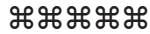


Bowman's Chemist

1-3 Station Road • Silloth
Tel: **016973 31394**

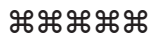


Prescriptions dispensed
Free confidential advice

Pregnacy testing
on premises

Nicotine replacement
therapy

vitamins ⌘ health foods



Perfumes, toiletries
cosmetics,
Sun Tan preparations
foot care

**All at competitive
prices**



Films, Reprints &
Enlargements

Golf Hotel

Open all day for:

Morning Coffees
Bar Meals
12.00 - 2.00 & 6.00 - 9.00

Extensive menu plus
daily specials
&

Traditional
Sunday Roast Lunches
Afternoon Teas

Why not treat yourself
in our
Restaurant
tablé d'hôte dinner £17.50
also a lá carté

**We use
fresh local produce
and
do all our own baking**

Tel: **016973 31438**

JOAN'S Catering

All types of outside catering

Visit our
Home Bakery & Take-Away

Solway Greens Award Winner

Station Road, Silloth
Tel: **016973 31672**

Nith View GUEST HOUSE

AA ◆◆◆

Overlooking the sea.
B&B from £16.00 p.p.p.n.

En-suite rooms.

Families catered for.
Private parking at rear.

Tel: Debbie Armstrong
on: **(016973) 31542**
email: nithview@aol.com

Rosebarn Restaurant

Greenrow, Silloth
(opposite Stanwix Park)

Tel: 016973 32707
Mob: 077 1474 5430

a lá carté Menu

Wed to Sunday
from 6:30pm
Sunday Lunches
served from
12:00 to 2:00pm

by popular demand
every Friday

Steak Night Special
3 courses for £9.95

BANK MILL NURSERIES

(Growers of Distinction)

Situated midway between Mawbray and
Beckfoot on the Maryport to Silloth road
Tel: Allonby **(01900) 881340**

Full range of Quality Home Grown Plants
At down to earth prices

Well worth visiting at any time of year

There's always something to catch your eye



BANK MILL LANDSCAPES

Design ~ Layout ~ Planting-Up ~ Maintenance

Suppliers & Distributors for Bradstone Stone
Walling ~ Paving ~ Chippings, etc

Appointed Agents for:

Lotus ~ Oasis ~ Atlantis
Heissner ~ Garden Ponds
Water Features ~ Pumps
Underwater Lighting
etc

LITTLE ACRE

CARE HOME



82 Skinburness Road

**EXCELLENT CARE
FOR THE ELDERLY**

**SINGLE EN-SUITE
ROOMS**

For further details
contact:
Sarah Betsworth
016973 32105

Silloth & District OAP's

Weekly Whist & Domino Drives

Whist Drives:
Tuesday @ 2.00pm
Thursday @ 7.30pm

Domino Drive:
Monday @ 7.30pm

in the Recreation Hall
Eden Street Playing Field
Silloth - 50p entry

Everyone Welcome

SILLOTH RUGBY CLUB

**Available for
Private Functions**

- Birthday Parties •
- Engagements • Weddings
- Christenings •
- Fundraising Dances •

Comfortable, modern Lounge Bar
Suitable for small or large parties

Telephone Christine on:

016973 32299

For further details or to book