





Page 5 'That's What 'They're Doing



Page 7 Autumn Concert



Page 6 The Music Never Stops!



Page 8 Queen Lucy



Page 9 Winner: Howard Seal



Page 9 Lads in Afghanistan

# Silloth Green Entertainment





23rd-25th August Solfest

26th August illoth Carnival



Report by: Jon Molyneux

After the two previous Sunday 'Gigs On The Green' were cancelled due to adverse weather forecasts, finally on 11th August Aspatria based Harlequin Choir came along to entertain an audience of holidaymakers, day trippers and locals with tunes from Robbie Williams, Cliff Richards and many others

Despite a few choir members not able to attend they soon had the audience dancing and singing along.

While everyone was enjoying the Harlequins a young girl came along with guitar over her shoulder and parents in tow. Emily Reay from Carlisle had been along the two previous

Sundays to perform but had been disappointed by the cancellations. When the choir finished 15 year old Emily showed her extraordinary musical talent, performing in her own unique way for half an hour before the torrential rain came, but this didn't dampen spirits and everyone came into the tent where Emily sang such songs as 'House Of 'The Rising Sun' and 'Here Comes The Sun' at which point the sun came out for her to finish with Alleluia.

Lets hope we have more Sundays with a 'Gig On The Green' thanks to Silloth Tourist Action Group and all involved .



Page 15 Clive & Sandra - 25 Years



# Silloth Music & Beer Festival 25th October Bonfire & Fireworks



The Solway Buzz is a FREE community paper with a circulation of 5,500 copies for the area around Abbeytown, Skinburness, Silloth-on-Solway and Mawbray

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# Nothing To Do? No Excuses... Get Out There and JUST DO IT!

Report by: Sue McKeen

As we reach September, the prospect of gloomy Autumn and Winter days can be daunting. However, Silloth and Abbeytown offer a range of daily activities to appeal to all. Most of the activities require no earlier experience.

#### Monday

Every Monday sees the Monday Lunch Club held at The Space, Silloth at 12noon (contact Lawrence Marshall on 31257). On Monday afternoon (check on availability) and between 7pm and 9pm in the evening the Silloth Woodcarvers and Wood Sculpture Group meet at The Space; the afternoon session is for beginners (contact Clive Firth on 31995).

#### Tuesday

Tuesday offers a multitude of activities, at lunch time between 12noon and 1pm Silloth Open Door offer soup and rolls at St Andrews Hall Silloth (contact Sarah Hansford on 32089); those who enjoy dancing can move on to The Criffel Tea Dance in the School Hall, Silloth Community School, alternate Tuesdays 1:45 – 3:35pm from 3rd Sept to 30th Nov, in the school holidays the Dance is held at Westnewton Village Hall (contact Mrs Marie Robinson 31553). If you're still raring to go, on Tuesday evening you can go to Line Dancing at the Silloth Social Club in Waver Street held every Tuesday between 7pm and 8:30pm (contact the Social Club on 31582). If more gentle exercise is preferred Tuesday afternoon also offers the Whist Drive at the Recreational Hall, Eden Street at 1:45pm (contact Susan Kenny on 32450) or Silloth's Patchwork Heaven held from 1:30 pm at the Methodist Chapel, it's a friendly and informal group.

#### Wednesday

For those who have energy left, Wednesday starts with the League of Friends Coffee Morning at Silloth Nursing and Residential Care Home from 10am (contact Ann Blair on 31493) or The Abbeytown Coffee Morning held in the Abbey Tea Rooms, Abbeytown between 10am and 12noon (contact Maureen Gibson). Follow this with The Solway Over 60s Club held at the Recreational Hall, Eden St Playing Fields held on alternate Wednesdays from 1:30pm to 3pm offering a range of activities or, if you're feeling more artistic, you could try the Silloth Art Group meeting at the Golf Hotel the first Wednesday in the month from 10:30 (just drop in) and the Craft Group Drop-in held at the Methodist Church in Silloth every Wednesday 1:30pm to 3pm offering a range of creative craft activities as well as tea, coffee and cakes (contact Mrs R Bond on 31345). There are more crafts on a Wednesday afternoon and evening, offered again by the Silloth Woodcarvers & Wood Sculpture Group held at The Space (contact Clive Firth). For any lady who is not totally exhausted the Causewayhead Women's Institute meets at the Methodist Church Hall, Silloth on the second Wednesday in the month at 7:15 pm (contact Mrs Vorley 31679).

#### Thursday

Thursday is a quieter day. The first Thursday in the month offers the Monthly Munch at the Abbey Tea Rooms, Abbeytown from 12noon (contact Maureen Gibson). In the afternoon the Silloth Sewing Circle meets at St Andrew's Church Hall from 1pm to 3pm (contact Penny Stimson at the Hall). In the pipeline are Silloth Nia sessions planned

to take place at 3:30pm to 4:15pm and 'Exciting Writing' Calligraphy Workshops, more news soon (contact Anne Taylor, Age UK, on 42279).

#### Friday

On Friday afternoon you can challenge those 'little grey cells' at the Scrabble Club held in the Silloth Library, Local Links, from 2pm to 4 pm (contact Margaret or Barbara on 31944).

#### Saturday

A relaxing start to the weekend can be found at Silloth and District Pensioners Association, Recreation Hall, Eden Street Playing Fields on the first Saturday of each month from 10am offering coffee mornings, trips and, of course, the Christmas Party (contact Maureen Irving 31927).

#### Sunday

This all leaves Sunday as a day of rest before you begin all over again!

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### Causewayhead WI

Report by: Pat Froggatt

Members of Causewayhead WI assembled at Silloth Lifeboat Station for their July meeting.

They were met by Eddie Studholme, the Station Manager, and members of the Lifeboat crew, etc., who are all volunteers.

After introducing the crew and other members Eddie went on to give an insight into the history of Silloth Lifeboat Station and the duties of the various members of the station. He then handed over to one of the helmsmen of the Lifeboat, Steven Wright (known as Rocky), who invited those members who were able to climb inside the Lifeboat. Rocky explained that the Lifeboat was a B Class Atlantic 85 powered by two 115hp engines. It is also equipped with radar and has a searchlight for night vision. He then went on to explain the various component parts of the lifeboat and the duties of the crew and the construction of the boat.

It is an inshore boat and ideal for working along the Solway Firth, and it was also used during the floods in Cockermouth to help remove people who were stranded during the recent disastrous floods there.

We were then shown the type of gear that the crew have to use and Sue who once was a crew member and is now responsible for PR, donned all of the gear to show us how much they had to wear and how quickly it had to be put on when they received a 'shout' to attend anyone in distress on the Solway.

Members were then given the opportunity to ask questions before the vote of thanks was given by Freda Garner, Vice President, who had also worked for many years as a volunteer in the Lifeboat Shop.

Members then went back to Trinity Methodist Chapel for their picnic.

Thanks to all the crew, etc., who gave their time to us on this beautiful and rewarding evening.



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# **Dog Health Checks**



Allerdale Borough Council is working in partnership with the PDSA to promote responsible pet ownership in the community.

A number of events were arranged in the week commencing 29 July 2013

in Silloth, Maryport and Workington. The PDSA offered free health checks, nail clipping and general pet welfare advice for dogs and Allerdale Borough Council employees will be offering free microchipping. Street Scene officer,

Helen Graham said: "We are happy that last year's event was so successful that the PDSA wanted to come back to Allerdale to offer more free dog health checks. This is great news for us as we are always trying to encourage responsible dog ownership."

# Summer Concert



Report by: Lawrence Marshall Photos by: Kevin Anderton

The annual summer concert by the Christ Church & St. Pauls Men's Choir held in the church hall was a big success.

The plated meal was

prepared and served by the choir members to a sell-out audience.

The varied programme was put together by our musical director Derek Shaw.

The audience was welcomed by team rector

Bryan Rothwell. The two

regular soloists Jim Brough and Barry Lodge gave an excellent rendition of Edelweiss and Fiddler on the Roof.

Retired Rev. Bill Asbury proposed the vote of thanks for a very entertaining evening.

### **Rainbow Flowers**

Judith Butterfield from Rainbow Flowers would like to thank all those who took part in their first competition.

Judith was overwhelmed by the response. The draw took place on 19th July and ex schoolteacher Mrs Ferriby kindly picked the lucky

winner.

Congratulations to Mr Stanley Studholme of Wigton who received a bouquet of flowers which included our rainbow roses.

A big thank you to all our loyal customers. Watch out for our next competition the winner could be you.

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### Helicopter Emergency Landing

Report by: Eddie McNamee



On Wednesday 31st July a helicopter Registration G-ET-FF owned by Hawk Contractors of Whitchurch with two directors and pilot on board suffered engine failure over Skinburness.

The flight from Inverness to their HQ in Shropshire was skilfully landed by the pilot in a field between Skinburness Road and two hangers on the old airfield without a functioning engine.

The Police attended on Thursday morning to check out details with the pilot and after two hours work on the engine it took off successfully just before noon.



the most recent scam being

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make residents aware of



The email purporting to be from Tesco online@ mailing.tesco.com looks genuine and is addressed to the customer. It claims that an automated raffle draw server has picked your email and claims you have won £1000 in Tesco vouchers.



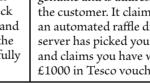
To 'register' for the 'offer' you'll click a link to go through to a web page where you will be asked to input your credit card details.

Please do not open the link - this is a "phishing" scam. Further advice is available on the Tesco website about how to identify genuine Tesco emails and how to report such phishing emails to them, see http://www.tesco.com/ clubcard/email-security

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Issue 118

Page 5

### New Online Support Directory

A new online directory to help people in Cumbria find support in their community has been launched.

As well as including advice and support services, the site www. cumbriasupportdirectory. org.uk has lots of information on employment, housing, learning and leisure services wherever you live in Cumbria. It also lists information on events and drop-in centres.

The directory has information on more than 600 organisations - with that number still growing - and has been brought together by Cumbria County Council.

The Cumbria Support Directory is also an opportunity for organisations and businesses to promote the support they offer. All entries are carefully checked before being included on the site. To search the site, or to include your own organisation's details, visit www. cumbriasupportdirectory. org.uk.

Cllr Beth Furneaux, Cumbria County Council's Cabinet member for Adult and Local Services, said: "Good quality information and advice is essential for people to get the most for themselves and their local communities. The Cumbria Support Directory will be a vital resource for many people seeking some kind of help to get the most from their lives. This can include people looking for support for the first time as well as those who are already receiving support, their carers and families. There are lots of local organisations that are providing information and advice, often about specialist topics, from transport to bereavement and I'm sure that the directory will prove invaluable to many."

# Swinsty Bridge Works in Pictures



Culvert sections being delivered



They are added one by one



The first section being placed in the gully



Until there is a whole culvert - now we need a road!

# Warning for Music Festival Campers!

Music festival revellers are being urged to keep themselves safe from the dangers of carbon monoxide and avoid turning celebration into tragedy.

Throughout the summer, music festivals will be taking place around Cumbria and with revellers often camping, Cumbria County Council's Fire and Rescue Service is sending posters to be distributed at festivals warning of the potentially fatal consequences of bringing gas or charcoal barbecues into tents and



enclosed spaces.

Carbon monoxide is a colourless, odourless gas and can kill quickly if inhaled in high concentrations. The symptoms of poisoning are similar to flu or food poisoning, and include headaches, nausea and dizziness.

Cumbria Fire and Rescue Service's tips for staying safe and minimising the dangers of carbon monoxide

• Birthday Parties •

Engagements

Weddings • Christenings

poisoning are: • Never take a barbecue into a tent, caravan or motorhome. A warm, smouldering barbecue will give off poisonous carbon monoxide.

 Never place a lit barbecue near the sleeping area outside your tent.

• Never use a fuel-burning appliance to heat your tent. • Never run a gas, petrol or diesel-powered generator

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• Do not cook with a stove inside your tent or awning, unless there is an area specifically designed for this purpose and you are sure there is adequate ventilation. • Use a portable carbon monoxide detector in your tent

Cumbria's Chief Fire Officer, Dominic Harrison, said: "We want everybody

attending music festivals to have a fantastic time and remember the festivities for all the right reasons. Just spending a few moments to think about how to take simple precautions to minimise the dangers can avert tragedy. Carbon monoxide is a silent killer and we want to help prevent it claiming any further victims."



#### SILLOTH AND SOLWAY COAST

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Sea Bee by Scarlett McAvoy from Holme St Cuthbert School



# **Church Garden Party**



#### Report by: Lawrence Marshall

For the second year Christ Church held a Garden Party in the church grounds on 20th July which attracted people on this fine summer day.

Church members provided light snacks with tea or coffee in the church, there were various side shows, exhibitions and facepainting by Kay Ritchie. In the church grounds there were bric-a-brac stands chidren's games and easy listening music played by Annelouise Rothwell and Derek Shaw.

The afternoon was a big success enjoyed by young and not so young alike.



### **Rhonda Settles In Cheshire**



If anyone is wondering what happened to Rhonda the Black Cocker Spaniel who belonged to the late Miss M Smith of Fell View Close, she has happily settled into her new home here in Lowton, Cheshire. We first met Rhonda

whilst walking our own Black Cocker called Queenie over the green and approached a man who we now know as Ronnie because they looked so alike and asked him how old she was. Ronnie wasn't sure and explained that he was only fostering her for the week as her

owner had passed away. We decided that we could offer her a new home and after a few days of waiting she was legally ours.

Rhonda has fitted in well at home here in Lowton and we are regular monthly visitors to Silloth during the

Wills Online Amateur historians can

add extra branches to their family trees now that details of a genealogical treasure trove dating back more than 350 years has been put online by Cumbria County Council.

A list of more than 23,000 wills for people who lived in Cumberland north of the River Derwent, and the northern half of Westmorland between 1751 and 1858 have been made available online by the county council's archive service

These join the details of some 70,000 wills of people from Cumberland and Westmorland between 1858 and 1941 which were put online by the archive service last year.

The records include the wills of legendary Lakeland huntsman John Peel who died in 1854; Margery Jackson, the notorious Carlisle Miser who died in 1812, and Keswick pencil maker Robert Coupland, who died in 1850.

The records also include bonds for the maintenance and tuition of children under 21 whose parents had died.

Cllr Beth Furneaux. Cumbria County Council's Cabinet member for the archive service, said: "This is a great development that opens up a large amount of important documents to a world-wide audience and will help local people. Although the language may often be very formal, a will reveals a lot about a person. It can help identify an ancestor's social and financial status, their relatives, what they left behind to friends and family, and of course how wealthy they were. I hope this inspires people to delve even further back to discover even more about

Sandra Hickebottom **MCFHP DipFHT MAFHP** 



# Cumbria Neighbourhood Watch Need Your Help

Cumbria Neighbourhood Watch Association and our volunteers have recently been involved in two prestigious awards ceremonies.

At an award ceremony hosted by the National Neighbourhood and Home Watch Network, Pat Farish and Pauline Finlayson, Neighbourhood Watch and Police Service volunteers from Carlisle, came first in the database category for their work in supporting Cumbria Community Messaging (CCM). And at the same award ceremony, the Cumbria Association was runner up in the partnership working category.

In another ceremony in London hosted by BT and supported by the great and the good in IT, Cumbria Community Messaging was one of a shortlist of three from over 200 applications for awards. We didn't win, (although I think we should have done!) but it is excellent that the system is recognised nationally as an example of good practice in community communication and support. Well done, but so what,

their ancestors." Details of all these records and more are online at cumbria.gov.uk/archives and follow the links to CASCAT, the Cumbria Archive Service Catalogue. If you find a record of interest you can order a copy of the full document from Carlisle Archive Centre on 01228 227 285

& Delivery Service



you might be excused for saying!

Well, we don't want to simply rest on our laurels so the Association Board is looking for your help in developing Cumbria **Community Messaging** further.

We need someone with communication skills who can maximise the opportunities for beneficial publicity for CCM and we need someone with technical skills who can work with our partners in finding new and innovative ways to maximise the value of the system to communities throughout Cumbria. If you are interested in getting involved in an award winning and really beneficial system please respond to this message. It would be great to hear from you.

At the same time the Association Board are always looking for active supporters of Neighbourhood Watch who would be prepared to join us on the Board in helping to support and develop the movement in Cumbria. Again if you are interested please respond to this message. A member of the Board will be in touch with you to let you know more about what we do and how you might get involved.



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summer months. Rhonda

unfortunately Rhonda has

breast and is going back for

she will have further x-rays

to see if she has any further

great and loving her time

Lesley and John Chadwick

be well looked after.

So apart from that she's

with us and Queenie she will

Pink Poodle

problems.

an operation and whilst there

has been to the vets and

cancer in a lump in her

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# **Autumn Concert**



Christ Church, Silloth is pleased to invite you to an evening of enchanting music ranging from folk to classical.

We are delighted to be welcoming the Gala Trio and friends along with a striking performance from the Cumbria Horn Ensemble.

The Gala Trio was formed in 2003 when three music enthusiasts met in West Cumbria. Angela Turner (flute), Gabrielle Sanders (oboe)

& AnneLouise Rothwell (clarinet) began playing trios for their own pleasure but were soon entertaining people at local concerts.

They are also joined by Bee Marriott (bassoon) & Jody McQuiston (horn). Both teach in the local North Cumbria Music Service and are involved as performers in several local groups.

Cumbria Horn Ensemble is made up of horn players from Millom to Carlisle,

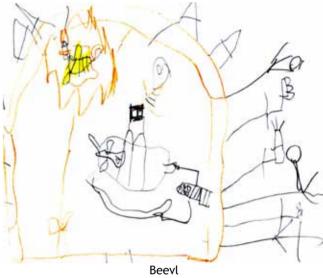
including teachers, students, and a vet. Started by Jody McQuiston and her pupil, Sam Holburt, to fill the French-Horn-Ensemble shaped hole in Cumbria's music scene. Together, they play all types of music from classical through jazz to show-tunes.

Schumann described the horn as the soul of the orchestra; come and see what a clutch of them are like at full throttle!

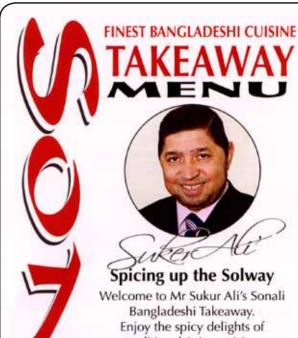
Silloth Lifeboat Call-Out

Report by: Sue Kent and called the Coastguard." Weather conditions moderate. Silloth RNLI lifeboat launched at 8:30pm on Thursday 12th August to a

were good and the sea state



by Kayden from Holme St Cuthbert School



### **Music & Beer Festival**

This years festival is on from Thursday September 5th to Sunday 8th. Get your tickets at Winters Newsagents, Carnegie Theatre 01900 602122, or online at ticketweb, or pay on the door.

New for this year on Thursday evening 14-18 yrs old will be allowed in with a responsible adult to see five local bands and 'The Lottery Winners, a great act from Manchester who recently played on the bill at Hard Rock Calling with none other than the boss Bruce Springsteen.

Friday sees Kontiki Suite and Them Beatles supporting a great 10 piece band 'How Sweet It Is, the Motown Show.

Saturday afternoon we have 'Guilty As Sin,' an Edinburgh 3 piece Irish folk rockers, Deliverance and the fantastic 45s from Carlisle, don't miss this one!

Saturday evening sees London based Heavyball kick off proceedings. These guys supported the Kaiser Chiefs on their last tour. Carlisle popsters Highly Strung are

is a show not to be missed. Sunday we have 'The

Outfits' from Sheffield kicking in at 1pm. Former Silloth resident Walshy is their manager and swears they are a band to watch out for. Rockaokee is next with an extended show as they were so popular last year. Finally, one of the best pop acts in the North of England, Boomin.

We have all the usual real ales (75)plus lager, wine and soft drink. New for this year is Briska Swedish Pear Cider also Thai Catering has been added to the beer garden. Prices have been held at last years level.

Finally, if you want to give a hand setting up from Tuesday 3rd you will be made more than welcome.

Winners of the Beerfest Ticket Competition were: Ray Hopper from Silloth, D Richmond from Lanark and N Szandurski from Silloth.

For more information

visit our website www. sillothbeerfestival.co.uk.

Tickets are available for individual sessions, or a weekend pass.

Please LIKE us at www.facebook.com/ sillothbeerfestival or FOLLOW us on twitter at www.twitter.com/ sillothbeerfest.

### **Buzz Deliverers** Wanted

16ft fishing boat.

persons on board.

The vessel was believed to have broken free of its

moorings in the Bowness on Solway area and drifted down to Skinburness with no

Silloth lifeboat crew

and towed it onto the West

line for the owner to collect.

"Members of the public were

Beach, above the high tide

Steven Henderson,

concerned that there may

have been persons on board

Senior Helmsman said

put the boat under tow

Can you deliver here:

This area has been without a deliverer for a while, we are very short of volunteers in Abbeytown - can you help?

Abbeytown from the Wheatsheaf pub road end along to the Abbey and along to T Wilson (not Friars Garth) 43 houses. This can be split.

Reserve deliverers are also needed everywhere to cover holiday/sickness times, quite a few of our reserves have now become full time deliverers.

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# Abbeytown Carnival

#### Report by: Sarah Kay Photos by: Mike Faulkner

Following a year of succesful fundraising, Abbeytown enjoyed a fantastic Carnival Day on the 27th July which brought the whole community out in force. For the second year running the post-procession activities took place on the Green in the centre of Friars Garth (whilst improvements continue on the Recreation Ground).

Issue 118

The procession began at 1pm and there was a good number of floats and a higher number of pedestrians than usual - a great turn-out for a small village! The route was lined with spectators as Scooby Doo, a host of Disney characters, Hawaiin hula dancers and even the team from DIY SOS set off slowly from the school and down Main Street. The current road closure and diversion caused some extra chaos but everyone was happy to wait patiently and enjoy the spectacle.

Following on from the judging and the prize-giving Lucy Penrice was crowned as this year's Carnival Queen before the popular sports and activities got under way. The free facepainting, crafts and bouncy castles were really popular with the children (and parents) and all ages enjoyed the Moky dancing and entertainment from Eric Stanwix and the Spot On team.

The Carnival Committee are grateful to everyone who supports our fundraising efforts throughout the year and those that donated money on the day which pay for the prizes, entertainment and necessary insurance. We would also like to thank everyone who supported the day itself by moving their cars, allowing the use of electricity and equipment and giving their time.





Queen Lucy Penrice



Judges John Hope, Lawrence Marshall & Robin Hurst



MC Graeme Little



















#### Report by: Ian Morris

Major Peter Reynolds (Pine Terrace) & SSgt Ian Morris (Caldew Street) surprisingly met up 4,000 miles away from the sunny streets of Silloth in Camp Bastion (Afghanistan) at the start of their six month tour of duty. Both are playing their small part in helping the Afghans to take control of their own country. The last time they were both doing battle together was back in the early 90's, when both of them played for the Silloth Tigers.

Ian is attached to 908 LSU (Labour Support Unit), based in Camp Bastion as a SNCO (Senior Non-Commissioned Officer), OP's Co-ord who's job entails going out to MOB's (Main Operating Base), and PB's (Patrol Base) and places of a sensitive nature to liaise with Military Line Managers (MLM), who look after Locally Employed Civilians (LEC), who work for the British/Danish/ Estonian Forces as either Interpreters or labourers. Ian's job is to act as a liaison between the MLM's and the LSU to provide advice and HR support to the Military Chain of Command and MLM's on all matters relating to the Managing

of LEC's. This means a lot of air miles in Helicopters both British & American, travelling in Danish & British Armoured Vehicles and the odd foot patrol thrown in to get to MLM's who are stationed all around Helmand Province.

Pete is a Quartermaster and Engineering Officer with the Theatre Equipment Support Battalion; in addition he is also the Officer Commanding their Echelon and is in charge of 60 soldiers and 25 LEC's. He is responsible for the day to day provisioning of all the technical services to the Battalion which includes the management of all the vehicle holdings, tooling, special test equipment and general life support to over 400 personnel.

Ian said, it was uncanny not having seen Pete for years and then meeting up with him in Afghanistan on my first day in theatre, I knew that he was going to Afghanistan but due to the nature of my job I wasn't sure if we would ever meet up but it turns out he only works 400m from where our office is in Camp Bastion and Pete is one of the MLM's I have to visit, which is handy due to Pete being a Quartermaster, if I can't get hold of any kit I ask him if he can get it for

me of which he has managed to come up with the goods on a couple of occasions, especially foot powder.

Life out here isn't too bad, the heat at times can be challenging, to date the max temp we have had is 51 Degrees but it normally averages around 44/45 Degrees in June – Aug which means basically you are sweating constantly all day. It is hard not seeing your family every day but what does help is having internet and telephone, where you can contact your family virtually every day. Of course we do keep in touch regularly and they keep me well informed of Silloth life. They keep me supplied with niceties by sending me welfare boxes of which I am very grateful and I should also say a big thank you to the rest of my family and Shona Nicholl who also sent me out a welfare box, Many Thanks.

Well four weeks till R&R and back to wind & rain no doubt, however I am looking forward to spending time with my family and of course having the odd beer or two in the RAFA and Rugby Club to which I would like to say a very well done to all the players and coaching staff and not forgetting Christine and her staff for making the previous season a successful one.

The question on all the supporters minds is will Willie Collins play? Has Bev bought him a new pair of boots? Will the Collins rugby saga continue or will he finally say goodbye to not being able to move freely for 5 days a week and join me in the has-beens drinking area with Gazza and Bob? Finally many thanks to everyone who has supported me whilst I have been in Afghanistan whether it's been facebook messages of support, letters or indeed welfare parcels it does make a difference to the morale especially when I am having a bad day which does happen from time to time, keep up the good work I am due to leave Afghanistan at the end of October. Susan and Ryan I Love you xxx

# Silloth Half Marathon



Check out the race pictures on SolwayBuzz.co.uk

Report by: Geoff Betsworth

At Silloth's first ever Beach Half Marathon, the weather was fair. Seasoned runners like a challenge, and they got just that.

From the organisers' point of view, it was a challenging logistical exercise, and one which created a few headaches. However, on Sunday 18th at 1:30pm exactly, the runners set off for Dubmill Point. Although it is only a half marathon the sand makes it particularly arduous and certainly not a run for the faint hearted. I witnessed many of the runners crossing the finishing line, gasping for breath and at the same time thanking the organisers for a



Family Comedy Theatre Show with Music at Mawbray

on Saturday 14th September @ 7:15pm

Eddie and the Gold Tops is a family comedy theatre show set in the 60s about Eddie the singing milkman who's songs get into the charts, with an appearance on top of the pops and heading for the high life things take a churn for the worst

Features Robert Angell from BBCs Waterloo Road

Bring your own refreshments Tickets £8 Adult, £4 Child ring 016973 31925 to book

Christ Church, Silloth AUTUMN CONCERT



There will be a Facebook page dedicated to the Silloth Beach Half Marathon in the near future. **Results:** Male winner: Howard Seal 1.29.24 Female winner: Helen Young 1.46.17 Team winner: Team 13 Derwent AC 1.49.19





Louie Bee by Charliegh Harrison from Holme St Cuthbert School





Saturday 28th September @ 7.30pm with The Gala Trio Gabrielle Sanders (oboe) AnneLouise Rothwell (clarinet) Angela Turner (flute) & friends Bee Marriott (bassoon) Jody McQuiston (horn) also featuring The Cumbria Horn Ensemble Tickets £6 - including refreshments or pay at the door accompanied under 16s free For further information contact Revd Bryan & Mrs AnneLouise Rothwell 016973 31413



#### Children's Centre

**Opening Hours:** Monday 9:30am to 12:30pm fortnightly for the Childminders group also Monday 1pm to 3 pm term time Tuesday 1pm to 3 pm term time Wednesday 9:30am to 12:30 for Tots n Toddlers

Open at other times when the rooms have been booked, if you wish to use the Centre please call to make arrangements. We are more than happy to show people around, chat on a one to one basis or in small groups.

Contact Numbers: Silloth CC - 016973 31230 Aspatria CC - 016973 22777 Wigton CC - 016973 49555

#### Arthritis Support

Wigton Area Arthritis Support Group meet on 1st Friday each month at Loveday House, South End, Wigton @ 1:30pm, details from Gladys 016973 43964

#### Silloth Tots/Toddlers

Silloth Tots & Toddlers meet in the Children's Centre, Silloth and is open to all children aged from 0 to 4 accompanied by a parent/carer. Sessions are on: Wednesdays: 10pm to 11:30am term time only Entry is £1 per family and this includes refreshments All Welcome Call in for a friendly chat

#### Abbeytown Library

Abbeytown mobile library will stop outside the Wheatsheaf Inn at 1pm for an hour every Monday

#### **Christ Church**

For Christ Church baptisms and other church related business please contact: Rev Bryan Rothwell The Vicarage, Wigton Road Tel: 016973 31413

#### **Civic Amenity Sites**

Operated by Cumbria County Council. tel: 01228 606060 Maryport Tip, tel 01900 66922 open daily 8am to 6pm Wigton Tip, tel 016973 45617 open Tuesday, Thursday, Saturday & Sunday, 8am to 6pm

#### **Production Team**

**Proprietor:** Peter McRobert Barn Cottage Skinburness, CA7 4RA Tel: 016973 32180 Email: office@solwaybuzz.co.uk

#### Football Training

#### Silloth Football Club

**Eden Street Playing Field** under 7 years Wednesdays 4-5pm under 11 years

August

Solfest

Solfest

24th Solway Shore Walk meet at Allonby Car Park opp

Twentymans Store at 8:45am

Solfest

Bank Mill Craft Show

Silloth Craft Show in

Silloth Town Council

Criffel Tea Dance in

Parkinson's Group

Silloth Music & Beer

Silloth Music & Beer

Anniversary Coffee

Blencogo Annual

Silloth Music & Beer

Silloth Music & Beer

Causewayhead WI

Crunch Service in

Silloth Carnival

Christ Church Hall 11am to 4pm

Community Hall, all welcome

Westnewton Village Hall from

Meeting in Wheyrigg Hotel at

12:30pm for lunch then talk

welcome. 016973 52527

Festival on Silloth Green

Festival on Silloth Green

Morning in the Recreation

Hall with Silloth & District

Produce Show at 2pm

Festival on Silloth Green

Festival on Silloth Green

a Professional Musician

from 8am to 9:45am

Maryport to Silloth

31925 to book

**Bowls Competition** 

Skinburness Road Car Park

14th Marylin Amyes Memorial Charity Walk from

Theatre Show at Culterham

tickets £8, child £4, tel 016973

Hall, Mawbray at 7:15pm

meeting in Trinity Methodist

Church Schoolroom at 7:15pm

for Ian Potts describing Life as

by Dr John Morris, Consultant

Clinical Neuropsychologist. All

1:45 to 3:45pm, Tel: Marie Robinson 016973 31553

Book on 016973 21967

September

meeting at 7pm in the

23rd

24th

25th

25th

26th

1st

2nd

3rd

4th

5th

6th

7th

7th

7th

8th

11th

14th

14th

15th

Pensioners

Wednesdays 5-6pm Men's Team Tuesday 8:30pm to 9:30pm

Men's Team Wednesday 7:30pm to 9pm

Open to boys and girls. Membership forms available from all coaches.

Secretary: Stephen Hart 32706

#### Karate Club

From Monday 9th January Silloth Karate Club will be moving to Solway Community School Hall. under 12's 6:30 to 7:30pm 12's and over 7:30 to 9pm NEW MEMBERS WELCOME For further details contact Stephen on 07811 761033

#### Whist Group

Age no barrier. Anyone interested please come along on a Tuesday at 1.30pm until 3:30pm, entry is £2 - if you require any more information please ring Susan Kenny on 016973 32450.

#### **Kickboxing Club**

The Kickboxing Club is held in Christ Church Hall every Thursday night from 6:30pm to 7:30pm. All welcome. www.solwaykickboxing. webeden.co.uk

#### Kettlebell Fitness

Kettlebell Total Body Blast is at Silloth Sports Hall every Wednesday night from 7pm to 8pm. Rapid results, Unisex, Suitable for all levels of Fitness. To Book Call or Text Gayle on 07725 99 00 62

#### Wednesday Bunch

Silloth Evangelical Free Church, Eden Street Wednesday Bunch. at 5pm every Wednesday, (except in school holidays) Fun, bible stories, quizzes, craft, games for 5-11s

#### Bridge Group

Meet on Wednesday evenings from 7 till 9pm, at the Golf Club to play Duplicate. Information from mike.md@btinternet.com

#### **Breastfeeding Group**

# Dates for the Diary

#### September cont'd

2:30pm, Rev Bryan Rothwell Silloth Chrismas 15th Lights Family Fun Day at 2pm in Silloth Social Club

17th Sales of produce, etc in Abbeytown Methodist Chapel at 10:30am, everyone welcome

17th Criffel Tea Dance in Solway Community School from 1:45 to 3:45pm, Tel: Marie Robinson 016973 31553

Wigton Medical 19th Practice closed for training from 1pm

20th Harvest Supper with John Crouch in Abbeytown Methodist Church at 7pm, tickets £10 from Rev Kim Hurst or members

21st Hadrian's Wildlife Blengogo Village hall @ 7:30pm

Bank Mill Craft Show 22nd

26th Solway Arts Society Paintings, Poetry and a little light music at Castlegate Gallery, Cockermouth, 7:30pm 28th The Gala Trio with

Friends and the Cumbria Horn

Ensemble in Christ Church @

7:30pm, tickets £6, u16s free

#### October

Criffel Tea Dance in 1st Solway Community School from 1:45 to 3:45pm, Tel: Marie Robinson 016973 31553

2nd Parkinson's Group Meeting in Wheyrigg Hotel at 12:30pm for lunch then talk by Brian Irving "Solway Coast Area of Outstanding Natural Beauty". All welcome. 016973 52527

5th Coffee Morning in the Recreation Hall with Silloth & **District Pensioners** 

5th Amori String Quartet in Methodist Church, Wigton at 7:30pm

Silloth Town Council 7th meeting at 7pm in the Community Hall, all welcome

9th Causewayhead WI meeting in Trinity Methodist Church Schoolroom at 7:15pm for Gilly Fraser to talk about the Clydesdale Horses Migration from Skye

12th Crunch Service in Skinburness Road Car Park from 8am to 9:45am Criffel Tea Dance in

1:45 to 3:45pm, Tel: Marie Robinson 016973 31553

Practice closed for training

Solway Community School from

Wigton Medical

**RNLI** Race Night in

15th

16th

19th

from 1pm

15th Harvest Service in Abbeytown Methodist Chapel at

**Billy Allison Memorial** 

Family Comedy

#### Ladies Fellowship

Silloth Evangelical Free Church, Eden Street Ladies

#### November

2nd Pre-Christmas Tea in St Andrews Church Hall with Silloth & District Pensioners

Silloth Chrismas 2nd Lights Santa Dash from Discovery Centre at 2pm then family fun inthe Social Club

Silloth Town Council 4th meeting at 7pm in the Community Hall, all welcome

6th Parkinson's Group Meeting in Wheyrigg Hotel at 12:30pm for lunch then talk by Annette Gibbons "ready Salted". All welcome. 016973 52527

9th Crunch Service in Skinburness Road Car Park from 8am to 9:45am

12th **Criffel Tea Dance** in Solway Community School from 1:45 to 3:45pm, Tel: Marie Robinson 016973 31553

Holme Low Parish 12th Council meeting in the Community Hall, Silloth at 7:30pm

13th Causewayhead WI meeting in Trinity Methodist Church Schoolroom at 7:15pm for a demo and talk on Hatmaking by Sara Gadd

Christmas Craft Fayre 17th in Mawbray Village Hall from 10am to 4pm

26th Criffel Tea Dance in Solway Community School from 1:45 to 3:45pm, Tel: Marie Robinson 016973 31553

Christmas Sale & 26th Coffee Afternoon at Silloth Nursing Home from 2pm, admission £1.50

27th The Lost World at Torpenhow Village Hall 7:30pm

30th Pre-Christmas Afternoon Tea in Christ Church at 2pm

30th Silloth Chrismas Lights Switch-On from 12noon on Silloth Green with Lights Switch-On at 6pm

#### December

Silloth Town Council 2nd meeting at 7pm in the Community Hall, all welcome

Parkinson's Group 4th Meeting in Wheyrigg Hotel at 12:30pm for christmas lunch then Susan Allison and her "Christmas Cracker". All welcome. 016973 52527

6th Harlequin Choir in St Andrews Church Hall, Silloth Proceeds in aid of the RNLI

Crunch Service in 7th Skinburness Road Car Park from 8am to 9:45am

Christmas Party in 7th

#### December

Causewayhead WI 11th meeting in Trinity Methodist Church Schoolroom at 7:15pm for the AGM

Mens Choir Christmas 13th Concert in Christ Church Hall at 7pm

22nd St Pauls Afternoon Carol Service in the church at 3pm

24th **Christ Church** Christmas service at 6pm

24th Christ Church Midnight Service at midnight

#### January 2014

Criffel Tea Dance 7th in Solway Community School from 1:45 to 3:45pm, Tel: Marie Robinson 016973 31553

Causewavhead WI 8th meeting in Trinity Methodist Church Schoolroom at 7:15pm for Members Night

Wigton Medical 15th Practice closed for training from 1pm

18th Crunch Service in Skinburness Road Car Park from 8am to 9:45am

#### February

Coffee Morning in the 6th Recreation Hall with Silloth & District Pensioners

Crunch Service in 15th Skinburness Road Car Park from 8am to 9:45am

#### March

Coffee Morning in the 1st Recreation Hall with Silloth & **District Pensioners** 

Crunch Service in 15th Skinburness Road Car Park from 8am to 9:45am

20th Wigton Medical Practice closed for training from 1pm

Recreation Hall with Silloth &

#### April

District Pensioners

5th

**Editorial Content** This is down to you, we can only publish items if you send them to us. When sending articles in, please supply a contact name and number in case something requires clarification. We will accept letters or emails, but we do prefer emails as we have to have your letters typed out.

Published by:

Peter McRobert with the support of the whole community and an army of volunteers.

Mondays 10am to 11:30am Wigton Bowling Club, West Road, Wigton Have a cup of tea and meet other breast-feeding mums. Support and advice is available from trained Breast-feeding Peer Supporters and from Health Visitors or Midwives. For more information call Wigton Health Visitors: 016973 66608

Copy date for the 1st September 2013

If your organisation has an event to promote or you have something to say, please note the next copy date.

Fellowship starts Thursday, 26th September at 1.45pm. Thereafter alternate weeks. Warm fellowship, refreshments, and good speakers. All welcome

#### **RNLI** Shop

SHOP OPENING HOURS

Saturday 11am - 4pm Sunday 11am - 4pm Monday 1pm - 4pm Tuesday 1pm - 4pm Wednesday 11am - 4pm Thursday 1pm - 4pm Friday 1pm - 4pm Our shop is staffed entirely by

volunteers and occasionally we may not be open at the advertised time. We do apologise for any inconvenience that this may cause.

Silloth Social Club at 7:30pm

25th Halloween Bonfire & Fireworks Display on Silloth Airfield

29th Criffel Tea Dance in Westnewton Village Hall from 1:45 to 3:45pm, Tel: Marie Robinson 016973 31553

31st Silloth Chrismas Lights Halloween Party in Rugby Club at 5pm

Errors do occur in Dates for the Diary. Please check before attending an event.

Do you have an event in the area bounded by Abbeytown, Mawbray, Silloth, Skinburness, if so please let us know.

TBA with Silloth & District Pensioners

Criffel Tea Dance in 10th Solway Community School from 1:45 to 3:45pm, Tel: Marie Robinson 016973 31553

party at The Vaults, Aspatria at 7:30pm

Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included. however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.



Coffee Morning in the

Zayn Bee by Lois Smith from Holme St Cuthbert School

Send Your Bees to the Solwav Buzz There is a Bee Shortage and we **Need Yours!** 

Errors do occur in Dates for the Diarv Please check before attending an event

Anne Carruthers

Cumbria Library Service

### Your Letters

Dear Buzz,

What a wonderful summer we are having, warm sunshine and very little rain, resulting in success for Silloth Green Day, Vintage Rally and The Kite Festival.

Unfortunately, the combination of light nights and warm evenings has resulted in the emergence of mindless idiots racing around the streets in their pratmobiles. Instead of being able to spend relaxing evenings on the green or in our gardens, residents and visitors alike have to contend with revving engines and screeching tyres. I recall reading in an earlier edition of the Buzz that a new community police officer has been appointed to tackle the problems of dangerous driving, vandalism and litter, seemingly with a total lack of success. Surely the answer to these problems is stronger deterrents, more police patrolling, maybe traffic calming humps on Solway Street and fixed penalty fines with 3 points added to licenses. Surely it should not be too

difficult to restore Silloth to a peaceful existence, after all, we managed to see off the threat of the ludicrous plans for a nuclear waste dump under the town! This problem needs to be addressed urgently before someone is injured or killed by these morons racing around our streets.

#### Name withheld

Editors comment: This problem has also been verbally expressed to me by several people around Silloth, not just in the town centre. I felt it only fair to allow the police an opportunity to respond.

#### Dear Buzz,

PCSO Lindsay Tuck is our Community Offer for Silloth and is responsible for partnership development in Silloth under the direction and control of the NPT Sergeant and Inspector. The officer is working to engage with pupils and staff in the local schools, extend our crime prevention business in all caravan and holiday parks in Silloth, extend our local farm watch in all areas in the Silloth area. The officer is working to maintain our pub watch scheme and thus reduce violent crime in Silloth. PCSO Tuck brings to Silloth a great deal of experience and ability to develop relationships with all sections of the Community. It is in the weeks and months ahead that this fact will be recognised. However the officer does not have responsibility for dealing with dangerous driving, but can be a witness and gather intelligence so such incidents can be investigated. The local Designated Officer for Silloth with other officers from Allerdale Rural NPT and West Cumbria Road Policing Unit are to commence a road traffic operation in Silloth. The officers will be looking to identify persons driving whilst using mobile phones, persons in vehicles whilst in motion not wearing seat belts and speeding related offences. Silloth has low crime and it is our aim to ensure that this is maintained throughout 2013.

Inspector Dennis Kellv

Allerdale Rural Neighbourhood Policing Dear Buzz,

Firstly I would like to point out that a number of persons have been spoken to regarding speeding in the town. A Road Traffic operation in Silloth will now be undertaken by PC476 Andy Robertson in consultation with other officers regarding the speeding concerns reported. The Allerdale Rural Policing Team will take appropriate and proportionate action to prevent and deter speeding in Silloth to the extent that it has been reported. It is with extreme disappointment that the Police are having to take such action, because speeding can have severe consequences not only for an individual. but for families and the community as a whole.

For that reason the policing operation will be commenced so that we can prevent and deter speeding and educate those found to be speeding.

> PC Rob Gorse Allerdale Rural N.P.T.



#### Non-Commercial Tourism Websites

Team

solwaybuzz.co.uk sillothgreen.co.uk sillothonsolway.co.uk sillothgolfclub.co.uk vintagerally.co.uk sillothbeerfestival.co.uk silloth-on-solway-tc.gov.uk visitcumbria.com/wc/silloth soldiersinsilloth.co.uk solwayplain.co.uk/silloth1.htm facebook.com/sillothgreen facebook.com/silloth-carnival

Remember – you can join the library, search the library catalogue, renew and request books online at cumbria.gov.uk/libraries

# Summer Sizzler

Why not curl up with a good book?

### The Cuckoo's Calling by Robert Galbraith

When a troubled model falls to her death from a snowcovered Mayfair balcony, it is assumed that she has committed suicide. However, her brother has his doubts, and calls in private investigator Cormoran Strike to look into the case.

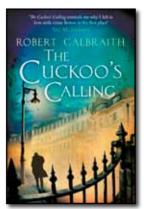
Strike is a war veteran wounded both physically and psychologically - and his life is in disarray. The case gives him a financial lifeline, but it comes at a personal cost: the more he delves into the young model's complex world, the darker things get - and the closer he gets to terrible danger . . .

#### Orange is the New Black by Piper Kerman

With her career, live-in boyfriend and loving family, Piper Kerman barely resembles the rebellious young woman who got mixed up with drug runners and delivered a suitcase of drug money to Europe over a decade ago. But when she least expects it, her reckless past catches up with her; convicted and sentenced to fifteen months at an infamous women's prison in Connecticut, Piper becomes inmate 11187-424. From her first strip search to her final release, she learns to navigate this strange prison world with its dangerous relationships. She meets women from all walks of life, who surprise her with tokens of generosity,

#### The White Princess by Philippa Gregory

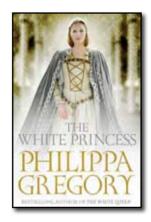
The haunting story of the mother of the Tudors, Elizabeth of York, wife to Henry VII. Beautiful eldest daughter of Edward IV and Elizabeth Woodville - the White Queen - the young princess Elizabeth faces a conflict of loyalties between the red rose and the white. Forced into marriage with Henry VII, she must reconcile her slowly growing love for him with her loyalty to the House of York, and choose between her mother's rebellion and her husband's tyranny.



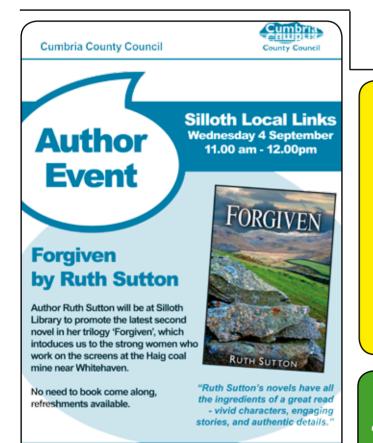
A gripping, elegant mystery. This is the acclaimed first crime novel by J.K. Rowling, writing under the pseudonym Robert Galbraith.



hard truths and simple acts of acceptance. Now an original comedydrama series from Netflix, Piper's story is a fascinating, heartbreaking and often hilarious insight into life on the inside.



Then she has to meet the Pretender, whose claim denies the House of Tudor itself.



### Masthead Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered hoodie to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher.

So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Send them in to the address on this page and a quality Solway Buzz embroidered hoodie from Carlisle Embroidery could be yours.

You don't have to be at school here to send a bee to us.

If you are here on holiday we would love to receive your bee drawing, just tell us your name, where you are from and where you are staying. You will find our address on page 10.

This month the winner is Ruby Allen from Silloth Primary School with a bee called "Rock-Bee".

cumbria.gov.uk

Well done!



The Corporal's Wife by Gerald Seymour

A suspenseful and thrilling novel about a small British team sent into Iran to smuggle out a feisty, independent young woman named Farideh. If they are caught, they will all be executed by the fundamentalist government - the Brits because they are effectively spies and Farideh because her husband is regarded as a traitor and she has a dangerous mind of her own.

Farideh's husband is a corporal in the Revolutionary

Guard, entrapped by MI6 and held in a safe house in Austria for interrogation. His lowly position would not normally make him a target, but his job as a driver to a top general means that he knows the location of secret nuclear sites and has overheard many unguarded conversations. But he won't talk unless they will bring out Farideh. The SAS say it's too dangerous, but the director of the operation doesn't want to lose his prize. He assembles a

little team of three ex-soldiers

who knows the language and

smuggles them into Tehran.

and one student drop-out



This is an epic tale of drama and suspense, where characters display courage, cowardice, hatred and love.

	) Local	Tradesm	en and Se	ervices	
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### On the Water Front

Report by: Captain Slog (Assisted by David at John Stronach Shipping Agency)

#### July 2013

5th Ben Varrey from Sharpness with wheat, then in ballast to Drogheda. 8th Echion from Santander with woodpulp, then in ballast to sea for orders. 8th Wilson Dvina from Ghent with fertilizer, then in ballast to sea for orders. 13th Valentin Pikul from Klaipeda, via Ayr, with fertilizer, then in ballast to sea for orders. 14th Ben Maye from Liverpool with wheat, then in ballast to sea for orders. 19th Verity from Hamburg with wheat, then in ballast to Stornoway. 20th Zapadnyy from Bremen

with molasses, then in ballast to Klaipeda. 22nd Wilson Grip from Gdynia with bagged fertilizer, then in ballast to Londonderry. 24th Ben Maye from Liverpool with wheat, then in ballast to Liverpool. 29th Britannica Hav from Sables D'lonne with wheat, then in ballast to Birkenhead. 30th Ben Maye from Liverpool with wheat, then in ballast to Liverpool. 31st Ben Varrey from Sharpness with wheat.



Reg Charity No. 1123613 www.missiontoseafarers.org A new branch of 'The Mission to Seafarers' has recently started up at the Port of Silloth, aimed at offering pastoral care and general welfare assistance, to all seafarers on ships that call here. The Mission was originally established in the UK in 1856, following the inspirational work in aid of seamen, undertaken by the Anglican clergyman John Ashley at the port of Bristol. By 1858 the work of this charitable organisation covered 14 ports. It was then renamed 'The Mission to Seamen, adopting a flying angel symbol and has since spread to 250 ports worldwide, becoming known to seafarers of all nationalities

#### as 'The Flying Angel' or simply as 'The Mish', offering emergency assistance, practical support and a friendly welcome.

Mission Centres gradually opened In the larger ports, so that seamen could be offered a number of distractions from their tough shipboard life, such as light refreshments, reading and games rooms, good cheap accommodation and of course a chapel. It was in 2000, that 'The Mission to Seamen' changed its name to 'The Mission to Seafarers', to better reflect the fact that it has always cared for all those who earn their living at sea, regardless of gender.

With ships becoming larger and more specialised, the turnaround times in ports have become much quicker, with the ships themselves probably being berthed at greater distances from towns or cities. Consequently, modern day seafarers, who may be male or female and



are increasingly likely to originate from a developing country such as India or the Philippines, will spend much less time in port and with fewer opportunities to get ashore to enjoy the facilities available. In these circumstances, the work of the Mission staff has become even more important, providing where possible, a small clubhouse or facility on piers or jetties nearer to where the ships are located.

Still funded entirely by voluntary contributions, 'The Mission to Seafarers' aims to offer in God's name, to seafarers and their families of many different cultures

### **Tide Tables** SEPTEMBER 2013

SILLOTH

Queens B & B

Scaffold Hire

**Rainbow Flowers** 

Sandra Hickebottom

Seasoned Firewood Logs

	DEPTH ON NEW DOCK GAUGE								
		High Water				Low Water			
	Date	Morning		Afternoon		Morning		Afternoon	
		Time	m	Time	m	Time	m	Time	m
1 2 3 4 5	SU M TU W TH •	08 59 09 50 10 28 11 03 11 34	5.2 5.7 6.2 6.6 7.0	21 22 22 05 22 42 23 15 23 47	5.7 6.2 6.6 7.0 7.2	03 13 04 10 04 56 05 38 06 16	0.4 0.1 -0.2 -0.5 -0.7	15 31 16 22 17 05 17 45 18 22	0.4 0.1 -0.2 -0.4 -0.6
6 7 8 9 10	F SA SU M TU	00 18 00 51 01 27 02 03	7.4 7.4 7.3 7.2	12 05 12 37 13 12 13 49 14 29	7.2 7.3 7.2 6.9	06 52 07 29 08 05 08 40 09 13	-0.9 -1.0 -1.0 -0.9 -0.6	19 00 19 38 20 14 20 51 21 26	-0.9 -0.9 -0.9 -0.7 -0.5
11 12 13 14 15	W TH ) F SA SU	02 45 03 36 04 42 06 11 07 40	6.9 6.3 5.9 5.4 5.6	15 14 16 11 17 27 18 56 20 12	6.5 6.1 5.7 5.6 6.1	09 49 10 33 11 33 00 14 01 45	-0.4 -0.1 0.2 0.2 0.1	22 08 23 01 12 58 14 25	-0.2 0.1 0.4 0.1
16 17 18 19 20	M TU W TH O F	08 56 09 54 10 41 11 23	6.1 6.7 7.2 7.5	21 17 22 09 22 55 23 37 12 02	6.7 7.3 7.7 8.0 7.6	03 06 04 17 05 15 06 06 06 50	-0.2 -0.6 -1.0 -1.2 -1.4	15 40 16 42 17 36 18 23 19 05	-0.2 -0.6 -0.9 -1.1 -1.2
21 22 23 24 25	SA SU M TU W	00 15 00 53 01 31 02 08 02 44	8.0 7.7 7.4 7.0 6.4	12 38 13 14 13 49 14 24 15 02	7.5 7.3 7.1 6.6 6.2	07 29 08 05 08 39 09 08 09 36	-1.3 -1.1 -0.9 -0.5 -0.1	19 44 20 21 20 56 21 28 22 01	-1.1 -0.9 -0.6 -0.3 0.1
26 27 28 29 30	TH F ⊄ SA SU M	03 28 04 21 05 34 07 03 08 21	5.9 5.2 4.8 4.6 5.1	15 48 16 51 18 16 19 39 20 44	5.6 5.1 4.9 5.0 5.5	10 08 10 52 11 59 01 12 02 30	0.3 0.6 0.9 0.8 0.6	22 42 23 43 13 32 14 47	0.5 0.8 0.9 0.6

Tide Tables supplied by ABP Port of Silloth Times shown in UTC. Add 1 hour for British Summer Time.

> by arranging hospital visits, or shopping visits to Wigton or Carlisle, for items that are not available in Silloth. She also offers to work alongside the shipping agency to help resolve any crew welfare problems. Her latest project is to

try and establish a Wi-Fi hub-station at the port, so that crew members can more readily contact their relations and loved ones at



face what is becoming an ever-increasing physical, cultural and social isolation.

At Silloth, the Mission team is led by the North West Ports Chaplain Mr Geoffrey Moore, an exseafarer born and raised in Cumbria. His parish includes the ports of Fleetwood, Glasson Dock, Barrow, Whitehaven, Workington, Maryport and Silloth. At Silloth in particular, Geoff is ably and enthusiastically assisted by Ms Liz Elliott, who recently retired from managing the 'John Stronach' shipping agency at the port. Liz undertakes ship visits with a homely touch, often providing some of her own home grown vegetables, as well as eggs from her hens. She distributes informative and multi-lingual Mission newspapers and magazines and will assist crew members

home, who they probably have not seen for several months and are quite likely to be located half way around the world.

If you would like to assist Liz and Geoff with the work of the 'Mission to Seafarers' possibly by a financial donation, or by knitting hats or balaclavas, (knitting patterns available from Liz), or by donating paperback books and magazines or toiletries, etc, please contact the following numbers for further information; Chaplain Geoffrey Moore 07958-604963 or email to geoffrey.moore@mtsmail.org Liz Elliott (Silloth) – 07857-034248. Liz was delighted to tell me, that at a recent fundraising appeal on 'Silloth Green Day, the public generously donated a total of £60 towards 'The Mission to Seafarers'.

### **Phone Book**

This section recognises those whose financial help keeps us going. If you wish to contribute in this way without taking an advert, please contact the Buzz, it costs only £45 a year.

Abbey Cleaning Se	ervices 07732 270844	The
Able Taxis	07807 517246	The
Addison Orthodon	tics	The
Allerdale & Eden	5	Тор
Beacon Veterinary		Up
Bowen Therapy	016973 20242	Wa
C & D Supplies	016973 31632	Wa
Carrs Coaches	016973 32118	We
Chiropractor	016973 31276	Wh
Community Bus	0845 643 9224	Wh
D A Harrison	016973 31785	Wil
David Read	016973 42277	Wiı
Fruit Link	07759 783823	
Garden Services	07542 488750	
Golf Hotel	07768 496313	
Good Companions	016973 31438	
Hair at Home	016973 31553	
Harrison Landscar	07754 523451 Ding	
Harrisons Store Lt	07764 232073	
Hesketh Ecology	016973 61231	
Hopes Estate Age	016973 31986 nts	
J Scott Caravan R	016973 32018	
Jaybees	07823 440813	
Jazzy's School of	016973 31245 Motoring	
Julie Ross Plumbi	07764 405136	
	07805 045052	T
Kirkup & Sons But	016973 32000	$rac{m{U}}{Age}$
KL Express	016973 33033	
Lakeland Paving	01900 828164	Che Cor
Markley IT Consul	016973 31276	Cor
Mike Taylor Plumb	ong 07773 069856	Cor Crir
Outdoor Joinery	016973 61256	Der Der
OvenGem + Carpe	etGem 016973 43858	Der
Peter Farrier	016973 33039	Doc Doc
Peter Wise	07732 690696	Firs the
Photography by Pe	eter 016973 32180	Gas
Pink Poodle	07510 222264	Hig

e Bookkeeper 07919 121575 e Charity Shop 016973 31696 e Handyman 016973 61440 p 2 Toe Beauty Salon 016973 31591 holstery, Irene Armstrong 016973 31836 allsend GH & Tea Room 016973 51055 ash Your Wheels 016973 32696 est Silloth Motors 016973 32833 heyrigg Hall Hotel 016973 61242 ninclose Firewood 016973 61273 lliamson Fencing 07711 144050 inters Post Office 016973 31323



#### Jseful Tel Numbers

Age Concern Home Safety Scheme					
		01946 68986			
	Chemist, Silloth:	016973 31394			
	Community Bus Dave	016973 31785			
	Com'ty Bus Lawrence	016973 31257			
	Community Grants:	01900 325013			
	Crime Stoppers:	0800 555 111			
	Dental Emergency:	01228 603620			
	Dentist, Buchanan:	016973 31270			
	Dentist, Steel:	016973 32042			
	Doctor:	016973 31309			
	Doctor CHOC service	03000 247 247			
	First Responders can or	ly be called by			
	the Ambulance service,	call: 999			
	Gas:	0800 111 999			
	Highways Hot Line	0845 6096609			
	Hospital:	01228 523444			
Holme St. Cuthbert School					
	Mawbray:	01900 881242			
	Holm Cultram Abbey	CofE School			
	Abbeytown:	016973 61261			
MP, Tony Cunningham:					
		01900 65815			
	NAP	01900 702898			
	Neighbourhood Forum:	01900 325013			
	Dellas	404			

and faiths, a source of help, strength and hope, as they

016973 31253

Silloth-on-Solway

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07519 223364

016973 31373

016973 43434

016973 61440

07746 496580

07762

101 Police: Quakers, Wigton: 01228 523174 Register Office, Wigton: 01228 221122 Samaritans: 01228 544444 Silloth Community School: 016973 31234 Silloth Library 016973 31944 Silloth Nursery & Junior School: 016973 31243 Silloth Town Clerk: 016973 31128 Allerdale B. Council 01900 702702 Silloth Tourist Information Centre: 016973 31944 Solway Buzz: 016973 32180 Solway Private Hire: 016973 32310 016973 20242 Vet: Waste Disposal Dept: 01900 702800 Water LeakLine: 0800 33 00 33 Please, let us know what you want included, also any changes to numbers.

# Silloth Lights Switch-On Extraordinaire

Report by: Amanda Bennacer

This year Silloth Christmas Light Committee are having the "Light Switch-On" on Saturday 30th November.

We want to make it a spectacular event as we think you are going to be amazed with what everyone has accomplished this year. We are putting on an all day event on the green starting from 12pm (Light Switch-On at 6pm). There will be lots going on for everyone.

We would like to know if any Crafters/ Shop Owners etc., would like to have a stall on the green, preferably Christmas related. Unfortunately, we are unable to provide any Gazebos or Marquees. Also, does anyone have a donkey and a couple of sheep for the Nativity we can use? If interested in any of the above please contact Mandy on 07841 762801, alternatively email: a.bennacer@ btinternet.com.

We also have a few dates for the diary:

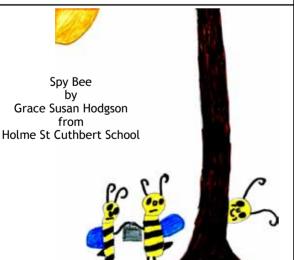
• Family Fun Day – Sunday 15th September, 2pm at the Social Club – tickets on sale now

• Halloween Party -



Thursday 31st October, 5pm at the Rugby Club - tickets available shortly • Santa Dash – Saturday 2nd November, 2pm at Discovery, then an afternoon of fun at the Social Club. • Light Switch On – Saturday 30th November, from 12pm The Green

We would like to thank everyone at this time for all your hard work, we are confident everyone will be impressed when we Light Up Silloth this year.



### **Free Electric Blanket Testing**

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For general advice please

appointment only with

713594.

Cumbria County Council's Trading Standards and Cumbria Fire and Rescue Service are offering free electric blanket testing sessions across the County. Ten events will be held across Cumbria in September and October and residents can bring their blanket to be tested, by appointment only, between 9am and 5pm at the following locations: Wed 18th September Workington Community Fire Station, Moorclose, Workington. Fri 20th September -Carlisle East Community Fire Station, Eastern Way, Carlisle. Thu 3rd October -Methodist Church Hall,

# **Be Alert to** Lung Cancer

or changes

• Coughing up blood

usual for some time

• Losing weight for no

• Feeling more tired than

• An ache or pain in the chest

Councillor Patricia Bell,

or shoulder that has lasted

Cumbria County Council's

cabinet member for Public

Health and Communities,

Cancer lung cancer campaign

highlights the importance of

going to your doctor if you

have any of the symptoms

of lung cancer, particularly

a cough that lasts for three

weeks or more. I would urge

people in Cumbria to speak

to their doctor if they have

any of the symptoms, and

to encourage any of their

friends and family, that they

the same. You're not wasting

anyone's time by getting your

symptoms checked out. And

if your symptoms persist, go

back to your doctor - they'll

Dr Rebecca Wagstaff,

Cumbria County Council's

Acting Director of Public

want to help."

are concerned about, to do

said: "The Be Clear on

Breathlessness

obvious reason

some time

Cumbria County Council's public health leaders are backing a new campaign to detect and treat lung cancer, earlier.

The NHS 'Be Clear on Cancer' lung cancer campaign aims to raise awareness of the signs and symptoms of lung cancer, especially a cough that lasts for three weeks or more, and encourage those with these symptoms to see their doctor. The earlier cancer is found, the more treatable it is.

Around 360 people are diagnosed with lung cancer in Čumbria every year, with the majority of cases occurring in those over the age of 50.

Lung cancer has one of the lowest survival rates of any cancer because over two-thirds of patients are diagnosed at a late stage when treatment that could cure is not possible. More lives could be saved if people were diagnosed at an earlier stage.

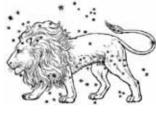
A cough that lasts for three weeks or more is the most common symptom of lung cancer. Other

Astrology LEO

July 23 - August 22

'Who praises all his kindred and Expects his friends to praise them, too? Yet cannot see their senseless view? Ah, LEO!

This expansive, dramatic persona (think 'Lion King' here!) is hard to ignore - and that's just how it should be – at least in the mind of a Leo! If there's one thing they cannot stand – it's indifference; better a raging



fight than obscurity! Leos are warm, sunny and outgoing but just love to be adored and looked up to. Those who fail to recognise a Leo's

cancer it's the end. In my experience it doesn't have to be this way. Lung cancer can be treated and you can have a good quality of life afterwards. But it's important for people to be aware of the symptoms of lung cancer - if you have a cough that lasts over three weeks then go to see your doctor. Early diagnosis means you have a better chance of survival. It's very straightforward for your doctor to examine you and determine whether to send you for a chest X-ray. The process is simple and if your doctor suspects it might be cancer you will see a specialist within two weeks. They would then arrange for further tests and, if necessary, treatment.

Dr Wagstaff continued: "Lung cancer is responsible for around a quarter of cancer deaths in the UK, and 90 per cent of lung cancer cases are related to smoking. Stopping smoking greatly cuts the risk of developing cancer. To access free stop smoking support in Cumbria, call 01900 324222 or visit your local pharmacy."



innate need to be superior may find themselves on the end of a right royal snub, or the victims of typically aristocratic wrath! The BRIGHT Side:

Leos are loyal, hardworking and full of selfassurance; flamboyant and generous and with a tremendous charm which draws people close. Being broad-minded and a good

organiser, Leos do well in 'directorial' positions, whether as a company MD, or a charity administrator – as long as they can orchestrate events.

The DARK Side:

This aspect of their personality usually emerges when Leo is being ignored, or when lesser mortals challenge their divine right to rule! Often resulting in a Big Sulk, Leos can be selfopinionated and overbearing. Their fiery outbursts can cause problems with the heart (watch that blood pressure!) and the phrase 'venting one's spleen' was surely intended for this sign!

Best colours are regal gold/ruby red to correspond with rubies and amber gems.

For more information on your Star Sign, please contact Diane on 016973 32729, or email: 'reikidee@gmail.com'.

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symptoms include: • A cough that has got worse

Health, said: "Many people believe if you have lung

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# Shape n Style 25th Anniversary



Clive and Stevie outside Shape n Style celebrating 25 years of hairdressing in sunny Silloth.

Customers enjoyed champagne and music by Stevie Vegas. Clive wishes to thank all customers, present and past, for their support. Stevie Vegas, a good friend of Clive's, will be performing at Silloth School on 12th October fundraising for The Air Ambulance.

### Poem

#### Pretty as a Picture by Joan Bennett

That's the way we think of it, our pretty little town, We just have simply everything, take a look around, On the shores of the Solway Firth, a view across the sea, Of Scotland's mighty mountains, and marvellous scenery. A dock with ships, bringing grain, for the flour mill, A cobbled beach where children play, life is never still, A village green that's very large with lot's of things to do, Overlooked, by a church, it's very old, not new. There's Holiday Camps, and caravans, visitors galore, There's little shops and cafes, these you can explore, A promenade you can stroll, stretch your aching legs, Picnic benches all around, where you can be fed. Best of all the people, the locals are all nice, They'll stop and spend time with you, offer you advice, We're very proud, of our town, Silloth is it's name. We hope that you will visit us, you'll be glad you came.



# **Christmas Card Competition**

Festive fun for the summer holidays to help the RNLI save lives at sea



This summer, reindeer, snowmen and all things festive will be top of mind for budding young artists entering the Royal National Lifeboat Institution's Christmas Card Competition called 'Create Christmas'. Four talented youngsters, aged between seven to 16 years old, will win the opportunity to see their Christmas card designs go on sale across the UK and Ireland, helping to raise funds for the charity that saves lives at sea.

Whether the design is

### Arthritis Support

#### Report by: Gladys Temple

Fifteen members went in the Community Bus on Friday which turned into a beautiful day for a run to the Ennerdale area.

We visited Gaynor and Arthur Davis who made us so welcome with a fun raffle then a wonderful afternoon tea. Gaynor writes her own poetry and kept us well entertained with lots of laughter ringing out over the lovely garden. Arthur also kept everyone interested with tales of the times when they looked after children from Belarus many of whom still keep in touch and now

traditional, modern or funny, young artists entering the competition can choose from three themes when creating their card – 'The Rescue,' 'Coastal Christmas' or 'Christmas for the Crew'.

The charity is hoping to receive a variety of imaginative and colourful festive ideas using a wide range of materials and entries can be anything from hand-drawings, collages or paintings to computer generated designs. Inspiration can also be drawn from the

extraordinary lifesaving work of the RNLI's volunteer lifeboat crew and lifeguards – last year alone RNLI lifeguards helped 16,418 people, including 7,088 children on beaches in England, Wales and Northern Ireland and RNLI volunteer lifeboat crews rescued 7,964 people, including 419 children across the UK and Ireland.

Artist Emma Ball, who designed one of the most popular Christmas cards for the RNLI last year, advises young artists to keep their designs simple as this often leads to the best ideas. She says, 'Plan your card by drawing a few sketches first, show them to your friends and family and see which they like best before you paint the finished card. If using paints then make sure you keep them clean – you'll have a brighter and more colourful painting at the end if you do. Nice bright and cheerful cards always work well – you may be putting a smile on someone's face when they receive them.

The four lucky winners will see their cards sold in a variety box next year through the RNLI's shops, catalogue and website. They will win a two night stay for three at RNLI College in Poole, Dorset, with a VIP tour and a chance to meet RNLI mascot Stormy Stan. The winners will also head

to the beach to take part in the charity's unique 'Hit the Surf' scheme where they will learn how to stay safe in the surf with RNLI lifeguards. In addition they will also receive Storm Force membership, the RNLI's junior membership group. The winners, plus six runners-up, will also see their designs produced as e-cards at RNLIshop.org. uk and both winners and runners-up will receive a fun-packed RNLI goody bag.

Helen Glossop, the RNLI's Christmas Card Buyer says: 'It's a great chance for children to get creative and have fun making their festive designs over the summer holidays. It's also an opportunity to think about the lifesaving work of the RNLI as well as the importance of helping a charity. We're looking for vibrant and refreshing designs that will really stand out on mantelpieces in thousands of homes during Christmas 2014.

The competition is open to children aged seven to 16 years old (by the closing date) living in the UK or Ireland and closes on Monday 30th September 2013. For full details and entry information visit the RNLIshop website rnlishop. org/create-christmas.html. To find out more about

the Ennerdale Valley and the Coast to Coast Cycle Track is nearby so the scenery was spectacular. She also makes various items to sell in aid of Charity and all had a good look around before Mary Piele thanked Gaynor and Arthur for putting on such a lovely tea and all the work they had done to make us so welcome.

Our driver Peter was thanked for a safe journey and everyone thanked Gladys for organizing a lovely afternoon outing.

The next meeting on Friday 6th September will be a slide show by Norman Godfrey and anyone is

have their own families. Their house looks over

FENCING

SUPPLIES

**HYDRAULIC HOSE** 

MANUFACTURER

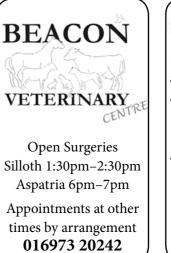
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welcome at Loveday House at 1:30pm

Storm Force membership visit rnli.org/stormforce.







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www.heskethecology.co.uk info@heskethecology.co.uk Tel: 016973 31986 Mob: 07786 318302

# Green Flag for Silloth Green

Silloth Green is one of the very best in the UK – and that's official.

The national award, by environmental charity Keep Britain Tidy, recognises and rewards the best parks and green spaces across the country. A Green Flag flying overhead is a sign to visitors that the space boasts the highest possible standards, is beautifully maintained and has excellent facilities.

Three separate park areas, namely: 'The Green,' 'Harbour Green' and 'Skinburness Green,' are collectively known as 'Silloth Green.' The park is one of the largest village greens in the North of England. It boasts spectacular views over the Solway Firth to Criffel in the North and the Lake District to the South. The Green forms a green link between Silloth's grand Regency townscape and the sea front promenade.

Successful funding bids in 2010 resulted in a two-year programme to refurbish the Green and restore its heritage buildings. Heritage Lottery Fund put forward £1.1m and the Rural Development Programme for England provided funds of £100k. The Edwardian ladies toilets, built in 1910 and the spectacular Victorian pagoda built on a mound overlooking the sea have been sympathetically refurbished. The Green also now boasts a modern waterplay area, an entertainment area in local Cumbrian sandstone, a woodland adventure play area, and a newly revamped putting green. Beautiful oak picnic tables and benches are to be found in various locations, all accessible by new paths. The rose garden, planted in 1954 to commemorate the Queen's coronation, has been replanted with roses. Paths lined with shrub beds allow disabled access to all main areas.



Anna Malina, **Community Engagement** Officer for the Green said: 'We are absolutely delighted to receive a Green Flag Award for the first time. This Award recognises and highlights that people are benefitting from a green space of the very highest quality."

Tony Markley, Town Mayor said "The award of a Green Flag for Silloth Green is a fantastic achievement for the local community and visitors who use this marvellous high quality area on a regular basis. Silloth Green is a fantastic show-piece for Silloth-on-Solway. It offers a space for all generations to relax and play and to enjoy panoramic views over the Solway Firth and Lake District Fells, while enjoying the Victorian architecture and cobbled streets around the town. This prestigious award has been achieved by a dedicated Town Council and maintenance team working alongside local partner organisations and members of the community, who volunteer their time to put on events and help care for the Green. Well done to all concerned."

A Green Flag raising ceremony will take place on the Green, on the corner of Criffel Street and Lawn Terrace, during Silloth-on-Solway's Carnival Day, at 3:30pm on Monday 26th August, 2013.

> Wallsend Guest House and Tea Room

**Every Day** 

Taste

# All in this Picture Please Note!



SOLWAY TROOP SCOUTS .. APRIL 14TH 1947

### **ATTENTION** MOBILISATION OF SOLWAY SCOUT TROOP

[A.K.A.Geordie's Lot.]

The Troop is being mobilised to check the preparedness of its members, to renew THE SCOUT'S PROMISE, to review modern techniques of helping old ladies to cross the road, to relive the Glory Days and to celebrate the memory of their leader the Reverend Mullins.

The reunion will take place on 4th September 2013.

Please report in at samdgap@yahoo.com in order for the number participating to be determined. Those, other than former troop members, who wish to attend for the social evening, will be asked to indicate numbers attending later.

#### **BE PREPARED**



Please inform others who may not be aware of this notice. Reunion Committee KL EXPRESS



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# SWEET IT 0 For full weekend lineup and details on age restrictions visit www.sillothbeerfestival.co.uk