



Painting Bee
by Sally Harrison
from
Holm Cultram Abbey School

Solway Buzz

www.solwaybuzz.co.uk

August 2013

local news - for you - by you - about you - free to you - local news

FREE PAPER

Issue 117

Page 3
Robina is a Winner



Page 4
Mary is a Quilter



Page 5
Meet the new President



Page 8
Community Garden meeting



Page 9
Flying High!



Page 11
Brownies visit Lifeboat



Page 16
Footballers Vintage day



Chernobyl Kids Visit Silloth



'Friends of Chernobyl' are the group that organise a month long visit to the North West of England for these children. The children are of course still affected today by the aftermath of the nuclear fallout disaster in 1986 in Chernobyl, Russia.

Activities over their month long stay have included such things as

canoeing, outward bound, tours and visits and of course a day with the crew of Silloth RNLI lifeboat. The lifeboat crew took the children out to sea on the small training 'ex-D class' lifeboat which they thoroughly enjoyed and had a brilliant day out!

It is believed that as a result of the children spending this one months



vacation in the fresh air of Cumbria, that their overall life expectancy will

increase by 12 months. It was a pleasure to have these children in our company for

the day. A marvellous time was had by all!

Events

27th July

Abbeytown Carnival

18th August

Beach Half Marathon

23rd-25th August

Solfest

26th August

Silloth Carnival

5th-8th September

Silloth Music & Beer Festival

Silloth
www.sillothonsolway.com

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AUGUST 18TH 2013

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Allerdale BC is now CardiacSmart



Allerdale Borough Council is the only local authority in the country to have received a national lifesavers award.

Ten employees and councillors have made Allerdale a safer place by becoming CardiacSmart - giving them all the potential to save a life. The Council had to fulfil a series of criteria to gain its silver CardiacSmart award from the North West Ambulance Service NHS Trust (NWAS). The aim of the CardiacSmart award is to recognise local authorities, businesses and community groups for their dedication to raising awareness of heart health, basic life support and defibrillators.

Allerdale Councillor Nicky Cockburn who is also a first responder initiated the process and helped get Allerdale the defibrillator which could one day save a life.

The CardiacSmart initiative works to extend the blanket coverage of public access Automated External Defibrillators (AEDs) and provide more individuals with training in basic life support in order to improve a cardiac arrest victim's chance of survival.

Corporate Health and Safety Officer, Barry Chambers, said: "This is a great achievement for us and we are taking positive steps in making Allerdale Borough Council a safer place to work and visit. The training, which included CPR and operating a defibrillator, was provided for free by the North West Ambulance Service together with information and support on how to become CardiacSmart. It's helped us to make a difference and maybe save a life."

Councillor Philip Tibble, Executive Member, added: "It's fantastic that the Council has been awarded this accreditation. As an ambulance driver myself I know how imperative it is to act quickly at an individual's time of need. By installing a defibrillator and providing staff with emergency life support training is a positive and simple action to take and will make the difference in saving a person's life."

Around 30,000 people suffer a cardiac arrest outside of hospital each year, and with every minute a person does not receive treatment their chance of survival decreases by 10%. Cardiac arrest is the most extreme

case of an emergency, as the patient loses consciousness at once and there are no signs of life. Defibrillators give an electric shock through the chest wall and help to restore a normal heartbeat. No one knows who will suffer from cardiac arrest, but what is known is that the speed of response, Cardio Pulmonary Resuscitation (CPR) and defibrillation within the first few minutes will improve the patient's chance of survival and recovery.

Well Done Solway College

Solway Community Technology College one of the best in the country at student progress at GCSE

Solway Community Technology College has gained national recognition for being one of the top 20% of schools at adding value to their students' achievements at GCSE.

Solway Community Technology College qualified as one of the top 20% of schools in England for the progress made by its pupils between their Key Stage 2 results at primary school and their GCSE results at age 16.

Every school in the country has been ranked according to how much value they have added to the scores their students were expected to achieve in their GCSE results in 2012. This is determined by the progress students in a school have made between their national test results at age 11 and 16.

Sue Williamson, Chief



Executive of SSAT said:

"Solway Community Technology College should be congratulated for their stunning performance in adding value to their students' achievements."

"Solway Community Technology College is one of the best schools in the country in outperforming expectations for their pupils and improving their future prospects. There is plenty that other schools

could learn from Solway Community Technology College's success.

"These results are testament to the commitment and hard work of the students, teachers and leadership team at Solway Community Technology College and a vindication of their belief in high expectations, good teaching and ambition for every young person."

"Successful schools like Solway Community Technology College understand the value of data, such as these value-added scores, in helping to ensure all young people perform to the very best of their ability. The value-added measures show how schools make a difference and raise achievement above expectations."

Crunch Service Update

The June Crunch service caused chaos in June when the wagon left at 9am, refusing to stop for the people who arrived at that time.

The Solway Buzz received several calls and emails at that time from people wondering what the official times were supposed to be. Matters were further confused when Allerdale said the website times would have to be updated to the new arrangement times.

This was an error as there is no change to the Crunch service. Mr Bob Henderson, the Locality Officer (Community Services) at Allerdale Borough Council provided this statement to the Buzz: "The crunch service at Silloth is 08:00 to 09:45 and there are no plans to change this. There was an error at the last collection service when the vehicle left early (09:00) due to a misunderstanding, this has now been rectified. I apologise for any inconvenience this may have caused."

Angry Queen Bee
by
Ellie Chester
from
Holme St Cuthbert School



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Railway Weekend

The Cumbrian Railways Association is organising a major Educational event looking at the History of Railways in Carlisle over the weekend of 11-13 October 2013.

It is being supported in this venture by other railway groups including: Tyne Valley Community Rail Partnership, Transport & Salaried Staffs' Association, Caledonian Railways Association, London & North Western Railway Society, Midland Railway Society, North British Railway Study Group, North Eastern Railway Association, Cumbria County Council Community Rail Partnerships and Carlisle City Council.

The event starts on the Friday afternoon with visits 'behind the scenes' to see items of railway interest not normally available to the public at Tullie House, Carlisle Library and the County Archive Centre. In the evening the two local model railway clubs, Border Railway Society and Carlisle and District 'O' Gauge Group (CDOGG), will be opening their doors to welcome visitors.

The major event of the weekend is a full day Conference being held in the Hallmark Hotel. With doors opening at 10am for coffee. A formal welcome to the Great Border City will be made by the Mayor of Carlisle, Ray Bloxham. The first speaker of the day will

be Eric Martlew, a former Labour MP for Carlisle, who during his time served on the Parliamentary Transport Group and campaigned hard for the upgrading of the West Coast mainline. Bill Fawcett will outline the coming of the very first railway to arrive in Carlisle from Newcastle. Peter W Robinson will explain how the present Citadel station came about and how the different railway companies were involved. Roger Pigeon covers the three Scottish companies that had lines into Carlisle. The Midland Railway arrived in Carlisle and had a big impact which will be explained by David Joy. Finally Allan McLean will talk about the Railway Races to Scotland which still do impact on the City!

To end the day a dinner will take place in the hotel, the reception is sponsored by the City Council, and the after dinner speaker is no less than Chris Green who is very well known within railway circles not least for his time spent as Chief Executive of Virgin Trains.

Sunday morning will see local historian Dennis Perriam leading a walk around the station and its environs pointing out items of interest but also adding to and bringing to life the history as discussed the previous day. A visit to the Power Signal Box in its 40th anniversary year has also been arranged where

Top Class School Lunches

Report by: Jennifer Rowlands Business Manager, SCTC

Solway Community Technology College in Silloth has an award winning catering team. Despite recent research showing that 43% of pupils nationally eat school lunch, at Solway over 90% of pupils eat lunch at school, so less than 10% eat packed lunches or go home.

Lois Baird, Head Teacher, commented "as well as adding value to our pupils' education, we also ensure they have access to nutritious, home-made lunches. Our stay-on-site policy means pupils are not tempted by unhealthy foods; we always offer several choices of hot and cold meals, and a variety of tempting dishes based on pupil feedback. Our focus on teaching pupils about healthy eating within the curriculum has obviously paid off as the vast majority of our pupils choose to eat from our in house catering team."

a photographic display of all the signal boxes around Carlisle that it replaced will be available to view. Finally for anybody who could not visit the CDOGG clubrooms on the Friday a further opportunity will be available.

Bookings are now being taken. Friday and Sunday events are free with the exception of the visit to the Archive Centre for which a small charge will be made. The Saturday Conference costs £25 per person and includes all refreshments and lunch and souvenir programme. Evening meal is £26. Full details are available at www.cumbrianrailways.org.uk or by contacting: - Philip T Tuer, 24 Carlton Gardens, Stanwix, Carlisle, CA3 9NR. Tel. 01228-522118.

Causewayhead WI

Report by: Jean Vorley

Our Vice President Margaret Durham welcomed 29 members plus 2 visitors: Mary Taylor President of Cleator WI and Kay.

The minutes of last month's meeting had been given to the members to read and they approved them, they were signed by the Vice President.

Our speaker for the evening was Sarah Jackson whose talk was Creation's in Stained Glass. She told us about the glass she uses and her tools while creating a sun catcher, also explaining how she started making stained glass after seeing an advert for evening classes and decide this was something she would like to do. Now she teaches the art of making stained glass at Trinity School Carlisle. As well as decorative items her work also includes stain glass windows and a metre wide Mirror.

We thoroughly enjoyed her talk and demonstration and seeing the beautiful samples of her work. The vote of thanks was given by Brenda Dowdell.

Margaret thanked everyone involved in the Silloth Green Day and for the Raffle prizes that were donated.

Our Spring Council Delegate Jean Vorley then gave her report of the meeting, including passing round photographs she had taken of the finished WI Banner Panels that had been on show at the meeting.

The Bulb orders should be returned at the next meeting.

We had a short discussion about WI House and will continue this discussion at next month's meeting.

Calendars orders are now being taken by Pat Bell.

Next month's meeting is a tour round Silloth Life Boat Station.

Competition for a piece of coloured glass: Ann Harrison, Freda Garner Flower Competition; Ann Harrison, Olga Hetherington Raffle: Shirley Sharp.

Charity Strawberry Tea



Robina Bond won first prize in the raffle

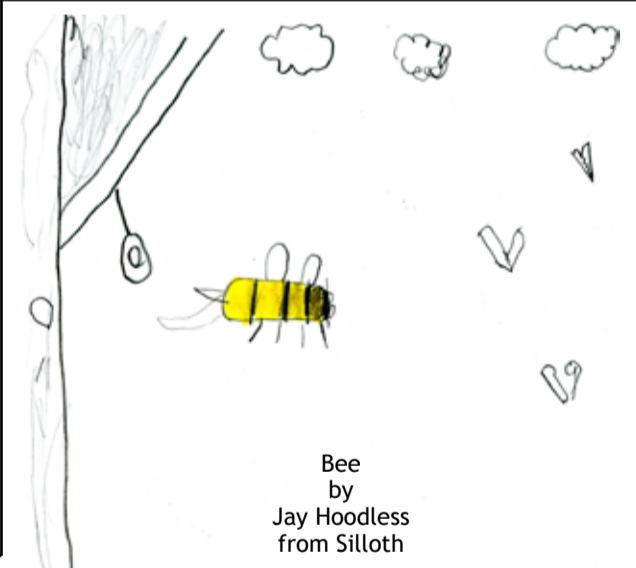
On 11th June Brenda Dowdell from Skinburness Road held a Strawberry Tea in aid of Breast Cancer Awareness.

Some 38 Ladies attended, mostly from Silloth but from further afield as well. Whilst the weather could have been kinder a good time was had by all, although calorie counting had to be put on hold.

Brenda said, "it was a great day, the weather let

us down, but this is Silloth in June so it's what we have come to expect. There was a Dunkirk spirit and I would like to thank all those who supported us and came or just donated, especially the ladies from the Causewayhead WI and the Silloth crafting groups.

Prizes were won on the day and most importantly we raised a magnificent £340 towards breast cancer awareness, a cancer that can affect men as well as women."



Bee by Jay Hoodless from Silloth

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Training on the Mersey



Cumbria's apprentice firefighters took to the River Mersey to get a taste of carrying out water rescues.

The eight apprentices, who are undertaking two-year advanced apprenticeships in emergency fire service operations, paid a visit to Merseyside Fire and Rescue Service (MFRS) last week.

They attended MFRS's water rescue unit, based near the Liver building on the River Mersey, where they went out on the water in Fire and Rescue Service dinghies and were briefed about casualty rescue techniques.

Earlier in the day the

apprentices visited MFRS's training academy and were introduced to various pieces of equipment including a hovercraft and rescue dogs.

During their two-year apprenticeship the apprentices are undertaking the same training as full time firefighters and the Service is committed to qualifying the eight for a Firefighting Diploma and BTEC.

The apprentices, who come from around the county, began their roles last September and are experiencing a wide range of duties across Cumbria Fire and Rescue Service.

Barrow Station Manager

Jon Griffiths, who is running the apprentice scheme for Cumbria, said: "Going to Merseyside was a good opportunity for the apprentices to learn about water-based rescue and see how another Fire and Rescue Service operates. The day was a valuable experience and one that will serve them well as they move forward with the apprenticeships and securing qualifications."

Video footage from the day, including the time spent on the Mersey, and interviews with the apprentices about the experience will be uploaded to the county council's website.

School & Day Nursery Fund Raising

Report by: Jackie McCormick

Sue and Lee Moore are both raising money for Jelly Tots and Silloth Primary School. They will be taking part in The Total Warrior Event at Penrith on August 3rd and 4th. This is a gruelling challenge that includes water, running and climbing.

Sue is also doing a sponsored walk from Silloth to Maryport on Saturday 27th July, accompanied by local people. There will be sponsor forms dotted about in local shops and also Jelly Tots Nursery and the Balmoral Pub.

On the evening of Saturday 27th July there will be a rock and roll bingo, raffle and lots of fun to raise more money in the Balmoral which will start at 7:30pm.

Please either sponsor Sue and Lee or come and join us on the night of 27th.

Quilt for Oz

Report by: Brenda Dowdell

Silloth resident Mary Hill has recently completed a new cot quilt, all hand stitched, which will be winging its way to her great grand-daughter Isla in Australia.

Destined to become a family heirloom the quilt is a one-off work of art containing stitching and patterns with special meaning.

Mary belongs to the group calling itself 'Silloth Patchwork Heaven'. They are a group which meet up on Tuesdays. Currently enjoying their summer recess the group will reform on October 8th for regular meetings.



Mary with her quilt

Mary says if you are interested come along to the Methodist Chapel at 1:30pm on Tuesdays (from 8th October) and join our friendly and informal group!

Give Nature a Home

The RSPB needs your help to give nature a home.

Earlier this year a group of 25 conservation and research organisations published The State of Nature report, which painted a picture of how well our wildlife was doing. Sadly, the news was not good with six out of 10 plants and animals in the UK having declined over the past five decades. These include hedgehogs, garden butterflies, bees, sparrows and starlings.

But while the UK's wildlife is not in the best of shape, the good news is we can all do our bit to help it thrive once again. As part of its Giving Nature a Home



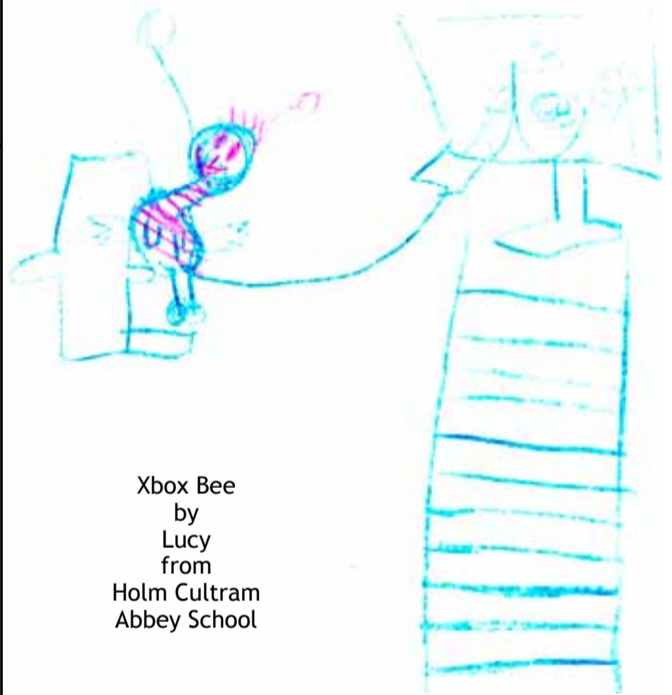
campaign, The RSPB has come up with a list of loads of different things you can do in your garden to help wildlife.

If you are feeling lazy, then why not give your mower a rest and leave an area of your lawn to grow wild. This will provide homes for lots of bugs and mini-

beasts, which in turn are great food for birds. Making logs piles and growing flowering plants are also easy ways to attract insects like bees, while the more adventurous of you might want to dig a pond or build a home for swifts, house martins or bats.

To find out more about

how you can give nature a home visit www.rspb.org.uk/homes or call 01484-868405 to request a free guide.



Xbox Bee by Lucy from Holm Cultram Abbey School

Outdoor Pool Open

10am to 6pm (weather permitting) £2.50 entry, under 5's free

Watch Out for our Summer Sunday Sizzler's with BBQ and Live Entertainment

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Advertisement for Stanwix Park Holiday Centre, including contact information and a logo.

Silloth Carnival 26th August

Report by: John Hope & Committee

Dear Community of Silloth and surrounding areas.

As Chairman of Silloth Carnival Committee I would like to invite everyone to this year's event. We have been busy all year organising another fantastic carnival and have it on good authority that the sun will shine this year. I think we deserve good weather this year after the two years of rain!

Our main event in the arena will be "Legends Medieval Stunt Display Team". A truly spectacular display. There is also lots of entertainment organised for every age group on the day.

Each year we have asked if houses and shops will support us in the carnival spirit in decorating their windows.

This year we are having a "Jungle Theme". We have a 1st prize trophy for the best "House Frontage" and a 1st prize trophy for the best "Shop Window". Judges will be visiting the week prior to the carnival. All houses on the carnival procession route will be viewed.

Abigail Mossop has been



2012 Queen Abigail Mossop and her entourage

our Carnival Queen for the last two years but this year she will be handing over her crown to her successor Miss Lana Maddison.

We hope as many as possible can participate in this year's carnival, either in dressing up or entering a float. In the past we have had some fantastic floats and children's fancy dress. All children participating will receive a goody bag.

Please see your carnival brochure for the categories.

Raffle tickets and programmes will be coming round very soon, this has always been a great way for us to raise money, so please

dig deep and buy a book or two! Yet again we have some fantastic prizes to be won.

Lots of Carnivals have ceased due to lack of funding or volunteers and this is something that we don't want to see happening to Silloth. As we are a very small committee we are desperate for volunteers to help us on the day with closure of the roads. If you feel you could help us for an hour or two please contact myself; 31873 or Diane on 31237.

We hope to see you all there with your family and friends for a fantastic fun filled day.

Rotary News

Report by: Geoff Betsworth

The 1st of July is a significant date in the Rotary calendar. Apart from reminding us all, Rotarians or not, that we are half way through the year already, it happens to be the "change-over" date for Rotary Club officials around the world.

This particular time marked the end of an era at the Rotary Club of Silloth on Solway with the departure of founder member Jim Aird, who leaves Rotary with an unblemished 100% attendance record. During his time, Jim has twice served as President and was awarded a Paul Harris Fellowship as well as holding various other offices within the club.

Perhaps his greatest achievement however, was in January 2012 when on the occasion of his 77th birthday, he swam 77 lengths of the pool at Stanwix Holiday Park in order to raise money for the Rotary "PolioPlus" programme. At the recent change of officers' dinner, Assistant District Governor Mary Bradley presented Jim with a citation from the RIBI President John Minhinick. Outgoing President Geoff Betsworth, on behalf of the Silloth club members, presented Jim with an etched tankard and announced that he had now been made an Honorary member of the club.

Tom Osowski



President Tom Osowski

has now taken over the reins as President at the club and is looking forward to overseeing its programme of events in the coming year, including the already fully booked Open Golf Tournament, the ever popular Dialect

Competition, various projects at the Community College and of course, Santa Claus' annual visit to the town.

The club members would like to wish both Jim and President Tom the very best for the future.

Mary Bradley presenting Jim Aird with PH Fellowship



Do You Live on Skinburness Road? Have Your Say!

Some time ago the Town Council maintenance team did some work on Skinburness Road, Silloth to clear an area of bushes and gorse, etc., which over a number of years had become overgrown.

The Town Council have received further requests to continue with pruning back/clearing the gorse on Skinburness Road, however some residents were not in favour of this being done.

In an attempt to consult residents on Skinburness Road the Town Council would be grateful if you would let us have your comments for and against which will then be considered at our next meeting on Monday 2nd September 2013.

Comments can either be sent by letter to the Town Clerk at 5 Burnswark Terrace, Solway Street,

Silloth, Cumbria, CA7 4EF or Email: townclerk@silloth-on-solway.co.uk.

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New Exhibition at the Gincase



New Art Exhibition by John Holmes until Fri Aug 16th at The Gincase, Nr. Silloth.

John Holmes says his amazing creative efforts occur during a few brief

hours stolen when the kids aren't looking. He works from home and thinks that it's important to have a space that allows you to work creatively. "I have a nice light room in our house

that is warm and comfortable to work in. Currently, it is occupied by my eldest son who seems determined to use it as a bedroom.

My alternative is to use a corner in the back of the garage next to the gardening tools. Oddly, my painting seems to have improved since the move. You tend to work quickly and effectively when you're freezing away in the damp."

As an artist I am aware that I still have a long way to go creatively. I'm optimistic that over the years my work will gradually mature into something quite rewarding.

My main source of inspiration comes from my

two small boys. I ask them what daddy should paint today. Then, if the reply is sufficiently discernible, I go and paint it.

The theme to my work revolves around people enjoying the landscape. Time spent in the lakes and along the west coast can be both relaxing and invigorating. The moodiest and most daunting of landscapes often leave the most positive impression. My favourite artworks and pieces of music nearly always have something inspiring and uplifting about them. It is this feeling of elevation that I try to bring to my landscapes.

I paint in oils on canvas. I make a point of making my paintings affordable. Partly because I think every home should be able to have something of original craftsmanship within it even in this age of austerity.

Produce Show

Blencogo & District Produce Show to be held in Blencogo Village Hall on Saturday 7th September

Admission 50p, School children free.

10am -11.30: Staging

11:30-1:45pm Hall closed for Judging

2pm Hall opens to public.

3:30pm Presentation of Trophies.

Entry is open to all.

Prizes 1st = £1.50 2nd = £1 3rd = 50p

Classes

Flowers

1. Foliage House Pot Plant
2. Fuchsia Pot Plant
3. Geranium Pot Plant
4. Flowering arrangement in an unusual container
5. A Rose
6. Small container of Nasturtiums
7. Vase of Sweet Peas
8. 3 Dahlias.
9. 1 cut stem of a garden flower
10. 4 Pansy or Viola Heads on a saucer
11. Vase of mixed Garden Flowers

Kitchen Garden

12. 3 free range eggs (laid from own chickens)
13. 3 onions
14. 4 Potatoes
15. 3 Varieties of vegetables not in the schedule, on a dinner plate
16. 3 Carrots
17. 4 Tomatoes - any variety
18. 4 varieties of Fresh Herbs in a tumbler
19. 5 Green Beans
20. 3 Beetroot
21. Selection of Home grown fruit in a bowl (not exceeding 7)
22. Bottle of Red Wine
23. Bottle of White Wine
24. Bottle of Home made fruit Gin
25. Bottle of Home made fruit Liqueur

Bakery

26. Cheese and Tomato Quiche
27. 3 Sausage Rolls
28. 3 Shortbread Biscuits

29. 3 Pieces of Gingerbread.
30. 3 Decorated Cupcakes
31. My Favourite Cake
32. 4 Pieces of Tray Bake (1 variety)
33. Home made bottle of Lemonade (ready to drink)
34. 3 Fruit Scones
35. Jar of Jam
36. Jar of Chutney
37. Jar of Lemon Curd
38. 6 Pieces of Toffee

Handicrafts

39. Photo with caption no larger than 8"x 6" (mounted)
40. Photo of a stormy sea
41. A hand made item for a new baby
42. Picture in cross stitch
43. Handmade pincushion.
44. Hand painted picture (any medium)
45. Handmade card
46. Any article made by Lady or Gent
47. Pick up and bring a walking stick.
48. 4 Homemade biscuits
49. A decorated boiled egg
50. An item made by a boy or girl
51. Handwriting - short story written by yourself (8 and over please include age)
52. Handwriting - Jack and Jill (7 and under, please include age)
53. Home grown cress in a container
54. Pick up and bring a funny photo of a farm animal
55. Garden on a biscuit lid
56. Hand knitted scarf

Fire Fighters Wanted in Silloth

Cumbria County Council's Fire and Rescue Service is looking to recruit new members to its firefighting team in Silloth.

To be in with a chance of getting the job potential recruits must be able to attend a two-hour training session at the station each week and be able to get to the

station within five minutes to attend emergency calls, either from home or work.

The service is looking for males and females from all different backgrounds, who are fit and healthy, up for a challenge and prepared to commit to the role.

These are not volunteer roles. The pay scales for an on-call firefighter are:

- A retainer of £2,115 - £2, 821 dependant on the cover provided
- An hourly rate of £12.88 when competent in your role
- An on-call firefighter can earn up to around £6,000 a year

To apply people will need to complete an application form; carry out a number of tests which are recognised nationally, have

an interview and then have a medical check.

Cumbria Fire and Rescue Service is looking to recruit 26 new on-call firefighters across the county including two in Workington, two in Coniston, two in Milnthorpe and one each in Silloth, Aspatria and Staveley.

A series of open days are being held so people interested in becoming an on-call firefighter can visit their local station to chat to the crews and find out more about what this lifesaving role entails.

Come to the open days at Silloth on 7th August (10am-4pm) and 18th September (3pm-8pm).

Roger Exley, Cumbria Fire and Rescue Service's on-call liaison manager, said:

"On-call firefighters play a vital role and undertake the same training and deliver the same lifesaving capabilities as regular firefighters. This is an exciting and challenging opportunity for people to provide a professional service to their community, so I'd urge those interested in finding out more to come along to one of the open days at their local station. The open days are a good chance for us to answer any questions potential candidates may have, remove any concerns and help support people in the application process."

For further information contact Roger Exley on 01229 407800 roger.exley@cumbria.gov.uk or visit www.cumbria.gov.uk.



CALOR GAS AGENTS

HARRISONS STORE LTD
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(discounted prices)

(free local delivery & connection)

Tel/Fax: 016973 61231, M: 07972 805074



HAIR AT HOME

Clair's Mobile Hairdressing will pamper you in the comfort of your own home

For information or an appointment - Call Clair Todd on:

Tel: 07754 523451

Free Consultations Available

Silloth on Solway Community Shop

- * Local people working for local causes *
- * All proceeds go back into the community *
- * Please continue donating *
- * Collection can be arranged *

S.O.S.C.S.

Open every day
10am to 3:30pm
Tel: 32452



S.O.S.C.S.
12 Criffel Street
Silloth

KL EXPRESS Chinese Takeaway

Open at 5pm
Every Day

A Wide Variety of
Dishes for Every
Taste

Telephone Orders
016973 **33033**
43 Eden St, Silloth

Pink Poodle



Grooming Salon

Fully Qualified
Grooming Specialist

Sunflower Cottage
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Tel: 07519 223364

marian.sheppard@btinternet.com

The Queens Bed & Breakfast

Full en-suite rooms ~ Sea Views

Call: 016973 31373, Mob: 07753 859403

email: moregain@tiscali.co.uk

The Queens, 1 Park Terrace, Silloth



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Airport Runs
Days or Nights Out
Car's to Minibuses Available

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www.solwayprivatehiresilloth.co.uk



Come and Join Us!

Cumbria Neighbourhood Watch Association and our volunteers have recently been involved in two prestigious awards ceremonies.



At an award ceremony hosted by the National Neighbourhood and Home Watch Network, Pat Farish and Pauline Finlayson, Neighbourhood Watch and Police Service volunteers from Carlisle, came first in the database category for their work in supporting Cumbria Community Messaging (CCM). And at the same award ceremony, the Cumbria Association was runner up in the partnership working category.

In another ceremony in London hosted by BT and supported by the great and the good in IT, Cumbria Community Messaging was one of a shortlist of three from over 200 applications for awards. We didn't win, (although I think we should have done!) but it is excellent that the system is recognised nationally as an example of good practice in community communication and support.

Well done, but so what, you might be excused for saying!

Well we don't want to simply to rest on our laurels so the Association Board is looking for your help in developing Cumbria

Community Messaging further.

We need someone with communication skills who can maximise the opportunities for beneficial publicity for CCM and we need someone with technical skills who can work with our partners in finding new and innovative ways to maximise the value of the system to communities throughout Cumbria. If you are interested in getting involved in an award winning and really beneficial system please respond to this message. It would be great to hear from you.

At the same time the Association Board are always looking for active supporters of Neighbourhood Watch who would be prepared to join us on the Board in helping to support and develop the movement in Cumbria. Again if you are interested please respond to this message. A member of the Board will be in touch with you to let you know more about what we do and how you might get involved.

Cumbria Community Messaging (CCM), is managed by the Cumbria Neighbourhood Watch Association (CNWA), offers People and Communities across Cumbria the means to receive information from Agencies in the County tailored to their particular preferences for content, priority and means of communication. Contact us through: www.cumbriacommunitymessaging.co.uk/.

Pensioners Teas

Report by: Pat Froggatt

On 1st June Silloth & District Pensioners held a special coffee morning to celebrate the Coronation Jubilee. The recreation hall was decked out in flags and Coronation memorabilia, and a warm welcome given to all our visitors old and new. The usual stalls had a variety of items for sale, including a wonderful selection of cakes. It proved to be an excellent morning with everyone enjoying the coffee/tea, scones and biscuits. The raffle yet again proved to be very successful and the lucky winners were as follow: Mary Eccles, Pat Bell, Margaret Mattison, Joyce Ross, John Hope, Annabel Strong, Doreen Mathews, Sheila Blacklock, Davina Walton, Jerry Thorogood, Beatrice Henderson and Jennifer Ostel.

Thanks go to the Committee who worked hard to keep everyone happy, and also thanks to everyone who supported us.

Strawberry Tea

On Saturday 6th July the Strawberry Tea took place at St. Andrews Hall, Silloth, with the proceedings being opened by Diana Shaw. Diana stated that she had been a committee member for over 30 years and during that time had also been Chair Person. She was delighted to be asked to open this year's Strawberry Tea and praised the Committee for their dedication and hard work to provide these events



and stated that everyone on the Committee worked well together. After declaring the proceedings open she was presented with a bouquet of flowers by the current Chair person, Maureen Irvine. Visitors old and new were then served with scones decorated with jam, cream and strawberries, biscuits and scotch pancakes were also available as was a choice of tea or coffee.

During the proceedings Eve was on hand with her sale of clothes which has proved very popular since this was introduced a few years ago. The bric-a-brac and cake stalls were also kept busy with a sale of the wares. The whole atmosphere was very friendly and warm.

Again the raffle proved to be a popular event and the winners were: Shirley Dawn, Maureen Gray, Pat Froggatt, Margaret Crawford, Joan Bowe, Jean Clifford, Marion Graham, Billy Arbuckle, Margaret Durham, Enda Keaveny, Eddie Mavery, and Margaret Peach.

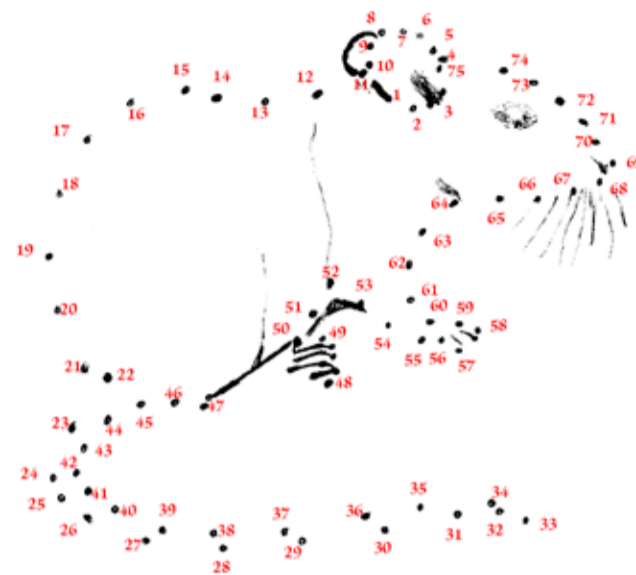
Thanks to everyone who supported us.

Kids Corner

Join the dots in the picture below starting with number one to discover the animal.

The animal has a name did you guess it?

The answers are on page 11.



Then see if you can fill in the missing words in the nursery rhyme.

Hickory _____ dock
The _____ ran up the _____
The _____ struck _____
Down the _____ ran
_____ dickory _____

Buzz Deliverers Wanted

Can you deliver here:
1- Skinburness Road from the Eastcote entrance to the Morecambe Park entrance 25 houses.
2- Ryehills Road entrance to 219 Skinburness Road 14 houses.
3- Abbeystown from the Wheatsheaf pub road end along to the Abbey and along to T Wilson (not Friars Garth) 43 houses. This can be split.

Reserve deliverers are also needed to cover holiday/sickness times, quite a few of our reserves have now become full time deliverers. We would like to take this opportunity to thank all our deliverers past and present for their continued support over the years. You are and have been much appreciated by the community, thank you. Contact Kath 016973 32180.



- Ecological Consultancy
- Wildlife Surveys; bats, newts, birds, etc. to support planning applications
- Wildlife Conservation work

www.heskethecology.co.uk
info@heskethecology.co.uk
Tel: 016973 31986
Mob: 07786 318302



Bumble Bee by Zagnab Brooks from Holme St Cuthbert School

Bogus Personal Loans

Trading Standards is reminding consumers of a scam circulating involving UKASH vouchers and bogus personal loan companies.

UKASH is a genuine company where you can use vouchers to pay for goods and services online but only with the approved merchants listed on their website. You simply purchase a UKASH voucher bearing a 19 digit code and use the voucher on sites that accept UKASH payment. The latest scam has targeted people looking for loans online.

Trading Standards has been consulted by a client who has paid substantial sums up-front in UKASH vouchers for a loan they have not received.

Our advice is never transfer money to loan companies using money transfer service or vouchers and treat your UKASH voucher code just like cash. Once you have paid using vouchers it is difficult to stop

the payment. However, if you have been a victim of this scam then you should contact UKASH on: 0808 234 6244.

You can also report the scam to action fraud on 0300 123 2040 or report it online at www.actionfraud.police.uk

For general consumer advice please contact Trading Standards via the Citizens Advice Consumer Helpline on 08454 04 05 06.

BOWEN THERAPY

a gentle 'hands on' body treatment for many painful conditions, stress management and health maintenance

by Lynn Devine Cert. ECBS

Tel: 016973 31632

'Lynnwood', 5 Pine Terrace, Silloth, CA7 4DT

Cumbria Caravan Supplies

- Caravan Spares & Accessories
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- Stationery & Gifts • Newsagent

We have moved to:

King Street Newsagent, Wigton

Tel: 016973 42428



Wheyrigg Hall Hotel

Meals Every Day Noon to 9pm

Abbeytown, Tel: 016973 61242

SILLOTH CAFE

Traditional Fish & Chips

Sit-In or Take-Away

Special Wheat Intolerance Gluten Free Option

Pensioners Meal Deal: Monday – Friday

Closed Wednesdays

Station Road, Silloth, Tel: 016973 31319

Local Transport Services

Community Bus

FOR HIRE

to Groups or Charities

Contact:

Dave: 016973 31785, Lawrence: 016973 31257



New Community Garden on the Green

Morning and afternoon workshops were held in Silloth's Community Technology College on Sunday 14th July. This was so that the community in Silloth could have an opportunity to say what they would like in the new community garden, due to be built by volunteers on the corner of Criffel Street and Lawn Terrace. The overall aim of the project is to encourage the local community to produce their own ideas for the design, planting and interpretation of heritage; and also to consider, along with the Steering Group, the long term sustainability and care of the Community Garden. Key objectives are: "to develop a garden for the community to own, relax in and enjoy; for nature studies, education and conservation; and to reflect on aspects of the Green's rich heritage."

A number of very creative and interesting ideas emerged from the children during the morning workshop session.

Adults then built on these suggestions and added a few more ideas during the afternoon session. Final suggestions were summarised and scribed by Jennifer Rowlands, who had been brought in as the main facilitator for the day.

The garden designers from Moota have now taken all the suggestions away and will incorporate them into a first draft design. The Community Garden Steering Group will then look the plans over (around the end of August), and either OK them or make additional suggestions. Moota will then produce the final design.

The next stage will be to find artists and creatives who can carry forward the interpretation aspects of the garden. It will also be necessary to arrange tenders for landscaping and plants.

Anna Malina will be updating the Council and submitting periodic reports to HLE, who will then, hopefully, release funds to continue with the landscape development followed



by planting in the Spring of 2014. Friends of the Green and Anna will also be keeping the community updated about progress via the Silloth Green website and the Silloth Green Facebook page.

Many thanks to all who

came along and all those who lent their support to the children. We had a great day and await with excitement the design plans from Moota. When finalised, the design plans will be available on this website, in the Community

Engagement Officer's room in the Community Hall on Petteril Street, and in the Community College.

Anyone interested in planting or caring for the new garden, please get in touch with Anna in the Community Hall.

Contacts: Anna Malina, Community Engagement Officer, Silloth Green. email. anna.malina@silloth-on-solway.co.uk OfficeTel: 016973 31816. Mobile 07900 922818. Friends of the Green: fog@sillothgreen.co.uk.

Win Free Tickets to the Silloth Music & Beer Festival

September 5th, 6th, 7th and 8th are definite dates for your diary, as that's when Silloth will host the 13th Music and Beer Festival, and the line up for this years festival is looking pretty special!

On Saturday Night Doctor and The Medic's take to the stage, with The Good Doctor (Clive Jackson) putting on a fantastic show. They've always been a great live act, and a fantastic party band. Their current repertoire includes tracks from the 80's show and, of course, their world wide, multi million selling hit "Spirit in the Sky".

Friday Night's Headliners

are an incredible Motown Show who go by the name of Motown's Greatest Hits: How Sweet It Is. They are the ultimate celebration of the sweet sound of MOTOWN and this stunning 100% live show combine's first class music together with the slickest choreography, and an amazing band, to deliver truly outstanding performances for the best MOTOWN experience you will ever have! The five fantastic vocalists, are backed and supported by their own superb musicians 'The Peter Brent Orchestra', a fantastic powerhouse band, and all under the musical direction of Mr Peter Brent.

Thursday's Headliners are a fantastic young band from Salford, The Lottery Winners, who have just returned from an appearance at Hard Rock Calling where they shared the bill with no other than The Boss "Bruce Springsteen" and on Sunday we are delighted to welcome back Boomin' who's incredible and energetic set was so well received at last years festival we just had to have them back!

Just one more headliner to tell you about... Saturday Afternoon will see Carlisle's The 45's take to the stage, a Rhythm and Blues band who are taking the circuit by storm!

That is by no means all, the rest of the line up is fantastic with Them Beatles, Kontiki Suite, Highly Strung, Heavy Ball (who you may have seen support The Kaiser Chiefs at The Sands Centre recently), The Outfits and many many more will be taking to the stage. Let's not forget we'll also give you the chance to be the star of the show with the return of Rockaoke on Sunday Afternoon.

All this will be washed down, as always, by 75 real ales and ciders, we can't wait to get the bar open again!

For your chance to win one of three pairs of tickets, for a night of your choice, then please answer this simple question: What is Doctor and The Medics Multi Million selling hit record called:
a. Spirit in the Sky
b. Spirit of Silloth
c. Spirit of Skinburness
Entries can be made by

completing the entry form. You must be over 18 to enter. You need to give us your name, address, and phone number, and indicate which night you would like to win

the tickets for.

Entry slips to be returned by 13th August to Stephen Hart, 10 Solway Street, Silloth, CA7 4AR.

The three winners will be

drawn at random on August 14th and will be notified by a member of the committee.

Winners names will appear in the next edition of The Buzz.

COMPETITION ENTRY FORM



Your Name, Address & Tel Number

Which night do you want:

Delete the wrong answers

- a. Spirit in the Sky
- b. Spirit of Silloth
- c. Spirit of Skinburness

All entries must be returned by 13th August to: Stephen Hart, 10 Solway Street, Silloth, CA7 4AR

The Silloth Music & Beer Festival 2013
Thursday 5th - Sunday 8th September

£43 GREAT VALUE WEEKEND TICKET

DOCTOR & THE MEDICS Sat 7th

ALSO APPEARING ON THE FESTIVAL STAGE
Them Beatles ♦ Lottery Winners
Salvation ♦ Deliverance ♦ Guilty as Sin
Kontiki Suite ♦ Boomin' ♦ Highly Strung
Heavyball ♦ Rockaoke ♦ The 45's

Fri 6th
MOTOWN'S GREATEST HITS: HOW SWEET IT IS

For full weekend lineup and details on age restrictions visit www.sillothbeerfestival.co.uk

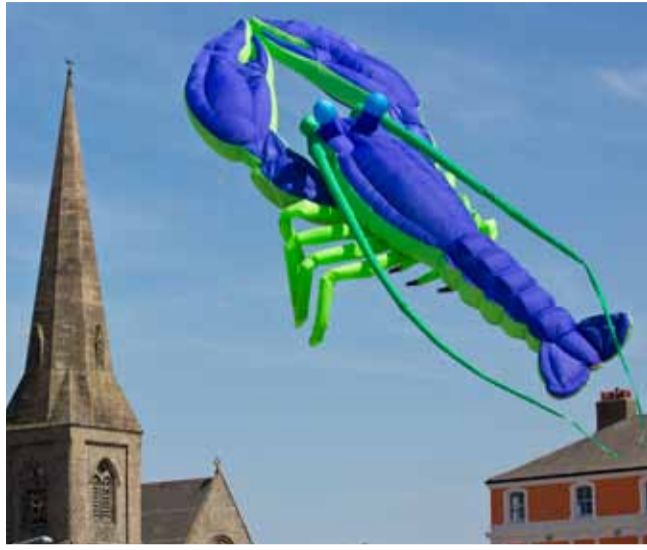
Silloth Kite Festival

What a weekend, the wind blew just enough and the days were warm. On Sunday especially the sun was bright all day long.

There was non-stop entertainment in the marquee MC'd by Eric Stanwix Jnr supported by Stevie las Vegas and a host of local bands.

Christ Church had various stalls selling a wide range of items and the fun fair did a roaring trade.

Well done to the Kite Festival committee for putting on another great weekend.



Once Upon a Time



Back L-R: Marshall Robinson, ?, Wilson 'Pop' Carr, Liston Rule (District Bank), Bill Anderson, Rev George Ridgeway, Fred Armstrong, Bill Brown (Ritz Cafe)
 Front L-R: Sally Greenway, Maggie Creighton, Mrs Wallace, Cynthia Pape, Nellie Bosward, **Mina Houston**, Mrs 'Pop' Carr, Mrs J Baty
 Mrs Little from Carlisle has now provided the missing name in the front row (in red).



Who Are They?



It is believed that these two photographs were taken around the time of the first World War. Jean Kirkbride and her sister Irene Martin would love to know who the soldiers are. If you can help, please phone Jean on 01768 772515 or Irene on 01900 870463.



Above Left
 Mario & Luigi Bee
 by Luke Eilbeck

Above Right
 Rainbow Day Bee
 by Katie Irving

both from Holme St. Cuthbert School

WINTERS

POST OFFICE

Newspapers
 Magazines
 Sweets, Rock Novelties
 Greetings Cards
 Postcards
 Gifts, Toys
 Faxing & Photocopying
 Eden Street,
 Silloth-on-Solway
 Shop: 016973 31323
 PO: 016973 32957

THE CHARITY SHOP

(Good Causes, Silloth)
 1 Queen's Court
 Criffel Street
 Silloth
 Tel: 016973 31696
 Closed Mondays
 Your support is greatly appreciated

Children's Centre

Opening Hours:
Monday 9:30am to 12:30pm
fortnightly for the
Childminders group also
Monday 1pm to 3 pm term time
Tuesday 1pm to 3 pm term time
Wednesday 9:30am to 12:30
for Tots n Toddlers

Open at other times when the
rooms have been booked, if you
wish to use the Centre please
call to make arrangements. We
are more than happy to show
people around, chat on a one
to one basis or in small groups.

Contact Numbers:
Silloth CC - 016973 31230
Aspatria CC - 016973 22777
Wigton CC - 016973 49555

Arthritis Support

Wigton Area Arthritis Support
Group meet on
1st Friday each month at
Loveday House, South End,
Wigton @ 1:30pm, details from
Glady's 016973 43964

Silloth Tots/Toddlers

Silloth Tots & Toddlers meet in
the Children's Centre, Silloth
and is open to all children aged
from 0 to 4 accompanied by a
parent/carer.
Sessions are on:
Wednesdays:
10pm to 11:30am
term time only
Entry is £1 per family and this
includes refreshments
All Welcome
Call in for a friendly chat

Abbeytown Library

Abbeytown mobile library
will stop outside the
Wheatshaf Inn at 1pm for an
hour every Monday

Christ Church

For Christ Church baptisms and
other church related business
please contact:
Rev Bryan Rothwell
The Vicarage, Wigton Road
Tel: 016973 31413

Civic Amenity Sites

Operated by Cumbria County
Council. tel: 01228 606060
Maryport Tip, tel 01900 66922
open daily 8am to 6pm
Wigton Tip, tel 016973 45617
open Tuesday, Thursday,
Saturday & Sunday,
8am to 6pm

Production Team

Proprietor:
Peter McRobert
Barn Cottage
Skinburness, CA7 4RA
Tel: 016973 32180
Email:
office@solwaybuzz.co.uk

Editorial Content

This is down to you, we can
only publish items if you send
them to us.
When sending articles in,
please supply a contact name
and number in case something
requires clarification.
We will accept letters or
emails, but we do prefer emails
as we have to have your letters
typed out.
Published by:
Peter McRobert with the
support of the whole
community and an army of
volunteers.

Football Training

Silloth Football Club

Eden Street Playing Field
under 7 years
Wednesdays 4-5pm
under 11 years
Wednesdays 5-6pm
Men's Team
Tuesday 8:30pm to 9:30pm
Men's Team
Wednesday 7:30pm to 9pm
Open to boys and girls.
Membership forms available
from all coaches.
Secretary: Stephen Hart 32706

Karate Club

From Monday 9th January
Silloth Karate Club will be
moving to Solway Community
School Hall.
under 12's 6:30 to 7:30pm
12's and over 7:30 to 9pm
NEW MEMBERS WELCOME
For further details contact
Stephen on 07811 761033

Ballroom Dancing

In Mawbray Village Hall every
Wednesday from 7:30pm to
9:30pm for both beginners and
improvers, entry £2.
All welcome,
Telephone Gerry & Susan on
016973 32956

Kickboxing Club

The Kickboxing Club is held
in Christ Church Hall every
Thursday night from 6:30pm to
7:30pm. All welcome.
www.solwaykickboxing.
webeden.co.uk

Kettlebell Fitness

Kettlebell Total Body Blast is
at Silloth Sports Hall every
Wednesday night from
7pm to 8pm.
Rapid results, Unisex, Suitable
for all levels of Fitness.
To Book Call or Text Gayle on
07725 99 00 62

Wednesday Bunch

Silloth Evangelical Free Church,
Eden Street Wednesday Bunch.
at 5pm every Wednesday,
(except in school holidays)
Fun, bible stories, quizzes,
craft, games for 5-11s

Bridge Group

Meet on Wednesday evenings
from 7 till 9pm, at the Golf Club
to play Duplicate. Information
from mike.md@btinternet.com.

Breastfeeding Group

Mondays 10am to 11:30am
Wigton Bowling Club, West
Road, Wigton
Have a cup of tea and meet
other breast-feeding mums.
Support and advice is available
from trained Breast-feeding
Peer Supporters and from
Health Visitors or Midwives. For
more information call Wigton
Health Visitors: 016973 66608

Dates for the Diary

July

26th Solway Shore Walk
meet at Mawbray Banks opp
Bank Mill Nursery at 9am
Book on 016973 21967
27th **Abbeytown Carnival**

August

2nd Chichester Hall
Flowers & Frames Open Day,
Teas, Tombola & Raffle, Free
entry
3rd Chichester Hall
Flowers & Frames Open Day,
Teas, Tombola & Raffle, Free
entry
4th Chichester Hall
Flowers & Frames Open Day,
Teas, Tombola & Raffle, Free
entry
6th Criffel Tea Dance in
Westnewton Village Hall from
1:45 to 3:45pm, Tel: Marie
Robinson 016973 31553
7th Parkinson's Group
Meeting in Wheyrigg Hotel at
12:30pm for lunch then talk by
Rosalind Downing "St. Bega's
Way". All welcome. 016973
52527
8th St Pauls Coffee
Afternoon in Christ Church Hall
at 2pm
10th Crunch Service in
Skinburness Road Car Park
from 8am to 9:45am

September

1st Silloth Craft Show in
Christ Church Hall 11am to 4pm
2nd Silloth Town Council
meeting at 7pm in the
Community Hall, all welcome
3rd Criffel Tea Dance in
Westnewton Village Hall from
1:45 to 3:45pm, Tel: Marie
Robinson 016973 31553
4th Parkinson's Group
Meeting in Wheyrigg Hotel at
12:30pm for lunch then talk
by Dr John Morris, Consultant
Clinical Neuropsychologist. All
welcome. 016973 52527
5th **Silloth Music & Beer
Festival on Silloth Green**
6th **Silloth Music & Beer
Festival on Silloth Green**
7th Anniversary Coffee
Morning in the Recreation
Hall with Silloth & District
Pensioners
7th Blencogo Annual
Produce Show at 2pm
7th **Silloth Music & Beer
Festival on Silloth Green**
8th **Silloth Music & Beer
Festival on Silloth Green**
11th Causewayhead WI
meeting in Trinity Methodist
Church Schoolroom at 7:15pm
for Ian Potts describing Life as
a Professional Musician
14th Crunch Service in
Skinburness Road Car Park
from 8am to 9:45am
14th Marilyn Amyes
Memorial Charity Walk from
Maryport to Silloth
15th Billy Allison Memorial
Bowls Competition
15th Harvest Service in
Abbeytown Methodist Chapel at
2:30pm, Rev Bryan Rothwell
17th Sales of produce, etc
in Abbeytown Methodist Chapel
at 10:30am, everyone welcome
17th Criffel Tea Dance
in Solway Community School
from 1:45 to 3:45pm. Tel: Marie
Robinson 016973 31553
19th Wigton Medical
Practice closed for training
from 1pm
20th Harvest Supper with
John Crouch in Abbeytown
Methodist Church at 7pm,
tickets £10 from Rev Kim Hurst
or members

Ladies Fellowship

Silloth Evangelical Free
Church, Eden Street Ladies
Fellowship starts Thursday,
26th September at 1.45pm.
Thereafter alternate weeks.
Warm fellowship, refreshments,
and good speakers.
All welcome

Whist Group

Age no barrier. Anyone
interested please come along
on a Tuesday at 1.30pm until
3:30pm, entry is £2 - if you
require any more information
please ring Susan Kenny on
016973 32450.

RNLI Shop

SHOP OPENING HOURS
Saturday 11am - 4pm
Sunday 11am - 4pm
Monday 1pm - 4pm
Tuesday 1pm - 4pm
Wednesday 11am - 4pm
Thursday 1pm - 4pm
Friday 1pm - 4pm
Our shop is staffed entirely by
volunteers and occasionally
we may not be open at the
advertised time. We do
apologise for any inconvenience
that this may cause.

August cont'd

21st Solway Shore Walk
meet at Mawbray Banks opp
Bank Mill Nursery at 6:30pm
Book on 016973 21967
23rd **Solfest**
24th **Solfest**
24th Solway Shore Walk
meet at Allonby Car Park opp
Twentymans Store at 8:45am
Book on 016973 21967
25th **Solfest**
25th Bank Mill Craft Show
26th **Silloth Carnival**

September

1st Silloth Craft Show in
Christ Church Hall 11am to 4pm
2nd Silloth Town Council
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19th Wigton Medical
Practice closed for training
from 1pm
20th Harvest Supper with
John Crouch in Abbeytown
Methodist Church at 7pm,
tickets £10 from Rev Kim Hurst
or members

October

1st Criffel Tea Dance
in Solway Community School
from 1:45 to 3:45pm, Tel: Marie
Robinson 016973 31553
2nd Parkinson's Group
Meeting in Wheyrigg Hotel at
12:30pm for lunch then talk
by Brian Irving "Solway Coast
Area of Outstanding Natural
Beauty". All welcome. 016973
52527
5th Coffee Morning in the
Recreation Hall with Silloth &
District Pensioners
5th Amori String Quartet
in Methodist Church, Wigton at
7:30pm
7th Silloth Town Council
meeting at 7pm in the
Community Hall, all welcome
9th Causewayhead WI
meeting in Trinity Methodist
Church Schoolroom at 7:15pm
for Gilly Fraser to talk about
the Clydesdale Horses Migration
from Skye
12th Crunch Service in
Skinburness Road Car Park
from 8am to 9:45am
15th Criffel Tea Dance
in Solway Community School
from 1:45 to 3:45pm, Tel: Marie
Robinson 016973 31553
16th Wigton Medical
Practice closed for training
from 1pm
19th RNLI Race Night in
Silloth Social Club at 7:30pm
25th **Halloween Bonfire
& Fireworks Display on Silloth
Airfield**
29th Criffel Tea Dance in
Westnewton Village Hall from
1:45 to 3:45pm, Tel: Marie
Robinson 016973 31553

November

2nd Pre-Christmas Tea in
St Andrews Church Hall with
Silloth & District Pensioners
4th Silloth Town Council
meeting at 7pm in the
Community Hall, all welcome
6th Parkinson's Group
Meeting in Wheyrigg Hotel at
12:30pm for lunch then talk
by Annette Gibbons "ready
Salted". All welcome. 016973
52527
9th Crunch Service in
Skinburness Road Car Park
from 8am to 9:45am
12th Criffel Tea Dance in
Solway Community School from
1:45 to 3:45pm, Tel: Marie
Robinson 016973 31553
12th Holme Low Parish
Council meeting in the
Community Hall, Silloth
at 7:30pm
13th Causewayhead WI
meeting in Trinity Methodist
Church Schoolroom at 7:15pm
for a demo and talk on
Hatmaking by Sara Gadd
17th Christmas Craft Fayre
in Mawbray Village Hall from
10am to 4pm
26th Criffel Tea Dance in
Solway Community School from
1:45 to 3:45pm, Tel: Marie
Robinson 016973 31553
27th The Lost World at
Torpenhow Village Hall 7:30pm
29th Christmas Sale &
Coffee Afternoon at Silloth
Nursing Home from 2pm,
admission £1.50
30th Pre-Christmas
Afternoon Tea in Christ Church
at 2pm

December

2nd Silloth Town Council
meeting at 7pm in the
Community Hall, all welcome
4th Parkinson's Group
Meeting in Wheyrigg Hotel
at 12:30pm for christmas
lunch then Susan Allison and
her "Christmas Cracker". All
welcome. 016973 52527
6th Harlequin Choir in St
Andrews Church Hall, Silloth
7th Crunch Service in
Skinburness Road Car Park
from 8am to 9:45am
7th Christmas Party in
TBA with Silloth & District
Pensioners
10th Criffel Tea Dance
in Solway Community School
from 1:45 to 3:45pm, Tel: Marie
Robinson 016973 31553
10th Jambalaya Christmas
party at The Vaults, Aspatria at
7:30pm
11th Causewayhead WI
meeting in Trinity Methodist
Church Schoolroom at 7:15pm
for the AGM
13th Mens Choir Christmas
Concert in Christ Church Hall at
7pm
22nd St Pauls Afternoon
Carol Service in the church at
3pm
24th Christ Church
Christmas service at 6pm
24th Christ Church
Midnight Service at midnight

January 2014

7th Criffel Tea Dance
in Solway Community School
from 1:45 to 3:45pm, Tel: Marie
Robinson 016973 31553
8th Causewayhead WI
meeting in Trinity Methodist
Church Schoolroom at 7:15pm
for Members Night
15th Wigton Medical
Practice closed for training
from 1pm
18th Crunch Service in
Skinburness Road Car Park
from 8am to 9:45am

February

6th Coffee Morning in the
Recreation Hall with Silloth &
District Pensioners
15th Crunch Service in
Skinburness Road Car Park
from 8am to 9:45am

Please note that articles,
letters and virtually all
content of the Solway Buzz
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the local community. The
Editor reserves the right to
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of the Solway Buzz can be
accepted by the Editor, or
the Publishers.

Errors do occur in Dates
for the Diary. Please check
before attending an event.

Do you have an event
in the area bounded by
Abbeytown, Mawbray,
Silloth, Skinburness, if
so please let us know.

Copy date →
Copy date for the
September issue is:
1st August 2013
If your organisation has an
event to promote or you
have something to say,
please note the next copy
date.

Your Letters

Dear Buzz,

The Mawbray play park Committee held a BBQ night on 22nd June in Culterham Hall. It was a bit of a blustery and wet night but we still had a cracking night enjoyed by all. A big thank you to Annabell and Rodney for hosting the succulent BBQ also everyone supplying extra food for the salad bar and yummy puddings. Also a big thank you to everyone who came to support and who bought raffle tickets. We raised £331 towards the running of the play park in the village.

Beckie Molyneux

Under 16's Swim for Just 10p

Allerdale Borough Council is offering 10p entry to children during the school summer holidays at the council-owned swimming pools in Workington, Cockermouth and Keswick. The Wigton Pool and Netherhall Pool in Maryport, are also taking part in the scheme.

Children 16 and under can swim for just 10p during public sessions at the Workington, Cockermouth, Wigton and Maryport swimming pools. The offer will not be immediately available at the Keswick Leisure Pool as we need to make sure that it is only the people of the local area that are benefiting from 10p swims in Keswick. Residents are asked to look out for details of the offer for the Keswick Leisure Pool which will be made available over the next few weeks.

The entry offer will run from now until 4th September. As sessions will vary between the pools taking part, please check with your local pool for timetable details or visit www.allerdale.gov.uk/leisure.

Encouraging young people to be more active is a key priority for Allerdale Borough Council and it has joined forces with its sport and leisure partner, Carlisle Leisure Ltd, to run the scheme in a bid to get more children using the local swimming pools during the summer school holidays. We are particularly keen to provide a safe swimming environment for local children whilst we are enjoying this spell of warmer weather.

Councillor Alan Smith, Leader of Allerdale Borough Council said, "We are re-launching this scheme not

only to help young people to be active, but to ensure all children are able to make the most of summer and the attractions Allerdale has to offer. It is important to this Council that all children have the same opportunities and we are delighted we can help to make that possible. It demonstrates that even given all the cuts by central government that an excellently run Council like Allerdale, is able to deliver on its promises."

Normal pool adult to child supervision ratios apply and entry may be denied if the maximum bather numbers are reached. For opening times and other details, please contact the pools. The pool numbers are: Cockermouth 01900 823596, Workington 01900 61771, Keswick 017687 72760, Wigton 016973 42412 and Netherhall 01900 812161.

Summer Sizzler

Why not curl up with a good book?

Supported by Anne Carruthers Cumbria Library Service

2013 marks the ninth year of the Theakstons Old Peculiar Crime Novel of the Year Award. The award, run in partnership with WH Smith, was created to celebrate the very best in crime writing and is open to British and Irish authors whose novels were published in paperback over the previous twelve months.



Rush of Blood- Mark Billingham
Safe House- Chris Ewan
The Lewis Man- Peter May
Gods and Beasts- Denise Mina
Stolen Souls- Stuart Neville
A Dark Redemption- Stav Sherez

If crime is not your favourite read then why not try.....

Harvest by Jim Crace

Jim Crace's historical novel has a number of eerie echoes of our time.

As a medieval village prepares for the annual harvest, the arrival of three strangers – two men and a woman- disturbs the equilibrium of a community living in constant fear of plague and a failing crop. Hatred quickly escalates to violence with the local manor house being set alight The villagers' horror of change is well captured, and there are beautifully crafted descriptions of the English countryside.

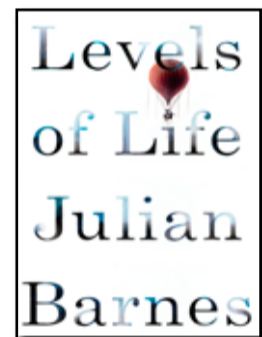


There is something dark at the heart of the story.....

Levels of Life by Julian Barnes

Julian Barnes's new book is about ballooning, photography, love and grief; about putting two things, and two people, together, and about tearing them apart.

A moving and hugely personal account of the death of his wife, Pat Kavanagh, in 2008. Via an extended reference to hot-air ballooning, he examines the emotional and social impact



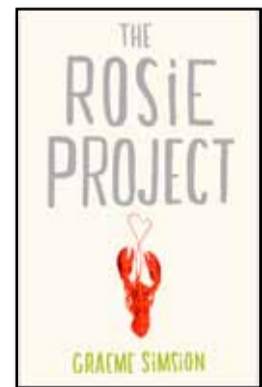
of lost love in great depth.

The Rosie Project by Graeme Simsion

Don is a professor who has never had a second date so builds a questionnaire to help find the perfect wife.

Rosie fits none of the criteria- she smokes and is a barmaid – but makes his heart sing

A warm-hearted and comic story.



Summer Reading Challenge – Creepy House

There's a spine-tingling adventure waiting for children when they take part in the Summer Reading Challenge..... Join the adventurers, Liv, Ollie, Rhys, Saeed, Tilda and Zoe, as you explore the creepy house by reading six books from the library.

Along the way you'll uncover the secrets of the creepy house and meet some of the hair-raising residents! Are you brave enough to explore the awful upstairs, the gruesome ground floor and the spine-tingling cellar

It's free to join and takes place in all libraries in Cumbria. Look out for spooky crafts that tie in with the Challenge in Copeland and Allerdale libraries.



Ladies Tennis Morning

Anyone interested in joining a regular ladies tennis group, please contact Bridget Milburn on 016973 32818.

We will play on the Silloth tennis courts.

Brownies Visit RNLI Lifeboat

Report by: Sue Kent

Silloth Brownies visited Silloth RNLI lifeboat station on the 17th June.

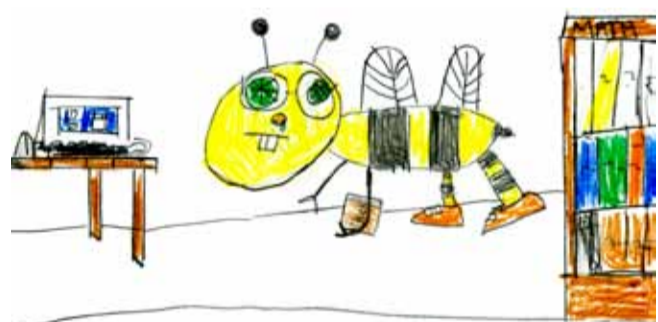
They asked lots of interesting questions which the crew were more than pleased to answer.

They also sat on the lifeboat where all the operational equipment was explained to them.



Kids Corner Answers

The animal is a mouse
The missing words in order are: dickory, mouse, clock, clock, one, mouse, hickory and dock.
The mouse is called; Minnie



Nerd Bee
by Leo Stanwix
from Holme St Cuthbert School

Non-Commercial Tourism Websites

- solwaybuzz.co.uk
- sillothgreen.co.uk
- sillothonsolway.co.uk
- sillothgolfclub.co.uk
- vintagerally.co.uk
- sillothbeerfestival.co.uk
- silloth-on-solway-tc.gov.uk
- visitcumbria.com/wc/silloth
- soldiersinsilloth.co.uk
- solwayplain.co.uk/silloth1.htm
- facebook.com/sillothgreen
- facebook.com/silloth-carnival

Any other suggestions of sites useful for our visitors, please send them to the Buzz at: office@solwaybuzz.co.uk

Masthead Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered hoodie to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher.

So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Send them in to the address on this page and a quality Solway Buzz embroidered hoodie from Carlisle Embroidery could be yours.

You don't have to be at school here to send a bee to us. If you are here on holiday we would love to receive your bee drawing, just tell us your name, where you are from and where you are staying. You will find our address on page 10.

This month the winner is Sally Harrison from Holm Cultram Abbey School with a bee called "Painting Bee". Well done!



Gone Fishing

For Kids

This summer holiday Cumbria Library Service is working with The Beacon to bring lots of fishy fun to libraries across West Cumbria. As well as making items such as fish windsocks and fish, finger puppets; participants will learn about the fishing industry along the Cumbrian coast.

Look out for further details at Silloth Local Links.

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On the Water Front

Report by: Captain Slog
(Assisted by David at John Stronach Shipping Agency)

June 2013

5th Baltica Hav with wheat from Hamburg, then in ballast to Coleraine.

6th Flinterbaltica with fertilizer from Klaipeda, then in ballast to Newport.
13th Ben Varrey with wheat from Liverpool, then in ballast to Douglas IoM.
27th Zapadnyy with molasses from Zebrugge, then in ballast to Montoir.

In the April 2013 'Waterfront' article, I covered the original opening of Carrs Flour Mill at Silloth in 1887, the Jubilee year of Queen Victoria. The mill continued to run without interruption until August 1904, producing up to 16 sacks of flour per hour. It was in the August of 1904 that mill production was cut back, to allow major modifications to the mill buildings and milling machinery, which would increase production to 30 sacks per hour. The new, modern milling machinery was built and installed by Messrs Henry Simon Ltd of Manchester. The same firm also built and equipped a new 125 feet tall storage silo, with a capacity of 140,000 bushels of wheat, increasing the total grain storage capacity of the mill to 222,000 bushels of wheat and other cereals, including maize, barley, beans, oats and rye. (A bushel in those days was a unit of volume equivalent to 8 gallons / 36.4 litres). A new 700 HP Carel-Freres condensing steam engine was installed for driving all the milling machinery, with boilers built by Messrs Babcock & Wilcox Ltd.

This new engine, or prime mover, was built by the reputable company, Carel-Freres, in their factory at Ghent, in Belgium, and transported directly to Silloth by sea, where it was reassembled within the modified and enlarged mill buildings. Very few of this type of prime-mover were to be found in the UK, this possibly being the first. Consequentially it was given

a special 'exhibition finish', so that it might be a suitable demonstration machine for other potential customers. The massive flywheel of this machine was 18.5 feet in diameter and was unusual in that there was no key, (steel peg), locking it to the crankshaft of the steam engine. It was fixed solely by friction between the bore of the flywheel and the shaft. Two large steel rings, one on each side of the flywheel, were heated and then shrunk onto the shaft, holding the flywheel firmly in place.

On completion of all the modernisation works, the flour mill was formally re-opened by the Mayor of Carlisle, Mr F.P. Dixon, on 28th June 1905. The conspicuous flour mill, along with all the ships in Silloth Docks, were bedecked with large flags and bunting. By opening a steam valve, the big Carel engine, controlling all the mill machinery, was set in motion by the young Miss Aileen Carr, daughter of Mr Theodore Carr. A specially decorated railway engine pulled a trainload of 800 invited guests from Carlisle to Silloth and those, along with many other guests were presented with a souvenir tin of biscuits, the tin lid having been embossed with a colour image of Carrs new looking Solway Mill. The biscuit tins were manufactured and presented by Hudson-Scotts & Sons Ltd of Carlisle, and presumably would have contained a selection of Carrs tasty biscuits!

The great Carel engine flywheel can still be seen today, in the museum area of Carrs Mill at Silloth. It is now turned by a small electric motor for museum purposes only. When installed for commercial operation within the mill, it turned at 66 rpm and drove several large belts that in turn rotated line shafting, which transferred power to the various milling and ancillary machines located around the mill building. Only once was the flywheel dismantled during its working life. This was in

Tide Tables

AUGUST 2013		SILLOTH							
		DEPTH ON NEW DOCK GAUGE							
		High Water				Low Water			
Date		Morning		Afternoon		Morning		Afternoon	
		Time	m	Time	m	Time	m	Time	m
1	TH	07 09	5.1	19 50	5.1	01 24	0.6	13 54	0.6
2	F	08 23	5.2	20 58	5.4	02 38	0.5	15 03	0.4
3	SA	09 25	5.5	21 50	5.9	03 45	0.3	16 02	0.2
4	SU	10 14	5.9	22 31	6.3	04 40	-0.0	16 50	-0.0
5	M	10 53	6.3	23 07	6.6	05 25	-0.3	17 32	-0.2
6	TU	11 27	6.5	23 41	6.9	06 06	-0.5	18 09	-0.4
7	W	11 59	6.7			06 42	-0.6	18 45	-0.6
8	TH	00 12	7.1	12 30	6.9	07 18	-0.8	19 22	-0.7
9	F	00 43	7.2	13 04	7.0	07 52	-0.9	19 57	-0.7
10	SA	01 17	7.2	13 39	7.0	08 27	-0.9	20 35	-0.7
11	SU	01 51	7.1	14 14	6.9	09 02	-0.7	21 09	-0.6
12	M	02 26	6.9	14 52	6.6	09 34	-0.6	21 45	-0.4
13	TU	03 06	6.6	15 37	6.3	10 11	-0.4	22 25	-0.1
14	W	03 54	6.3	16 32	6.0	10 54	-0.1	23 17	0.1
15	TH	04 56	5.9	17 43	5.6	11 53	0.1		
16	F	06 20	5.6	19 07	5.7	02 27	0.2	13 13	0.2
17	SA	07 47	5.6	20 23	6.1	01 54	0.1	14 38	0.1
18	SU	09 02	6.2	21 28	6.6	03 16	-0.1	15 52	-0.3
19	M	10 03	6.7	22 23	7.3	04 28	-0.6	16 55	-0.6
20	TU	10 55	7.2	23 11	7.7	05 31	-1.0	17 53	-1.0
21	W	11 41	7.5	23 56	8.1	06 25	-1.4	18 44	-1.2
22	TH			12 23	7.6	07 13	-1.5	19 29	-1.3
23	F	00 38	8.1	13 05	7.6	07 55	-1.5	20 10	-1.3
24	SA	01 20	8.0	13 45	7.4	08 36	-1.4	20 50	-1.1
25	SU	02 00	7.6	14 23	7.0	09 12	-1.0	21 26	-0.7
26	M	02 40	7.1	15 01	6.5	09 45	-0.6	22 01	-0.4
27	TU	03 20	6.5	15 42	6.0	10 17	-0.2	22 38	0.1
28	W	04 08	5.9	16 34	5.4	10 54	0.2	23 26	0.5
29	TH	05 06	5.2	17 41	5.0	11 44	0.6		
30	F	06 24	4.8	19 07	4.9	03 35	0.7	13 00	0.8
31	SA	07 49	4.9	20 24	5.2	02 00	0.7	14 24	0.7

Tide Tables supplied by ABP Port of Silloth
Times shown in UTC. Add 1 hour for British Summer Time.



Photo by: John Forrester

1953, when some rust was apparent where the shaft entered the bore of the flywheel. The bottom half of the wheel was lowered into the pit below and the top half was hoisted a few feet above the shaft. No deterioration was found and the wheel was reassembled onto the shaft. However,

before it was sealed, a letter, signed by 'Alf', one of the maintenance engineers, the Mill Manager Robin Walton and the Chairman of Carrs, Mr Naylor, was inserted into the hollow boss of the wheel. The Carel steam engine then continued in service until replaced by electric machinery in 1973.

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Silloth Football Club

Did you know? - Silloth AFC was founded in 1846.



Firstly can I take this opportunity to apologise to all the Buzz readers for the lack of press coverage throughout the 2012-2013 season. This was down to changes in personnel behind the scenes.

However, I am pleased to announce we have a new Press officer at Silloth AFC, his name is Andy Mustbe. Andy joins us having retired as a sports columnist with the Newcastle Journal. Andy has been coming to Silloth for over 35 years with his family and has been a regular of Silloth AFC. He brings to us a new style of bringing you up to date with all the news and views from Silloth AFC, so from myself and all the committee and players I hand you over to Andy and wish him luck and all the best in his new role.

Andy said: "Thanks lads and everyone at Silloth AFC for giving me this chance at such a well run and respected

club, my plan is to bring a new style to the role as Press Officer with new features such as player profiles and 'Where are they now' columns for players from yesteryear.

The 2012/2013 season saw big changes at the club, after a very poor start with five defeats in six games the worst start for over 25 years the decision was taken to part from manager John Slack and his assistant Colin Baty. This was done with a heavy heart and the club went on to thank John for everything he had done for the club at senior and junior level. He and Colin have been the driving force behind Silloth for years. You will always be remembered and welcome at the club anytime.

This paved the way for Silloth to appoint their youngest manager ever in Liam Wilson. At 25 years of age, Liam quickly stamped his style on the side with changes behind the scenes. Andy Hardman taking over as Performance Director, Sam Brough as Fitness Coach, Dan Foster as Captain and Paul Donald as Director of Football. The rewards were almost instant and the team went on a run of 16 games unbeaten in all competitions.

Given the start they had, the change in style was a joy

to watch. The team went on to reach the quarter finals of the County Cup, where they were narrowly beaten by Whitehaven Amateurs 2-0 and reached the league cup final only to lose out to Cockermouth 3-1. The change at the top certainly brought new belief to the players, this was reflected in nine players being nominated for league player of the year. This was won by our very own Ryan Hanley. A great achievement, well done.

Also, we walked away with league leading scorer Andy Hinde - 39 goals and the league young player of the year in Stuart Carruthers.



That's us up to date; my next report will outline the plans for the coming season and see our new player profile section. This will feature Silloth's Golden Boot, Andy Hinde and profile Golden Oldie, Ian Baty so till then. Keep it real!"

Andy Mustbe
PS Don't forget next month see's the start of the indoor league.

Silloth Tennis Club Shares in Murray's Wimbledon Glory



After being mentioned by John Inverdale on radio Five Live as being one of the most beautiful places to play tennis in the country, Silloth tennis club's coach and secretary David Wise and his family were lucky enough to attend the Wimbledon men's final. They were delighted to be able to witness Andy Murray beat Novak Djokovic and create sporting history by becoming the first British man to win Wimbledon in 77 years.

David comments "it was an incredible occasion full of tension, fantastic play and high emotions and just to be part of something so special was amazing and something we will never forget"

Olympic Camp To Run Again

Following on from last year's successful Olympic Camp the club have decided to run another one.

This time it will be held on the Skinburness courts on the three days before the schools go back at the start of September.

Please look out for details in your child's school bag!

For further information please contact David on 07742 547767.

Tips on How To Stay Safe during the Hot-Spell

With the hot weather forecast to continue, the county's public health leaders are asking people to make sure they're prepared.

Although most of us like warmer weather, high temperature can cause as many health problems as colder temperatures. In particular, people must be careful not to leave children or vulnerable people exposed to high temperatures or

strong sunlight for prolonged periods of time, whether outside or inside a car. Heat exhaustion can have a serious effect on normally healthy people and, for vulnerable people such as babies, older people and those suffering from chronic conditions, the symptoms can be severe. Heatstroke is a serious condition that occurs when the body is unable to control its temperature due

to excessive heat. Symptoms of heat exhaustion include; headaches, dizziness, nausea and vomiting, muscle weakness or cramps, stomach cramps, tiredness, loss of appetite, weak pulse and a high temperature.

The symptoms of heatstroke include; confusion and disorientation, visual hallucinations, muscle convulsions, unconsciousness, a racing pulse, flushed, hot and dry skin, a sudden rise in temperature and any of the above symptoms of heat exhaustion.

A few tips to protect yourself if you're at home:

- If it's cooler inside than out, shut and shade your windows
- If it's hotter inside than out, open windows for ventilation
- If you're vulnerable to the effects of heat or you have a pre-existing medical condition try not to go out in the middle of the day
- Drink cold drinks regularly, such as water or fruit juice to stay hydrated, but try to avoid tea, coffee and alcohol
- If you're going outside, stay in the shade, wear cool, covering clothes and use sun cream with at least SPF15.

If travelling make sure you're prepared especially

- in case of being stuck in extreme temperatures in a car or train.
- Take plenty of fluids, and stock extra water or fruit juice in the car
- Pack and use sun cream
- Take regular breaks allowing both driver and passengers chance to get some fresh air
- Make sure air ventilation is working
- If anyone remains in the car make sure it is not for a prolonged period and ensure they have access to ventilation and fluids
- Do not leave children unattended in hot cars
- Do not leave pets unattended in a hot car

Dr Rebecca Wagstaff, said: "Both heat exhaustion

and heatstroke are serious conditions, especially for older people, young children and those with a pre-existing condition."

If you believe someone is suffering from heat exhaustion, move them somewhere cool, give them plenty of water or fruit juice and make them take a lukewarm shower, or sponge themselves with cold water.

If you believe someone is suffering from heatstroke, call 999 and whilst waiting for help to arrive, move the person to somewhere cooler, loosen their clothes, sprinkle them with cool (not cold) water or use a damp sheet/cloth, if conscious give them water, but do not give them paracetamol or aspirin.

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Silloth Tennis Club

Emily & Anna Celebrate Being Chosen to Play for the County



Anna Fisher



Emily Wise

Two members of Silloth Tennis Club, namely Emily Wise and Anna Fisher are celebrating after being selected for the county ladies and county under 9 teams respectively.

This follows a winter of regular county selection days and competitive events.

Anna travelled to Sunderland on the 20th

of July to join up with the other five players who are from all over the county.

For her part, Emily will also be setting off on the same day with her event being held over three days at Bowden tennis club in Cheshire.

Good luck to them both!

Cyclists Raise £3,100!



Ian Ramsay, Mark Smith, Derek Wallace, Brian Story, Peter Brough, Barry Mathews, Gary Winter and Tim Carr

Report by: Mark Smith

Silloth Pro Cycling Team would just like to thank everyone who sponsored us on our recent ride from Carlisle to Glasgow, we raised a fantastic sum of £3,100.

We would like to especially thank Silloth on Solway Community Shop for their kind donation of £500 and also to Glen Holder who kindly donated the cost of his fleet support vehicle to the fund.

Another special mention

goes to our support driver Davie 'there's only one Richard Story' Lightfoot, despite only being able to offer a limited service on the Saturday due to problems with fish bowls in Ayr on Friday night, your help was much appreciated!

Finally, controversy is never far away and this year saw serial offender Ian 'the naughty turtle' Ramsay up in front of the main committee for a serious case of simulation, claiming to have fallen from his bike and rolling in agony. His

case was dismissed by Judge Brough as 'attention seeking', Ian will find out his fate on the first day of next years ride.

Frank, Hazel and family would like to thank and congratulate Peter, Derek, Barry, Ian, Brian, Gary, Tim and Mark for taking on the challenge of a sponsored bike ride from Carlisle to Glasgow. The ride was in aid of Cancer Research in respect of Angeline Pearson.

A big thank you lads in raising the grand total of £3,100, well done all.

Local Team at Vintage Rally



The West Silloth Motors sponsored team competed at Silloth Vintage Rally



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