

Silloth Community First Responders

Report by: Peter Gilmour

Silloth Community First Responders celebrated their first year of service on Tuesday 11th February.

We had 74 call-outs, 50% up on what was expected, two of which proved to be very successful, making us the first response team in the country to have successful unaided resuscitations prior to the ambulance arriving.

This goes to show the team is of great benefit to the town and its visitors.

It also shows the regular training we do has all been worth while. The team would like to thank the trainers, paramedics Andy Dalton, Steve Cremlin and Robert Beresford for giving up their time.

The responders would like to think they are making a difference to the patient and their families because of the reassurance of quick first aid and now oxygen administration, knowing we are one of the three teams in the county on trial. The responders would like to thank everyone who has given financial support or help over the last year.

Just a few special thank you's go to Silloth Town Council for paying for the rental of the pagers for the first two years. Christine & Fausto at The Golf Hotel for letting us wake them up in the middle of the night to get organised when on calls.

Silloth Rotary Club and The British Heart Foundation for jointly funding the defibrillator (the Rotary again for the meal and presentation).

Silloth Community Shop for funding our team polo shirts, sweatshirts, fleeces and high visibility jackets and to everyone else who paid for the high visibility jackets. Thanks also go to each of the responders employers for their flexibility on call outs.



Bill Allison, Mayor of Silloth, presents cheque to Peter Gilmour & Elaine Bell

I would like to think any other Community First Responders team setting up will get the support from their community that we have had from the people of Silloth. Once again the Silloth Community and Businesses have come out on top.

When we set the team up back in January 2002 one of our aims was to offer training to schools, clubs, groups and any one in the community or business in how to give early life support (ELS) and CPR.

At the start of February this year myself and Elaine Bell undertook training and became instructors as part of The HeartStart Scheme, in conjunction with the British Heart Foundation and Cumbria Ambulance Service. We are now able to give courses in CPR and ELS which will take about 2 hours and are free. (Donations Welcome).

After which you will get an attendance certificate and the knowledge of what to do.

Course dates will appear on posters and in the Buzz, to book a course or if you require further information Tel: 016973 32622.

Our current aims are to raise money to buy equipment i.e.. laptop, projector, etc. to help with our training courses and talks. If you would like to help with fund-raising

contact the above number.

A big thank you must go to all the responders who turn up for regular training and who are on call 24 hours seven days a week, all of whom are volunteers and get no payment for such good service, but get the pleasure of knowing they can and have made one hell of a difference. Lastly thank you for all your letters of thanks; P.A. Gilmour
Chairman & Co-ordinator
Silloth Community First Responders

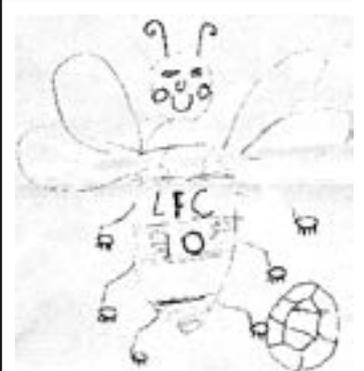
Note: This service is only available on call out of an ambulance for the following: Breathing problems, Chest Pains, Collapse and Heart Attack etc.

Polling Station Clerks

Elections to Allerdale Council and the Parishes within the area will take place on Thursday 1st May 2003.

The Returning Officer will be looking for approximately six people in the Silloth area to act as Clerk at a Polling Station on that day. Polling hours will be from 8am to 9pm, and a fee plus travelling expenses will be paid.

If you are interested, further details may be obtained by ringing the Elections Office in Workington on 01900 326318, preferably not later than 1st April.



Michael Beeowen
by
Liam Eland
aged 9
from Silloth Primary School

Silloth Community Hall

**Special Annual General Meeting
Friday 25th April 2003 @ 7pm**

All residents of Silloth aged 18 and over are entitled to attend and vote. Apart from receiving a report of our activities, **a very important motion will be raised.** The motion is as follows:

Further to the notice to vacate the premises by the Landlords (The Town Council) the Trustees reluctantly recommend that the occupation of the premises by The Silloth Community Hall shall cease on May 31st 2003.

In accordance with the Trust Deed and under the direction of the Charity Commissioners, the Trustees will continue to administer all remaining monies and assets belonging to the Charity in the interest of the terms of the Trust Deed and its purpose.

Chair of Trustees – David Pigeon

Silloth Community Hall, Petteril Street, Silloth
Registered Charity Number: 701268