

**Regular Weekly Events****Mondays**

Bingo – Silloth Social Club,  
Waver Street @ 7:15pm  
Domino Drive –  
Recreation Hall, Eden Street  
Playing Field @ 7:30pm

**Tuesdays**

Bingo – Bowling Club,  
Eden Street @ 7pm  
Whist Drive –  
Recreation Hall, Eden Street  
Playing Field @ 2pm

**Wednesdays**

Coffee Morning –  
Silloth Nursing Home @ 10am  
Bingo – Silloth Social Club,  
Waver Street @ 7:30pm

**Thursdays**

Market –  
Criffel Street 10am to 4pm  
Whist Drive –  
Recreation Hall, Eden Street  
Playing Field @ 7:30pm

**Fridays**

Bingo –  
R.A.F.A. Club @ 7:30pm

**Saturdays**

Bingo – Silloth Social Club,  
Waver Street @ 7:30pm  
Music & Dancing –  
R.A.F.A. Club, evening

**Sundays**

Market –  
Criffel Street 10am to 4pm  
Market & Car Boot –  
Silloth Airfield 10am to 4pm  
RNLI – Exercise @ 10am  
Bingo – Bowling Club,  
Eden Street @ 7pm

**Useful Tel Numbers**

Chemist, Silloth: 016973 31394  
Crime Stoppers: 0800 555 111  
Dental Emergency: 01228 603620  
Dentist, Buchanan: 016973 31270  
Dentist, Steel: 016973 32042  
Doctor: 016973 31309  
Gas: 0800 111 999  
Hospital: 01228 523444  
Holm Cultram School, Mawbray:  
01900 881242  
Holme St. Cuthbert School  
Abbaytown: 016973 61261  
MP, Tony Cunningham:  
01900 65815  
Silloth Library: 016973 32195  
Police: 01900 602422  
Samaritans: 01228 544444  
Silloth Community School:  
016973 31234  
Silloth Nursery & Junior School:  
016973 31243  
Silloth Town Clerk: 016973 31128  
Silloth Tourist Information Centre:  
016973 31944  
Solway Buzz: 016973 32180  
Taxi: 016973 31508  
Vet: 016973 20242  
Water LeakLine: 0800 33 00 33

This section is for your convenience, so please, let us know what numbers you want included, also any errors we have made or changes to numbers.

**Silloth Medical Practice**

Open 8:30am to 6:30pm  
Tel. 016973 31309

Do not 'phone before 8:30am unless it is an emergency requiring a Doctor.

**Prescriptions:**

Please do not 'phone before 10:30am for prescriptions. Allow 48 hours for collection from the Chemist or 24 hours if collecting from the Surgery

The following can be dealt with by our nursing team:

*Blood pressure checks  
Holiday vaccinations  
Blood tests  
Sutures (stitches) removed  
Dressings*

There are also:

*Diabetic Clinics  
Asthma Clinics  
Cytology Clinics  
Hypertension Clinics  
Well Man / Well Woman checks*

**Want to stop smoking?**

Make an appointment to see Pat Williams to give you advice and support in stopping smoking.  
Tel. 016973 31309 / 31325.

**Young persons clinic**

Every Wednesday starting 2nd October 3.30pm - 4:30pm.  
General health and contraception service for under 20's.  
Confidential & Informal

**Parents**

Please note that we will not be encouraging young people to become sexually active and we will always advise them to talk to their parents. However if they are determined to take this action we need to give our young people the information to protect themselves from unwanted pregnancy and sexually transmitted diseases.

**Production Team**

Production & Treasurer:  
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**Editorial Content**

This is down to you, we can only publish items if you send them to us. When sending articles in, please supply a contact name and number in case something requires clarification. We will accept letters, faxes or emails, but we do prefer emails as we do not have a typist to type your articles out.

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**Wigton Register Office**

16<sup>th</sup> March 2003 marked the first anniversary of the Official Opening of the new Register Office by Mr. Bob Edgar, the then Chairman of Cumbria County Council.

In this year, Superintendent Registrar Karen Warwick, Registrar of Births, Deaths & Marriages Terry Lewis and Deputy Registrars Freda Parsons and Margaret Paddock have been very pleased with the favourable comments received from members of the public who have visited the office. Several clients have included retired Police Officers and former Court Officials, who have been amazed at the transformation of the old court room into a beautiful and tastefully decorated marriage room. The facility for registering births and deaths has also been greatly improved, having a separate entrance and waiting room from the marriage and historic certificate enquiries.

Since moving from the Council Offices at South End, the number of marriage ceremonies has increased steadily. However, the Registrars are finding that not everyone is aware that the Register Office is now

situated at the former Magistrates Court at Station Road and that such a good marriage facility now exists in Wigton.

The marriage room can seat over 50 people and has been totally refurbished to provide the perfect backdrop for that special day. The facility to play CDs is available, so couples can have their favourite piece of music to personalise their ceremony. The spaciousness of the marriage room makes it ideal for taking photographs of the bridal party, so there are no worries about the weather spoiling these precious reminders.

The office has parking on site and has disabled access and facilities, with all the rooms being on one level. The Solway area can now boast of having one of the best marriage rooms in the county and anyone contemplating marriage would be wise to check out the Register Office as a first step. Anyone who would like to visit the office to view the premises would be made very welcome. The office is open from 9:00am to 11:00am Monday, Tuesday, Thursday and Friday.

**Beaver Scouts**

Every Monday during term time in Silloth Community Centre from 5pm to 6pm.

**Football Training****Eden Street Playing Fields  
"the home of great football"**

Under 8's / Under 9's  
Thursdays 5:30pm–6:30pm  
Under 11's  
Tuesdays 5:30pm–6:30pm  
Under 14's  
Wednesdays 6:30pm–7:30pm  
Mens  
Tuesdays 6:45pm–8:15pm

**Abbaytown Men's Training**

Wigton Sports Hall  
Tuesdays 8pm to 9pm  
Transport: 016973 61344 / 61338

**Masthead Bee Winner**

**This month the winner is Tarran Vaillionis from Holm Cultram Abbey School with a bee called "Sid Stinger".**

**Her prize will be awarded at the school.**



Bizzy Bill & Buzzy Ben  
by Adam Story aged 5  
from Silloth Primary School