



Messy Bee
by Lewis Wells from Holm Cultram Abbey School

Solway Buzz

www.solwaybuzz.co.uk

December 2014

local news - for you - by you - about you - free to you - local news

FREE PAPER

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Crowds at Fantastic Fireworks



Report by: Chris Previtali

This year's Halloween Bonfire & Fireworks display organised by S.T.A.G. (Silloth Tourism Action Group) was held in much better weather than last year. Attendance was at least double and very good value for a £2 donation contributed towards the expenses of the night.

The bonfire was the largest ever thanks to DA Harrison and staff who supplied the material and undertook the erection. Mrs Cooper and pupils from

Solway Community School also deserve thanks for once again making Guy Fawkes.

The Fancy Dress Competition was dropped this year as the entrants last year got very cold in the bad weather.

The firework display was again by Skyburst and the fairground entertainment and refreshment stalls organised by Fletchers Amusements who also supplied ground lighting.

Special thanks go to Mrs Barbara Holliday for

allowing use of The Airfield, without whom the event could not take place, and to all those who attended to make a happy and successful night.



Don't Miss Santas Sleigh



Report by: Geoff Betsworth

A reminder from the Rotary Club of Silloth-on-Solway to make sure you tell the kids to keep an eye out for Santa Claus when he visits the town on Sunday

21st December.

He will be setting off from Skinburness at 3:30pm and will visit Skinburness Drive and then follow the traditional Carnival route through the town ending up in West Silloth.

He will be handing out gifts to the little ones and his team of helpers, resplendent in their new high-vis jackets, will be carrying large yellow buckets in which to drop any spare cash for Rotary charities.

Silloth Xmas Lights Switch-On from 5pm Fri 21st Nov

2015 Events

24th May
Silloth Green Day

13th + 14th June
Silloth Vintage Rally

10th to 13th Sept
Music & Beer Festival

First Responders Awarded £1,000 by Sellafield



L-R: Chantelle Satterthwaite, Nicola Szandurski, Paul Gilmour, Lorna Jackson, Martin Jackson, Fausto Previtali, Tony Calvin, Pete Long, Lorna Gilmour

To mark a year of safe working, employees from the Pile Fuel Storage Pond nominated the Silloth First Responders to receive £1,000 after team member, Martin Jackson, received life saving treatment from the First Responders after having a suspected stroke at home in Silloth.

The responders, made up of eight volunteers, were called out to 53-year-old Martin in September 2013 and found him in cardiac arrest. Volunteers Lorna Gilmour and Nicola Szandurski were first to arrive and began to administrate CPR whilst they awaited the ambulance to arrive.

Nicola said: "We arrived on the scene within three minutes and it was quite apparent that Martin was very ill. We then began CPR, attaching the defibrillator which allowed us to shock him twice before the ambulance arrived. Once the ambulance arrived we carried on working alongside

the paramedics to keep the blood circulating through Martin's heart during his journey to hospital."

Martin was transferred to the local A&E department at Carlisle Hospital, where eventually the staff were able to stabilise his condition.

After recovering, Martin and his family were told by the doctors he wouldn't have survived had it not been for the help and quick intervention of the Silloth First Responders.

Martin said: "I don't remember anything about my collapse. I didn't have any symptoms and all I remember is waking up in intensive care. I was very ill at first but I'm so lucky to have survived and to be back at work and enjoying a normal life at home. I am so grateful to the first responders, without them,

things could have been so very different."

Operating in Silloth and the surrounding villages, the Silloth First Responders respond to life threatening call outs 24 hours a day, 365 days a year, from the North West Ambulance Service. Since forming, the volunteers have answered over 2,000 calls.

Silloth First Responders Team Leader, Peter Gilmour said: "The donation from Sellafield Ltd means a great deal to us. It will help us keep up to date with training, buy replacements for our kits and training equipment.

For further details about joining a Community First Responder team in your local area or how to support a local group please visit the North West Ambulance Service Responder website www.nwas-responders.info.

Dog Walkers

The farming community in Cumbria have highlighted their concern regarding a disease called Neosporosis. The disease is caused by the parasite *Neospora caninum* and is thought to be responsible for the highest percentage of all cattle abortions reported in the UK. Once Neosporosis infection has occurred in a cattle herd it can persist within the herd due to the vertical transmission of the parasite between cows and calves.

Research suggest that Neospora eggs are produced by infected dogs and excreted in their faeces. Cattle will become infected if they eat food or drink water contaminated with Neospora eggs.

If you walk dogs in the countryside, please be aware of this and remove dog faeces as you would in Towns and Villages.



Miramar Lodge Visitors

Report by: Kevin Anderton

The Silloth on Solway Golf Club was the venue for a meeting of Miramar freemasons and their visitors from Australia.

On 31st October the worshipful master, Barry Lodge, together with other brethren and their wives were particularly pleased to welcome Margie West and her brother Andrew, the grand daughter and grandson of former Lodge member William Crichton (1894-1986) who lived at 59, Waver Street before



emigrating to Australia after world war two. In 1930, William was the steward of the Golf Club and his wife Mary, looked after the catering.

The purpose of Margie and Andrew's visit was to present the lodge with a memorial water jug that

had been presented to their grandfather whilst he was a member of the Miramar Lodge, so after coffee and biscuits at the Golf Club the party visited the Lodge building in Station Square where the presentation was made and the jug placed in the lodge display cabinet.

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New Year Tickets Now On Sale
Wednesday 31st December 2014 | Thursday 1st January 2015 | Doors Open @ 7pm
Entertainment both nights in The Dunes Cabaret Bar & The Sunset Inn plus New Years Day Special,
1pm - 5pm, family fun day, music, fun & games with our Entertainment Team & Stevie Las Vegas.
ADULT - £15.00 per night | CHILD - £10.00 per night
Tickets on Sale until 12th December 2014, available to purchase from reception.

Festival & Event Funding

Allerdale Borough Council is committed to supporting the development of festivals and community based events in the borough. We have established a fund that seeks to support festivals and events through an application process where applicants can apply for either a grant or sponsorship depending on the nature of their event.



(29/11/2014): with market and town centre ski slope.

Rotary Club of Workington, Technology Tournament (14/03/2015).

Keswick Christmas Lights Switch On (21/11/2014): with all day Christmas food and gift fair and entertainment.

Kirkgate Arts, Puppet Animation (March 2015): The Festival is the UK's largest performing arts event for children. It offers children and their families opportunities to be transported to magical worlds of make-believe.

Cockermouth by Candlelight (08/12/2014): The event itself will start at 4pm when all participating shops in Cockermouth will light their Georgian-style lanterns (and the optional paper lanterns) outside their shops. This will provide a unity to the town for this magical evening. At 5pm, the lantern parade will start from the Kirkgate Centre. The children (accompanied by their families) will form a procession through Market Place, along Main Street, up Station Street, down Lowther Went, left along Main Street, finishing at Wordsworth House, where the lamp-lit National Trust property will serve spiced Georgian punch and volunteers will tell stories about local historical figures and ghosts. The procession will be led by Father Christmas and will be joined by various local choirs and brass bands playing festive Christmas carols.

The next funding panel will take place in May 2015 for all events that will be taking place before September. All funding has to be applied for by completing an application form which is available from our website <http://www.allerdale.gov.uk/leisure-and-culture/festivals-and-events/funding-your-festival-or-event.aspx> or can be collected from Allerdale House. Further details from Alexandra Bell 01900 702714.

Events we have just funded:

Caldbeck Festival (2nd-5th October): Bringing the community together to celebrate talent in the area. There will be music, story telling, arts and crafts throughout the village and a 'pop up bookstore' on the Saturday. The pub is providing traditional Cumbrian Fayre and there is even a dog handling exhibition provided by a local dog trainer.

CADAS Food Extraganza (21st November): A fundraising event that raises the profile of CADAS whilst showcasing the vast and various food available in Allerdale. To include cookery demonstrations from Peter Sidwell, Carvetii Tea and Coffee and advice on products from local traders.

Ewanrigg Local Trust, Mad Hatters Tea Party (04/04/15).

Cockermouth Georgian Fair (02/05/15): The Cockermouth Georgian Fair turns the clock back with a whole host of activities with an 18th century theme, with lots of people re-enacting the Georgian style.

Keswick Victorian Fayre (07/12/14): A great day out for all the family in Keswick Town centre from 11:30am onwards. With lots of decorated charity stalls and a host of street entertainment with the Christmas tree and shops festooned with colourful lights, and equally colourful local characters providing entertainment, it is an occasion not to be missed.

Wigton Town Christmas Lights Switch On

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Short-listed for Quality Awards



Debbie and Glen are pleased to tell their customers that Solway Private Hire has been short listed in two categories in this years Professional Driver Magazines QSI (Quality Service Innovation) Awards.

The categories are Private Hire Company (1-50 cars) and Community Award.

Solway Private Hire are the only company in Cumbria to be short listed for these awards, it is an amazing achievement to even be accepted for these prestigious awards.

As a company they pride themselves in offering a friendly and reliable service to the community. They work in conjunction with Cumbria County Council, local doctors and schools; to name a few, James Rennie, Caldew Learning Centre, Newton Rigg and lots more.

Solway Private Hire offer a door to door service for those who want a safe ending to their night out, they help the elderly with their shopping and much more.

Debbie and Glen are proud that their staff are friendly reliable and always there to help. If there is a question being asked, they will do their best to answer.

They are so proud of their company and overwhelmed by the support of their customers. They know that without them they would not be in the running for such a fantastic award. Debbie and Glen would like to thank you all for your amazing support over the past five years and hopefully a lot more years to come.

Rainbow Bee by Millie Harrison from Holm Cultram Abbey School



Macmillan Coffee Morning Raises £623



Macmillan coffee Morning held at Pennine View Sheltered Housing on September 19th.

What a fantastic morning it was, we raised

£623. Linda would like to thank everyone who attended, for all the donations, cake making, and help that everyone gave, making it

such a success. A special thank you to Christine, Joan, Sheila, Michelle and Stella for their help on the morning, and to Craig for making the beautiful cake in Macmillan colours. Once again a big thank you to everyone.

Linda McCormick won the Macmillan cake.



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top2toe Now Open



Shirley Parkers' new business premises for the Top2Toe Beauty Salon is now open at 8A Eden Street, Silloth.

It is Bigger! Brighter! and Better! offering exciting new treatments ie Individual and Strip Lashes, Stand Up Tanning Cubicle and of course the new and very popular Red Light Collagen Plus Therapy bed. Affectionately named locally as the "Magic Bed" for all its many healing collagen properties, which are evident on some people almost immediately, improving skin and managing pain relief. The results are truly amazing.

Shirley would also like to say a big thank-you to all her customers for your continued encouragement and support during the transmission to the new premises, it is much appreciated. She would like to take this opportunity to



Shirley & Ashley at Top2Toe

wish you all a very happy Xmas & New Year.

Top2Toe are currently taking Xmas & New Year bookings and offer a range of Gift Sale & Gift Vouchers, the Vouchers make ideal

presents at this time of year.

Opening times are Tuesday to Friday 10am to 5pm with late nights by appointment and Saturday 10am to 4pm. Simply call 016973 31591 to book.

Thomas Thanks You All

Thomas and the whole Timperon family would like to say thanks everyone that supported them in their fundraising efforts to build a Sensory Room for Thomas (the boy who can't speak).

Also, all the people that sponsored them for the sky dive, so many people have been very kind, it has made Thomas really happy. They would like to say thank you to Steven Slater and Peter Gilmore for letting them sell raffle tickets on the market at Silloth and for selling raffle tickets at Silloth Kite Festival. Also, a thank you to the Solway Buzz for publishing information about the appeal for Thomas, and also all the family members who have helped them out.

Sealy Beds very kindly donated a double bed, Carrs Mill donated a hamper and Jacksons of Longtown donated all their prizes and also everyone else that kindly donated prizes for the raffle.

They just wish Thomas could thank every one himself. Especially they



would like to thank Clive Firth for been their trustee for the bank account.

Without Clive they say they would never have

managed to raise the money, he pointed them in the right direction and showed the family the way forward, thank you Clive.

Open Door Group Shuts Down

As many of you will know the Silloth Open Door group has not been open for quite a long time this year due to a variety of reasons. The committee of the Silloth Open Door Group has recently had a meeting, and with regret has decided that it should close.

The Silloth Open Door Group however, would like to extend their grateful thanks to everyone who has supported them over the last eight years, and wishes you all a Merry Christmas and a Happy New Year.



Pop Star Bee by Jemma Wilson from Holm Cultram Abbey School

RNLI Christmas Cards



A wide variety of RNLI Christmas cards are available at the Silloth Lifeboat Station shop along with a selection of diaries, calendars and a large range of gifts – useful for those little stocking fillers!

However due to the limited opening hours of the

shop in November (Saturday 1pm - 3:30pm and Sunday 11am - 3:30pm) and December (Sunday only

11am - 3:30pm), a range of Lifeboat Christmas cards will be available to buy at the following locations: - Little Gems and the NatWest Bank in Silloth, Allonby Tea Room, Maryport Maritime Museum, D A Harrison Waverton and King Street

News and NatWest Bank in Wigton.

All profits from the sale of Christmas cards and other products go directly to the RNLI, so please do support our brave volunteer Lifeboat crews this Christmas.

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Can You Help?



We are in need of a deliverer for your community paper the 'Solway Buzz' in the following area:
New Street - 26 house in total.
Contact Peter or Kath on 016973 32180.

Volunteers Wanted to Survey Listed Buildings in Allerdale

Volunteers are needed to help survey listed buildings in Allerdale. A new project looking at the threat to some of Allerdale's listed buildings is starting.

North of England Civic Trust, in partnership with Allerdale Borough Council, has been appointed by English Heritage to carry out one of nine test projects to survey Grade II listed buildings. The survey areas they are working on in West Cumbria will focus on the towns of Cockermouth, Maryport and Workington.

They will be working with local people to carry out the surveys of the outside of the buildings. This will involve training keen and interested local people in what to look for when assessing the

overall condition of historic buildings. The surveys will only look at the external features of buildings and will not involve internal inspections.

The Civic Trust are currently recruiting volunteers for the project; so if you live within a reasonable distance of the project areas and would like to get out and about looking at historic buildings, please get in touch. Full training will be given and support provided throughout the project. The project will run from late November 2014 until February 2015.

For more information please email Rose Lord, Conversation Projects Officer, email: rose.lord@nect.org.uk or call 0191 232 9279.

2015 Silloth Vintage Rally



The next Silloth Vintage Rally will take place on Silloth Green on Saturday 13th and Sunday 14th June 2015, with a few new faces on the committee.

Our sincere thanks go to the previous committee

members and volunteers, who have made this the popular, family friendly event it is today.

We look forward to seeing exhibitors, visitors and enthusiasts old and new, at the 2015 Vintage Rally.

Public Meeting Update

Silloth-on-Solway Town Council would like to thank everyone who attended the Public Meeting on 30th October.

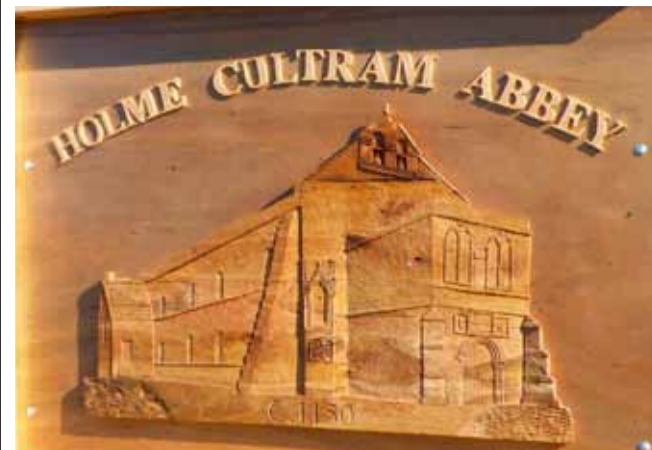
The Council were pleased with the support shown by the local people who attended. The purpose of the meeting was to generate support and encourage volunteers to come forward to help with events on the Green, some of which were at risk of coming to an end.

A new committee was formed for the Silloth Vintage Rally prior to the

meeting taking place but additional volunteers have also offered to help with the event. There were a number of people at the public meeting who will hopefully be getting together in the next few weeks, to discuss forming a new Carnival committee and start planning for next year's Carnival.

If anyone else would like to help at any of the events but couldn't get to the meeting, please get in touch. Contact anna.malina@silloth-on-solway.co.uk or ring 016973 31816.

New Abbey Sign



You may have noticed, by now, a new sign mounted at Swinsty cross roads in Abbeytown, depicting a relief carving of Holme Cultram Abbey.

This came about as an idea, hatched by Jack Frost, after Solway Woodcarvers acquired an amount of waste oak planks, left over from the rebuilding of the Abbey roof

following the fire of 2006.

The planks were kindly machined with tongue and groove joints by Stanley Foster of Abbey Town then glued to make one solid piece. Jack and Michael have worked, spasmodically, on the project over the last few years and completed it this summer to coincide with the reopening of the Abbey.



Jack Frost and Michael Faulkner, of Solway Woodcarvers, with the new sign in Abbey Town

To All Organisers Of Silloth Events & Festivals

Silloth-on-Solway Town Council have a limited amount of funding available to support events and festivals in Silloth.

We would like to invite all organisers of events to apply for the funding. An application form can be obtained from the Town Clerk or downloaded from the Town Council's website. Email: [townclerk@silloth-](mailto:townclerk@silloth-on-solway.co.uk)

silloth-on-solway.co.uk. Tel: 0777 568 6857. Web: www.silloth-on-solway-tc.gov.uk.

All Applications must be returned to the Town Clerk at 5 Burnswark Terrace, Solway Street, Silloth before Sunday 10th January 2015. The Council will be considering the applications received at the January meeting, so it's important to get them in on time.



Sunny Bee

by Kelsey Routledge from Holme St Cuthbert School



Bunny Bee

by Charleigh Harrison from Holme St Cuthbert School

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C&W Fans Donate £2,500 to RNLI



Silloth Lifeboat Crew receiving a cheque for £2,500 from the Country & Western organisers at Stanwix Park

The Stanwix Park Country Music Weekend this November was a complete sell out, making it the best Festival ever! There was great live

music, fabulous outfits, laughter and fun! The atmosphere was electric. The line dancing was crowded and the shoutouts very loud. The next festival on the

6th, 7th & 8th March 2015 is already shaping up to be a very busy one with limited availability already. The amount raised for charity at this festival was £3,353.86,

including a £100 donation from Stanwix Park. This money will be presented to a charity to be chosen by the organisers at the next festival in Stanwix Park next March.

Carols on the Pitch



This Christmas Churches together in Silloth invite you to join them for Carols at Silloth Rugby Club. If it's a fine night we'll gather on the pitch and sing under the stars. Coffee and light refreshments to follow.

This is instead of a town carol service so everyone is invited to come along and have a rousing celebration at 6pm on Saturday 13th December at Silloth Rugby Club.

Cumbria & the Story of the First World War

By the end of November 1914, trenches had been established along the entire Western Front. Shortly after, the towns of Whitby, Scarborough and Hartlepool were bombarded by the German First High Sea fleet, proving that the British mainland was susceptible to attack. Across the whole of the country, people were coming to realise the gravity of the situation, including those in Cumbria.

You can find out more about how the First World War affected the lives of people living in Cumbria by visiting our website www.cumbria.gov.uk/ww1.

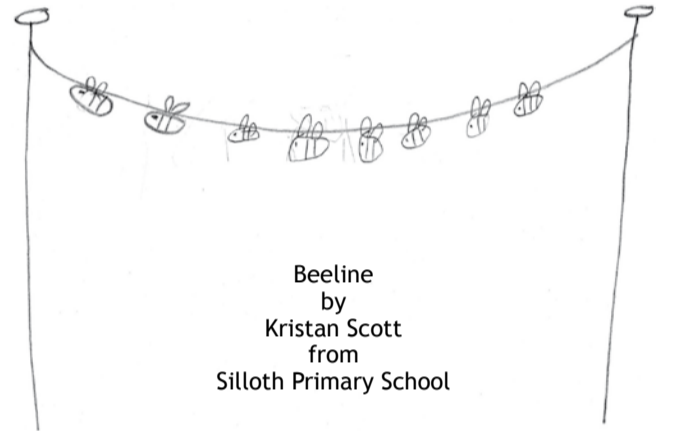
On the site, you'll find a timeline showing how the war unfolded day-by-day in Cumbria, and information about how life was changing on the home front.

You can also use our searchable database of local newspapers of the time to look up relatives who served in the war. Look out for special events going on in libraries across the whole of the four-year First World War commemoration period.

You can find out what's on by visiting cumbria.gov.uk/libraries, checking our Facebook pages or looking out for information in your local library.



Dog Bee by Harrison Abernethy from Silloth Primary School



Beeline by Kristan Scott from Silloth Primary School

Hearing Aid Batteries

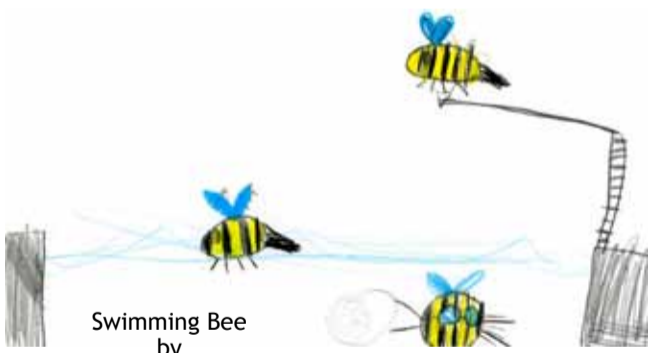


Do you need to replace your hearing aid batteries? You can now obtain new batteries (model PR48) from Silloth Local Links. You don't even need to bring along the old ones - you can recycle them at your own convenience. For more details please contact Silloth Local Links on 016973 31944.

Cushions & Covers, Upholstery, Blinds, Curtains, etc. Whatever your furnishing needs, ring Irene on 016973 31836



Balloon & Kandy Floss Bee by Craig McKay from Silloth Primary School



Swimming Bee by Ellie Chester from Holme St Cuthbert School

BEACON VETERINARY CENTRE

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Silloth Open 12am-3pm
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Scouts, Cubs & Beavers

1st Silloth Scout Group has officially opened! Through September and October we have been running taster sessions and have had a phenomenal response.

The Beavers (aged 6-8) have been making everlasting notepads, building exploding volcanoes, and code breaking. Every week the Beavers play games with the aim of having lots of fun!

The Cubs (aged 8-10½) and Scouts (aged 10½-14) are currently meeting at the same time. They have been doing egg drops, making lava lamps, and planned a Halloween Extravaganza!

Overall, the group has around 40 young people attending the sessions each week. The sessions are being run by a strong group of local volunteers, but as always more help would be welcomed with open arms! Until we have more volunteers we cannot accept more children so we have started a waiting list, contact Alison Beard to go on the list.



Beavers making exploding volcanoes

The group is hoping to register in the very near future. Each young person will then officially become a member of the Scout Association and wear the uniform. Each Scout Group has a different coloured necker. Silloth's will be black and gold.

We are hoping to run a wide range of activities including camps and adventurous activities throughout the rest of the year and are keen for the

group to play an active role in the community. If you have a project or opportunity that you think would be perfect, please get in touch.

There are opportunities to be involved as Leaders, Committee Members, or as Occasional Helpers. Whatever your skills, there will be a role perfect for you within the group.

For more information, please contact Alison on alison.beard@scouts.org.uk or call her on 01946 821811.

The Lowther at Mawbray



When the only pub in Mawbray closed nearly two years ago many people in the village thought it was gone forever. However, it has reopened as The Lowther after taking almost six months to refurbish.

Jay and Morven Anson, previously owned Café 14/16 on Eden Street, Silloth, but made the difficult decision to close a year after their first child was born. Robbie, now 9 and his sister Lucy, 6 both already attend nearby Holme St Cuthbert's school and were very much involved in the family decision to buy the business.

Morven says "The awful weather at the start of the year really held us up but we were lucky to have great local tradesman to help with the project. We continue to use as many local suppliers

as possible for our food and drink" and Jay says the first few months have gone extremely well "We are delighted to have the support of the village and it's been great to see so many people who used to visit the café. The emphasis is definitely on fresh, home cooked food, real ale and great wines and I still bake bread daily".

Robbie and Lucy make the most of the playground right outside their door to

meet their friends and have enjoyed walking home from school when the weather is good.

The pub is open seven nights a week and food is served Wednesday through to Sunday Lunch. The menu is seasonal, but includes many pub classics and the Christmas menu is now available.

Booking for larger parties is definitely advisable by calling 01900 881750.

Titillating, Tantalising Teasing Time for All

St Andrews Church is delighted to announce their hall stage now has new curtains thanks to a kind donation from the Silloth on Solway charity shop.

To celebrate this we are putting on a good old fashioned sing song, by having an "Old Time Music Hall". To dazzle and delight you, amaze and astound you, there will be a mystifying feat

of awesome magnificence. A professional magician.

Old time attire is optional but most welcome.

It is being held on Saturday 31st January from 7pm to 9pm, and will be by ticket only. They will be on sale after Christmas.

A good old fashioned titillating, rousing musical extravaganza for all and everybody is welcome.

Pensioners Coffee Morning

Report by: Pat Froggatt

Our coffee morning was held on the 1st November and we were pleased to see so many of both residents and visitors attending. The hall was soon filled up and everyone was determined to have a good time. We were pleased to welcome Eve with her display of clothes which she described and exhibited during the morning. The cake stall was also as popular as ever with a variety of cakes for sale.

Tea and coffee was served by the committee members, and scones, jam, mince pies and rum butter was available on the tables for all to enjoy.

Tickets for the Christmas Party were again available to purchase, and for those not buying at this time they would be available at SOSCS shop after today.

The raffle was also well supported and the following were the lucky winners:

Jean Clifford, Sheila Nicholl, Eve Hardman, Betty Johnston, Ivy Mattinson, Pat Bell, Pat Froggatt and Mary

Eccles.

As this was the last coffee morning of the year we should like to thank all those who support us during the year. The Committee really appreciate your attendance.



Calling all Crafters

On May 16th 2015 a new event will take place: Silloth-A Craft Trail.

This is an event to promote crafts, the diversity of skills of local people, and to raise awareness of all the facilities Silloth has to offer.

If you are interested in sitting and demonstrating your crafting skills, or if you have a venue you can offer, please contact Anna Malina on anna.malina@silloth-on-solway.co.uk or 016973 31816.

The Lowther

Village Pub and Dining

Quality, home cooked food using the freshest local ingredients served Wednesday to Saturday 6-9pm and Sunday Lunches 12-3pm

Bar open seven nights a week with choice of 3 real ales

Children and well behaved dogs welcome

Large beer garden, real fire, quiz nights, music sessions

The Lowther, Mawbray, Maryport, CA15 6QT
Tel: 01900 881750 www.mawbraypub.co.uk

The Good Companions Residential Care Home

Long & Short Term Stays in Single En-Suite Rooms
Meals on Wheels service available locally

www.gchc.co.uk

Criffel Street ~ Silloth ~ tel: 016973 31553

It's all things 'old skool' on this musical trip down memory lane.

10 Fantastic Live Acts Inc:
Solid Gold 70's, Soul Legends, Electro 80's & Michael Jackson Tribute.
Live ent all weekend!

Weekend Tickets - £55.00
Add Accommodation from £99.00 for the full weekend!

For more Info visit:
www.stanwix.com | 016973 32666

13th, 14th & 15th March 2015

Daily tickets available. Friday - £20, Saturday - £30, Sunday - £20

Tanglewood Caravan Park

Silloth-on-Solway
016973 31253

Bar on site
Tourers Welcome
Hire Vans & Seasonal Pitches

Tanglewood is a pet friendly family run park ideal for relaxing laid back holidays

www.tanglewoodcaravanpark.co.uk

Silloth Santa Dash



The annual Silloth Santa Dash was held on Sunday 12th October. It was well attended, it started at the Discovery Centre following the carnival parade route. We ended up at the Rugby Club where there was entertainment and food. We raised £600 towards the lights. We would like to thank everyone who attended the event, also everyone who donated prizes for the raffle and a special thank you to Thomas who brought his teacups for the kids and free candyfloss.



Harlequin Choir Concert



The Harlequin Choir returns to Silloth again for their ever popular concert of Christmas songs and carols on Friday 5th December 2014.

The concert is in aid of the Silloth Fundraising

Branch of the RNLI and will be held in Christ Church Hall, Solway Street, Silloth commencing at 7pm. This year there are many new additions to the choir's repertoire.

There will be a Christmas

themed room raffle and RNLI Christmas cards and 2015 calendars will be on sale.

Entrance is £4 per adult with seasonal light refreshments provided. We look forward to seeing you there.

Rotary Dialect Competition

Report by: Geoff Betsworth

On Saturday 11th October, at the Golf Hotel, the Rotary Club of Silloth-on-Solway held the Cumbrian Dialect Competition.

The three noteworthy judges this year were Lakeland Dialect Society Journal editor Louise Green, Silloth Mayor Tony Markley and Silloth Rotary Club president John Cook, Master of Ceremonies for the afternoon was Tim Barker.

After hearing the contestants perform their pieces to a capacity audience, the judges went into hiding to deliberate on the high quality of the entrants. The rest of the assembled throng were served non-alcoholic refreshments courtesy of the Rotary Club. Upon their return to the room, the judges declared their decisions, and trophies were awarded to the winners in each of the categories.

The Overall Winner of



Overall winner Colin Armstrong

the audience that older could well mean dafter! Last but not least was the Under 16 category which on this occasion was awarded to former Biggest Liar in the World, John Graham for his "A Day in the Life of a Farmer". Head judge Louise Green explained, that since there appeared to be nobody of that age group among the competitors, the

prize this year would go to the best Under 16 Stone entry...

Thanks to all those who took part and to the Golf Hotel for the use of the room.

If you would like to listen to some of the highlights of the afternoon they can be found on the Rotary Club website at: www.sillothrotary.org.uk.

"The Best Spoken Dialect" was Colin Armstrong of Harrington, who related an amusing tale of being "Skint".

The Most Humorous story in a Cumbrian dialect went to competition regular Dick Gargett with his poem about a trip to the supermarket.

The prize for the Best Newcomer this year went to Isobel Long, who assured



Carnival Committee

A new carnival committee volunteered at a meeting 11th November in the Silloth Café.

A large number of people attended including John Hope and Diane Graham who explained what was involved in organising the event. A total of 13 people have joined the new committee chaired by Mandy Kerr.

We would like to say a huge thank you to everyone who has helped organise the Carnival in previous years a huge thank you to John Hope, Diane Graham and Laurence Marshall who have run the carnival for the past few years.

We are still looking for people to get involved so if you are interested please get in touch at: a.bennacer@btinternet.com.

RNLI Race Night

On Friday 31st October the Silloth & District Fundraising Branch of the RNLI held their popular race night event at a new venue of the Golf Hotel. After a delayed start the racing commenced with everyone cheering on their horse in the hopes that they had placed their bets on the race winner. At one point it looked like the racing may have to be abandoned after a 'technical hitch' but we got back in the saddle and the evening continued. The winning owners of the 2 selling races, Sue and Mel, had a particularly successful evening as well as Chris who won the tricast bet. Although turnout was low those who attended the evening were very generous in their support and our thanks go to all the race sponsors - Associated British Ports Silloth, Jaybees, Carrs Coaches, D A Harrison, Last of the Summer Wine, The Dirty Dozen and Winters Newsagent. Thanks also to the crew for their support and for adding to the entertainment on the evening!!!! Your combined efforts raised the fantastic amount of £730 - Thanks to the Golf Hotel and in particular Owen for his help. Many thanks to you all.

Annual Grand Draw.

The Annual Grand Draw was held at the race night and the winning numbers are:

- | | |
|---|------|
| 1. Golf Hotel Sunday Carvery Meal for 4 | 1803 |
| 2. Kindle | 386 |
| 3. Compact DVD Player | 24 |
| 4. Bottle of Whisky | 4368 |
| 5. £10 | 1601 |
| 6. £10 Voucher, Clive's Shape 'n' Style | 4426 |
| 7. Tin of Sweets | 231 |
| 8. Painting | 4483 |
| 9. Set of Pans | 3549 |
| 10. Bottle of Champagne | 1315 |
| 11. Bottle of Wine | 4476 |
| 12. Cafeteria Set | 509 |

All prize-winners have been notified and prizes claimed.

Our thanks go to The Golf Hotel, Clive's Shape n Style, Spar, Co-op and the many individual supporters who donated prizes for the draw. Thanks also to all those who sold tickets on behalf of the RNLI.

Your amazing efforts this year raised £810.

Holme Cultram Abbey,
St Mary, Abbeytown

Christmas Market

Come along and get some gifts & treats on

Saturday 6th December
10.00am - 5.00pm

&

Sunday 7th December
12.00pm - 5.00pm

At Holme Cultram Abbey
Admission £2.50
(Accompanied Children under 12 years free)

Gift and Craft Stalls, Tombola, Raffles and much more...
Light refreshments available each day.

Silloth on Solway something for everyone

The Solway Holiday Village
Fund Raising For
Silloth Tourism Action Group
Present

THE BIG CHARITY QUIZ

Friday 21st November @ 8.00pm.
£5.00 per person. Minimum 4 people per table.
Evening includes...

£50 cash Prize

Quiz
Pic and Peas
Cabaret from local duo Back2Back

Bed & Breakfast available
For more information or to book a table please contact Reception on 016973 31236
Team Entry Forms to be returned by Wednesday 19th November

All proceeds go to S.T.A.G.

Wheelchair Around Britain



Report by: Sue Kent

A true hero raising money for the RNLI, Help the Heroes & selling fantastic knitted poppies for the Poppy Appeal visited Silloth on 19 October, 2014.

Mark is an Army veteran who retired from the army due to injury and is going around Britain in his motorbility scooter towing a little trailer which he sleeps in with his two gorgeous and

well behaved cats.

He was escorted to Silloth RNLI lifeboat station in style with motorcyclist Tony Jackson and two fellow bikers from the Workington RBL bike club.

Airdy's Musical Walk Raises £5,686



Photo by: Darryl Millican

Report by: Shelley Aird

Airdy's Musical Walk was organised within two weeks to coincide with channel 4's Stand Up to Cancer. The cities were holding 45 minutes walks with entertainment along the way, so Sarah Keaveney and myself thought why can't we do that here in Silloth?

And so it progressed, Sarah asked her husband Sean and band mate Terence Marshall of Rigsby if they would accompany the walkers playing acoustic. Sarah said she would provide mulled wine, hot chocolate and pop for the children at Seacote Car park, the turning point of the walk and she would also provide nibbles at the Rugby Club afterwards. We put a plea out for raffle prizes and posters were put

around the town, John Cook kindly created us a banner to put up outside the Discovery Centre. Sarah created a Facebook page and before we knew it over a hundred people said they would be attending!

During this time Emma Wise was contacting local businesses to see if they would donate raffle prizes, people from the local community were dropping prizes off at Sarah's house and mine. The generosity of people was amazing. Jimmy Lettice kindly donated signed sports memorabilia for us to auction on the night.

Before we knew it the day was upon us, we arrived at the lifeboat station to find quite a few people, then before we knew it you couldn't see the prom opposite the lifeboat station for people, it was overwhelming. We must have had about 500 people attend. The walk was great fun and seeing so many people take part was

humbling. We all enjoyed the refreshment provided served by Lorna Winter and friends at the turning point, we then headed to the Rugby Club where we held the raffles, blind auction and Paul Donald kindly auctioned off the sports memorabilia.

The rugby club was heaving, it was fantastic, we had a small team of helpers selling raffle tickets. The night went so quickly, we did a quick tally and found we had raised £4,100 on the night. Since this we have had more donations come in and are still waiting to collect collection boxes from Stanwix Park.

The total raised so far has reached £5,686.19!

It was absolutely fantastic to see the local community pull together and support such a worthwhile cause. We cannot thank everyone who donated a prize, who took part in the walk, who helped us out on the night enough, what amazing community spirit.

Nails Worth £1,412



A grand total of £1,412 was raised throughout the summer for Silloth Lifeboat and Jigsaw Children's Hospice by Michael Faulkner of Abbey Town and Ryan Corkill of Cleator Moor, a great proportion of which came through the Bowling Clubs of North Cumbria. This was divided 50% to each organisation. The presentation was at Silloth Lifeboat Station on Wednesday 29th October. Michael took up the

challenge by way of a bet back in March and has had his nails kept in pristine condition, throughout, by Becky Harrison of Abbey Town. Ryan was recruited to join the team back in June and raised just over £350 himself, with nails painted by his mum.. Throughout the summer, the main theme of the fundraising has been local money for local charities and the end result has proved, yet again, just how generous people can be.



Disco Bee by Brooke Steel from Holm Cultram Abbey School

Well Kept Home



Report & Photo by: Nora Molyneux

All credit to David Blair at Silloth Nursing Home

for all the work he puts into maintaining the gardens. Both David and his wife Ann keeping it looking so nice inside as well as out.

Arthritis Support Group

Fourteen members of the Arthritis Support Group met at Loveday House but unfortunately Catherine Cheetham has had a fall and was having a plaster fitted that day. A new resident of Loveday House, Derek Ford was welcomed to the meeting.

Mary Piele welcomed Mary Watson who showed us how to arrange flowers in various different containers. She kept us entertained with her tales of how she began learning to arrange flowers herself. She had no idea at first but went with a friend to classes and got hooked. She went on to get her City and Guilds Stages 1 and 2. She

does demonstrations in lots of places and has represented Cumbria at Chelsea winning nine different medals.

All the time she was talking she made beautiful arrangements which went into the raffle. The lucky winners were Gladys Temple, Glynis Mackie, Derek Ford and Lilian Gordon. Derek intends putting his arrangement on the table for all the residents to benefit from.

The menu for the New Year Lunch was passed around and members asked to remember the £5 deposit will be required at next month's meeting which will be a members own meeting.

Volunteers Please

Soldiers in Silloth toy soldier experience has been open during all the holiday periods this year and attracted plenty of visitors.

Many have come in to see the special Community World War 1 Exhibition with records and memorabilia lent by local families. This will remain open at least till the end of 2014.

Some of the items are from members of our staff, who are all volunteers and include both men and women.

We have welcomed new people to our ranks over the years but others have had to drop out and we are always looking for more people who might spare time to man the counter and talk to visitors. Saturday and Sunday are most difficult to

cover as people want to use the weekend for their family activities.

If you or your friends would like to help out we'd be very pleased to have you. The more people available the less they would actually be required to come in, of course.

Until next June we will be open from 11am to 3pm every Saturday and Sunday plus some weekday opening during school holidays from 1pm to 3pm. The rest of the year we open at weekends 10am to 4pm and weekdays 1pm to 4pm. Volunteer sessions are usually three hours in the summer and two out of season.

We require two people to be present for each session.

For more information call Margaret Pickering on 016973 33068.



Postcards in the World War 1 exhibition. The young lady sent her portrait and good wishes to a Silloth soldier who later died as a prisoner of war.

Wigton Theatre Club
John Peel Theatre, Station Road, Wigton

Jack and the Beanstalk
By D Trasler, D Lovesy & S Clark
Directed by Pat Conlan

Tuesday 9th - Friday 12th December @ 7.30 pm
Saturday 13th December @ 2.30 pm

Tickets £7 from
CHRISTIE'S, WIGTON 016973 43618 & WINTER'S, SILLOTH 016973 31323
OR ONLINE WWW.TICKETSOURCE.COM

Children's Centre

Opening Hours:
Monday 9:30am to 12:30pm
fortnightly for the
Childminders group also
Monday 1pm to 3 pm term time
Tuesday 1pm to 3 pm term time
Wednesday 9:30am to 12:30
for Tots n Toddlers

Open at other times when the
rooms have been booked, if you
wish to use the Centre please
call to make arrangements. We
are more than happy to show
people around, chat on a one
to one basis or in small groups.

Contact Numbers:
Silloth CC - 016973 31230
Aspatia CC - 016973 22777
Wigton CC - 016973 49555

Arthritis Support

Wigton Area Arthritis Support
Group meet on
1st Friday each month at
Loveday House, South End,
Wigton @ 1:30pm, details from
Glady's 016973 43964

Silloth Tots/Toddlers

Silloth Tots & Toddlers meet in
the Children's Centre, Silloth
and is open to all children aged
from 0 to 4 accompanied by a
parent/carer.
Sessions are on:
Wednesdays:
10pm to 11:30am
term time only
Entry is £1 per family and this
includes refreshments
All Welcome
Call in for a friendly chat

Abbeystown Library

Abbeystown mobile library
will stop outside the
Wheatsheaf Inn at 1pm for an
hour every Monday

Christ Church

For Christ Church baptisms and
other church related business
please contact:
Rev Bryan Rothwell
The Vicarage, Wigton Road
Tel: 016973 31413

Civic Amenity Sites

Operated by Cumbria County
Council. tel: 01228 606060
Maryport Tip, tel 01900 66922
open daily 8am to 6pm
Wigton Tip, tel 016973 45617
open Tuesday, Thursday,
Saturday & Sunday,
8am to 6pm

Production Team

Proprietor:
Peter McRobert
Barn Cottage
Skinburness, CA7 4RA
Tel: 016973 32180
Email:
office@solwaybuzz.co.uk

Editorial Content
This is down to you, we can
only publish items if you send
them to us.
When sending articles in,
please supply a contact name
and number in case something
requires clarification.
We will accept letters or
emails, but we do prefer emails
as we have to have your letters
typed out.
Published by:
Peter McRobert with the
support of the whole
community and an army of
volunteers.

Football Training

Silloth Football Club

Eden Street Playing Field

under 7 years
Wednesdays 4-5pm
over 7s years
Wednesdays 5-6pm

Men's Team

Wednesday 7pm to 8:30pm

Open to boys and girls.
Membership forms available
from all coaches.

Secretary: Stephen Hart 32706

Martial Arts

**Silloth Dragons
Mixed Martial Arts Club**
train in Christ Church Hall
on Thursdays

under 12's 6:45pm to 7:30pm
12's & over 7:30pm to 8:30pm
NEW MEMBERS WELCOME
For further details contact
Stephen on 07811 761033

Wednesday Bunch

Silloth Evangelical Free Church,
Eden Street Wednesday Bunch.
at 5pm every Wednesday,
(except in school holidays)
Fun, bible stories, quizzes,
craft, games for 5-11s

Kickboxing Club

The Kickboxing Club is held
in Christ Church Hall every
Thursday night from 6:30pm to
7:30pm. All welcome.
www.solwaykickboxing.
webeden.co.uk

Ladies Fellowship

Silloth Evangelical Free Church,
Eden Street Ladies Fellowship
is on alternate Thursdays
at 1:45pm. Warm fellowship,
refreshments, and good
speakers.
All welcome

Breast-feeding Group

Mondays 10am to 11:30am
Wigton Bowling Club, West
Road, Wigton
Have a cup of tea and meet
other breast-feeding mums.
Support and advice is available
from trained Breast-feeding
Peer Supporters and from
Health Visitors or Midwives. For
more information call Wigton
Health Visitors: 016973 66608

Abbeystown Lunches

Holm Cultram Abbey C
of E School are providing
Community Lunches every 2nd
and 4th Friday of the month.
Two courses and a drink for only
£3.50 at 12:30pm
(we can deliver locally too!)
to book tel: 016973 61261

Bridge Group

Meet on Wednesday evenings
from 7 till 9pm, at the Golf Club
to play Duplicate. Information
from mike.md@btinternet.com.

Dates for the Diary

November

21st Silloth Christmas
Lights Switch-On from 5pm

21st STAG Quiz Night in
Solway Holiday Village at 8pm

22nd Pre-Christmas
Afternoon Tea in Christ
Church, Silloth from 2 to 4pm,
refreshments and stalls

29th Christmas Bazaar in
St Andrews Church Hall 10am to
4pm, crafts, cakes, etc. Santa
in his Grotto - Admission FREE

29th Pensioners Christmas
Party in Stanwix Park from 3pm
to 8pm, buffet tea at 3pm,
tickets £5

29th Jaymie Greig shaving
her hair off in Silloth Rugby
Club in aid of Cancer Research
UK, tickets £5. Live music

**Do you have an event
in the area bounded by
Abbeystown, Mawbray,
Silloth, Skinburness, if
so please let us know.**

Indoor Bowling

Mondays until the end of
March from 7pm to 9:30pm in
Abbeystown Village Hall

First Responders

Silloth Community First
Responders train on the first
and third Tuesday of every
month in Silloth Fire Station
at 7pm.

Crafting Group

Interested in crafting?
come along to Silloth Crafting
Group on Wednesdays from
1:30 to 3:30pm at the
Methodist Church Hall.
We are a well established
group, friendly people
with a variety of crafting
talents-willing to share their
knowledge. Enjoy the chat and
learn from the other crafters,
or just sit and chat.

**Tourist Information
& Library**

**Silloth Local Link
Opening Times**

Monday 10-1pm 2-5pm
Tuesday CLOSED
Wed 10-1pm 2-5pm
Thursday CLOSED
Friday 10-1pm 2-5pm
Saturday 10-1pm
Tel: 016973 31944

RNLI Shop

SILLOTH LIFEBOAT STATION
SHOP OPENING HOURS

November
Saturday 1pm - 3:30pm
Sunday 11am - 3:30pm

December
Sunday only 11am - 3.30pm
The shop will close on Sunday
14th December and will reopen
at Easter

Thank you to all our customers
who have supported us
throughout the year and we
look forward to seeing you in
2015.

**Please let us know
of any changes
within this section**

December

1st Silloth Town Council
meet, 7pm in Community Hall

2nd Criffel Tea Dance in
Westnewton Village Hall from
1:45pm to 3:45pm, all welcome
Tel: 016973 31528

3rd Parkinson's Group
meeting in Wheyrigg Hotel from
11:45am to 2:30pm. Christmas
songs & Cumbrian tales, all
welcome

5th Arthritis support
Group meet at 1:30pm at
Loveday House, Wigton,
subject: 'All Sorts'

5th Harlequin Choir in
Christ Church, Silloth at 7pm,
entrance £4 inc refreshments

6th Christmas Market
in Holme Cultram Abbey
from 10am to 5pm with
stalls, raffles, refreshments,
admission £2.50 under 12's free

6th Christmas Bazaar in
St Andrews Church Hall 12 noon
to 4pm, crafts, cakes, etc.
Santa in his Grotto - Admission
FREE

7th Christmas Market in
Holme Cultram Abbey from 12
noon to 5pm with stalls,
refreshments, admission £2.50
under 12's free

9th Blood Transfusion
service at Greenhill Hotel,
Wigton from 3pm to 7pm.
Please call 0300 123 23 23
to book an appointment.
Appointments can be made up
to midnight the night before a
session

9th Jack n Beanstalk
at John Peel Theatre, Wigton
at 7:30pm, tickets £7 from
Winters Newsagents

10th Causewayhead WI
AGM, all welcome

10th Jack n Beanstalk
at John Peel Theatre, Wigton
at 7:30pm, tickets £7 from
Winters Newsagents

11th Jack n Beanstalk
at John Peel Theatre, Wigton
at 7:30pm, tickets £7 from
Winters Newsagents

12th Jack n Beanstalk
at John Peel Theatre, Wigton
at 7:30pm, tickets £7 from
Winters Newsagents

12th Men's Choir Christmas
Concert in Christ Church Hall,
Silloth at 7pm with pie & pea
supper plus trifle beverages and
Grand Draw

13th Crunch Service in
Skinburness Road Car Park
from 8am to 9:45am

13th Christmas Bazaar in
St Andrews Church Hall 12 to
4pm, crafts, cakes, etc.
Santa in his Grotto
Admission FREE

13th Jack n Beanstalk
at John Peel Theatre, Wigton
at 2:30pm, tickets £7 from
Winters Newsagents

13th Christmas Carols on
the Rugby Pitch at Silloth Rugby
Club at 6pm

20th Christmas Bazaar in
St Andrews Church Hall 12 to
4pm, crafts, cakes, etc.
Santa in his Grotto
Admission FREE

21st Santas Sleigh Ride
from Skinburness to the Crofts
starting at 3:30pm

27th Silloth Football Club
kids Christmas Party at 1pm in
the Rugby Club with Disco and
entertainment

27th Silloth Football Club
adults Christmas Party at 7pm
in the Rugby Club with Disco
and entertainment

January 2015

12th Silloth Town Council
meet, 7pm in Community Hall

14th Causewayhead WI
Members Night, Competition:
Smallest Book

17th Crunch Service in
Skinburness Road Car Park
from 8am to 9:45am

31st Old Time Music Hall
in St Andrews Church Hall with
a professional magician from
7pm to 9pm

February

3rd Silloth Town Council
meet, 7pm in Community Hall

7th Coffee Morning in the
Recreation Hall with Silloth &
District Pensioners

10th Holme Low Parish
Council Meeting at 7:30pm in
Community Hall, Silloth

14th Crunch Service in
Skinburness Road Car Park
from 8am to 9:45am

March

2nd Silloth Town Council
meet, 7pm in Community Hall

7th Coffee Morning in the
Recreation Hall with Silloth &
District Pensioners

14th Crunch Service in
Skinburness Road Car Park
from 8am to 9:45am

April

13th Silloth Town Council
meet, 7pm in Community Hall

May

11th Silloth Town Council
meet, 7pm in Community Hall

12th Holme Low Parish
Council Meeting at 7:30pm in
Community Hall, Silloth

16th Silloth-A Craft Trail,
call 016973 31816

24th Silloth Green Day

June

1st Silloth Town Council
meet, 7pm in Community Hall

13th Silloth Vintage Rally

14th Silloth Vintage Rally

July

6th Silloth Town Council
meet, 7pm in Community Hall

August

11th Holme Low Parish
Council Meeting at 7:30pm in
Community Hall, Silloth

September

7th Silloth Town Council
meet, 7pm in Community Hall

10th Silloth Music & Beer
Festival

11th Silloth Music & Beer
Festival

12th Silloth Music & Beer
Festival with The Jam

13th Silloth Music & Beer
Festival

October

5th Silloth Town Council
meet, 7pm in Community Hall

10th Cumbrian Dialect
Competition in the Golf Hotel

November

2nd Silloth Town Council
meet, 7pm in Community Hall

10th Holme Low Parish
Council Meeting at 7:30pm in
Community Hall, Silloth

December

7th Silloth Town Council
meet, 7pm in Community Hall

Errors do occur in
Dates for the Diary
Please check before
attending an event

Please note that articles,
letters and virtually all
content of the Solway Buzz
are contributed by YOU,
the local community. The
Editor reserves the right to
control what is included,
however, no responsibility
whatsoever for the content
of the Solway Buzz can be
accepted by the Editor, or
the Publishers.

**Diary is filling up
Get yours in now!**



Raphael
by Samuel Walker from Silloth Primary School

Copy Date →

**Copy date for the
January issue is:
1st December 2014**
If your organisation has an
event to promote or you
have something to say,
please note the next copy
date.

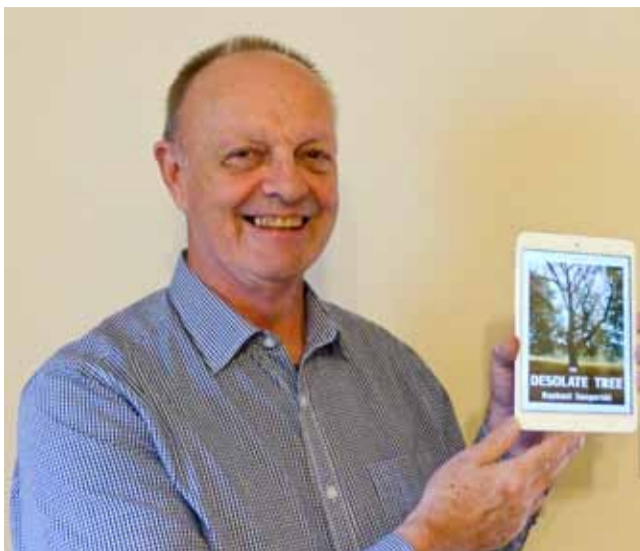
Letters

Dear Buzz,
For the attention of all Silloth Social Club Ltd members. In reference to the winding up process, we write to keep you informed of how things are progressing. The sale of the remaining property completed in early September. Varying expenses could not be finalised until the sale completed, such as surface water drainage and property insurance, however these are now finalised. We are currently in the process of de-registering from the Financial Conduct Authority, and other Government departments. All creditors are paid in full, however, several debts are still due to be received. Once these are received, we can then

look to de-register from other bodies, such as HM Revenue & Customs. Once we are at a point where all financial affairs have been finalised, we can then look to distribute funds to the members of the Club on the membership register as at 31 May 2014. Although we would prefer to do this sooner, rather than later, obviously, we can't give any idea of when this will be. Needless to say, we have incurred the minimum of costs since the club closed earlier this year. Should you wish to discuss any matters or concerns more fully, please do not hesitate in contacting Rob Lauder (President) on 07889 053747, or email sillothsc@gmail.com. Thank you,

Silloth Social Club Ltd

Local Author



You have probably become familiar with the writings of Rick Felix over the years from the annual productions of the Mawbray Entertainers. Unlike the traditional pantomime, these were original and different stories given the comic treatment – stories like 'The Scarlet Pimple' and 'Cleopatra', or 'Geronimo' and 'Hadrian and the Wall'.

Now he has moved on to a more ambitious project, with the release of four connected novels under the series title 'The Desolate Tree'.

Rick said: "For several years I had the basic ideas for a novel slowly taking shape in my head and I had always said to myself that one day I would try to write them down, just to see whether I actually could write something a little longer and more serious than a pantomime script. Once I started however, it soon became clear there was more to the story than would fit into one book. So one book became two, and then three, and finally four. The tale runs from 1989 through to 2011, and is the story of the life of one man, Michael Radcliffe, and how the decisions and mistakes he makes as he stumbles through life bring about profound changes to the lives of his family and the people around him."

The first two books in the series, 'The Desolate Tree' and 'Location and Relocation', are already available as e-books in the Amazon Kindle Store. The two remaining titles will follow soon, 'Action and Reaction' in November and the final volume 'Generation and Regeneration' in December. The books are written under a pen-name, Raphael Sangorski. The real Raphael was my father's cousin, who was killed on the Western Front in 1917, at the age of just nineteen. As the centenary of his death is approaching, I thought it apt to write the story in his name, and to dedicate the book to his memory.

Rick said: It has been exciting to see the books on sale, and to know that people out there are reading them. So far, in addition to the UK and Europe, there are readers of my story in Australia, the USA, Canada, South Africa – and even in Japan, thanks to Amazon's world-wide distribution presence.

One day I hope to be able to have the books printed, to see 'real' books on sale in book-shops, next to 'real' authors. Then, perhaps I will feel like a real author too."

Find out more about the books at: www.thedesolatetree.com or email: raphael.sangorski@gmail.com.

Cumbrian Reads

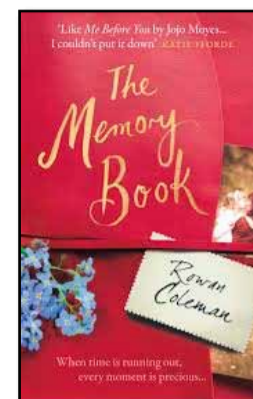
Relax with a good book this Christmas

Supported by Anne Carruthers Cumbria Library Service

The Memory Book by Rowan Coleman

Claire starts to write her memoirs, knowing that time is of the essence, and that it's running out for her.

Her memory book is full of precious moments with her husband and daughter, but how can she hold onto the past when the future is slipping away?



Coming Home for Christmas by Julia Williams

These three friends are dreading Christmas ...

Cat needs to get off the 'has-been' heap and rescue her flagging TV career but the demands of her extended family are reaching fever pitch and she barely has time to breathe. Meanwhile, Pippa has got too many balls to juggle as a struggling single mum trying to hang on to her family farm. And Marianne's marriage is looking distinctly rocky now her beloved husband's ex is back on



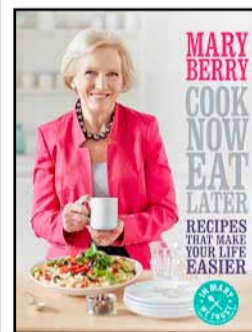
the scene. Happy Christmas? Forget it.

Celebrity Chefs Share Their Top Tips

If you're entertaining over Christmas, or just looking for inspiration, why not try one of these recipe books written by well-known TV chefs?

How to be a Better Cook by Lorraine Pascale

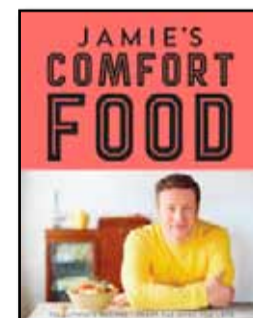
Lorraine Pascale returns with 100 delicious new recipes that will inspire even the most reluctant cooks!



Cook Now, Eat Later by Mary Berry
This book is aimed at the busy cook who doesn't want to spend hours in the kitchen, with instructions for freezing and thawing, and tips on how to add the final touches to make your dishes special.

Jamie's Comfort Food by Jamie Oliver

Inspired by everything from childhood memories to the changing seasons, this is a collection of 100 heart-warming recipes designed to indulge, comfort and put a smile on your face.

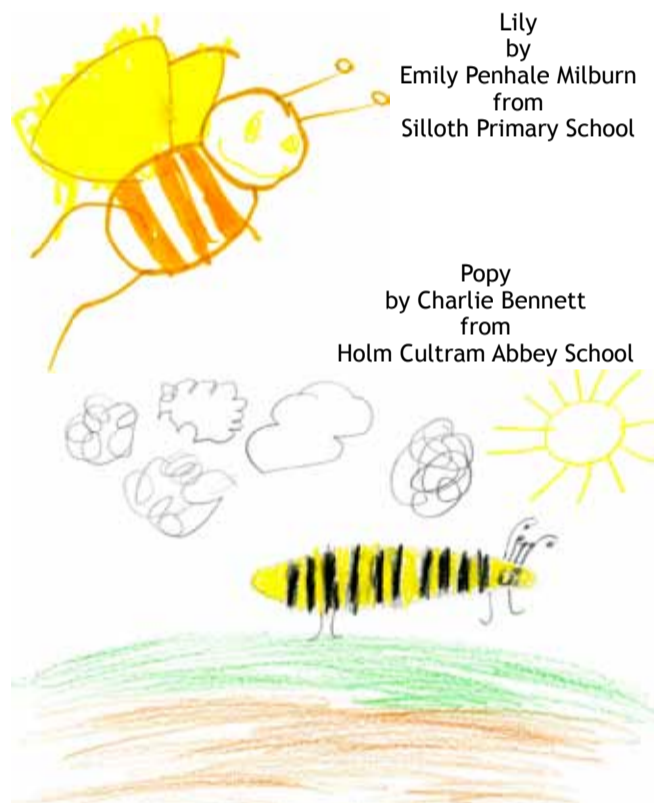


New titles:

- Patricia Cornwell - Flesh and Blood
- Dilly Court - A Place Called Home
- Ben Elton - Time and Time Again
- Marian Keyes - The Woman who stole My Life
- Gervase Phinn - The Virgin Mary's got nits
- Rose Tremain - The American Lover



Many thanks to all our customers who gave money towards the Hearing Dogs We raised £100



Lily by Emily Penhale Milburn from Silloth Primary School

Popy by Charlie Bennett from Holm Cultram Abbey School

Letters and Aricles

We have received several articles and letters recently with no contact information. While we do not print the contact information we do require this and will not publish your letters or articles without it. An email address or your initials are not enough. Please

supply your full name, address and telephone number. This is required in case further clarification is required. Also, please ensure the hand-writing is legible.

Portraits and Commercial Photography
Photography by Peter
Tel: 016973 32180

Masthead Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered hoodie to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher. So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Send them in to the address on page 10 and a quality Solway Buzz embroidered hoodie from Carlisle Embroidery could be yours.

This month the winner is Lewis Wells from Holm Cultram Abbey School with a bee drawing called "Messy Bee".

Well done!



You don't have to be at school here to send a bee to us. If you are here on holiday we would love to receive your bee drawing. Pick up a form from Silloth Tourist Information and return it there or send it to us, our address on page 10.

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These adverts really do work



On the Water Front

Report by: Captain Slog

September 2014

5th. Vyg from Antwerp with fertilizer, then in ballast to Belfast.

6th. Kento from Antwerp with fertilizer, then in ballast to Belfast.

7th. Luhnu from Kilroot with furnace ash, then in ballast to Belfast.

11th. Bramau from Antwerp with fertilizer, then in ballast to Belfast.

24th. Zapadnyy from Felixstowe with molasses, then in ballast to Klaipeda.

October 2014

4th. Verona from Police with fertilizer, then in ballast to Kilroot.

5th. Beaumont from La Pallice with wheat, then in ballast to Bromborough.

6th. Sea Harmony from Antwerp with fertilizer, then in ballast to Belfast.

Silloth Dock Entrance Collapses!

Fortunately, this is an article of historical interest and not a news headline!

It was on Sunday 6th



Silloth's Marshall Dock nearest, with the New Dock behind. The right hand side of entrance to Marshall Dock is the area which collapsed.

retained within the dock itself. With the dock gate seal catastrophically broken, the water began rushing out

reasonably upright whilst a few heeled over onto their beam ends (on their sides). Considerable damage was caused to those which heeled over, straining and distorting their timber hulls and damaging their rigging and cargo.

On 11th April, five days after the collapse, the Carlisle Journal reported that "little, if any, change had taken place in the condition of the wrecked entrance". This was despite the dock staff making efforts to shift the collapsed south-western gate by using cables and gearing, drawn by a steam tug and two locomotive engines, in order to make a space to get vessels out of the dock. All this effort to date amounted to nothing and the vessels were all still

trapped. Tidal seawater would have been entering and leaving the dock during this period, lifting and depositing the stricken ships on the dock bottom as the days went by. Fortunately, the wind had shifted from southerly to easterly, thus reducing the swell and therefore the amount of damage to vessels from what might have previously been expected. As the tides rose, vessels were brought alongside the quays and discharged, then moved out of the way to allow others to do likewise. Regular Silloth services to Liverpool and Belfast and all other ships bound for Silloth were temporarily diverted to Maryport.

On 13th April, the paddle tug 'Arabian', along with three locomotives, managed to disentangle the dock gates, clear away all the debris and so release all the vessels within the dock. As some small crumb of comfort during this crisis, most of the vital hydraulic dock gate machinery had been saved.

By June of that year, temporary repairs and reconstruction to the entrance walls, which was undertaken by the firm that had erected the Tay Bridge in Scotland, had been completed. Shipping services were returned to Silloth, but the dock remained tidal, as it still is today.

The cause for the dock entrance collapse, was thought to have been due to a gradual undermining and weakening of the dock wall over a considerable time, exacerbated by a number of recent winter storms.

In 1882, the North British Railway Company, who owned the dock, commissioned work to excavate and construct a new and larger dock, located directly behind the tidal Marshall Dock - but that's another story!



Marshall Dock entrance, viewed from the pier, in 1867

April 1879, at about 4pm, a short while after a member of the port staff had walked across the dock gates at the entrance to Marshall Dock on his rounds, when he heard what he thought was a low rumbling noise coming from the dock entrance area. Returning to investigate, he found that on the south-western side of the entrance, the dock wall was subsiding and collapsing outwards. There had been no earlier signs of a problem in that area. The dock gate on that south-western side became dislodged and was forced across the face of the other. It was low-water in the Solway at the time, whilst around 24ft of water and about 21 vessels were

with a tremendous roar, which was "something long to be remembered". Within a few minutes, all the vessels in the dock, some of them quite large and heavily laden, were left high and dry. Some managed to remain



Marshall Dock entrance, following the collapse, in 1879



Photo by: John Forrester

Bramau arriving on 11th September from Antwerp with fertilizer

Phone Book

This section recognises those whose financial help keeps us going. If you wish to contribute in this way without taking an advert, please contact the Buzz, it costs only £45 a year.

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Register Office, Wigton:	01228 221122
Samaritans:	01228 544444
Silloth Community School:	016973 31234
Silloth Library	016973 31944
Silloth Nursery & Junior School:	016973 31243
Silloth Town Clerk:	016973 31128
Allerdale B. Council	01900 702702
Silloth Tourist Information Centre:	016973 31944
Solway Buzz:	016973 32180
Vet:	016973 20242
Waste Disposal Dept:	01900 702800
Water LeakLine:	0800 33 00 33
Please, let us know what you want included, also any changes to numbers.	

Holme Low Community Group



In 2010, Jeff Downham from Action with Communities in Cumbria met with members representing both Holme Low and Holme St Cuthbert's Parish Councils to discuss the practicality of producing a joint plan. Questionnaires were completed by local residents and as a result, a joint Parish plan was put together in 2012, reflecting the needs of the two parishes.

A copy of the plan can be downloaded from the Holme Low website at www.holmelow-pc.org.uk.

Holme Low Parish Council are keen to encourage the formation of a new Community Group within Holme Low, who

can work together and start coming up with ideas for possible projects within the Parish, to benefit local residents - whether it be organised activities for the elderly, social get togethers, improvements to the Parish or improving access to information and services.

Would you be interested in getting involved? Do you have a few hours to spare and a keen interest in improving your local parish?

Get in touch with the Parish Clerk on 0777 5686857 or Email: parishclerk@holmelow-pc.org.uk. Alternatively you can write to the Parish Clerk at 5 Burnswark Terrace, Solway Street, Silloth, Cumbria, CA7 4EF.

Bank Mill Annual Show Results

Once again a successful Annual Show to raise money for local charities. Our thanks go out to all who helped and took part in the event. This year the sum of £470 was raised and donated to Cumbria Children's Hospice Jigsaw Appeal.

Winners for the different classes are as follow:

Children's Section

1 - 13 Maryport Primary
(Unfortunately the only school to take part)

Baking Section

- 14 2 Teacakes Shirley Greenwood
- 15 1 Apple Plate Cake Tracey Wood
- 16 3 Gingerbread Squares Tracey Wood
- 17 3 Scones Fruit Sheila
- 18 3 Shortbread Rounds Edna
- 19 1 Victoria Sandwich (No icing sugar on top) Sheila
- 20 Jar Chutney (Green Tomato) Tracey Wood
- 21 Jar Raspberry Jam Felicity
- 22 Jar Lemon Curd Kath
- 23 Jar Marmalade (Orange) Kath
- 24 Dish Rum Butter Tracey Wood

Handicraft Section

- 27 Home made Cushion Kath
- 28 Humorous Photograph with caption Natalie
- 29 A Hand Made Bag Sue Munro
- 30 An article of double knitting Muriel Gilpin
- 31 A Novelty Mug
- 32 A Flower painting Kath
- 33 New from Old Grace
- 34 A Doll wearing a Hand Made Outfit eg knitted or sewn Grace

- 35 A Handmade Box - Made from any Needlecraft
- 36 A Wooden Spoon Character
- 37 A Friendship Bracelet Grace

Floral Section

- 38 Flowering plant in a pot Edna
- 39 One bloom Rose Felicity

- 40 Floral Arrangement in a china cup Elizabeth
- 41 A Small bowl Nasturtiums Margaret
- 42 A vase of cut flowers Grace
- 43 Hedgerow Arrangement (An exhibit of Foliage & Flowers) Shirley

Fruit And Vegetable Section

- 44 3 Cooking Apples Tony R
- 45 3 Desert Apples G & P Graham
- 46 3 Plums Felicity
- 47 A Saucer of Soft Fruit Mike Madden
- 48 1 Cucumber Tony R
- 49 3 Tomatoes G & P Graham
- 50 3 Cherry Tomatoes Joanne
- 51 3 Beetroot G & P Graham
- 52 3 Runner Beans Mike Madden
- 53 3 Carrots G & P Graham
- 54 3 Courgettes G & P Graham
- 55 3 Trench Leeks Mike Madden
- 56 1 Marrow G & P Graham
- 57 4 Onions from Sets G & P Graham
- 58 4 Onions from Shallots G & P Graham
- 59 3 Coloured Potatoes G & P Graham
- 60 3 White Potatoes G & P Graham
- 61 5 Vegetables in a basket Tony R
- 62 An unusual shaped Vegetable or Fruit G & P Graham

Group Winners:

- Baking class: 1st Tracey Wood, 2nd Felicity, 3rd Edna
- Handicrafts: 1st Grace, 2nd Kath, 3rd Elizabeth
- Flowers: 1st Felicity, 2nd Margaret, 3rd Sheila
- Fruit & Veg 1st G & P Graham, 2nd Tony, 3rd Mike Madden

Overall Winner:

G & P Graham

Joint Runners up:

Tony R and Tracey Wood

Thank you once again for all those that supported us. Wishing a Merry Xmas and Happy New Year to customers old and new to the Dunes Bistro & Bank Mill Visitor Centre.



Elsa Bee by Shannon Irwin from Silloth Primary School



Buzz the Bee by Joseph Kay from Holm Cultram Abbey School



Monster Bee by Peter Myers from Holme St Cuthbert School

ABC before A&E

As the weather takes a turn for the worse Cumbrian's are reminded that if they are feeling ill they should follow these simple steps to ensure they are getting the right help and advice. This is important as it will help our hospitals care for the most vulnerable and the most in need, at a time when hospitals traditionally are busier as a result of the onset of winter.

Play your part and think 'ABC before A&E':
A - Anytime online at NHS Choices
B - Book an appointment with your GP surgery
C - Cumbria Health on Call, out of normal office hours or you can also ask advice from your local pharmacy.

Colin Cox, Director of Public Health at Cumbria County Council, said "It's really important that people know exactly where to go for the right treatment. A&E departments are extremely busy, and people coming to them with a minor injury or illness may have to face long waits, particularly if there are people with major illnesses or complex injuries brought into the department by ambulance. So before considering A&E we would ask that local people really think about the best place

to go to for treatment or advice, that could be their GP, talking to a pharmacist or going online." GP surgeries should be the first port of call when you are feeling unwell, having on-going illnesses or need advice. Many practices offer later and longer opening hours and emergency appointments. Out of hours you can contact Cumbria Health on Call on 03000 247247. Or you can go online and visit NHS Choices at www.nhs.uk which provides a wide range of information.

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Cardio Tennis



The highly successful Cardio Tennis and Multi Sports sessions will be resuming in the sports hall after the half term break. The sessions run from 7:30pm to 8:30pm and are an action packed hour of tennis drills to music (a bit like circuits) and are open to

anyone from the age of 11 to 25. The sessions are free to Silloth Tennis Club members who attend the earlier sessions and cost £2 per session for everyone else. For further information and to book please contact David Wise on 07742547767.

Bowling Club

Report by: Jennifer Bailey

On the night of 4th October the Awards Ceremony at Silloth Bowling club on Eden Street was held under the auspices of Club President Mr David Spence supported by acting Lady President Oriel Hawking and ably assisted by committee member Jim Worsnop and secretary Paul Watson. The trophies, shields and cups were awarded and received, to tumultuous applause, by club members of all ages, for their various achievements throughout the bowling calendar.

After the formalities were concluded there was a sumptuous buffet provided for the delectation of the assembled company by "Sarah's Kitchen" caterers of

Church Terrace in Silloth, a fairly recent venture for Mrs Sarah Keaveney and one which will surely flourish if the quality, quantity and variety of dishes supplied on the night is anything to go by. Both meat and vegetarian diets were catered for with some mouthwatering deserts to end the feast.

The evening continued with dancing to live music from "Back to Back" a singing duo who brought a party atmosphere to the proceedings

The Club's bar staff, Grant and Maisie Allen, Julie Wallace (club treasurer) and David Spence, who all work on a voluntary basis giving freely of their time to keep the members' thirsts quenched, were thanked for all their hard work.

Tigers Cont'd

Cont'd from page 16 to the club. The victory also protected the clubs 22 month unbeaten home record. The next week Silloth travelled to Millom for what is always a tough test but Silloth battled hard in the wind and rain and secured another great bonus point winning 24-14.

November saw Silloth have another game cancelled, this time visitors Netherhall were unable to raise a team. The following week saw Keswick return to the Jim Brough ground and at stake was a place in the Cumbria Cup Semi Final. Keswick started strong and took an early lead but Silloth, who had the luxury of a full squad for the first time this season, went ahead in the first half and never looked

back booking there place in the semifinals courtesy of a 20-10 win.

The following week saw last seasons Cumbria League runners up Egremont try and spoil Silloths long unbeaten home run. The in-form Tigers blew them away with an emphatic 39-7 bonus point win. Last seasons leading try scorer Ricki Sutcliffe lead the way with a hat trick of tries.

As it stands Silloth are third in the league but have two games in hand over their title challengers Workington and Keswick. Those games are against the leagues bottom two teams; Wigton and Netherhall.

If Silloth win both of those they have a healthy lead at the top of the Cumbria league.

Abbeytown MU

Report by: Gladys Temple

Freda Garner welcomed everyone to the October Meeting of Holme Cultram Abbey Mothers Union in the Abbey Cottage Coffee Shop. Anita Norman led the prayers especially mentioning George and Brenda. Maureen Gibson prayed for the members overseas.

Unfortunately Christine Maglinchey was unable to attend so Rev David Tembey stepped in to talk to us about Relationships in life. He read some short stories which were funny but also tragic and this led on to us questioning our relationship with God and his unconditional love to us and us thinking about how he reveals his love to us personally. David read another of his stories and then gave us a quiz on how well we listen to the bible stories when at Church. We hear the basic stories but how much background do we take in. Each table was given paper and a pen to write down the answers and after much discussion Anita, Judith, Freda and Gladys ended with most points.

Noeline Foster thanked

David for a very thought provoking but enjoyable evening after stepping in at such short notice.

Refreshments were served by Margaret Hocking, Maureen Gibson and Eileen Todhunter. Apologies were received from Branch Leader Brenda Sim, Mary Mattinson, Lynne Tembey and speaker Christine Maglinchey and Joan Winter read the record of the September Meeting.

The concert by Dalston Male Voice Choir held in the Abbey had been well attended and enjoyed by all.

Bowness and Aikton MU's have been invited to the November Meeting so extra food was requested. The 2015 programme is nearly ready and the diaries will be available at the next meeting.

The preparations for the Christmas Market to be held on 5-6th December are well under way.

The Speakers at the next meeting on Mon 24th November at 7:30pm will be Rev. J Falkner and Mrs S. Falkner when anyone interested would be made welcome.

Parking Problems

Silloth-on-Solway Town Council have received a number of complaints recently from local residents, in relation to motorists parking in the town, and the following is information about parking in the vicinity of dropped curbs and the law: Parking on/next to dropped kerbs (Contravention Code 27).

There are two types of dropped kerbs - those for pedestrians/wheelchairs/pushchairs and those outside driveways allowing easy access to the residents of individual houses. Dropped kerbs include pavements that have been lowered to the level of the road.

The law basically says that you should not obstruct dropped kerbs unless you are obstructing a dropped kerb outside a house with the permission of the owner. Of course, obstructing any dropped kerb will cause inconvenience either to the owner of the property who cannot obtain access or egress from their property, or in respect of pedestrian dropped kerbs you can even cause danger to pedestrians, particularly the elderly, disabled and mothers with prams. The legislation which allows local authorities to issue Penalty Charge Notices to vehicles parked across kerbs is the

Traffic Management Act 2004 and the London Local Authorities and Transport Act 2003. Parking across certain dropped kerbs is also contrary to Highway Code rule 243 which states:

- Do not stop or park:
- * Where the kerb has been lowered to help wheelchair users and powered mobility vehicles;
- * In front of an entrance to a property. This offence applies to all motorists, including
- * Blue Badge holders
- * Motorcyclists
- * Permit holders

Legislation allows councils to issue a Penalty Charge Notice where a vehicle has parked obstructing a dropped kerb.

Pedestrian/wheelchair/pushchair dropped kerbs
You cannot park adjacent to a pedestrian/wheelchair/pushchair dropped kerb irrespective of whether yellow lines are present or not and action can be taken against any vehicle parked adjacent to them.

By parking in this manner you:

- * Make it difficult for people with wheelchairs and pushchairs
- * Making crossing the road difficult for the elderly and disabled
- * Obstruct the view of motorists turning at junctions



Buzzing Bee by Bridget Irwin from Silloth Primary School



In Silloth, we are blessed with wide streets and ample free parking but despite this some motorists still feel the need to park on corners and next to dropped kerbs. Some motorists have even been seen parked on the pavement outside one particular food store. There needs to be more consideration, particularly where there are dropped kerbs, before there is a serious accident. Surely the safety of pedestrians and other motorists is far more important than having to walk a few extra yards to get to the shops.

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Tigers Power to Victory



Lee Tinkler manages to avoid the pack (just) to score an exciting try

Silloth travelled with a depleted team to Workington Zebras for there toughest test so far this season with eight players unavailable. Although leading the game until the dying minutes a well drilled Workington side eventually went ahead and nicked it 27-25 in what was quoted as one of the best games played at the Ellis Sports Ground in a long time!

Silloth took more positives from the game than negatives and have worked extra hard on the training ground. October started with Silloths' game against local rivals Wigton being cancelled as Wigton were unable to raise a team, so the following

week they made the trip to Carlisle to take on Creighton coming away with an outstanding 40-17 bonus point win The team was boosted by new signing Luke Johnson marking his debut by collecting the Man of the Match award.

Up next was Keswick who are tipped by most outside the town League and Cup favourites. A fired up Silloth side lead the game



from start to finish and secured a bonus point in what Coach Mark Orchard describes as the teams best performance since his return

Cont'd on page 15

Eve at Wimbledon

Silloth Tennis Club's Eve Fisher had a fantastic time as she got the chance to experience what it would be like to be a professional Tennis player at the national road to Wimbledon championships.

Having reached the county final eve was invited to take part in the last day training session held by Tim Henman and Dan Bloxham (the guy who leads the players out onto centre court for the finals) and also watch the main finals of the event.

Watched by her personal level 1 coach Emily Wise, Eve spent the best part of two hours being put through her paces, regularly hitting balls with Tim and even running around court 1 as part of the warm up.

After a day which also entailed a free tour of the grounds, media centre and museum eve left the venue full of ambition to win the county final in 2015 and come back again for the main event.



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Solway Buzz

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Date		DEPTH ON NEW DOCK GAUGE							
		High Water				Low Water			
		Morning		Afternoon		Morning		Afternoon	
		Time	m	Time	m	Time	m	Time	m
1	M	06 52	5.8	19 18	6.3	01 01	-0.1	13 31	0.2
2	TU	08 01	6.1	20 23	6.5	02 11	-0.2	14 40	-0.0
3	W	09 02	6.4	21 21	6.8	03 17	-0.3	15 47	-0.3
4	TH	09 54	6.8	22 11	7.1	04 18	-0.5	16 45	-0.5
5	F	10 39	7.1	22 57	7.2	05 10	-0.6	17 37	-0.7
6	SA O	11 20	7.3	23 39	7.3	05 56	-0.7	18 24	-0.8
7	SU	11 59	7.3			06 39	-0.7	19 07	-0.8
8	M	00 19	7.2	12 35	7.3	07 18	-0.6	19 47	-0.7
9	TU	00 57	7.1	13 12	7.2	07 52	-0.5	20 25	-0.5
10	W	01 35	6.8	13 48	7.0	08 26	-0.3	21 00	-0.3
11	TH	02 12	6.5	14 26	6.6	08 59	-0.1	21 33	-0.1
12	F	02 51	6.2	15 07	6.3	09 31	0.2	22 08	0.1
13	SA	03 36	5.7	15 53	5.8	10 09	0.4	22 49	0.3
14	SU C	04 27	5.4	16 50	5.5	10 56	0.6	23 42	0.5
15	M	05 27	5.1	17 55	5.3	11 54	0.7		
16	TU	06 37	5.1	19 05	5.3	00 47	0.6	13 05	0.8
17	W	07 42	5.3	20 08	5.5	01 56	0.5	14 16	0.6
18	TH	08 40	5.7	21 01	5.8	02 59	0.2	15 19	0.3
19	F	09 28	6.2	21 49	6.3	03 54	-0.0	16 15	-0.0
20	SA	10 12	6.7	22 32	6.7	04 44	-0.3	17 06	-0.3
21	SU	10 54	7.2	23 15	7.1	05 33	-0.6	17 56	-0.6
22	M ●	11 35	7.5	23 58	7.4	06 19	-0.8	18 44	-0.9
23	TU			12 18	7.7	07 05	-0.9	19 32	-1.0
24	W	00 42	7.5	13 03	7.8	07 49	-1.0	20 18	-1.0
25	TH	01 30	7.5	13 51	7.7	08 35	-0.9	21 04	-1.0
26	F	02 19	7.3	14 41	7.5	09 19	-0.8	21 49	-0.8
27	SA	03 11	7.0	15 35	7.3	10 05	-0.5	22 38	-0.6
28	SU D	04 07	6.5	16 33	6.8	10 55	-0.3	23 30	-0.4
29	M	05 08	6.2	17 37	6.5	11 53	-0.0		
30	TU	06 18	5.8	18 48	6.2	00 31	-0.1	12 59	0.2
31	W	07 29	5.8	19 57	6.2	01 39	-0.0	14 12	0.2