



Buzz Bee
by Leah Hewitson from Silloth Primary School

Solway Buzz

www.solwaybuzz.co.uk

August 2016

local news - for you - by you - about you - free to you - local news

FREE PAPER

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Silloth is Blooming

It's all hands to the pump as Silloth prepares for the Britain in Bloom judges to visit the town on 4th August. We did very well last year but we can do much better than that if everyone looks after their immediate neighbourhood.

Ladies from the Women's Institute in Silloth have been busy caring for the Discovery Centre garden on Petteril Street. They do this all year round of course, but a little extra effort is being put in at this important time.

The Silloth in Bloom committee sent forms to both households and businesses in Silloth asking for their support to make the town even more lovely and the response has been excellent. Never have so many flower tubs and baskets filled the streets with colour.

Youngsters from Solway Community Technology



College have had great fun bringing their planted pots to Christ Church to keep 'Shaun the Sheep' placards company. Young people helped produce Shaun the Sheep placards for the Tour of Britain in 2015.

Volunteers from Christ Church, who are supporting

the 'Silloth in Bloom' project, battled wind and rain on Friday 8th July to set up the placards with images of 'Shaun the Sheep' on the grass around Christ Church. Silloth's sheepee mascot was drawn in many different poses by John Dunn before the Tour of Britain leg,



Top left: Putting up the display in Christ Church grounds

Top right: WI ladies working in the Local Links garden

Bottom: Bob & Jim Bennett preparing the 77 tubs and baskets for delivery to Silloth businesses

which came through Silloth in 2015. The placards were masterfully coloured in by youngsters in Silloth, who added their own messages. A

few more illustrations of Shaun have been drawn for the 'In Bloom' bids, and the placards have been added to the others in the fold.

2016 Events

30th July
Abbeytown Carnival

14th August
Silloth-on-Solway Sportive

21st August
Fairies & Pirates

26th to 28th August
Solfest

29th August
Silloth Carnival

4th September
Food & Craft Fair

7th September
Childrens Free Film Show

8th to 11th September
Music & Beer Festival

22nd October
Silloth Bonfire



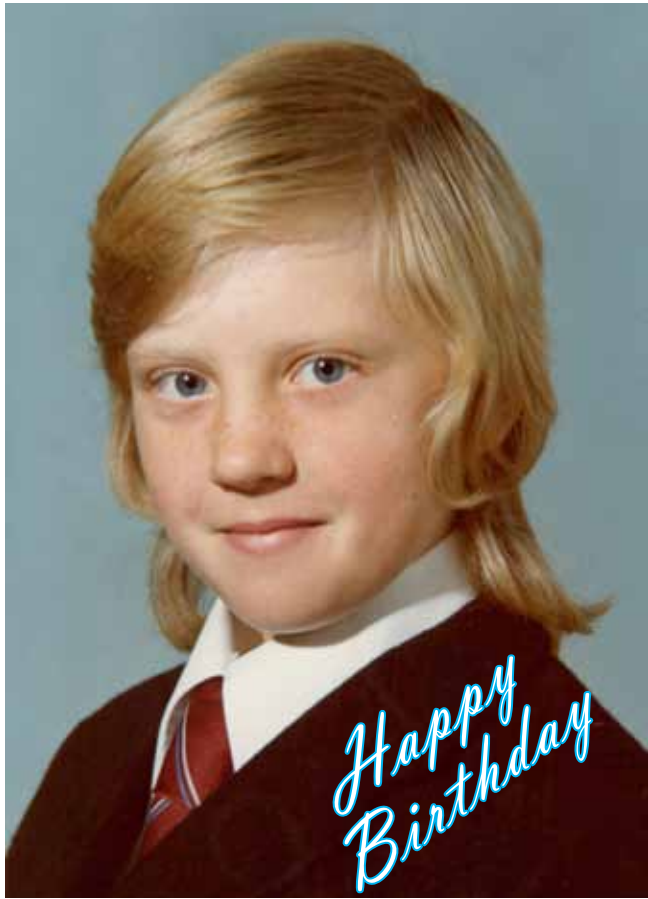
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Happy Birthday Regulators Donate £250 to RNLI



Do you recognise this pretty lass when she was just 10 years old? Well, she was fifty on the 17th June and is better known as the owner of Silloth Cafe and also No 17 Delicious, hasn't she done well.

Many Happy Returns to Alison Henderson from the whole town and especially from Mam, Dad and Thomas.



Lovely to see our Lincoln County Regulator friends in Silloth again for the Vintage Rally. They invaded the lifeboat station on the Sunday morning kindly donating £250 to the RNLI. It was really amusing to see the Cowboys and Outlaws having an ice cream on the seafront.

Maryport Crewman Rescued off Workington

Report by: Peter Inglis
RNLI Press Relations Officer

Workington RNLI all-weather lifeboat Sir John Fisher was launched at 16:20 on Sunday 17th July with Coxswain John Stobbert in charge and a crew of seven to rescue a crew member from the Maryport fishing boat Bruno about 1 mile off the coast from Workington.

The fisherman who had sustained a serious injury

when his hand became trapped in the anchor chain was given first aid by a volunteer member of the Workington RNLI crew, brought back safely to Workington in the lifeboat and transferred by ambulance to Carlisle Infirmary.

The wind farm service vessel Solway Challenger and Maryport Coastguard also attended the incident.

You are Invited to the Jelly Tots Birthday Party

Jelly Tots Nursery in Silloth are having an open day on Friday 5th August celebrating their fifth birthday.

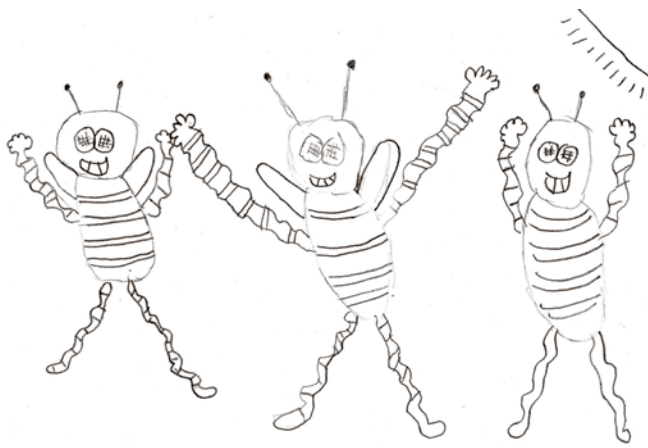
It is also the first year with funded two year olds. It will start at 1pm until 4pm and Jelly Tots would love to see you all there.

There will be face painting, refreshments and cake stall, balloon making

and a tombola stall.

Also from 2pm to 3pm there will be a mini beast adventure for children two years plus. This will last for an hour and will cost £5 per child which includes juice and a biscuit. There are only sixteen places available for this so booking is advisable.

Please come along and see what Jackie and the team have to offer



Dancing Bees
by Sean Cochrane
from Holm Cultram Abbey School

Fairies & Pirates Silloth Green Sun 21st August

11-4

Come along in your pirate and fairy wear or even just a flower in your hair. Take part in activities and witness sparkly things.

Fairy Doggy show

Do you have a dog who would secretly like to be a fairy?

Then why not join in with our doggy show taking place at Fairy & Pirate Day Silloth Green Sun 21st August at 1pm

It may sound barking mad but is sure to be FUN!
Hosted by Frejya Fairy
Entrants must be registered at 12.30pm
Please note: Dogs must be kept on a lead at all times.

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RNLI Minecraft Game

This summer, the Royal National Lifeboat Institution (RNLI) is launching year two of the charity's Beach Builder Challenge using the interactive video game, Minecraft, which allows children to create and build virtual worlds.

The Beach Builder Challenge, available to play from 1 August, has been created by the RNLI to teach children about beach and water safety at a time when many young people will be visiting the coast during school summer holidays.

New for this year, the RNLI has expanded the virtual world to include a Beach Island Adventure, which means as well as being able to create epic beaches, this year creative youngsters are also tasked with completing four levels in the Beach Island Adventure. The four levels are based on the charity's Stay SAFE acronym: Spot the dangers, Take Advice, Stay close to a Friend or family member, Learn what to do in an Emergency.

The RNLI's Community Safety Product Manager, Bridie Appleby-Gunnill says: 'This is a fun and interactive game for 7-14 year olds to play during the summer holidays. We really hope the challenges will help Minecraft users visiting the beach this summer put their newly acquired beach safety knowledge into reality, and have fun while staying SAFE.'



Last year's Beach Builder Challenge was a huge success with more than 8,000 children participating from all over the world, including Canada, Australia and the USA. It also proved successful in helping to reach a high number of children living in inland communities across the UK and Republic of Ireland.

Feedback from 2015 suggests the game is an excellent education platform particularly as results found that 97% of participants, after playing the game, knew to go to a lifeguarded beach; and there was a 20% increase in the number of children who knew to dial 999 and ask for the coastguard if they saw someone in trouble at the beach.

Bridie adds: 'We've created a fun, educational experience where a young person can engage and learn about water safety in a self-organised way and where academic ability does not limit learning. Research

suggests that children learn and retain more when they can organise their own learning. Last year's feedback has shown Minecraft to be a fantastic enabler in allowing this to happen.

'I'm really hopeful the results of this year's challenge will be just as encouraging. We'll be looking for participants to take part in research, to help us further develop ways to enable water safety learning in this age group.'

This year, children using different platforms will be able to talk to one another while taking part in the challenge, to register your child's involvement email gaming@rnli.org.uk.

The RNLI (in conjunction with ASA) runs an annual programme of outdoor swimming and water safety sessions for all 7-14 year olds at beaches and lakes across UK locations during the summer holidays. Participants of the RNLI's Beach Builder Challenge will be able to put their learning into practice by signing up to Swim Safe. To book your free Swim Safe session visit <https://swimsafe.rnli.org>.

Queen Visits Pennine View

Our Queen wrote a poem for the occasion.

Pennine View's Royal Party
by Joan Bennett

*I wish you all my loyal subjects a very good afternoon,
A warm welcome to my party, which will be starting soon,
No need to bow or curtsy, just doff your hat and smile,
I know that when we reach our age bending is a trial.*

*You all look very smart your hats so devine,
I'm pleased to see that none of you have tried to copy mine,
My Lady in waiting Lady Linda, arranged this treat for us,
She works so had with such aplomb, she never makes a fuss.*

*She has a special tea in store with treats galore you'll see,
Sandwiches, scones and fancy cakes and a lovely cup of tea,
They say that when we get older our appetite will fade,
Not in my experience just ask my ladies maid,*

*I understand there's a special drink that will be alcohol free,
Will some have a hidden bottle? We'll have to wait and see.
So sit back and enjoy yourselves don't let me see a frown,
These brand new shoes are killing me I really must sit down.*

They certainly know how to put on a party at Pennine View, and with Queen Joan attending they pulled out all the stops to make it something special.

Everyone dressed to kill and enjoyed themselves thoroughly.



Gaming Bee
by
Jenson Scott
from
Silloth Primary School



Police Bee
by
Kristan Scott
from
Silloth Primary School

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Ragnarock 3 was a Great Success



Hundreds of motorcyclists descended on Silloth Rugby Club for the third annual Viking themed rally. There were Viking battle re-enactments, a chance to try your hand at axe throwing or archery, numerous stalls and the most amazing collection of

lovingly built motorbikes you will ever see. They also had fancy dress competitions, silly games, fundraising for Cumbria Blood Bikes, lots of bands and a wonderful bar in the marquee.

If you missed it this year make sure you visit in 2017, you will be amazed!



New Massage Service

Gayle Warwick certified Massage Therapist would like to let everyone know that as well as offering a Mobile Massage visit to your home or workplace, she now offers Massage as well as many other Holistic Treatments in her treatment room at Silloth Community Hall.

These treatments

include: Elderly Massage, Hopi Candling, Reflexology, Pregnancy and Deep Tissue Massage. There is a 10% discount for senior citizens over 65 years.

To book your appointment or for more information contact Gayle on 07725 990062 or check out her website: www.Gaylesbodiesolutions.co.uk.

New Trustee Appointment at Local Charitable Trust

Joanne Thomlinson of Blennerhasset has been appointed as a new trustee to the board of a local trust.

The Joyce Wilkinson Trust was created by Joyce Wilkinson who died in 2005. Joyce lived in Westward, near Wigton. She enjoyed rural life and did much in her local community. On her death she left much of her estate to create an endowed charitable trust to support community activities in and around her home.

Joyce was a farmer's widow and her charitable trust fund, which amounted to £1.2 million when she died, was predominantly invested in farm properties and became the Joyce Wilkinson Charitable Trust. It is now valued at more than £3 million, partly due to the rise in farmland prices over the last 11 years.

Joanne Thomlinson was appointed by the three current trustees: Peter Armstrong, a farmer

from near Longtown, Tim Cartmell from Caldbeck and Bevan Osgood, also an accountant. Joanne is a qualified accountant and specialises in charity accounts at Dodd & Co. Like Tim, she lives in the area where the charity operates.

Bevan Osgood said: "She has the advantage of youth - we wanted someone slightly younger than me and a lot younger than the two other trustees, and she brings more local knowledge to the trustee team."

Joanne said: "I am delighted to be asked to join the board. I have helped with the charity for a while and I know how it helps in the local community."

At the trustees meeting earlier this month, just under £40,000 was awarded to community projects. Northern Fells Group, Aspatria Dreamscheme, Thursby Sports and Recreation Committee, Wigton Youth Station and Rosley Church were amongst those to receive a grant.

Grants are distributed from the fund twice a year and the Cumbria Community Foundation helps with the grant applications. For more information or to apply online, visit www.cumbriafoundation.org or contact Ellen Clements on 01900 825760 or ellen@cumbriafoundation.org

Apart from helping the Joyce Wilkinson charity, Joanne has been tirelessly campaigning to free her brother John Armstrong who is held in a jail in India

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innocent resident.

Protect Yourself. Be vigilant and check for any suspicious activity, tampering of your post/letterbox or for suspicious glue markings on the wall. Check all post received from financial institutions, even if it appears unsolicited. Consider reporting theft of mail to your local police force and any cases of identity fraud to Action Fraud.

If you have been a victim of identity fraud consider

Cifas Protection Registration (https://www.cifas.org.uk/protective_registration_form). If you, or anyone you know, has been affected by this fraud or any other scam, report it to Action Fraud by calling 0300 123 2040 or visiting www.actionfraud.police.uk.

ABBETOWN CARNIVAL

Saturday 30th July

Join in with the Family Fun Day

With Music and Entertainment from Eric Stanwix, free children's entertainment, bouncy castle, sports and much more!!

also Best dressed house in the whole village competition!

Registration 12.30pm at Holm Cultram Abbey School

Procession starts at 1.00pm



Holme Cultram Mothers Union

Day Trip to

Garrion Bridges Garden & Antique Centre & Silver Birch Garden Centre

On Saturday 15th October 2016

Leaving - Silloth, Community Centre at 8.00am
Abbeytown, Harrison's Store at 8.15am,
Wigton, St Mary's Church at 8.30am
(Times are approximate)

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Causewayhead WI

Report by: Pat Froggatt

On Wednesday 11th May Causewayhead WI held their monthly meeting at their new venue, The Community Centre, Silloth.

Members and guests were welcomed by President, Margaret Durham, and after singing 'Jerusalem' she introduced our speaker for the evening Olga Hetherington (one of our own members). Olga gave a talk and demonstration on 'The History of Costume'.

Olga began her talk by going back to the beginning when people began to wear clothes which she explained originated from the earliest times when man started to migrate from the hot countries to the colder north. The first type of clothing were animal furs which until tanning was invented were not very comfortable. From this period she explained the various stages of how clothing developed through the ages and particularly Roman times when she showed a picture of the earliest bikini worn by Roman women, and the toga and other items. In the Medieval era fashion became more popular and women demanded more spectacular dresses. This was achieved by dresses being applied by dressmakers who pinned these garments together so that they could be refashioned into a different style but using the same material - quite an eye opener. Particularly during

the 12th Century designs became more fitted with additional embellishments such as head dresses, shortened sleeves and also tightly laced to show off the figure.



During the French Revolution a simpler form of dress was adopted and for women a mop cap was also worn. For men shirts were first straight and then trends changed and they became full. The poorer classes wore much plainer styles - this

was a trend which went on throughout the ages. Only the rich could afford the finery. For many women the laced corsets caused many problems as they were pulled in so tight and in some cases death occurred.

Members of Causewayhead were on hand to demonstrate some of the designs. The whole evening was a delight and very informative.

A vote of thanks was given by The President, Margaret Durham.

General business followed after a short break for refreshments.

Competitions:
A Fridge Magnet
1st Pat Froggatt,
2nd Frances Jackson.
Flower
1st and 2nd Mona Kent.
Wild Flower
1st Jean Graham,
2nd Margaret Durham.
Raffle@ 1st Jean Graham,
2nd Phillipa Gregson (Bothel WI).

Well Done the Magnificent Eight



Group presentation Back row: Members of Silloth RNL lifeboat crew
Front L-R: Cait Patterson, Cara DeMello, Holly Forster, John Smith, Mark Bonomy, Beth Rowe, Sophie Flynn and Megan Wilson

Report by: Sue Kent, Silloth Press Officer

Silloth RNL lifeboat station launched an eight week course aimed at teenagers from Solway Community Technology College on 3rd May.

With an initial interest of four or five students it eventually turned into eight. After the first week of health and safety, a tour of the lifeboat station and the carrot of "It will get better we promise" we wondered if any would be back for week two. Much to our delight all eight students turned up for the second week and right through to the end of the course.

The group learned knots and lines, navigation, radio procedure, boat and tractor marshalling, launch and recovery of the lifeboat, safety procedures, life ring and line throwing and became fully qualified first aid practitioners gaining an 'Emergency First Aid at Work Certificate'.

The final week of the course saw a culmination of skills learned by the students come together as they successfully took control of launching and recovering the



lifeboat along with a demonstration of the skills learned in the eight weeks.

The eight apprehensive students from week one had turned into confident individuals working successfully as a team able to organise and control situations they never thought possible.

It has been an interesting and

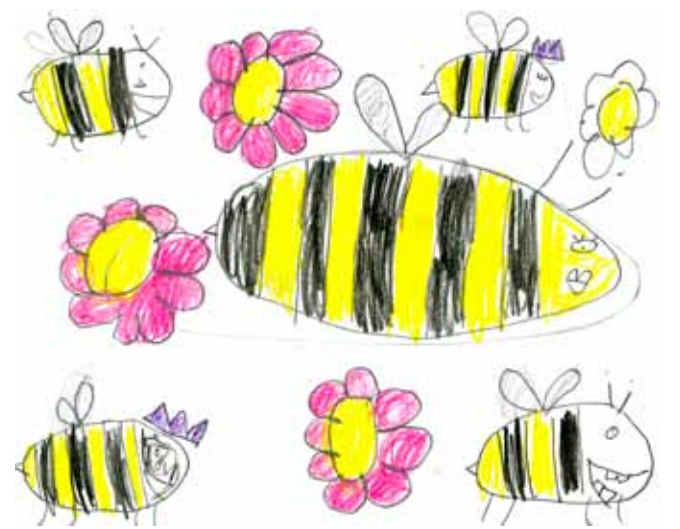
rewarding experience for all the volunteer lifeboat crew at Silloth RNL, and we must also say that these eight individuals are not only a credit to themselves but also to their school and town. Silloth lifeboat crew would like them to know that we are very proud of them all and sincerely hope that they will stay in touch.



Architect bees
by Willow Armstrong from Holm Cultram Abbey School



Queen bee
by Lily-Mae Parker
from Holm Cultram Abbey School



Flowery bees
by Sophie Crawford
from Holm Cultram Abbey School

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Winners of the Best Dressed 1940's Kids at the Queens 90th Party



Mum Corinne Carrick from Wigton said "their costumes are all hand made. I cut sleeves off old jumpers and their gas mask boxes are old boxes covered in coffee stained wallpaper lining paper! The car is my dads (Harry Wilson) vintage MG Y Type saloon which was entered into the vintage car rally. The kids are Ethan Carrick age 5, Zac Carrick age 4 and Logan Carrick age 2. Didn't they do well, they deserved to win.

Station Sign in America



Report by: Colin Baty

This sign is in McCormick-Stillman Railroad Park in Scottsdale, Arizona where it was spotted by Keith Martindale who told Colin about it. Colin then emailed the museum to find out a bit more about how the sign got all the way from Silloth to Arizona

Sam Gruber from the museum said "I can speak that the acquisition of the Silloth Station sign was a rather inauspicious one. There was a local restaurant that was railroad themed that had originally acquired the sign (how I am not sure as I have not received any response from my personal inquiries). Once the restaurant went out of business they donated the sign to our park and we found a place for it inside our historical museum".

So now you know!

Fundraising Fun at West Cumbria Carers!

Monday 6th June marked the start of Carers Week, a week of national campaigning and fund raising which aims to raise the profile of Britain's seven million unpaid carers (over 18,000 live in Allerdale and Copeland).

The theme of the week was "Building Carer Friendly Communities" and West Cumbria Carers arranged a series of events aimed at drawing attention to just how important the role of a carer is.

Local support helped make it a huge success, and to date they have raised nearly £3,400 to provide essential support to both adult and young carers based here in West Cumbria...here's how...

Cupcakes4Carers

On Tuesday and Wednesday two cupcake events were held, one at their offices in Cockermouth and one at the Cornerstone Bookshop in Whitehaven. Both events were well attended with many cupcakes and cuppa's consumed.

Many local carers, colleagues and businesses got involved in the campaign online by sharing their 'cokies' - you can see all the pictures on our website at <https://www.westcumbriacarers.co.uk/events-gallery/2016/>



westcumbriacarers.co.uk/events-gallery/2016/

Cupcake mayhem was also supported by events at West Cumberland Hospitals Yewdale Ward, staff at LLW Repository Ltd, Derwent Patchworks and St Begh's School at Whitehaven.

Going the XtraMile4Carers

Finally, on Friday a team of West Cumbria Carers staff and volunteers walked from Millom to Port Carlisle, in stages, along the Cumbria Coastal Way.

Eleven teams of walkers took part (three of which were joined by some very energetic canine companions), each team

walking a stretch of around ten miles.

Six of the teams worked their way south from Port Carlisle to Whitehaven and the other five travelled north from Millom to Whitehaven.

At the end of the day all walkers and support staff met up at Whitehaven to enjoy a well-deserved rest and some refreshments - a wonderful way to end the week!

West Cumbria Carers would like to thank all staff, volunteers, carers and businesses who supported us during the week...it was, once again, HUGELY successful week.

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CHARITY NIGHT
 Saturday 19th November 2016
 Stanwix Park / 8pm
 Ruby's Runawayz / The Wanderer's

£6.00pp
 £7.00pp on the door.
 Tickets available from Stanwix Park reception, Winters Newsagents & Mick Satterthwaite.

Charity Night Finale!
 Stanwix Park, Silloth, 8pm - late.
 Ruby's Runawayz, The Wanderer's & 50s, 60s, 70s & Rockabilly
 Disco! All money raised will be donated to local charities, groups & organisations.

For further details contact Mick Satterthwaite: 016973 32682 / 07740771622 / MickS1465@gmail.com

Stanwix Park Staff Help Christ Church



Report by: Lawrence Marshall

A huge thank you to the people who have assisted in improving Christ-church grounds for the Silloth in Bloom competition.

Stanwix Park offered to clear the deep roots in one area of Christ-church grounds with their diggers and other equipment. The large digger operated by Allan Sloan took out the roots easily. Allan assisted by groundsman David Hardcastle cleared the roots away and after filling in with top soil they sowed grass seeds. We are very grateful



to Roland Stanwix for this assistance. Christina Stevens is assisting with advice and supply of flowers in the church grounds which is a big

help. We also wish to thank Ann and Ken Winter for work they do for the church.

Don't Miss the Last One!

Over the last 20 years Mick Satterthwaite has organised various charity nights, raising in the excess of £25,000 for charity. This has only been possible with the support of local people in Silloth and the surrounding areas.

Mick has decided to arrange one last Charity Night Finale, and then bow out. So this time he has managed to book two live bands plus a disco. This event will be held on Saturday 19th November 2016, at Stanwix Holiday Park, Silloth with an 8pm start.

The bands Mick has been able to get for this charity night are the very popular Ruby's Runawayz from Carlisle and The Wanderer's from Newcastle. A good variation of music from 50's / 60's / 70's and Rockabilly will be played. There will also be a disco with the ever popular Andy Johnstone.

Tickets prices are £6 in advance or £7 on the door. These will be available from Stanwix Holiday Park, Winters Newsagents and Mick himself.

Mick has decided this

time, rather than the money raised going to one charity, Mick is going to split it up into various charities within Silloth and the surrounding areas. If you are a charity, group or organisation who would like to be considered for a share of this money, please send Mick an email telling him about your group or organisation and what you would use the money for.

Mick would like to take this opportunity to thank everybody who has supported and helped him over the years. All those businesses and people that have donated raffle prizes. Also Jimmy Slater and Rue & the Rockets, also the DJ's who have helped make these charity nights a success. Mick would also like to thank the management at Stanwix Park, also the Solway Buzz for all their help and advertising.

If anyone would like to donate a raffle prize or would like further information please contact Mick Satterthwaite on Tel 016973 32682 or 07740 771622 or email micks1465@gmail.com.

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Action Fraud is not an emergency service dial 999 if you are in immediate danger.

Phone Upgrade Fraud

Fraudsters are impersonating telephone service providers and contacting their clients offering a phone upgrade on a low monthly payment contract. The fraudsters will glean all your personal and financial details which will then be used to contact the genuine phone provider and order a new mobile phone handset. The fraudsters will either intercept the delivery before it reaches the victim's address or order the handset to a different address.

Protect yourself
 Never provide your personal information

to a third party from an unsolicited communication.

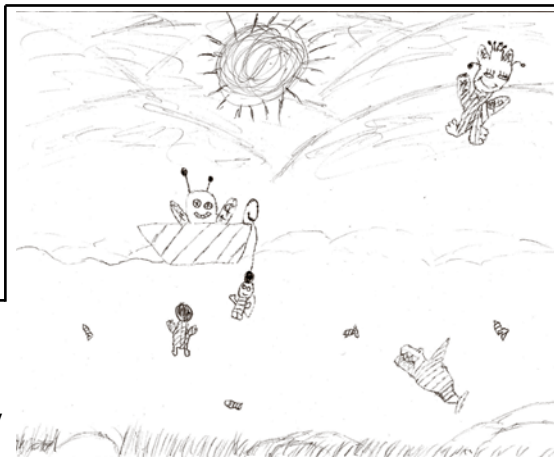
Obtain the genuine number of the organisation being represented and verify the legitimacy of the communication.

If the offer is too good to be true it probably is.

If you have

provided personal information and you are concerned that your identity may be compromised consider Cifas Protection Registration.

If you have been a victim of fraud report it to Action Fraud on 0300 123 2040 or <http://www.actionfraud.police.uk/>



Underwater Bee
 by Fin Rabia
 from
 Holm Cultram Abbey School

Where Have All the Children Gone!



Andrener Sprott celebrating her birthday

SILLOTH CAFE

Traditional Fish & Chips

Sit-In or Take-Away
 Special Wheat Intolerance Gluten Free Option
Pensioners Meal Deal: Monday – Friday
 Closed Wednesdays
 Station Road, Silloth, Tel: 016973 31319

THE CHARITY SHOP

(Good Causes, Silloth) Eden Valley Hospice
 1 Queen's Court Marie Curie Cancer Care
 Criffel Street Silloth North Lakeland Hospice at Home
 Tel: 016973 31696 Macmillan Cancer Support
 Contact: Denise Poland on 07736 386093
 Closed Mondays Please help us to help them

The Lowther

Village Pub and Dining

Quality, home cooked food using the freshest local ingredients served Wednesday to Saturday 6–9pm, and Sundays 12–8pm. Closed Tuesday's
 Charity Quiz & Pizza deal every Monday
 Tapas Nights first Friday of every month booking advisable

The Lowther, Mawbray, Maryport, CA15 6QT
 Tel: 01900 881750 www.mawbraypub.co.uk

HAIR SHE GOES

mobile hairdressing
 straight to your door:
 -cutting
 -colouring
 -perming
 -hair ups for special occasions!



TEL: 07857989358

WINTERS

POST OFFICE

Personal Banking
 Cash Withdrawals
 Yankee Candles
 Greetings Cards

Eden Street,
 Silloth-on-Solway
 Shop: 016973 31323
 PO: 016973 32957



Scott the Rugby Bee
 by Jemma Wilson
 from Holm Cultram Abbey School

Solway Community School Prom Night Held in the Dunes Nightclub, Stanwix Park



**Order
Photos from Peter
on 016973 32180**

Dates for the Diary

Copy Date ➔

Copy date for the September issue is: 1st August 2016

If your organisation has an event to promote or you have something to say, please note the next copy date.

Please let us know of any changes within this section

Doors Open Lunch

'Our Doors Open' meets in St Andrews Church every Tuesday from noon to 1pm for a light lunch with good fellowship for a donation only.

First Responders

Silloth Community First Responders train on the first and third Tuesday of every month in Silloth Community Centre at 7pm.

NatWest Mobile

The NatWest mobile van will be outside Silloth Community Centre on Mondays from 1pm to 2:15pm and Fridays from 9:45am to 11:30am.

Blencogo Art Group

Every Monday from 1:30-4:30pm in Blencogo Village Hall where members help each other. Refreshments provided, regular outings, tel 016973 61158 or 61327

Bridge Group

Meet on Wednesday evenings from 7 till 9pm, at the Golf Club to play Duplicate. Information from mike.md@btinternet.com.

Slimming World

Saturday Slimming World group in Silloth Primary School at 9am then the second group at 11am Tuesday Slimming World group at Silloth Primary School at 7pm Tel Denise on 07799 708465.

Christ Church

For Christ Church baptisms and other church related business please contact: Rev Bryan Rothwell The Vicarage, Wigton Road Tel: 016973 31413

Civic Amenity Sites

Operated by Cumbria County Council. Tel: 01228 606060 Maryport Tip, tel 01900 66922 open daily 8am to 6pm Wigton Tip, tel 016973 45617 open Tuesday, Thursday, Saturday & Sunday, 8am to 6pm

Abbeytown Library

Abbeytown mobile library will stop outside the Wheatshaf Inn at 1pm for an hour every Monday

Production Team

Proprietor: Peter McRobert Barn Cottage Skinburness, CA7 4RA Tel: 016973 32180 Email: office@solwaybuzz.co.uk

Editorial Content This is down to you, we can only publish items if you send them to us. When sending articles in, please supply a contact name and number in case something requires clarification. Published by: Peter McRobert with the support of the whole community and an army of volunteers.

Football Training

Silloth Football Club

Silloth Sports Hall
Juniors (Mini Gulls 4-7 years) Sundays at 10:30 to 11:30am
Men's Team
Tuesdays 6:30pm to 8pm
Thursdays 6:30pm to 8pm
Open to boys and girls. Membership forms available from all coaches.

Secretary: Stephen Hart 32706

Abbeytown Girls
Abbeytown Sports Field
Wednesdays 4-5pm

Crafting Group

Interested in crafting? come along to Silloth Crafting Group on Wednesdays from 1:30 to 3:30pm at St Andrews Church Hall.

We are a well established group, friendly people with a variety of crafting talents-willing to share their knowledge. Enjoy the chat and learn from the other crafters, or just sit and chat.

Wednesday Bunch

Silloth Evangelical Free Church, Eden Street Wednesday Bunch. at 5pm every Wednesday, (except in school holidays) Fun, bible stories, quizzes, craft, games for 5-11s

Kickboxing Club

The Kickboxing Club is held in Christ Church Hall every Thursday night from 6:30pm to 7:30pm. All welcome. www.solwaykickboxing.webeden.co.uk

Ladies Fellowship

Silloth Evangelical Free Church, Eden Street Ladies Fellowship is on alternate Thursdays at 1:45pm. Warm fellowship, refreshments, and good speakers. All welcome

Breast-feeding Group

Mondays 10am to 11:30am Wigton Bowling Club, West Road, Wigton
Have a cup of tea and meet other breast-feeding mums. Support and advice is available from trained Breast-feeding Peer Supporters and from Health Visitors or Midwives. For more information call Wigton Health Visitors: 016973 66608

Arthritis Support

Wigton Area Arthritis Support Group meet on 1st Friday each month at West Street Bowling Club, Wigton @ 1pm to 3pm, details from Gladys 016973 43964

Martial Arts

Silloth Dragons
Mixed Martial Arts Club
train in Christ Church Hall on Thursdays
under 12's 6:45pm to 7:30pm
12's & over 7:30pm to 8:30pm
NEW MEMBERS WELCOME
For further details contact Stephen on 07811 761033

July

29th Litter Picking Event meet at car park opposite Bank Mill Nurseries at 10:30am for a 2 hour beach clean, 016973 33055

29th Free Legal Advice in St Andrews Hall, Solway Street, 10am to 4pm from Butterworths, see advert

29th Allonby Art Exhibition in Village Hall from 4pm to 8pm, admission £1

30th Abbeytown Carnival

30th Allonby Art Exhibition in Village Hall from 10am to 8pm, admission £1

31st Allonby Art Exhibition in Village Hall from 10am to 4pm, admission £1

31st RNLI Garden Open at Lilac Cottage, Blitterlees £5 entry inc refreshments, 2-4pm

August

1st Allonby Art Exhibition in Village Hall from 10am to 8pm, admission £1

3rd Parkinson's Solway Group meeting in Wheyrigg Hall Hotel at 11:15am, for lunch and a natter, Lunch at 12:15pm, Tel 016973 52527

5th Jelly Tots Nursery Open Day from 1pm to 4pm

6th Art Exhibition by Solway Plain Artists in the Golf Hotel from 10am to 4pm

9th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

9th Holme Low Parish Council meeting in Silloth Community Hall at 7:30pm

13th Crunch Service at Skinburness Road Car Park from 8am to 9:45am

13th Family Fun Day in aid of Silloth Carnival at Silloth Rugby Club

14th Allonby Charity Ploughing Match for info Tel: 07732 619819

14th Silloth-on-Solway Cycle Sportive at 11am. Enter at: https://www.britishcycling.org.uk/events/details/143182/Silloth-on-Solway-Sportive

16th U3A meeting at All Hallows Community Centre in Fletcherertown. Tel 016973 49943

Wigton Cancer Support

Open to anyone who has/is living with cancer or anyone caring for someone with cancer. Feel free to drop in for a chat and refreshments any time between 2pm and 5pm on the second Wednesday of each month, at Wigton Bowling Club. For further information please contact: Gill Edmondson Tel: 016973 71696 Carole Storey T: 016973 44410

Tourist Information & Library

Opening Times

Monday 10-1pm 2-5pm
Tuesday CLOSED
Wed 10-1pm 2-5pm
Thursday CLOSED
Friday 10-1pm 2-5pm
Saturday 10-1pm
Easter Sunday 27th March 10am to 1pm
Tel: 016973 31944

Local Links desk closes at 4pm

August cont'd

21st Faeries & Pirates on Silloth Green 11am to 4pm

23rd Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

24th Police Desk in the Local Links at the Library from 2pm to 4pm, drop-in for a chat

26th Solfest
www.solfest.org.uk

26th Free Legal Advice in St Andrews Hall, Solway Street, 10am to 4pm from Butterworths, see advert

27th Solfest
www.solfest.org.uk

27th Strawberry Cream Tea in St Andrews Church Hall from 2pm to 4pm

28th Solfest
www.solfest.org.uk

29th Litter Picking Event meet at Mawbray Banks car park at 10:30am for a 2 hour beach clean, 016973 33055

29th Silloth Carnival

September

3rd RAFA Leek Show

3rd Coffee Morning in the Recreation Hall at 10am to noon with Silloth & District Pensioners

3rd Blencogo & District Village Hall Produce Show. Tel: 07538 027936 or 016973 61051

4th Silloth Food & Craft Fair in the Marquee from 9am to 5pm

4th Silloth Community Craft Show in Christ Church Hall from noon to 4pm

5th Silloth Town Council meeting in Silloth Community Hall at 7pm

6th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

7th Parkinson's Solway Group meeting in Wheyrigg Hall Hotel at 11:15am, speaker Jimmy on Wood Turning, Lunch at 12:15pm, Tel 016973 52527

7th Kids Free Film Show in the Marquee from 6pm

8th Silloth Music & Beer Festival on the Green

September cont'd

9th Silloth Music & Beer Festival on the Green

10th Crunch Service at Skinburness Road Car Park from 8am to 9:45am

10th Silloth Music & Beer Festival on the Green

11th Silloth Music & Beer Festival on the Green

14th Causewayhead WI meeting in Community Hall at 7:15pm

20th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

20th U3A meeting at All Hallows Community Centre in Fletcherertown. Tel 016973 49943

24th Laurel & Hardy Film Night in St Andrews Church Hall from 7pm to 9:30pm

30th Free Legal Advice in St Andrews Hall, Solway Street, 10am to 4pm from Butterworths, see advert

October

1st Coffee Morning in the Recreation Hall at 10am to noon with Silloth & District Pensioners

3rd Silloth Town Council meeting in Silloth Community Hall at 7pm

4th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

4th Wigton Theatre presents It All Started in Vegas by Owen Lightburn

5th Parkinson's Solway Group meeting in Wheyrigg Hall Hotel at 11:15am, speaker Susan Allison on Golden Oldies, Lunch at 12:15pm, Tel 016973 52527

5th Wigton Theatre presents It All Started in Vegas by Owen Lightburn

6th Wigton Theatre presents It All Started in Vegas by Owen Lightburn

7th Wigton Theatre presents It All Started in Vegas by Owen Lightburn

8th Crunch Service at Skinburness Road Car Park from 8am to 9:45am

12th Causewayhead WI meeting in Community Hall at 7:15pm

15th Mothers Union Day Trip - see advert

18th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

October cont'd

16th U3A meeting at All Hallows Community Centre in Fletcherertown. Tel 016973 49943

22nd Silloth Bonfire

27th Strawberry Cream Tea in St Andrews Church Hall from 2pm to 4pm

28th Free Legal Advice in St Andrews Hall, Solway Street, 10am to 4pm from Butterworths, see advert

November

1st Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

2nd Parkinson's Solway Group meeting in Wheyrigg Hall Hotel at 11:15am, speaker Anne Manger on Nepal Project, Lunch at 12:15pm, Tel 016973 52527

5th Bonfire Coffee Morning in St Andrews Church Hall from 10pm to 12 noon

5th Coffee Morning in the Recreation Hall at 10am to noon with Silloth & District Pensioners

7th Silloth Town Council meeting in Silloth Community Hall at 7pm

8th Holme Low Parish Council meeting in Silloth Community Hall at 7:30pm

10th Causewayhead WI meeting in Community Hall at 2pm

12th Crunch Service at Skinburness Road Car Park from 8am to 9:45am

15th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

15th U3A meeting at All Hallows Community Centre in Fletcherertown. Tel 016973 49943

19th Bazaar/Santas Grotto in St Andrews Church Hall from 10pm to 12 noon

19th Charity Night Finale in Stanwix Park from 8pm with Ruby's Runaways/The Wanderers, see advert

25th Free Legal Advice in St Andrews Hall, Solway Street, 10am to 4pm from Butterworths, see advert

26th Bazaar/Santas Grotto in St Andrews Church Hall from 10pm to 12 noon



Do you have an event in the area bounded by Abbeytown, Mawbray, Silloth, Skinburness, if so please let us know.

Errors do occur in Dates for the Diary Please check before attending an event

RNLI Shop

SILLOTH LIFEBOAT STATION SHOP OPENING HOURS

Monday 1pm - 4pm
Tuesday 11am - 4pm
Wednesday 11am - 4pm
Thursday 1pm - 4pm
Friday Closed
Saturday 11am - 4pm
Sunday 11am - 4pm

Our shop is entirely staffed by volunteers and may not be open at the advertised times - we do apologise for any inconvenience this may cause.

Silloth Tots/Toddlers

Silloth Tots & Toddlers meet in the Children's Centre, Silloth and is open to all children aged from 0 to 4 accompanied by a parent/carer. Sessions are on Wednesdays: 10pm to 11:30am term time only. Entry is £1 per family and this includes refreshments All Welcome Call in for a friendly chat

Children's Centre

Opening hours are 9am to 3pm on a Tuesday and Thursday, when a member of staff would hope to be present. Other Room usage is subject to fulfilling certain criteria and must be arranged and pre booked.
Contact numbers:
Silloth 016973 31509
Wigton 016973 43870
Aspatria 016973 23401

Your Letters

Dear Buzz,

I would like to say thank you to all the people that kindly sponsored me when I did a three mile walk for Age UK West Cumbria. We walked along the cycle path at Allonby, the weather was lovely and everyone had a fun afternoon. I'm not sure what the total amount raised was but I managed to raise £131, so thank you once again.

Joan Bennett

New Appointment



David Allen Financial Services are delighted to announce that Tami Barton has joined the team.

Tami is a CeMap qualified and experienced Mortgage Adviser with more than fifteen years experience in providing mortgage and protection advice. During her career to date she has gained invaluable experience working for a local Building Society and most recently for HSBC where she looked after a portfolio of clients across the county.

Tami joins the team to support the growth of the business and with her wealth of experience she will deliver an outstanding service experience to clients that is rarely seen in the sector. To benefit from a fresh approach to your finances and your FREE mortgage review contact Tami on 01228 711888.



Inheritance Fraud

Inheritance fraud usually occurs when you are told that someone very rich has died and you are in line to receive a huge inheritance. A fraudster who claims to be a Business Relations Manager from an overseas bank or legal official contacts you through email or a letter stating that a person sharing your family name has died and left behind a vast amount of money. The fraudster suggests that as you share the same family name as the deceased, you can be the beneficiary of the estate and rather than handing any 'Inheritance Tax' over to the government you can split the inheritance with the fraudster.

The fraudster will emphasise the need for secrecy and warn you not to tell anyone else about the deal. To hurry you into making a hasty decision, they will also stress the need to act quickly.

If you respond to the fraudster, they will ask you to pay various fees – for example: taxes, legal fees, banking fees etc. – so they can release your non-existent inheritance. Each time you make a payment, the fraudsters will come up with a reason why the inheritance cannot be paid out unless you make another payment. If you ask, they will also give you reasons why the fees cannot be taken from your inheritance and have to be paid up front.

If you become reluctant to pay a fee or suggest you cannot afford it, the fraudsters will put pressure on you by reminding you how close you are to receiving a sum of money much greater than the fees you've already handed over, and of how much you've already paid out. The fraudsters may also ask for your bank details so they can pay the inheritance directly into your bank account. If you hand over your bank details, the fraudsters can use

them to empty your account.

You could be a victim of inheritance fraud if:

You've received an email or letter informing you that someone you may be related to has died without leaving a will and you may be in line to inherit.

You've paid fees to 'research specialists' who offer to sell you an estate report that includes information on the inheritance and how you can claim it.

What should you do if you're a victim of inheritance fraud?

End all further contact with the fraudsters. Don't send them any more money. Don't give them your bank details.

If you have already given the fraudsters your bank account details, alert your bank immediately.

If you receive any threats from the fraudsters once you have stopped co-operating with them, alert the police immediately.

Be aware that you're now likely to be a target for other frauds. Fraudsters often share details about people they have successfully targeted or approached, using different identities to commit further frauds. People who have already fallen victim to fraudsters are particularly vulnerable to the fraud recovery fraud. This is when fraudsters contact people who've already lost money through fraud and claim to be law enforcement officers or lawyers. They'll advise the victim that they can help them recover their lost money – but request a fee.

Protect yourself against inheritance fraud

Although there are legitimate companies who make a living by tracking down heirs, they do not do it in this way. If you are asked for a fee for a report, it is very likely to be bogus.

Letters/documents provided by the fraudsters

Poems

The Village Hall
by Joan Bennett

*The Villagers got me second hand in nineteen fifty one,
I've stood in Mawbray ever since, in rain, snow, or sun,
I started life as a simpleton, a prefabricated shed,
I'm smarter now, modernised, I'm now streets ahead.*

*Many things have been added, to my sad empty shell,
A nice big stage, with curtains, I'm starting to look swell,
A powder room for the ladies, a toilet for the gents,
A store room and a kitchen, I'm getting compliments.*

*What is most important, are the people that I host,
It's impossible to say, which of these, I like the most,
The children in the playgroup, folk in the pantomime,
The bowlers or the dancers, they all have a good time.*

*I've hosted balls and concerts, all are entertained,
Dog lovers bring their pooches, they come to be trained,
A medieval banquet, last Christmas I did host,
I hope that other Village halls have these things to boast.*

The Lady on the Blue Trike
by Penny Stimson

*Boadicea rides again
I saw her yesterday,
In full flight she passed me
As she went along her way.*

*The chariot a three wheeled trike
The horse it was her dog
Her war cry was just like a scream
As through our streets she slogged.*

*The dog he was in full flight
As the trike he pulled along
The pedals went around so fast
Her feet could not hold on.*

*But she did look magnificent
And regal as she flew
I stood and looked in wonderment
At what that dog could do.*



Zombie Bee
by
Conner McGurk
from
Silloth Primary School



are generally badly written. Look out for spelling mistakes and poor grammar.

Beware if you are asked to contact a webmail address such as @Yahoo or @Hotmail. As a rule, legitimate law firms do not use them.

As in most cases of fraud, if the promise seems too good to be true, it most probably is.

If you have been affected by this fraud or any other scam, report it to Action Fraud by calling 0300 123 2040 or visiting www.actionfraud.police.uk

TECH
by Mrs Jennifer Bailey

*My 'phone won't "send" and it won't ring,
Computer's decided to do it's own thing,
Laptop and tablet gave up the ghost
I'm at my wits end, unable to "post".*

*None of my friends know of my doings,
My Facebook activity all lays in ruins,
I'm in isolation, cut off, out of touch
My mind's in a turmoil, it's all just too much.*

*A thought has occurred though
It may just get better,
I could use pen and paper
And then WRITE A LETTER!!*

Solway Arts Exhibition

August 20th - 29th
11am - 4pm

Fletchertown
Community Centre CA7 1BS

Watercolours	Ceramics
Pastels	Linocuts
Oils	Woodturning
Acrylics	Textiles
Sculpture	Quilting
Photography	Jewellery

Tearoom with home-made cakes
and light snacks
Free Entrance!

Masthead Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered Polo Shirt to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher. So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Send them in to the address on page 10 and a quality Solway Buzz embroidered Polo Shirt from Carlisle Embroidery could be yours.

You don't have to be at school here to send a bee to us. If you are here on holiday we would love to receive your bee drawing. Pick up a form from Silloth Tourist Information and return it there or send it to the Buzz, our address on page 10.

This month the winner is Leah Hewitson from Silloth Primary School with a bee drawing called "Buzz Bee".

Well done!



Silloth Local Link
Library &
Tourist Information

Opening Times

Monday 10-1pm 2-4pm
(Library Open Until 5pm)
Tuesday CLOSED
Wed 10-1pm 2-4pm
(Library Open Until 5pm)
Thursday CLOSED
Friday 10-1pm 2-4pm
(Library Open Until 5pm)
Saturday 10-1pm

Tel: 016973 31944

Non-Commercial Tourism Websites

solwaybuzz.co.uk
sillothgreen.co.uk
sillothonsolway.co.uk
sillothgolfclub.co.uk
vintagerally.co.uk
sillothbeerfestival.co.uk
silloth-on-solway-tc.gov.uk
visitcumbria.com/wc/silloth
soldiersinsilloth.co.uk
solwayplain.co.uk/silloth1.htm
facebook.com/sillothgreen
facebook.com/silloth-carnival

Any other suggestions of sites useful for our visitors, please send them to the Buzz at: office@solwaybuzz.co.uk

Local Tradesmen and Services

Administration

The Bookkeeper
Bookkeeping, Payroll, VAT, Administration and Self Assessment Returns
Angela Ellwood MICB
Tel: 07919 121575
angela.ellwood@yahoo.co.uk

Aerial Services

Beacon Aerial Services, Wigton

Tel. 07941 370669

- TV Aerials
- Satellite systems
- Home Cinema
- High Definition Distribution
- CCTV
- Audio and PA Systems
- Computer Networking
- Cabling and Wi Fi

Caravan Repairs

J. SCOTT GAS SERVICES

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 - Re-Sealing
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 - Interior Repairs
 - Chassis Repairs
 - Damp Repairs
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07823 440813

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QUALITY EVERYTIME

Decorators

MIKE JONES
Painter & Decorator
Call now for a free quote
Facebook:
Mike Jones painter and decorator
E: mikedecorator53@gmail.com
T: **07842 355486**
57 Waver Street, Silloth



Peter Farrier
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Mob: 07900 914484
Email: pelisethan@sky.com
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54 Esk Street
Silloth, t: 016973 32208

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Tel 016973 31163
Mob 07553 468819

Firewood

Seasoned Firewood Logs

DELIVERY AVAILABLE

Tel: Ashley Sharp
016973 31495
07762 772208



Gardening

Allen Armstrong
Garden Services
Grass & Hedge Cutting
Pruning & Tree Surgery
General Maintenance
Tel: 07768 496313

Callum Findlay

Garden & Paddock Services

Grass & Hedge Cutting
General Maintenance
Garden Fencing
Flail Mowing / Topping
Wood Chipping
Pressure Washing
Tel: 07765 314597
Silloth



South End

Garden Services

Wigton

Grass Cutting
Pressure Washing
Rubbish Removals
General Tidy-ups
all jobs considered
Contact Paul
07704 038214



Holistic Therapies

Gayle's
Body Solutions
MASSAGE
Relax & Unwind
Mobile Massage Therapy to your home or visit me in my treatment room at Silloth Community Hall; including Pregnancy, Elderly, Holistic Swedish, Reflexology, Hopi Ear Candling, Deep Tissue Massage.
10% discount for over 65 years
Gift Vouchers available.
Contact Gayle: 07725 990062
Facebook profile:
Gayle's Body Solutions Massage



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07759 783823

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016973 61256 or
0785 754 7783

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Movers

MAN with a VAN



Evening & Weekend collections and deliveries

Tel Eric Stanwix, Silloth:
07736 774 788

Window Cleaners

Abbey Cleaning Services
Call Ryan on 016973 61162 or 07732 270844 working throughout Abbeytown, Silloth & surrounding areas



Plant Hire

DIGGERS For HIRE



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Ideal for little jobs. Driveways and around the Garden.

JCB 86-C1
Suitable for housing sites, ideal around the Farm.

JCB JS 220LC
The big jobs, Stripping ground, Demolition, Crushing, etc.

Tel Eric Stanwix, Silloth:
07736 774 788

also available to Drive
Freelance on other Diggers
CPCS 360 above and below
Ten ton CSCS Card
Blue Card Holder

Advertise
in the
Tradesmens
Section

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Maryport: 01900 813517
Whitehaven: 01946 313103
Mobile: 07518 454396

www.allerdaleandedenroofingservices.co.uk

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All work fully guaranteed
Free estimates & advice
for a fast & friendly service
call Jim on 07444 346570 or 01228 812622

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No job too big or small
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On the Water Front



Photographs courtesy of www.solwayshipping.com

Report by: Captain Slog Shipping June 2016
 2nd. Wilson Brugge from Antwerp with part cargo fertilizer, then part cargo to Ayr.
 13th. Sandettie from Ghent with fertilizer, then in ballast to sea for orders.
 14th. Wilson Bremen from Klaipeda with fertilizer, then in ballast to sea for orders.
 15th. Michaela Rose from Castletown IoM, disembark passengers, then to Liverpool.
 17th. Priwall from Ayr with part cargo fertilizer, then in ballast to Belfast.

Visiting Super-Yacht Michaela Rose

On Wednesday 15th June and for just 24 hours, the port received an unusual and very 'up-market' visitor, the chartered motor yacht 'Michaela Rose'.

This beautiful 30 year old vessel regularly visits the ABP port and yacht haven of Troon, located on the scenic Clyde estuary, allowing its well-heeled passengers to enjoy the views and excellent golf courses in the area. Following a visit to Troon earlier in June this year, the vessel was planned to proceed to and sail up the Manchester Ship Canal where the American passengers would disembark at Salford Quays and fly home from Manchester Airport.

Unusually, and due to a problem with one of the

bridges over the canal, this transit was not possible and so the vessels captain was looking for an alternative port. The ABP Harbour Master of Ayr and Troon contacted Silloth's Deputy Harbour Master, Ian MacPherson to ask if the vessel could call here - and Ian had no hesitation in saying yes. With our close location to Hadrian's Wall, the City of Carlisle, the Lake District National Park and Silloth's own charm and excellent golf course, it seemed an attractive option for the American passengers, who could also easily reach Manchester Airport from here. The passengers all

agreed and chose to visit Hadrian's Wall for a day before heading south to the airport and on to the United States the next day.

Whilst in Silloth, the captain of the British registered 'Michaela Rose' (an ex RN officer and hence the Blue Ensign that the vessel was flying), took the opportunity to have an exploratory bike ride. Finding our area attractive, he suggested that we might possibly see his vessel again in the future.

This chance visit by the 'Michaela Rose' could indeed see further visits of similar luxury motor yachts, as the ABP ports of Silloth and

Troon are now discussing marketing options for attracting that type of vessel, possibly during neap tides when larger cargo vessel tend not to call.

Motor Yacht 'Michaela Rose' Specifications:
 Built and launched at Bardenfleet, Germany in 1984 / Steel hull with aluminium superstructure and teak decks / Length 49.2m - Beam 8.8m - Draft 3.2m / 2 diesel main engines powering 2 propellers / Fitted with bow thruster and stabilisers / Max speed 16kts / Range 3,800 miles at 14kts / Capacity 16 passengers + 13 crew / Major refit in 2008.



Dock Activities on 17th June



Report & Photo by: John Forrester
 General cargo vessel PRIWALL arrived on the

morning of 17th June. She was inbound from Ayr having unloaded part of a shared cargo of fertiliser

from Antwerp. Once in the New Dock a 180 degree turn is made before manoeuvring towards

the unloading quay. The part load was quickly unloaded allowing a departure for Belfast on the evening tide.

Phone Book

This section recognises those whose financial help keeps us going. If you wish to contribute in this way without taking an advert, please contact the Buzz, it costs only £50 a year.

- | | |
|--|--|
| Abbey Cleaning Services
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| Allerdale & Eden Roofing Serv'
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0800 555 111 |
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016973 31270 |
| Dentist, Steel:
016973 32042 | Doctor:
016973 31309 |
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| Gas:
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Mawbray:
01900 881242 |
| Holm Cultram Abbey CofE School
Abbeytown:
016973 61261 | MP, Tony Cunningham:
01900 65815 |
| NAP
01900 702898 | Neighbourhood Forum:
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| Police:
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| Register Office, Wigton:
01228 221122 | Samaritans:
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| Silloth Community School:
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016973 31944 |
| Silloth Nursery & Junior School:
016973 31243 | Silloth Town Clerk:
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| Allerdale B. Council
03031 231702 | Silloth Tourist Information Centre:
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| Solway Buzz:
016973 32180 | Vet:
016973 20242 |
| Waste Disposal Dept:
01900 702800 | Water LeakLine:
0800 33 00 33 |
| West Cumbria Carers
01900 821976 | Please, let us know what you want included, also any changes to numbers. |

Silloth Community Craft Show 2016

Sunday 4th September
Christ Church Hall 12pm – 4pm

Children's Section		Handicrafts	
Class 1	Painted Picture 'This is me' Pre-school children	Class 19	Jar of Blackcurrant Jam
Class 2	A collage picture, any medium Reception children	Class 20	Home- made item for a newly married couple
Class 3	Article made from junk – no larger than 30cm wide Years 1 & 2	Class 21	A patchwork cot or pram cover
Class 4	A Decorated stone using any medium Years 3 & 4	Class 22	A home-made wreath – any medium
Class 5	Any article made from a kit Year 5 & 6	Class 23	A picture in cross stitch
Class 6	An animal made from fruit and/or veg Any age	Class 24	An article using beadwork
Class 7	A home-made book mark, Any age	Class 25	An article of embroidery
Class 8	Handwriting using verse below, Any age	Class 26	An article made from a kit
Mary Mary Quite Contrary		Class 27	An item decorated using decopatch or decopage
How does your garden grow?		Class 28	A painting using watercolours
With silver bells and cockle shells		Class 29	A painting using oils or acrylics
And pretty maids all in a row.		Class 30	A photograph with a caption
Baking Section		Floral	
Class 9	4 Dropped Scones	Class 31	A single Rose - bring own vase
Class 10	4 Fruit Scones	Class 32	6 Sweet Peas - bring own vase
Class 11	4 pieces of Shortbread	Class 33	Home-grown Foliage houseplant
Class 12	4 pieces of Tray cake (uncooked)	Class 34	Home-grown Flowering houseplant
Class 13	4 pieces of Tray Bake (cooked)	Class 35	A Flower arrangement in an unusual container
Class 14	4 pieces of Gingerbread	Garden Produce	
Class 15	A Victoria Sponge – baked in one tin, no icing sugar on top	Class 36	3 White Potatoes
Class 16	Home-made loaf. Using Carrs flour & traditional method – bring empty flour pkt	Class 37	3 Coloured Potatoes
Class 17	Home- made loaf. Using Carrs flour and a machine. Bring empty packet	Class 38	3 Carrots
Class 18	Jar of Marmalade – Marmalade is allowed	Class 39	3 Beetroot
		Class 40	3 Onions – from setts
		Class 41	3 Leeks – trench grown
		Class 42	5 Cherry Tomatoes
		Class 43	5 Tomatoes
		Class 44	A Cucumber
		Class 45	6 Runner beans
		Class 46	5 Shallots
		Class 47	5 different Vegetables in a box
		Class 48	An unusual looking vegetable
		Class 49	3 Hen Eggs
		Class 50	3 Bantam Eggs

Only amateurs may enter this show. One entry per person per class. Any article having previously won a 1st prize in this show cannot be entered again. Class years/ages are as at July 2016. The room will be open for staging from 9:30am until 11am. Competitors will be asked to leave the room so that judging will begin at 11:15am prompt, no entries can be taken once judging has started. Judges decisions are final. Any complaints should be put in writing to Lesley or Audrey. All exhibits must be the bona fide work or produced by the exhibitor unless otherwise stated. Points are awarded to class winners 1st prize = 3 points, 2nd = 2 points & 3rd place = 1 point. Trophies are awarded to the person with the most points in each section & an overall trophy for the person with the most overall points gained in the show. In addition to those trophies SOSCS donated 3 trophies purely for the X-stitch class. The show closes at 4pm, exhibitors are asked not to remove exhibits before this time. Prize money will be given out at 4pm and followed by presentation of the trophies. We ask that you leave the trophies on the day to enable us to engrave the winner's names on them and we will then deliver them to the winners. Trophies are held by the winners for one year only & we ask that they are returned to Lesley or Audrey in time for the following years show. Entry costs are 20p for Classes 1 – 8. 30p for Classes 9 – 50. All considerable care & attention will be given to all exhibits, but they are displayed at the owner's risk. The committee will not be held responsible for any loss or damage to any article staged. Entries must reach Audrey Maddison, 67 Wampool Street, or Lesley Hope, 30 Solway Silloth. Please use the form below.

Craft Show Entry Form

Name & Address	Class No.	Cost
Total:		

All entries must be returned by Friday 4th Sept., to either Lesley Hope, 30 Solway Street, or Audrey Maddison, 67 Wampool Street, or Silloth Tourist Information Office

Let the Bells Ring



Report by: Wendy Graham

The bells at St Mary's Church, Wigton are very special because until 2000 this church had no bells (other than the clock bell) and it was the only one in Britain which got a full set of eight newly cast bells for the Millennium. Each bell was sponsored by a local family or organisation and, apart from the seventh (Emmanuel), each is named after a saint. Wigton ringers are very proud that every Sunday morning this century (except one when the ringers all rang at Liverpool Cathedral instead) the bells have rung out, calling the people of Wigton to church. However, this fine record cannot continue unless more people come forward to learn how to ring them.

Bellringing is a traditional British pastime. Forget the cartoons of monks flying upward on ropes; taught properly – and Wigton has some very experienced ringers well able to "show the ropes" to recruits – it is less dangerous than gardening. Almost anyone, aged 10-100, can learn. It is a very sociable pursuit. All Wigton ringers belong to the Carlisle Diocesan Guild which holds a great many training sessions, for all

levels, as well as outings to other towers for fun ringing, coffee mornings and an annual dinner. Once a ringer has become competent enough to ring for services, he or she will be welcome to join in at almost any other church in the country with bells. Many ringers are keen to learn more complicated forms of ringing – and there's enough to last a lifetime – while others are happy sticking to the simpler stuff. Some ringers become so enthusiastic they attend a practice nearly every night of the week and take part in regional or national activities, others just ring for the Sunday morning service. The choice is entirely up to the individual. It is important for Wigton ringers to attend the weekly practice on a Monday night as often as possible and to ring on Sunday morning regularly. Staying on for the service – or being a church-goer at all – is not a requirement although most of our ringers do attend church.

Why not give it a go? To find out more or to arrange to come along to a practice to meet the group and see what we do, phone Tower Master, Martin Snape, on 016973 71437 or the Vicar, Geoffrey Ravalde, on 016973 42337.



Seaside Bees by Joseph Kay from Holm Cultram Abbey School

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Solfest

Cumbria's brightest and best music and arts festival Solfest takes place at Tarns, near Aspatria, over the bank holiday weekend August 26-28.

The latest bookings include: The Craig Charles Funk & Soul Club, The Mouse Outfit, Dreadzone, Radical Dance Faction, Baka Beyond, Zion Train Riot Jazz, K.O.G & The Zongo Brigade, Inner Terrestrials, Sonny Wharton, King Bee, Resonators, Buffalo Brothers, Irration Steppas, The After Hours Quintet, Hallouminati, Fitty Gomash, Scogan's Run, Bill Lloyd, Bag Of Spanners, Tantz, Baxter Rhodes & Friends, Sam Robinson & Friends, Maelor Hughes, D'Bleedin' Blaggards, Trevor Roots, Samson Sounds, Jinx In Dub, Drum Machine, Age Of Glass, Henge, Mighty Oak Soundsystem, Celt Islam, Crystal Distortion, SP23, Mutanta, Dohnut, Free Wise Men, Maxiroots, Unity Sessions, Ring The Alarm, Vital Techniques, Dirtbox, Operation Sound System, Hypo, The Templebys, Fat Albert, Dead Horse Gang, Sol Y Sombra, Dansi, Seamless, TZ, Good Foxy, Rev Dread, Uncle Carbunkle, Samurai Breaks, Trinity Lo Fi, Trash Manor DJs, Zom-B, Mosienko Project, Dicky Flowers, The Soul Upsetter, Jagerossa, Samantha Loveridge, Flew The Arrow, Paul Thornton, Hardcore Gnomes, The Urbanizer

& Doink, Underground Roots, The Fusion Brothers, The Hobo, Nema-Kuta, Bluejam Youth Music Project, Boombang, Dub Wild, Galvatron, The Farmer, Simitu, Papa Shanti, The Broux, Stig Of The Dub, Strawberry Jam Soundsystem, Home Grown, Jayney Mac, Panjenix, Professor Pumpnickle, Mr Kipling, Chantelle Barrow, Dubbers, Cumfy, Beach Club & Relic, LSD Licious, Ben Gates Sound Sculptures and Catholic Abuse Apology.

Also: Lyons & La Zel, Jenna & The G's, King Yoof, Firepit Collective, The Hey Down Treaders, Tanante West African Drummers, La La & The Boo Ya, Rory Connor Band, A Man About A Dog, Phil Saunders, DJM, Righteous Bees, China Shop Bull, Supa & Da Kryptonites, Kathrine Ashcroft, Silicone Soul, Graeme Reddie, Hardwicke Circus, Bushrocker Hi Fi, Skayaman, Dolphin Boy, Bad Transmissions, Blast Furness Carnival Band, John Players Specials, The Most Ugly Child, Jambearer Soundsystem, Red Eye Hi Fi, Gemma Furbank, Kryso, Axis Soundsystem, 10 Foot Wizard, Blanty

As ever Solfest offers a dazzling array of entertainment across practically every musical genre.

Ticket prices range from £15 for children's tickets to £89 for a full adult weekend. For full details or to purchase see our website.

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Silloth Music and Beer Festival

North Cumbria's biggest and most ambitious music and beer festival, Silloth Music & Beer Festival celebrates its 16th year and once again looks set to surpass itself again this year with another superb line-up of great beers and fantastic music.

Thursday 8th – Sunday 11th September are the dates for your diary with 2016's highlights including a headlining slot on Saturday from Scottish rock music legends Big Country. Formed in the 80s, Big Country featured heavily in the UK charts with hits like 'Fields Of Fire', 'In A Big Country', 'Look Away', 'Chance' and 'Wonderland'.

Roy G Hemmings Motown & Philadelphia On Tour show return on Friday evening. Roy and his band are guaranteed to raise the rafters (or a marquee roof!) with their high-quality performance of the classic sounds of Detroit's Motor City and Philly.

There's a fantastic range of great acts appearing throughout the extended weekend including a generous helping of the cream of Cumbrian talent including Miss vocally versatile herself, Cindy Hoten with her Cindy & The Bullets; the hard-rocking sound of Workington's AWOL; Maryport's very own and much in demand blues-rockers South Quay; Cleator Moor's own kings of Irish folk, roots and beyond D'Bleedin' Blaggards; West Cumbria's finest singer-songwriter duo John & Wayne; and Cumbria's dynamic tribute to Thin Lizzy, Five & Dangerous.



Big Country are playing on the Saturday

There's always something for everyone at Silloth Music & Beer Festival with other performers including the acclaimed Dumfries-based singer-songwriter Jake Scott otherwise known as Stoney Broke, Wigan-based hard-rocking five-piece Bigfoot, Cumbria-based cover bands in the shape of Lunar 5 and Superfly offering a fine 'something for everyone' show. There are also tribute bands too in the shape of The Fine Times who present their splendid homage to Britpop and rock, and of course Who's Next and Bryan Adams Experience who really need no introduction.

The Kids Zone Marquee will be available on Sunday, our traditional family day.

As ever, there will be over seventy-five real ales and ciders for you to try and to work your way through, from thirst-quenching old favourites to palate-pleasing newcomers. In addition to these they will also be offering draught lager, draught cider, perry cider, white, red and rosé wine, a selection of Alco pops, soft drinks and cordials.

The Silloth area boasts many camping sites, Holiday Parks, hotels and bed and

breakfast accommodation to cater to your needs. So it's easy to stay and enjoy the entire festival weekend.

The Silloth Music And Beer Festival remains a non-commercial event, and any profits generated are ploughed back into other events in Silloth throughout the year.

The best way to enjoy the festival is to buy a four-day festival pass, which costs £50. This gives you access to all five sessions across the weekend.

Or why not take advantage of the bargain deal of three nights' accommodation for two (at Stanwix Holiday Complex in Silloth a mere 200 yards from the festival site) and two weekend tickets for a bargain £99.

Individual passes are also available. Exclusive to Sunday, a family ticket will be on sale, the price of which is £15 and will admit 2 adults and 2 children.

Get your tickets at: Winters Newsagents, Silloth: Tickets are available in person (cash only).

Carnegie Theatre, Workington: Tickets are available in person or over the phone. Tel: 01900 602122.

Ticketweb: online at www.ticketweb.co.uk

NB: This is a beer festival: admittance after 7pm is strictly limited to over-18s.

An American Evening



Report & Photo by: Jennifer Bailey

Over forty folk gathered on the evening of 2nd July at St Andrew's Church Hall on Solway Street for the 7pm start of an American Evening of good food and entertainment organised by Kirstine Proud and her band of helpers.

People started to arrive and bought their raffle tickets for later in the proceedings and then Master of Ceremonies Peter Stimson welcomed us all to the evening's offerings and invited us all to partake of the very tempting buffet. Burgers and chips were

offer together with a delicious and colourful variety of salad dishes, to be followed by Mississippi Mud Pie, Key Lime Pie, or Apple Pie all served with Ice Cream or Cream, or both if you were so inclined!

There was a rousing chorus of Happy Birthday To You, in honour of Margaret Gate, who was presented with a cake, Johnny Cash and Loretta Lynn sang their hearts out on the CD player until he Cockermouth U3A Ukulele Band were assembled and ready to start their set.

The Band, made up of members Jenny, Terry, Linda, Harry, June, Pam, Jim, Brian

and Dave, sang some very well known melodies and everyone joined in, raising the roof with applause at the end of each foot-tapping and in some cases dance inducing songs (you know who you are!).

The Band wouldn't accept any remuneration for their performance, but a donation was made which they said that they would add to the funds they have already raised to help the victims of the recent floods.

The evening came to an end and everyone left the hall feeling cheery and replete after a very enjoyable evening.



Bees by Jamie Hazell-Wise from Holm Cultram Abbey School



Candy Bee by Sienna Barnes from Silloth Primary School

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RNLI GARDEN OPEN

SUNDAY 31st JULY 1pm – 4pm
Lilac Cottage, Blitterlees, Silloth

After a very successful event last year Lynn and Jeff Downham are opening up their garden again to support the RNLI. Please come and see their beautiful garden which covers about an acre. Full of variety with shrubs, mixed borders, fruit garden, herbs and perennials. A welcome awaits you in the family garden where tea and cakes are served from the gazebo.
£5.00 entry, children free, sorry no pets. Refreshments included. Tombola and RNLI stall.

Silloth Spice

Authentic Indian Cuisine

Enjoy the spicy delights of Asian cuisine. Our award winning chef is famous for bringing curry to Silloth.

Savour the delights of Asia with our Sunday Night Special
You get 2 Pappadoms, Chutneys, 2 Starters, 2 Main Courses plus 1 Side Dish, Rice and Nan Bread - Just £14.95

Open Wed–Monday 5pm to 11pm, closed Tuesdays
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because you're amazing

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Tuesdays in Silloth Primary School at 7pm

Saturdays (NEW VENUE) Silloth Primary School 9am & 11am

Contact: Denise Broughton on 07799 708465

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Abbeytown Girls u12 Football Champions Swept the Board!



Report by: Tania Irwin
Photo by: Haley Mossop

Back L-R: Sophie Ferguson, Ella Baker, Jasmin Irwin, Amy Carr, Lucy Carr, Abi Heaton, Abigail Mossop
Front L-R: Rosie Mann, Carley Walsh

Saturday 18th June saw the annual Football Presentation for Abbeytown Girls and Ladies sections, held at The Stocksman Inn, Wigton.

The under 12 Girls swept the board with three trophies and medals galore. It was a great evening to finish a fantastic season.

What a fabulous team they are. They work so well together scoring numerous of goals and are unbeatable.

They are treble winners, coming top of the league table with still a game in

hand. Also winning the County Cup Finals against Carlisle City and winning

the League Cup final against Abbeytown Athletics at Brunton Park.

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Retro Music Weekend 4

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The Magic Of Motown
SATURDAY NIGHT HEADLINER
The biggest touring Motown show in the UK! Usually reserved for theatres, we are lucky to secure for RMW4.

Its 10th birthday party celebrates Reach Out I'll Be There's 50th anniversary. The legend of the Four Tops, Supremes, Temptations, Jackson 5, Isley Brothers, Stevie Wonder, Marvin Gaye, Diana Ross, Lionel Richie continues.

Glittering costumes, dazzling dance moves, superb musicianship, a huge cast, 36 classics.

Weekend Tickets: £55pp
www.stanwix.com \ 016973 32666

£50 WEEKEND TICKET ON SALE NOW

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Who's Next
BEER FESTIVAL CAMPING

Headlining:
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MOWTOWN & PHILADELPHIA TOUR,
WHO'S NEXT, Friday
BIG COUNTRY, Saturday
BRYAN ADAMS EXPERIENCE, Sunday

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The Silloth Music Beer Festival 2016

WEEKEND EVENT LISTINGS

Thursday 8th September 7pm - Midnight
AWOL | SOUTH QUAY
FIVE AND DANGEROUS
Advance tickets £10 or £13 on the door*

Friday 9th September 7pm - Midnight
THE FINE TIMES
WHO'S NEXT | ROY G HEMMINGS
Advance tickets £22 or £25 on the door*

Saturday 10th September 12pm - 5pm
JOHN & WAYNE
D' BLEEDING BLAGGARDS
Tickets £10 for Adults or £13 on the door*

7pm - Midnight
BIGFOOT | CINDY & THE BULLETS
BIG COUNTRY
Advance tickets £22 or £25 on the door*

Sunday 12th September 1pm - 6pm
LUNA 5 | SUPERFLY
BRYAN ADAMS EXPERIENCE
Advance tickets £10 for Adults or £13 on the door*

*subject to availability
Children are welcome to attend for free on Saturday and Sunday afternoon with responsible, valid ticket holding adults

Tickets Available From
ticketweb
www.ticketweb.com

or
Carnegie Theatre, Workington 01900 602122
Winters Newsagents, Silloth (Cash or cheque)

Please note that as this is a Beer Festival admittance after 7pm is strictly limited to over 18's. Proof of age may be requested.

Silloth Music Festivals Ltd. Company No 8680036

GREAT VALUE WEEKEND TICKETS ONLY £50 | SILLOTHBEERFESTIVAL.CO.UK