## SILLOTH NURSING & RESIDENTIAL CARE HOME

The only nursing home in the area

Reg. Charity No. 223946

Volunteers Welcome

For details please ring the Secretary: **016973 31493** 

# Rosebarn Restaurant

Greenrow, Silloth (opposite Stanwix Park) Tel: 016973 32707 Mob: 077 1474 5430

### a lá carté Menu

Wed to Sunday from 6:30pm Sunday Lunches served from 12:00 to 2:00pm

by popular demand every Friday Steak Night Special 3 courses for £9.95

### Mothers Day Special

Telephone Booking Essential

#### Silloth & District OAP's

## Weekly Whist & Domino Drives

Whist Drives: Tuesday @ 2.00pm Thursday @ 7.30pm

Domino Drives: Monday @ 7.30pm Friday @ 2.00pm

in the Recreation Hall Eden Street Playing Field Silloth - 50p entry

Everyone Welcome

# Volunteer Secretary required for Silloth Regeneration Partnership

To deal with correspondence, take minutes at our monthly meetings, etc

If you are interested in helping our town to develop, we need you...

Contact: Bill Allison Chairman Silloth Regeneration Partnership Albion Hotel Eden Street Silloth

# **R.S.H.** GENERAL STORES

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#### The Shifting Sands of the Solway

The ever moving sands of the Solway Firth hide many happenings from long ago, and up to the present day.

Now and again their movement reveals these secrets and if you are fortunate enough, they can be seen for a while, then perhaps be covered up again.

On the beach near Beckfoot are tree stumps and root systems in layers of peat. These are about ten thousand years old and are the remains of a forest which was attened by the southern movement of glaciers in the ice age. This accounts for the many boulders down the beach and also the heaps of stones. Much of this is granite and has come from Criffel, the hill in Scotland opposite Silloth. Some of the boulders have come from as far as Ailsa Craig. near the river Clyde. There are also patches of red and grey clay with glacier debris amongst it. When the glaciers melted, the sea rose and layers of stones at the top of the beach show these once higher levels.

In more recent times, one hundred and fifty years ago, a salt industry was at Saltpans and part



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of the wooden base of the pump platform is visible at present.

From the 1940 era there was a real threat of German invasion on the Cumbrian coast which advancing eastwards would have cut the UK in half. Hundreds of metal posts in concrete blocks have recently been uncovered.

Also down the beach, near Mawbray, where in places the tide recedes for two miles, there was a wartime firing range and sharp eyes can occasionally locate empty 303 and 20mm cartridges, some as good as new after almost 60 years in the sand. Behind the sand dunes are some large concrete arrows which pointed out the target to the aircraft. These are slowly being covered over by wind-blown sand.

Two years ago a large anchor, dated about 1820 by its design, was hauled up by a Silloth fishing boat on the Scottish side of the Firth. By its remarkable state of preservation it had evidently been buried in the sands for a long time as its oak stock was almost complete.

Take time to sit and watch the Solway, an ever changing panorama. *W.G.B.* 



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