



Simon Cowell Bee
by Toby Darvill from Holm Cultram Abbey School

Solway Buzz

www.solwaybuzz.co.uk

January 2018

local news - for you - by you - about you - free to you - local news

FREE PAPER

Issue 161

Merry
Christmas
& a Happy
New Year
to all our
Readers
Contributors
& Advertisers

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Well done kids



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Donald's lifetime of service



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Where has Santa been?



Lights Switch-On

The Lights Committee thank everyone who came to the Silloth Lights Switch-On.

They hope you had a fun night, it was buzzing in the Corner Cafe!

The town looks great and the new colour change bulbs in the Victorian lights look particularly festive.

Considering how little time the new committee had to get organised, it all worked out very well.

Pictures from Top:
Santas Sleigh flying over Silloth Green

Station Road lights switch-on

The gardens at the Good Companions are really something special



Santa's Sleigh



Silloth Rotary Club Santa's Sleigh was at The Lowther Pub in Mawbray on Saturday 16th.

On Sunday 17th December, Santa toured Silloth starting from Skinburness where Liam's son was one of the first to collect his gift from Santa.



Southerfield Childminders Appeal Raises Over £150

Report by: Julie Wilson

We started collecting for the CFM Mission Christmas Cash for Kids appeal last year and after it being a great success, we decided to do it again this year.

We asked the parents of the children we look after to either donate money or a present. Julie then went and bought a range of gifts for all ages between 0-18 years old. We have spoken to the children about what we were doing and why, and they all got on board to help.

We collected a staggering 50+ presents from our small business alone which is great to see how much this means to us all. When Julie went to the Entertainer toy shop in Carlisle to get the presents, they helped her collect a range of different gifts and also donated some stocking fillers to help too.

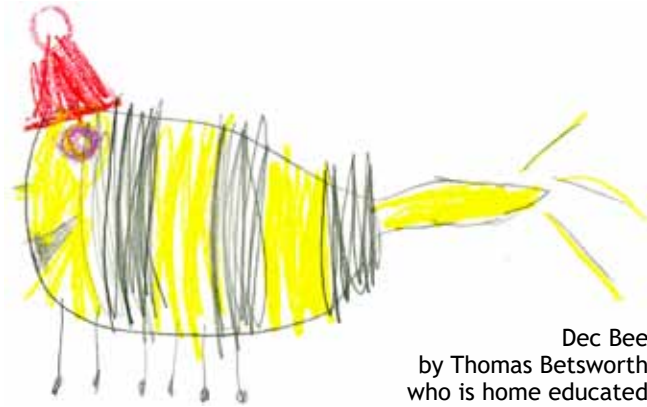
The parents all thought it was a brilliant idea and many agreed that often our own children get more than is needed and others aren't as fortunate so it really hits home to hear how many children in our area need our support to make Christmas special for all children.

We would like to make this a yearly event so by



sharing this we could open up the idea for locals around Abbeytown to join in and drop presents with us to add

to our collection in future years to present to CFM Mission Christmas Cash for Kids.



Support for Young Carers



The West Cumbria Carers Young Carers Project supports children and young people from the age of five years and up who are caring for someone at home that couldn't manage without their help. They might care for a parent, a sibling or another family member who has a disability, physical or mental illness or drug/alcohol issues.

The role of a young carer varies, they may provide emotional support, cook, do some household chores or pick up shopping. They may help to wash or dress the person they care for or administer medication. They may keep an eye on the

person they care for or look after younger siblings when their parent isn't well.

The local charity can help young carers by offering one to one support with a dedicated support worker. They are also able to offer an Art Programme where young carers can work on art projects and chat at the same time in a safe, relaxed environment. There are regularly run groups, trips and activities to give young carers some time out from their caring role and the opportunity to meet other children and young people in similar situations.

Working with young carers is very rewarding,

the charities staff get to meet and work with some amazing children and young people who have responsibilities well beyond their years.

Young carers say that caring for someone can be tiring and stressful but they want to continue to do it, they don't see it as out of the ordinary or unusual as they love the person they care for and want to help them.

If you would like any further information on Services for Young Carers please call West Cumbria Carers on 01900 821 976 or visit www.westcumbriacarers.co.uk.

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45 Years of Service at Abbey



Donald Foster, Reverend Bryan Rothwell & Elsie Foster

On Sunday 19th November the Reverend Bryan Rothwell made a presentation on behalf of Holme Cultram Abbey congregation, Church council and team clergy to Mr Donald Foster. The presentation was made in appreciation of Donald playing the Church organ at Abbeytown over the past 45 years.

Donald had received Piano lessons as a youngster and was volunteered by his mother in law Hannah Lightfoot to play the organ at St James Church, Hayton in 1950, having never played a Church organ in his life before!

Donald and his wife Elsie moved to Abbeytown in 1955. Since then both Donald and Elsie have been stalwarts of the parish Church, both being members

of the Church Council for many years, Donald carrying out the duties of Church warden for a lengthy period as well as being a member of the Mens Society, Elsie in the Mothers Union. They have also worked tirelessly on so many other organisations in Abbeytown over the years. Donald has also helped out by playing at the Methodist Chapel when they were without an organist while also playing the organ in the Abbey at so many different services over the past 45 years.

Not bad for a self-taught organist!

It was a very fitting occasion, as on that Sunday the second reading in the morning service was from Matthew 25 verses 14-30 about the three servants being given talents by their master. The Reverend Bryan

Rothwell used this theme as the basis for his sermon, encouraging us to appreciate the talents we have been given and to develop them and use them for the benefit of other people. I'm sure the people of Abbeytown would agree that Donald and Elsie have used their talents fully to help their family, friends and the community of Abbeytown.

The service was rounded off appropriately with Bill Jefferson playing Donalds favourite hymn, "How great thou art", a favourite which Donald has played and sung at the end of services for many years now.

Well done and thank you to both Donald and Elsie.

By the way Donald has recently decided to give up driving at the age of 96. He started driving in 1941 when serving in the Army during the Second World War, driving in the Royal Army Service Corps, meaning he has been driving for 76 years, not a bad track record.

some thought into a suitable manner in which to celebrate the occasion. Any former members who might be able to record any notable events please make contact.



Waver Wine Circle

Report by: Stuart Jones

At the November meeting we had a "Beer Tasting" evening. Of the many samples of beer on offer Chairman Bill Henderson's Hobgoblin, produced by Wichwood

Brewery at Whitney was a runaway winner. Congratulations Bill!

Before closing the meeting Bill reminded us that the Circle was formed in October 1993 and next year is our 25th Anniversary. He suggested that we all put



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RNLI Coffee Morning at Causewayhead Country Store Raises £448



Report by: Margaret English

Silloth & District Fundraising Committee wish everyone at the Causewayhead Country Store a very big thank you for hosting the RNLI Coffee

Lifeboatman Andrew Stanley with the Swailes family Morning on Saturday 18th November and also to everyone who participated.

You raised the wonderful amount of £448.75 in aid of Silloth RNLI to help keep

the Silloth Lifeboat station working. This is very much appreciated by the Silloth and District Fundraising Committee.

Farmers Grant Fraud Alert

Payment Diversion Fraud

The purpose of this alert is to provide knowledge and prevention advice to farmers in order to protect themselves from falling victim to 'Payment Diversion Fraud'. CAP (Common Agricultural Policy) payments are expected to be paid to farmers in December 2017. Information on last year's payments are easily obtained via the government website allowing fraudsters to know when and how much potential targets will receive.

Fraudsters who purport to be a trusted senior colleague or established customer may request that you change their direct debit, standing order or amend a bank transfer so that the payment can be diverted to a bank account which is in control of the fraudster. Fraudsters will often make the request under the pretence of a highly sensitive or urgent transaction.

Contact is made via

Action Fraud
National Fraud & Cyber Crime Reporting Centre
0300 123 2040

phone, letter but most commonly via email (personal or work address) used by the organisation or employee (which has either been spoofed or hacked). The fraudster then provides bank account details into which the monies should be paid.

PROTECTION AND PREVENTION ADVICE:
• Ensure all staff, not just finance teams are aware of this fraud.

• Always verify email payment changes to financial agreements with the organisation directly using established contact details you have on file. If called ask the caller to give you a main switchboard number for you to be routed back to them. Alternatively, hang

up and call them back using established contact details you have on file.

• Have a system in place which allows staff to properly verify contact from their CEO or senior members of staff; for example having two points of contact so that the staff can check that the instruction which they have received from their CEO is legitimate.

• Always review requests to change 'one off' payment requests. Check for inconsistencies or grammatical errors, such as a misspelt company name or a slightly different email address. Ensure computer systems are secure and that antivirus software is up to date.

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Contact: **Denise Poland** on 07736 386093

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Slimmers Lose Over 20 Stone!

Our dynamic slimming duo's are getting ready to dazzle this Christmas party season after achieving a combined weight loss of over twenty stone between them.

Our Tuesday Group Miss Slinky Chelcee Clark who has lost over 2 stone was voted as the Silloth Tuesday Slimming World group's Miss Slinky 2017, and Simon Buckley who has lost over 8 stone was named the group's Mr Sleek 2017.

Our Saturday group 9am session Miss Slinky Sharon Osgood who has lost over 2 Stone was voted Silloth Saturday Slimming World group's Miss Slinky 2017 and David Beattie who has lost over 4 stone and a target member was named the group's Mr Sleek, in our 11am Session Elizabeth Crewsden and Paul Cresden were voted Miss Slinky and Mr Sleek who have both lost over 2 stone each. Between them they have lost over 20 stone, their fellow members were wowed by their achievements

Slimming World's annual Miss Slinky and Mr Sleek competitions recognise those members who have been transformed both inside and out by becoming healthier and happier, slimmer and more confident, and who look great in their seasonal party clothes. The national winners of both titles will each win a £2,000 cash prize.

All our winners say they were thrilled to win their respective titles.

Our ladies who have all dropped dress sizes say they are really looking forward to this Christmas and feeling glamorous enough to wear the outfits they have been dreaming of. Winning the title of Miss Slinky means they have even more to celebrate and they know this festive season will be extra special.

Our gentlemen add: "Being voted for by the other members of the groups is really great because it's thanks to them and their support – and our Consultant Denise – that we've stayed committed to losing the weight that we have. As men, joining a slimming group was a big decision and very nerve-racking, but we can



Sharon Osgood & David Beattie

honestly say it's one of the best decisions we have ever made."

They all began following Slimming World's Food Optimising healthy eating plan, which encourages members to satisfy their appetite on healthy foods like fruit and veg, pasta, rice, potatoes, lean meat, fish and more. Slimmers are able to lose weight without ever going hungry and still enjoy treats without feeling deprived, so there's no need to miss out on their festive favourites this Christmas.

Denise, who runs the Silloth Tuesday and Saturday Slimming World groups which these members attend, says she is extremely proud of all her slimmers: "Christmas is a time of year for getting dressed up and having a good time. However when people are overweight they often dread it because they feel uncomfortable and out of place at parties – that's if they don't make an excuse to avoid socialising altogether. This year I know our Miss Slinky's and Mr Sleeks will feel completely different from previous years. I hope they'll be accepting every invitation they receive and showing off their gorgeous new figures with poise and assurance – they definitely live up to their new titles of Miss Slinky and Mr Sleek in my eyes.

I've no doubt that they'll inspire other people to lose weight too and show that whether you've got a little

or a lot of weight to lose, slimming down can make a big difference to how you feel about yourself and really boost your confidence. Our members are all happier, healthier and fitter, and every week the group love hearing about each others progress and what they have whizzed up in the kitchen."

Anyone who has been

inspired by the Silloth's Slimming World group's Miss Slinky and Mr Sleek is welcome to join us at Silloth RUFC every Tuesday at 7pm and every Saturday at 9am and 11am. New members can simply pop along or if they'd like more information they can call Denise on 07799 708465.



Simon Buckley & Chelcee Clark



Lily bee
by Tilly Allen
from Holme St Cuthbert School

Solway Buzz Volunteers

We are still looking for deliverers for parts of Abbeystown if you feel you can help
Contact Peter or Kath
on 016973 32180.

Monday Lunch Club Christmas Dinner

Report by:
Lawrence Marshall

We had our Xmas dinner at Wheyrigg Hall on Monday 4th December.

The meal was excellent. Twenty of us diners and servers enjoyed the afternoon. Due to the generosity of SOSCS here in Silloth, we are we are able to have one or two extra treats like this one.

Solway Private Hire transported us to and from Wheyrigg.

We also thank the town council for allowing us to use the Community Hall for our Monday lunch where very good food is provided by Silloth Senior School which we collect in bulk and we then serve it to our club members.



Red Bee
by
Willie Paisley
from
Holm Cultram
Abbey School



Spider Bee
by Eva Henderson from Silloth Primary School

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Eric & Alan are Winners



Report by: Susan McNeil

Two of Silloth's greatest stalwarts (Eric (Deb) Davenport and Alan Tinnion) have been putting Silloth on the map by winning at shows around the country.

Eric won with his vintage 1917 tractor at the prestigious Newark Tractor Show in November his Ford tractor is an amazing 100 years



old.

Also Alan Tinnion winning best club stand at Kempton Park in conjunction with the National Sprint Association

Both travel many miles per year to promote Silloth nationally with the continued financial support of Stanwix Park Holiday Centre.



St Andrews Christmas Bazaar Raises £522



Report by: Penny Stimson
Church Secretary

On Saturday 25th November St Andrews Church held their Christmas Bazaar.

The hall was decked and looking lovely and Christmassy. The stalls were full of tempting items and the full Christmas tea was to die for.

There was turkey, prawn cocktail, smoked salmon and ham sandwiches, and a variety of delicate bites. Also mince pies, Christmas cake and a delicious cream speciality cake. A small pineapple and cream dessert finished this off.

Everybody who had the tea agreed how wonderful it was, and some needed a doggy bag as they found it hard to eat all the delicious delights.

It was a great success and we managed to raise £522.33 for church funds.

A very big thank you

to all those who so kindly helped and to all who supported us and came along for the treats.



Park Bee
by Amy Thompson
from
Silloth Primary School

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Well Done Jersey & Ella



Report by: Owen Martin

What do two 6 year olds do with their birthday money?

Well local six year olds Jersey James and Ella Sheane decided to ask their friends for money so they could give it to a charity of their choice.

Jersey chose Silloth First Responders who had tried to

save her uncle Tez, who sadly passed away.

Ella chose to give hers to Macmillan Cancer Support for the amazing support they are giving to family friend Leanne Cheng. The girls would like to thank all their family and friends for their kind donations to support such great causes.



New Cumberland Branch Manager



The Cumberland is pleased to announce the appointment of Carolyn Rowcroft as the new branch manager of its Maryport and Silloth offices. Carolyn has been with The Cumberland for 18 years, spending the majority of her career as a mortgage advisor and, most recently, assistant branch manager of the Egremont and Cleator Moor branches.

Commenting on her new role, Carolyn said, "As I live in Maryport, I am really looking forward to the challenge of managing both my hometown branch and our Silloth branch. My goal is to ensure my team provides the best possible service for our members, with the aim of making the Cumberland

the first choice for financial services in the area."

Debbie Shearer, Area Branch Controller at The Cumberland, said, "Carolyn is incredibly experienced and is an excellent addition to our management team. She will bring enthusiasm, commitment and a great deal of knowledge to the team and I've no doubt she will be a great success in the role."

In May this year, The Cumberland announced its annual results which included an underlying profit after tax of £14.82 million, an increase of over 17 per cent on the previous year - a result which sees the Cumberland remain one of the most successful building societies in the UK.

Co-op Supporting St Andrews Hall

St Andrews Hall is delighted to announce the Co-op has put us forward for the local community fund given each year. It will be from November 2017 to October 2018.

Please register either on the computer or phone the number on your receipt and ask for St Andrew Hall



to have the donation, as this will help with all our projects.

The Co-op has supported our hall over the years with kind

donations for our Doors Open lunches on Tuesdays when we have a light lunch for all, and we are very grateful for all the help and support they give us.

Love My Beach Bin the Fat

Allerdale Borough Council is supporting 'Love My Beach' in a campaign to help keep our beaches clean during the festive period when making Christmas dinner. The Council will be spreading the word on their website and social media in the days leading up to Christmas using the hashtag #binit4beaches. The message is about making sure all their leftover cooking fats and oils are put in the bin rather than poured down the sink.

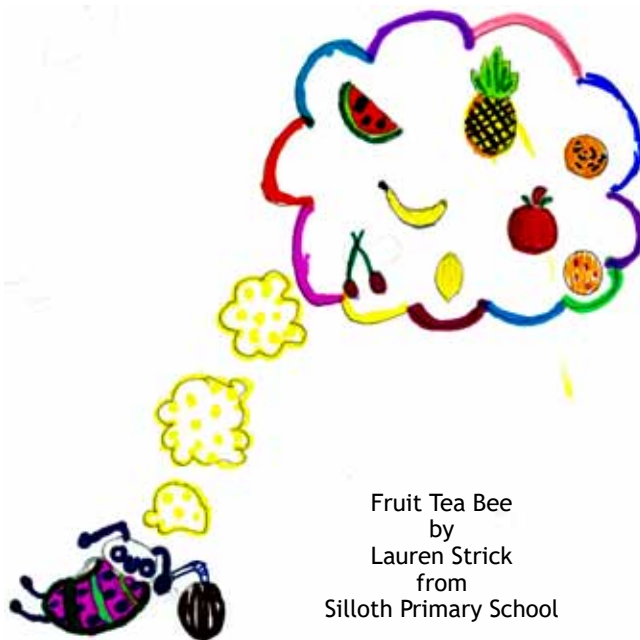
If leftover fat from cooking the Christmas dinner goes down the sink, even with hot water and washing up liquid, it soon sets hard in the cold pipes. When it mixes with other unflushable items, such as wet wipes and sanitary products, it creates what is known as a Fatberg. The Fatbergs then clog the sewerage pipes and stop the

waste water reaching the treatment works as intended. This means the risk of sewage spilling out into homes, streets, rivers and seas is substantially increased.

However, this is easily addressed. Make sure you follow these simple steps this Christmas and give the gift of clean rivers and seas for 2018 and beyond:

1. Scrape or pour leftover fat from roasting trays and pans into a heat resistant container then recycle or bin it once cooled
2. Wipe out grease left in pans with kitchen roll before washing
3. Use a sink strainer to catch any greasy food scraps

With the majority of UK residents cooking a delicious (but greasy!) meal on 25th December, it's important that this message is shared widely in order to protect our environment.



The Bees Factor
by Charleigh Harrison
from Bouncing Babies Childminder

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Harlequin Choir comes to Christ Church for the RNLI



Report by: Margaret English

On Friday 1st December Christ Church was magically decorated with a beautiful Christmas tree, lights and candles for the Harlequin Choir to perform songs and carols.

The infectious enthusiasm of the choir was enjoyed by the audience of 70. It was a truly magical evening and raised £558 for the Silloth and District RNLI fundraising group.

Our thanks go to everyone who provided raffle prizes, especially Little Gems and to Kay Ritchie who provided the print for the draw, which was one by Mrs Abbott, a member of the choir. Two flower



arrangements donated by Maureen Hinde were auctioned.

Very special thanks to Canon Bryan Rothwell for getting the church ready for

us and all the help he gave us on the night.

Finally, thanks go to everyone who joined us to make it such a successful evening.

Mens' Choir Concert



Report by: Tim Barker

Christ Church with St Paul's choir gave their annual Christmas concert in the Church Hall on Friday December 8th providing a spirited start to the town's festive programme.

Musical Director Derek Shaw had chosen a variety of songs ranging from pre-war musicals through Joni Mitchell to the writers of "Les Miserables" and Andrew Lloyd-Webber from whose catalogue they sang "The Perfect Song". Plenty of Christmas numbers were included, some of them accompanied by visual aids (Rudolph's red nose) and sound effects (sleigh bells).

The audience were given the chance to join in some carols and first-time soloist



Lawrence Marshall bidding a "Last Farewell" to Ann Louise

Peter Stimson presented "Silent Night".

Lawrence Marshall gave his customary multilingual commentary and ended the first half by bidding a "Last Farewell" to our vicar's wife Ann Louise.

A fine pie and pea supper

(and the best cheese pasty this vegetarian has had for some time) was provided by Alison and her staff from Silloth Cafe. Hearty thanks to them and to Derek and the choir.

£400 was raised for church funds.

Come to the RNLI Quiz Night

Mrs Wilson's welcomes the Silloth Fundraising Branch of the RNLI who are holding a Quiz Night on Friday 2nd February starting at 7:30pm.

The RNLI return to Mrs Wilson's, at Criffel Street, Silloth after three successful events in recent years. Teams of up to 4 at £5 per person includes a light supper. Numbers are limited so to avoid disappointment please pre-book at £2 per head at Mrs Wilson's, the telephone number is 016973 31155.

It is always good fun, and everyone is welcome. Please book early to avoid disappointment.



Brody by Daisy Armstrong from Holm Cultram Abbey School

Busy Bee in Jail by Jack Tiffin from Holm Cultram Abbey School



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Silloth's Santa Grotto



Report by:
Silloth Lights Committee

It was buzzing in the Corner Cafe on Friday 1st December!

There was a raffle, tombola, disco, and of course Santa was very busy we were very pleased with the turn out! Massive thanks to all of Santa's helpers whom without their help it wouldn't of gone so smoothly, local businesses that donated and extended hours to add to the festivities, and of course all our local supporters.

Special thanks to Santa for his early start to December.

Raffle results from silloth lights switch on:

1st Sega Megadrive - Eileen Jones
2nd Meat Hamper - Abby Parkinson
3rd Food Hamper - Mr & Mrs Wilde
4th Mini T for Two - Bryan c/o Chippy.

All prizes have been distributed, there was a fabulous selection all donated thank you.

On the night £550 raised so that's brilliant.

Also a new online JustGiving page has raised over £2,100 for Xmas and the Carnival, you can donate at: www.justgiving.com/crowdfunding/savesillothcarnivalandchristmaslights



Abbeytown Xmas Fayre



Report by:
Brenda Sim

On Saturday 2nd December at 10am Holme Cultram Abbey was packed with stall holders selling a variety of handmade gifts, and Christmas Goodies.

There were two tall Christmas trees, both beautifully decorated and Santa's Grotto all ready for his arrival.

Visitors kept arriving and that set the scene for the whole day.

A total of £1,643.07 was raised.

Holme Cultram Abbey PCC would like to thank everyone who worked and supported this tremendous effort.



Causewayhead WI



Report by: Jenny Stride

The Causewayhead WI held their AGM in December and all standing members were re-elected to the committee. One new member was elected and welcomed to the committee.

Jean Graham presented the Treasurer's Report and in Margaret's absence Mona presented the President's report. All in all it has been a successful year and we look forward to 2018.

The competition cups were awarded to those who had the most points from the competitions throughout the year.

General Competition Cup
Frances Jackson

Flower Competition Cup
Mona Kent

Wild Flower Competition
Jean Graham

Also in December the members enjoyed a Christmas Lunch in the Golf Hotel. Entertainment was provided by the Cockermouth Ukelele Band and a good time was had by all.

New members are always welcome, our meetings are held October to March on the second Thursday of the month at 2pm and April to September (excluding August) on the second Wednesday of the month at 7pm in Silloth Community Hall.

Music & Beer Festival 2018



SPECIAL OFFER

The first 200 weekend tickets for the Silloth Music & Beer Festival are on offer at just £39 each, reduced from the regular price of £59. This is a massive saving of £20! Get your tickets from Winters Newsagents in Silloth or ticketweb.co.uk.

These tickets would make great Christmas Presents if you can grab them before they are sold out.

Individual session tickets will go on sale in the new year.

Stanwix Park holiday Centre are now offering their fantastic camping caravanning deal with 2 weekend passes for just £119. You must contact them direct for this offer on 016973 32666.

The Beer Festival committee have some fantastic acts lined up. There are tributes to AC/DC, STEREOPHONICS, HAPPY MONDAYS, THIN LIZZY and many more.

The organisers are

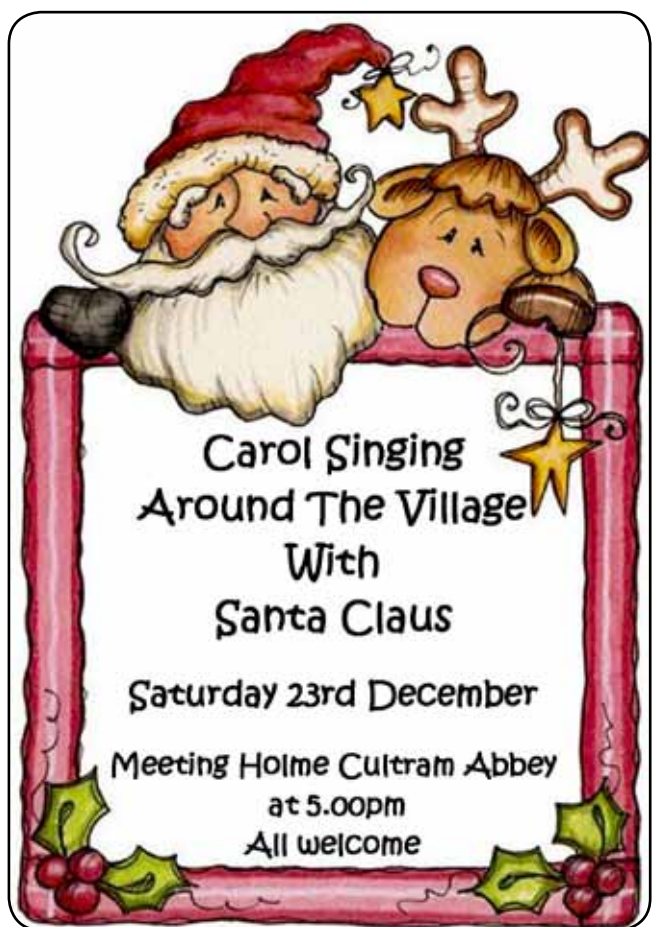
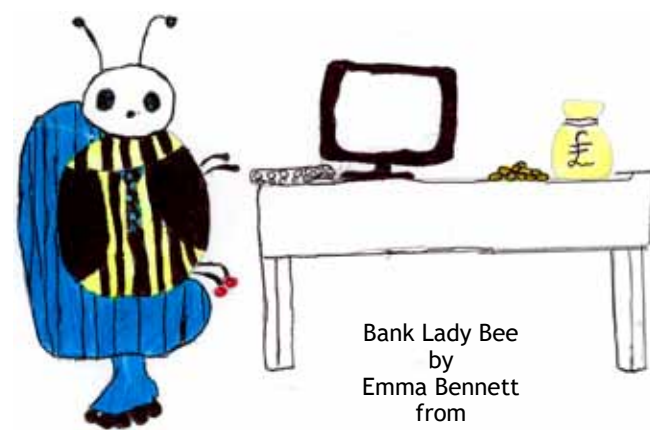


delighted to be able to welcome the fantastic SARAH COLLINS and her fantastic band KEEP THE FAITH.

Also joining the line-up are the entertaining band TRYCKSTER.



Static Bee
by Bobby John Weightman
from Silloth Primary School



[@cyberprotectuk](https://twitter.com/cyberprotectuk)

Online shopping | What you need to know

Check the web address
Always check you're on the correct website. Criminals can set up fake websites that have a similar design and web address to the genuine site.

safe secure
<https://>

Is it a secure page?
Web pages you enter personal or financial details into should display a locked padlock sign and have a web address that starts with [https](https://). This means your connection to the website is secure.

Phishing
Don't click on links or attachments within unsolicited emails. The number of online shopping related phishing emails increases significantly during the holiday period.

Bank transfers
65% of Action Fraud reports during the 2016 Christmas period were linked to online auction sites. Don't pay for goods or services by bank transfer unless you know and trust the person.

For more information on how to stay secure online please visit www.cyberaware.gov.uk

£1,000 Business Grants

If you've been trading for less than three years and are based in Cumbria, whether you work alone or employ people you could be eligible* for a 40% subsidy of up to £1,000 towards revenue spend to support an action plan.

You could spend it on, for example:

- Developing your website
- Buying some promotional materials
- Getting some work done by an accountant or a marketing consultant
- Buying a small items of equipment

Applying is quick and easy, and the subsidy will be paid out within days of providing your evidence.



Contact:

Lesley Robinson,
lesleyr@cumbriachamber.co.uk, 0845 226 0040 to apply or find out more.

*ERDF sector eligibility restrictions apply and you can't have more than 250 full time equivalent employees. There's no requirement to be creating a job.

Copy Date ➡

Copy date for the Feb/March issue is: 1st Jan 2018

If your organisation has an event to promote or you have something to say, please note the next copy date.

Please let us know of any changes within this section

Doors Open Lunch

'Our Doors Open' meets in St Andrews Church every Tuesday from noon to 1pm for a light lunch with good fellowship for a donation only.

First Responders

Silloth Community First Responders train on the first and third Tuesday of every month in Silloth Community Centre at 7pm.

NatWest Mobile

The NatWest Bank mobile van will be outside Silloth Community Centre on Fridays only from 9:50am to 11am

Blencogo Art Group

Every Monday from 1:30-4:30pm in Blencogo Village Hall where members help each other. Refreshments provided, regular outings, tel 016973 61158 or 61327

Bridge Group

Meet on Wednesday evenings from 7 till 9pm, at the Golf Club to play Duplicate. Information from mike.md@btinternet.com.

Wednesday Bunch

Silloth Evangelical Free Church, Eden Street Wednesday Bunch. at 5pm every Wednesday, (except in school holidays) Fun, bible stories, quizzes, craft, games for 5-11s

Christ Church

For Christ Church baptisms and other church related business please contact: Rev Bryan Rothwell The Vicarage, Wigton Road Tel: 016973 31413

Civic Amenity Sites

Operated by Cumbria County Council. Tel: 01228 606060 Maryport Tip, tel 01900 66922 open daily 8am to 6pm Wigton Tip, tel 016973 45617 open Tuesday, Thursday, Saturday & Sunday, 8am to 6pm

Abbeytown Library

Abbeytown mobile library will stop outside the Wheatshaf Inn at 1pm for an hour every Monday

Production Team

Proprietor: Peter McRobert Barn Cottage Skinburness, CA7 4RA Tel: 016973 32180 Email: office@solwaybuzz.co.uk

Editorial Content This is down to you, we can only publish items if you send them to us. When sending articles in, please supply a contact name and number in case something requires clarification. Published by: Peter McRobert with the support of the whole community and an army of volunteers.

Silloth Tots/Toddlers

Silloth Tots & Toddlers meet in the Children's Centre, Silloth and is open to all children aged from 0 to 4 accompanied by a parent/carer. Sessions are on Wednesdays: 10pm to 11:30am term time only. Entry is £1 per family and this includes refreshments All Welcome Call in for a friendly chat

Sewing Circle

Have you clothes you don't wear - don't like or don't fit properly? Come along to Silloth Sewing Circle on a Thursday afternoon from 12pm to 4pm at St Andrews Church Hall opposite the Co-op. We will teach you to alter and make cloths and furnishings for the family. Just £2 and you get tea/coffee and biscuits. 016973 31915

Clubbercise Dance

Stanwix Park Holiday Centre The Sunset Inn, Every TUESDAY 5:45pm to 6:45pm. Glow sticks, 90's to present day dance hits. Just Show up! Call Gayle 07725 990062 for more information.

Ladies Fellowship

Silloth Evangelical Free Church, Eden Street Ladies Fellowship is on alternate Thursdays at 1:45pm. Warm fellowship, refreshments, and good speakers. All welcome

Football Training

Silloth Football Club Juniors in Silloth Sports Hall (Mini Gulls under 7 years) Sundays at 10:30 to 11:30am Contact Geoff Grainger 016973 43370 Under 10's Training Wednesdays 5pm to 6pm Contacts Martin Slack & Paul Mulgrew 07526 665759

Open to boys and girls. Cost £2 Membership forms available from all coaches.

Men's Team

Saturday Men's Team training Every Tuesday in Sports Hall 6:30pm to 7:30pm Thursdays Netherhall 3G Pitch Saturday & Sunday 7pm to 8pm Colin Baty: 07754 890297 Sunday Team Training Tuesdays 6:30pm at Silloth Sports Hall 7:30pm to 8:30pm. Contact: Richard Shaw 07789 557118.

Abbeytown Girls Abbeytown Sports Field

Wednesdays 4-5pm

Abbey Monthly Munch

Holme Cultram Abbey Monthly Munch on first Thursday each month at 12 noon, only £4

Dementia Cafe

To be held in WIGTON METHODIST CHURCH 1st Monday in month 10am - 12 noon For people with dementia and their carers Coffee, cake, chat....and more

Dates for the Diary Send Your 2018 Dates in NOW

December

23rd Festive Tea (to be pre booked) between 3-9pm with xmas singalong with the singing Santa and his elf from 5-7pm at the Fairydust Emporium, 016973 31787 or 07842 062118

23rd Carol Singing around Abbeytown, start at Abbey 5pm

23rd Vigil Mass in Our Lady of the Assumption at 6pm 01900 814826

24th Crib Service & Nativity in Christ Church at 6pm, 016973 31413

24th Carol Service in St Andrews Church at 7pm 016973 32248

24th Vigil Mass in Our Lady of the Assumption at 7pm 01900 814826

24th Cumberland Inn CHRISTMAS EVE STAR CRAZY from 8pm

24th Midnight Communion in Christ Church at 11:30pm, 016973 31413

25th Christmas Communion in Christ Church at 9am, 016973 31413

25th Morning Service in Silloth Evangelical Free Church at 10:45am, 016973 31711

27th Police Drop In at Silloth Local Links 2pm-4pm

30th Fellowship Meal & Party in Silloth Evangelical Free Church at 7pm, 016973 31711

30th Beach Clean at Crosscanonby Beach 10am to 12 noon with Fix the Firth

31st Golf Hotel NEW YEARS EVE GALA DISCO with Eric Stanwix

31st Watchnight Service in Silloth Evangelical Free Church at 11pm, 016973 31711

Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.

Children's Centre

Opening hours are 9am to 3pm on a Tuesday and Thursday, when a member of staff would hope to be present. Other Room usage is subject to fulfilling certain criteria and must be arranged and pre booked. Contact numbers: Silloth 016973 31509 Wigton 016973 43870 Aspatria 016973 23401

Crafting Group

Interested in crafting? come along to Silloth Crafting Group on Wednesdays from 1:30 to 3:30pm at St Andrews Church Hall. We are a well established group, friendly people with a variety of crafting talents-willing to share their knowledge. Enjoy the chat and learn from the other crafters , or just sit and chat.

January

3rd Parkinson's UK meeting at Wheyrigg Hall at 11am, lunch at 12:15pm, all welcome, speaker Lyndsay Carver on The Role of CAB Tel: 016973 52527

6th Beach Clean at Bowness on Solway 10am to 12 noon with Fix the Firth

9th Beach Clean at Allonby Beach 10am to 12 noon with Fix the Firth

11h Causewayhead WI meet in the Community Hall at 2pm, all welcome

13th Silloth Tigers away at Carlisle Crusaders (2nd XV)

18th Beach Clean at Silloth West Beach 1:30pm to 3:30pm with Fix the Firth

20th Crunch Service at Skinburness Road Car Park from 8am to 9:45am

20th Burns Night in St Andrews Hall, 7pm to 9:30pm

27th Beach Clean at Mawbray Beach 10am to 12 noon with Fix the Firth

27th Silloth Tigers v Whitehaven

31st Police Drop In at Silloth Local Links 2pm-4pm

February

1st Beach Clean at Crosscanonby Beach 1:30pm to 3:30pm with Fix the Firth

2nd RNLI Quiz Night in Mrs Wilsons at 7:30pm, teams of 4 at £2 perhead inc light supper, book on 016973 31155

3rd Silloth & District Pensioners Coffee Morning, all welcome

3rd Silloth Tigers away at Egremont

7th Parkinson's UK meeting at Wheyrigg Hall at 11am, lunch at 12:15pm, all welcome, speaker George Cairns on Driving for Safety Tel: 016973 52527

10th Pancakes in St Andrews Hall, 10am to 1pm

13th Holme Low Parish Council meeting in Silloth Community Hall @ 7:30pm

17th Crunch Service at Skinburness Road Car Park from 8am to 9:45am

17th Silloth Tigers v Windermere

20th Thwaite U3A Group meeting in All Hallows Community Centre, Fletchertown from 2pm to 4pm, talk: Our favourite cake or pudding - members meeting to share recipes and sample some. Tel Pauline 016973 49943

Breast-feeding Group

Mondays 10am to 11:30am Wigton Bowling Club, West Road, Wigton Have a cup of tea and meet other breast-feeding mums. Support and advice is available from trained Breast-feeding Peer Supporters and from Health Visitors or Midwives. For more information call Wigton Health Visitors: 016973 66608

March

2nd Country & Western Festival at Stanwix Park

3rd Silloth & District Pensioners Coffee Morning, all welcome

2nd Country & Western Festival at Stanwix Park

3rd Silloth Tigers away at Cockermouth

4th Country & Western Festival at Stanwix Park

7th Parkinson's UK meeting at Wheyrigg Hall at 11am, lunch at 12:15pm, all welcome, speaker Will Stevens on Family History Tel: 016973 52527

7th Police Drop In at Silloth Local Links 2pm-4pm

9th Retro Music Weekend at Stanwix Park

10th Crunch Service at Skinburness Road Car Park from 8am to 9:45am

10th Silloth Tigers v Workington

10th Retro Music Weekend at Stanwix Park

11th Retro Music Weekend at Stanwix Park

15th Thwaite U3A Group meeting in All Hallows Community Centre, Fletchertown from 2pm to 4pm, talk: Solway coastline and area by Phil Brown Tel Pauline 016973 49943

24th Silloth Tigers v Furness

24th Cream Tea in St Andrews Hall, 2pm to 4pm

April

???? Crunch Service at Skinburness Road Car Park from 8am to 9:45am

4th Parkinson's UK meeting at Wheyrigg Hall at 11am, lunch at 12:15pm, all welcome, speaker Joe Kewin on Making Stained Glass Tel: 016973 52527

7th Silloth Tigers away at Upper Eden

11th Police Drop In at Silloth Local Links 2pm-4pm

14th Silloth Tigers v Millom

17th Thwaite U3A Group meeting in All Hallows Community Centre, Fletchertown from 2pm to 4pm, Annual General Meeting & refreshments Tel Pauline 016973 49943

21st Beetle Drive in St Andrews Hall with Pie & Peas, 7pm to 9:30pm

Errors do occur in Dates for the Diary Please check before attending an event

RNLI Shop

SILLOTH LIFEBOAT STATION SHOP OPENING HOURS The Shop has now closed for the season Thank you to all our customers who have supported us this year. We look forward to seeing you again in 2018.

May

2nd Parkinson's UK meeting at Wheyrigg Hall at 11am, lunch at 12:15pm, all welcome, speaker Rosalind Smith on Tai Chi Exercises Tel: 016973 52527

8th Holme Low Parish Council meeting in Silloth Community Hall @ 7:30pm

16th Police Drop In at Silloth Local Links 2pm-4pm

June

6th Parkinson's UK meeting at Wheyrigg Hall at 11am, lunch at 12:15pm, all welcome, speaker Steve Viney on Muical Extravaganza Tel: 016973 52527

8th Funky Town Festival at Stanwix Park

9th Quiz Night in St Andrews Hall with finger buffet

9th Funky Town Festival at Stanwix Park

10th Funky Town Festival at Stanwix Park

20th Police Drop In at Silloth Local Links 2pm-4pm

Do you have an event in the area bounded by Abbeytown, Mawbray, Silloth, Skinburness, if so please let us know.

Coast Bus Timetable

60E Maryport to Skinburness the current timetable is available from Silloth Tourist Office or Winters Newsagents or www.ellenvalecoaches.co.uk/service-60e.html

Silloth Tennis Club

For coaching information call David Wise on 07742 547767

Arthritis Support

Wigton Area Arthritis Support Group meet on 1st Friday each month at Fair View Court, Wigton @ 1:30pm, details from Gladys 016973 43964

Wigton Cancer Support

Open to anyone who has/is living with cancer or anyone caring for someone with cancer. Feel free to drop in for a chat and refreshments any time between 2pm and 5pm on the second Wednesday of each month, at Wigton Bowling Club. For further information please contact: Gill Edmondson Tel: 016973 71696

Martial Arts

Silloth Dragons Mixed Martial Arts Club train in Christ Church Hall on Thursdays under 12's 6:45pm to 7:30pm 12's & over 7:30pm to 8:30pm Keep Fit 8:30pm to 9pm NEW MEMBERS WELCOME For further details contact Stephen on 07811 761033

Get Winter Ready

A campaign has been launched as part of Cumbria's 'winter ready' plans to help people be better prepared for the coming months.

As well as a new-look website 'cumbriawinterready.org.uk' the campaign will also involve a programme of targeted social media activity helping to ensure that residents and businesses are kept up to date with all the latest 'winter ready' advice and information.

The campaign seeks to ensure people have the right information, advice and guidance at their fingertips. It has been developed, and is supported by, a wide range of partners including Cumbria County Council, the six District Councils, Cumbria Community Foundation and the Environment Agency and was launched on 1st December, the start of meteorological winter.

The campaign provides advice and assistance on everything you need to know to help you be prepared and to get winter ready, including:

Emergency planning - advice on how to protect your home from flooding and find out if you are at risk.

Financial support available - winter fuel payments and grants available for people affected by disasters such as flooding.

Winter driving - how to stay safe, keep up to date with road and weather information and make your vehicle ready for winter.

Health advice - staying

well this winter.

Councillor Keith Little, Cumbria County Council Cabinet member for Highways and Transport, said: "Flooding has had a huge impact on many of our communities, particularly during the winter of 2015. Much has been done to protect Cumbria from flooding and the county council is continuing to work hard on the recovery programme to repair flood damaged infrastructure, including roads and bridges. We are also continuing to work with local communities to help them become more resilient. Last winter the county council worked with our partners to launch a Winter Ready campaign which included a dedicated website to provide a one-stop source of information and advice to help residents and businesses prepare for winter. The campaign was well received in the county and we have now updated and refreshed the website. We will also be promoting this key information to people through all of our social media platforms, which can play a key role in helping us keep people informed and up to date."

Environment Agency Flood Manager Andy Brown said: "The #WinterReady campaign in Cumbria is a great example of how we are working together to provide residents and businesses with support, local information on how to be more resilient and prepared for the winter weather. The Environment Agency and

our partners as members of the Cumbria Strategic Floods Partnership (CSFP) together have launched the new website, which provides people with a single place to access the information they need to better protect themselves and get the latest information."

The CSFP includes the Environment Agency, Cumbria County Council, the six district councils, United Utilities and a wide range of representatives from other organisations and community groups. Alongside recovery work, communities and organisations came together to produce the Cumbria Flood Action Plan. This aims to make Cumbria better prepared to manage flood risk for the future. The Cumbria Flood Action Plan identifies 102 actions across Cumbria to reduce flood risk and increase resilience to flooding. To find out more, visit: www.cumbriastrategicfloodpartnership.org

The Winter Ready campaign will signpost residents and businesses to the information they need, providing the latest update on what help is available to support those affected by flooding, as well as providing a single place for the promotion of a wide range of related winter campaigns such as health, flu vaccinations and advice on how to stay warm and take care of your neighbours.

There will also be a focus on emergency preparedness, advising people on how to sign up to flood alerts and have their own household flood action plans in place should the worst happen again.

For more information visit: www.cumbriawinterready.org.uk and look out for #winterready updates coming soon via social media.

Non-Commercial Tourism Websites

solwaybuzz.co.uk
sillothgreen.co.uk
sillothonsolway.co.uk
sillothgolfclub.co.uk
vintagerally.co.uk
sillothbeerfestival.co.uk
silloth-on-solway-tc.gov.uk
visitscumbria.com/wc/silloth
soldiersinsilloth.co.uk
solwayplain.co.uk/silloth1.htm
facebook.com/sillothgreen
facebook.com/silloth-carnival

Any other suggestions of sites useful for our visitors, please send them to the Buzz at: office@solwaybuzz.co.uk

Do you have a poem or letter for the buzz?
We welcome all submissions.
Please remember to include your contact information.

Masthead Bee Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered Kids Rucksack to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher.

So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Return to your school, or the Discovery Centre, or post to the address on page 10 (large stamp) and a quality Solway Buzz embroidered Rucksack from Carlisle Embroidery could be yours.

You don't have to be at school here to send a bee to us. If you are here on holiday we would love to receive your bee drawing. Pick up a form from Silloth Tourist Information and return it there or send it to the Buzz, our address on page 10.

This month the winner is Toby Darvill from Holm Cultram Abbey School with a bee drawing called "Simon Cowell Bee".

Well done!



Buzz Letters

Dear Buzz,

Sadly Jean (Tues & Thurs) and Sheila (Fri & Sun) no longer work as volunteers at the good causes Charity Shop - better known as 'The Macmillan'. We will greatly miss the many friends we have made there over the last 17 years and send our good wishes to you all.

Jean Sinstad & Sheila Lacey

APOLOGIES

Due to a computer glitch, these three letters were omitted from last month. Please accept our apologies



Halloween Bee
by Isaac Kay from Holm Cultram Abbey School



Sunny
by Bryden Housby from Silloth Primary School

Dear Buzz,

I would like to thank the many friends and neighbours in Skinburness for their good wishes and words of support in relation to my recent stay in hospital. I am home now hopefully well on the way to recovery and really appreciate everyone's concern. The hospital at Whitehaven was very good and all the staff very kind and supportive. Although we have moved back to Wigton we still visit Skinburness on a regular basis and hope to see you all from time to time.

Yours sincerely
Hilda Ball

Dear Buzz,

I live in Seaville and more than just occasionally I meet tourists looking for Roman remains having followed the sign at the main road to Seaville saying Roman Trail. Silloth tries very hard for all the tourists it gets, sending them on a wild goose chase like this is not giving people a good tourist experience. It would be better if the sign was taken down, there are no remains to be seen in this area. There is a museum of artifacts in Maryport but that is it. I always advise people to turn around drive along the coast and have an ice cream at Allonby. At least then they will see some actual scenery which we do have.

Yours sincerely
Roy Ivinson

Poem

Christmas is Over
by Penny Stimson

Christmas is over
the tree is put away,
no longer carols playing
another year is on it's way.

Where did this one go
it just seemed to race away
it makes me wonder
how long this one will stay.

But now we have the winter,
rain and wind and snow.
The big coat, hat and scarf
where ever we may go.

There is only one good thing though
the way the years go so fast.
At least it mean the winter
will not be one to last!

Silloth Local Links and Library will close at 1pm on Saturday 23rd December and re-open on Wednesday 3rd January

Silloth Local Link & Tourist Information	Silloth Library
Opening Times	Opening Times
Monday 1-4pm	Monday 10-1pm 2-5pm
Tuesday CLOSED	Tuesday CLOSED
Wed 1-4pm	Wed 10-1pm 2-5pm
Thursday CLOSED	Thursday CLOSED
Friday 1-4pm	Friday 10-1pm 2-5pm
Saturday 10am - Noon	Saturday 10-1pm
Sunday CLOSED	Sunday closed
Tel: 016973 31944	Tel: 016973 31944

Remember – you can join the library, search the library catalogue, renew and request books online at cumbria.gov.uk/libraries Visit Silloth Library in the Discovery Centre

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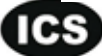
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A Busy Month at Silloth Dock



Report & Photos by:
John Forrester
More coverage of shipping at Silloth can be found at www.cumbriashippphotos.weebly.com

November saw several new visitors to the port, always a bonus for ship enthusiasts. The full range of agricultural imports was represented with cargoes of fertiliser, grain & molasses.

FOKKO UKENA arrived on a morning tide in calm conditions with fertiliser from Antwerp. The website of the Dutch company 'Vertom' was prominent along the hull of the ship; an increasingly common practice amongst ship owners. A Google search revealed the ship to be named after an ancient chieftain who fought in what is now Lower Saxony in northern Germany. The

vessel is registered in St John's, the capital of Antigua & Barbuda, a group of islands in the Caribbean. She was quickly unloaded and on her way 24 hours later to Glensanda, a west of Scotland quarry.

Other visiting ships had less exotic names. STRAITVIEW made her first visit carrying molasses originating from India. Loading had taken place at Zeebrugge by trans-shipping from a larger tanker. STAITVIEW is capable of carrying over 3,000 ton of cargo. She was photographed alongside the discharge quay being pumped out into dockside storage tanks to await processing. She had arrived on an evening tide meaning photography had to wait until the following day when she made for a

Clockwise from top:
Eems Sun bringing wheat from Les Sables-d'Olonne
Fokko Ukena turning in the dock with a cargo of fertiliser
Straitview discharging Molasses



colourful subject in the dockside sunshine.

Three vessels made deliveries of wheat during the month. One of these was EEMS SUN arriving from Les Sables-d'Olonne, a port on the west coast of France which regularly exports to

Silloth. The pilot was able to enter port a little earlier than normal by taking advantage of a good depth of water from a spring tide. Once unloaded, the vessel was made ready for a long sailing to Norway for her next cargo.



November Shipping at the Port of Silloth

Report by: Ian Macpherson, Deputy Harbour Master & Short Sea Pilot

2nd Fokko Ukenna from Antwerp with a cargo of Fertiliser departing on the 3rd to Glensander.

9th Hendrik S from La Pallice with a cargo of Wheat departing on the 11th to Avonmouth.

11th Straitview from Zeebrugge with a cargo of Molasses departing on the 14th to Sea for orders.

14th Baltica Havfrom

Vierow with a cargo of Wheat departing on the 14th to Trocanna.

19th Eems Sun from Les Sables-d'Olonne with a cargo of Wheat departing on the 20th to Sunndalsora.

19th Furness Abbey from Barrow for Dock and channel surveys and buoy inspections.

There were also regular visits by TN Trawlers George Lou N and Philomena over the month.

Silloth Tide Tables

JANUARY 2018						SILLOTH			
Date		DEPTHS ON NEW DOCK GAUGE (1.8m ABOVE CD)							
		High Water				Low Water			
		Morning		Afternoon		Morning		Afternoon	
		Time	m	Time	m	Time	m	Time	m
1	M	10 45	7.4	23 08	7.6	05 20	-0.9	17 53	-0.9
2	TU O	11 34	7.7	23 58	7.8	06 15	-1.1	18 47	-1.2
3	W			12 20	8.0	07 05	-1.1	19 39	-1.4
4	TH	00 47	7.8	13 10	8.0	07 53	-1.1	20 29	-1.4
5	F	01 39	7.6	14 00	7.7	08 42	-1.0	21 17	-1.2
6	SA	02 29	7.3	14 49	7.5	09 26	-0.8	22 03	-0.9
7	SU	03 18	6.9	15 41	7.1	10 11	-0.5	22 51	-0.6
8	M	04 11	6.4	16 35	6.5	10 59	-0.1	23 41	-0.3
9	TU	05 06	5.9	17 34	6.1	11 51	0.2		
10	W	06 11	5.5	18 42	5.6	00 37	0.1	12 52	0.4
11	TH	07 20	5.4	19 50	5.5	01 40	0.2	14 00	0.5
12	F	08 27	5.5	20 55	5.6	02 43	0.2	15 08	0.4
13	SA	09 24	5.9	21 48	5.9	03 43	0.1	16 07	0.2
14	SU	10 09	6.2	22 32	6.2	04 33	0.0	16 57	0.0
15	M	10 49	6.5	23 10	6.4	05 17	-0.2	17 40	-0.2
16	TU	11 24	6.7	23 46	6.6	05 55	-0.3	18 18	-0.4
17	W ●	11 58	7.0			06 30	-0.4	18 54	-0.5
18	TH	00 18	6.7	12 30	7.1	07 04	-0.5	19 29	-0.6
19	F	00 49	6.7	13 04	7.1	07 39	-0.6	20 04	-0.6
20	SA	01 24	6.7	13 39	7.1	08 15	-0.5	20 41	-0.6
21	SU	01 57	6.6	14 14	6.9	08 51	-0.4	21 15	-0.5
22	M	02 33	6.4	14 50	6.7	09 27	-0.3	21 51	-0.4
23	TU	03 11	6.3	15 32	6.5	10 04	-0.1	22 29	-0.1
24	W ☽	03 57	6.0	16 21	6.3	10 47	0.1	23 16	0.0
25	TH	04 52	5.7	17 23	6.0	11 40	0.3		
26	F	06 03	5.5	18 39	5.9	00 15	0.1	12 49	0.4
27	SA	07 22	5.6	19 55	6.0	01 31	0.1	14 12	0.2
28	SU	08 35	6.1	21 05	6.4	02 50	-0.1	15 30	-0.1
29	M	09 38	6.6	22 06	6.9	04 01	-0.4	16 38	-0.5
30	TU	10 33	7.2	23 01	7.3	05 04	-0.6	17 41	-0.9
31	W O	11 24	7.6	23 51	7.6	06 02	-0.9	18 38	-1.3

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Hellrig Awards £25,800



The latest round of awards from innogy Renewable UK's Hellrigg Onshore Wind Farm Community Fund have now been announced. The fund is open to voluntary/ community groups and local partnerships which benefit Silloth or the parishes of Home St Cuthberts, Holme Low and Holme Abbey.

The fund will invest over £375,000 into local community activities and projects over the lifetime of the wind farm and has already awarded nearly £100,000 worth of grants. Nine local groups have been successful in securing grants from the fund which this year has seen £25,800 awarded.

The latest round of awards has supported a number of local causes, with a particular emphasis this year being placed on those designed to help the local community get engaged with outdoor activities. Among the recipients are Silloth Netball Club, Solway Community School PTA and Abbeystown Play Park Committee. Silloth Netball Club's grant of £1,500 will go towards running costs for the 2017/18 season. Solway Community School PTA were awarded £2,000 to add new equipment to an outdoor gym. Abbeystown Play Park's grant of £10,000

will be used to purchase new fencing, gates and equipment for the play park.

Katy Woodington, innogy Renewables UK's Senior Investment Officer, said: "It's fantastic to see the Hellrigg Wind Farm Community Fund support so many great causes. It's particularly pleasing to see the number of projects that have been backed which will bring the community together through active outdoor activities. Over the projects lifetime the fund will be worth more than £375,000 which we hope will make a significant difference to community development in the area."

The fund is administered by independent charity the Cumbria Community Foundation with all decisions on the allocation of funds being taken by a panel of locally nominated representatives.

Annalee Holliday, Grants & Donor Services and Communications Officer at the Foundation, said: "The fund is of real value to local voluntary groups and charities, enabling them to continue to build on their vibrant and thriving communities. By working with the advisory panel, made up of local residents, means we can listen and respond to priority needs in the area."

If your community group

or project would like to apply for funding please visit the Cumbria Community Foundation website to find out more <http://www.cumbriafoundation.org>.

Awards Granted:

Organisation	Project Title	Amount Awarded
Mawbray Play Park	Mawbray Play Park improvements	£1,000
Abbeystown Play Park Committee	Fencing, gates & equipment	£10,000
Silloth Association Football Club	New equipment	£1,000
Abbeystown Pre-School/Playgroup	Outdoor learning improvements	£1,000
Culterham Hall	Refurbishment electrics & storage, lighting	£3,300
Silloth Netball Club	Running of club	£1,500
Abbeystown Youth Group	Activity costs	£3,000
Abbeystown Assembly Rooms	Refelting of flat roof	£3,000
Solway Community School PTA	Outdoor gym	£2,000

Volunteers Bash the Trash



Since August a local group called Fix the Firth have been cleaning beaches on the Solway coast. The two-hour events happen at Bowness on Solway, Silloth West Beach, Wolsty Banks, Mawbray Banks, Allonby and Crosscanonby. During eight of these outings, the group has collected 195 black bags of rubbish plus some bizarre larger items. There have been two fridges, one burnt-out motorbike, a wheelie bin, half a boat and a child's bicycle.

Organiser John Gorrill says, 'It's odd how many shoes, gloves, toys and plant pots we find - how do they get into the sea?' Other common items are disposable cigarette lighters, tiny blue plastic rods from

cotton buds, celebration balloons and used shotgun cartridges. The beach rubbish is collected by Allerdale Borough Council who send it to Carlisle's Mechanical Biological Treatment Plant. The company who run this plant claim to recycle about 85% of what they receive, so very little goes to landfill.

Fix the Firth has regular volunteers by now plus some who help at favourite beaches. "It takes concentration to do this properly and I advise people to bring wellies and waterproofs," says John, "but it's also a sociable team effort - people enjoy making a difference." Numbers have ranged from six to twenty at the beach cleans, aged

from a toddler in a buggy to the retired. Support has been so good that in 2018 there will be one event per week, starting on Saturday 6th January at Bowness. New volunteers are always welcome.

Fix the Firth Beach Cleans

Saturday 30/12/17 10 - 12 noon. Crosscanonby.
Saturday 6/1/18 10 - 12 noon. Bowness on Solway.
Tuesday 9/1/18 10 - 12 noon. Allonby.
Thursday 18/1/18 1:30 - 3:30pm Silloth West Beach.
Saturday 27/1/18 10 - 12 noon. Mawbray.
Thursday 1/2/18 1:30 - 3:30pm Crosscanonby

Contact: John Gorrill, organiser, nicholasjohnng@yahoo.co.uk.

Big Allerdale Switch

Residents of Allerdale are being encouraged to sign up for the latest round of the Big Allerdale Switch over the Christmas period, to find out if they could save money on their energy bills in the New Year.

Allerdale Borough Council has once again partnered with iChoosr, the UK's leading expert in collective energy switching, to deliver bespoke and highly competitive tariffs for those on dual fuel, separate supplier contracts or pre-payment meters.

Householders can register their interest online for free, and the results will be announced following the next auction which takes place on Tuesday 13 February. During the most recent auction held in October this year, 80% of those who signed up could benefit from the scheme, with an average saving of

£185.

It's really simple to sign up and at no point in the process are residents under any obligation to actually switch energy providers if they decide to change their minds. To join the scheme, visit www.allerdale.gov.uk/warmhomes and follow the links.

Councillor Carni McCarron-Holmes, Executive Member for Housing, Health and Wellbeing, said: "We are incredibly proud to run this popular scheme once again, which has offered some significant savings to residents in Allerdale. The Council's priority is to tackle inequality, and we understand that purse



strings are often very tight at this time of year, so we want to make it easier for local people to save money. The more

people who register, the higher the savings, so I would encourage everyone to sign up even if you've done so before."

The scheme is part of the Big Community Switch, which is operated by iChoosr, an independent company with experience in collective switching schemes. It works by setting up a reverse auction and inviting energy suppliers to offer their cheapest deals for dual fuel, separate supplier contracts or pre-payment meters. The deadline to register is Monday 12th February.

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Fake Government Grants Fraud Alert



Individuals and businesses are being warned to watch out for cold calls and online contact from fraudsters who are offering victims the opportunity to apply for Government grants for an advance fee.

To make the grants look legitimate fraudsters have set up bogus companies and convincing looking websites that claim to be operating on behalf of the UK Government. Fraudsters cold call businesses and individuals offering the grant and if they're interested direct them to fill out an online application form with their personal information.

Once the fraudsters have that information they'll contact back victims and congratulate them on being accepted onto the grant programme.

Pre-paid credit cards

Applicants are then asked to provide identification and are instructed to get a pre-paid credit card to deposit their own contribution to the fake Government grant scheme. Fraudsters will then contact victims on the phone or are emailed and asked for the details of their pre-paid credit card and copies of statements in order for them to add the grant funds.

Of course the grant funds are never given by the fraudsters and the money that's been loaded by the victim onto the card is stolen.

If you receive one of these calls, hang up immediately and report it to us. We've already taken down one website fraudsters have

been using to commit this fraud and are working with Companies House to combat this issue.

How to protect yourself:

Be wary of unsolicited callers implying that you can apply for grants. You should never have to pay to receive a government grant, and they definitely won't instruct you to obtain a pre-paid credit card. The government should have all the information they need if a genuine grant application was submitted, therefore any requests for personal or banking information either over the phone or online should be refused.

What to do if you're a victim:

- If you think your bank or personal details have been compromised or if you believe you have been defrauded contact your bank immediately.
- Stop all communication with the 'agency' but make a note of their details and report it to Action Fraud.
- If you have been affected by this, or any other type of fraud, report it to Action Fraud by visiting www.actionfraud.police.uk or by calling 0300 123 2040.

The information contained within this alert is based on information gathered by the National Fraud Intelligence Bureau (NFIB). The purpose of this alert is to increase awareness of this type of fraud. The alert is aimed at members of the public, local police forces, businesses and governmental agencies.

Silloth Seagulls cont'd

Continued from page 16

thanks to a goal from a corner. The tie was still in the balance heading into the second half but when their opponents stepped up a gear the Seagulls had no response and spent next 45 minutes encamped in their own half. The relentless pressure told with five goals for Athletic including a couple of wonder strikes from 30 yards. Credit must go the Silloth players for battling on to the final whistle, especially man of the match Kieran Little, and never letting their heads go down but this was yet another setback for a side struggling to get any momentum going in their season.

Unfortunately things would not improve the following week as the Seagulls' defence of the Benevolent Cup would be over before it begun as they lost out 4-1 on penalties to Cockermouth.

For a match that shared six goals over 120 minutes and ended with a penalty shoot out this was a game so devoid of quality that even the most fervent of football fans would have struggled to enjoy it. There is a reason both of these sides are struggling at the wrong end of the table but Silloth were still confident of coming out on top as they had already edge out these opponents 3-2 in September for their only league win of the season. However it was the visitors who made the early running as the Seagulls struggled to find any sort of rhythm or consistency to their passing. It was a frustrating watch for manager Colin Baty (especially when the team missed their fourth penalty kick of the season) and yet his side still created enough good chances to get the job done. It wasn't to be though and on 90 minutes the scores were level at two apiece with Silloth's goals coming from Lewis Little and skipper Dan Foster (man of the match).

In the break before extra time it looked the tide had turned in the Seagulls favour as Cockermouth had a man sent off for swearing at the referee and when Adam Carr took advantage of a mistake by the keeper it looked like a passage into the quarter-



Kieran Little with a great sliding tackle

finals had been secured. However it was the ten men of Cockermouth who dominated the rest of the extra time period and got a deserved equaliser to take the tie to penalty kicks. Silloth's tale of woe from twelve yards continued with only Nico Watt converting from the spot as Cockermouth won the contest 4-1. This defeat was a bitter pill to swallow for the Seagulls who now need to regroup and refocus as they find themselves deep in the mire of a relegation battle.

2017 has been a year of two halves for Silloth. The 2016/17 season ended with the glory of the Benevolent Cup final victory, a third place Premier League finish (a benchmark for the club), a County Cup quarter-final and two other semi-final appearances. Contrast that with the current season where the team is struggling for form and a poor run of results has left them with only one cup to play for and a relegation fight on their hands. This though is a fight I'm sure the lads can win as they will give the gaffer Colin every ounce strength they have to turn the Seagulls' fortunes around.



Lewis Little strong in the challenge

As the year draws to an end I'd just like to say a massive thank you to every person that has supported the club over the past twelve months, both sponsors and

spectators. Your support is massively appreciated by everybody at the club and we wish you all a Merry Christmas and a Happy New Year. Roll on 2018!

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Silloth Club Professional is County Putting Coach



Since coming to Silloth on Solway Golf Club, Simon has had a busy year, but all the hard work is starting to pay off. The new Coaching Studio has been a huge hit with members and visitors alike. In May 2017 the old store room went through a £20,000 renovation to become one of, if not, the most comprehensive state of the art indoor facilities in Cumbria.

Arguably an important addition to our swing and custom fit studio was the integration of our GC2 HMT Launch Monitor. The launch monitor gives both golf club and golf ball data which is absolutely imperative during both coaching and the custom fitting process. In addition

to this GC2 HMT is also integrated into the high-tec computer software. This amazing software allows for full driving range and golf course simulation in addition to nearest the pin competitions and skills.

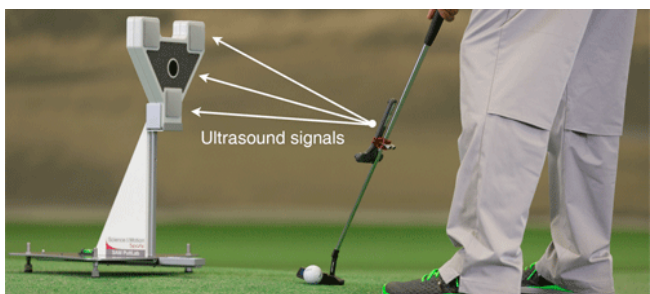
Simon also had the foresight to see the benefit of creating a Putting Studio in the same space to allow an all-round experience catering for all a golfer needs. The Putting Studio is at the forefront of modern golf putting tuition. It has all the tools needed to improve your putting game, with expert teaching and the excellent S.A.M Putt Lab. S.A.M stands for Science And Motion and is an invaluable tool used in both tuition and fittings

making it very much a key aspect of the putting studio. Additional features in the studio consist of indoor putting greens with turf to mimic the course outside. This allows for the perfect practice in a controlled environment before taking your game outdoors to battle the elements.

In early September Simon was approached by Cumbria County Men Squad to help some of Cumbria's best players to improve their Putting mechanics. Squad coaching took place over a six week period and twenty

of Cumbria's best attended. The feedback from players about the new coaching facility was superb and so was the feedback on Simon's coaching abilities. So much so that plans have already been made for early 2018 to see how the squad has improved over the winter period. The Putting Studio is not only for your better players as we have had lots of golfers of all standards spending time in the facility to learn. The one thing he sees most of is that no custom fitting has been done on pupils putters. People spend hundreds of pounds on Custom fit irons and Woods but just buy off the shelf with putters. Loft and Lie angle is so important with putters probably more so than any other club in your bag. Simon can retrofit putters with the putter loft and lie machine that he has in the shop so you don't need to run out and buy a new putter. 'Most of the coaching I do with pupils, the first thing would be to make sure the loft and lie is correct for them and if not, I change it straight away.'

For more details on any of the services offered from Simon, please contact the Pro Shop at Silloth Golf Club.



Footballer Bees
by Matthew Pape from Silloth Primary School

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Silloth Seagulls



Safe hands from Luke Stockdale

Report by Mr C Gull

Only two matches to report on this month as the winter weather took its toll on the fixture list and unfortunately neither make good reading for Seagulls' fans.

First up was the visit of reigning Premier League champions Workington Athletic in the Conway Cup. Last season this was a fixture played out five times in total with two wins each for either side and one draw. No other team could match the 4 points Silloth took off Athletic in the league as the Workington side marched to the championship. It was hoped the Seagulls would

build on these results to become their closest title challengers but the 6-0 defeat here (combined with a 9-1 hammering at Workington earlier in the season) shows just how much the Silloth side have struggled this term.

The Seagulls looked to throttle the supply line to opposition forwards by playing five across the middle of the park and the tactic worked well for the most part. Athletic were restricted to long balls and set pieces with Silloth looking dangerous on the counter-attack. However it was the Workington side who took a 1-0 lead into the

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DALSTON | PENRITH | WORKINGTON | DUMFRIES

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