do-wells to the delight of audiences from Wigton and beyond. The Pirate Captain, Joe King, will do his utmost to wreak havoc amongst the good people of Wigton and Silloth, but as in all good pantomimes, good will triumph over evil, love will find a way, and all will live happily ever after!

PIRATES OF THE CURRY BEAN
THE JOHN PEEL THEATRE
FAMILY PANTO 2018
10TH - 16TH DECEMBER

Letters

Dear Buzz,

To those interested, Allerdale Council are about to hand over responsibility for the upkeep of the building at Causewayhead cemetery to Holme Low parish, so we may actually have a tap with running water next year! Don't hold your breath?

C Briggs

Dear Buzz,

SOSCS Donates £6,300

This November we have been able to make donations to the following worthy causes.

Silloth Primary School
£300.00
Silloth Festivals
£500.00
Silloth Sports Association
£500.00
Silloth Junior Football
£500.00
Silloth RNLI Lifeboat
£500.00
Carnival Committee
£500.00
Junior Golf
£500.00
Friends of Silloth Primary School
£500.00
Silloth First Responders
£500.00
Eden Valley Hospital Jigsaw
£1,000.00
Air Ambulance
£1,000.00

Total Amount given.
£6,300.00

The Committee would like to thank everyone who patronises the shop both purchasers and those who generously donate their unwanted items. You really do help our community.

Pat Froggatt

Dear Buzz,

We would like to take this opportunity to thank all of our family and friends for the support we received following the loss of Roland (Dooley). We were overwhelmed with the amount of cards and flowers we received and at the wonderful turnout at the funeral. It gave us so much comfort during what is a very difficult time. Thank you also to Margaret Gate for delivering such a beautiful Service, to Alison Henderson for the catering and to the Staff of Silloth Bowling Club. Many Thanks.

Ivy, Paul and Yvonne x

Dear Buzz,

CHRISTMAS LUNCH

It is that time of year again when I will be getting organised to do a Xmas lunch on Christmas day. Anyone who will be on their own or are unable to have one that would like to come, please join us.

People in the community give to the lunch so we have plenty to go round. So please do not sit on your own or sit with no dinner, come along and enjoy a lovely lunch with good company. I would like to thank Alison Henderson in advance for letting us use her cafe and to all the people that help. We have a lovely community and a lovely community spirit so please come or tell anyone you know that may like to come.

Any contributions will be gratefully received. Any information needed just contact me, Jackie McCormick on 07769 225050.

Thank You

Jackie

Buzzing Poems

Silloth's West Beach
by Joan Bennett

*I wander down to Silloth's West Beach
The tide line has gone well out of reach
The day is so cold, but the scenery nice
Pools that are left are just sheets of ice*

*Where are the crabs and the creatures now
Perhaps under the stones that were frozen somehow
The children join me they want to play
To skate on the ice would make their day*

*But what of the creatures that lie down below
Did they suffer the cold when it started to snow
What will happen when the water comes back
Will it melt the ice and make it crack*

*The children are adamant they want to skate
Best do it now before it's too late
I test the ice to make sure it is strong
I'm responsible for the children it mustn't go wrong*

*Scarves woollen hats and gloves are worn
The children are lucky they will stay warm
But what of the creatures that lie below
Will they be warm when the tide starts to flow*

*We must leave now the water comes back
We must make for the road follow the track
Come smile all you children don't look so forlorn
We'll come again soon when the weather is warm.*

It's That Time Again
by Penny Stimson

*I love the autumn colours
that paint the tree's so fine,
the fruit that's now in season
to put down for winter time.*

*But there's one thing I hate
now it's turning chilly.
The visitors who come in my home
and make me go quite silly.*

*They have eight legs, big eyes,
and can run the minute mile.
There creepy and there horrible
I find them quite vile.*



*Each night they run a cross my floor
like Bolt at his very best,
then stop and stare at me
daring me while they rest.*

*I've tried the sprays and other things
to keep them out of my home.
But back they come to scare me
and all I can do is moan.*

1914 - 1918
by Penny Stimson

*I lied about my age,
I just wanted to go to war.
But the things that I had seen
no one should ever have saw.*

*We went with joy
by Christmas we'd be home,
but it took four long years
before those alive could roam.*

*I did not cry as they lead me out to die.
I shed no tear though I was consumed by fear.
The whistle blew, though many we were few,
as spirits high we went over the top to die.*

*I heard no noise,
I felt no pain
as I laid in the dirt
with blood running from my veins.*

*The noise of battle ceased
as a stillness took hold,
and quietly we slipped
as the battle over us rolled.*

*I know my Mother cried
when they told her I had died.
I know my friends are now few,
as like me they died too.*

*All young men
cut down in their prime,
men with so much to give
but never had the time.*

*And now I can see
how futile war can be.
For the millions of us who
gave our lives for you.*

*Some people say you catch them
put them back outside.
But I cannot do this
as there something I cannot abide.*

*They look at me with beady eyes
ready to pounce and ravage,
my knee's go weak and I scream,
I just don't want to be savaged.*

Masthead Bee Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered Kids Rucksack to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher.

So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Return to your school, or the Discovery Centre, or post to the address on page 14 (large stamp) and a quality Solway Buzz embroidered Rucksack from Carlisle Embroidery could be yours.

You don't have to be at school here to send a bee to us.

If you are here on holiday we would love to have your bee drawing. Pick up a form from Silloth Tourist Information and return it there or send it to us, our address is on page 14.

This month the winner is Keira Brown from Silloth Primary School with a bee drawing called "Lino Richie with extra legs Bee".

Well done!



Remember – you can join the library, search the library catalogue, renew and request books online at cumbria.gov.uk/libraries Visit Silloth Library in the Discovery Centre

Silloth Local Link & Tourist Information
Opening Times

Monday 12:45pm-4pm

Tuesday CLOSED

Wed 12:45pm-4pm

Thursday CLOSED

Friday 12:45pm-4pm

Saturday 11am-1pm

Sunday CLOSED

Tel: 016973 31944

Silloth Library

Opening Times

Monday 10-1pm 2-4pm

Tuesday CLOSED

Wed 10-1pm 2-4pm

Thursday CLOSED

Friday 10-1pm 2-4pm

Saturday 10-1pm

Sunday closed

Tel: 016973 31944

Waver Wine Circle

Report by: Stuart Jones

Fourteen members, with two apologies, attended our October meeting. The evening began with an illustrated talk on Cambodia, given by Judith and Stephen Wood followed by our first ever Cider Tasting!

Judith and Stephen went to Cambodia in September 2017 to visit their son, Alexander. He was doing a three month internship with the United Nations, working on the trials of the Pol Pot regime of 1975-79. Although it was the rainy season it was drier than usual during their stay, with a constant temperature of around 30 degrees.

They flew into the capital, Phnom Penh and their first challenge was overcoming the road system with what seemed like the whole population riding around on motorised scooters, some of them carrying a family of four. With no road rules it was every man for himself, weaving in and out, but there were no signs of aggression amongst the motor cyclists.

Alexander took his Mum and Dad to a local eatery for dinner, but it was a step too far for Judith, food hygiene left much to be desired. There were street markets where food was being prepared and people preparing food on the pavement outside their front doors in an attempt to make an income. Whilst Alexander was at work Judith and Stephen visited the National Museum, full of many Buddhas and beautiful gardens with lotus flowers, which smelled wonderful. In all the Temples there were yellow robed monks, many of them carrying their Smartphones.

After leaving the capital Judith and Stephen flew up to Siem Reap, although a journey of only 150 miles it would have been a long slow journey on pot holed roads. There they saw the Temples of Angkor Wat, the ancient Cambodian capital from the 9th to the 15th century. It was built to the Hindu god Vishnu, but Cambodia is now a mainly Buddhist country. To complete their Cambodian experience they headed for the

coast at Sihanoukville on the China Sea, again another 150 mile journey, this time taken by bus and lasting six hours. The town was pretty and romantic in the sunset, so different from the other towns they had visited and the memory that Judith will retain.

A whole generation was wiped out by the Pol Pot regime, 17,000 people imprisoned and only seven were left when liberated. All the young educated people were sent to the paddy fields to work and only a few survived. Over 2 million people out of a population of 8 million died. There is a Killing Fields Memorial in Phnom Penh dedicated to those who died. China is pouring money into Cambodia, but it's people have a very difficult future ahead of them.

To complete the evening the new Cider Tasting commenced, which was won by Stephen's entry after everyone sampled ten plus different ciders.

Thanks to Stella Graham for the nibbles and for the draw prize, provided by Chairmen Bill Henderson and won by Janet Stukins. An enjoyable evening was had by all.

C&W Donates Over £75,000



Graham Brown, Stephen Stanwix, June McChrystal, Margaret Grieve, Cheryl Mossop, Liz Nicholls and John Priddle (CEO) at Eden Valley Hospice

Report by: Liz Nicholls

Stanwix Park held their 30th Country & Western Festival in the Sunset Inn from 9th to 11th November.

Their first Country & Western weekend was in 2004 and the

twice yearly festival has gone from strength to strength with the festival fully booked every time. Over the years they have raised over £75,000 for local charities and at this festival £2,500 was handed over to Eden Valley Hospice. The

money was raised through raffles, shoot-out competitions and auctions with most of the prizes being donated.

This festival the money raised will go to The Oncology Department at Carlisle Hospital.

New Multi Use Games Area (MUGA)

Report by: Colin Baty

Silloth on Solway Sport's Association was reactivated in 2017 with elements of Silloth Football, Netball and Rugby teams to try and improve Sport facilities for Silloth and the surrounding area. The proposal was to seek suppliers of Multi Use Games Area's (MUGA) to gauge the overall price of what this project will cost. We were looking at the Community Asset Fund through Sport England to be the main grant supplier.

The application was formally submitted in April 2018 and in June we were somewhat surprisingly told that Sport England were interested in our idea and wanting further

information regarding a sport development plan and an income and expenditure forecast as well.

Through a lot of effort we have been given a grant in principle from Sport England which isn't as much as what we asked for and they said we would have to raise at least £3,000 through the online donation scheme Crowdfunder.co.uk. This was set up from the dates of 29/10/18 to 26/11/18 which means you have to donate now, go to: www.facebook.com/sillothonsolwaysportsassociation/ and follow the link to Crowdfunder.

We are looking to have Football, Touch Rugby, Netball, Basketball, Target Golf and Volleyball, especially during

the dark winter months with Floodlights, Fence and 3G Astro Turf being installed too, on the grassed area between the Rugby pitch and Station Road industrial Estate.

This facility can be used by any club or organisation and once we

are open for business we will be hiring this facility out to everyone.

We have a Facebook page - Silloth on Solway Sport's Association and Twitter handle @On Solway which will have updates on the project and how it is getting on.



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Copy Date 

Copy date for the
January issue is:
1st Dec 2018

If your organisation has
an event to promote or
you have something to
say, please note the next
copy date.

Please let us know
of any changes
within this section

Doors Open Lunch

'Our Doors Open' meets in St Andrews Church every Tuesday from noon to 1pm for a light lunch with good fellowship for a donation only.

First Responders

Silloth Community First Responders train on the first and third Tuesday of every month in Silloth Community Centre at 7pm.

NatWest Mobile

The NatWest Bank mobile van will be outside Silloth Community Centre on Fridays only from 9:50am to 11am

Blencogo Art Group

Every Monday from 1:30-4:30pm in Blencogo Village Hall where members help each other. Refreshments provided, regular outings, tel 016973 61158 or 61327

Silloth Tennis Club

For coaching information call David Wise on 07742 547767

Abbey Monthly Munch

Holme Cultram Abbey Monthly Munch on first Thursday each month at 12 noon, only £4

Abbeystown Library

Abbeystown mobile library will stop outside the Wheatsheaf Inn at 1pm for an hour every Monday

Send Your Bees to the Solway Buzz
There is a Bee Shortage and we Need Yours!

Production Team

Proprietor:
Peter McRobert
Barn Cottage
Skinburness, CA7 4RA
Tel: 016973 32180
Email:
office@solwaybuzz.co.uk

Editorial Content
This is down to you, we can only publish items if you send them to us.
When sending articles in, please supply a contact name and number in case something requires clarification.
Published by: Peter McRobert with the support of the whole community and an army of volunteers.

Football Training

Silloth Football Club
At Recreation Ground,
Eden Street Playing Fields
Silloth, CA7 4AX

Mens Team
Tuesday 7pm

Men's Saturday team. Contacts
Liam Wilson 07394 561704 and
Brian Hayhurst 07717 532828

U12's

Wednesday 4.45pm at Silloth
AFC Contacts:
Martin Slack 07584 563683 and
Paul Mulgrew 07526 665759

U9's

Tuesday 5pm at Silloth AFC
Contacts:
Dan Jeffrey 078367 78504 and
Kerrie Irving 07880 360147

U5's to U7's

Sunday 10am
at Sportshall CA7 4DD
Geoff Grainger 016973 43370
and Paul Donald 07762 711999

All other enquiries to secretary:
Colin Baty 07754 890297

Abbeystown Girls
Abbeystown Sports Field

Wednesdays 4-5pm

Martial Arts

Silloth Dragons
Mixed Martial Arts Club
train in Christ Church Hall
on Thursdays
under 12's 6:45pm to 7:30pm
12's & over 7:30pm to 8:30pm
Keep Fit 8:30pm to 9pm
NEW MEMBERS WELCOME
For further details contact
Stephen on 07811 761033

Silloth Tots/Toddlers

Silloth Tots & Toddlers meet in the Children's Centre, Silloth and is open to all children aged from 0 to 4 accompanied by a parent/carer.
Sessions are on Wednesdays: 10pm to 11:30am term time only. Entry is £1 per family and this includes refreshments
All Welcome
Call in for a friendly chat

Civic Amenity Sites

Operated by Cumbria County Council. Tel: 01228 606060
Maryport Tip, tel 01900 66922
open daily 8am to 6pm
Wigton Tip, tel 016973 45617
open Tuesday, Thursday,
Saturday & Sunday, 8am to 6pm

Friendship Hour

Silloth Evangelical Free Church, Eden Street Friendship Hour is on alternate Thursdays at 1:45pm. Warm fellowship, refreshments, and good speakers. All welcome

November

23rd Fimbulvere Rally at
Solway Holiday Village

24th Christmas Bazaar
in St Andrews Hall, 2pm to
4pm with tea & cake, stalls &
bargains for Christmas

24th Solway Beach
Clean by Fix the Firth at
Blue Dial Beach, Allonby,
1:30pm-3:30pm

24th Fimbulvere Rally at
Solway Holiday Village

25th Autumn Fair in
Allonby Village Hall 10am-2pm,
refreshments, entry 50p

25th Fimbulvere Rally at
Solway Holiday Village

29th Christmas Dinner in
Holme Cultram Abbey, £10 @
12:30pm, 61113 or 61224

30th Carers Rights Day

**30th Silloth Christmas
Lights Switch-On with Santa
in Corner Cafe from 4:30pm
Mince Pies & Mulled Wine in
Fairydust
Switch On at 6pm**

**Do you have an event
in the area bounded by
Abbeystown, Mawbray,
Silloth, Skinburness, if
so please let us know.**

Please note that articles,
letters and virtually all
content of the Solway
Buzz are contributed by
YOU, the local community.
The Editor reserves the
right to control what is
included, however, no
responsibility whatsoever
for the content of the
Solway Buzz can be
accepted by the Editor, or
the Publishers.

Coast Bus Timetable

60E Maryport to Skinburness
the current timetable is
available from Silloth Tourist
Office or Winters Newsagents
or www.ellenvalecoaches.co.uk/service-60e.html

Arthritis Support

Wigton Area Arthritis Support
Group meet on
1st Friday each month at
Fair View Court, Wigton
@ 1:30pm

Children's Centre

Opening hours are 9am to 3pm
on a Tuesday and Thursday,
when a member of staff would
hope to be present.
Other Room usage is subject
to fulfilling certain criteria
and must be arranged and pre
booked.
Contact numbers:
Silloth 016973 31509
Wigton 016973 43870
Aspatria 016973 23401

December

1st Solway Beach Clean
by Fix the Firth at Bowness on
Solway, 10am-12noon

1st Christmas Fayre in St
Matthews Church, Westnewton
at 2pm, free entry

1st Silloth Tigers away
to Carlisle Crusader

1st Singalong Evening
in Allonby Village Hall with
Bailey & Kream, refreshments,
bring your own drink, tickets
£5 from 01900 881474, 01900
881447 or Allonby Tea Rooms

2nd Nativity service in St
Matthews Church, Westnewton
at 2pm, mulled wine & mince
pies in village hall after

2nd Silloth & District
Pensioners Xmas Party in
Stanwix Park

3rd Silloth Town Council
meeting in Community Hall
7pm

5th Parkinson's UK
meeting at Wheyrigg Hall at
11am, Christmas Lunch at
12:15pm, all welcome, Dalston
Male Voice Choir
Tel: 016973 52527

7th Silloth Christmas
Lights + Community Fund
Jumble Sale in Silloth Cafe at
5pm

7th Harlequin Choir in
Christ Church at 7pm
entry £5 inc refreshments

8th Silloth Tigers away
to Creighton

8th Christmas Dominos in
Westnewton Village Hall with
festive prizes at 7:30pm

10th John Peel Theatre
Pirates of the Curry Bean, 7pm

11th John Peel Theatre
Pirates of the Curry Bean, 7pm

Christ Church

For Christ Church baptisms and
other church related business
please contact:
Rev Bryan Rothwell
The Vicarage, Wigton Road
Tel: 016973 31413

Walking Football

Every Monday 1pm - 2pm at
Silloth football pitch by the
tennis courts. Followed by tea/
coffee at Methodist church hall.

Crafting Group

Interested in crafting?
come along to Silloth Crafting
Group on Wednesdays from
1:30 to 3:30pm at St Andrews
Church Hall.
We are a well established
group, friendly people
with a variety of crafting
talents-willing to share their
knowledge. Enjoy the chat and
learn from the other crafters ,
or just sit and chat.

December

12th John Peel Theatre
Pirates of the Curry Bean, 7pm

13th WI Meeting in
Community Hall at 2pm

13th John Peel Theatre
Pirates of the Curry Bean, 7pm

14th Mens Choir Concert
in Christ Church

14th Christmas Concert
by ZING in Westnewton Village
Hall, £7 inc light supper

14th John Peel Theatre
Pirates of the Curry Bean, 7pm

15th Crunch Service at
Skinburness Road Car Park
from 8am to 9:45am

15th Meet Sue Hayman
MP in Silloth Community Hall
10am to 12noon

15th Christmas Boxing
Bash at Stanwix Holiday Park
3pm to late, see advert

15th Silloth Tigers at
home to Millom

15th John Peel Theatre
Pirates of the Curry Bean, 7pm

16th John Peel Theatre
Pirates of the Curry Bean, 7pm

23rd Carol Service in St
Matthews Church, Westnewton
at 4pm, all welcome

Errors do occur in
Dates for the Diary
Please check before
attending an event

Breast-feeding Group

Mondays 10am to 11:30am
Wigton Bowling Club, West
Road, Wigton
Have a cup of tea and meet
other breast-feeding mums.
Support and advice is available
from trained Breast-feeding
Peer Supporters and from
Health Visitors or Midwives. For
more information call Wigton
Health Visitors: 016973 66608

Dementia Cafe

To be held in
WIGTON METHODIST CHURCH
1st Monday in month
10am - 12 noon
For people with dementia and
their carers
Coffee, cake, chat....and more

Cancer Support

Open to anyone who has/is
living with cancer or anyone
caring for someone with
cancer. Feel free to drop in
for a chat and refreshments
any time between 2pm and
5pm on the second Wednesday
of each month, at Wigton
Bowling Club. For further
information please contact:
Gill Edmondson
Tel: 016973 71696

January 2019

5th Silloth Tigers away
to Wigton Wanderers

10th WI Meeting in
Community Hall at 2pm

12th Silloth Tigers at
home to Windermere

14th Silloth Town Council
meeting in Community Hall
7pm

15th Holme Low Parish
Council meeting in Silloth
Community Hall @ 7:30pm

19th Crunch Service at
Skinburness Road Car Park
from 8am to 9:45am

26th Silloth Tigers away
to Aspatria Eagles

26th Take That Live in
Stanwix Holiday Park in aid of
Silloth Football Club at 7pm
tickets £10

February

1st RNLI Quiz Night in
Mrs Wilson's at 7:30pm

2nd Silloth & District
Pensioners Coffee Morning in
Eden St Recreation Hall

4th Silloth Town Council
meeting in Community Hall
7pm

9th Silloth Tigers at home to
Moresby

16th Crunch Service at
Skinburness Road Car Park
from 8am to 9:45am

Are these entries all
up to date, if not -
please let us know

Badminton

Every Thursday 7:30pm -
9:30pm at Silloth Sports Hall.
Tel: Lorraine 07805 136279

RNLI Shop

SILLOTH LIFEBOAT STATION
SHOP OPENING HOURS

November
Saturday 1pm - 3:30pm
December
Sunday 11am - 3pm
closed after 9th Dec

Thank you to all our customers
who have supported us this
year and we look forward to
seeing you again in 2019.

Sewing Circle

Have you clothes you don't
wear - don't like or don't fit
properly?
Come along to Silloth Sewing
Circle on a Thursday afternoon
from 12pm to 4pm at St
Andrews Church Hall opposite
the Co-op. We will teach you
to alter and make cloths and
furnishings for the family.
Just £2 and you get tea/coffee
and biscuits. 016973 31915

New Slimming Options

Writing this article has taken a lot of courage, I feel as if I am baring my soul. I have been overweight most of my life, getting progressively heavier as I got older. Having medical problems that meant taking medication which caused further weight gain, I thought enough was enough.

I have tried all sorts of different diets, including Weight Watchers, Slimming World and Scottish Slimmers. You name it, I've tried it, but I just couldn't lose weight. By chance one day, a lady came into where I worked wanting to put a poster up for the Cambridge Weight Plan. I chatted with her asking questions about the plan, but to be honest, I was just being polite. I wasn't ready to do anything about losing my weight.

Months later, I realised that I just couldn't go on as I was. I hated the way I looked, I just wanted to go into a normal shop and be able to buy my clothes, I was so sick of checking before going into a shop if they sold my size of 22/24.

I finally plucked up the courage and rang the Cambridge Weight Plan Consultant. We met for a chat and she explained exactly what I was going to do. The plan is based on different steps and I went on Step 2, which meant that I could have three Cambridge products per day plus a small meal. I don't want everyone to think that a



product is just shakes, because it isn't. You can have different porridges, smoothies, spaghetti bolognese, soups and even chocolate bars, *mmm* delicious. There are over forty different products to choose from. I took the plunge and committed to losing my weight - I've never looked back.

I steadily lost weight over six months and have now lost a total of 5½ stone. I'm now dress size 16 and feel fantastic. I am so proud of my achievement. Never in a million years did I expect to be able to be where I am today. I am delighted with the way I look and feel proud of how far I have come. I am so much fitter and able to do much more.

Since losing this weight, and realising how life changing that



weight loss is, I have decided to become a Cambridge Weight Plan Consultant myself. I've now completed my training and am ready to help other slimmers to take their first steps on their own weight loss journey. If anyone out there feels ready to take those first steps, I know that I would be able to help them achieve their dream.

To arrange a free, confidential 1-2-1 consultation call 07732 012659 or email me on: lynnncwp@gmail.com.

If I can do this you can too!

Motor Neurone Disease Ass'n Charity Golf Day

Report by: John & Brenda Gibson



On Wednesday August 15th by the very generous permission of Silloth on Solway Golf Club we were allowed to hold an 'Open Four Ball Better Ball' competition. On the day there was a field of

84 pairs of both mixed and men's pairs. Local company's sponsored all the Tee boxes and donated all the prizes for a well stocked prize table. There was also a raffle which raised a sum of £308.

Prior to the day there was also a raffle organized with the prize of a 4 ball voucher and a club house voucher donated by Pitlochry Golf Club together with an accommodation voucher donated by a local Bed & Breakfast which raised a total of £505.

All together we have managed to raise a fantastic sum of £8,203 which is going to the Cumbria branch of the MNDA.

Once again a big thank you to Silloth Golf Club for allowing us to hold the fund raiser, Silloth Club Captain Malcolm Wise who has also taken MNDA as his charity for the year, to all sponsors for their generous donations, to all players who took part and the volunteers who helped on the day making it such a fantastic day.

THANK YOU

Abbeytown Badminton Club

Club nights are now held at Silloth Sports Hall on Thursday evenings 7:30pm to 9:30pm.

If you would like to come for fun and games please contact Lorraine on the Monday prior to the club night.

Tel: 07805 136279, Email: lorraine.graham@talktalk.net

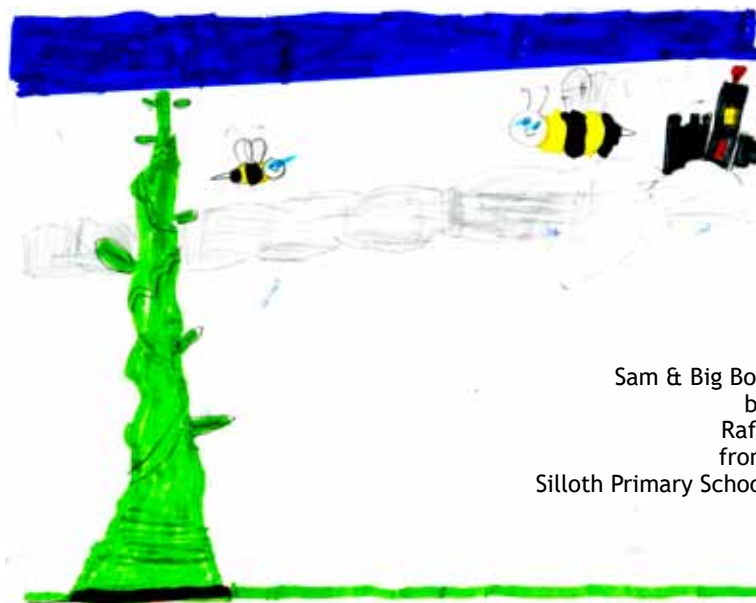
Legal Notice

Allerdale Borough Council Application for a premises Licence Licencing Act 2003

JayBee Blake Ltd has applied to Allerdale Borough Council for as Premises Licence for Paramount Amusements, The Green, Silloth, CA7 4DA for the sale / supply of alcohol between the following hours: Monday to Sunday 11:00 to 23:00 hours.

Any person wishing to make relevant representations on this application may do so in writing by not later than 10th December 2018 to Licensing Department, Allerdale Borough Council, Allerdale House, Workington, Cumbria, CA14 3YJ or by emailing to: licensing @ allerdale.gov.uk.

The full application can be viewed at Allerdale House, Workington, Cumbria, CA14 3YJ between the hours of 10:00am to 4:00pm, Monday to Friday.



Sam & Big Bob
by
Rafe
from
Silloth Primary School

THE GOOD CAUSES CHARITY SHOP

1 Queen's Court, Criffel Street, Silloth

Contact: Denise Poland on 07716 507453

Closed Mondays

Please help us to help them

S.O.S.C.S.

Silloth on Solway Community Shop

- * Local people working for local causes *
- * All proceeds go back into the community *
- * Please continue donating *
- * Collection can be arranged *

Open every day
10am to 3:30pm
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Silloth

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Skip Hire: 016973 31000 RMC: 016973 61777
Fax: 016973 42210 E: info@daharrison.co.uk
Silloth, Wigton, CA7 4NS

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Dental Repair Service
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Silloth, t: 016973 32208

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Peter Farrier

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Mob: 07900 914484

Email: pelisethan@sky.com

RELIABLE SERVICE

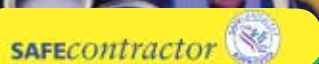
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Pruning & Tree Surgery
General Maintenance
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Tel: 07765 314597 Silloth



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No job too big or small • uPVC Guttering, Fascias & Soffits

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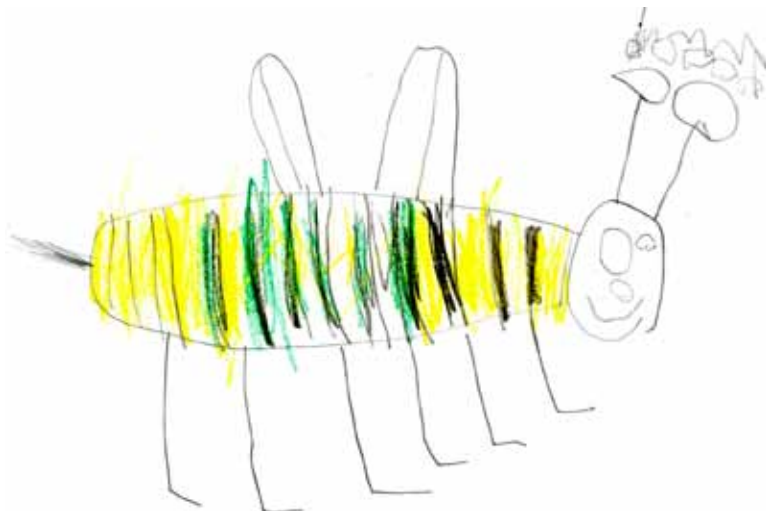
• Flat Roofing Specialists (Firestone rubber cover & GRP Fibreglass with 30 year guarantee)

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Advertise Here!



Above: King Bee by Jacob Burdett from Holm Cultram Abbey School

Below: Daniel Bee by Harvey Askew from Holm Cultram Abbey School



Phone Book

This section recognises those whose financial help keeps the Solway Buzz going. If you wish to contribute in this way without taking an advert, please contact the Buzz, it costs only £50 a year.

Abbey Cleaning Services	07732 270844	Stanwix Park	016973 32666
Addison Orthodontics	016973 32208	The Charity Shop	016973 31696
Allen Armstrong Garden Serv's	07768 496313	Top2Toe Beauty Salon	016973 31591
Allerdale & Eden Roofing Serv's	01900 813517	Upholstery, Irene Armstrong	016973 31836
Beacon Aerial Services	07941 370669	West Silloth Motors	016973 32833
Beacon Veterinary Centre	016973 20242	Wheyrigg Hall Hotel	016973 61242
Beaty & Co Solicitors	016973 42121		
British Heart Foundation	01946 418805		
Butterworths Solicitors	01228 739907		
Callum Findlay gardener	07765 314597		
Christine's Taxis	07917 564583		
Cumbria Caravan Repairs	07823 440813		
D A Harrison	016973 42277		
David Allen Accountant	01228 711888		
David Read joinery	07759 783823		
Digger Hire	07736 774788		
Eilbeck Cleaning Services	07751 097035		
Fairydust Emporium	016973 31787		
Good Companions	016973 31553		
Hair She Goes	07857 989358		
Harrisons Store Ltd	016973 61231		
HD Systems (Aspatria) Ltd	07717 533399		
Ian the Electrician	07727 127000		
Jaybees	016973 31245		
Joiners Arms Country Inn	016973 52669		
KL Express	016973 33033		
KMG Plumbing & Heating	07590 522621		
Man with a Van	07736 774788		
Mark Hansford Computer Services	016973 32089		
McDermott Chimney Sweep	07878 147444		
Mike Taylor Plumbing	07773 069856		
No. 17 Delicious	016973 32458		
Outdoor Joinery	016973 61256		
Peter Farrier painter	016973 33039		
Pink Poodle	07519 223364		
PM Roofing Specialists	07931 362163		
Queens B & B	016973 31373		
Reays Coaches	016973 49999		
S Nichol Plumbing & Heating	07341 661587		
Seasoned Firewood Logs	07762 772208		
Silloth Cafe	016973 31319		
S.O.S.C.S.	016973 32452		
Slimming World (Denise)	07799 708465		
Spot On	07736 774788		

Advertisers entries are Free in the Phone Book



Useful Tel Numbers

Age Concern Home Safety Scheme	0 1946 68986
Chemist, Silloth:	0 16973 31394
Community Grants:	0 1900 325013
Crime Stoppers:	0 800 555111
Dental Emergency:	0 1228 603620
Dentist, Blackburn:	0 16973 31270
Dentist, Steel:	0 16973 32042
Doctor:	0 16973 31309
Doctor CHOC service	0 3000 247 247
First Responders can only be called by the Ambulance service, call: 999	
Gas:	0 800 111 999
Highways Hot Line	0 845 6096609
Hospital:	0 1228 523444
Holme St. Cuthbert School, Mawbray:	0 1900 881242
Holm Cultram Abbey CofE School	0 16973 61261
Abbeytown:	0 1900 702929
MP, Sue Hayman:	0 1900 702898
NAP	0 1900 325013
Neighbourhood Forum:	101
Police:	0 1228 523174
Quakers, Wigton:	0 1228 221122
Register Office, Wigton:	0 1228 544444
Samaritans:	0 16973 31234
Silloth Community School:	0 16973 31944
Silloth Library	0 16973 31243
Silloth Nursery & Junior School:	0 16973 31128
Silloth Town Clerk:	0 3031 231702
Allerdale B. Council	0 16973 31944
Silloth Tourist Information Centre:	0 16973 32180
Solway Buzz:	0 16973 20242
Vet:	0 1900 702800
Waste Disposal Dept:	0 800 330033
Water LeakLine:	0 1900 821976
West Cumbria Carers	
Please, let us know what you want included, also any changes to numbers.	

Going Dutch at Silloth Docks

Report & Photos by:

John Forrester

More coverage of shipping at Silloth can be found at www.cumbriashipphotos.weebly.com



This month saw the arrival of two ships belonging to Dutch shipping companies. The Netherlands has always been a strong maritime nation. Commercial shipping appears to be thriving at present with companies proud to promote their names and websites on their ships hulls.

The first visitor, LADY MARY, was an early morning arrival from Les Sables-d'Olonne on the Bay of Biscay with a cargo of wheat. The onset of autumn brings fewer opportunities for photography with good light so it was pleasing to see the ship pass Criffel in bright sunshine. This was short-lived however, and forty minutes later as

she entered port there was a cloud covering. Her owner 'Vertom' is a growing independent business with more than seventy ships. The ten year old vessel looked to be maintained in good condition as she passed into the outer dock. The company's name 'Vertom' is derived from their first boat 'Vera Tomson'. Fine weather continued throughout the day enabling LADY MARY to be unloaded and ready to sail on the following tide.

A similar autumnal day with intermittent sunshine greeted the next arrival, HEYN. She had set out from the Baltic port of Klaipeda eight days earlier with a cargo of fertiliser. The Lithuanian

port is a regular source of fertiliser for Silloth's blending & supply business. Her route took her to the north of Denmark passing into the North Sea and onwards towards Scotland where she passed through the Pentland Firth and down the west coast. Again, there was no mistaking the ship's Dutch owner as 'Wagenborg'. The vessel made a graceful entrance to the dock where she was turned towards her unloading berth. HEYN has a complete set of Dutch credentials. Her port of registry is Delfzijl, an ancient maritime centre, and she is named, along with others in her class, after a prominent historic figure, in this case a Dutch admiral.

September & October Shipping at the Port of Silloth

Report by: Capt Tim Riley,
Harbour Master, Short Sea Pilot

September

6th Lady Mary with Fr Wheat from Les Sables then on to Belfast.

23rd Zapadnyy with Molasses from Avonmouth then to sea for orders.

October

6th Heyn with Fr Wheat from St. Nazaire then on to Galway.

12th C. Endeavour with CAN Fertiliser from Vlaardingen then on to Newport.

24th Mekhanik Pustoshnyy from Mukran with Lime then on to Archangel.

October was again a quiet month in Silloth docks with just three ships and the one fishing vessel returning from repairs in Annan.

All the vessels entered the port in fair conditions, however the M. Pustoshnyy has her own peculiarities with large accommodation, small rudder and controllable pitch propeller make her not the easiest to manoeuvre alongside in any winds. As some witnesses may have observed, the vessel has cranes on the port side so that she can self-discharge if

necessary, due to which she needs to be docked Starboard side to the quay so that our crane can work her cargo without fouling her cranes.

With the propeller being strongly right handed (bow goes to starboard when going astern) the vessel will not move to starboard when trying to drive into the port, so we had to take a full turn out and place the stern close to the quay and then manhandle the lines along the vessel to get ropes out fore and aft. Those watching will have seen the ship do a full 360° turn round to starboard in the port before finally docking. A long, but safe manoeuvre, for which the Captain was very happy not to have contacted either the lock wall coming in or the dock walls whilst manoeuvring.

On completion of unloading their cargo of Lime, the vessel sailed to Archangel in the far north of Russia in the White Sea at the southern extremity of the Barents sea. (Very cold in Winter, but glorious in the Summer) Although Archangel lies only at 64° North, to get there the vessel has to pass North Cape and Tromso in Norway, well into the Arctic circle. During the Summer it is a warm and beautiful city. In the winter it is Cooooold!



Sad Bee
by
Oliver
from
Silloth
Primary
School



Sue Hayman MP for Workington constituency

is holding a coffee morning

Silloth Community Hall

Saturday 15th December 2018

10am - 12pm

Come along if you have any issues you would like to talk to Sue about or would just like to meet her.

ABBETOWN INDOOR BOWLS



Why Not Try Something Different!

Short Mat Indoor Bowls starts on Tuesday 2nd October at Abbetown Village Hall and runs through the winter until the end of March.

They meet almost every Tuesday from 7pm to 9:30pm with a half-time break for refreshments.

Friendly fixtures against local clubs adds to the variety and enjoyment too.

Even if you have never bowled before, from teenagers to senior citizens, come along and have a go.

Club equipment is supplied, all you need is a pair of flat soled shoes or trainers. You might be surprised to find how much fun it can be.

DO COME ALONG

Silloth Walking Football



Are you looking for something to fill your time on a Monday afternoon?

Why not join us for walking football. A slower version of football but just as much fun. No running or jogging. A great way to keep fit, active and to meet others. Low impact on your body, reduced risk of injury, no slide tackling. Both men and women welcome. So why not give it a go. It's free.

Every Monday 1pm to 2pm at the football pitch by the tennis courts. Followed by tea/coffee for those who would like at the Methodist Church hall. Tel. George Denholm on: 016973 43922 for more information.



Rugbee
by Ian Fearon
from Silloth Primary School

Nathaniel is On Track to the Top



Local boy Nathaniel Mossop is part of the Newcastle Falcons Academy AASE Team.

Sixteen year old Nat is currently studying for his A Levels at Gosforth Academy whilst being supported and trained by Newcastle Falcons.

The Falcons Academy team have won all six qualifier games against other Premiership AASE Academies to date and are currently on track for a National final in December to be played at Allianz Park, the home of Saracens Rugby.

Silloth Tide Tables

DECEMBER 2018 SILLOTH

Date	DEPTHS ON NEW DOCK GAUGE (1.8m ABOVE CD)							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 SA	06 18	5.8	18 50	6.1	00 35	-0.1	12 55	0.3
2 SU	07 31	6.0	19 57	6.3	01 47	-0.2	14 08	0.2
3 M	08 36	6.2	20 57	6.6	02 52	-0.3	15 15	0.0
4 TU	09 30	6.6	21 48	6.8	03 54	-0.5	16 15	-0.3
5 W	10 15	6.8	22 32	7.0	04 47	-0.6	17 06	-0.4
6 TH	10 56	7.1	23 13	7.1	05 33	-0.7	17 51	-0.5
7 F	11 33	7.2	23 51	7.1	06 14	-0.7	18 33	-0.6
8 SA	00 27	7.0	12 41	7.2	06 51	-0.6	19 10	-0.6
9 SU	01 03	6.7	13 17	7.0	07 25	-0.5	19 46	-0.5
10 M	01 09	6.7	13 17	7.0	07 57	-0.4	20 20	-0.3
11 TU	01 39	6.5	13 53	6.7	08 28	-0.2	20 53	-0.2
12 W	02 15	6.2	14 31	6.4	09 01	0.0	21 27	0.0
13 TH	02 55	5.8	15 13	6.1	09 34	0.3	22 05	0.2
14 F	03 40	5.5	16 04	5.7	10 17	0.5	22 52	0.4
15 SA	04 34	5.2	17 03	5.4	11 10	0.7	23 50	0.5
16 SU	05 39	5.0	18 12	5.3			12 15	0.8
17 M	06 52	5.0	19 18	5.5	00 58	0.5	13 28	0.7
18 TU	07 56	5.3	20 16	5.8	02 06	0.3	14 35	0.5
19 W	08 51	5.8	21 08	6.3	03 08	0.1	15 37	0.2
20 TH	09 38	6.4	21 55	6.7	04 04	-0.3	16 31	-0.2
21 F	10 22	6.8	22 41	7.2	04 55	-0.5	17 23	-0.5
22 SA	11 06	7.3	23 26	7.4	05 45	-0.8	18 13	-0.8
23 SU	11 49	7.6			06 33	-0.9	19 02	-1.0
24 M	00 12	7.6	12 33	7.7	07 19	-1.0	19 51	-1.0
25 TU	01 00	7.6	13 22	7.7	08 05	-0.9	20 40	-1.0
26 W	01 51	7.5	14 13	7.5	08 51	-0.8	21 28	-1.0
27 TH	02 43	7.2	15 06	7.3	09 37	-0.5	22 17	-0.8
28 F	03 40	6.7	16 05	6.8	10 26	-0.3	23 11	-0.5
29 SA	04 40	6.3	17 06	6.5	11 22	0.0		
30 SU	05 44	6.0	18 14	6.2	00 09	-0.3	12 23	0.2
31 M	06 55	5.7	19 23	6.1	01 13	-0.1	13 31	0.2

Seagulls Season So Far

Report by: Mr C Gull

Another new season began for the Seagulls with the all too familiar goal of trying to regain a place in the Cumberland County League Premier Division. Silloth's quest for promotion got off to an inauspicious start though as suspensions, injuries and work commitments meant the team had to travel to league newcomers Workington Reds Juniors with only the bare 11 players and no recognised goalkeeper. Veteran player Robbie Carter donned the gloves as custodian and put on a man of the match display but his heroics in the sticks could not prevent the Seagulls falling to a



5-1 defeat. Ewan Trestianu was on target for the Seagulls only goal.

Another away trip followed this time to the north of the county as Silloth visited Carlisle side Unisun Athletic. With a point to prove the Seagulls made a rapid start to the fixture and were soon one up thanks to striker Kieran 'Rocket' Little. Silloth were by far the better side but had keeper Luke Stockdale to thank for preserving their lead into the break with a fingertip save after the ref awarded Unisun a penalty kick. A late Unisun goal made the contest seem closer than it was but nothing could deny the Seagulls their first three points of the season with a 3-2 victory. Man of the match was Carl Lightfoot with a virtuoso display at left-back.

Next up for Silloth was their first appearance of the season on the Eden Street Bastion as they entertained Whitehaven AFC Reserves. For the second week running the Seagulls were quick out of the traps and took an early lead when midfield dynamo Calum Casson slotted home from close range. Kieran Little added the second when he beat the offside trap. At half time the Seagulls deservedly led 3-1. Another goal for the visitors soon after the restart only served as motivation for Silloth to put the game to bed and they did so in style. A 6-4 win was secured and three more points in the bag. Man of the match was Calum Casson with a tireless performance in the centre of the park.

Silloth's visited Bransty Rangers the following Saturday in the Conway Cup. A 5-0 defeat was a bitter pill to swallow at the time, but in the end was meaningless as Bransty had fielded an ineligible player, and were subsequently thrown out of the competition and

it was the Seagulls who will now advance to the quarterfinal stage.

Back at the Bastion and Silloth faced the first major test of their promotion credentials as they returned to league action against a Bransty Rangers side who are one of the favourites to lift the Division One crown. A minute silence was observed to honour the memory of Silloth AFC legend Roland Donald who had sadly passed

away and then the boys went about putting on a display that would've made Fatha Dooley proud. Man of the match had to be Spencer Irving for his game winning brace.

Cup action again for Silloth

and a very tasty local derby at Wigton Harriers in the Ken Glover Memorial Shield. This really was a game of what might have been for the Seagulls as they utterly dominated proceedings and yet ended up losing by the odd goal in three. A disappointing result after playing so well in the tie but the lesson learned for the Seagulls is you have to take your chances when you are on top. Man of the match was Carl Lightfoot with another standout display in defence.

The following week Silloth returned to league action as they hosted Unisun Athletic on the Bastion. The Seagulls made a sluggish start to the game and found themselves 1-0 down inside five minutes. This early setback shook Silloth out of their torpor and soon they were firing on all cylinders. This was a comfortable 6-3 win for the Seagulls and another three points in the bag. Man of the match was goalkeeper Luke Stockdale.

Déjà vu for Silloth in their next game as once again they hosted Unisun Athletic at the Bastion. This time it was Cumberland Cup action and it was a thrilling fixture for the neutrals that went to extra time but ultimately ended in disappointment for the Seagulls. Unisun scored their fourth goal to win the match 4-3 and progress to the next round.

On the road again for Silloth as they travelled to Whitehaven Miners Social with a vital 3 points up for grabs. The match finished 5-3, with the scoreline looking closer than the game actually was but all that mattered was another 3 points on the board for the Seagulls. Man of the match was Graeme Dixon who ran the show from the middle of the park.

Back to Conway Cup action

for Silloth and in an odd quirk of fate their quarterfinal tie would be a visit to none other than Unisun Athletic in what would be the sides fourth meeting of the season! With revenge on their mind for the shock Cumberland Cup exit not 14 days previous the Seagulls finally produced the kind of performance that has been brewing for weeks and unleashed their true potential as they blew the opposition away. The score finished 8-1 due to a performance that showed both quality and intensity for the full ninety minutes which has now set a benchmark that the Silloth players must maintain for the remainder of the season. The Seagulls now go on to face Pirelli in a semi-final tie at the Bastion. Andy Hinde was a deserved man of the match not just for his hat-trick but the standard of his all round play.

New Seagulls Sponsor



L-R: Andy Hardman (Club Captain), Brain Hayhurst (Assistant Manager), Dean Barton, Susan Barton, Liam Wilson (Manager), Nico Watt

Silloth AFC are proud to announce that Quality Coin Leisure has once again sponsored the Saturday team and in an extremely generous gesture have supplied each member of the squad with a brand new Adidas polo shirt. Manager Liam Wilson and all the players would like to extend their gratitude to Susan Barton (who was on hand to present the shirts to the squad) and everybody from Quality Coin

Leisure.

The lads will wear their new polo shirts with pride at every Seagulls' fixture this season. Quality Coin Leisure (www.quality-coin.co.uk) specialise in the supply and service of gaming machines and leisure equipment for pubs and clubs. Based in both Cocker mouth and Maryport their service is second to none and provide engineering covering 365 days a year.

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