

CHRISTMAS GREETINGS

When the next issue of the Solway Buzz is printed, it will only be 3 or 4 weeks until Christmas! The Solway Buzz will have a Christmas Greetings column in the next edition, and this will be your chance to send your greetings to anyone and everyone.

Whether your organisation, business or yourself would like to send a greeting to your members, customers or friends, you will be able to do so at a very small charge. The price of small greeting is £5 and a larger greeting £10! Just think how you can save on Christmas cards, ink and postage!

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Spotlight on Sheltered Housing

The last Solway Coast Neighbourhood Forum meeting held on 24th September, in Silloth Community Hall, centred on the needs of older people. I was given the opportunity to talk about what Sheltered Housing is and what it can provide. Pennine View at Silloth, is Sheltered Housing for older people and is the only scheme in Silloth and is run by Home Housing. There are four schemes in the North West, the other three being at Wigton, Cockermouth and Cleator Moor.

Pennine View is situated within easy reach of the town, and local amenities, and comprises of 32 individual one bed roomed and two bed roomed bungalows. The scheme has a separate communal building and Scheme Managers office. The bungalows are centrally heated and spacious.

Sheltered Housing is independent living but with 'a safety net'. The Scheme Manager, who can offer support and advice on a range of subjects, makes daily contact with each resident and co-ordinates service into the Scheme from both statutory and voluntary organisations, should they be required.

The scheme has an active social life, games afternoons, religious services, and fortnightly coffee mornings to which the local community are invited. Also trips out and other interesting activities. There is no pressure to join in and residents can choose what level of participation they want.

Sheltered Housing is about preserving older people's independence for as long as possible enabling them to stay in their own homes with support, it is not residential care.

Application forms are held at all schemes, and visits to the scheme can be arranged where the Scheme Managers can answer any questions and give as much help as possible. To join the waiting list an application must be submitted to our Sheltered Services office at Sunderland where it will be pointed and then returned to the Scheme

Judith Jameson

Ladies Hairdressing Salon

6 Station Road
Silloth
Tel: 016973 31308

Manager, where it will be held until a bungalow is available for offer. Advice on a range of benefits is available.

If anyone would like further information about any aspect of Sheltered Housing then please contact any of the following numbers to arrange a visit to one of the schemes:
Sue Parslow, Scheme Manager, Pennine View, Silloth. Tel. 016973 31645
Joyce Pape, Scheme Manager, Burnside, Wigton. Tel. 016973 42699
Sylvia Douglas, Scheme Manager, Manor Court, Cockermouth. Tel. 01900 822463
Margaret Rollason, Scheme Manager, Stafford Court, Cleator Moor. Tel. 01946 8137733

CHIROPODIST

Lynn Devine
MSSCh. MBChA.

Home visits by appointment

Lynnwood
5 Pine Terrace
Silloth
CA7 4DT

Tel: 016973 31632